

the PINECONE

The Magazine of Kirby Pines LifeCare Community • September 2026 | V. 44 | I.9

New resident

BARBARA FRANTZ

will represent 2026 - America's 250th -
at this year's special Lighting of the Lake.
The theme is "Our Nation Under God".



Benefits of Functional Fitness | Fall Prevention Month | Take Time to Meditate | Resident Spotlight: Pat Simmons

Celebrating Our 43rd Anniversary

September always brings a mixture of emotions for me. The end of Summer, the beginning of football! Birthday celebrations and remembrance... here at Kirby Pines we have both!

Since July, we have proudly saluted our nation for its 250th Birthday. We will continue that there throughout this year's "Lighting of the Lake" Ceremony. This is the 43rd Anniversary. As is due tradition, we will have 3 separate events starting with the blessing of our flag at Vespers on 9/10. We then will have a truly inspiring Flag Raising Ceremony on 9/11. This is also the 25th Anniversary of destruction of the twin towers, as well as the attack on the Pentagon as well as the downing of the Flight United 93. And we will conclude our celebration with our Lighting of the Lake Ceremony followed by a wonderful buffet.

This event is the highlight of our year. Come

at Kirby Pines

join us as we celebrate passed friends, have our spirit moved with our featured vocalist and even a visit from "Francis Scott Key." Our featured speaker is Mr. Ken Well. Ken will speak on his military service as an Air Force fighter pilot during the Vietnam War, including the 466 days he was held in captivity.

This Lighting of the Lake promises to be one we will talk about for a long time! Please join us!



Michael J. Brown, Jr.
Executive Director,
Kirby Pines

INSIDE THIS MONTH'S PINECONE

Still Celebrating America at Lighting of the Lake

September is always a special time of year at Kirby Pines. The summer heat begins to fade, the colors around campus start to change, and we get a chance to slow down and enjoy the season before the busy holidays arrive.

It's also a meaningful time for reflection as we celebrate the people, memories and traditions that make Kirby Pines so special and our 43rd anniversary as a community.

Our time-honored Lighting of the Lake will take place Saturday, September 12th, at 5:00 p.m., followed by a reception. The celebration will be preceded by our Flag Blessing and Flag Raising. See the calendar for dates and details.

Our front cover features new resident Barbara Frantz, who will light the 2026 lantern, representing the year she joined Kirby Pines. Barbara moved here from Midtown Memphis after her band, The Memphis Knights, performed here. She was immediately impressed by our beautiful grounds and the welcoming people she met, and the rest is history.

Our back cover tells a story of family, memories and a lasting connection to Kirby. Kathy Smith's mother, Floy Johnson, lived at

Kirby Pines for more than 20 years, and Kathy and her husband, Harry, visited often during that time. Seeing the exceptional care her mother received, the friendships she formed and how she thrived throughout every level of care helped Kathy and Harry realize that Kirby Pines was the right community for them, too.

This year, Kathy, who holds a photo of herself and her mother on the back page, will light the 1984 lantern in Floy's honor. Kathy says her mother had only one regret about moving to Kirby Pines: "That she didn't move in 1983, so she could be a Kirby Pioneer."

These are the stories that make Kirby Pines more than a community, they make it home.



Looking Forward to Lighting of the Lake



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Get to know Kirby Pines'

NEW RESIDENTS



Ted & Sandi Braun

Ted (Theodore) & Sandi Braun come to Kirby Pines from their home in Bartlett, Tennessee. Ted was born in Medford, Oregon and Sandi in Hamilton, Ohio. They have been married 47 years and have three children.

Ted served as a Spec 3 in the US Army and was assigned to construction in Japan and Korea. He also attended Southern Oregon College and received a degree in computer programming in 1977 and worked over 40 years at FedEx as a programmer. Sandi was a real estate loan officer for Baker Donaldson and still manages property in California.

Ted is interested in finance and gardening, while Sandi enjoys painting, writing, reading, gardening, traveling and genealogy. Sandi stays active through yoga and tai-chi while also assisting Ted as his caregiver. She is a fan of the San Francisco 49ers and his favorite actor is John Wayne. Sandi also collects "trees", you'll have to ask her about that.

They are well traveled from the US to Mexico, Canada and all of Europe. Enjoyed 18 day tours seeing a different country every day.

Ted is proud to be financially set up to retire happy, and Sandi is proud to be married to a good, kind man, who works hard and does his best.

We are happy to have them move to our wonderful community and look forward to getting to know the two of them. If you see them around or in the dining room, make sure you reach out and welcome them.



Sharon & Denny Parker

Denny Parker was born in Booneville, Mississippi and Sharon lived in Henderson, Tennessee until her family moved to Memphis when she was in the 3rd grade. They come to Kirby Pines from their home in Germantown. They have been married 59 years and have a son, Rusty.

Denny sold medical products for BOC (British Oxygen Company) for 20 years, winning many awards for sales. Sharon, who continues working, has a degree in accounting and has worked 28 years for Tesco Properties, Inc. as a bookkeeper.

Sharon enjoys reading, games and church activities, while Denny is a big football fan. They both are interested in Bible studies, and Sharon roots for Ole Miss. She also collects books, but let them all go in the move. She is ready to start over, however.

They have traveled to Europe and throughout the United States. Their most memorable trip was for their 50th anniversary when they took a train from Minnesota to Montana and through Glacier National Park. They also have enjoyed their time share in Hot Spring, Arkansas, with their family.

Denny's friends would describe him as caring, prayerful and always puts family first. Sharon is invested in others, outgoing, positive and the only one in her family with a college degree, which she is proud of.

We are thrilled the Parkers have chosen Kirby Pines for their home. We'd like to welcome them to the family!



FUNCTIONAL FITNESS:

**The Smarter
Way to Stay
Strong, Mobile
and Independent**

Functional fitness isn't just another workout trend — it's one of the most practical, effective ways for adults (especially women 40+ and seniors) to build strength that actually matters in daily life. Instead of isolating muscles, functional training focuses on movement patterns you use every day: bending, lifting, reaching, stepping, twisting, and balancing.

Core Benefits of Functional Fitness:

Real-life strength — Functional exercises mimic everyday tasks like getting out of a chair, carrying groceries, or climbing stairs. This builds usable strength that directly supports independence.

Better balance and fall prevention — Movements challenge stability and coordination, strengthening the core and lower body to reduce fall risk.

Improved mobility and flexibility — Functional training keeps joints moving smoothly, reduces stiffness, and supports pain-free motion.

Enhanced posture and joint support — Strengthening the muscles that stabilize the spine and hips helps reduce back pain and improves alignment.

Boosted brain health — Because functional movements require coordination and sequencing, they stimulate cognitive function and support mental sharpness.

Functional fitness is adaptable, joint-friendly, and accessible for all ability levels. Whether done standing, seated, or with support, it empowers adults to stay active, capable, and confident — not just in the gym, but in everyday life.

Kirby Pines offers functional fitness classes Monday thru Friday! Join us in keeping strong and independent!

**“Fitness isn’t about building a better body.
It’s about building a better life.”**

— Jillian Michaels



Weekly Fitness Classes

Get Physical with Kim

8:00 am | Mon & Fri | Oasis

9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts

9:30 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led

9:30 am | Wed & Fri | Pool

Group Exercise Resident Led

9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim

10:30 am | Monday | PAC/Live TV

11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim

Friday Only

10:15 am | PAC/Live TV

Yoga Stretch with Kim

Friday Only

10:45 am | PAC/Live TV

Cardio Move & Strength with Kim

10:30 am | Tue & Thu | PAC/Live TV





**Stay Strong.
Stay Safe.
Stay Independent.**

Keep Moving!

Regular physical activity is one of the most important ways to maintain mobility. Activities that improve leg strength, balance, flexibility, and endurance can help support safer movement and continued participation in everyday activities.

How Can Therapy Help?

Physical and occupational therapy can play an important role in fall prevention. Therapists can assess strength, balance, walking, transfers, daily activities, equipment needs, and environmental safety. They can also recommend individualized exercises and strategies to reduce fall risk.

If you have experienced a fall or find yourself holding onto furniture, avoiding activities, or feeling less confident when walking, don't ignore the change. Early intervention can help identify risks before a serious injury occurs.

If you have questions or concerns about what you can do to prevent a fall, please contact the Broad River Rehab Team for guidance.

**This September, take a stand against falls.
Stay active, make safety a priority, and
keep moving toward greater independence!**

Falls are not an inevitable part of aging. While changes in strength, balance, vision, medications, and health conditions can increase fall risk, many falls can be prevented. Falls Prevention Awareness Month is an opportunity to recognize risks and take simple steps to help older adults remain safe, active, and independent.

Know Your Fall Risks

Strength and balance: Weakness, decreased endurance, or difficulty walking can affect stability.

Medications: Some medications may cause dizziness, drowsiness, or changes in blood pressure.

Vision: Changes in vision or depth perception can make obstacles and changes in surfaces harder to identify.

Footwear: Choose supportive, properly fitting shoes with non-slip soles.

Home environment: Remove clutter, secure or remove loose rugs, improve lighting, and keep frequently used items within easy reach.

Changes in health: Report new dizziness, weakness, falls, or near falls to your healthcare provider.



BRR | BROAD RIVER
REHAB

Don't Miss the Traditional Reception for
Lighting of the Lake

Celebrating 43 Years at Kirby Pines

Saturday, September 12, 2026

Immediately Following the Ceremony



Prime Rib
Carving Station

Bacon Wrapped
& Chilled Shrimp

Fresh Fruit &
Vegetables

Cured Meats
& Cheeses

Assorted Desserts
& Cupcakes

And Much More
To Enjoy



Resident Spotlight: Pat Simmons

Miss Pat had an active social life outside of her work at the Court. She recalls numerous social clubs, piano bars, and other venues where she could dance and enjoy musical events with her friends. The Peabody Skyway, or tea dances at the Moose and Shriner's club were among the places she enjoyed visiting with her friends. She had never taken dance lessons but learned ballroom dance basic steps and technique through practice with her friends. Dance was also important to her family, and she frequently went to dance events with her mother. Miss Pat traveled extensively visiting Europe, Hawaii, and Mexico. She frequently traveled (at least twice a year) to Branson, MO where one of her favorite venues was the Shoji Tabuchi Theater.



Miss Pat in the 90s

STAYING ACTIVE AND SOCIAL

Miss Pat was born in the small rural community of Dewitt, Arkansas in the same house where her mother was born. The family later moved to Marvel, AK before moving to Memphis, TN when she was 6. The family moved into a home in Midtown at Cooper and Peabody where she lived for 25 years before moving to a duplex in North Memphis on Garland where she then lived for 50 years.

“When visiting friends comment on the beauty of the Kirby grounds and environment, she is proud she chose to live here”.

She attended Lenox grade school and Fairview Junior High School. (She welcomed a sister into the family while in junior high.) After graduation from Tech High School, she was offered a bookkeeping position at the Frost Arnett Collection agency. She worked as a bookkeeper at various companies for 5 years before joining the Neurosurgical Group of Methodist Hospital where she remained for 15 years. While working at the Neurosurgical Group she decided to begin a training program in the evening to become a court reporter. After completing the two-year course of study, she joined the staff of the Criminal Court Division at 201 Poplar. The duties of a court reporter are challenging but can also be dangerous. Her prominent presence sitting before the judge's bench occasionally required, during more notorious cases, she be escorted to her car at the end of the day to assure her safety. While working as a court reporter she continued to pursue educational goals. Her love of learning and the encouragement of a friend inspired her to enroll in general education (core) courses at Memphis State University at the age of 42. She completed one course every semester for five years.

After 34 years of service to the Criminal Court system, she retired in 2010. After retiring she continued dancing at different Memphis Senior Centers. She remembers weekly rotating events at McWherter, Lewis, and other senior centers where she met friends and enjoyed dancing and music events. Then the pandemic happened and destroyed the vibrant Memphis senior social environment. The recovery was slow and to this day has not returned to the frequency of events available in the past.

In 2022 Miss Pat decided to move to Kirby Pines on her pastor's advice since she had no family members available to care for her should she need assistance with daily activities. The availability of LifeCare also strongly contributed to her decision. She moved into an apartment in April 2023. She enjoys the many activities Kirby offers, including Friday night entertainment, excursions with the Travelers, and exercise classes in the PAC twice a week. She reports, “I feel safe.” When visiting friends comment on the beauty of the Kirby grounds and environment, she is proud she chose to live here. Although slowed somewhat by health issues she continues to dance, taking private lessons from Richard Bishop twice a month.



Pat & Cheryl Wood at last year's Memphis Most Celebration

Written by Leora Elli, Resident, Kirby Pines

REFLECTIONS

By
Maxie Dunnam



WHERE ARE YOU GOING TO MEDITATE TODAY

As a pastor I have spent a good bit of time in funeral homes. Pastors often visit families of deceased persons in funeral homes to plan funeral services.

I haven't paid much attention to coffins until recently. A magazine news note got my attention. Funeral homes in Japan have started a new trend - "coffin lying" - or meditating on death inside a coffin. At coffin lounges, customers can pick an open or closed casket to spend about 30 minutes lying inside it for about \$13. Some services offer music, visuals projected on the ceiling, and colorfully decorated caskets are designed to calm the nerves while customers are coming to terms with death. One coffin maker says meditating in one of her designer caskets helps people see that "death is light and not scary."

My hunch is this whole issue is laughable to you who have chosen to read about it. You may wonder why I have given it my attention. The big reason is we have given meditation too little attention. There is far more to it than I write about here. I can make one claim. In our meditation we focus on the greatness, love, care, mercy, presence, and power of God. We are lifted above our own limitations. Our minds are directed to a source of strength beyond ourselves. We gain perspective on our own time and circumstances. Problems are seen in a different light. It often happens that problems untangle and confusion often vanishes.

In meditation a presence and power, unsought and unasked for comes, and we can give attention that develops into adoration and praise. We don't need a casket or funeral home for this. We need to take the time and find the right place, and not in a funeral home.

September Vesper Services 6:30pm | Performing Arts Center

September 3: Douglas Beggs
Retired Southern Baptist Minister

September 10: Rev Sam McElroy
Legacy Adults Pastor, Bellevue Baptist Church

September 17: David Jackson
Elder, Highland Church of Christ

September 24: Rainey Seagers
Chaplain, St. Mary's Episcopal School

Congratulations to our **CHAMPION of the Month**

Business Office Manager, Caring In Place

BRIAN ALEXANDER

Describe Your Family: My family is very close; my parents, my daughter, two brothers and a sister.

Describe yourself in five words: Funny, humble, lively, loyal, compassionate.

Your favorite thing about your job: Getting to know the residents and hearing their life stories.

Do you have any hobbies: Basketball, cooking and traveling. **Pets:** A Rottweiler named, Major.

What do you do for fun: Spend time with family and go to amusement parks.

Favorite food: Ribeye Steak. **Favorite song:** Preach by Adolph Thornton.

What is something you are proud of: The relationship with my daughter and seeing her thrive.

What would you like people to know about you: I LOVE the Memphis Grizzlies and living life.



Brian exceeds expectations in all capacities. I love the compassion and the interactions he has with residents and our caregivers. His kindness, attention to detail and dependability he exhibits everyday is amazing. Brian works tirelessly to ensure our schedule for residents and caregivers is always taken care of and quickly adjusts as needed. He is truly an asset to our team. - Brandy Pitman, Director of Caring In Place

Poetry & Writing Club



Steve Tittle

TOPIC OF THE MONTH:

Write about someone
who inspires you.



Sydney Wagner

COME JOIN THE CLUB

Monday, September 14th at
9:30 am in the Arts & Crafts Room

THE RIBBON AND THE PINES

Poem by Steve Tittle

It comes at last... the end of night.
for through the blinds, I see a light,
a light that will in time increase
its golden rays between each tree,
those regal pines that shelter me.

I sense a Spirit in that light.
It seems to whisper, "All is right!"
Growing still, it beckons me
to seize this coming day and see
that it commences as should be!

This balcony, set firm and tight,
assists to point my gaze aright,
and serves as my own grand marquee
from which to make a proper plea
to God, for all who are "at sea"!

This scarlet ribbon says we might
through prayer, a troubled world unite.

With peace and love, a scarcity
throughout this land, across the sea.
As one, and now... we must agree

To look to God today, tonight,
humbly yet, as well we might.
By faith, we own a clemency,
a shield from the insanity
surrounding us extensively.

Yes, in the Pines, we're safe in spite
of what the devil might incite
to threaten our serenity.
An island in the stream are we,
held safe unto...eternity!

"A HUNK OF BUTTER"

Story by Sydney Wagner

Just thinking of ones who had influence on me, caused me both to smile and start naming ~ of course, parents, many family members; grade school teacher, Annie Belle Williams popped in my mind, with no children of her own, but knowing the importance, read a story after lunch each day to our class from Hurlburt's Bible Stories and for girls in the 6th grade class could skip recess and she taught us to crochet. High school Latin teacher, Pauline Thomas spurred my interest in Latin and thankful to this day for the three years spent in her class, continue to recognize word meanings and still ego amo te.

And the list could go on but probably the one soul who had the most influence on me would have to be Mama Sut ~ my grandmother with whom I shared a bedroom until I left home. For some years, when I thought she could no longer write, she would dictate and have me write letters to family and her friends ~ you know we couldn't afford long-distance calls ~ I later decided she was encouraging me to write and also for me to learn the importance of keeping contact with those we loved.

She encouraged me to help her in the kitchen and though she never had a cook book, measuring cups, spoons or a recipe that I knew of but I got it when she said add a 'hunk of butter' and mix. Years later my sister and I struggled in our attempts to recreate her Chocolate Pudding.

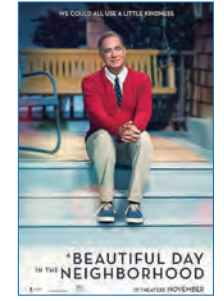
Even after I left home, when anyone she knew happened to be in a Memphis hospital, she would notify me and that was my cue that I should visit and I did ~ more teaching me to show concern for others.

I was occasionally known to be 'rolling my eyes' ~ out of sight ~ when she was giving me advice, me thinking it was just her thinking because she was 'old' ~ she died when she was 88 ~ one year older than I am today but as I began to seriously study my Bible, I realized her teachings were based on God's Word.

She was born in 1874 and had a 4th grade education which I think by today's standard might equal a college degree. She helped me with Algebra and Latin through high school.

Of course, I know she was not perfect but she was a smart 'woman after God's heart' and I have realized my blessings by being influenced and loved by her.

MEET ME AT



THE UNLIKELY PILGRIMAGE OF HAROLD FRY (2024)

Tuesday, September 1 | 1:30 pm & 6:30 pm

Cast: *Jim Broadbent, Penelope Wilton, Earl Cave*

Harold is an ordinary man who has passed through life, living on the side lines, until he goes to post a letter one day...and just keeps walking.

LADIES FIRST (2026)

Wednesday, September 2 | 1:30 pm & 6:30 pm

Cast: *Sacha Baron Cohen, Rosamund Pike*

A male chauvinist is transported to a matriarchal society, facing challenges from a formidable female version of himself.

THE QUIET MAN (1952)

Friday, September 4 | 1:30 pm

Saturday, September 5 | 6:30 pm

Sunday, September 6 | 6:30 pm

Cast: *John Wayne, Maureen O'Hara*

An Irish-born boxer returns to his homeland to reclaim his family's farm and begins a turbulent romance with a beautiful spitfire.

THE GREATEST GAME EVER PLAYED (2005)

Saturday, September 5 | 1:30 pm

Cast: *Shia LaBeouf, Stephen Dillane, Elias Koteas*

In the 1913 U.S. Open, twenty-year-old Francis Ouimet played golf against his idol, 1900 U.S. Open champion, Englishman Harry Vardon.

DIRTY DANCING (1987)

Sunday, September 6 | 2:30 pm

Cast: *Patrick Swayze, Jennifer Grey, Jerry Orbach*

Spending the summer at a Catskills resort with her family, Frances "Baby" Houseman falls in love with the camp's dance instructor, Johnny Castle.

MIRACLE: THE BOYS OF '80 (2026)

Tuesday, September 8 | 1:30 pm & 6:30 pm

Cast: *Herb Brooks, John Powers, Craig Patrick*

A young hockey team enters the 1980 Olympics as underdogs and emerges as heroes. Their iconic upset unfolds with new footage and

firsthand reflections.

A BEAUTIFUL DAY IN THE NEIGHBORHOOD (2019)

Wednesday, September 9 | 1:30 pm & 6:30 pm

Cast: *Matthew Rhys, Tom Hanks, Chris Cooper*

Lloyd Vogel, a cynical journalist, gets acquainted with a kind-hearted television host Fred Rogers while writing an article on him. With time, they strike an unlikely friendship.

WORLD TRADE CENTER (2006)

Friday, September 11 | 1:30 pm

Cast: *Nicolas Cage, Michael Peña, Maria Bello*

Two Port Authority police officers become trapped under the rubble of the World Trade Center.

THE PATRIOT (2000)

Saturday, September 12 | 6:30 pm

Sunday, September 13 | 6:30 pm

Cast: *Mel Gibson, Heath Ledger, Joely Richardson*

Peaceful farmer Benjamin Martin is driven to lead the Colonial Militia during the American Revolution when a sadistic British officer murders his son.

FLAGS OF OUR FATHERS (2006)

Saturday, September 12 | 1:30 pm

Cast: *Ryan Phillippe, Barry Pepper, Joseph Cross*

The life stories of the six men who raised the flag at the Battle of Iwo Jima, a turning point in World War II.

OPERATION DUMBO DROP (1995)

Sunday, September 13 | 2:30 pm

Cast: *Danny Glover, Ray Liotta, Denis Leary*

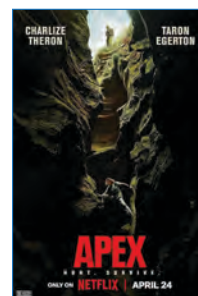
To keep the loyalty of a village during the Vietnam war, a U.S. Army officer and his unit struggle to deliver it a live elephant.

APEX (2026)

Tuesday, September 15 | 1:30 pm & 6:30 pm

Cast: *Charlize Theron, Taron Egerton, Eric Bana*

A mountain climber haunted by a fatal decision in Norway retreats to the Australian wilderness for isolation. Her journey turns into a desperate hunt when a deceptive local targets her as his next ritualistic prey in the bush.



THE MOVIES



RENTAL FAMILY (2025)

Wednesday, September 16 | 1:30 pm & 6:30 pm

Cast: Brendan Fraser, Takehiro Hira, Mari Yamamoto

An American actor in Tokyo struggling to find purpose lands an unusual gig: working for a Japanese “rental family” agency, playing stand-in roles for strangers. He rediscovers purpose, belonging, and the beauty of human connection.

THE PRODUCERS (1967)

Friday, September 18 | 1:30 pm

Saturday, September 19 | 6:30 pm

Sunday, September 20 | 6:30 pm

Cast: Zero Mostel, Gene Wilder, Dick Shawn

A stage-play producer devises a plan to make money by producing a sure-fire flop.

WILD MOUNTAIN THYME (2020)

Saturday, September 19 | 1:30 pm

Cast: Emily Blunt, Jamie Dornan, Jon Hamm

A pair of star-crossed lovers in Ireland get caught up in their family’s land dispute.

TIME OF THE WOLF (2002)

Sunday, September 20 | 2:30 pm

Cast: Burt Reynolds, Jason Priestley, Marthe Keller

After the death of his father, a young man develops a special bond with a wolf cub.

GORILLA STORY (2026)

Tuesday, September 22 | 1:30 pm

Cast: David Attenborough, Rebecca Coombs

David Attenborough tells the remarkable story of his first encounter with the baby gorilla Pablo, how that gorilla grew up to be a top Silverback and how Pablo’s direct descendants are doing today.

ABOUT MY FATHER (2023)

Wednesday, September 23 | 1:30 pm & 6:30 pm

Cast: Robert DeNiro, Sebastian Maniscalco

When Sebastian tells his old-school Italian immigrant father Salvo that he is going to propose to his all-American girlfriend, Salvo insists on crashing a weekend with her parents.

McLINTOCK! (1963)

Friday, September 25 | 1:30 pm

Saturday, September 26 | 6:30 pm

Sunday, September 27 | 6:30 pm

Cast: John Wayne, Maureen O'Hara, Patrick Wayne

Wealthy rancher G. W. McLintock uses his power and influence in the territory to keep the peace between farmers, ranchers, land-grabbers, Indians and corrupt government officials.

THE LEGEND OF 1900 (1998)

Saturday, September 26 | 1:30 pm

Cast: Tim Roth, Pruitt Taylor Vince, Mélanie Thierry

A baby boy discovered on an ocean liner in 1900 grows into a musical prodigy, never setting foot on land.

WINGED MIGRATION (2001)

Sunday, September 27 | 2:30 pm

Cast: Jacques Perrin, Philippe Labro

Documentary on the migratory patterns of birds, shot over the course of three years on all seven continents.



THE RUNNER (2026)

Tuesday, September 29 | 1:30 pm & 6:30 pm

Cast: Gail Cadot, Phoenix Di Sebastiani

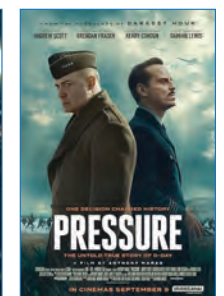
A high-powered attorney must race through London to save her abducted son while following cryptic commands from a mysterious caller.

PRESSURE (2026)

Wednesday, September 30 | 1:30 pm & 6:30 pm

Cast: Andrew Scott, Brendan Fraser, Kerry Condon

In the tense 72 hours before D-Day, General Dwight D. Eisenhower and Captain James Stagg face an impossible choice—launch the most dangerous seaborne invasion in history or risk losing the war altogether.



September2026		8:30 amMen’s Water Aerobics (Pool) 9:00 amDr. Abutineh MD (WC) 9:00 amWalking Club (Porte Cochere) 9:30 amAdvanced Water Aerobics (Pool) 10:00 amTravelers: Calvary Mission (Trans) 10:30 amCardio Move & Strength (PAC) 1:00 pmDuplicate Bridge Group (FDR) 1:00 pmEntertainer’s Chorus Practice (Chapel) 1:15 pmLine Dancing (PAC) 1:30 pmMovie: Unlikely Pilgrimage of Harold Fry (Ththr) 1:30 pmBunko (SCR) 6:30 pmMovie: Unlikely Pilgrimage of Harold Fry (Ththr)	9:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amCatholic Services (Chapel) 10:00 amPinecone Painters (A&C) 11:00 amChair Yoga (PAC) 1:00 pmNeedle Arts Group (Sunroom) 1:00 pmMah Jongg (LCR) 1:30 pmMexican Train Dominos (Ante) 1:30 pmGame Play (LCR) 1:30 pmMovie: Ladies First (Ththr) 2:00 pmBallroom Dancing (PAC) 6:00 pmWednesday Bridge Group (LCR) 6:30 pmMovie: Ladies First (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:30 amAdvanced Water Aerobics (Pool) 10:00 amBible Study with Dave Phillips (Chapel) 10:00 amKroger & Banks (Trans) 10:30 amCardio Move & Strength (A&C) 11:00 amDr. Abutineh MD (WC) 1:00 pmWalmart, Costco, & Banks (Trans) 1:30 pmSeries: Little House on the Prairie (Ththr) 2:00 pmWellness Talk with Angela (Sunroom) 3:00 pmBilliards Group (Billiard Room) 6:30 pmVespers (PAC)	8:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amWalmart, Kroger Aldi, & Banks (Trans) 10:00 amCornhole Club (LCR) 10:15 amStrength Training (PAC) 10:45 amYoga Stretch (PAC) 1:00 pmWalmart, Kroger, Superlo, & Banks (Trans) 1:00 pmPeter Jones: Iceland & Greenland (PAC) 1:30 pmMovie: The Quiet Man (Ththr) 2:30 pmCribbage (SCR) 4:00 pmHappy Hour (Bistro) 6:00 pmMusic: Al Mahan (PAC)	7:30 amMen’s Christian Fellowship (LCR) 1:00 pmAdvanced Line Dancing (PAC) 1:30 pmGame Play (LCR) 1:30 pmMovie: The Greatest Game Ever Played (Ththr) 3:00 pmEuchre (SCR) 6:30 pmMovie: The Quiet Man (Ththr)
8:00 amChurch of Christ Service (PAC) 10:00 amWorship Service (PAC) 2:30 pmMovie: Dirty Dancing (Ththr) 1:00 pmPianist Marilyn Garziona (Lobby) 6:30 pmMovie: The Quiet Man (Ththr)	8:00 amGet Physical with Kim (Oasis) 9:30 amAdvanced Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amHobby Pines Group (Hobby Shop) 10:30 amBeginners Billiards (Billiard Room) 10:30 amChair Yoga (PAC) 1:30 pmGame Play (LCR) 3:00 pmEuchre (SCR) 6:00 pmMexican Train Dominos (Ante) 6:00 pmBINGO (PAC) 6:30 pmResidents Choice Movie Night (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:00 amDr. Abutineh MD (WC) 9:00 amWalking Club (Porte Cochere) 9:30 amAdvanced Water Aerobics (Pool) 10:30 amCardio Move & Strength (PAC) 1:00 pmEntertainer’s Chorus Practice (Chapel) 1:15 pmLine Dancing (PAC) 1:30 pmMovie: Miracle: The Boys of 80 (Ththr) 1:30 pmBunko (SCR) 3:00 pmPhoto Club (Ante) 6:30 pmMovie: Miracle: The Boys of 80 (Ththr)	9:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (A&C) 10:00 amCatholic Services (Chapel) 10:00 amPinecone Painters (A&C) 10:30 amGarden Gro’ers (Greenhouse) 11:00 amChair Yoga (PAC) 11:00 amTravelers: Dixon Art Gallery (Trans) 1:00 pmNeedle Arts Group (Sunroom) 1:00 pmMah Jongg (LCR) 1:30 pmMexican Train Dominos (Ante) 1:30 pmGame Play (LCR) 1:30 pmMovie: A Beautiful Day... (Ththr) 2:00 pmBallroom Dancing (PAC) 6:00 pmWednesday Bridge Group (LCR) 6:30 pmMovie: A Beautiful Day... (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:30 amAdvanced Water Aerobics (Pool) 9:45 amAlterations (Ante) 10:00 amBible Study with Dave Phillips (Chapel) 10:00 amKroger & Banks (Trans) 10:30 amCardio Move & Strength (PAC) 11:00 amDr. Abutineh MD (WC) 1:00 pmWalmart, Costco, & Banks (Trans) 1:15 pmLine Dancing (PAC) 1:30 pmSeries: Little House on the Prairie (Ththr) 2:00 pmResident Association Meeting (PAC) 3:00 pmBilliards Group (Billiard Room) 6:30 pmFlag Blessing & Vespers (PAC)	8:00 amGet Physical with Kim (Oasis) 9:30 amFlag Raising Ceremony (Front) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amWalmart, Kroger Aldi, & Banks (Trans) 10:00 amCornhole Club (LCR) 10:15 amStrength Training (PAC) 10:45 amYoga Stretch (PAC) 1:00 pmWalmart, Kroger, Superlo, & Banks (Trans) 1:30 pmMovie: World Trade Center (Ththr) 2:30 pmCribbage (SCR) 4:00 pmHappy Hour (Bistro) 6:00 pmMusic: Double D (PAC)	7:30 amMen’s Christian Fellowship (LCR) 1:00 pmAdvanced Line Dancing (PAC) 1:30 pmGame Play (LCR) 1:30 pmMovie: Flags of Our Fathers (Ththr) 3:00 pmEuchre (SCR) 5:00 pmLighting of the Lake (Grounds) 6:15 pmTrivia Group (Ante) 6:30 pmMovie: The Patriot (Ththr)
8:00 amChurch of Christ Service (PAC) 10:00 amWorship Service (PAC) 12:30 pmTravelers: Germantown Festival (Trans) 2:30 pmMovie: Operation Dumbo (Ththr) 4:00 pmHymn Sing with Leon (Chapel) 6:30 pmMovie: The Patriot (Ththr)	8:00 amGet Physical with Kim (Oasis) 9:30 amAdvanced Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 9:30 amPoetry & Writing Club (A&C) 10:00 amHobby Pines Group (Hobby Shop) 10:30 amBeginners Billiards (Billiard Room) 10:30 amChair Yoga (PAC) 1:30 pmGame Play (LCR) 3:00 pmEuchre (SCR) 6:00 pmMexican Train Dominos (Ante) 6:00 pmBINGO (PAC) 6:30 pmResidents Choice Movie Night (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:00 amDr. Abutineh MD (WC) 9:00 amWalking Club (Porte Cochere) 9:30 amAdvanced Water Aerobics (Pool) 10:30 amCardio Move & Strength (PAC) 1:00 pmEntertainer’s Chorus Practice (Chapel) 1:00 pmDuplicate Bridge Group (FDR) 1:15 pmLine Dancing (PAC) 1:30 pmMovie: APEX (Ththr) 1:30 pmBunko (SCR) 3:00 pmMike Ellicott “9/11: Ordinary Americans on an Extraordinary Day “ (PAC) 6:30 pmMovie: APEX (Ththr)	9:00 amGet Physical with Kim (Oasis) 9:00 amFlu Shots (LCR) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amCatholic Services (Chapel) 10:00 amPinecone Painters (A&C) 10:00 amCaregiver Support Group (Ante) 11:00 amChair Yoga (PAC) 1:00 pmNeedle Arts Group (Sunroom) 1:00 pmMah Jongg (SCR) 1:30 pmMexican Train Dominos (Ante) 1:30 pmGame Play (Ante) 1:30 pmMovie: Rental Family (Ththr) 2:00 pmBallroom Dancing (PAC) 6:00 pmWednesday Bridge Group (LCR) 6:30 pmMovie: Rental Family (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:00 amFlu Shots (LCR) 9:30 amAdvanced Water Aerobics (Pool) 10:00 amBible Study with Dave Phillips (Chapel) 10:00 amKroger & Banks (Trans) 10:30 amCardio Move & Strength (PAC) 11:00 amDr. Abutineh MD (WC) 11:30 amTravelers: Coach Kim’s Studio (Trans) 1:00 pmWalmart, Costco, & Banks (Trans) 1:15 pmLine Dancing (PAC) 1:30 pmSeries: Little House on the Prairie (Ththr) 3:00 pmBilliards Group (Billiard Room) 6:30 pmVespers (PAC)	8:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amWalmart, Kroger Aldi, & Banks (Trans) 10:00 amCornhole Club (LCR) 10:15 amStrength Training (PAC) 10:45 amYoga Stretch (PAC) 1:00 pmWalmart, Kroger, Superlo, & Banks (Trans) 1:30 pmMovie: The Producers (Ththr) 2:00 pmArt Opening (PAC) 2:30 pmCribbage (SCR) 4:00 pmHappy Hour (Bistro) 6:00 pmMusic: Rob Haynes (PAC)	7:30 amMen’s Christian Fellowship (LCR) 1:00 pmAdvanced Line Dancing (PAC) 1:30 pmGame Play (LCR) 1:30 pmMovie: Wild Mountain Thyme (Ththr) 3:00 pmEuchre (SCR) 6:30 pmMovie: The Producers (Ththr)
8:00 amChurch of Christ Service (PAC) 10:00 amWorship Service (PAC) 11:00 amSeptember Birthday Brunch (FDR) 2:30 pmMovie: Time of the Wolf (Ththr) 6:30 pmMovie: The Producers (Ththr)	8:00 amGet Physical with Kim (Oasis) 9:30 amAdvanced Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amHobby Pines Group (Hobby Shop) 10:30 amBeginners Billiards (Billiard Room) 10:30 amChair Yoga (PAC) 10:45 amTech Time (Sunroom) 1:30 pmGame Play (LCR) 3:00 pmEuchre (SCR) 6:00 pmMexican Train Dominos (Ante) 6:00 pmBINGO (PAC) 6:30 pmResidents Choice Movie Night (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:00 amDr. Abutineh MD (WC) 9:00 amWalking Club (Porte Cochere) 9:30 amBook Baggers (Chapel) 9:30 amAdvanced Water Aerobics (Pool) 10:30 amCardio Move & Strength (PAC) 10:45 amLunch Bunch: Magnolia & May (Trans) 1:00 pmEntertainer’s Chorus Practice (Chapel) 1:15 pmLine Dancing (PAC) 1:30 pmMovie: Gorilla Story (Ththr) 1:30 pmBunko (SCR) 6:15 pmGirls Night Out: Baby Boom (Ththr)	9:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amCatholic Services (Chapel) 10:00 amPinecone Painters (A&C) 11:00 amChair Yoga (PAC) 12:30 pmTravelers: Swingtime Explosion (Trans) 1:00 pmNeedle Arts Group (Sunroom) 1:00 pmMah Jongg (LCR) 1:30 pmMexican Train Dominos (Ante) 1:30 pmGame Play (LCR) 1:30 pmMovie: About My Father (Ththr) 2:00 pmBallroom Dancing (PAC) 6:00 pmWednesday Bridge Group (LCR) 6:30 pmMovie: About My Father (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:30 amAdvanced Water Aerobics (Pool) 9:45 amAlterations (Ante) 10:00 amBible Study with Dave Phillips (Chapel) 10:00 amKroger & Banks (Trans) 11:00 amDr. Abutineh MD (WC) 1:00 pmWalmart, Costco, & Banks (Trans) 1:15 pmLine Dancing (PAC) 1:30 pmSeries: Little House on the Prairie (Ththr) 3:00 pmBilliards Group (Billiard Room) 6:30 pmVespers (PAC)	9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amWalmart, Kroger Aldi, & Banks (Trans) 10:00 amCornhole Club (LCR) 1:00 pmWalmart, Kroger, Superlo, & Banks (Trans) 1:30 pmMovie: McLintock (Ththr) 2:30 pmCribbage (SCR) 4:00 pmHappy Hour (Bistro) 6:30 pmHam-A-Tuers (PAC)	7:30 amMen’s Christian Fellowship (LCR) 1:00 pmAdvanced Line Dancing (PAC) 1:30 pmGame Play (LCR) 1:30 pmMovie: The Legend of 1900 (Ththr) 3:00 pmEuchre (SCR) 6:15 pmTrivia Group (Ante) 6:30 pmMovie: McLintock (Ththr)
8:00 amChurch of Christ Service (PAC) 10:00 amWorship Service (PAC) 2:30 pmMovie: Winged Migration (Ththr) 6:30 pmMovie: McLintock (Ththr)	8:00 amGet Physical with Kim (Oasis) 9:30 amAdvanced Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amHobby Pines Group (Hobby Shop) 10:30 amBeginners Billiards (Billiard Room) 10:30 amChair Yoga (PAC) 1:30 pmGame Play (LCR) 3:00 pmEuchre (SCR) 6:00 pmMexican Train Dominos (Ante) 6:00 pmBINGO (PAC) 6:30 pmResidents Choice Movie Night (Ththr)	8:30 amMen’s Water Aerobics (Pool) 9:00 amDr. Abutineh MD (WC) 9:00 amWalking Club (Porte Cochere) 9:30 amAdvanced Water Aerobics (Pool) 10:30 amCardio Move & Strength (PAC) 1:00 pmEntertainer’s Chorus Practice (Chapel) 1:15 pmLine Dancing (PAC) 1:30 pmMovie: The Runner (Ththr) 1:30 pmBunko (SCR) 6:30 pmMovie: The Runner (Ththr)	9:00 amGet Physical with Kim (Oasis) 9:30 amBasic Water Aerobics (Pool) 9:30 amGroup Exercise (PAC) 10:00 amCatholic Services (Chapel) 10:00 amPinecone Painters (A&C) 11:00 amChair Yoga (PAC) 1:00 pmNeedle Arts Group (Sunroom) 1:00 pmMah Jongg (LCR) 1:30 pmMexican Train Dominos (Ante) 1:30 pmGame Play (LCR) 1:30 pmMovie: Pressure (Ththr) 2:00 pmBallroom Dancing (PAC) 6:00 pmWednesday Bridge Group (LCR) 6:30 pmMovie: Pressure (Ththr)	Blessed is the Nation whose God is the Lord.” – Psalm 33:12		ABBREVIATIONS KEY Ththr - Theater FDR - Dining Room PAC - Performing Arts Center BR - Billiard Room Trans - Transportation HS - Hobby Shop SCR - Small Card Room A&C - Arts & Crafts Studio LCR - Large Card Room WC - Wellness Clinic Pool/Oasis Sunroom

September 2026 EVENTS

Sep 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am.

Sep 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm & Thursdays 11:00 am-2:00 pm. Appointments required.

Sep 1: Walking Club

Come walk with us! Kirby Pines walking group welcomes you to join in every Tuesday morning at 9:00 am. We meet under the Porte Cochere. When the weather is nice, we walk around outside and when it's raining we walk through the halls of Kirby Pines. No matter what your speed or pace is we encourage you to walk with us.

Sep 1: Travelers: Calvary Mission

Join the Travelers to the Calvary Rescue Mission Luncheon for their \$5 all you can eat fried chicken on Tuesday, September 1st. Sign up in Resident Programs. Lobby time is 10:00 am. Transportation fee is \$5. Don't forget your lunch money!

Sep 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, increase balance, enhance energy & delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays & Thursdays

Sep 1 & 15: Duplicate Bridge

Duplicate Bridge will begin at 1:00 pm on the 1st & 3rd Tuesday of every month. If you would like to join, come out to the FDR.

Sep 1: Entertainer's Practice

If you enjoy singing, come join the Entertainers Chorus. We meet every Tuesday in the Chapel at 1:00 pm. Hope to see you there!

Sep 1: Line Dancing

Line Dancing is held every Tuesday & Thursday at 1:15 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Advanced Line Dancing is held on Saturdays at 1:00 pm. Everyone is welcome!

Sep 1: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Sep 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday & Friday in the Oasis at 8:00 am & Wednesdays at 9:00 am. She will be teaching how to safely use all the gym equipment & is available to answer any questions you have.

Sep 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Sep 2: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the Chapel every Wednesday at 10:00 am. The 3rd Wednesday of each month is mass & communion. The Rosary will be offered all other weeks.

Sep 2: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Thursday at 10:00 am in the Arts and Crafts Studio.

Sep 2: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress & joint pain. Join us in the PAC on Mondays at 10:30 am & Wednesdays at 11:00 am.

Sep 2: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Sep 2: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome & encouraged to attend!

Sep 2: Mexican Train Dominoes

Join us in the Ante Room every Monday at 6:00 pm, or every Wednesday at 1:30 pm to play Mexican Train Dominos. If you have

any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

Sep 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.

Sep 2: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm and Saturday at 2:30 pm in the PAC for a group class and ask us about private lessons.

Sep 2: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

Sep 3: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Sep 3: Series: Little House on the Prairie

Little House on the Prairie follows the Ingalls family as they leave Wisconsin for the Kansas frontier in the late 19th century, seeking a new life amid the beauty and hardship of pioneer life. This Netflix adaptation offers a fresh yet faithful take on Laura Ingalls Wilder's books, blending heartfelt family drama with survival on the American plains. Showtimes are every Thursday at 1:30 pm.

Sep 3: Wellness Talk with Angela

"Understanding, Supporting & Remembering". September is World Alzheimer's Month, a time dedicated to increasing awareness and understanding of Alzheimer's disease and other forms of dementia. For our Independent Living residents, this month provides an opportunity to learn how we can support brain health, recognize changes in ourselves or loved ones, and promote dignity and compassion for those experiencing memory loss. This September, let's remember to remember—not only information, but the people, relationships, experiences, and moments that make life meaningful. To learn more, join us in the Sunroom at 2:00 pm.

Sep 3: Billiards Group

Beginners Billiards Group meets on Mondays at 10:30 am in the Billiard Room. All skill levels are welcome to come on Thursdays at 3:00 pm. Come out and just have some fun with us!

Sep 4: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:00 am every Friday for a fun time.

Sep 4: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

Sep 4: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come out and join Ms. Kim every Friday at 10:45 am in the PAC.

Sep 4: Peter Jones: Iceland and Greenland

Peter Jones will give a PowerPoint presentation on Iceland & Greenland at 1:00 pm on Friday, September 4th in the PAC. Explore the capital city Reykjavik, visit the Blue Lagoon, numerous waterfalls, & geysers. Fly to Greenland and visit Kulusuk & Ammassalik Islands. Join the group at 1:00 pm in the PAC or watch on in house TV for this informative presentation.

Sep 4: Cribbage

Come and play cribbage with us. This brand-new resident led game group meets every Friday at 2:30 pm in the SCR. Hope to see you there!

Sep 4: Happy Hour

Attention Kirby Residents! Come to the Bistro from 4:00 pm to 5:00 pm every Friday to enjoy a Happy Hour Specials. This is a wonderful way to start your weekend off right!

Sep 4: Music: Al Mahan

Just a man and his guitar, Pastor Al Mahan loves to entertain his audiences with classics, stories, and impersonations. He will have you laughing & your toes tapping during his performance. Music begins in the PAC at 6:00 pm.

Sep 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Sep 5: Euchre

Come learn to play Euchre, Kirby Pines Newest Game! We play every Monday & Saturday at 3:00 pm in the SCR. Everyone is welcome & invited to join in on this fun game. If you have any questions, feel free to contact John Maxson.

Sep 6: Church of Christ Service

Our service will be every Sunday at 8:00 am in the PAC. All are welcome & encouraged to attend.

Sep 6: Worship Service

Whether you come join us or watch us from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome & encouraged to attend.

Sep 6: Music: Marilyn Garzione

Please join us in the Lobby at 1:00 pm to enjoy a performance by our very own Marilyn Garzione. This is an afternoon you don't want to miss.

Sep 7: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Sep 7: Bingo

Who doesn't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Sep 7: Resident's Choice Movie Night

Resident's choice movie night is going to be held every Monday night at 6:30 pm. Here is your chance to pick the movie. Let Sally Cook know the week before what movie you want to see.

Sep 8: Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Ante Room & learn to take better photos yourself!

Sep 9: Garden Gro'ers

September gardens evoke reflection, harvest, and the gentle transition from summer warmth to autumn's golden embrace.

If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Join us in the Greenhouse at 10:30 am.

Sep 9: Travelers: Dixon Gallery

Join the Travelers to the Dixon Art Gallery for their Munch & Learn Series. The topic of this event is, "Painting in the Wild: Outdoor Painting in Remote Landscapes" by Matthew Lee. Lee was born in Paris, France, to American parents from Mississippi. He spent his childhood primarily in France and Germany before returning to Mississippi to earn a degree in architecture from Mississippi State University. We will enjoy food from Park & Cherry by Pre-Order. Make sure you fill out your order in the resident programs office when you sign up. The learning part is free. Transportation fee is \$5. Lobby time is 11:00 am.

Sep 10 & 24: Alterations

Attention Kirby Pines! We have a new seamstress to meet all your alteration needs. Her name is Latoya & you can find her in the Ante Room from 9:45 am – 10:45 am on the 2nd & 4th Thursday each month.

Sep 10: Resident Association Meeting

The Resident Association will meet on Thursday, September 10th at 2:00 pm in the PAC. We are happy to have a wonderful guest speaker from CompassUs Hospice who will be giving an informative presentation on, "What is Hospice, & What is Not Hospice".

Sep 10: Flag Blessing Ceremony

Please join us in the PAC at 6:30 pm for a very special Vespers. As part of the Lighting of the Lake festivities, we will begin Vespers with Keith Weathers Blessing the flag.

Sep 11: Flag Raising Ceremony

Join us under the Porte Cochere at 9:30 am for our 43rd Anniversary flag raising ceremony featuring the University of Memphis ROTC Color Guard and The City of Memphis Pipe Band.

Sep 11: Music: Double D Band

The Double D Band plays a wide range of songs and genres, but especially music from the 50's. Playing guitars and mandolins, they've appeared on MTV, BBC, and have been part of the music scene in London, England and New York City, having lived and performed in both. Music begins in the PAC at 6:00 pm.

Sep 12: Lighting of the Lake

Join us for our 43rd Anniversary, Lighting of the Lake ceremony. Our theme this year is "Our Nation Under God" and the colors are Red, White, & Blue. The festivities will begin at 5:00 pm by Lake Latimer. We will then adjourn to the Lobby and Dining Room for a reception featuring music by Violinist Ariel Subbers.

Sep 12 & 26: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for September is Food & Drink. However, Trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Sep 13: Travelers: Germantown Festival

Join us for the 53rd Annual Germantown Festival. A Festival of Arts and crafts, children's activities, rides and games, live stage entertainment, car exhibits, community displays, the Running of the Weenies Dachshund race and festival foods for all tastes. Lobby time is 12:30 pm. Transportation fee is \$5. Don't forget your lunch money.

Sep 13: Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sander-son. We will begin at 4:00 pm.

Sep 14: Poetry & Writing Club

The Poetry & Creative Writing Club meets on the 2nd Monday of September at 9:30 am in the A&C Studio. This month's prompt "Write about someone who inspires you." Be sure to check our stories in the Pinecone. They are sure to entertain & get your creativity flowing.

Sep 15: Mike Ellicott: 9/11

Ordinary Americans on an Extraordinary Day. On September 11, 2001, Al Qaeda terrorists hijacked four commercial airliners, turning them into weapons. A total of 2,977 citizens from 85 countries lost their lives in the attacks on New York's World Trade Center and the Pentagon, and in a field near Shanksville, PA. Thousands of other ordinary Americans demonstrated extraordinary courage and resourcefulness on that day. Join us in the PAC on September 15th, at 3:00 pm, to hear their story.

Sep 16 & 17: Flu Shots

The Rx Shoppe will be returning to administer Flu & Pneumococcal Vaccines to our Independent Living Residents. Shots will be available in the Large Card Room from 9:00 am – 4:00 pm on Wednesday, September 16th, & 9:00 am – 12:00 pm on Thursday, September 17th. No appointment is necessary. Be certain to bring ALL of your insurance cards when you arrive for your vaccination(s). For more information, contact The Wellness Center at 901.369.7309.

Sep 16: Caregiver Support

Are you caring for a loved one? Our support group meets on the 3rd Wednesday of every month in the Ante Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving can be very challenging. Come be a part of our group.

Sep 17: Travelers: Coach Kim's Studio

Join the Travelers to Coach Kim's new studio. Of course, Kim will be there to show everyone around & will be joining us after for lunch at Tavern 018. Coach Kim has made her very own T-shirts for all of us attending this outing with her. Lobby time will be at 11:30 am. Sign up in Resident Programs. Tickets are \$15 (Tickets include a short interactive demonstration with Kim & the price for the T-shirt). Transportation fee is \$5. Don't forget your lunch money!

Sep 18: Art Opening

Join us in the PAC at 2:00 pm to hear from our local artists here at Kirby, see their new work. Refreshments will be served throughout. We hope to see you there!

Sep 18: Music: Rob Haynes

Join us in the PAC for the one & only Rob Haynes. With a style like none other, come listen & enjoy this wonderful performance. Music begins at 6:00 pm in the PAC. This is a crowd favorite that you don't want to miss!

Sep 20: Birthday Day

Attention birthday folks! We want to celebrate YOU with a very special day in the dining room! Whether you are celebrating your birthday, joining friends or plan on dining at your usual table, we invite you to dress up & enjoy. For those celebrating a birthday, be sure to RSVP with Kayla Holland by returning your personalized invitation you received. For everyone else, make sure you fill out an RSVP form that can be found at the front desk.

Sep 21: Tech Time

Bring your phones, tablets, laptop, whatever issue you have he will be glad to help. Allen Childress will be coming the 3rd Monday of August at 10:30 am in the Sunroom.

Sep 22: Book Baggers

One of our own professional musicians, Dr Jim Gholson, will be giving us an inside view of the world of a rising musician as told in "The Violin Conspiracy" by Brendan Slocumb. You won't want to miss this discussion or this opportunity to get to know one of our newer neighbors. Invite a friend to join you on Tuesday, September 22nd in the chapel. We begin promptly at 9:30 am. Let's gather to hear what our new neighbor has to say about this new novel and his career as a musician.

Sep 22: Lunch Bunch: Magnolia & May

The Lunch Bunch is going to Magnolia & May. Family-Owned Restaurant in the Heart of East Memphis with a wonderful menu. The transportation fee is \$5. Lobby time is at 10:45 am. Don't forget your lunch money!

Sep 22: Girls' Night Out

Come join the "girls" for an evening of popcorn & a great movie, "Baby Boom". It is sure to be a fun night for everyone. Showtime is at 6:15 pm. Don't be late!

Sep 23: Travelers: Swingtime Explosion

Join the Travelers for the return of, Swingtime Explosion Big Band to the Concert Series at Kroc Center Memphis! Swingtime Explosion Big Band is a 17-piece big band filled with Memphis musicians. Including 5 saxophones, 4 trombones, 4 trumpets and a 4-piece rhythm section. Swingtime Explosion treats audiences to Swing, Jazz, Rock, Pop, Latin, and Blues - while including a wide variety of vocal arrangements featuring local performers. Their big band energy will have you wanting to kick up your heels and dance along in the aisles - which we highly encourage! Tickets are \$7. The transportation fee is \$5. Lobby time is at 12:30 pm.

Sep 25: Ham-ateurs

Join the Ham-ateurs as they attempt to entertain you with new material, hilarious skits, comedic monologues, fun songs, & maybe a few of your old favorites. This is a performance you don't want to miss. Show begins at 6:30 pm in the PAC!

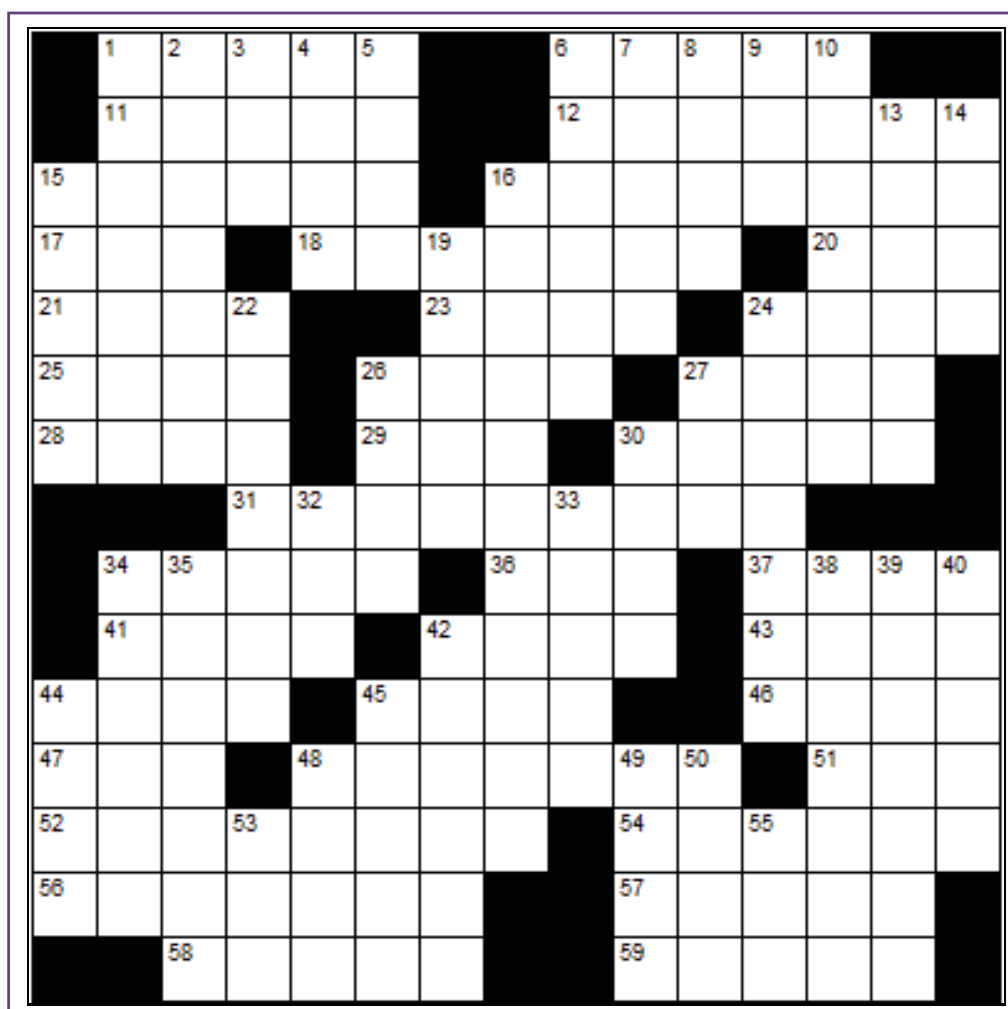
PUZZLE CHALLENGE | Giant Crossword

ACROSS

1. Perpendicular to the keel
6. Greens with dressing
11. Contrariwise
12. Conceit
15. Early web browser
16. Shopping mecca
17. Play a role
18. Spray can
20. 5 plus 5
21. Acquire
23. Affirm
24. Telegram
25. Inactive
26. Biblical garden
27. Jetty
28. Soft drink
29. What we breathe
30. Genus of goats
31. Conciliate
34. A rustling sound
36. Thick flat pad
37. Not closed
41. Cans
42. Greek district
43. Celestial bear
44. Town
45. Ruination
46. Kiddies
47. Type of primate
48. Shook up
51. Not thin
52. Flapjacks
54. Second-in-command
56. Fitness guru
57. Entertain
58. Couples
59. Particles

DOWN

1. Popular salad ingredient
(see photo for hint)
2. "Hush!"
3. Chapter in history
4. Largest continent
5. Riot spray
6. Time of the year



7. Luminous
8. Lounge around
9. Consumed
10. Filthier
13. Mountain chain
14. Head of hair
15. Wizardry
16. Administrations
19. Audio communication device
22. Approaching
24. Surfboard mishap
26. Apiece
27. Buddy
30. Give as an example
32. S
33. Humped animal
34. Daze
35. Eavesdrop
38. Abundant
39. Lands and wealth
40. Spiteful
42. Anagram of "Stared"
44. Thai currency

45. He makes bread
48. Hindu princess
49. Type of cheese
50. Audition tape
53. US spy agency
55. Lay



Puzzle Solution - page 22

PICTURING LIFE AT KIRBY PINES

TRAVEL, ICE CREAM & RECIPE WEDNESDAY



The Travelers headed to Halls, Tennessee for two trips in one. The ladies; Bonnie Eyman, Marianne Schadrack and Pat Simmons did some shopping at Charlene's. The men; Hugh Wilson and Lee Todd checked out the Veteran's Museum - Photo by Stuart Eyman.

Marty Kocman caught quite the fish on his visit to Arkansas.



I Scream, You Scream, We All Scream for Ice Cream!
Resident Programs held an Ice Cream Social outside the Bistro to beat the heat.
Pictured L-R; Peggy Hogan, Anne & Graeme Gee, Phyllis Petersen, Jane Longfield and Katy Dorsey.



Recipe Wednesday was back this month featuring recipes submitted by our residents. Pictured L-R; Sandra Overbey with some peanut butter pie, Fred Dabrowski grabs some creamy shrimp chowder, Jeannie Valentine gave her recipe for corn souffle and Phyllis Mitchell sampled a few of the selections to her enjoyment.

PICTURING LIFE AT KIRBY PINES

ACTIVITY EXPO, WATERMELON & BIRTHDAYS



There are so many groups and activities available at Kirby Pines, what better way to show them off than with an expo! Lynn Allison was in charge of the movie/music table - Photo by Arrena Cheek, Carolyn Hladky represented the Book Baggers - Photo by Mary Ann Thurmond and the Fiber Artists; Beverly Colditz, Suzanne Hufnagel and Sylvia Statham - Photo by Arrena Cheek.



August is the perfect time to enjoy some ice cold watermelon! The photos on the left are Mike Hufnagel and Mary Lou & Jim Shannon at the Garden Gro'ers Party - Photos by Mary Ann Thurmond. The photos on the right were taken at the annual Seed Spitting Contest. Cheryl Wood and Maury Phillips were our ladies and mens champs. Meanwhile Larry Weatherington enjoys a slice in the shade.



Birthday Brunch is getting more popular each month. Celebrating L-R; Maxie Dunnam with his wife, Jerry, Roy Thurmond looking dapper for his 90th, with wife, Mary Ann, new resident Stephanie Harrover, with friends, Sharon Sharrow, Marilyn Garziona, Sue Binnie, Barbara Frantz and Jeanne Griffis, and Louise South won the Elvis Scavenger Hunt.

PICTURING LIFE AT KIRBY PINES

ELVIS, SOCK HOP AND BEST WISHES BOUTIQUE



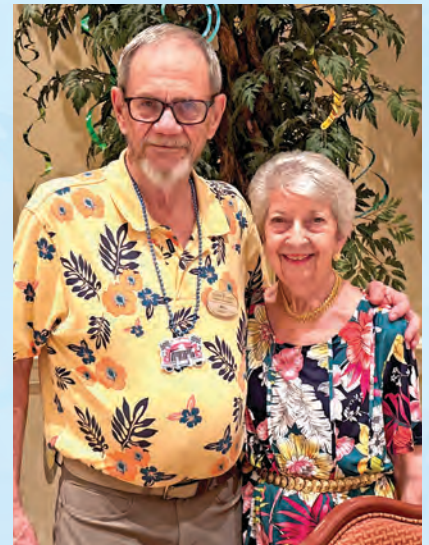
Laura Leuenberger enjoys her birthday with good friend, Cheryl Johnson, her mom, Betty Terry and husband, Ernie.



Marcia Fraley holds a photo from last year when "Elvis" performed. Photo by Mary Ann Thurmond.



Nancy Wark, Janet Stephens and Stephanie Harrover share a glass at the Kirby Sock Hop.



A good time was had by all at the Sock Hop. Pictured L-R; Diane Mullins and Hugh Wilson looking the part, soon to be new residents Betty & John Weiman, friends Ruth Wigg and Shelvy Mayhew, Bill Hemphill and Marian Gray.



Our Best Wishes Boutique brought the shopping right to our door at Kirby Pines. Pictured L-R; Marsha Greiner, Marilyn Wray, Bonnie Nowlin and Genenne Wilson. Looks like some good finds were on hand.

KIRBY PINES PHOTO CLUB

Come Join Us Tuesday, September 8th at 3:00 pm in the Ante Room

The assignment for August was “Anything Goes” here is a sample.



Photo by Hugh Wilson



Photo by Sharon Sharrow



Photo by Arrena Cheek



Photo by Carolin Thomason



Photo by Jane Longfield



Photo by Sylvia Statham



Photo by Connie Carter



Photo by Sheryl Maxwell

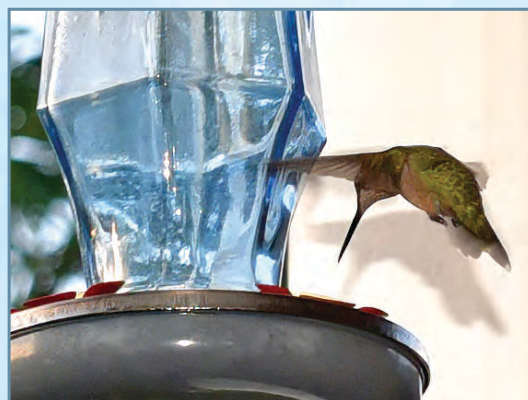


Photo by Stuart Eyman



Photo by Sydney Wagner



Photo by Mary Ann Thurmond



Photo by Fred Dabrowski

GIANT CROSSWORD

Y T O T H E W O R

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A R T R E F L I

G O T O R I L M

ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

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Donation by Sydney Wagner
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BILL RAMIA

Donation by KP Resident Association
to the Painters & Fiber Artists

Donation by Sydney Wagner
to the Book Baggers

JOAN ADAIR

Donation by KP Resident Association
to the Painters & Fiber Artists

Donation by Sydney Wagner
to the Book Baggers

BETTY GRAY

Donation by Sydney Wagner
to the Book Baggers

In Honor Of

MIKE HUFNAGEL

Donation by Arrena & Richard Cheek
to the Employee Fund

MARK MAXWELL

Donation by Fritz Crombie
to the Hobby Shop

AGE APPROPRIATE INVESTING

Purpose Before Products: A Smarter Way to Invest

“Is this a good investment for my portfolio?”

It is one of the most common questions investors ask—and the answer begins with questions of our own.

What is this money intended to accomplish? When will it be needed? How much risk is appropriate? What tax considerations should influence the strategy?

At Your Family Matters Investment Advisors, we believe every dollar should have a purpose. That is why we do not begin by selecting a stock, fund, annuity, or other financial product. We begin by understanding you.

Your Goals Define the Strategy

Consider an accomplished couple entering retirement with substantial savings. Some assets may be needed to generate dependable income. Others may be reserved for healthcare expenses, future opportunities, charitable giving, or the next generation.

Although the money belongs to the same family, each portion has a different purpose—and may require a different strategy.

The same principle applies when certificates of deposit mature and renewal rates decline. The question is not simply, “Where can I earn more?” A better question is, “What must this money do, and how much liquidity and risk can I accept?”

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Advice Built Around Your Financial Life

Your Family Matters Investment Advisors helps individuals and families coordinate their investments with their retirement-income needs, tax considerations, estate-planning objectives, risk tolerance, and legacy goals.

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For high-net-worth investors, this coordinated approach is especially important. Greater wealth often brings greater complexity—and investment decisions should work together rather than exist as a collection of unrelated accounts and products.

Your portfolio should reflect more than your age. It should reflect your purpose, priorities, and vision for the future.

Let's begin with a conversation about what your money needs to accomplish.

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Call: (901) 563-7999

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Resident Kathy Smith will honor her mother, Floy Johnson, at this year's annual Lighting of the Lake.

Floy moved to Kirby Pines in 1984 and lived in Independent Living, Assisted Living, and eventually Job's Way, where she passed away in 2005.

In 2025, Kathy and her husband, Harry, moved to Kirby Pines, continuing their family's special connection to the community.



Kirby Pines
LifeCare Community



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