

the PINECONE

The Magazine of Kirby Pines LifeCare Community • January 2026 | V. 44 | I.1



*Fast friends,
**CHERYL WOOD &
GERRY BECKLEY**
ring in the New Year
together at Kirby Pines.*

Make Movement Your Mission | Mindfulness | Being & Living in Christ | Resident Spotlight: Mark & Sheryl Maxwell

Welcoming Our New Health Care Team

Happy New Year Everyone!! What a terrific conclusion to 2025. I promise you 2026 will be bigger and better than ever! I like the term “transformational.” It fits what I have in store. To accomplish our lofty aspirations, we have to have the right Leadership Team. Today, I want to introduce our newest Leaders of The Health Care Center.

Brooke Nelson joined us on December 1, 2025, as our new Director of Nursing. Brooke replaced Rhonda Nelson who spent the last 10 years as our Director of Nursing. Brooke graduated from University of Memphis with a Bachelor of Science from the School of Nursing.

Brooke’s career path started at Le Bonheur Children’s Hospital as a Nurse Manager, then to St. Francis as a Clinical Nurse manager. Brooke was Supervisor of Case management at Baptist Rehabilitation Hospital. Finding her passion for seniors, Brooke accepted the role of Director of Nursing at Brookdale Senior Living in Germantown. Brooke was subsequently promoted as she demonstrated exceptional leadership and teaching skills. She was then promoted to multi-facility responsibility across Tennessee. Most Recently, Brooke was with Ciel Senior Living, overseeing clinical operations in Tennessee, Illinois, Wisconsin, Florida, New Jersey, Washington, and Oregon.

We are truly grateful to have her clinical knowledge and expertise for the Team!

With Anna Bradford’s departure after 19 ½ years, we had very big shoes to fill! Well folks, we have just the right person to fill those shoes!

at Kirby Pines

Deniece Caldwell joined our team December 10, 2025. Deniece (yes, spelled correctly) received her Bachelor’s Degree in Organizational Management and Leadership from Bethal University and her MBA from Union University. Deniece began her career with Harber Laman, then Dyersburg Nursing and Rehabilitation, Charter Senior Living, then Humboldt Eldercare Services. Deniece has a strong reputation within the state of Tennessee Department of Health. In fact, Deniece is the first employee that came with a recommendation from one of our state surveyors. The surveyor sent Deniece to us saying “She is the only administrator that I know in Tennessee that has the knowledge and the energy to take what Anna has built and take it to the next level. “Need I say more?”

Please join me in welcoming Deniece and Brooke to our Kirby Team!

See you around campus!!



Michael J. Brown, Jr.
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Celebrating the New Year at Kirby Pines!

We have wrapped up another year at Kirby Pines, full of good times and laughter, love loss and sorrow, friendships and changes. It’s wonderful to look back at everything that has transpired in 2025 with all of our amazing activities, fabulous new residents, incredible programs, meaningful celebrations and so many new relationships.

Speaking of new relationships, our front cover features residents and best friends, Cheryl Wood and Gerry Beckley, fondly known throughout the community as "Salt and Pepper". In February of 2025, Gerry had been living at Kirby for eight months when she ran into Cheryl, who had just moved in. They started to chat, Cheryl asked Gerry if she was hungry and the new pals went out to eat. The rest is history. They simply make each other laugh and share a friendship that is like so many at Kirby Pines - Special.

Our back cover highlights another group of great friends, the Kirby Pines Billiard Club. Members, Richard Cheek, Roy Thurmond, Jim Gordon, Jim Stanley and Peter Jones, pictured below, have been playing together since 2020. On December 17th, they played their 20,000 game. What a major accomplishment! Congratulations and here's to many more in the New Year!



The Kirby Pines Billiard Club



Retirement Companies of America

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Get to know Kirby Pines'

NEW RESIDENTS



Jim Gholson

Jim or Dr. G as he was titled at The University of Memphis moved recently from his previous home near the U of M where he taught the clarinet in the music department for 40 years.

Born in Norfolk, Virginia, the son of educators, he grew up on the eastern coast of the U.S. with 2 sisters. He is very proud of his son Christopher (Drummer Boy) and his grandson, Omari.

Jim graduated from Michigan State University then earned his Masters and Doctoral Degree from The Catholic University of America in Washington D.C.

A U.S. Navy Veteran, Jim earned an E-1 Rank in the Navy Band.

Christmas, especially the music, is Jim's favorite holiday and he moved here just in time for our many musical programs and beautiful decor.

An interesting childhood memory of Jim's is his first clarinet lessons. He studied with a teacher from the Marine band and the service bands played outdoor concerts at Watergate in D.C. on a barge, a tradition started by Lincoln.

Traveling with the Navy Band provided many opportunities for Jim to see the U.S.A. He also traveled to South Africa, 5 trips to Italy (loves Italian food), 3 visits to Paris, Japan and many trips to New York to visit his grandmother.

Don't miss getting to know Jim, his friends describe him as creative, outgoing and friendly. His many interests and talents will be an asset to our community. We are so glad Jim chose Kirby Pines for this chapter in his life. Welcome Jim!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Ron & Martha McDonald

Ron and Martha moved to Kirby Pines recently from their previous home in Memphis. Married for 58 years, they have two children and four grandchildren.

Ron graduated from The University of Louisville and had a career in transportation and marketing. He retired from Cornerstone Systems after 54 years as senior vice president. Martha graduated from The University of Kentucky and worked as a master tax advisor with H&R Block for 53 years.

A veteran of the United States Air Force, Ron served as an overseas communication monitor as a Staff Sergeant.

A model train collector and a gardening enthusiast, Ron will easily find new friends at Kirby. Martha enjoys sewing, crocheting, and singing in a choir. Other than these interests she has been a doll collector so she will be good fit for several of our resident programs.

When asked where they had traveled, Ron's answer was everywhere, but together, their favorite trip was a tour of England, Scotland and Wales.

To stay active, Ron and Martha are regular gym participants. With their interests these newcomers will make new friends. They will soon find the Oasis is a good place to visit and exercise these winter months.

Get to know Ron and Martha and make them feel right at home. We want them to enjoy their previous hobbies and interests and maybe add one or two. Welcome Ron and Martha, enjoy your new home and Kirby Pines family!



MAKE MOVEMENT YOUR MISSION: Why You Should Choose Exercise as a New Year's Resolution

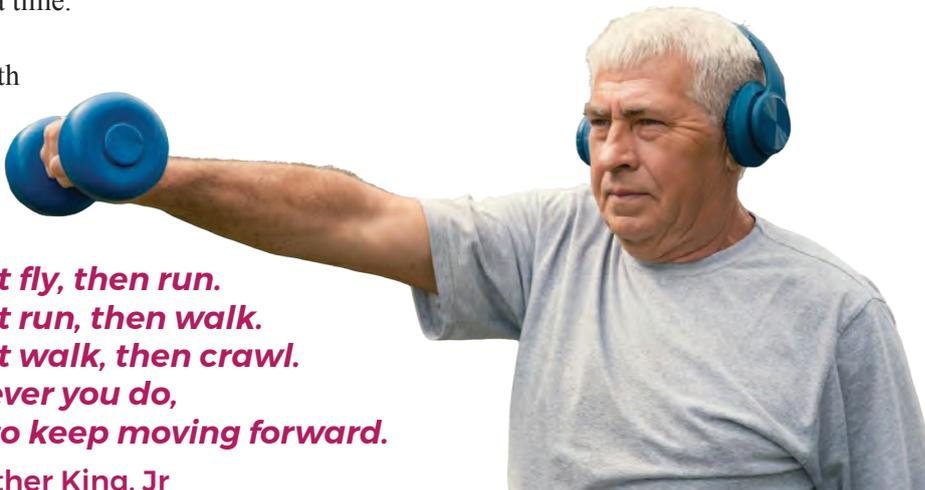
As the New Year begins, it brings a fresh opportunity to prioritize health, happiness, and independence. For seniors, one of the most powerful resolutions isn't about restriction or reinvention—it's simply about movement. Regular physical activity can transform quality of life, offering benefits that reach far beyond physical strength.

Exercise helps improve balance, flexibility and mobility, reducing the risk of falls and injuries. It can ease joint pain, support heart health and boost energy levels. Just as importantly, staying active enhances mental well-being by lowering stress, improving sleep and strengthening cognitive function. Even low-impact activities like walking, chair exercises, stretching or water aerobics can create meaningful change.

Starting small is key. A few minutes a day can build into a routine that feels both enjoyable and sustainable. Choosing activities that fit personal ability and comfort makes the journey smoother—and often more fun. Group classes or walking clubs can also add a valuable social element, helping seniors feel motivated and connected.

This New Year, let exercise be a commitment to longevity and joy. With every step, stretch and smile, seniors can embrace a stronger, more vibrant version of themselves—one movement at a time.

Let's move with
Coach Kim!



***If you can't fly, then run.
If you can't run, then walk.
If you can't walk, then crawl.
But whatever you do,
you have to keep moving forward.***

- Martin Luther King, Jr



Weekly Fitness Classes

Get Physical with Kim

8:00 am | Mon & Fri | Oasis
9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts

9:30 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led

9:30 am | Wed & Fri | Pool

Men's Water Aerobics Resident Led

8:30 am | Tue & Thu | Pool

Group Exercise Resident Led

9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim

10:30 am | Monday | PAC/Live TV
11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim

Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim

Friday Only
10:45 am | PAC/Live TV

Cardio Move & Strength with Kim

10:30 am | Tue & Thu | PAC/Live TV





"It's not what
you look at
that matters,
it's what you see."

HENRY DAVID
THOREAU

BRR | BROAD
RIVER
REHAB

Mindfulness: an active awareness of the present moment, acknowledging feeling, thoughts, and body sensations. Mindful activities can improve brain health, reduce anxiety, and improve overall wellbeing. Mindfulness has 3 elements intention, attention, and attitude.

Mindful Walking

Use all your senses to provide you information when walking. When we are able to slow our movements and become more aware of our environment we can reduce the likelihood of falls and injury.

What are you seeing as you walk. This could be uneven surface, bumps, thresholds, various items that have fallen or been dropped on the ground. Being aware of your surroundings can prevent slips, trips, and falls.

What do you hear when walking. Other people, machine equipment, animals, cars, etc. Often time sudden movements in our pathway may startle us and cause us to lose our balance, being aware of various sounds can help you prepare for incoming movements needed to stay safe.

What do you smell when you are walking. Is something burning, are fresh cookies being made, can you

smell a rainstorm starting. Using our sense of smell can alert us to dangers when walking or lead us to a place where activities are being done at.

What do you feel when walking. Does your balance feel like its not the same, do you feel lightheaded or dizzy when you are walking, when you step can you feel your foot making contact with the ground. What you feel when walking, moving or changing position is called proprioception. This occurs when are sensory and motor neurons in the muscle, joints, and tendons are activated and provide as information on our movement. If our sensory system does not match the motor demands, we are at higher risk for falls.

Role of Therapy

Vision – occupational therapists can provide environmental modifications to help with low vision and reduce falls and help to retrain your eye movements to enhance your visual scanning abilities.

Proprioception – physical and occupational therapists can provide retraining of your sensory and motor systems to enhance your ability to stabilize and move within your environment.



THE BEST PLACE FOR FUN, FOOD & FRIENDS!

**Happy Hour
every Friday at 3pm**

Ice Cream Socials

**Daily Breakfast and
Lunch Specials**

Check your Email
each day or the
Bistro Sandwich Board
for all the latest
deals and events!

HOURS:

**Monday - Saturday:
7am - 5pm**

**Sunday:
7am - 10am**

Make sure you get a
Punch Card in the Bistro.
Purchase 6 Meals
and the 7th is FREE!





Resident Spotlight: Mark & Sheryl Maxwell

DESTINED FOR SUCCESS

Achieving a successful life requires motivation and commitment. Mark and Sheryl Maxwell define success as they have navigated through life's obstacles; yet, they have maintained a loving relationship, achieved their employment goals, reared three successful sons and sustained a strong faith in God.

Perhaps, Mark and Sheryl were destined for each other? Maybe, it has something to do with the fact that both had difficulty in establishing that they were born! The doctor who delivered Mark failed to file a birth certificate. When Mark was 16, his mother corrected that error by going to court and declaring, "I was present at his birth." Sheryl's misspelled name on her birth certificate and poor erasure with correction has always caused questions. We, at Kirby Pines, know that both Mark and Sheryl are real because of the invaluable contributions they have made during the ten years they have lived here. Who could forget them as "Ma and Pa Kettle" in the 'Ham-Ateurs' productions or Mark's beautiful woodwork items?

Both Mark and Sheryl are natives of Colorado. Mark was born in the small, mining town of Nucla. His family moved frequently but eventually settled in Durango; Mark graduated from high school in 1959. Sheryl Anne Demarcus was born in Denver and remained there until graduation from high school in 1961.

Mark and Sheryl had what could be described as normal childhoods. Sheryl showed an early talent for music, learning to play the piano at four years old and the violin at eight. She became Concert Master or first violinist in several orchestras. Her accomplishments at an early age and a love for mathematics were precursors for her future life. Because of her academic prowess, she was placed in advanced classes in high school—even calculus! She graduated seventh out of a class of 700 students.

For college, Mark chose a community college while also working part-time in an oil exploration company. Sheryl received a scholarship to Colorado State College. She planned to teach and chose a major in mathematics with a minor in physics. Mark enrolled there following community college, choosing a major in physics with a minor in mathematics. They met, of course, in a calculus class! Mark always managed to sit close to Sheryl. Before class started, he would grab her homework to check his. "It was actually kind of a fun time for us," recalls Sheryl. They began to date when Mark was challenged to find a date for himself and his friend within 15 minutes. He called Sheryl, who then talked her roommate into agreeing to go out on a double date. So, Mark won the bet and secured

a permanent relationship with Sheryl. They dated for three years, postponing marriage until graduation. Mark graduated a year ahead of Sheryl, and used a scholarship to enroll in the University of Wyoming. Following her graduation, Sheryl received a scholarship to Harvard graduate school but gave it up to be with Mark. True Love! They were married in August 1965 and remained in Denver.

After their marriage, Sheryl began teaching, and Mark returned to school to become eligible to teach. After a year, Mark was notified that he was eligible to be drafted. On an appeal, Mark was given a one year extension to teach. Then, Mark volunteered and was accepted by the U.S. Air Force as a candidate for officer's training. Upon completion in 1966, he was sent to Texas A&M to study meteorology. Being in the military meant various assignments. Mark was sent to Vietnam as a Weather Officer, serving with the 101st Airborne Division. Following Vietnam, the family moved to Omaha, Nebraska. Mark attended night classes at The University of Nebraska earning an M.Ed. in Management. Later, he became the Commander of the Weather Detachment at Grissom AFB, Indiana. Mark served for 23 years in the Air Force, retiring as a Meteorologist with the rank of Lt. Colonel.

During Mark's military moves, Sheryl found teaching positions, teaching multiple types of mathematic courses. She put her career on hold with the birth of the first of their three sons in 1969. At all locations, she was involved with the children's educational activities as well as holding a variety of laity positions in the United Methodist Church which they attended. Both Sheryl and Mark facilitated several small group, 12 week Methodist courses. While Mark was stationed in Germany, Sheryl taught the enlisted personnel, and the family traveled on elongated week-ends to many European countries. This travel, combined with having visited every state in the U.S., was an opportunity few people have experienced.

In 1986, when Mark was transferred to Langley AFB, Virginia, Sheryl taught in a university setting, including William and Mary, teaching calculus classes of 150 students! After Mark retired from the military in 1990, and their sons were in college or high school, Sheryl made the decision to return to school, earning a PhD in Mathematics from the University of Virginia in 1994.



Rehearsal Dinner 1965

Following graduation, the family moved to Memphis where Sheryl began teaching in the College of Education, University of Memphis. Defeating a diagnosis of ovarian cancer, she continued to teach, write articles and grants and became tenured. Mark worked temporarily in real estate and various church activities.

Mark and Sheryl confirmed their love for each other with a recommitment ceremony and reception in 2015 at their church. Their sons were Mark's attendants; their wives and a sister-in-law were Sheryl's. In 2016, the Maxwells moved to Kirby Pines, bringing their talents and a willingness to share with others.

Written by Joan Dodson, Resident of Kirby Pines

Welcome to a New Year!

That means the opportunity for a fresh start is here. In 2026, set a goal that focuses on bettering your overall health, both physically and mentally. Here are a few New Year's Resolutions for you to consider:

1. Exercise for 10 minutes every day

Staying physically active is key to healthy aging. That doesn't mean you have to spend all of your free time exercising, but you should certainly dedicate a portion of your day to fitness. If you're just getting started, Harvard Health Publications recommended committing 10 minutes of your day to exercise, with a gradual increase as it becomes a habit. Eventually, you should be able to dedicate the recommended amount of 150 minutes of aerobic activity per week.

2. Explore new volunteer opportunities

Volunteering is a great way to give back to the community, but it also benefits your own health. According to Helpguide, it provides a sense of accomplishment, increases self confidence and brings fulfillment to life. It also connects you with like-minded individuals, which is great for your mental well-being.

3. Revive an old friendship

It's not always easy remaining close to friends who don't live right down the street. But there are dozens of resources you can use to rekindle old friendships. Make a telephone call, send an email or reach out to one of your childhood buddies via Facebook or another social media platform. Make it your goal to keep in touch and possibly schedule a get-together in the near future.

4. Spend more time with the grandkids

Most older adults can agree that there is nothing quite as special as spending time with the grandchildren. But you shouldn't only meet

up for special occasions. Staying connected with your grandkids on a regular basis will strengthen the bond between you and keep the entire family closer together.

5. Make healthier dessert decisions

It's easy to reach for that sugary treat after dinner. But consuming those not-so-healthy choices every night may eventually lead to weight gain, high blood pressure and other chronic issues. Make 2026 your year to fall off the path that leads to unhealthy desserts and jump on one that drives you to make smarter choices. Fruits and dark chocolate make excellent natural alternatives if you need to satisfy a sweet craving.

6. Revisit an old pastime

When was the last time you spent time enjoying that favorite hobby of yours? At some point in the new year, consider breaking out the old needle and yarn, fishing rod, or bottle cap collection you used to be so passionate about.

7. Challenge your brain regularly

You know that physical activity is important, but giving your brain a "workout" is just as crucial. Challenging your brain regularly keeps your cognitive skills sharp and reduces your chance of experiencing memory loss. This year, make time to play games that'll force your mind to work in overdrive.

8. Be conscious about your overall health

Your body is always changing, so make it a priority to keep up with your health. Visit the doctor annually, if not more, to be proactive about your overall well-being. And take the advice and guidance he or she gives during your visit. Those tips will help you have a happy and healthy year.

Congratulations to our **CHAMPION of the Month**

Maintenance Tech

JOSE LUNA

Describe Your Family: My family are always united and have a positive outlook on life.

Describe yourself in five words: Dedication, sacrifice, humble, hardworking, team player.

What is your favorite thing about your job: Being able to help others.

Do you have any hobbies: Grilling and dancing.

Do you have any pets: 5 cats; Savannah, Bear, Patches, Sully and Jada.

Favorite food: Steak. **Favorite song:** Volver, Volver by Vicente Fernandez.

What is something you are proud of: My family.

What would you like people to know about you: I'm very supportive and can be counted on.



Jose is an outstanding employee who exceeds all expectations no matter what day or what time. He has perfect attendance, a kind nature and is extremely dedicated to Kirby Pines. Jose is a shining example of someone who goes above and beyond the call of duty every day. We can all learn from his kindness and commitment to giving his all.

- Chuck Neeley, Director of Maintenance

REFLECTIONS

By Maxie Dunnam

Poetry & Writing Club

As you received
Christ Jesus the Lord,
so walk in him.

COLOSSIANS 2:6-7



BEING AND LIVING IN CHRIST

Christians and scholars of the Apostle, Paul's thought are agreed that the phrase "In Christ" is the central category of Paul's thinking.

In Colossians 2:6, Paul said, "As you have therefore received Christ Jesus the Lord, so live in Him." The King James Version has that, "As ye have therefore received Christ Jesus the Lord, so walk ye in Him."

To be a believer is the identifying fact of one's being a Christian. But the primary aspect of our total existence as Christians is to be in Christ, his body in the world.

Being in Christ is more than just another way of talking about the Christian experience; it is the definitive word. To be in Christ is to have our status in the very life of God. It is to live a God-centered existence.

We can be in the church the way we normally perceive that without being in Christ. People who are in Christ - and in the church in the truest sense of the word - are people who organize and determine all their attitudes and actions from their new center - Jesus Christ.

As we walk into this new year may our walking powerfully reflect our **being in Christ**.

January Vesper Services
6:30pm | Performing Arts Center

January 1: No Vespers
HAPPY NEW YEAR TO ALL!

January 8: Rev Gus Schroeder
Central Church, Collierville

January 15: Rev Dave Phillips
Germantown Church of Christ

January 22: Rev Tommy Vinson
Tommy Vinson Ministries

January 29: Ronnie Stevens
Lay Speaker, Harvest Church



Marilyn McCormick

TOPIC:

Write a poem or story about
An Interrupted Vacation
Story by Marilyn McCormick

JOIN THE CLUB
January 5th at
9:30 am in the LCR

AN INTERRUPTED VACATION

In 2001 my husband Jack and I went to Hawaii with eight other couples. All went well until we got to San Francisco where we were to change planes and continue to Honolulu. After a reasonable wait in San Francisco, we loaded up to continue to Honolulu. We had left the gate and were sitting on the runway when the pilot announced we were returning to the gate. Another pilot who was leaving just before us had spotted smoke coming from one of our engines.

We were really glad that we were not about to crash into the Pacific Ocean, so we settled down to see what was next. The airport was extremely cold and nobody brought anything warm to wear since we were going to the tropics. Some of the women bought very expensive sweatshirts to get warm. The airline did provide us with food vouchers.

Nine hours later we headed out again. We had lost a full day of our vacation in that frigid airport. When we finally arrived in Honolulu, it was the middle of the night. There were no pretty girls placing leis on travelers.

We found transportation to our hotel. By that time it was about 4:00 in the morning. A bus was to pick us up at 7:00 for an excursion to Pearl Harbor.

Most of the rest of our trip was great. We did have a second problem when our plane from Maui to Honolulu was very late. We had to literally run through the Honolulu airport to get the last seats on the plane to the mainland.

One good thing did happen. Because of the nine hour layover as we were headed to Hawaii and we lost a day of our vacation, each of us received a voucher for a free future trip. The wait was so long because the airline had a plane full of unhappy passengers and no available plane or crew. They had to call in a crew and a plane from Minneapolis. Then they had to fly to San Francisco where we were waiting. That is why we lost a full day of our trip.

One of those couples went with Jack and me the next year to Washington D.C. where we toured historical places from Richmond to Gettysburg along with Washington itself.

Returning to Memphis, that trip was overbooked so we gave up our seats. We were getting to be old hands at waiting.

Those free tickets got us to California the next year with the same friends. The exhausting wait in San Francisco proved to be worth it.

MEET ME AT



SATURDAY NIGHT FEVER (1977)

Friday, January 2 | 1:30 pm

Saturday, January 3 | 6:30 pm

Sunday, January 4 | 6:30 pm

Cast: John Travolta, Karen Lynn Gorney

Anxious about his future after high school, a 19-year-old Italian-American from Brooklyn tries to escape the harsh reality of his bleak family life by dominating the dance floor at the local disco.



THE MEMPHIS BELLE (1990)

Saturday, January 3 | 1:30 pm

Cast: Mathew Modine, Eric Stoltz

In 1943, the crew of a B-17 based in the UK prepares for its 25th and final bombing mission over Germany before returning home to the USA.

MY SPY (2020)

Sunday, January 4 | 1:30 pm & 4:00 pm

Cast: Dave Bautista, Chloe Coleman

A hardened CIA operative finds himself at the mercy of a precocious 9-year-old girl, having been sent undercover to surveil her family.

CLOSE ENCOUNTERS OF THE THIRD KIND (1977)

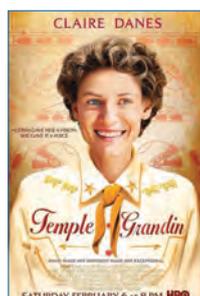
Tuesday, January 6 | 1:30 pm

Cast: Richard Dreyfuss, Teri Garr

An Indiana electric lineman finds his quiet and ordinary daily life turned upside down after a close encounter with a UFO, spurring him to an obsessed cross-country quest for answers as a momentous event approaches.

THE FIRM (1993)

Wednesday, January 7 | 1:30 pm & 6:30 pm



Cast: Tom Cruise, Gene Hackman

A law school graduate uncovers a sinister secret about the Memphis firm that made him an offer he couldn't refuse.

MONTY PYTHON & THE HOLY GRAIL (1975)

Friday, January 9 | 1:30 pm

Saturday, January 10 | 6:30 pm

Sunday, January 11 | 6:30 pm

Cast: Graham Chapman, John Cleese, Eric Idle

King Arthur and his Knights of the Round Table embark on a surreal, low-budget search for the Holy Grail, encountering many, very silly obstacles.

IN GOOD COMPANY (2004)

Saturday, January 10 | 1:30 pm

Cast: Dennis Quaid, Topher Grace

A middle-aged ad exec is faced with a new boss who's nearly half his age... and who also happens to be sleeping with his daughter.

42: THE JACKIE ROBINSON STORY (2013)

Sunday, January 11 | 1:30 pm & 4:00 pm

Cast: Chadwick Boseman, Harrison Ford

In 1947, Jackie Robinson becomes the first African-American to play in Major League Baseball in the modern era when he was signed by the Brooklyn Dodgers and faces considerable racism in the process.

MOUSEHUNT (1997)

Tuesday, January 13 | 1:30 pm

Cast: Nathan Lane, Lee Evans, Vickie Lewis

Two stumblebum inheritors are determined to rid their antique house of a mouse who is equally determined to stay where he is.

TEMPLE GRANDIN (2010)

Wednesday, January 14 | 1:30 pm & 6:30 pm

Cast: Claire Danes, Julia Ormond

A biopic of Temple Grandin, an autistic woman who has become one of the top scientists in the humane livestock handling industry.

GENTLEMEN PREFER BLONDES (1953)

Friday, January 16 | 1:30 pm

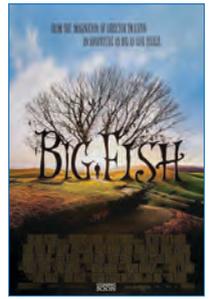
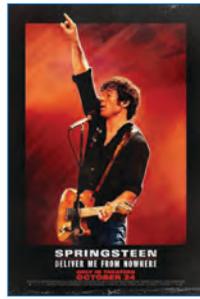
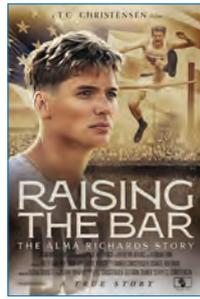
Saturday, January 17 | 6:30 pm

Sunday, January 18 | 6:30 pm

Cast: Jane Russell, Marilyn Monroe

Showgirls Lorelei Lee and Dorothy Shaw travel to Paris, pursued by a private detective hired by the suspicious father of Lorelei's fiancé, as well as a rich, enamored old man and many other doting admirers.

THE MOVIES



GONE WITH THE WIND (1939)

Saturday, January 17 | 1:30 pm

Cast: Clark Gable, Vivien Leigh

A sheltered and manipulative Southern belle and a roguish profiteer face off in a turbulent romance as the society around them crumbles with the end of slavery and is rebuilt during the Civil War and Reconstruction periods.

CHEAPER BY THE DOZEN (2003)

Sunday, January 18 | 1:30 pm & 4:00 pm

Cast: Steve Martin, Bonnie Hunt

With his wife on a book tour, Tom Baker finds his life turned upside down when he agrees to care for his twelve children while simultaneously also coaching his new football team.

RAISING THE BAR (2025)

Tuesday, January 20 | 1:30 pm & 6:30 pm

Cast: Paul Wuthrich, Anthony Garcia

In 1908, Alma Richards, an eighth-grader, quits school to work as a ranch hand. A chance meeting with a professor motivates him to resume his education, leading him to compete in high jump at the Stockholm Olympics and win a gold medal.

DELIVER ME FROM NOWHERE (2025)

Wednesday, January 21 | 1:30 pm & 6:30 pm

Cast: Jeremy Allen White, Jeremy Strong

Bruce Springsteen's journey crafting his 1982 album Nebraska, which emerged as he recorded Born in the USA with the E Street Band. Based on Warren Zanes' book.

ALL THAT HEAVEN ALLOWS (1955)

Friday, January 23 | 1:30 pm

Saturday, January 24 | 6:30 pm

Sunday, January 25 | 6:30 pm

Cast: Jane Wyman, Rock Hudson

An upper-class widow falls in love with a much younger, down-to-earth nurseryman, much to the disapproval of her children and criticism of her country club peers..

DEVINE SECRETS OF THE YA-YA SISTERHOOD (2002)

Saturday, January 24 | 1:30 pm

Cast: Sandra Bullock, Ellen Burstyn

After years of mother-daughter tension, Siddalee receives a scrapbook detailing the wild adventures of the "Ya-Yas", her mother's girlhood friends.

BIG FISH (2003)

Sunday, January 25 | 1:30 pm & 4:00 pm

Cast: Ewan McGregor, Albert Finney

A frustrated son tries to determine the fact from fiction in his dying father's life.

DINNER FOR SCHMUCKS (2010)

Tuesday, January 27 | 1:30 pm & 6:30 pm

Cast: Steve Carell, Paul Rudd

After he finds out that his work superiors host a dinner celebrating the idiocy of their special guests, a rising executive questions the merits of his invitation just as he befriends a man who would be the perfect guest.

GRAN TORINO (2008)

Wednesday, January 28 | 1:30 pm & 6:30 pm

Cast: Clint Eastwood, Bee Vang

The history of the United States from the 1950s to the '70s unfolds from the perspective of an Alabama man with an IQ of 75, who yearns to be reunited with his childhood sweetheart.

KRAMER VS KRAMER (1979)

Friday, January 30 | 1:30 pm

Saturday, January 31 | 6:30 pm

Cast: Dustin Hoffman, Meryl Streep

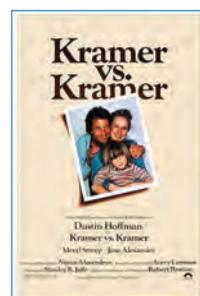
After his wife leaves him, a work-obsessed Manhattan advertising executive is forced to learn long-neglected parenting skills, but a heated custody battle over the couple's young son deepens the wounds left by the separation.

WICKED (2024)

Saturday, January 31 | 1:30 pm

Cast: Cynthia Erivo, Ariana Grande

Elphaba, a young woman ridiculed for her green skin, and Galinda, a popular girl, become friends at Shiz University in the Land of Oz. After an encounter with the Wonderful Wizard of Oz, their friendship reaches a crossroads.



January 2026



ABBREVIATIONS KEY

- Thtr - Theater
- Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Studio
- LCR - Large Card Room
- WC - Wellness Clinic
- Pool/Oasis
- Sunroom

8:00 am ● Church of Christ Service (PAC) **4**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: My Spy (Thtr)
 4:00 pm ● Movie: My Spy (Thtr)
 6:30 pm ● Movie: Saturday Night Fever (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **5**
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Poetry & Writing Club (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Beginners Billiards (Billiard Room)
 10:30 am ● Chair Yoga (PAC)
 1:30 pm ● Game Play (LCR)
 5:45 pm ● *Travelers: Yale Society (Trans)*
 6:00 pm ● Mexican Train Dominos (Ante)
 6:00 pm ● BINGO (PAC)
 6:30 pm ● Residents Choice Movie Night (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **6**
 9:00 am ● Dr. Abutineh MD (WC)
 9:30 am ● Advanced Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Movie: Close Encounters (Thtr)
 1:30 pm ● Bunko (SCR)
 3:00 pm ● KP Photo Club (Ante)
 6:30 pm ● Movie: Close Encounters (Thtr)

9:00 am ● Get Physical with Kim (Oasis) **7**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 11:00 am ● Chair Yoga (PAC)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Mexican Train Dominos (Ante)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: The Firm (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: The Firm (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **8**
 9:30 am ● Advanced Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Walmart, Costco, & Banks (Trans)
 1:00 pm ● Dr. Abutineh MD (WC)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: Only Murders in the Building (Thtr)
 2:00 pm ● *Resident Association Meeting (PAC)*
 3:00 pm ● Billiards Group (Billiard Room)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **9**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Cornhole Club (LCR)
 10:00 am ● Walmart, Kroger Aldi, & Banks (Trans)
 10:15 am ● Strength Training (PAC)
 10:45 am ● Yoga Stretch (PAC)
 1:00 pm ● Walmart, Kroger, Superlo, & Banks (Trans)
 1:30 pm ● Movie: Monty Python Holy Grail (Thtr)
 3:00 pm ● Happy Hour (Bistro)
 6:00 pm ● *Music: Side Street Steppers (PAC)*

7:30 am ● Men's Christian Fellowship (LCR) **10**
 1:00 pm ● Advanced Line Dancing (PAC)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: In Good Company (Thtr)
 6:15 pm ● Trivia Group (Ante)
 6:30 pm ● Movie: Monty Python Holy Grail (Thtr)

8:00 am ● Church of Christ Service (PAC) **11**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: 42: Jackie Robinson (Thtr)
 4:00 pm ● Movie: 42: Jackie Robinson (Thtr)
 4:00 pm ● *Hymn Sing with Leon (Chapel)*
 6:30 pm ● Movie: Monty Python Holy Grail (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **12**
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Beginners Billiards (Billiard Room)
 10:30 am ● Chair Yoga (PAC)
 1:30 pm ● Game Play (LCR)
 6:00 pm ● Mexican Train Dominos (Ante)
 6:00 pm ● BINGO (PAC)
 6:30 pm ● Residents Choice Movie Night (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **13**
 9:00 am ● Dr. Abutineh MD (WC)
 9:30 am ● Advanced Water Aerobics (Pool)
 10:00 am ● Women's Bible Study (Chapel)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Duplicate Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Movie: Mouse Hunt (Thtr)
 1:30 pm ● Bunko (SCR)
 6:15 pm ● Girls Night Out Movie: The Best Exotic Marigold Hotel (Thtr)

9:00 am ● Get Physical with Kim (Oasis) **14**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:30 am ● Garden Gro'ers (Ante)
 11:00 am ● Chair Yoga (PAC)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Mexican Train Dominos (Ante)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Temple Grandin (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Temple Grandin (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **15**
 9:30 am ● Advanced Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Kroger & Banks (Trans)
 10:15 am ● *Travelers: Steamboat Stories (Trans)*
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Walmart, Costco, & Banks (Trans)
 1:00 pm ● Dr. Abutineh MD (WC)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: Only Murders in the Building (Thtr)
 2:00 pm ● Wellness Talk with Angela (Sunroom)
 3:00 pm ● Billiards Group (Billiard Room)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **16**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Walmart, Kroger Aldi, & Banks (Trans)
 10:00 am ● Cornhole Club (LCR)
 10:15 am ● Strength Training (PAC)
 10:45 am ● Yoga Stretch (PAC)
 1:00 pm ● Walmart, Kroger, Superlo, & Banks (Trans)
 1:30 pm ● Movie: Gentlemen Prefer Blondes (Thtr)
 2:00 pm ● Art Opening (PAC)
 3:00 pm ● Happy Hour (Bistro)
 6:00 pm ● *Music: Rob Haynes (PAC)*

7:30 am ● Men's Christian Fellowship (LCR) **17**
 1:00 pm ● Advanced Line Dancing (PAC)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Gone with the Wind (Thtr)
 6:30 pm ● Movie: Gentlemen Prefer Blondes (Thtr)

8:00 am ● Church of Christ Service (PAC) **18**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: Cheaper by the Dozen (Thtr)
 4:00 pm ● Movie: Cheaper by the Dozen (Thtr)
 6:30 pm ● Movie: Gentlemen Prefer Blondes (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **19**
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● *Travelers: Civil Rights Museum (Trans)*
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Beginners Billiards (Billiard Room)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Tech Time (Sunroom)
 1:30 pm ● Game Play (LCR)
 6:00 pm ● Mexican Train Dominos (Ante)
 6:00 pm ● BINGO (PAC)
 6:30 pm ● Residents Choice Movie Night (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **20**
 9:00 am ● Dr. Abutineh MD (WC)
 9:30 am ● Advanced Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Movie: Raising the Bar (Thtr)
 1:30 pm ● Bunko (SCR)
 6:30 pm ● Movie: Raising the Bar (Thtr)

9:00 am ● Get Physical with Kim (Oasis) **21**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Caregiver Support Group (Ante)
 11:00 am ● Chair Yoga (PAC)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Mexican Train Dominos (Ante)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Deliver Me From Nowhere (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Deliver Me From Nowhere (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **22**
 9:30 am ● Advanced Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Walmart, Costco, & Banks (Trans)
 1:00 pm ● Dr. Abutineh MD (WC)
 1:30 pm ● Series: Only Murders in the Building (Thtr)
 2:00 pm ● *Travelers Welcome Party (Ante)*
 3:00 pm ● Billiards Group (Billiard Room)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **23**
 9:00 am ● *Music City Foot Care (WC)*
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Walmart, Kroger, Aldi, & Banks (Trans)
 10:00 am ● Cornhole Club (LCR)
 10:15 am ● Strength Training (PAC)
 10:45 am ● Yoga Stretch (PAC)
 1:00 pm ● Walmart, Kroger, Superlo, & Banks (Trans)
 1:30 pm ● Movie: All That Heaven Allows (Thtr)
 3:00 pm ● Happy Hour (Bistro)
 6:00 pm ● *Music: Tim Johnson (PAC)*

7:30 am ● Men's Christian Fellowship (LCR) **24**
 1:00 pm ● Advanced Line Dancing (PAC)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Ya-Ya Sisterhood (Thtr)
 5:00 pm ● *Burns Nicht (PAC)*
 6:15 pm ● Trivia Group (Ante)
 6:30 pm ● Movie: All That Heaven Allows (Thtr)

8:00 am ● Church of Christ Service (PAC) **25**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: Big Fish (Thtr)
 4:00 pm ● Movie: Big Fish (Thtr)
 6:30 pm ● Movie: All That Heaven Allows (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **26**
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Beginners Billiards (Billiard Room)
 10:30 am ● Chair Yoga (PAC)
 1:30 pm ● Game Play (LCR)
 6:00 pm ● Mexican Train Dominos (Ante)
 6:00 pm ● BINGO (PAC)
 6:30 pm ● Residents Choice Movie Night (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **27**
 9:00 am ● Dr. Abutineh MD (WC)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Book Baggers (Thtr)
 10:30 am ● Cardio Move & Strength (PAC)
 11:45 am ● *Birthday Day Lunch (Dining Room)*
 1:00 pm ● Duplicate Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Movie: Dinner for Schmucks (Thtr)
 1:30 pm ● Bunko (SCR)
 3:45 pm ● *Birthday Day Dinner (Dining Room)*
 6:30 pm ● Movie: Dinner for Schmucks (Thtr)

9:00 am ● Get Physical with Kim (Oasis) **28**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● *Travelers: Backermann's Market (Trans)*
 10:00 am ● Catholic Services (Chapel)
 11:00 am ● Chair Yoga (PAC)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Mexican Train Dominos (Ante)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Gran Torino (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Gran Torino (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **29**
 9:30 am ● Advanced Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Walmart, Costco, & Banks (Trans)
 1:00 pm ● Dr. Abutineh MD (WC)
 1:30 pm ● Series: Only Murders in the Building (Thtr)
 3:00 pm ● Billiards Group (Billiard Room)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **30**
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● *Travelers: St. Jude Tour (Trans)*
 10:00 am ● Walmart, Kroger Aldi, & Banks (Trans)
 10:00 am ● Cornhole Club (LCR)
 10:15 am ● Strength Training (PAC)
 10:45 am ● Yoga Stretch (PAC)
 1:00 pm ● Walmart, Kroger, Superlo, & Banks (Trans)
 1:30 pm ● Movie: Kramer vs Kramer (Thtr)
 3:00 pm ● Happy Hour (Bistro)
 6:00 pm ● *Music: Henry Booker (PAC)*

7:30 am ● Men's Christian Fellowship (LCR) **31**
 1:00 pm ● Advanced Line Dancing (PAC)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Wicked(Thtr)
 6:30 pm ● Movie: Kramer vs Kramer (Thtr)

January 2026 EVENTS

Jan 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Jan 1: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.



Jan 1: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Thursday at 10:00 am in the Arts and Crafts Studio.

Jan 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Jan 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Jan 1: Line Dancing

Line Dancing will be held every Tuesday & Thursday at 1:15 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Advanced Line Dancing is held on Saturdays at 1:00 pm.

Jan 1: Series: Only Murders In The Building

"Only Murders in the Building" follows

3 strangers who share a passion for true crime & become amateur sleuths when a murder occurs in their upscale Manhattan apartment building, the Arconia. Showtimes are every Thursday at 1:30 pm.

Jan 1: Billiards Group

Social Beginners Billiards for men and women! Beginners Billiards Group meets on Mondays at 10:30 am in the Billiard Room. All skill levels are welcome to come on Thursdays at 3:00 pm. Come out and just have some fun with us!

Jan 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday & Friday in the Oasis at 8:00 am & Wednesdays at 9:00 am. She will be teaching how to safely use all the gym equipment and is available to answer any questions you may have.

Jan 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Jan 2: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:00 am every Friday for a fun time.

Jan 2: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

Jan 2: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

Jan 2: Happy Hour

Attention Kirby Residents! Come to the Bistro from 3:00 pm to 5:00 pm every Friday to enjoy a Happy Hour Menu & Prices. This is a wonderful way to start your weekend off right!

Jan 2: Music: Double D Band

The Double D Band plays a wide range of songs and genres, but especially music from the 50s. Playing guitars and mandolins, they've appeared on MTV, BBC, and have been a part of the music scene in London, England and New York City, having lived and performed in both. Mu-

sic begins in the PAC at 6:00 pm.

Jan 3: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Jan 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.



Jan 3: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm and Saturday at 2:30 pm in the PAC for a group class and ask us about private lessons.

Jan 4: Church of Christ Service

Our service will be every Sunday at 8:00 am in the PAC. All are welcome & encouraged to attend.

Jan 4: Worship Service

Whether you come join us or watch us from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome & encouraged to attend.

Jan 5: Poetry & Writing Club

The Writing and Poetry Group meets the first Monday of every month at 9:30 am in the LCR. We will meet for an hour and share our writings with everyone. New Members are encouraged & welcome to join in, even if it is just to listen in. This month's writing prompt is "Getting Bad News". Also be sure to check our stories in the Pinecone. They are sure to entertain and get your creativity flowing.

Jan 5: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Jan 5: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress, and joint pain. Join us in the PAC at 10:30 am each Monday & 11:00 am on Wednesdays.

Jan 5: Travelers: Yale Society of Orpheus & Bacchus

Join the Travelers to see The Yale Society of Orpheus and Bacchus. The Yale Society of Orpheus and Bacchus is the second-longest-running a cappella group in the nation. This all-gender group has a repertoire spanning the last 87 years including jazz, folk, gospel, and music from every decade. Lobby time is 5:45 pm. Sign up in Resident Programs. Tickets are \$15 & transportation fee is \$5.

Jan 5: Mexican Train Dominoes

Join us in the Ante Room every Monday at 6:00 pm, or every Wednesday at 1:30 pm to play Mexican Train Dominos. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.



Jan 5: Bingo

Who doesn't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Jan 5: Resident's Choice Movie Night

Resident's choice movie night is going to be held every Monday night at 6:30 pm. Here is your chance to pick the movie. Let Sally Cook know the week before what movie you want to see.

Jan 6: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Jan 6: Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Ante Room & learn to take better photos yourself!

Jan 7: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Jan 7: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Jan 7: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome & encouraged to attend!

Jan 7: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

Jan 8: Resident Association Meeting

The Kirby Pines Residents Association will meet January 8th at 2:00 pm in the PAC. We will welcome Dr. Scott Morris, founder of Church Health Center as our speaker.

Jan 9: Travelers: Coach Kim's Studio

Join the Travelers to Coach Kim's new studio. Of course, Kim will be there to show everyone around & will be joining us for lunch at Tavern 018. Lobby time will be at 11:45 am (Right after her Friday class in the PAC). Sign up in Resident Programs. Transportation fee is \$5. Don't forget your lunch money!



Jan 9: Music: The Side Street Steppers

Welcome back to the Kirby Pines Stage, The Side Street Steppers. The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. Dubbed the Golden Age of Gramophone Recording, the two decades between 1920 and World War II saw the rise of jazz and the birth of the blues, the demise of ragtime and the emergence of

hillbilly music that would become known through the world as country music. Music begins in the PAC at 6:00 pm.

Jan 10 & 24: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for January will be World History. However, Trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Jan 11: Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sander-son. We will begin at 4:00 pm.

Jan 13: Women's Bible Study

Ladies, come join our new women's bible study organized by Germantown Presbyterian Church. We meet the 2nd Tuesday of the month at 10:00 am in the Chapel.

Jan 13 & 27: Duplicate Bridge

Duplicate Bridge will begin at 1:00 pm on the 2nd and 4th Tuesday of every month. If you would like to join, come out to the LCR.

Jan 13: Girls' Night Out

Come join the "girls" for an evening of popcorn and a great movie, "The Best Exotic Marigold Hotel" It is sure to be a fun night for everyone. Showtime is at 6:15 pm. Don't be late!

Jan 14: Garden Gro'ers

Winter might be here but, we are busying getting ready for Spring of course. If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Join us in the Ante Room at 10:30 am.

Jan 15: Travelers: Steamboat Storie of Memphis

Join the Travelers to Steamboat Stories in Memphis, at the Pink Palace Museum, In 2024, the Museums of Science & History acquired the boat model collection from the Mud Island River Museum. Last Whistle: Steamboat Stories of Memphis features a few of these models and explores the history of the iconic steamboats that docked at the city. Afterwards, we will enjoy lunch at Jason's Deli. Sign up in Resident Programs. Lobby time is 10:15 am. Tickets are \$20 & transportation fee is \$5.

Jan 15: Wellness Talk with Angela

New Year, Stronger You: Rebuilding Strength Through Therapy. As the new

year begins, January offers a powerful reminder that fresh starts are possible at any age. With new goals and renewed motivation, it's the perfect time to focus on rebuilding strength, restoring confidence, and improving overall wellness. This year, our community is embracing a new motto for 2026: MOVE better & LIVE better. We will meet in the Sunroom at 2:00 pm.

Nov 16: Art Opening

Join us in the PAC at 2:00 pm to hear from our local artists here at Kirby, see their new work. Refreshments will be served throughout. We hope to see you there!

Jan 16: Music: Rob Hayes

Join us in the PAC for the one & only Rob Haynes. With a style like none other, come listen & enjoy this wonderful performance. Music begins at 6:00 pm in the PAC. This is a crowd favorite that you don't want to miss!

Jan 19: Travelers: National Civil Rights Museum King Day

Hop on board the Kirby bus with the Travelers to the National Civil Rights Museum to celebrate the 40th anniversary of Martin Luther King, Jr. Built out of the Lorraine Motel and other local historic buildings, the museum holds a trove of information about the complex history of Civil Rights in America from the 17th century to the present. After we will enjoy some southern cooking at Sugar Grits. Lobby time is 9:30 am. Sign up in Resident Programs. Tickets for the museum are free & transportation is \$5.



Jan 19: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Jan 21: Caregiver Support

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Jan 22: Travelers: Welcome Party

Hello Traveler's of Kirby Pines! We are having a party to welcome new members to our group! Bring fresh ideas, love of learning, and desire for adventure. We are asking the questions "Where do YOU want to go?" & "What do YOU want to do?". We want to welcome old members and new members alike. Join us for an afternoon of fun in the Ante Room on Thursday, January 22nd at 2:00 pm. Can't wait to see you there to start planning 2026.

Jan 23: Music City Foot Care

Music City Foot Care will return for Podiatry visits on January 23, 2026. Please contact the Wellness Center at (901)369-7309 for appointments or additional information.

Jan 23: Music: Tim Johnson

Elvis is in the building! You may remember Tim from his performances in the Manor. This will be his 1st performance in our PAC! Come out and enjoy our favorite Elvis impersonator! Music begins at 6:00 pm.

Jan 24: Burns Nicht

Burns Nicht is the Scottish celebration of the poet Robert Burns. It will be Saturday, January 24th, in the PAC, from 5:00 pm to 9:00 pm. A full dinner & auction plus entertainment. The cost is \$80 per person. Please sign up with Jeanette Martin at (901) 351-5230.

Jan 27: Book Baggers

Pat and Don Meiners have invited their friend, Suzanne Marrs, to speak to our group via Zoom on Tuesday, January 27th, to kick off our journey in books during 2026. Dr. Marrs is the Eudora Welty expert for Mississippi. "Meeting Eudora Welty on the Page and in Person" is the title of her visit with us while we discuss three of the short stories penned by this famous author from our neighboring state. We will meet in the theater this month beginning at 9:30 am. Hope to see you there!



Nov 27: Birthday Meal

Attention birthday folks! We want to celebrate YOU with a very special day in the dining room! Dress to impress in "Your Sunday Best" on this day as we celebrate all our January Birthdays. Whether you are celebrating your special day, joining friends in celebration, or enjoying Birthday Day at your usual table, we invite you to dress up and partake in what this extra special day has in store. For those celebrating a birthday, be sure to RSVP with Kayla Holland by returning your personalized invitation you received.

Jan 28: Travelers: Backermann's Country Market

Let's go shopping with the Travelers at Backermann's Country Market in Whiteville, TN. This is a wonderful opportunity to stock up on all of your favorite baked goods, cheeses, spices, & so much more. We will meet in the Lobby 9:30 am. Sign up in Resident Programs. Transportation will be \$5.



Jan 30: Travelers: St. Jude Tour

Join the travelers to tour St. Jude Children's Research Hospital. The campus brings together cutting-edge science in state-of-the-art research labs, compassionate care in world-class treatment centers, and a connected community in shared gathering spaces. Every area is thoughtfully designed to foster discovery, collaboration, and well-being, propelling our mission to advance cures, and means of prevention, for pediatric catastrophic diseases. Lobby time is 9:30 am. Sign up in Resident Programs. Transportation fee is \$5.

Jan 30: Music: Henry Booker

Enjoy this evening's performance in the PAC at 6:00 pm with Henry Booker, known as Sir Henry to his fans. He has played the piano throughout the Mid-South, in most Beale Street clubs, at weddings, festivals and other venues. His range on the piano runs from classical to faith-based to jazz and blues. An engaging entertainer, that will delight the audience!

SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.

Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

PUZZLE 1: EASY

1	9			7	8	4		
	7		9			5		2
		8						
3			6			7	9	
7		5				2		
				4	5	3		6
5	2			1		9	3	
		7	3					
8		1		2				

PUZZLE 2: MEDIUM

8	9	2	3			7	1	
		7		1		4		
				9	6			3
	5				4			
9						5	7	
2				3		6		9
6		3				2	8	7
			1			9		
	7			2				

PUZZLE 3: MEDIUM

9	1	2	3	5				7
		8			2		1	
	6		8					
2	9		5	6	3	1		
				1	9		3	
			2		4	6		
6				3	8			
	3					8		2
			6				5	9

PUZZLE 4: HARD

3		4					7	8
		8			9		2	
2			3					1
						3		
			8	7				
	5			4	2	6	8	
4	3			1				
	2		4					
1				9		7		

Sudoku solutions on page 21

PICTURING LIFE AT KIRBY PINES

TREE DECORATING & RESIDENT ENTERTAINMENT



Residents came out to enjoy hot chocolate and cookies to help decorate our Christmas Tree. Pictured from Left to Right: Sharron Sharrow and Lynn Carver; Jeannie Valentine; and Carolyn Hladky. Looks like a good time was had by all!



More folks were on hand for the Tree Lighting/Decorating Party, from Left to Right: Jean Mauney shows off her ornaments; Kathy Smith with a beautiful clear glass bauble; Leon & Marilyn Sanderson looking for the perfect spot for their ornaments; and Irene Baker and Alice Petty getting in the holiday spirit.



(Left) Marilynn Garziona plays the piano at her Holiday Sing-a-Long and (Right) Liz Parsons with Marty Kocman played seasonal favorites. Photos by Stuart Eyman.

Michael Semore and Joan Dodson prepare to lead carolers in the Lobby.

PICTURING LIFE AT KIRBY PINES

LOU MOORE'S & THE ESTATE'S CHRISTMAS PARTY



Garden Home resident, Lou Moore, held her annual Christmas Open House at her home. L-R: Katy Dorsey, Ann Smith and Lou Moore; Jeanie Crombie and Judy Weathers sample hors d'oeuvres; and Ellie Bates with friend, Ruth Wigg in their cardinal sweaters.



Our Annual Estates Christmas Party featured Santa and special guest, The Grinch! Left to Right: Carol Morse enjoys her first Kirby Christmas; Jim & Mary Lou Shannon visit Santa; Mark Maxwell actually Believes in Santa Claus; and George Courington and Peggy Hogan smile in front of the tree.



More Christmas fun Left to Right: The pesky Grinch with Jean Harvell; Anne Carter and Phyllis Mitchell seem to be enjoying the festivities; Nancy Wark and Ginger Blount take a picture with new resident, Frank Brown, hoping he is feeling at home.

PICTURING LIFE AT KIRBY PINES

THEATRE IN THE PINES, BISTRO CARNIVAL & PARADE



The Theatre in the Pines held their annual Christmas production entitled, The Perfect Gift. Looks like they had a great group of folks involved in pulling off another great performance! Photo by Stuart Eyman



Our 2026 Resident Association officers, John Blount, Pat Brand, Mary Lee Boggs and Fred Dabrowski



A Christmas Carnival was held in the Bistro with treats and prizes. Pictured are Bruce Batt and Alice Wherry with their charcuterie gifts.



Barbara Phillips takes home a tin of Christmas Cookies from the Carnival.



Kirby Pines loves the Christmas holiday and once again get into the festivities at our Christmas Parade. L-R: Hugh Wilson kicks up his heels; Our holiday pals, Susan Flake and Lois Dazey are definitely gifts; and sisters, Kate Foster and Judy Deshaies ready to deck the halls.



KIRBY PINES PHOTO CLUB

Join Us Tuesday, January 6th at 3:00 pm in the Ante Room

We discussed the Meaning of Color in Photography this month, here are some interpretations.



Photo by Connie Carter



Photo by Ginger Blount



Photo by Arrena Cheek



Photo by Sydney Wagner



Photo by Stuart Eyman



Photo by Sylvia Statham

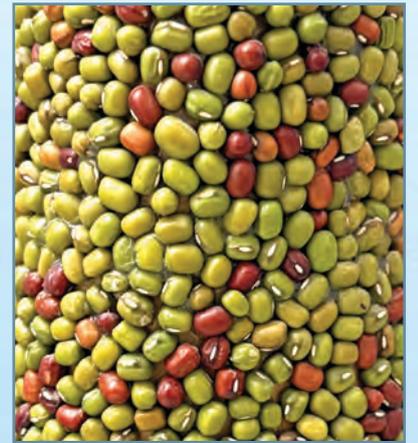


Photo by Janet Stephens



Photo by Fred Dabrowski



Photo by Marsha Greiner



Photo by Ken Carver



Photo by Graeme Gee



Photo by Sheryl Maxwell



Photo by Hugh Wilson



Photo by Jane Longfield



Photo by Dale Jones

SUDOKU NUMBER GAME

PUZZLE 1: EASY

1	9	2	5	7	8	4	6	3
4	7	3	9	6	1	5	8	2
6	5	8	2	3	4	1	7	9
3	1	4	6	8	2	7	9	5
7	6	5	1	9	3	2	4	8
2	8	9	7	4	5	3	1	6
5	2	6	8	1	7	9	3	4
9	4	7	3	5	6	8	2	1
8	3	1	4	2	9	6	5	7

PUZZLE 2: MEDIUM

8	9	2	3	4	5	7	1	6
3	6	7	8	1	2	4	9	5
1	4	5	7	9	6	8	2	3
7	5	6	9	8	4	1	3	2
9	3	4	2	6	1	5	7	8
2	8	1	5	3	7	6	4	9
6	1	3	4	5	9	2	8	7
5	2	8	1	7	3	9	6	4
4	7	9	6	2	8	3	5	1

PUZZLE 3: MEDIUM

9	1	2	3	5	6	4	8	7
3	5	8	4	7	2	9	1	6
4	6	7	8	9	1	5	2	3
2	9	4	5	6	3	1	7	8
5	8	6	7	1	9	2	3	4
1	7	3	2	8	4	6	9	5
6	2	5	9	3	8	7	4	1
7	3	9	1	4	5	8	6	2
8	4	1	6	2	7	3	5	9

PUZZLE 4: HARD

3	6	4	5	2	1	9	7	8
5	1	8	7	6	9	4	2	3
2	7	9	3	8	4	5	6	1
8	4	2	9	5	6	3	1	7
6	9	1	8	7	3	2	4	5
7	5	3	1	4	2	6	8	9
4	3	5	6	1	7	8	9	2
9	2	7	4	3	8	1	5	6
1	8	6	2	9	5	7	3	4

ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

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MIKE JAEGER

Donation by Jim Gordon
to the Garden Gro'ers

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