the PINECONE

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CAROLINE THOMAS

a veteran of the prestigious 101st Airborne Division of the US Army visits Veteran's Park in midtown Memphis.

Staying Active & Safe | Healthy Holidays | Growth Is Not Accidental | Resident Spotlight: Garden Home Veterans

A Season of Gratitude *at Kirby Pines*

As autumn transforms the lush 60-acre grounds of Kirby Pines into a beautiful tapestry of crimson, gold, and amber, a familiar warmth settles over our community. Along with crisp mornings and cozy afternoons, the season brings Thanksgiving, a time to reflect on the blessings of family, friendship and the place we call home.

At Kirby Pines LifeCare Community, Thanksgiving is more than a traditional feast. It is a heartfelt celebration of the connections, kindness, and countless blessings that make our community so special.

A Tradition of Togetherness

Here, togetherness is a way of life. Throughout Thanksgiving week, residents, families, and team members gather to share delicious, chef-prepared holiday meals and enjoy the laughter and conversation that make the season memorable. From roasted turkey and homemade dressing to sweet potatoes and pecan pie, the holiday table is filled with familiar favorites. Yet the greatest part of the celebration is the fellowship shared around it. "Gratitude turns what we have into enough, and friendship turns a community into a family."

Counting Our Blessings

Thanksgiving offers a meaningful opportunity to pause and appreciate what matters most. At Kirby Pines, one blessing stands out above all: community. Residents find lifelong friendships, caring team members who make each day brighter, and the peace of mind that comes with LifeCare living. From fitness classes and nature walks to musical performances and creative activities, there are countless ways to stay active, connected, and engaged.

The Spirit of Giving

The spirit of Thanksgiving extends beyond our own tables. Each year, our residents and staff share their blessings through charitable outreach, food drives, and everyday acts of kindness. These thoughtful gestures reflect the caring spirit of our community and help spread goodwill throughout the greater Memphis area.

Warm Wishes from Our Family to Yours

As we gather to give thanks, we extend our warmest wishes to our residents, their families, and our dedicated team members. May your Thanksgiving be filled with joy, good health, cherished memories, and the warmth of those you hold dear.

Happy Thanksgiving from all of us at Kirby Pines!



Michael J. Brown, Jr. *Executive Director, Kirby Pines & Air Force Veteran*

INSIDE THIS MONTH'S PINECONE

Giving Thanks to Our Veterans at Kirby Pines

Veteran's Day is the time to recognize and honor those that have served their country in the various branches of the armed forces. It annually falls on November 11, the anniversary of the signing of the armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918.

At Kirby Pines, we have many residents and employees who have served, or had spouses who sacrificed so much for the freedoms we enjoy today.

Our front cover features, Caroline Thomas, at Veterans Plaza located in Overton Park, midtown Memphis. Caroline was a member of the prestigious 101st Airborne Division of the US Army. Her experience as a paratrooper included not only many flights, but 325 jumps with a parachute. Later on, she would rappel from a helicopter 270 times WITHOUT a parachute. Caroline served eight years, receiving many medals and meritorious badges from the US Army, including the Overseas Service Ribbon, the Sharp Shooter Medal and her Parachute and Air Assault Wings.

Our back cover showcases some of our garden home veterans, who are featured on page 7 in this month's Resident Spotlight. We would like to thank all of veterans for their service and for representing Kirby Pines and the USA.





Caroline Thomas US Army Veteran. Here rappelling from a helicopter.

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Get to know Kirby Pines'

NEW RESIDENTS



Leigh Kimzey

Born and raised in Memphis, Tennessee, Leigh has come full circle by moving to Kirby Pines from her home in East Memphis. Along the way, she also spent time in Alabama and Maryland, adding a few more places and experiences to her story. Now, she is ready to begin a new chapter surrounded by new neighbors and friends.

Leigh graduated from the University of Maryland in 1984 with a bachelor's degree in criminology. She has spent 23 years with CBRE Group Inc., where she continues to work as a senior lease administrator. Before joining CBRE, she worked as a corporate paralegal for Methodist Healthcare.

In her free time, Leigh enjoys reading and cheering on her favorite college football and basketball teams: the University of Maryland and the University of Tennessee. Her Maryland Terrapin pride has followed her through the years, even inspiring quite a collection of turtle-themed gifts.

Family traditions are also very important to Leigh. She loved gathering with loved ones for birthdays and holidays, with Christmas being her favorite. With all the festive activities and celebrations at Kirby Pines, she is sure to find plenty to enjoy this holiday season while making new memories with her neighbors.

When asked how her friends would describe her, Leigh answered, "opinionated and forward." She sounds like someone who knows her mind and isn't afraid to speak it! So, be sure to say hello, strike up a conversation, and maybe even challenge her to a friendly debate about college sports.

We are thrilled Leigh has chosen Kirby Pines as her new home. Please join us in giving her a warm welcome, and may this new chapter bring wonderful friendships, exciting experiences, and many happy memories!



Lois Sargent

Lois Sargent was born in Lamont, Mississippi, and moved to Kirby Pines from her home in Whitehaven. She was married to her late husband, Eugene, for 56 years and four months. Together, they raised two children and have six grandchildren.

Lois attended Jackson State University and earned her master's degree in secondary education from Memphis State in 1971. She spent 39 years with Memphis City Schools, eventually serving as an assistant principal. Some of her most rewarding years were the nine she spent working at a school for pregnant girls.

Throughout her career, Lois received numerous honors, including Career Ladder Level 3 recognition, being named one of ten Rotary Teachers for Memphis City Schools, and earning West Tennessee Social Studies Teacher of the Year. She also taught Sunday School.

Lois once served as a photographer for her church, a role she dearly loved. Her other interests include reading, flower arranging, mentoring young women, collecting books and "everything else," basketball, and always remembering birthdays.

She stays active by attending Coach Kim's classes, participating in Bible study, and spending time with others. Her friends describe her as a good listener, talkative, and passionate about the things she loves.

Lois has enjoyed traveling to the Smoky Mountains, New York, Washington, D.C., Buffalo, Chicago, St. Louis, New Orleans, Savannah, and Atlanta. Of all her travels, San Francisco remains her favorite destination.

Be sure to introduce yourself to Lois! She is accomplished, full of interesting stories, and always happy to get to know new people. We are delighted to welcome her to Kirby Pines with open arms.

STAYING ACTIVE AND SAFE DURING THE HOLIDAYS



The holiday season is a wonderful time for joy, family, friendship, and celebration. For residents at Kirby Pines, it's also the perfect opportunity to stay active, maintain strength, and enjoy the many benefits of movement!

Staying physically active as we age is important for maintaining balance, flexibility, mobility, and independence. Even simple activities can make a big difference in how we feel, both physically and mentally.

Here are a few ways Kirby Pines residents can stay active this holiday season:

Join a group fitness class: Enjoy movement, music, and fellowship while keeping your body strong.

Take a daily walk: Walking indoors or outdoors, when safe, can improve circulation and help maintain mobility.

Dance to holiday music: Celebrate the season while improving coordination, balance, and mood.

Practice gentle stretching: Keep your joints moving and reduce stiffness.

Stay socially connected: Participate in holiday activities with friends and neighbors. Social engagement is an important part of overall well-being.

Holiday Safety Reminders for Residents

While enjoying holiday activities, remember that safety comes first!

Prevent falls: Wear well-fitting, non-slip shoes and use your cane or walker as recommended.

Watch for obstacles: Be mindful of holiday decorations, electrical cords, rugs, and clutter in walkways.

Stay hydrated: Drink water regularly throughout the day, even when you don't feel thirsty.

Listen to your body: Take breaks when needed, and stop if you experience dizziness, unusual shortness of breath, chest pain, or sudden weakness. Seek immediate medical assistance for chest pain or severe symptoms.

Dress for the weather: Wear appropriate clothing and shoes when going outdoors, especially in cold or wet conditions.

Ask for assistance: If you feel unsteady or need help getting to an activity, don't hesitate to ask a staff member for support.

Move at your own pace: Choose exercises that match your abilities and follow your healthcare provider's recommendations.

Remember, staying active doesn't mean doing strenuous workouts. Every step, stretch, and movement counts! With a little planning and care, residents can enjoy the holiday season while protecting their health and independence. Let's keep moving, keep smiling, and keep thriving!

Wishing all Kirby Pines residents a happy, healthy, safe, and active holiday season!

THE OASIS

Weekly Fitness Classes

Get Physical with Kim
8:00 am | Mon & Fri | Oasis
9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts
9:30 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led
9:30 am | Wed & Fri | Pool

Group Exercise Resident Led
9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim
10:30 am | Monday | PAC/Live TV
11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim
Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim
Friday Only
10:45 am | PAC/Live TV

Cardio Move & Strength with Kim
10:30 am | Tue & Thu | PAC/Live TV



Kirby Pines Retirement Community
READY for REHAB center

Stay Healthy and Enjoy

THE HOLIDAYS



November ushers in seasonal changes and holidays and a perfect time for staying active, connecting with family and friends. Here are some tips to help you enjoy the holidays and stay well.

Stay Active

Keep moving with regular exercise and activities that support overall health and well-being. Physical activity can also help relieve stress during the busy holiday season.

- Take a fall walk or spend time outdoors to enjoy the seasonal changes.
- Join an indoor stretching or exercise group.

Connect with Others

Spending time with family and friends supports social engagement and can help reduce loneliness.

- Join seasonal group activities.
- Call or video chat with family and friends.

Maintain a Balanced Diet and Stay Hydrated

Holidays often include rich foods and sweet treats. Enjoy them mindfully, and make choices that support your energy, hydration, and overall well-being.

Enjoy treats in moderation: Choose smaller portions of foods high in sugar or sodium and balance them with healthier options such as fruits and vegetables.

Stay Hydrated: Don't forget to drink water throughout the day before you experience signs of dehydration such as dry mouth, dark urine, and dizziness.

Know Your Limits

The holiday season can bring busy schedules and unfamiliar activities. Pace yourself to help prevent injuries and manage changes in your health.

- Listen to your body and rest when needed.
- Monitor chronic conditions and report changes (blood pressure, blood sugar, or shortness of breath) to your physician.
- Adjust activities to reduce strain, such as sitting down during tasks when possible.

Protect Yourself from Respiratory Illness

Respiratory viruses often spread more easily during the holiday season. A few simple precautions can help lower your risk of illness and reduce the severity of symptoms if you do get sick.

- Talk with your doctor and stay up to date on recommended vaccinations.
- Wash your hands with soap and water for at least 20 seconds, or use hand sanitizer with 60% or more alcohol, especially before meals or after touching items in public places.
- Cover coughs and sneezes with a tissue or your elbow to help prevent the spread of respiratory droplets.
- Contact your doctor promptly if you have close contact with someone who has the flu, COVID-19, or RSV.



Get Rest and Sleep

The holidays can bring extra activities and emotional demands. Prioritizing rest and maintaining a consistent sleep routine can help you manage stress, reduce fatigue, and stay engaged.

- Plan rest or recovery time when your schedule will be busier than usual.
- Protect your sleep by keeping your bedtime routine as consistent as possible.
- Take short emotional rests when needed. Even 5 to 10 minutes of quiet time can help reduce feelings of being overwhelmed.


Gather &
Give Thanks
Join us for a traditional Thanksgiving Meal
November 26th
Starting at 11:00 am | Dining Room
RSVP is required.
Guest Meal Tickets are available
for purchase at the Front Desk.

Resident Spotlight: Garden Home Veterans



Jim Bampfield enlisted in the Navy in 1960. He served all over the world including Scotland, Iceland, Japan, and various US bases (including Millington, TN). He also served on several ships, including the USS Midway (1972-1974). He was initially trained as a diesel and refrigeration mechanic, then chose training as an aviation electronics technician upon re-enlistment. As promotions followed, he became an aircraft maintenance officer. After retirement, in 1981 (as a Lieutenant), he earned his MBA degree and worked, as a consultant to the Naval Air Systems Command in the Washington, DC area.



Sam Bates was born and raised in Seattle, Washington, and joined the Navy in 1962. After training in San Diego and San Francisco, he worked on the Navy's first satellite navigation system, a precursor to today's GPS. He later taught electronics at submarine schools in Pearl Harbor, Hawaii, and Dam Neck, Virginia, describing himself as "a non-submariner among submariners." Sam served aboard several ships conducting ballistic missile tests and ocean surveys, including the USS Observation Island, which President John F. Kennedy visited to observe a Polaris missile test. While stationed at Dam Neck, Sam met his future wife, Ellie. He earned engineering and business degrees from Old Dominion University and George Washington University before retiring as a Navy Master Chief in 1982. After retirement, Sam continued working for Navy contractors, eventually joining Lockheed Martin Naval Systems in Moorestown, New Jersey. While living in Marlton, Sam and Ellie became close friends with Roger and Carolyn Hladky (J202) through their Church of Christ congregation. In 2013, Sam and Ellie moved from New Jersey to Kirby Pines.



Richard Colditz reported to active duty in the US Air Force on his 30th birthday in 1969. He had recently completed his internship and residency training in Obstetrics and Gynecology at Emory University in Georgia. He was assigned to Barksdale AFB in Bossier Parrish, Louisiana. Along with 2 other physicians he provided medical care to the wives of airmen deployed to Vietnam for two years. After discharge he practiced obstetrics and gynecology in Carrolton, GA for 44 years. He and Beverly moved to Memphis in 2018 in order to be closer to their two daughters.



Fritz Crombie joined the Air Force in 1962. Initially trained as a Supply Officer, he applied for pilot training. After completing the training program he served at multiple Air Force Bases in Michigan and Texas. He later became a T37 and T38 instructor. He left the service in 1972. His military experience provided the path to obtain a pilot's license and he began flying for Braniff International and FedEx. During his civilian career he piloted multiple aircraft, including the 727, the Airbus A300, and the DC10.



John Elli joined the Air Force in 1967. After basic training at Lackland AFB in Texas, he completed medical training and served at bases in Illinois, the Philippines, and Michigan. He left the Air Force in 1971 and attended Indiana University, later graduating from its Physician Assistant program in 1975. Wanting to serve his country again, John joined the Navy Reserve as a physician assistant in 1984. He served until 2016, retiring as a Chief Warrant Officer 4. John's most memorable experience occurred in February 1970, on his first day of alert duty with the base rescue team. The team responded to a report of a C-130 preparing for a precautionary landing due to a landing gear malfunction. As John climbed into the helicopter's co-pilot seat, the pilot started the engine before he could secure his safety harness. The helicopter suddenly lurched upward, throwing John out of his seat and through the open door onto the tarmac. He suffered a broken wrist. An investigation revealed that a critical engine speed governing rod had been left off during routine maintenance, causing the engine to accelerate to full throttle as soon as it started.



Parker Nilsen joined the Army in 1965. He initially reported to Fort Dix in New Jersey before entering the Military Intelligence training program at Fort Holabird. After graduation he was stationed in Karlsruhe, Germany. Serving as a special agent he likes to say "I never wore a uniform" while on active duty, He did wear a uniform - it was a business suit rather than a typical Army uniform. During his service he worked closely with German police units across the country. Due to the nature of his work, he cannot discuss his military experiences. However, he credits the knowledge he gained in understanding human behavior during his three-year military career for the experience necessary to become a successful Human Resource Manager for 34 years at SAFECO, an insurance company, later acquired by Liberty Mutual.



Walter Overbey served in the Navy Air Force from 1956 to 1959. He trained as an Aviation Electronic technician. Stationed in Oahu, Hawaii he provided support for the DEW (distant early warning) Line covering flights from Guam to Alaska. Later he worked at North Island off the coast of San Diego, California providing similar support services. He recalls no specific memorable event during his service although he reports his time in Hawaii also provided him an opportunity to learn how to surf.



Bobby Thompson joined the Army Reserve in 1965 and trained as an Army cook, inspired by his uncle. Despite completing basic training with his Reserve unit, he was later surprised to be sent through standard Army basic training. During a summer assignment at Fort Bragg, NC, he prepared puréed meals for Vietnam veterans with severe facial and jaw injuries. Out of solidarity, he ate the same meals he prepared for them, an experience he remembers with pride. On a lighter note, many of his assignments offered nearby beaches where he enjoyed water activities during his free time.



Keith Weathers served in the Army from 1968 to 1971. His first duty station was in Norfolk, Virginia, where he auditioned as a trumpeter and was accepted into the Armed Forces School of Music. After graduation, he joined the 72nd Army Band at Fort MacArthur in San Pedro, California. The band performed military ceremonies, civic events, and community programs throughout southern California, including military funerals. Keith often served as the distant bugler, playing Taps at the end of funeral services. He considered it a great honor to pay tribute to the deceased and their families. After his discharge, he returned to his position on the music faculty at Biola University, a private Christian college in southern California.

Written by Leora Elli, Resident, Kirby Pines

REFLECTIONS

By Maxie Dunnam



GROWTH IS NOT ACCIDENTAL

Growth is not accidental, it is intentional, purposeful. There are leaps which we make unconsciously, and great strides in development often come as by-products. Primarily, however, we make the decision to grow. This is not to say that we manufacture growth. We don't, no more than a doctor manufactures healing. We simply become persons open to the possibility and give ourselves to the conditions in which growth takes place. What are these conditions?

Most of us will probably have to begin by changing the focus of our life. We have lived either in the past or in the future. The past drags us down and fear of the future immobilizes us. Many are able to free themselves of the past. The forgiveness of God becomes a reality, and they are able to leave the burdensome yesterdays behind. They look freshly to the future, but the uncertainty of it petrifies them.

There may be an even more common problem than either of these. Not a morbid memory of the past which drains our energies, or a fear of tomorrow which paralyzes us, but anticipating the future as the time of real possibility is the false focus. It is as though we were saying, "I'll begin to live tomorrow!" Tomorrow can look so inviting, so challenging, so alluring. We are seduced by distant horizons that beckon us, and life is never really lived.

We need to change our focus to today, to now. This is the moment God has given us. It is the only moment over which we have any control. The past is history. We cannot affect it or change it. What is written is written! The future is unreal, because it is not yet ours. Today is the only real time.

November Vesper Services

6:30pm | Performing Arts Center

November 5: Dr. Maxie Dunnam
Retired Pastor, Christ Methodist Church

November 12: Dr. Jimmy Latimer
Senior Pastor, Redeemer Evangelical Church

November 19: Sam McElroy
Legacy Adults Pastor, Bellevue Baptist Church

November 26: No Vespers
Thanksgiving Day

Congratulations to our CHAMPION of the Month

Dining Room Lead - Culinary

SARAH MATHIS



Describe Your Family: My family is very chaotic with two boys yelling at their online gaming.
Describe yourself in five words: Funny, multi-tasking, hardworking, dedicated and tired!
Your favorite thing about your job: My Residents! They are always getting into trouble.
Do you have any hobbies: I collect old money. I have three $5 red certificates and more.
What do you do for fun: Sit on my phone and play my game. I also watch reruns of Grey's Anatomy.
Favorite food: Italian. ***Favorite song:*** In the Air Tonight by Phil Collins.
What is something you are proud of: My Dining Room Staff. They are the BEST!
What would you like people to know about you: My friendship is for life.

Sarah knows every resident by name and remembers their dietary needs, taking the time to ensure everyone is cared for without needing reminders. She works very hard to make every meal a wonderful experience. Sarah leads by example and teaches kindness, patience, and dedication. She is always on the go, making sure everything is prepared and ready for service. Our residents absolutely love Sarah!

- Kayla Holland, Director of Hospitality

Poetry & Writing Club



Marilyn McCormick

TOPIC OF THE MONTH:

Write about something that surprised you.

COME JOIN THE CLUB

Monday, November 9th at
9:30 am in the Arts & Crafts Room



Ken Carver

THE BEST SURPRISE

Story by Marilyn McCormick

Our wedding anniversary was August 27. On a Thursday night before our before our anniversary, my husband Jack suggested to me that I pack a suitcase.

"Why do you want me to pack a suitcase?" I asked. I had to work the next day. I taught school. He was self-employed. I worked on Fridays, and he usually played golf. That was an advantage to being your own boss.

"Where are we going? What about school?" I asked. "I'll pick you up at school. Ride to work with Peggy. I'll bring your things and we'll be off."

No amount of my quizzing got me a hint of his plans. He wouldn't even tell me what things I should pack. To be on the safe side, I threw in a bathing suit and a sweater. I would be prepared for almost anything.

Midmorning that Friday my principal walked into my classroom and told me he needed to talk to me in the hall. Oh my gosh! What did he want?

When we got into the hall, Jack was standing behind Dr. Malone. Jack grabbed me by the hand and told me to get my things. Dr. Malone said, "Have fun. I've got you covered."

We got into Jack's car and started out. We headed west on Summer Avenue. That was clue number one. We must be headed to Arkansas - maybe Hot Springs or the Red Apple Inn or even Heber Springs. At Parkway we turned left. The airport was left. I squealed with excitement.

"We're going to the airport. Aren't we?" I got no comment only a grin. When we got to the airport, I got my second clue when the agent handed Jack our tickets and pointed toward our gate. I fairly flew to the gate where there was a sign saying New York. Then I knew.

We had been to New York several times, so this time we just walked around and sort of inhaled the city. The weather was fantastic. The restaurants we ate in offered wonderful food. We did not do the usual tourist sights. I remember how much we enjoyed sitting in a little park and watching people.

Jack had arranged a limo to pick us up at the Newark airport and drive us into the city. He even talked the hotel desk clerk into upgrading our room.

I bought a T-shirt with the twin towers on it from a street vendor. Two weeks later those towers were gone. I wore that shirt until it was almost a rag.

I have had other surprises in my life, but that trip to New York was probably the best.

WATCH YOUR STEP!

Story by Ken Carver

On Christmas afternoon, 2019, I decided to put away in the attic some of the holiday items that would be of no use for another year. There was a place in a back corner where Christmas wrapping paper, for example, slept contentedly for 50 or so weeks every year.

Little did I expect the surprise that awaited me. Now don't get ahead of me. There was no critter lurking back there, nor a forgotten rat trap for me to step on.

I placed the wrapping paper where it belonged and turned to leave, when suddenly I found myself in the little reading nook adjacent to our kitchen. I had fallen clean through the ceiling in a flash! Now that was a surprise!

There was a small, unfloored area back there that I'd forgotten about. It sucked me into it like a vacuum. The insulation and ceiling sheet rock seemed to explode beneath my feet.

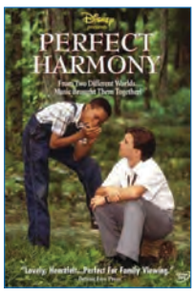
It's funny how the brain works in such situations. As fast as it happened, I still remember the incredulous "how-did-this-happen" question that flashed in my mind. I didn't even feel the injuries to my legs.

Instinctively I threw my ams up as if I were doing "the wave" in a baseball stadium. That motion allowed me to rocket downward cleanly between two rafters spaced 16 inches apart. It also allowed me to break my fall by catching the top edge of the rafter that my chin must have missed by no more than an inch.

As I fell, I wondered, "What's below me? Where am I going to land" The answers came quickly. Hanging from the rafter, I saw my wife's grandfather staring at me. No, not literally, but his portrait was on the wall at my eye level. That meant that I was in the reading nook, and an overstuffed chair was directly below me. What a relief!

With my startled wife guiding my feet, I dropped down onto the chair, shakily stepped off, and sat down on that chair now covered with chunks of sheet rock and scraps of insulation. Though my shins and thighs had sustained some injuries, I thanked God for protecting me from what could have been life-changing, even deadly, injuries.

MEET ME AT















PERFECT HARMONY (1991)
Sunday, November 1 | 2:30 pm
Cast: Darren McGavin, Peter Scolari
A prep-school choirboy in late-1950s South Carolina befriends a teenager versed in the blues.

HOCUS POCUS (1993)
Sunday, November 1 | 6:30 pm
Cast: Bette Midler, Sarah Jessica Parker
A teenage boy named Max and his little sister move to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th century.

THE BREAD WINNER (2026)
Tuesday, November 3 | 1:30 pm & 6:30 pm
Cast: Nat Bargatze, Mandy Moore, Colin Jost
When a supermom lands a Shark Tank deal, she switches roles with her breadwinner husband, who struggles to adapt as a stay-at-home dad to their three daughters.

RUST (2025)
Wednesday, November 4 | 1:30 pm & 6:30 pm
Cast: Alec Baldwin, Josh Hopkins
An orphaned boy of 13 left to fend for himself and his younger brother in 1880s Wyoming is sentenced to hang for the accidental killing of a local rancher. His estranged grandfather breaks him out of jail and they go on the run to Mexico.

A BRIDGE TOO FAR (1977)
Friday, November 6 | 1:30 pm
Saturday, November 7 | 6:30 pm
Sunday, November 8 | 6:30 pm
Cast: Sean Connery, Ryan O'Neal, Michael Caine
Operation Market Garden, September 1944: The Allies attempt to capture several strategically important bridges in the Netherlands in the hope of breaking the German lines.

ON A CLEAR DAY (2005)
Saturday, November 7 | 1:30 pm
Cast: Peter Mullan, Brenda Blethyn, Billy Boyd
Frank determines to salvage his self-esteem and tackle his demons by attempting the ultimate test of endurance - swimming the English Channel.

SENSE & SENSIBILITY (1995)
Sunday, November 8 | 2:30 pm
Cast: Emma Thompson, Kate Winslett, James Fleet
In Georgian era England, wealthy Mr. Dashwood dies leaving his second wife and three daughters destitute. The ladies move to a modest cottage where the two older daughters vie for the attention of various suitors in search of true love.

ELEANOR THE GREAT (2025)
Tuesday, November 10 | 1:30 pm & 6:30 pm
Cast: June Squibb, Erin Kellyman, Chiwetel Ejiofor
After a devastating loss, witty and proudly troublesome Eleanor Morgenstein, 94, tells a tale that takes on its own dangerous life.

GOOD MORNING, VIETNAM (1987)
Wednesday, November 11 | 1:30 pm & 6:30 pm
Cast: Robin Williams, Forest Whitaker, Tom T. Tran
In 1965, an unorthodox and irreverent DJ named Adrian Cronauer begins to shake up things when he is assigned to the U.S. Armed Services radio station in Vietnam.

LAST OF THE DOGMEN (1995)
Friday, November 13 | 1:30 pm
Saturday, November 14 | 6:30 pm
Sunday, November 15 | 6:30 pm
Cast: Tom Berenger, Barbara Hershey
A Montana bounty hunter and an anthropologist discover a tribe of Native Americans living in a settlement isolated from the rest of the world.









SECOND CHANCES (1998)
Saturday, November 14 | 1:30 pm
Cast: Tom Amandes, Isabel Glasser
A little girl's physical and emotional reawakening after an accident claims her father and her spirit.

THE MOVIES

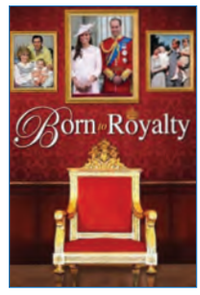














A RUMOR OF ANGELS (2000)

Sunday, November 15 | 2:30 pm

Cast: Vanessa Redgrave, Ray Liotta, Jamie Horton

An old woman helps a young boy resolve his feelings over the death of his mother.

INVINCIBLE (2006)

Tuesday, November 17 | 1:30 pm

Cast: Mark Wahlberg, Greg Kinnear, Elizabeth Banks

Based on the story of Vince Papale, a 30-year-old bartender from South Philadelphia who overcame long odds to play for the NFL's Philadelphia Eagles in 1976.

GREEN AND GOLD (2025)

Wednesday, November 18 | 1:30 pm & 6:30 pm

Cast: Brandon Sklenar, Craig T. Nelson

A struggling family farmer wagers everything on a high-stakes Championship bet, while his granddaughter's musical ambitions could be their ticket to a new beginning.

THE MOON-SPINNERS (1964)

Friday, November 20 | 1:30 pm
Saturday, November 21 | 6:30 pm
Sunday, November 22 | 6:30 pm

Cast: Hayley Mills, Eli Wallach, Pola Negri

A teenager encounters romance, intrigue and a search for stolen jewels during her visit to the island of Crete.

MONTANA SKY (2007)

Saturday, November 21 | 1:30 pm

Cast: Ashley Williams, Charlotte Ross, Diane Ladd

The wealthy stock dealer bequeaths his Montana farm to the three daughters provided they would live there together at least for a year.

BORN TO ROYALTY (2013)

Sunday, November 22 | 2:30 pm

Cast: Hugh Bonneville

Born to Royalty is a 2013 BBC documentary film narrated by Hugh Bonneville that explores the history of British royal babies and the expectations surrounding the birth of Prince William and Kate Middleton's first child.

THE SIX TRIPLE EIGHT (2024)

Tuesday, November 24 | 1:30 pm & 6:30 pm

Cast: Kerry Washington, Ebony Obsidian

During World War II, 855 women joined the fight to fix the three-year backlog of undelivered mail. Faced with discrimination and a country devastated by war, they managed to sort more than 17 million pieces of mail ahead of time.

LION (2016)

Wednesday, November 25 | 1:30 pm & 6:30 pm

Cast: Dev Patel, Nicole Kidman, Rooney Mara

A five-year-old Indian boy is adopted by an Australian couple after getting lost hundreds of kilometers from home. 25 years later, he sets out to find his lost family.

THE WIZARD OF OZ (1939)

Friday, November 27 | 1:30 pm
Saturday, November 28 | 6:30 pm
Sunday, November 29 | 6:30 pm

Cast: Judy Garland, Frank Morgan, Ray Bolger

Young Dorothy Gale and her dog Toto are swept away by a tornado from their Kansas farm to the magical Land of Oz and embark on a quest with three new friends to see the Wizard, who can return her to her home and fulfill the others' wishes.

SILENT WINGS (2007)

Saturday, November 28 | 1:30 pm

Cast: Walter Cronkite, Hal Holbrook, Andrew Rooney

6,000 young Americans volunteered to fly large unarmed gliders into battle. Only a few returned.

THE IMPORTANCE OF BEING EARNEST (2002)

Sunday, November 29 | 2:30 pm

Cast: Rupert Everett, Colin Firth, Frances O'Connor

In 1890s London, two friends use the same pseudonym (Earnest) for their on-the-sly activities. Hilarity ensues.









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:00 am Church of Christ Service (PAC) 10:00 am Worship Service (PAC) 2:30 pm Movie: Perfect Harmony (Thtr) 6:30 pm Movie: Hocus Pocus (Thtr)	**2** 8:00 am Get Physical with Kim (Oasis) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Beginners Billiards (Billiard Room) 10:30 am Chair Yoga (PAC) 1:00 pm *Coat Drive Kick Off Party (PAC)* 1:30 pm Game Play (LCR) 6:00 pm Mexican Train Dominos (Ante) 6:00 pm BINGO (PAC) 6:30 pm Residents Choice Movie Night (Thtr)	**3** 8:30 am Men's Water Aerobics (Pool) 9:00 am Dr. Abutineh MD (WC) 9:00 am Walking Club (Porte Cochere) 9:30 am Advanced Water Aerobics (Pool) 10:00 am *Travelers: Calvary Luncheon (Trans)* 10:30 am Cardio Move & Strength (PAC) 1:00 pm Entertainer's Chorus Practice (Chapel) 1:00 pm Duplicate Bridge Group (LCR) 1:15 pm Line Dancing (PAC) 1:30 pm Movie: The Bread Winner (Thtr) 1:30 pm Bunko (SCR) 3:00 pm KP Photo Club (Ante Room) 6:30 pm Movie: The Bread Winner (Thtr)	**4** 9:00 am Get Physical with Kim (Oasis) 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 11:00 am Chair Yoga (PAC) 1:00 pm Needle Arts Group (Sunroom) 1:00 pm Mah Jongg (LCR) 1:30 pm Mexican Train Dominos (Ante) 1:30 pm Game Play (LCR) 1:30 pm Movie: Rust (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:00 pm Wednesday Bridge Group (LCR) 6:30 pm Movie: Rust (Thtr)	**5** 8:30 am Men's Water Aerobics (Pool) 9:30 am Advanced Water Aerobics (Pool) 10:00 am Bible Study with Dave Phillips (Chapel) 10:00 am Kroger & Banks (Trans) 10:00 am Euchre (Ante) 10:30 am Cardio Move & Strength (A&C) 11:00 am Dr. Abutineh MD (WC) 1:00 pm Walmart, Costco, & Banks (Trans) 1:15 pm Line Dancing (PAC) 1:30 pm TV Series: Ted Lasso (Thtr) 2:00 pm Wellness Talk with Angela (Sunroom) 3:00 pm Billiards Group (Billiard Room) 6:30 pm Vespers (PAC)	**6** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 9:30 am *Travelers: Oxford Square (Trans)* 10:00 am Walmart, Kroger Aldi, & Banks (Trans) 10:00 am Cornhole Club (LCR) 10:00 am Euchre (Ante) 1:00 pm Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm Movie: A Bridge Too Far (Thtr) 2:30 pm Cribbage (SCR) 4:00 pm Happy Hour (Bistro) 6:00 pm *Music: Oveante Magsby (PAC)*	**7** 7:30 am Men's Christian Fellowship (LCR) 1:00 pm Advanced Line Dancing (PAC) 1:30 pm Game Play (LCR) 1:30 pm Movie: On a Clear Day (Thtr) 6:30 pm Movie: A Bridge Too Far (Thtr)
8 8:00 am Church of Christ Service (PAC) 10:00 am Worship Service (PAC) 2:30 pm Movie: Sense & Sensibility (Thtr) 4:00 pm *Hymn Sing with Leon (Chapel)* 6:30 pm Movie: A Bridge Too Far (Thtr)	**9** 8:00 am Get Physical with Kim (Oasis) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 9:30 am Poetry & Writing Club (A&C) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Beginners Billiards (Billiard Room) 10:30 am Chair Yoga (PAC) 1:30 pm Game Play (LCR) 6:00 pm Mexican Train Dominos (Ante) 6:00 pm BINGO (PAC) 6:30 pm Residents Choice Movie Night (Thtr)	**10** 8:30 am Men's Water Aerobics (Pool) 9:00 am Dr. Abutineh MD (WC) 9:00 am Walking Club (Porte Cochere) 9:30 am Advanced Water Aerobics (Pool) 10:30 am Cardio Move & Strength (PAC) 1:00 pm Entertainer's Chorus Practice (Chapel) 1:15 pm Line Dancing (PAC) 1:30 pm Movie: Elenor the Great (Thtr) 1:30 pm Bunko (SCR) 3:00 pm *FBI Fraud Presentation (PAC)* 6:30 pm Movie: Elenor the Great (Thtr)	**11** 9:00 am Get Physical with Kim (Oasis) 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (A&C) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 10:30 am Garden Gro'ers (Ante) 11:00 am Chair Yoga (PAC) 1:00 pm Needle Arts Group (Sunroom) 1:00 pm Mah Jongg (LCR) 1:30 pm Mexican Train Dominos (Ante) 1:30 pm Game Play (LCR) 1:30 pm Movie: Good Morning, Vietnam (Thtr) 2:00 pm *Veteran's Day Salute (PAC)* 2:00 pm Ballroom Dancing (PAC) 6:00 pm Wednesday Bridge Group (LCR) 6:30 pm Movie: Good Morning, Vietnam (Thtr)	**12** 8:30 am Men's Water Aerobics (Pool) 9:30 am Advanced Water Aerobics (Pool) 9:45 am Alterations (Ante) 10:00 am Bible Study with Dave Phillips (Chapel) 10:00 am Kroger & Banks (Trans) 10:00 am Euchre (Ante) 10:30 am Cardio Move & Strength (PAC) 11:00 am Dr. Abutineh MD (WC) 1:00 pm Walmart, Costco, & Banks (Trans) 1:30 pm TV Series: Ted Lasso (Thtr) 2:00 pm *Resident Association Meeting (PAC)* 3:00 pm Billiards Group (Billiard Room) 6:30 pm Vespers (PAC)	**13** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Walmart, Kroger Aldi, & Banks (Trans) 10:00 am Cornhole Club (LCR) 10:00 am Euchre (Ante) 10:45 am *Lunch Bunch: City Silo (Trans)* 1:00 pm Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm Movie: Last of the Dogmen (Thtr) 2:30 pm Cribbage (SCR) 4:00 pm Happy Hour (Bistro) 6:30 pm *Entertainer's (PAC)*	**14** 7:30 am Men's Christian Fellowship (LCR) 1:00 pm Advanced Line Dancing (PAC) 1:30 pm Game Play (LCR) 1:30 pm Movie: Second Chances (Thtr) 6:15 pm Trivia Group (Ante) 6:30 pm Movie: Last of the Dogmen (Thtr)
15 8:00 am Church of Christ Service (PAC) 10:00 am Worship Service (PAC) 11:00 am *November Birthday Brunch (FDR)* 2:00 pm *Music: Sanctifica Wind Ensemble (PAC)* 2:30 pm Movie: A Rumor of Angels (Thtr) 6:30 pm Movie: Last of the Dogmen (Thtr)	**16** 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Tech Time (Sunroom) 10:30 am Beginners Billiards (Billiard Room) 1:30 pm Game Play (LCR) 6:00 pm Mexican Train Dominos (Ante) 6:00 pm BINGO (PAC) 6:30 pm Residents Choice Movie Night (Thtr)	**17** 8:30 am Men's Water Aerobics (Pool) 9:00 am Dr. Abutineh MD (WC) 9:00 am Walking Club (Porte Cochere) 9:30 am Book Baggers (Chapel) 9:30 am Advanced Water Aerobics (Pool) 1:00 pm Entertainer's Chorus Practice (Chapel) 1:00 pm Duplicate Bridge Group (LCR) 1:15 pm Line Dancing (PAC) 1:30 pm Movie: Invincible (Thtr) 1:30 pm Bunko (SCR) 3:00 pm *Interview with a WWII POW (PAC)* 6:15 pm Girls Night Out: Hopscotch (Thtr)	**18** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (A&C) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 10:00 am *Carousel of Shoppes (PAC)* 10:00 am Caregiver Support Group (Ante) 1:00 pm Needle Arts Group (Sunroom) 1:00 pm Mah Jongg (LCR) 1:30 pm Mexican Train Dominos (Ante) 1:30 pm Game Play (LCR) 1:30 pm Movie: Green & Gold (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:00 pm Wednesday Bridge Group (LCR) 6:30 pm Movie: Green & Gold (Thtr)	**19** 8:30 am Men's Water Aerobics (Pool) 9:30 am Advanced Water Aerobics (Pool) 10:00 am Bible Study with Dave Phillips (Chapel) 10:00 am Kroger & Banks (Trans) 10:00 am Euchre (Ante) 11:00 am Dr. Abutineh MD (WC) 1:00 pm Walmart, Costco, & Banks (Trans) 1:15 pm Line Dancing (PAC) 1:30 pm TV Series: Ted Lasso (Thtr) 3:00 pm Billiards Group (Billiard Room) 6:30 pm Vespers (PAC)	**20** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Walmart, Kroger Aldi, & Banks (Trans) 10:00 am Cornhole Club (LCR) 10:00 am Euchre (Ante) 1:00 pm Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm Movie: The Moon-Spinners (Thtr) 2:00 pm *Art Opening (PAC)* 2:30 pm Cribbage (SCR) 4:00 pm Happy Hour (Bistro) 6:00 pm *Music: Rob Haynes (PAC)*	**21** 7:30 am Men's Christian Fellowship (LCR) 1:00 pm Advanced Line Dancing (PAC) 1:30 pm Game Play (LCR) 1:30 pm Movie: Montana Sky (Thtr) 2:30 pm *Music: Miss Sofya's Students (Lobby)* 6:30 pm Movie: The Moon-Spinners (Thtr)
22 8:00 am Church of Christ Service (PAC) 10:00 am Worship Service (PAC) 2:30 pm Movie: Born to Royalty (Thtr) 6:30 pm Movie: The Moon-Spinners (Thtr)	**23** 8:00 am Get Physical with Kim (Oasis) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Beginners Billiards (Billiard Room) 10:30 am Chair Yoga (PAC) 1:30 pm Game Play (LCR) 6:00 pm Mexican Train Dominos (Ante) 6:00 pm BINGO (PAC) 6:30 pm Residents Choice Movie Night (Thtr)	**24** 8:30 am Men's Water Aerobics (Pool) 9:00 am Dr. Abutineh MD (WC) 9:00 am Walking Club (Porte Cochere) 9:30 am Advanced Water Aerobics 9:30 am *Travelers: Backermanns Market (Trans)* 10:30 am Cardio Move & Strength (PAC) 1:00 pm Duplicate Bridge Group (LCR) 1:00 pm Entertainer's Chorus Practice (Chapel) 1:15 pm Line Dancing (PAC) 1:30 pm Movie: The Six Triple Eight (Thtr) 1:30 pm Bunko (SCR) 6:30 pm Movie: The Six Triple Eight (Thtr)	**25** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 1:00 pm Needle Arts Group (Sunroom) 1:00 pm Mah Jongg (LCR) 1:30 pm Mexican Train Dominos (Ante) 1:30 pm Game Play (LCR) 1:30 pm Movie: Lion (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:00 pm Wednesday Bridge Group (LCR) 6:30 pm Movie: Lion (Thtr)	**26** 8:30 am Men's Water Aerobics (Pool) 9:30 am Advanced Water Aerobics (Pool) 9:45 am Alterations (Ante) 10:00 am Bible Study with Dave Phillips (Chapel) 10:00 am Kroger & Banks (Trans) 10:00 am Euchre (Ante) 11:00 am Dr. Abutineh MD (WC) 11:00 am *Thanksgiving Feast (FDR)* 1:00 pm Walmart, Costco, & Banks (Trans) 1:15 pm Line Dancing (PAC) 1:30 pm TV Series: Ted Lasso (Thtr) 3:00 pm Billiards Group (Billiard Room) 6:30 pm Vespers (PAC)	**27** 9:30 am Basic Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Walmart, Kroger Aldi, & Banks (Trans) 10:00 am Cornhole Club (LCR) 10:00 am Euchre (Ante) 1:00 pm Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm Movie: The Wizard of Oz (Thtr) 2:30 pm Cribbage (SCR) 4:00 pm Happy Hour (Bistro) 6:00 pm *Music: Anthony & Pam Bollinger (PAC)*	**28** 7:30 am Men's Christian Fellowship (LCR) 1:00 pm Advanced Line Dancing (PAC) 1:30 pm Game Play (LCR) 1:30 pm Movie: Silent Wings (Thtr) 6:15 pm Trivia Group (Ante) 6:30 pm Movie: The Wizard of Oz (Thtr)
29 8:00 am Church of Christ Service (PAC) 10:00 am Worship Service (PAC) 2:30 pm Movie: The Importance of Being Earnest (Thtr) 6:30 pm Movie: The Wizard of Oz (Thtr)	**30** 8:00 am Get Physical with Kim (Oasis) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Beginners Billiards (Billiard Room) 10:30 am Chair Yoga (PAC) 1:30 pm Game Play (LCR) 6:00 pm Mexican Train Dominos (Ante) 6:00 pm BINGO (PAC) 6:30 pm Residents Choice Movie Night (Thtr)					

Abbreviations Key

- Thtr - Theater
- FDR - Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Studio
- LCR - Large Card Room
- WC - Wellness Clinic
- Pool/Oasis
- Sunroom



November 2026

****EVENTS AND ACTIVITIES LISTED ARE SUBJECT TO CHANGE****

The Pinecone | November 2026 Calendar

November 2026 EVENTS

Nov 1: Church of Christ Service
Our service will be every Sunday at 8:00 am in the PAC. All are welcome & encouraged to attend.

Nov 1: Worship Service
Whether you come join us or watch us from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome & encouraged to attend.

Nov 2: Get Physical with Kim
Join our fitness instructor Kim Roberts every Monday & Friday in the Oasis at 8:00 am & Wednesdays at 9:00 am. She will be teaching how to safely use all the gym equipment & is available to answer any questions you have.

Nov 2: Water Aerobics
We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am.

Nov 2: Group Exercise
Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Nov 2: Hobby Pines Group
Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Nov 2: Billiards Group
Beginners Billiards Group meets on Mondays at 10:30 am in the Billiard Room. All skill levels are welcome to come on Thursdays at 3:00 pm. Come out and just have some fun with us!

Nov 2: Chair Yoga
Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress & joint pain. Join us in the PAC on Mondays at 10:30 am & Wednesdays at 11:00 am.

Nov 2: Coat Drive Kickoff Party
It is that time of year again for the Kirby Pines Annual Coat Drive. Join us for this fun-filled party where you may donate your coats from past seasons. All donations are given to our wonderful staff who make Kirby Pines our home. The fun begins at 1:00 pm in the PAC.



Nov 2: Game Play Group
Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.

Nov 2: Mexican Train Dominoes
Join us in the Ante Room every Monday at 6:00 pm, or every Wednesday at 1:30 pm to play Mexican Train Dominos. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

Nov 2: Bingo
Who dones't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are $1 to play, limit 2 cards per person.

Nov 2: Resident's Choice Movie Night
Resident's choice movie night is going to be held every Monday night at 6:30 pm. Here is your chance to pick the movie. Let Sally Cook know the week before what movie you want to see.

Nov 3: Medical Director Dr. Mike Abutineh MD
Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm & Thursdays 11:00 am-2:00 pm. Appointments required.

Nov 3: Walking Club
Come walk with us! Kirby Pines walking group welcomes you to join in every Tuesday morning at 9:00 am. We meet under the Porte Cochere. When the weather is nice, we walk around outside and when it's raining we walk through the halls of Kirby Pines. No matter what your speed or pace is we encourage you to walk with us.

Nov 3: Travelers: Calvary Mission
Join the Travelers to the Calvary Rescue Mission Luncheon for their $5 all you can eat fried chicken on Tuesday, November 6th. Sign up in Resident Programs. Lobby time is 10:00 am. Transportation fee is $5. Don't forget your lunch money!

Nov 3: Cardio Move & Strength
Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, increase balance, enhance energy & delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays & Thursdays.

Nov 3 & 17: Duplicate Bridge
Duplicate Bridge will begin at 1:00 pm on the 1st & 3rd Tuesday of every month. If you would like to join, come out to the LCR.

Nov 3: Entertainer's Practice
If you enjoy singing, come join the Entertainers Chorus. We meet every Tuesday in the Chapel at 1:00 pm. Hope to see you there!

Nov 3: Line Dancing
Line Dancing is held every Tuesday & Thursday at 1:15 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Advanced Line Dancing is held on Saturdays at 1:00 pm. Everyone is welcome!

Nov 3: BUNKO
Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Nov 3: Photo Club
Photo Club will be Tuesday, November 3rd - 3:00 pm. We will be taking everyone's headshots for the Photo Club Calendar that day.

Nov 4: Catholic Services
The Church of the Holy Spirit will be holding Catholic services in the Chapel every Wednesday at 10:00 am. The 3rd Wednesday of each month is mass & communion. The Rosary will be offered all other weeks.

Nov 4: Pinecone Painters
Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts Studio.

Nov 4: Needle Arts Group
Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Nov 4: Mah Jongg
Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome & encouraged to attend!

Nov 4: Ballroom Dancing
Ballroom dancing is that perfect combination of physical activity, social interaction, mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm and Saturday at 2:30 pm in the PAC for a group class and ask us about private lessons.

Nov 4: Bridge Group
The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

Nov 5: Bible Study with Dave Phillips
Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Nov 5: Euchre
Come learn to play Euchre, Kirby Pines Newest Game! We play every Thursday & Friday at 10:00 am in the Ante Room. Everyone is welcome & invited to join in on this fun game. If you have any questions, feel free to contact John Maxson.

Nov 5: Series: Ted Lasso
Ted Lasso follows an upbeat American football coach who is unexpectedly hired to manage a struggling English soccer club despite having no knowledge of the sport. Showtimes are every Thursday at 1:30 pm.

Nov 5: Wellness Talk with Angela
November is National Family Caregivers Month, a time to recognize and appreciate the family members, friends, and loved ones who provide support and care to others. As we age, we may occasionally need assistance with daily activities, transportation, medications, or managing health concerns. Accepting help when needed is not a loss of independence—it is a proactive step toward maintaining safety, health, and quality of life. For our Independent Living residents, maintaining independence begins with knowing when to ask for assistance, practicing safe mobility, using adaptive equipment when appropriate, and staying active physically, mentally, and socially. Caregivers also need encouragement, rest, and support to maintain their own well-being. To learn more, join us in the Sunroom at 2:00 pm.

Nov 6: Travelers: Oxford Square
Join the Travelers to The Square in Oxford Mississippi. Coach Kim will be your guide on this fun-filled trip. Since Oxford MS was incorporated in 1837, the Square has remained the cultural and economic hub of the city. The Square is home to a variety of restaurants, shops and elegant boutiques including the south's oldest department store. We will meet in the Lobby at 9:30 am. Sign up in Resident Programs. Transportation fee is $5.



Nov 6: Cornhole Club
Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:00 am every Friday for a fun time.

Nov 6: Cribbage
Come and play cribbage with us. This brand-new resident led game group meets every Friday at 2:30 pm in the SCR. Hope to see you there!

Nov 6: Happy Hour
Attention Kirby Residents! Come to the Bistro from 4:00 pm to 5:00 pm every Friday to enjoy a Happy Hour Specials. This is a wonderful way to start your weekend off right!

Nov 6: Music: Oveante Magsby
Kirby is excited to welcome back the wonderful pianist Oveante Magsby. Oveante is heavily inspired by that of Stevie Wonder, Jazz, and gospel. Come out to the PAC at 6:00 pm to be swooned by this terrific artist.

Nov 7: Men's Christian Fellowship
The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Nov 8: Hymn Sing with Leon
Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sanderson. We will begin at 4:00 pm.

Nov 9: Poetry & Writing Club
The Poetry & Creative Writing Club meets on the 2nd Monday of November at 9:30 am in the A&C Studio. This month's prompt "Christmas". Be sure to check our stories in the Pinecone. They are sure to entertain & get your creativity flowing.

Nov 10: FBI Fraud Presentation
Jimmy Latimer is bringing his colleges from the FBI to provide an informative presentation on "Fraud Prevention". Be in the PAC at 3:00 pm to learn how to better protect yourself from being scammed.

Nov 11: Garden Gro'ers
To plant a bulb in November is to whisper a secret to the earth that only spring will understand. If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Join us in the Ante Room at 10:30 am.

Nov 11: Veteran's Day Salute
Attention all Veterans, join us for a day of celebration for your service starting with breakfast in the Dining Room at 9:30 AM. Then, we will continue the celebration with a tribute performance by the talented Jim Mahannah Band in the PAC at 2:00 pm. All are welcome to join in celebration in the PAC. Finally to close our day of events, there will be a social hour with refreshments that will be held in the Bistro at 3:30 pm where we will treat our Veterans once more on this special day.



Nov 12 & 26: Alterations
Attention Kirby Pines! We have a new seamstress to meet all your alteration needs. Her name is Latoya & you can find her in the Ante Room from 9:45 am – 10:45 am on the 2nd & 4th Thursday each month.

Nov 12: Resident Association Meeting

The November meeting of the Resident's Association will meet Thursday, November 12th at 2:00 pm in the PAC. We will welcome Lisa Anderson from "Room at the Inn" as our guest speaker.

Nov 13: Lunch Bunch: City Silo

The Lunch Bunch is going to City Silo. City Silo offers re-imagined comfort food & beverages made with wholesome, clean ingredients. Know that when you visit City Silo, you're supporting a business that walks the walk by fostering relationships with local farmers, using their products responsibly, providing customers with flavorful ingredients that are humanely and consciously raised, preparing food fresh, and disposing of everything with the least amount of impact possible. The transportation fee is $5. Lobby time is at 10:45 am. Don't forget your lunch money!



Nov 13: Entertainers

Welcome to NOVEMBERFEST presented by the Entertainers. This annual event will offer a variety of vocal & instrumental selections. Invited guests along with the Entertainers' soloists and staff will perform. Come to the PAC at 6:30 pm, prepared to enjoy the music & collective group of talents!

Nov 14 & 28: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for November is US and World Geography. However, Trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Nov 15: Birthday Day

Attention birthday folks! We want to celebrate YOU with a very special day in the dining room! Whether you are celebrating your birthday, joining friends or plan on dining at your usual table, we invite you to dress up & enjoy. For those celebrating a birthday, be sure to RSVP with Kayla Holland by returning your personalized invitation you received. For everyone else, make sure you fill out an RSVP form that can be found at the front desk.

Nov 15: Music: Santifica Wind Ensemble

Let's welcome back, St. George's Sanctifica Wind Ensemble back to our stage! This group of musicians always puts on a great show. The music begins in the PAC at 2:00 pm. Don't be late.

Nov 16: Tech Time

Bring your phones, tablets, laptop, whatever issue you have he will be glad to help. Allen Childress will be coming the 3rd Monday of August at 10:30 am in the Sunroom.

Nov 17: Book Baggers

You won't want to miss hearing from our very own Mike Jaeger, as he leads the discussion of "The Borrowed Life of Frederick Fife" by Anna Johnson. Join us in the Chapel on Tuesday, November 17th. We begin promptly at 9:30 am. Invite friends! Share the joy!

Nov 17: Interview with a WWII POW

Join us in the PAC for "Interview with a WWII POW" at 3:00 pm. During this presentation, Diane Hight, founder of "Forever Young Veterans", will be directing a Q&A with WWII POW Luke McLaurine. Luke McLaurine, 102, bailed out of his B-24 over Austria and was captured by the Germans. His story will is a perfect example of Freedom isn't Free.

Nov 17: Girls' Night Out

Come join the "girls" for an evening of popcorn and a great movie. Hopscotch follows a disillusioned CIA operative who, after being forced into a desk job, decides to publish a tell-all memoir exposing espionage secrets, sparking a wry global chase. Featuring witty interplay between Walter Matthau and Glenda Jackson, the film blends lighthearted spy antics with Mozart's score, offering a comedic twist on Cold War intrigue. It is sure to be a fun night for everyone. Showtime is at 6:15 pm. Don't be late!

Nov 18: Carousel of Shoppes

Come and enjoy a day of fun and shopping at our 12th annual Kirby Pines Carousel of Shoppes. We will have a wide variety of vendors in attendance, with a great variety of merchandise for you to choose from. Doors will open at 10:00 am in the PAC.

Nov 18: Caregiver Support

Are you caring for a loved one? Our support group meets on the 3rd Wednesday of every month in the Ante Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving can be very challenging. Come be a part of our group.

Nov 20: Art Opening

Join us in the PAC at 2:00 pm to hear from our local artists here at Kirby, see their new work. Refreshments will be served throughout. We hope to see you there!

Nov 20: Music: Rob Haynes

Join us in the PAC for the one & only Rob Haynes. With a style like none other, come listen & enjoy this wonderful performance. Music begins at 6:00 pm in the PAC. This is a crowd favorite that you don't want to miss!

Oct 21: Music: Miss Sofiya's Students

Kirby is excited to welcome back the Miss Sofya's piano students to perform. Please come out to the Lobby starting at 2:30 pm to listen to these wonderful students and enjoy their showcases.

Nov 24: Travelers: Backermann's Country Market

Let's go shopping with the Travelers at Backermann's Country Market in Whiteville, TN. This is a wonderful opportunity to stock up on all of your favorite baked goods, cheeses, spices, & so much more. We will meet in the Lobby 9:30 am. Sign up in Resident Programs. Transportation will be $5.

Nov 26: Thanksgiving Feast

Join us for the Kirby Pines Thanksgiving Feast, starting at 11:00 am in the Dining Room. Feast with joy, give thanks with love. Make sure you fill out an RSVP form that can be found at the front desk.



Nov 27: Music: Anthony & Pam Bollinger

Let's give a warm Kirby Pines Welcome to Anthony & Pam Bollinger. You may remember this wonderful duo from the year's Lighting of the Lake, Flag Rasing Ceremony. Join us in the PAC at 6:00 pm to hear them perform for us once again.

H Y A L A K I N G V B B M P R C H P H U V
G D A P E C Y R R U C Q P A Q Z T D O L F
O N J X Y R W Y S A D A N A P M E P X C I
V X U M J E I P S D R E H P E H S G M R N
U C C G D P V R G W T N V A U Y G T U O I
L G R B B E X R E E Y C T N S W S O N Q Z
A U U C L S N G T X D H Y I K N O Y Z U Z
P J U D W L V I Q T E I M N T Y H Z O E A
Q S K C Q U C Q H F I L A I J X C T A T R
G E O H V D B E I Z P A L T H K A K B T T
U Q V T Q W X X C L T D G R R S N S K E E
S M A N I C O T T I O A R T D T S P I S T
V W M U T R R Z P Y P S C G C R X A Q P K
A J F H C E R E S Y P O U Z A O I A L N G
E J D L T B N U D Y J U Y C S G A L V A Z
M H M A J F F Y B W R J O J S A R R I W D
R H C I W D N A S H O T K S E N Z Y D H C
Q O X I L A C A I S H H S Z R O M Z B D C
S B Y K U O M K T A L V C U O F B W I P M
A J S I U Q T B K H L A P D L F M P S P N
J G P Z H Q Z R B E Q K Z X E C L K G V V

LEFTOVER TURKEY

Find the Words hidden in the grid of letters.

A LA KING
BURRITOS
CASSEROLE
CHILI
CHOWDER
CREPES
CROQUETTES
CURRY
EMPANADAS
ENCHILADAS
HASH
MANICOTTI
NACHOS
PANINI
PIZZA
POT PIE
QUICHE
SALAD
SANDWICH
SHEPHERDS PIE
SOUP
STROGANOFF
TACOS
TETRAZZINI









Puzzle Solutions page 22

PICTURING LIFE AT KIRBY PINES

MEMPHIS ZOO, BAKE SALE & CROSSTOWN





The Travelers took a trip to the Memphis Zoo for their Senior Safari Day.
Barbara Franz enjoys a nice lunch while visiting the Zoo.









A Bake Sale was held to raise money for the Alzheimer's Association.
Pictured L-R: Flo Seward, Shelvy Mayhew, Dennis Renick and Cheryl Johnson.







The Travelers also took a trip to Crosstown Concourse this month and enjoyed lunch at the Crossotown Brewery.
Pictured L-R: Jeanne Griffis and Ginger Blount; Martha MacDonald; and Genenne Wilson with her friend Jeanne Katz.

PICTURING LIFE AT KIRBY PINES

EARLY VOTING & RECIPE WEDNESDAY





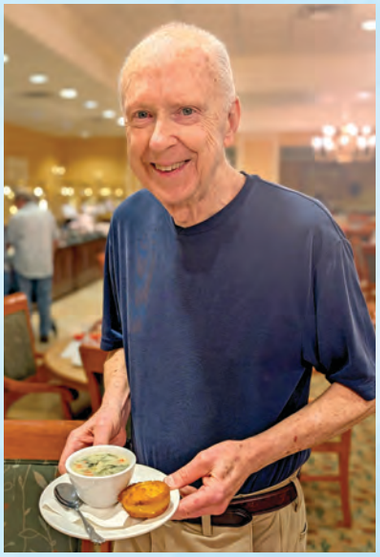




We had a nice turnout for Early Voting L-R: Pat & Don Meiners, Janice Wall, Charlie Burns and Sharon Sharrow.



When a musical guest has an unforseen cancelation, you bring the in-house talent to take their place. Thanks Marty Kocman!
Photo by Stuart Eyman

Recipe Wednesday is always a hit featuring resident's family recipes prepared by our own chef.
Pictured are Sydney Wagner and Ricky Burk.






More fans of Recipe Wednesday. L-R; Leon Sanderson, Louise South, Janie Smith and Doris Boyd.
If you would like a family recipe to be prepared at an upcoming meal, contact Carolyn Hladky or any member of the Food Committee.

PICTURING LIFE AT KIRBY PINES

BIRTHDAYS, TOM LEE PARK & MORE



Irene Baker receives a surprise visit from her grandson, David from South Carolina. Photo by Sydney Wagner



Bob Small's daughters were on hand to help him prepare for an upcoming surgery. Photo by Sydney Wagner



We love it when our friends share good taste! Paula Hanson and Jane Longfield sure do. Photo by Arrena Cheek





Birthday Brunch gets more popular every month. Donna Griffin is all smiles surrounded by friends Steve & Jeanette Martin, Sarah McCallum, Mary Stagg, Sally Coleman, Jeannie Valentine and Paula Cwikiel.
Philip Slate celebrates with his daughter-in-law, Kim, his son, Carl and friends, Mike Semore and Bill Srygley.



Sylvia Statham got a chance to meet Jim Cantore of the Weather Channel while riding out hurricane Isaias.





It was a beautiful day on the Mighty Mississippi at Tom Lee Park with Travelers Bill Hemphill, Genenne Wilson and Stuart & Bonnie Eyman.

KIRBY PINES PHOTO CLUB

Come Join Us Tuesday, November 3rd at 3:00 pm in the Ante Room

This month's assignment was tricky - FALL LEAVES - with the warm weather creativity was needed!



Photo by Dale Jones



Photo by Hugh Wilson



Photo by Stuart Eyman



Photo by Sylvia Statham



Photo by Diane Mullins



Photo by Arrena Cheek



Photo by Graeme Gee



Photo by Jane Longfield



Photo by Connie Carter

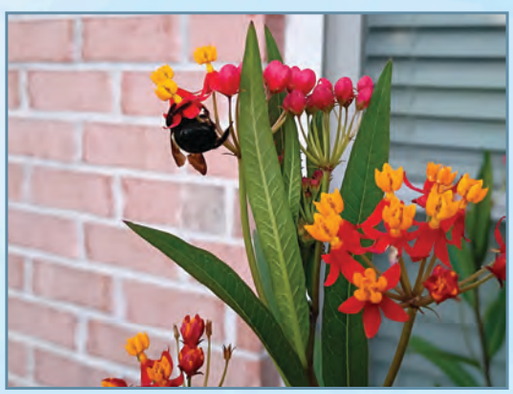


Photo by Sue Binnie

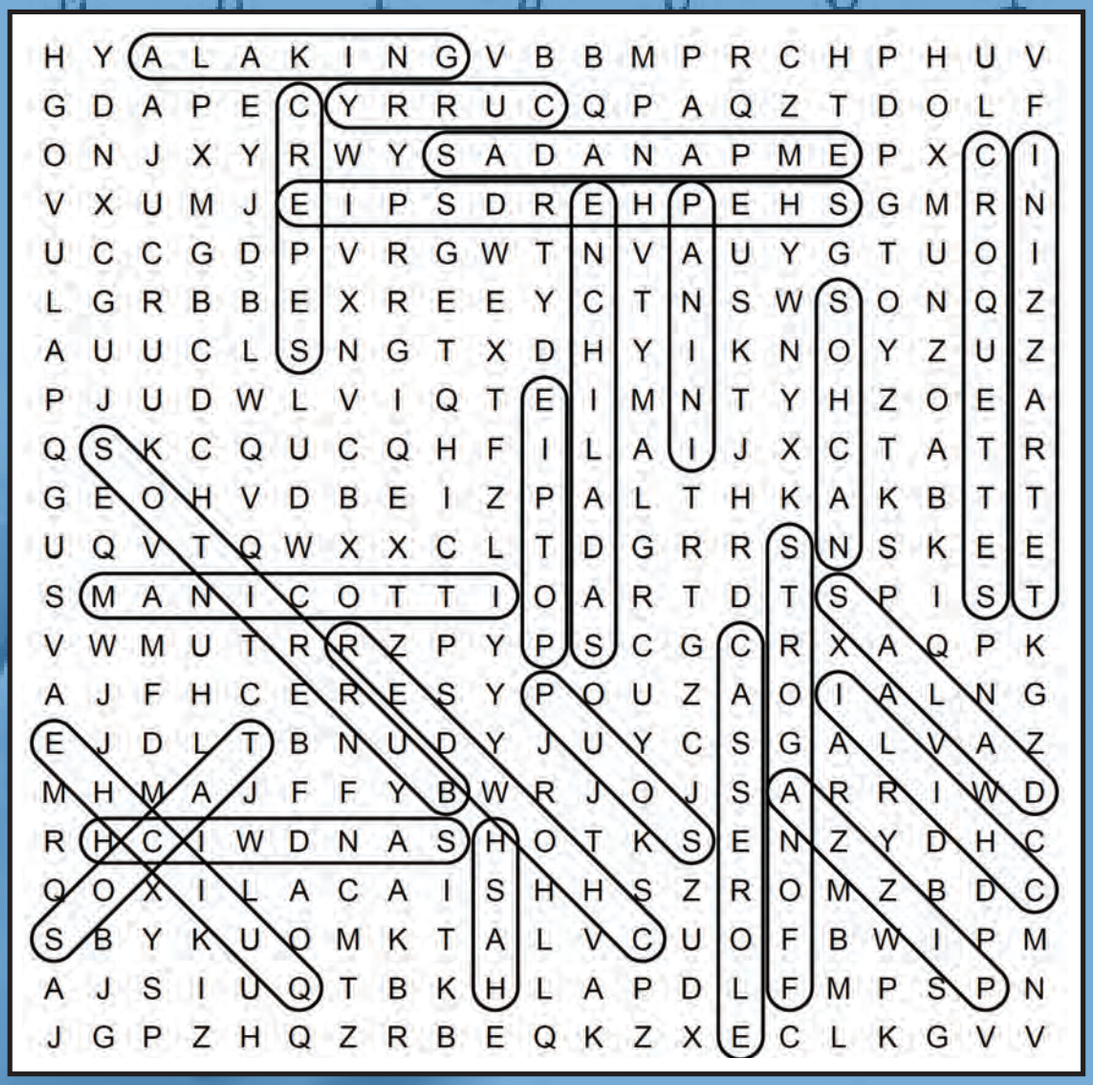


Photo by Sheryl Maxwell



Photo by Fred Dabrowski

GIANT WORD SEARCH



H Y A L A K I N G V B B M P R C H P H U V
G D A P E C Y R R U C Q P A Q Z T D O L F
O N J X Y R W Y S A D A N A P M E P X C I
V X U M J E I P S D R E H P E H S G M R N
U C C G D P V R G W T N V A U Y G T U O I
L G R B B E X R E E Y C T N S W S O N Q Z
A U U C L S N G T X D H Y I K N O Y Z U Z
P J U D W L V I Q T E I M N T Y H Z O E A
Q S K C Q U C Q H F I L A I J X C T A T R
G E O H V D B E I Z P A L T H K A K B T T
U Q V T Q W X X C L T D G R R S N S K E E
S M A N I C O T T I O A R T D T S P I S T
V W M U T R R Z P Y P S C G C R X A Q P K
A J F H C E R E S Y P O U Z A O I A L N G
E J D L T B N U D Y J U Y C S G A L V A Z
M H M A J F F Y B W R J O J S A R R I W D
R H C I W D N A S H O T K S E N Z Y D H C
Q O X I L A C A I S H H S Z R O M Z B D C
S B Y K U O M K T A L V C U O F B W I P M
A J S I U Q T B K H L A P D L F M P S P N
J G P Z H Q Z R B E Q K Z X E C L K G V V

ANSWERS TO THE PUZZLE CHALLENGE ON PAGE 17

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to the Employee Fund

Donation by Barbara Hanrahan
to the Entertainers

Donation by Donna Griffin
to the Poetry Group

BRUCE POWELL
Donation by Barbara Hanrahan
to the Entertainers

Donation by Mary Lee & Carl Boggs
to the Employee Fund

MARCY PUGH
Donation by Mary Lee & Carl Boggs
to the Library

DAVID TODD
Donation by KP Resident Association
to the Employee Fund

In Honor Of

MARK MAXWELL
Donation by Carolyn Hladky
to the Hobby Shop

Donation by Weston Watkins
to the Hobby Shop

JEANNIE VALENTINE
Donation by Carolyn Hladky
to the Hobby Shop

JERRY DUNNAM
Donation by Carolyn Hladky
to the Pinecone Artists

SUAZANNE HUFNAGEL
Donation by Carolyn Hladky
to the Pinecone Needle Artists

ANDY JORDAN
Donation by Alice Petty
to the Employee Fund

MIKE JAEGER
Donation by Katy & Bill Dorsey
to the Garden Gro'ers

PAM SHATRAW
Donation by Stephanie Harrover
to the General Fund

As Life Changes, So Should Your Financial Priorities

Your wealth has taken a lifetime to build. Does your financial plan reflect what matters most today?

As we move through life, our financial priorities evolve. Building wealth may once have been the primary objective. Later, preserving that wealth, generating dependable retirement income, minimizing taxes, and protecting a family legacy often become more important.

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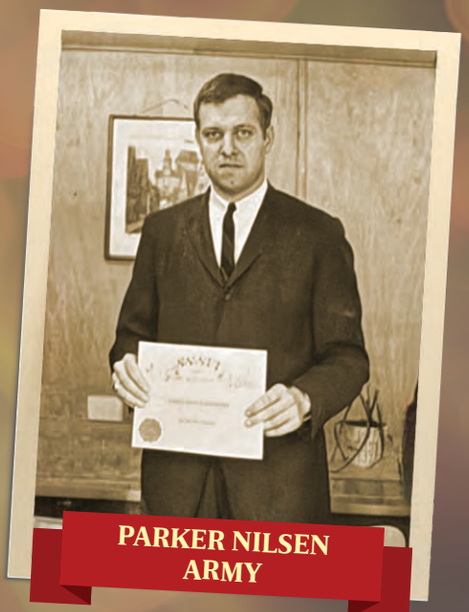
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Investments | Taxes | Estate Plan | Life Insurance

THANK YOU TO ALL OF OUR VETERANS

See our Resident Spotlight on Page 7



BOBBY THOMPSON
ARMY



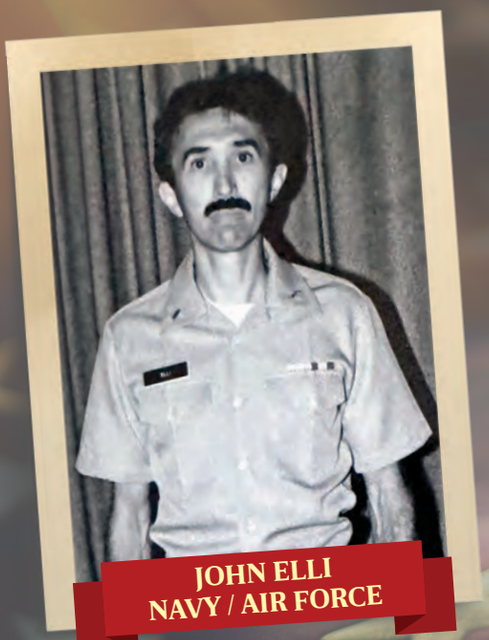
PARKER NILSEN
ARMY



WALTER OVERBEY
NAVY



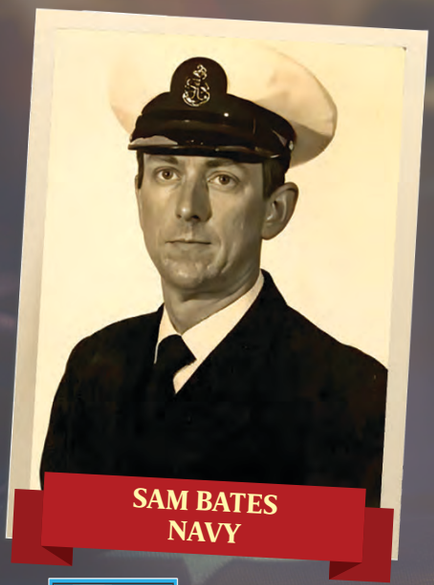
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