

Spring Has Finally Sprung

Freshly mowed grass, flowers blooming and trees budding...warmer weather...longer days & BASEBALL!!

Spring brings new, fresh ideas and thoughts. Our fresh idea is the "Kirby Pines Chop House!" We are putting Exquisite Cuisine on the shelf for awhile and trying something fresh.

On April 17th, we will transform our Bistro into the "The Chop House." For that evening, we will be offering beautiful Lamb Chops or an 8-oz. filet, a beautifully marbled 14-oz. bone-in ribeye, or fresh caught Alaskan salmon cooked over flame with a mango chutney. Market Pricing for this menu.

The Chop House service will be offered from 5:00 p.m. to 7:00 p.m. Reservations are required and limited to a total of 28 reservations with the last available reservation at 6:45 p.m.

at Kirby Pines

This evening will also offer featured wines and desserts. Our idea is to cater to each individual table as they are seated.

We are looking forward to bringing a real "steakhouse experience" right here on campus a couple of times monthly!! I cannot wait!!

Bon Appetit!!



Michael J. Brown, Jr. Executive Director, Kirby Pines

ON THE PINECONE COVER

Spring Offerings Are Aplenty at Kirby Pines!

April is here and the grounds at Kirby Pines are getting prettier by the minute. Besides celebrating Easter, there is a lot going on this month, so let's see what to expect.

The Travelers are busier than ever with several outings to consider. April 1st they head to the Dixon Gallery for their Spring to Art collection. On the 9th, Calvary Episcopal continues their Lenten Lunch Series. The 14th offers the chance to see the Trolls in person at the Botanic Gardens. April 19th, you can see St. Joan first-hand at the TN Shakespeare Co. Theater. Take a trip to Marion, Arkansas on the 24th to the Sultana Disaster Museum. Collierville is having a Spring Sidewalk Sale on the 26th. On the 27th at Opera Memphis, discover the History of Opera in their special program and on the 30th you'll get a chance to taste and learn about local wines at the Delta Blues Winery in Lakeland. The Lunch Bunch is going to The Kitchen Table in Arlington. There is a Bake Sale on the 11th and Walk to Cure on the 22nd to support the Arthritis Foundation. And we are hosting our Annual Easter Egg Hunt on the 12th, so gather up the grands and great-grands to meet the Easter Bunny and have their faces painted by Miss Patches while hunting the grounds for treasured eggs.

Our front cover features Ken & Lynn Carver at the Memphis Botanic Gardens at their fascinating Exhibit: Trolls Save the Humans. These larger than life pieces of art are absolutely incredible to see up close and in person.

Our back cover has Sylvia Statham sitting with another of these amazing sculptures. Check out page 8 to learn more about them and see how you can join a guided tour to experience them for yourself. Happy Easter, everyone!



Sylvia Statham joins Ken & Lynn Carver at the Botanic Gardens



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Electronic version of The Pinecone is available at www.kirbypines.com



NEW RESIDENTS



Lynn & Ken Carver



Floyd Johnson



Brenda & Andy Sippel

Ken and Lynn Carver come to Kirby Pines from their previous residence in Collierville, Tennessee. They have been married for 54 years, have two sons and one grandchild.

Ken was born in Jackson, Mississippi. He graduated from Mississippi State in 1968 with degrees in business administration and industrial sales management. He had a 25 year career as a general sales manager.

Lynn went to Mississippi College for Women and Ole Miss. She graduated in 1979 with degrees in mathematics and accounting. Her career included teaching and working as a CPA at Fed Ex.

A veteran, Ken was a Major in the United States Army. He served in Vietnam.

Ken and Lynn have been on mission trips to India, Haiti, Afghanistan, and Russia. They also enjoyed traveling to Alaska and Canada.

Fishing, outdoor activities, freelance writing for magazines and college sports (especially Mississippi State Bulldogs) are Ken's interests and he and Lynn enjoy mystery books.

We are elated Ken and Lynn chose Kirby Pines as their retirement home and look forward to meeting them. Give them a friendly hello and invite them to join in our many activities!

Floyd Johnson was born in Shafer, Minnesota and moved to Kirby Pines from his former home in Memphis.

Floyd was a proud recipient of his BA Degree from The University of Minnesota in 1961. His major was Agricultural Business Administration and he had a long career as a systems analyst at General Mills and W.R. Grace.

Traveling throughout the United States, Mexico, and Canada have been Floyd's travel experiences. His favorite trips have been back to Minnesota for family reunions.

"Last Cheaters Waltz" is Floyd's favorite song. To stay active, Floyd enjoys dancing. He is looking forward to joining Kirby's line dancers and the ballroom dancing group. Most of his friends have come through his dance groups.

We welcome Floyd to Kirby Pines with open arms and hope he is making the most of the many opportunities here to meet friends and stay active.

Call a Kirby Pines LifeCare Advisor at 901.369.7340 if you're ready to join our family!

We want to welcome Andy and Brenda Sippel to Kirby Pines from their former home in east Memphis. They have been married for almost 39 years and have a blended family of five children, 12 grandchildren and six great-grands.

Andy graduated from Georgia Tech in 1962 with a degree in textile engineering. He had a 62 year career in the sales field. After graduating from The University of Memphis in 1962, Brenda taught for 30 years.

Andy enjoys trout fishing on the White River, bass fishing and playing golf. Brenda likes reading, playing games, doing Sudoku, and crafting with her granddaughter.

Together, the Sippels have enjoyed traveling to Colorado, Hilton Head Island, Boston, Massachusetts, and going on cruises. On their travels, Andy has collected match-box cars and Brenda has collected Snowbabies, crosses and angels.

To stay active Andy exercises and plays golf. Brenda is looking forward to water aerobics and walking our beautiful campus.

The Sippels are proud of their children and the blessing of many long lasting friendships. You'll want to find and meet this new couple and give them the warm Kirby WELCOME!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Do you routinely follow an exercise program? --- Great! If not, you may want to start. Some of the benefits of regularly exercising include:

- Delaying or preventing the onset of disabilities or diseases such as diabetes, heart disease, obesity and osteoporosis.
- Reducing pain from arthritis.
- Helping with anxiety and depression through better sleep and feelings of well-being
- Reducing the risk of falls, the most common cause of nonfatal injuries in adults over age 65.

Getting Started:

Choose an activity that you'll enjoy and can do regularly and gives the most benefit.

Take into consideration your interests, health and physical limitations, as well as the ease of accessing the activity. Kirby Pines offers a wide range of classes and a variety of equipment in the Oasis. Schedule time for your new activities: 30 minutes for 5 days quickly add up for the recommended 150 minutes of moderate exercise weekly. Incorporate four different types of activities into an exercise regimen, as they provide different health benefits:

Endurance Activities increase the heart rate and breathing. Including walking, jogging or dancing, they help improve the cardiovascular system. Try the NuStep or Bike in the Oasis.

Strength Exercise such as weight training can help build up muscles and reduce agerelated muscle loss. The Oasis is fully equipped to build muscle strength, or check out Kim Roberts' Strength classes.

Stretching Exercises help keep the body flexible and able to move easily. Yoga Stretch and Chair Yoga can make a difference.

Balance Exercises help improve balance, reducing the risk of falls. Water Aerobics and Yoga classes practice balance moves each class.

As each person has different health issues and medications, checking in with a health care provider before beginning is key to preventing injuries.

If you have any questions about the classes we offer or using the equipment, check with Kim Roberts, you will see where to find her on the schedule to the right.

SUPPORT THE ARTHRITIS FOUNDATION

Friday, April 11th - Arthritis Foundation Bake Sale

We will be having a bake sale for the benefit of the Arthritis Foundation from 10:00 am to 2:00 pm in the Lobby on Friday, April 11th. Please deliver your baked goods to the Resident Programs office the day before unless you plan to bring something delicious straight out of the oven the day of.

Tuesday, April 22nd - Arthritis Foundation Walk

Join us for the Kirby Pines annual walk for the Arthritis Foundation. We will meet in the Lobby at 10:30 am and will begin the walk around the Kirby Pines grounds at 10:40 am. Drink plenty of water and join in on the fun.



Weekly Fitness Classes

Get Physical with Kim

8:00 am | Mon & Fri | Oasis 9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts

8:00 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led

9:30 am | Wed & Fri | Pool

Men's Water Aerobics Resident Led

8:30 am | Tue & Thu | Pool

Exercise in the PAC Resident Led

9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim

10:30 am | Monday | PAC/Live TV 11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim

Friday Only 10:15 am | PAC/Live TV

Yoga Stretch with Kim

Friday Only 10:45 am | PAC/Live TV

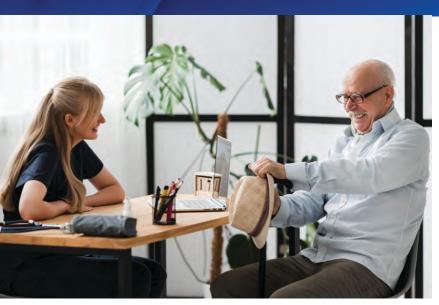
Cardio Move & Strength with Kim 10:30 am | Tue & Thu | PAC/Live TV





Parkinson's Disease and

OCCUPATIONAL THERAPY



Parkinson's Disease: Understanding the Basics

What is Parkinson's Disease?

Parkinson's disease is a progressive neurological disorder that affects movement control. It occurs due to the degeneration of dopamine-producing neurons in a region of the brain called the substantia nigra. Dopamine is a chemical that helps transmit signals for smooth and coordinated muscle movements.

Symptoms of Parkinson's Disease

- Tremors (shaking) in hands, arms, legs, jaw, or face
- Muscle stiffness
- Slowed movements (bradykinesia)
- Balance and coordination difficulties
- Speech and writing changes
- Reduced facial expression

Important Facts

- Approximately 10 million people worldwide are living with Parkinson's disease.
- The disease typically affects individuals over 60, but early-onset Parkinson's can occur in younger people.
- While the exact cause is unknown, genetic and environmental factors are believed to contribute.
- There is currently no cure, but treatment can help manage symptoms.

How Therapy Can Help:

Occupational Therapy (OT)

Occupational therapy helps individuals maintain independence in daily activities by:

- Teaching strategies to enhance fine motor skills
- Recommending adaptive equipment for dressing, writing and eating
- Improving hand-eye coordination
- Simplifying tasks to conserve energy

Physical Therapy (PT)

Physical therapy focuses on improving movement and balance by:

- Designing exercise programs to enhance mobility, strength, and flexibility
- Teaching techniques to reduce fall risk and improve gait
- Promoting cardiovascular fitness

Speech Therapy (ST)

Speech therapy addresses communication and swallowing challenges by:

- Improving voice volume and clarity
- Strengthening muscles involved in speech and swallowing
- Teaching techniques for safe swallowing
- Enhancing non-verbal communication skills

A multidisciplinary approach involving occupational, physical, and speech therapy can greatly enhance the quality of life for individuals with Parkinson's disease. Early intervention and consistent management can help maintain independence and reduce the impact of symptoms.

Celebrate Occupational Therapy Month!

What is Occupational Therapy?

Occupational Therapy (OT) is a healthcare profession focused on helping individuals of all ages engage in meaningful activities, or "occupations," that enhance their ability to participate fully in daily life. Occupational therapists work with patients to improve their ability to perform tasks at home, school, work, and in the community.

Who Do Occupational Therapists Help?

- People recovering from injuries, surgeries, or illnesses
- Individuals with physical, cognitive, or developmental disabilities
- Older adults facing age-related challenges
- Children with sensory processing or motor skill difficulties
- People living with chronic conditions like Parkinson's disease, arthritis, or stroke

How Occupational Therapy Helps

- *Promotes Independence:* Helping patients regain skills necessary for daily tasks such as dressing, bathing, cooking, and driving.
- *Adapts Environments:* Recommending adaptive equipment and home modifications to improve safety and accessibility.
- *Enhances Well-Being:* Teaching stress management, energy conservation, and relaxation techniques.
- *Improves Quality of Life*: Focusing on personalized goals that matter most to each individual.

Join the Celebration! Spread the word about the incredible benefits of occupational therapy. Whether you are an OT professional, a patient, or simply someone who appreciates the importance of meaningful activities, let's recognize the impact of OT during Occupational Therapy Month!

KIRBY CHOP HOUSE

THURSDAY, APRIL 17, 2025









ENTREES TO CHOOSE FROM:

Australian Lamb Chops, Filet of Beef, Bone-In Ribeye or Fire Grilled Salmon.

Menu options will be at market price.

Wines and Desserts will also be available.

The Chop House service will be offered from 5:00 pm to 7:00 pm in The Bistro

Reservations are required and limited to a total of 28 with the last available reservation at 6:45 p.m.

FOR RESERVATIONS, CALL 901.369.7302





A LIFE OF VOLUNTEERING

There is a truism that states, "If you want something done, give it to a busy person to do!" There isn't anyone at Kirby Pines who is busier than Carolyn Hladky. She is involved in a myriad of activities and volunteers her time in various ways.

Carolyn moved to Kirby Pines from New Jersey. However, she spent her first 18 years in Memphis. Born in 1941 as Carolyn Welch, she and her family lived in a small apartment in the back of a "Mom and Pop" store in East Memphis, which her father bought when he returned from serving in the Army. He would own the store for 30 years, but the family moved to the White Station area when Carolyn was seven years old.

Carolyn remembers her childhood as a happy time, playing with children in the neighborhood and her older brother, Jimmie. For school, she attended East Elementary, White Station and Memphis Christian. When the Memphis Christian School became Harding Academy, Carolyn was among their first graduates in 1959. Her family attended the Church of Christ regularly, and Carolyn loved all the activities provided. In fact, her faith became so strong that she became involved, at an early age, as a volunteer in church ministry—working with young people in VBS. In high school, during summer vacations, she was involved in Camp Wyldewood near Searcy, Arkansas, first as a camper, and then on staff.

Following graduation, Carolyn enrolled in Harding College in Searcy, majoring in Elementary Education. In 1961, following her sophomore year, she volunteered to work at Camp Shiloh, a Christian camp in Mendham, New Jersey. She met another staff member, Roger Hladky, who was a student from Abilene Christian College. There was a mutual attraction for each other, so they began dating. Carolyn returned to Harding for her remaining two years of college; Roger transferred to Harding. They were married six months after they met in a beautiful December wedding. They lived in student housing until Carolyn graduated in 1963. Carolyn relates this story, "Before Roger and I married, I introduced him to my grandfather. When I spelled his last name, my grandfather replied, 'Aw, that don't spell nuthin!' So, for our married life of 61 years, we often used that phrase when people questioned the spelling or pronunciation of our last name."

Following graduation from Harding, Carolyn and Roger made the

Resident Spotlight: Carolyn Hladky

decision to move to Tabernacle, New Jersey. They already had friends there, so it made the transition easier. Carolyn began teaching in an elementary school while Roger continued his education. Later, Roger began teaching in middle school. They welcomed Holly, their only child, and would make Tabernacle their home for 60 years. Roger would eventually become principal of his school. Carolyn has this to say about Tabernacle, "It was a wonderfully nurturing place to live, work and attend church. Roger was an elder in the Church of Christ, and I taught the Ladies Class. We also served in Youth Ministry for over 50 years. What a rewarding experience! We have 'kids' all over the United States and regularly keep in touch with them." For many years, Carolyn and Roger also directed a camping session each summer for high school students at Camp Manatawny in Pennsylvania. They also took their "teens" on two mission trips to Scotland.

Carolyn retired from teaching after 32 years but continued her involvement with church. Retirement allowed her time to enjoy reading, gardening and travel. She and Roger visited many well-known tourist sites in the U.S. and Europe.

Carolyn and Roger knew they needed to be close to Holly when Roger began to have multiple health issues. Holly lives in Collierville with her husband, Steve Pruitt; they have two daughters. Madison is a teacher, and Savannah is a nurse. Carolyn says, "Holly and I are 'best friends' and talk almost every day." She continues, "With the wonderful assistance of Holly and Kirby staff, Roger and I moved to Kirby Pines in December 2022." Sadly, Roger died unexpectedly a short time after they moved in.

Carolyn stays busy. She is involved in almost every activity available at Kirby Pines! She is in the Bookbaggers, Entertainers Chorus, Trivia Group, and "thrilled" that she was selected to be in the Rhythm Band. "I play a mean washboard," she admits. She has learned to play Mahjong and Mexican Train, and she volunteers for the "Gift Shop." She loves to cook and is always leaving "goodies" at resident's doors—especially her neighbors. Carolyn says one of her most enjoyable activities is the time she spends reading and sharing with the residents in the Villa, and she finds serving on the Memorial and Advisory Committees very rewarding. She attends Bible classes and

is a member of Germantown Church of Christ where she is involved with the Diaper Ministry. This group supplies diapers for a number of families, prays for them and assists them as needed.

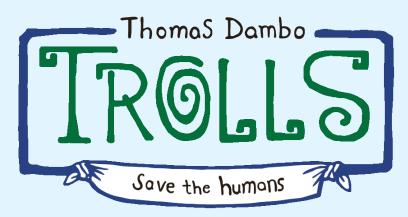
As such a positive and active member of our Kirby community, Carolyn has endeared herself to all. It is no secret that Carolyn loves to whistle! She says, "If you hear some 'chirping' in the hallways, it is probably me."



Carolyn & Jimmie

Carolyn says, "Moving to Kirby was like 'coming home.' I was so grateful to be among friends when Roger passed away. Everyone was so kind and supportive. I love my apartment and neighbors. I am enjoying this new chapter in my life and feel so truly blessed!"

Written by Joan Dodson, Resident of Kirby Pines



Have you heard the BIG news?! Trolls are at the Memphis Botanic Garden to help save the humans. At the great "Trolliefolkyfest" in a secret place, six young trolls made a pact to band together and help save the humans by rediscovering nature and teaching us how to live in harmony with the earth. They recognized the hope within each of us to take action and make positive changes toward a greater future. Lean into the lore that this larger-than-life fairytale brings to the Garden as art, nature, and messages of sustainability intertwine in this unique outdoor exhibition.



Ronja Redeye Communicator



Kamma Can Creator



Ibbi Pip Optimist



Rosa Sunfinger Introvert



Sofus Lotus
Listener



Basse Buller Rebel



About Thomas Dambo – Thomas Dambo is considered the world's leading recycle artist, having been taught from a young age the value of recycling, sustainability, and unlimited imagination. Before embarking on the path of building larger-than-life sculptures, Thomas led a multifaceted life that allowed him to express his creativity via music, street art, and scenic design. After graduating from the Kolding Design School with a master's degree in interactive design, Thomas began his current journey of using recycled materials to create colorful art installations, building the foundation for his artwork today.

Thomas' vision is to create art that inspires people to go explore, have adventures in nature, and demonstrates that trash can be turned into something beautiful. Today, Thomas is known internationally for his larger-than-life Troll sculptures made from recycled wood. With 87 sculptures all over the world, these Trolls have begun to have a life of their own. Popping up in Denmark, USA, France, Germany, China, South Korea, Chile, and many more on the way, the message of sustainability and unlimited imagination have reached millions through in person visits, shared photos, and international media coverage.

Join the Travelers as they head to the Memphis Botanic Gardens for this unique exhibition on Monday, April 14th at 10:15 am - see calendar for details.

Congratulations to our **CHAMPION of the Month**

Medical Supervisor

LAVONICA BROWN

Describe Your Family: I come from a big family of 16; 11 girls and 5 boys.

Describe yourself in five words: Motivated, creative, leader, loyal, team player.

What do you do for fun: Plan a movie outing with my grandkids.

Do you have any hobbies: Playing volleyball. Your favorite food: Steak.

What is your favorite thing about your job: The people here are my second family.

Your favorite song: Look at God by Koryn Hawthorne.

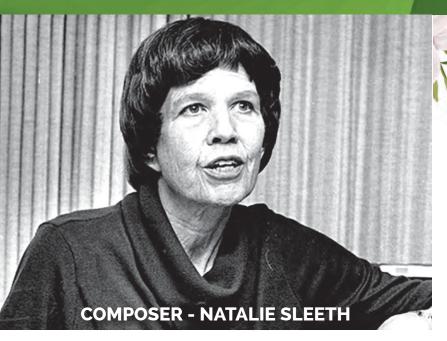
What is something you are proud of: Completing some of my goals.

What would you like people to know about you: I have selective memory, but can be very forgetful.



We are extremely happy to announce Lavonica Brown, affectionately known as "L.B.", as our April Champion of the Month! L.B. has been nominated for her unwavering commitment to ensuring the EVS department is well-staffed and running smoothly, no matter the challenges that arise. Since joining Kirby Pines in 2015, L.B. has consistently demonstrated a "can-do" attitude, dedication, and a strong commitment to excellence. Her efforts and positive spirit truly embody what it means to be a Kirby Pines Champion.

REFLECTIONS BY Maxie Dunnam



IN OUR DEATH, A RESURRECTION

Natalie Sleeth has given us one of the most popular hymns written during the past fifty years, "Hymn of Promise." The last two lines of the hymn gives the core message:

In our death, a resurrection; at the last, a victory, Unrevealed until its season, something God alone can see.

She wrote the hymn for her husband, who was professor of preaching at the Iliff School of Theology. She claimed one of the central truths of the Christian faith – the promise that death is not the end. The resurrection of Christ gives credence to his claim, "Because I live, you will live also" (John 14:19). The heartbeat of the gospel is the death and resurrection of Jesus.

Easter is coming, April 20, let's not wait to celebrate. I urge you! Don't let a day pass between now and then that you don't give some thought to Easter's real meaning and whether you have claimed it for yourself. You probably have a family member or a friend you will want to share this with.

HYMN OF PROMISE

In the bulb, there is a flower In the seed, an apple tree In cocoons, a hidden promise Butterflies will soon be free

In the cold and snow of winter
There's a spring that waits to be
Unrevealed until its season
Something God alone can see

There's a song in every silence
Seeking word and melody
There's a dawn in every darkness
Bringing hope to you and me

From the past will come the future
What it holds, a mystery
Unrevealed until its season
Something God alone can see

In our end is our beginning
In our time, infinity
In our doubt, there is believing
In our life, eternity
In our death, a resurrection
At the last, a victory

Unrevealed until its season Something God alone can see



April Vesper Services | 6:30pm | Performing Arts Center

April 3

Eric BrandLay Teacher
Advent Presbyterian

April 10

Bob Gebhardt - "Soul City"

Music Director

First Assembly of God

April 17

Easter Service
Elizabeth & Chip Houston-Harp
& Vocals with Libby Link-Violin

April 24

Resurrection Appearances
Scripture and Prayer
Residents

MIDET ME AT















MASTER AND COMMANDER (2003)

Tuesday, April 1 | 1:30 pm

Cast: Russell Crowe, Paul Bettany, Billy Boyd

During the Napoleonic Wars, a brash British captain pushes his ship and crew to their limits in pursuit of a formidable French war vessel around South America.

SLEEPING WITH THE ENEMY (1991)

Wednesday, April 2 | 1:30 pm & 6:30 pm

Cast: Julia Roberts, Patrick Bergin, Kevin Anderson

A librarian fakes her death to escape her abusive marriage and start a new life elsewhere, but her husband manages to track her down.

NO WAY OUT (1987)

Friday, April 4 | 1:30 pm Sunday, April 6 | 6:30 pm

Cast: Kevin Costner, Gene Hackman, Sean Young

A coverup and witchhunt occur after a politician accidentally kills his mistress.

WHILE YOU WERE SLEEPING (1995)

Saturday, April 5 | 1:30 pm

Cast: Sandra Bullock, Bill Pullman, Peter Gallagher

A hopelessly romantic Chicago Transit Authority ticket booth operator is mistaken for the fiancée of a comatose patient.

THE PATRIOT (2000)

Sunday, April 6 | 1:30 pm & 4:00 pm

Cast: Mel Gibson, Heath Ledger, Joely Richardson

Peaceful farmer Benjamin Martin is driven to lead the Colonial Militia during the American Revolution when a sadistic British officer murders his son.

ABSOLUTE POWER (1997)

Tuesday, April 8 | 1:30 pm

Cast: Clint Eastwood, Gene Hackman, Ed Harris

Career thief Luther Whitney witnesses a horrific crime involving









U.S. President Alan Richmond.

THE SENTINEL (2006)

Wednesday, April 9 | 1:30 pm & 6:30 pm

Cast: Michael Douglas, Kiefer Sutherland

A Secret Service agent is framed as the mole in an assassination attempt on the President. He must clear his name and foil another assassination attempt while on the run from a Secret Service Protective Intelligence Division agent.



LOVE AFFAIR (1994)

Friday, April 11 | 1:30 pm Saturday, April 12 | 6:30 pm Sunday, April 13 | 6:30 pm

Cast: Warren Beatty, Annette Bening

Two people meet on a flight to Sydney. Although both are engaged to others, they fall in love during their evacuation after a forced landing, and agree to meet in New York City three months later if the attraction lasts.

WHAT WOMEN WANT (2000)

Saturday, April 12 | 1:30 pm

Cast: Mel Gibson, Helen Hunt, Marisa Tomei

A cocky, chauvinistic advertising executive magically acquires the ability to hear what women are thinking.

PEARL HARBOR (2001)

Sunday, April 13 | 4:00 pm

Cast: Ben Affleck, Kate Beckinsale, Josh Hartnett

A tale of war and romance mixed in with history. The story follows two lifelong friends and a beautiful nurse who are caught up in the horror of an infamous Sunday morning in 1941.

THE LAST LETTER FROM YOUR LOVER

(2021

Tuesday, April 15 | 1:30 pm & 6:30 pm Cast: Shailene Woodley, Joe Alwyn

A pair of interwoven stories set in the past and present follow an ambitious journalist determined to solve the mystery of a forbidden love affair at the center of a trove of secret love letters from 1965.

THE MOVIES

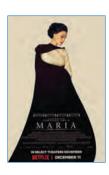














MUST LOVE DOGS (2005)

Wednesday, April 16 | 1:30 pm & 6:30 pm

Cast: Diane Lane, John Cusack, Elizabeth Perkins

Sarah Nolan, a preschool teacher, is forced into finding a man after her sister Carol makes her a profile on a matchmaking website. Her life is changed when she meets Jake, a recent divorcee.

THE GRADUATE (1967)

Friday, April 18 | 1:30 pm Saturday, April 19 | 6:30 pm Sunday, April 20 | 6:30 pm

Cast: Dustin Hoffman, Anne Bancroft, Katherine Ross

A disillusioned college graduate finds himself torn between his older lover and her daughter.

KING ARTHUR (2004)

Saturday, April 19 | 1:30 pm

Cast: Clive Owen, Keira Knightley

A demystified take on the tale of King Arthur and the Knights of the Round Table.



AN IDEAL HUSBAND (1999)

Sunday, April 20 | 1:30 pm & 4:00 pm

Cast: Rupert Everett, Julianne Moore, Peter Vaughan

London 1895: Cabinet minister, Sir Chiltern, and bachelor, Lord Goring, are victims of scheming women.

TAKEN (2008)

Tuesday, April 22 | 1:30 pm & 6:30 pm

Cast: Liam Neeson, Maggie Grace, Famke Janssen

A retired CIA agent travels across Europe and relies on his old skills to save his estranged daughter, who has been kidnapped while on a trip to Paris.

MARIA (2024)

Wednesday, April 23 | 1:30 pm & 6:30 pm

Cast: Angelina Jolie, Pierfrancesco Favino

Maria Callas, the world's greatest opera singer, lives the last days of her life in 1970s Paris, as she confronts her identity.

HANOVER STREET (1979)

Friday, April 25 | 1:30 pm Saturday, April 26 | 6:30 pm Sunday, April 27 | 6:30 pm

Cast: Harrison Ford, Lesley-Anne Down

Margaret is a nurse in England during WW2, and married to a secret agent. Things get complicated when she falls for David, an American pilot.

NORTH COUNTRY (2005)

Saturday, April 26 | 1:30 pm

Cast: Charlize Theron, Jeremy Renner

A fictionalized account of the first major successful sexual harassment case in the United States, Jenson vs. Eveleth Mines, where a woman who endured a range of abuse while working as a miner filed and won the landmark 1984 lawsuit.

FROM TIME TO TIME (2009)

Sunday, April 27 | 1:30 pm & 4:00 pm

Cast: Alex Etal, Timothy Spall, Maggie Smith

A haunting ghost story spanning two worlds, more than a century apart. When 13-year-old Tolly finds he can mysteriously travel between the two, he begins an adventure that unlocks family secrets laid buried for generations.

27 DRESSES (2008)

Tuesday, April 29 | 1:30 pm & 6:30 pm

Cast: Katherine Heigl, James Marsden

After serving as a bridesmaid 27 times, a young woman wrestles with the idea of standing by her sister's side as her sibling marries the man she's secretly in love with.

WICKED (2024)

Wednesday, April 30 | 1:30 pm & 6:30 pm

Cast: Cynthia Erivo, Ariana Grande, Jef Goldblum

Elphaba, a young woman ridiculed for her green skin, and Galinda, a popular girl, become friends at Shiz University in the Land of Oz. After an encounter with the Wonderful Wizard of Oz, their friendship reaches a crossroads.









SUNDAY MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY **SATURDAY** 8:30 am • Men's Water Aerobics (Pool) 9:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) 9:30 am • Basic Water Aerobics (Pool) 9:00 am • Dr. Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 9:30 am • Group Exercise (PAC) 1:00 pm • Advanced Line Dancing (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Travelers: Dixon Gallery (Trans) 10:00 am • Kroger & Banks (Trans) 10:00 am • Walmart, Kroger Aldi, & Banks (Trans) 1:30 pm ● Game Play (LCR) 10:00 am • Pinecone Painters (A&C) 10:30 am • Cardio Move & Strength (PAC) 10:30 am • Lunch Bunch: Kitchen Table (Trans) 10:15 am • Strength Training (PAC) 1:30 pm • Movie: While You Were Sleeping (Thtr) 11:00 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 10:30 am ● Cornhole Club (LCR) 2:30 pm • Ballroom Dancing (PAC) 1:00 pm • Billiards Group (Billiard Room) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Line Dancing (PAC) 1:00 pm • Walmart, Costco, & Banks (Trans) 10:45 am • Yoga Stretch (PAC) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Movie: Master and Commander (Thtr 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Mexican Train Dominos (Ante) 1:30 pm • Bunko (SCR) 1:00 pm • Dr. Abutineh MD (WC) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: No Way Out (Thtr) 1:30 pm • Movie: Sleeping with the Enemy (Thtr 2:00 pm • Ballroom Dancing (PAC) 1:30 pm • TV Series: Johnny Carson (Thtr) 6:00 pm • Music: Bartlett Brass Quintet (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: Sleeping with the Enemy (The 9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 8:00 am • Church of Christ Service (PAC) 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) 12 10:00 am • Worship Service (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:00 am • Dr. Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Annual Easter Egg Hunt (Ground 9:30 am • Group Exercise (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel 9:30 am • Group Exercise (PAC) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 1:00 pm • Music: Marilynn Garzione (Lobby) 10:00 am • Hobby Pines Group (Hobby Shop) 10:00 am • Women's Bible Study (Chapel) 10:00 am • Kroger & Banks (Trans) 10:00 am • Walmart, Kroger, Aldi, & Banks (Trans 1:00 pm • Advanced Line Dancing (PAC)):00 am • *T* 1:30 pm • Movie: The Patriot (Thtr) 10:00 am ● Poetry & Writing Club (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Garden Gro'ers (Greenhouse)
11:00 am • Chair Yoga (PAC)
1:00 pm • Billiards Group (Billiard Room) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Arthritis Foundation Bake Sale (Lobb 1:30 pm ● Game Play (LCR) 4:00 pm • Movie: The Patriot (Thtr) 10:30 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Costco, & Banks (Trans) 10:15 am • Strength Training (PAC) 1:30 pm • Movie: What Women Want (Thtr) 10:30 am • Beginners Billiards (Billiard Room) 6:30 pm • Movie: No Way Out (Thtr) 1:00 pm • Afternoon Bridge (LCR) 1:00 pm • Billiards Group (Billiard Room) 10:45 am • Yoga Stretch (PAC) 2:30 pm • Ballroom Dancing (PAC) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:00 pm • Dr. Abutineh MD (WC) 1:00 pm • Billiards Group (Billiard Room) 6:15 pm • Trivia Group (Ante) 1:30 pm ● Game Play (LCR) 1:30 pm • Movie: Absolute Power (Thtr) 1:15 pm • Line Dancing (PAC) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans 6:30 pm ● Movie: Love Affair (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: The Sentinel (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm ● Mexican Train Dominos (LCR) 1:30 pm • Bunko (SCR) 1:30 pm • TV Series: Johnny Carson (Thtr) 1:30 pm • Movie: Love Affair (Thtr) 6:00 pm • BINGO (PAC) 6:15 pm • Girls Night Out (Thtr) 6:30 pm • Vespers (PAC) 6:30 pm • Music: Rob Haynes (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: The Sentinel (Thtr) 9:00 am • Travelers: Peter Jones Amazon 2 (PAC)
9:30 am • Advanced West 8:00 am ● Men's Christian Fellowship (LCR) 19 8:00 am • Church of Christ Service (PAC) 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 9:00 am • Get Physical with Kim (Oasis) 13 14 **15** 16 18 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Worship Service (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:00 am • Dr. Abutineh MD (WC) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 1:00 pm • Advanced Line Dancing (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:30 am • Group Exercise (PAC) 10:00 am • Cathòlic Service's (Chapel) 4:00 pm ● *Hymn Sing with Leon (Chapel)* 10:00 am ● Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) .0:00 am • Pinecone Painters (A&C) 10:00 am • Bible Study with Dave Phillips (Chape 10:00 am • Walmart, Kroger, Aldi, & Banks (Trans 1:30 pm ● Game Play (LCR) 10:00 am • Caregiver Support Group (SCR) 10:15 am • Travelers: Trolls Save the Humans (Tran 10:15 am • Strength Training (PAC) 4:00 pm • Movie: Pearl Harbor (Thtr) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Kroger & Banks (Trans) 1:30 pm • Movie: King Arthur (Thtr) 11:00 am • Chair Yoga (PAC 11:30 am • Episcopal Service (Chapel) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 10:30 am • Cornhole Club (LCR) 6:30 pm • Movie: Love Affair (Thtr) 10:30 am • Chair Yoga (PAC) 1:15 pm • Line Dancing (PAC) 10:30 am • Cardio Move & Strength (PAC) 2:00 pm • Travelers: St. Joan: Shakespeare Co 10:30 am • Beginners Billiards (Billiard Room) 1:30 pm • Movie: Letter From Your Lover (Thtr) 1:00 pm • Walmart, Costco, & Banks (Trans) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 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10:30 am • Arthritis Foundation Walk (Lobby) 11:00 am • Chair Yoga (PAC) 10:00 am • Kroger & Banks (Trans) 10:15 am • Strength Training (PAC) 1:00 pm • Advanced Line Dancing (PAC) 10:30 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 6:30 pm • Movie: The Graduate (Thtr) 10:30 am • Cardio Move & Strength (PAC) 10:30 am • Cardio Move & Strength (PAC) 10:45 am • Yoga Stretch (PAC) 1:30 pm • Game Play (LCR) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Needle Arts Group (Sunroom) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Costco, & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: North Country (Thtr) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 10:30 am • Tech Time (Sunroom) 1:00 pm • Afternoon Bridge (LCR) 1:00 pm • Billiards Group (Billiard Room) 2:30 pm • Ballroom Dancing (PAC) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans 1:00 pm • Billiards Group (Billiard Room) 1:30 pm ● Game Play (LCR) 1:15 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Exercise (PAC) 9:30 am • Group Exercise (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Cathòlic Service's (Chapel) 1:30 pm ● Movie: From Time to Time (Thtr) 10:00 am ● Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Pinecone Painters (A&C) 11:00 am • Chair Yoga (PAC) 10:30 am • Chair Yoga (PAC) 11:45 am • Birthday Lunch (Dining) 2:00 pm • *Travelers: Complete History* HS - Hobby Shop Thtr - Theater L2:30 pm • 7 1:00 pm • Billiards Group (Billiard Room) 10:30 am • Beginners Billiards (Billiard Room) of the Opera (Trans) 1:00 pm • Billiards Group (Billiard Room) FDR - Formal Dining Room SCR - Small Card Room 4:00 pm • Movie: From Time to Time (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 6:30 pm • Movie: Hanover Street (Thtr) 1:30 pm ● Game Play (LCR) 1:30 pm • Movie: 27 Dresses (Thtr) PAC - Performing Arts Center
 A&C - Arts & Crafts Studio 6:00 pm ● Mexican Train Dominos (LCR) 1:30 pm • Bunko (SCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Wicked (Thtr) BR - Billiard Room LCR - Large Card Room 6:00 pm • BINGO (PAC) 3:45 pm • Birthday Dinner (Dining) 2:00 pm • Ballroom Dancing (PAC) 6:30 pm • Movie: 27 Dresses (Thtr) • Trans - Transportation WC - Wellness Clinic 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Wicked (Thtr)

April 2025 **EVENTS**

Apr 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Apr 1: Travelers: Dixon Gallery

Pack your lunch and join the Travelers to the Dixon Gallery & Gardens for "Spring to Art". This is a spring celebration of Blues, Art, & Memphis. There will be live music and so much more to enjoy. Sign up in Resident Programs. Lobby time is 10:00 am. Transportation fee is \$5.

Apr 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Apr 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Apr 1: Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

Apr 1: Line Dancing

Line Dancing will be held every Tuesday & Thursday at 1:15 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Advanced Line Dancing is held on Saturdays at 1:00 pm. Everyone is welcome!

Apr 1: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Apr 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

Apr 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Apr 2: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Apr 2: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts Studio.

Apr 2: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress, and joint pain. Join us in the PAC at 10:30 am each Monday & 11:00 am on Wednesdays.

Apr 2: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Apr 2: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR.

Apr 2: Mexican Train Dominoes

Looking for a new game to play? Try Mexican Train Dominoes. Come by the LCR every Monday at 6:00 pm or the Ante Room every Wednesday at 1:30 pm. If you have any questions or want to join, reach out to Paula Hanson or Phyllis Mitchell.

Apr 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.

Apr 2: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm and Saturday at 2:30 pm in the PAC for a group class and ask us about private lessons.

Apr 2: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

Apr 3: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Apr 3: Lunch Bunch: The Kitchen Table

The Lunch Bunch is going to The Kitchen Table in Arlington TN, on Thursday, April 3rd. Sign up in the Resident Programs Office. The transportation fee is \$5. Lobby time is at 10:30 am. Don't forget your lunch money!

Apr 3: Series: Johnny Carson

Let's take a journey back to the early career of the man who became the king of late-night TV. With rare kinescopes from 1955 through 1972 and hard-to-find films, we see the beginnings of what eventually became over 35 years of joyful entertainment to millions of loyal television fans. Showtimes are every Thursday at 1:30 pm.

Apr 4: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

Apr 4 & 18: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

Apr 4: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

Apr 4: Bartlett Brass Quintet

The Bartlett Brass Quintet has been entertaining audiences in the Memphis Area since 1994 and these gentlemen have been playing together since 2021. They perform regularly to audiences who enjoy live performances with a mixture of Classical, Sacred, New Orleans Jazz, Patriotic, Movie Scores, Military Marches, and Modern Pop whose sound comes alive in beautiful brassy fashion. BBQ plays in the spirit of the Canadian Brass Quintet and will be sure to please your musical taste in some shape or fashion! Music begins in the PAC at 6:00 pm.

Apr 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Apr 6: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

Apr 6: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

Apr 6: Marilynn Garzione

Be in the lobby at 1:00 pm to enjoy music from our very own Marilynn Garzione. This is a performance you don't want to miss!

Apr 7: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Apr 7: Poetry & Writing Club

The Writing and Poetry Group meets the first Monday of every month at 10:00 am in the LCR. We will meet for an hour and share our writings with everyone. This month's writing prompt is to write about buses. New Members encouraged and welcome to join in.

Apr 7: Bingo

Who dones't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Apr 8: Women's Bible Study

Ladies, come join our new women's bible study organized by Germantown Presbyterian Church. We meet the 2nd Tuesday of the month at 10:00 am in the Chapel.

Apr 8 & 22: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

Apr 8: Girls' Night Out

Join us for this Girl's Night Out, "When Harry Met Sally". When Harry Met Sally is a 1989 American romantic comedy film directed by Rob Reiner and written by Nora Ephron. Starring Billy Crystal, Meg Ryan, Carrie Fisher, and Bruno Kirby, it follows the title characters from the time they meet in Chicago and share a drive to New York City through twelve years of chance encounters in New York, and addresses the question "Can men and women ever just be friends?" The movie will start at 6:15 pm.

Apr 9: Travelers: Calvary Episcopal Lenten Series

Join the travelers to Calvary Episcopal for their 102nd Lenten Preaching Series, on Wednesday April 9th. Rabbi Micah Greenstein will be the speaker. Before listening to Rabbi Greenstein, we will enjoy lunch at The Waffle Shop. Sign up in Resident Programs. Transportation fee is \$5. Lobby Time 10:00 am. Don't forget your lunch money.

Apr 9: Garden Gro'ers

We might believe we are nurturing our garden, but of course it's our gardens that nurture us. If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Join us in the Greenhouse at 10:30 am.

Apr 11: Bake Sale for the Arthritis Fundation

We will be having a bake sale for the benefit of the Arthritis Foundation from 10:00 am to 2:00 pm in the Lobby on Tuesday, April 11th. Please deliver your baked goods to the Resident Programs office the day before unless you plan to bring something delicious straight out of the oven the day of.

Apr 11: Rob Haynes

Rob Haynes is a Memphis-based musician who has performed all over the country in many well-renowned venues. Whether he's performing from the great American songbook or rock 'n roll he is sure to get you moving and grooving. Music begins in the PAC at 6:00 pm.

Apr 12: Annual Easter Egg Hunt

Join us for our annual Easter egg hunt. Bring the whole family to enjoy this funfilled event. We will have special appearances from the Easter bunny himself and Miss Patches who will be painting faces. Be sure to let Resident Programs know the names and ages of your happy little egg hunters who will be joining us. Festivities will begin at 10:00 am by the playground (weather permitting).

Apr 12 & 26: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme this month will be Anatomy & Physiology, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Apr 13: Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sanderson. We will begin at 4:00 pm.

Apr 14: Travelers: Trolls Save the Humans

Join the travelers on a tram tour of the Memphis Botanic Gardens. This tour will include the Trolls Save the Humans exhibition. Thomas Dambo, considered the world's leading recycle artist, has created art that inspires people to go explore, have adventures in nature, and demonstrates that trash can be turned into something beautiful Lean into the lore that this larger-than-life fairytale brings to the Garden as art, nature, and messages of sustainability intertwine in this unique outdoor exhibition. Lobby time 10:15 am. Sign up in Resident Programs. Tickets are \$23. Transportation fee \$5.

Apr 15: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the LCR and learn to take better photos!

Apr 16: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Apr 16: Episcopal Service

All are invited to attend an Episcopal Service the 3rd Wednesday, every month, at 11:00 am in the Chapel. Residents will lead Morning Prayer followed by communion. Clergy from St. John's Episcopal Church will serve communion or in their absence Lay Eucharistic Ministers will substitute. Lunch will follow for those who are interested.

Apr 17: Travelers: Peter Jones Amazon Part 2

Peter Jones will give a PowerPoint presentation on April 17 at 9:00 am in the PAC with live streaming on in-house TV. Join him as the 28-guest river boat, La Amitista, navigates the upper reaches of the Rio Amazonia, Rio Ucayali, and Rio Tapiche in Peru, viewing spectacular scenery and wildlife, and visiting the Riberenos people in their villages on the riverbanks.

Apr 18: Double D Band

Come to the PAC at 6:00 pm to enjoy Double D. This musical duo is no stranger to the Kirby Pines Stage. Come listen as they perform all of your favorites from the 50's. This is a performance you don't want to miss!

Apr 19: Travelers: St. Joan Shakespeare Company

Join the Travels to see St. Joan on the Tabor Stage at the TN Shakespeare Company. This play chronicles the heroism of French army leader, Joan of Arc. This is a show you do not want to miss. Lobby time is 2:00 pm on Saturday April 19th. Tickets are \$41. Transportation fee is \$5. Sign up in Resident Programs.

Apr 21: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Apr 21: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Apr 21: European Travel Series

Join us in the theater on the 3rd Monday every month to enjoy a documentary about a new location. This month we will be taking a trip to learn about "European Easter". Program will begin at 1:30 pm in the theatre.

Apr 22: The Book Baggers

Join us in the Chapel at 9:30 am on Tuesday, April 22. Stephen Williford will be sharing with us his experiences as a ghost writer, as well as his first fictional work, "The Lodge". Stephen is a Memphis native who is very familiar with Kirby Pines, being that he son of Irma Williford, who was a resident here for many years. If you have a new neighbor, please invite them for this interesting presentation.

Apr 22: Walk To Cure

Join us for the Kirby Pines annual walk for the Arthritis Foundation. We will meet in the Lobby at 10:30 am and will begin the walk around the Kirby Pines grounds at 10:40 am. Drink plenty of water and join in on the fun.

Apr 24: Travelers: Sultana Disaster Museum

Join the travelers to tour the Sultana Disaster Museum in Marion Arkansas. The mission of the Sultana Disaster Museum is to tell the story of the tragedy that occurred on April 27, 1865, and the events that led up to that fateful night. Lobby Time 9:30 am. Sign up in Resident Programs. Tickets are free, however the museum greatly appreciates donations. We will enjoy lunch at Shake Shack after the tour. Transportation fee is \$5. Don't forget your lunch money.

Apr 25: Beverly Brothers

The Beverly Brothers perform harmony based, songs ranging from classic country to classic rock and roll favorites. This 2 guitar duo always delivers a spirited, high energy show that invites and incites audience participation. In the PAC at 6:00 pm.

Apr 26: Travelers: Collierville Spring Sidewalk Sale

Join the travelers on this fun day of shopping in the Collierville Town Square! Stroll through Town Square and beyond as local businesses bring their best discounts, exclusive finds, and seasonal must-haves to the sidewalks. Lobby time is 10:00 am. Transportation fee is \$5. Sign up to shop these amazing deals in Resident Programs.

Apr 27: Travelers: History of Opera

Calling all Opera fans, come along with the travelers to Opera Memphis to hear "The Complete History of Opera" on Sunday April 27th. This show is part of Opera Memphis "Variations on a Theme" series. Sign up in Resident Programs. Tickets are \$25. Transportation fee is \$5. Lobby time is 2:00 PM. Hope to see you there.

Apr 29: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Kayla Holland @ 901-488-9019 to reserve your table.

Apr 30: Travelers: Delta Blues Winery

Relax with the travelers as we taste and tour the Delta Blues Winery in Lakeland TN. This tour gives you the chance to learn about their winery and taste many of their signature blends, all while enjoying the scenery in this quiet country town. There is even a gift shop featuring products from local businesses. Lobby time is 12:30 pm on Wednesday April 30th. Tickets are \$15. Transportation fee is \$5. Sign up in resident programs to explore this hidden gem.



PUZZLE CHALLENGE | Sudoku Number Game

SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

PUZZLE 1: EASY

3					6			7
		8		1	2	3		
2								9
7		1		3		8		
5			7				1	3
	4			2				
	8		2	9		7	5	
			5				6	
1			8		4			

PUZZLE 3: MEDIUM

8	2	5	9				4	6
6		7		2			3	5
		3					8	
1			4	6		2		
2	3						6	
			1				9	3
		2	6		4			
		9					1	
	5				8			

PUZZLE 2: MEDIUM

9	4		7	2		6		
1	5						9	
6				5	3		8	
	7				5	2	3	
			3			4	7	
					4			9
	1				9		2	8
	3							
5		9	6					

PUZZLE 4: HARD

7						8		
			3		2	5	7	9
			6	7				3
		8		9	1		5	
		9	7					
2	4				8	7		
9	2				3			
		7	9			2	4	
				1				

PICTURING LIFE AT KIRBY PINES

BIRTHDAYS, MARDI GRAS AND MORE



Ernie Leuenberger celebrates with wife, Laura, MIL, Betty Terry & friend, Bill Srygly.



Bill Sayle is all smiles at his birthday celebration.



Marty Kocman enjoys a trip around the sun with wife, Janie, and friends, Jeanie & Fritz Crombie.



Carolin Thomason and Lee Brown flash their beads and their smiles on Fat Tuesday. Photo by Ginger Bount.



Steve Martin looking festive during the Mardi Gras lunch. Photo by Ginger Bount.



Caroline Thomas lets the good times roll during Mardi Gras. Photo by Ginger Bount.



Pat Simmons checks out some of the items at Palladio Antiques after lunch.



Mary Lou Shannon joined the Lunch Bunch at Palladio Antiques in midtown.



Bridge Winners for March were Dan Moffett and Diane Mullins. Photo by Jane Longfield.

PICTURING LIFE AT KIRBY PINES

ENTERTAINERS AND CHARLIE DAY



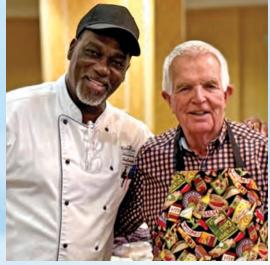


The Entertainers put on quite the program with a Tribute to Ireland, just in time for St. Patrick's month.

Photos by Stuart Eyman.



Lee Todd gives the thumbs up for Charlie Day Breakfast. Photo by Mary Ann Thurmond.



Executive Chef, Harold Morris, and RCA President, Charlie Trammell, spreading joy one biscuit at a time.



Mary Lee Boggs seems to be enjoying some fresh preserves on her biscuit.



Roylyn Parks is ready for one of Charlie's famous biscuits!



Ruth Nilsen tips her cup to having breakfast for lunch and dinner.



Arrena & Richard Cheek cozy up for a quick pic.

PICTURING LIFE AT KIRBY PINES

PROGRAMS, CLASSES, GROUPS AND MORE



J.P. Goble, CPA, with Marilyn McNicol and LifeCare Advisor Randy Peace.



Rhetta Watkins and Sarah McCallum take a hand at watercolor painting.



Sydney Wagner shows off her brightly colored watercolor.



Jan Thomson shows off a mat she made for the homeless. Photo by Marsha Greiner.



Maxie & Jerry Dunnam say, "Kiss Me, I'm Irish" on St. Patrick's Day.



Our dynamic duo, Susan Flake & Lois Dazey, are back on St. Patrick's Day!



Alice Petty checks out the goods at Backermann's Country Market.



Our resident baker, Jim Stanley, seems thrilled with his Backermann find.



Marcia Fraley doesn't think you can beat a jar of pickled beets.

KIRBY PINES PHOTO CLUB

Photo by Sydney Wagner

Join Us April 15th at 3:00 pm in the Large Card Room!

This month our Photo Club members took pictures of whatever they wanted.

Check them out!



Photo by Marsha Greiner



Photo by Dale Jones



Photo by Arrena Cheek



Photo by Stuart Eyman



Photo by Fran Gentry



Photo by Fred Dabrowski



Photo by Mary Ann Thurmond



Photo by Sheryl Maxwell



Photo by Ginger Blount

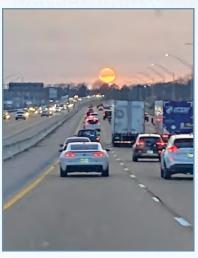


Photo by Jane Longfield



Photo by Sylvia Statham

Memorials, Honorariums & Gifts

In Memory Of

MAL MAUNEY

Donation by John & Sally Coleman to the Employee Fund

Donation by Bobbie O'Farrell to the Employee Fund

LINDA CASE

Donation by KP Resident Association to the Employee Fund

JUDY LIMBURG

Donation by KP Resident Association to the Employee Fund

In Honor Of

MARK MAXWELL

Donation by Doris Boyd to the Hobby Shop

MARSHA GREINER

Donation by Alice Petty *to the Library*

MIKE HUFNAGEL

Donation by Mary Stagg to the Employee Fund

STEVE TITTLE

Donation by Steve & Jeanette Martin to the Hobby Shop

SHARON MARTIN

Donation by Lois Dazey to the General Fund

DON MEINERS

Donation by Lois Dazey to the Pinecone Painters

MARK MAXWELL & HUGH GREGORY

Donation by Judy DeShaies to the Hobby Shop

MARTY KOCMAN & MIKE JAEGER

Donation by Anonymous to the Garden Gro'ers

SUDOKU NUMBER GAME

PUZZLE 1: EASY

3	9	5	4	8	6	1	2	7
6	7	8	9	1	2	3	4	5
2	1	4	3	5	7	6	8	9
7	2	1	6	3	5	8	9	4
5	6	9	7	4	8	2	1	3
8	4	3	1	2	9	5	7	6
4	8	6	2	9	3	7	5	1
9	3	2	5	7	1	4	6	8
1	5	7	8	6	4	9	3	2

PUZZLE 2: MEDIUM

	9	4	8	7	2	1	6	5	3
-	1	5	3	8	4	6	7	9	2
1	6	2	7	9	5	3	1	8	4
Ŧ	8	7	4	1	9	5	2	3	6
ì	2	9	1	3	6	8	4	7	5
	3	6	5	2	7	4	8	1	9
	7	1	6	4	3	9	5	2	8
	4	3	2	5	8	7	9	6	1
	5	8	9	6	1	2	3	4	7
1						_		,	_

PUZZLE 3: MEDIUM

8	2	5	9	3	7	1	4	6
6	4	7	8	2	1	9	3	5
9	1	3	5	4	6	7	8	2
1	9	8	4	6	3	2	5	7
2	3	4	7	5	9	8	6	1
5	7	6	1	8	2	4	9	3
3	8	2	6	1	4	5	7	9
4	6	9	2	7	5	3	1	8
7	5	1	3	9	8	6	2	4

PUZZLE 4: HARD

	7	9	3	1	5	4	8	2	6
	4	6	1	3	8	2	5	7	9
١	8	5	2	6	7	9	4	1	3
	3	7	8	4	9	1	6	5	2
	5	1	9	7	2	6	3	8	4
ı	2	4	6	5	3	8	7	9	1
\	9	2	5	8	4	3	1	6	7
	1	3	7	9	6	5	2	4	8
	6	8	4	2	1	7	9	3	5

ANSWERS TO PUZZLE
CHALLENGE ON PAGE 17

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A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Tim Cox at tcox@retirementcompanies.com

