# PIRECONE

The Magazine of Kirby Pines LifeCare Community • December 2024 | V. 42 | I.12

KIRBY PINES VOTED #1
AGAIN! PAULA CWIKIEL gets in the Christmas spirit at Kirby Pines and celebrates 18 Years as the #1 Retirement **Community in Memphis!** 

### We Are All Truly Blessed

How can we top that AMAZING Thanksgiving that we just enjoyed? The entire Culinary Team truly out did themselves! I saw nothing but joy and happiness on that wonderful day. It was one for the "Memories."

I also wanted to thank all our fellow veterans who participated in our Veterans Day Celebration. What a series of wonderful events! Shoutout to Kayla for making the 11th of November so special!

I love this time of year! Fun and excitement fills the air. Decorating our community with Holiday Splendor. Planning our schedule of Christmas parties and events.

I see nothing but smiling faces everywhere I turn. Today, I want to share the many blessings that have been bestowed on me this past year:

- 1) I have the opportunity to serve such an amazing group of Residents! Our Residents are truly the most loving, friendly, and caring residents I have ever had the privilege of serving. The amazing thing is, their loving, caring nature attracts "like" new residents. Our population is not just growing. It's growing with fun-loving, caring great people!
- 2) I am blessed with a team of highly motivated, dedicated professionals who enjoy working at Kirby Pines. How do I know they love

## at Kirby Pines

working here? It's simple. It is proven by their longevity on the job! We have currently 68 employees who have been with us over 5 years! Nationally, the Bureau of Labor Statistics reports that the national average tenure is 4.1 years. This is truly a blessing to have such dedication from our staff. It should give us all a real peace of mind and comfort.

3) And lastly, we are blessed to have the leadership, guidance, and consistent vision from the Psalms Board of Directors. as well as RCA. I personally count these and so many more blessings every day I enter our gorgeous campus. I have never been happier!

Now, if we could just get a little snow on the 24th! Merry Christmas Everyone!



Michael J. Brown, Jr. Executive Director. Kirby Pines

### E PINECONE COVER

#### The Most Wonderful Time of Year at Kirby Pines!

It's December at Kirby Pines and the holiday season is in full swing. The temperatures are getting cooler, but the Christmas entertainment is heating up.

We begin by stepping out to Germantown for the Sounds of the Season on the 1st, the Travelers head to see A Christmas Carol on the 4th and go check out the lights of Collierville on the 9th. We have loads of in-house holiday fun with local groups & residents sharing Christmas Cheer on the 5th, 8th, 14th & 15th. Our annual Christmas Party is on the 10th, and new this year, we will have a Christmas Parade on the 18th, so get those sweaters ready! There is a Holiday Jewelry Sale on the 11th and the Kirby Theater shares The Gift of Music on the 20th. Finally, ring in the New Year with a dance on the 31st with your favorite people.

Speaking of favorite people, our front cover features the fun-loving and beautiful Paula Cwikiel. She always has a smile on her face and her energy makes you feel welcome and right at home, which is definitely the Kirby way.

Our back cover was taken at the garden home of Bobby and Susie Thompson. Another pair of friendly fixtures at Kirby Pines, this joyful couple enjoys Christmas so much, they keep their tree up year round, fully decorated with lights and all. It fits right in with their amazing collectibles and eclectic decor. Their home is a showplace.

We thank all three of them for taking the time to let us take their pictures and get in the Christmas spirit! On that note, we hope everyone has fun-filled, fabulous month!



Paula Cwikiel In Holiday Mode



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Marilyn recently moved to Kirby Pines from her former home of 40 years in Cutn-shoot, TX. She was born in Provincetown, Maine and raised by her grandmother until she was 10 years old.

Married for 66 years, she and her late husband have two children, 2 grandchildren and 4 great-grands.

Marilyn was a homemaker and mother. She is proud of being called the "Best Mom" and "Proud Mom" for the success of her accomplished children.

Reading, jigsaw puzzles, being outdoors, gardening and swimming are Marilyn's hobbies and interests. To stay active, Marilyn likes to keep moving, walking and swimming. Marilyn will certainly fit into our KP lifestyle. She also collects matchbooks and coffee mugs.

When you meet Marilyn, you'll find out why friends describe Marilyn as independent and helpful when called upon. We are happy Marilyn chose Kirby Pines for her new home. Be sure to give her a warm welcome and invite her to join you in all the activities of the Kirby Pines world.

Are you or a family member ready to enjoy retirement living?

Call a Kirby Pines LifeCare Advisor at 901.369.7340 and join our family today!



**Barbara Smith** 

Moving from her former home in Germantown, Barbara has moved to Kirby Pines for the next chapter of her life.

Barbara earned her degrees in Business Administration and Education from the University of Memphis and was part owner of Smith Pool Services for over 50 years. A mother of 3 boys and 3 grandchildren, she says her greatest accomplishment was raising her boys. As a soccer mom, she cheered at many games.

She enjoys movies, exercise, traveling and art. Christmas and Thanksgiving are her favorite holidays. She picked a perfect time to move to Kirby Pines. Barbara will certainly be delighted with her first holiday season here with all the decorations and events.

Europe and Australia are the destinations Barbara has traveled. She especially enjoyed traveling in Europe.

Service oriented, Barbara has been recognized for volunteering at a special needs school.

Barbara says she is a collector of a little bit of everything, better known as "knick knacks." To stay active, she likes to exercise and has already joined the chair yoga class.

When you meet Barbara, you'll have an immediate new friend. She is easy going and simply enjoys time just being together. Find Barbara, give her a big Kirby hug, sit down and get to know her. Welcome Barbara!



Maintaining a focus on personal health and safety is especially important at this time of year. These six tips can help you have a more enjoyable, healthy, and injury-free holiday season.

**Nourish Your Body:** Maintaining energy levels while nourishing our bodies requires a balance between indulgence and eating healthily. Portion management is key, as is eating only until you are satisfied rather than full. Vegetables, fruits, whole grains, healthy fats, and protein are essential parts of a balanced diet and should be consumed moderately during the holiday season. "Eat what you love in moderation," suggests Jody Engel, a nutritionist and registered dietitian at NIH.

**Hydration Matters:** It's easy to lose track of how much water you are drinking during the busy holidays. Adequate hydration is essential for sustaining energy, increasing alertness, facilitating digestion, and protecting brain health. If you consume alcohol, drink plenty of water before, during, and after. According to Healthline, alcohol "causes your body to remove fluid at a much quicker rate than other liquids." Healthline.gov

**Stay Active:** Moving and staying active year-round is especially important during the colder months. Plan time for exercise, such as light yoga or strolling through the mall. When venturing outdoors, protect yourself from the elements by layering your clothing, and keeping your mouth and nose covered. Be mindful of icy paths to avoid falls by wearing appropriate footwear with non-slip soles. Also, consider aids like a cane or walker when needed.

**Relax and Recharge:** During this potentially stressful time of year, it's important to prioritize self-care and effective stress management for our mental and emotional well-being. Setting reasonable goals for the use of our resources (time, money, and energy) is crucial. We can decrease our stress by scheduling downtime and by practicing mindfulness including relaxation techniques like deep breathing and meditation and listening to music.

**Mind Your Medications:** Our daily routines can easily be sidetracked during the busy holidays. It's important to remember to maintain your medication schedule and doses as prescribed by your doctor. Using a pillbox with compartments for each day provides a visual reminder to take medication and avoid taking two doses at once. Don't be afraid to ask for help from a family member or friend if needed.

**Protect Yourself:** Many infections spread more rapidly over the holiday season. Other health risks, such as COVID-19 concerns, can be addressed by encouraging vaccinations, practicing hand hygiene, staying home while sick, and avoiding close contact with others who are in your close space.

The key to a safe and enjoyable holiday is balancing fun with self-care. By following these six tips to stay healthy and safe over the holidays you will thrive and enjoy the season with peace of mind, knowing you are safeguarding your health and well-being. Happy Holidays!



#### **Weekly Fitness Classes**

**Get Physical with Kim** 

8:00 am | Mon & Fri | Oasis 9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts

8:00 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led

9:30 am | Wed & Fri | Pool

Men's Water Aerobics Resident Led

8:30 am | Tue & Thu | Pool

Exercise in the PAC
Resident Led

9:30 am | Mon, Wed & Fri | PAC/Live TV

**Chair Yoga with Kim** 

10:30 am | Monday | PAC/Live TV 11:00 am | Wednesday | PAC/Live TV

**Strength Training with Kim** 

Friday Only 10:15 am | PAC/Live TV

**Yoga Stretch with Kim** 

Friday Only 10:45 am | PAC/Live TV

Cardio Move & Strength with Kim 10:30 am | Tue & Thu | PAC/Live TV





## Check Your Monthly WELLNESS PULSE



## INTRODUCING BROAD RIVER REHAB OUR NEW PARTNERS FOR 2025

As we look forward to the opportunity to work alongside Kirby Pines Retirement Community, I wanted to, provide some information on areas of clinical and regulatory compliance we have that best serve our customers and communities.

Broad River Rehab was founded on October 2014 and is a therapist owned full-service provider of physical therapy, occupational therapy, and speech language pathology services to long term care and skilled nursing facilities, CCRCs, and assisted and independent living communities across 12 states, and 300+ sites and growing! We are humbled to serve 23,000 residents across these areas of the nation on a daily basis.

Broad River Rehab's Senior Leadership Team has a combined 50 years of industry expertise with appointed positions in multiple organizations; including the American Association of Post-Acute Nursing and the American Medical Association; and serve as technical experts to the Center for Medicare and Medicaid Services.

Guided by our Chief Strategist, we are also industry leaders in areas of artificial intelligence and the use of neural networks for identification of unique patient characteristics. We have also demonstrated national clinical outcomes well above national averages.

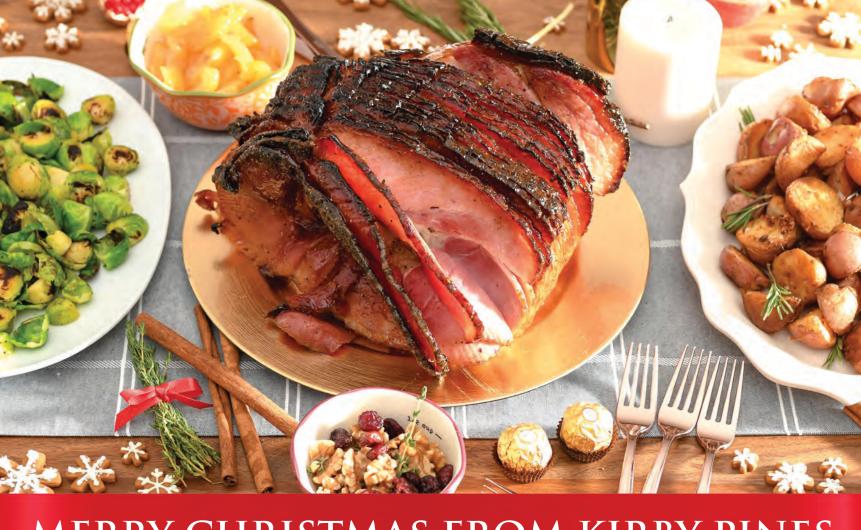
Broad River has a reputation of ensuring the highest level of regulatory compliance for the customers we serve. Our dedicated team members continually review and make recommendations related to billing and coding practices.

Broad River ensures all CPT coding practices are in alignment with the American Medical Association's standards of practice, and that documentation supports skilled services on a daily basis with treatment encounter notes completed every day, for every patient.

Thank you again for allowing us to serve you and your sites in the coming months. We will welcome your current therapists with open arms. Know that Broad River Rehab employees feel valued, appreciated, and grateful to be part of a family of clinicians who put patients first.

We are truly excited and honored to be able to work together with Kirby Pines Retirement Community.

- Sumit Malhotra COO Broad River Rehab



## MERRY CHRISTMAS FROM KIRBY PINES



FOR RESERVATIONS, PLEASE CALL 901-369-7314

11:30 AM - 2:30 PM

4:00 PM - 6:00 PM



#### LIFE'S GOAL: HELPING OTHERS

When asked their philosophy of life, both Richard and Beverly Colditz enthusiastically responded, "To help others." That has certainly been obvious from the number of years both served in the "healing professions": Richard as an OB-GYN physician, and Beverly as a registered nurse. Together, they also would rear three wonderful children.

Although Richard and Beverly did not meet until they were adults, it seemed destined that both would find their way to Atlanta, Georgia. Richard was born in Chattanooga, Tennessee in 1939. His family, which also included an older brother, moved to Knoxville when Richard was four years old. He attended schools in that area, including two years of "pre-med" at the University of Tennessee. Fortunately, he was accepted into the medical program at the prestigious Emory University in Atlanta, Georgia, graduating in 1965. While there, Richard was a member of the Alpha Omega Alpha honor society.

To practice medicine, following graduation from medical school, an internship and a residency in a specialty is required prior to establishing practice. Again, fortunately, Richard was able to do both at Emory. His clinical experiences were at the notable Grady Hospital, ending with three years of residency in Obstetrics and Gynecology in 1969.

At Grady Hospital, there were about 900 babies delivered each year. According to Richard, not all of them made it into the delivery room. He tells of the time he was assisting a lady give birth on an elevator. The lady looked at Richard and asked him to suggest a name for the baby. Thinking about their location on an Otis elevator, Richard suggested, "How about Otis?" "That's good," she replied, "Otis it is!"

Richard survived his year of internship, rotating through all the specialties. He later served as president of the Emory Resident's Program and achieved a remarkable feat by meeting with all the powerful people at Emory and Grady, getting the salary of residents increased from \$.50 an hour to \$500.00 per month. Finally, a livable income! Richard's life was not all hard work. It was during this time that he was introduced to, dated and married a beautiful, young nurse, Beverly Smith, who was teaching at Emory University.

Beverly was born in Bessemer, Alabama in 1937. She entered the University of Alabama Nursing Program, earning a B.S. in Nursing, and began her practice at Duke University Hospital in Durham, North

## **Resident Spotlight:**Richard & Beverly Colditz

Carolina. Eventually, realizing she wanted to teach nursing, Beverley moved to Atlanta, Georgia, to teach at Emory University. To enhance her qualifications, she enrolled in the Masters of Science Nursing Program, completing requirements in 1968. However, she had not been in Atlanta long when she was introduced by a friend to a medical student by the name of Richard Colditz. Following two traditional-type dates, Richard decided to make a giant impression on Beverly by inviting her and another couple to dinner at his apartment. He was the cook! This was his menu: standing rib roast, asparagus casserole, and a scratch lemon icebox pie topped with homemade whipped cream. The two couples then went to a bowling alley and bowled until 4: 00 a.m. It must have made a good impression on Beverly because she and Richard were married in March 1966, during the one week that Richard had off as an intern.

Beverly and Richard were thrilled with the arrival of their first child, Stephen, in December 1966. He was soon followed by Cindy in 1967 and Jennifer in 1972. Life was difficult with a growing family, so it was necessary for Beverly to continue working during Richard's residency.

Following his residency, Richard and family moved to Louisiana where he served two years in the Air Force as Captain at Barksdale Air Force base, practicing obstetrics and gynecology. Finding a good opportunity for practice, Richard and family moved to Carrollton, Georgia, where he joined three other OB-GYN physicians at Tanner Medical Center. Their practice served the area of west Georgia. During that time, Richard served on multiple organizations which supported medical practice, such as the hospital board, and as chief of the medical staff. In 1981, he served as state president of the OB-GYN Society. Finally, after working many 50- hour weekends on call, Richard confined his practice to gynecology, retiring in 2009.

When medical problems began to surface, Richard and Beverly decided to move to Memphis to be closer to their daughters. After research, they decided on Kirby Pines and moved into a garden home with their dog, Josh, in 2018.

In addition to their three children, Beverly and Richard are the proud grandparents of four, all of whom are doing well in their life choices. Beverly has lots of hobbies which keep her busy. She loves to decorate her house and lawn for seasonal celebrations. In fact, she has a collection of 56 small Dept 52



**Beverly & Richard** 

Snow Village houses and figurines she loves to use in her Christmas decorations. Naturally, both Beverly and Richard spend time watching Alabama sports! Richard unfortunately had a bad experience with COVID which left him with problems of balance and memory, which has affected his activities.

According to Richard, "We have met many good people at Kirby and are very grateful that we can receive good care for our various conditions. The move to Kirby was a good choice."

Written by Joan Dodson, Resident of Kirby Pines

## **OH, CHRISTMAS TREE!**

Christmas tree, an evergreen tree, often a pine, spruce, or fir, decorated with lights and ornaments as a part of Christmas festivities. Christmas trees can be fresh-cut, potted, or artificial and are used as both indoor and outdoor decorations. While the trees are traditionally associated with Christian symbolism, their modern use is largely secular. Many families place presents around an indoor Christmas tree to be opened on Christmas Eve or Christmas Day.

The use of evergreen trees, wreaths, and garlands to symbolize eternal life was a custom of the ancient Egyptians, Chinese, and Hebrews. Tree worship was common among the pagan Europeans and survived their conversion to Christianity in the Scandinavian customs of decorating the house and barn with evergreens at the New Year to scare away the Devil and of setting up a tree for the birds during Christmastime. It survived further in the custom, also observed in Germany, of placing a Yule tree at an entrance or inside the house during the midwinter holidays.

The modern Christmas tree, though, originated in western Germany. The main prop of a popular medieval play about Adam and Eve was a "paradise tree," a fir tree hung with apples, that represented the Garden of Eden. The Germans set up a paradise tree in their homes on December 24, the religious feast day of Adam and Eve. They hung wafers on it (symbolizing the eucharistic host, the Christian sign of redemption); in a later tradition the wafers were replaced by cookies of various shapes. Candles, symbolic of Christ as the light of the world, were often added. In the same room was the "Christmas pyramid," a triangular construction of wood that had shelves to hold Christmas figurines and

was decorated with evergreens, candles, and a star. By the 16th century the Christmas pyramid and the paradise tree had merged, becoming the Christmas tree.

The custom was widespread among the German Lutherans by the 18th century, but it was not until the following century that the Christmas tree became a deep-rooted German tradition. Introduced into England in the early 19th century, the Christmas tree was popularized in the mid-19th century by German-born Prince Albert, husband of Queen Victoria. The Victorian tree was decorated with toys and small gifts, candles, candies, popcorn strings, and fancy cakes hung from the branches by ribbons and by paper chains. Taken to North America by German settlers as early as the 17th century, Christmas trees were the height of fashion by the 19th century. They were also popular in Austria, Switzerland, Poland, and the Netherlands. In China and Japan, Christmas trees, introduced by Western missionaries in the 19th and 20th centuries, were decorated with intricate paper designs.

Blown-glass ornaments were offered for sale in Britain and the United States as early as the 1870s, many produced in small workshops in Germany and Bohemia, which also created decorations made from tinsel, cast lead, beads, pressed paper, and cotton batting. In the United States, F.W. Woolworth was selling \$25 million in ornaments annually by 1890, by which time strings of electric tree lights were also available. In the 1930s, artificial trees made of brush bristles were developed in the United States, and the 1950s and '60s saw the mass production of aluminum and PVC plastic trees. Artificial trees gained significant popularity, particularly in countries where fresh trees were hard to procure.

Today, approximately 25-30 million Real Christmas Trees are sold each year in the United States. Almost all of these come from Christmas Tree plantations.

The Christmas tree became popular in England in 1841 when Queen Victoria's husband, Prince Albert, brought a Christmas tree over from Germany and put it in Windsor Castle. The Royal couple were illustrated in a newspaper standing around the Christmas tree with their children, and the tradition of decorating a tree became fashionable.





#### **CHAMPIONS OF THE MONTH**

We are thrilled to announce that the December Champions of the Month are the Security Department!

Under the exceptional leadership and guidance of our three Kirby superheroes, Carl Walker, Lonnie Scott, and Dondrianna Dixon, the Security Department continues to thrive and unite, ensuring the safety and security of our residents and employees.

We are incredibly grateful for our wonderful security team, who consistently take the initiative to look after us all while delivering outstanding customer service to everyone on campus.

Congratulations to the Kirby Pines Security Team!

## REFLECTIONS BY Maxie Dunnam



## What's In A Name?

This Sunday, December 1, is the first Sunday of Advent, a four week season the Christian community has set aside, climaxing with Christmas Day. Christ Followers are called to reflect and pray, centering our attention on the coming of Christ. I can't think of any question that will serve our reflections more richly than **Jesus...** what's in a name?

What a story, "That which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call his name Jesus, for He will save his people from their sins." (Matthew 1:20—23 RSV)

No reservation about his name. It had been declared by the prophet, Isaiah, centuries before. The angel had announced it to Mary at the time of her Annunciation: "You will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High...and of his kingdom there will be no end." (Luke 1:31-32, 33 RSV) So, the question, what's in a name?

Get the story clearly in mind. Who is this Christmas person? Why did he come? Have I claimed what he offers me?

William B. Fitzgerald summarized Wesley's theology of salvation with this fourfold dictum: All people need to be saved from sin, all people can be saved from sin, all people can know they are saved from sin, and all people can be saved to the uttermost. (*The Roots of Methodism, London*: Epworth, 1903, p. 191-217)

We are in the midst of the Advent season. It's Christmas time. Let's stay with the story...at least reflect seriously a bit.

A central figure is Joseph. He is perplexed, deeply perplexed. The woman to whom he is engaged is pregnant and he knows the baby is not his. He is wrestling with what to do. Will he expose her, making her a public example? He can't do that; he loves her too much. He takes the only course acceptable to his conscience. He decides to divorce her quietly, privately, hoping to cause as little a ripple in the community as possible.

That decision, though it came out of the love and justice of his heart, didn't set well. He continued to wrestle with it. In the deep midnight watches and wakefulness of his wrenching heart, an angel appeared with the astounding news:

"Do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call his name Jesus, for He will save his people from their sins." (Matthew 1:20–23 RSV)

Jesus will be his name. It had been declared by the prophet, Isaiah, centuries before. The angel had announced it to Mary at the time of her Annunciation: "You will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High...and of his kingdom there will be no end." (Luke 1:31-32, 33 RSV) So, the question, what's in a name?

"You shall call His name Jesus, for He will save His people from their sins." That's it and that is *Good News...good news* only when we are willing to admit the bad news about ourselves. The bad news is that *we are sinners*.

So let's be very specific, name our common bondage and claim our deliverance.

Do you feel burdened down by guilt? Have you started to realize that the guilt may be from unconfessed sins?

Do you feel pain in your heart because there is a severed relationship that needs reconciliation?

Do you feel helpless because you are held in the tenacious grip of a debilitating habit? Alcohol? Drugs? Gambling?

Is your energy being drained because you live too close to the line of moral compromise —cheating in business? Preoccupied with lusts?

Does your pride often put you in the position of thinking more highly of yourself than you ought to think, of looking down your nose at others?

We could go on and on, but you'll have to do that personally.

Painful though the process of confession and repentance may be, the joy that comes as a result is "unspeakable and full of glory." For the one whose birthday we are celebrating these days is JESUS. He will save us from our sins.



### **December Vesper Services | 6:30pm | Performing Arts Center**

December 5

**Eric Brand** Lay Teacher Advent Presbyterian December 12

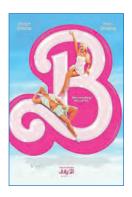
**Rev Ford Williams** Pastoral Associate Independent Presbyterian December 19

**Christmas Story** Elizabeth Houston-Harp, Libby Link-Violin, Horace Houston-Vocals December 26
MERRY CHRISTMAS
& HAPPY NEW YEAR

## MIDIDAY

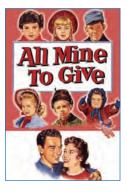




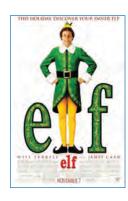












**BARBIE** (2023)



## Sunday, December 1 | 1:30 pm & 4:00 pm Cast: Margot Robbie, Ryan Gosling,

Will Ferrell, Kate McKinnon

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.

#### **IT HAPPENED ON 5TH AVENUE (1947)**



Friday, December 6 | 1:30 pm Saturday, December 7 | 6:30 pm Sunday, December 8 | 6:30 pm

Cast: Victor Moore, Charlie Ruggles,

Don DeFore, Gale Storm

While rich businessman Mike O'Connor resides in Virginia, his luxury townhouse in New York City appears vacant. However, in reality, drifter Aloysius "Mac" McKeever has been staying there. Mac invites Jim, an unemployed veteran who has just been evicted from a building owned by O'Connor, to stay at the house without revealing he's squatting. When O'Connor's daughter, Trudy, shows up as well, she falls for Jim and tries to help him.

#### **HOW THE GRINCH STOLE CHRISTMAS (2000)**



#### Saturday, December 7 | 1:30 pm

Cast: Jim Carrey, Taylor Momsen, Christine Baranski, Molly Shannon

In this live-action adaptation of the beloved children's tale by Dr. Seuss, the reclusive green Grinch decides to ruin Christmas for the cheery citizens of Whoville.

#### **THE SHACK** (2017)



Sunday, December 8 | 1:30 pm & 4:00 pm Cast: Sam Wothington, Octavia Spencer, Tim McGraw, Aviv Alush

After suffering a family tragedy, Mack Phillips spirals into a deep depression that causes him to question his innermost beliefs. Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned shack in the Oregon wilderness. Despite his doubts, Mack journeys to the shack and encounters an

enigmatic trio of strangers led by a woman named Papa. Through this meeting, Mack finds important truths that will transform his understanding of his tragedy and change his life forever.

#### **ALL MINE TO GIVE (1957)**



Friday, December 13 | 1:30 pm Saturday, December 14 | 6:30 pm Sunday, December 15 | 6:30 pm

Cast: Cameron Mitchell, Glynis Johns, Patty McCormack, Rex Thompson

In this fact-based drama set in the 1850s, the Eunsons move from Scotland to the American Midwest, where they live happily and run a successful business -- until the untimely deaths of both the father and the mother of the family. Now orphaned, the six Eunson kids must fend for themselves. Robbie, the oldest, does his best to care for his siblings while he searches for foster parents kind enough to accept such a large family into their home.

#### **HOME ALONE** (1990)



Saturday, December 14 | 1:30 pm

Cast: Macaulay Culkin, Joe Pesci, Danier Stern, Catherine O'Hara

When bratty 8-year-old Kevin McCallister acts out the night before a family trip to Paris, his mother makes him sleep in the attic. After the McCallisters mistakenly leave for the airport without Kevin, he awakens to an empty house and assumes his wish to have no family has come true. But his excitement sours when he realizes that two con men plan to rob the McCallister residence, and that he alone must protect the family home.

**ELF** (2003)



## Sunday, December 15 | 1:30 pm & 4:00 pm Cast: Will Ferrell, James Caan,

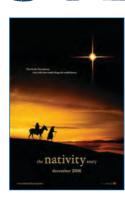
Zooey Deschanel, Bob Newhart

Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs, a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results.

## THE MOVIES













#### **BLOSSOMS IN THE DUST (1941)**



Friday, December 20 | 1:30 pm Saturday, December 21 | 6:30 pm Sunday, December 22 | 6:30 pm

Cast: Greer Garson, Walter Pidgeon,

#### Marsha Hunt, Felix Bressart

Edna Gladney lost her son when he was very young. By chance she discovered the injustice within the law towards children whose parents are unknown, and decided to open an orphanage for these children, despite the stigma. She fought against the unfair laws that discriminated against children born out of wedlock.

#### **MIRACLE ON 34TH STREET (1947)**



#### Saturday, December 21 | 1:30 pm Cast: Natalie Wood, Maureen O'Hara, Edmund Gwenn, John Payne

In this Christmas classic, an old man going by the name of Kris Kringle fills in for an intoxicated Santa in Macy's annual Thanksgiving Day parade. Kringle proves to be such a hit that he is soon appearing regularly at the chain's main store in midtown Manhattan. When Kringle surprises customers and employees alike by claiming that he really is Santa Claus, it leads to a court case to determine his mental health and, more importantly, his authenticity.

#### **NATIVITY STORY (2005)**



#### Sunday, December 22 | 1:30 pm & 4:00 pm Cast: Keisha Castle-Hughes, Oscar Isaac, Shohreh Aghdashloo, Ciaran Hinds

Betrothed to much-older Joseph, Mary must remain a maiden for one year, but she subsequently receives a visit from the angel Gabriel, who tells her of her destiny. When Joseph and now-heavily pregnant Mary journey to Bethlehem for the Roman census, they face a threat from King Herod, whose obsession with an ancient prophecy endangers soon-to-be-born Jesus.

#### **HOLIDAY AFFAIR (1949)**



Friday, December 27 | 1:30 pm Saturday, December 28 | 6:30 pm Sunday, December 29 | 6:30 pm

#### Cast: Robert Mitchum, Janet Leigh, Wendell Corey, Gordon Gebert

Charming seasonal clerk Steve Mason catches beautiful Connie Ennis in a fraudulent shopping scheme during the busy Christmas rush. But when he discovers that Ennis is a war widow and single mother, Mason takes pity on her and can't bring himself to turn her in. His supervisor takes notice and fires him on the spot. Mason befriends Connie and her young son, Timmy, and may complicate her plans to marry boring nice guy Carl Davis.

#### **CHRISTMAS AT GRACELAND (2018)**



#### Saturday, December 28 | 1:30 pm Cast: Kellie Pickler. Wes Brown.

#### Lainey Wilson, Clair Elizabeth Green

After a wish turns 12-year-old Josh Baskin into a 30-year-old man, he heads to New York City and gets a low-level job at Mac-Millen Toy Company. A chance encounter with the owner of the company leads to a promotion testing new toys. Soon a fellow employee, Susan Lawrence, takes a romantic interest in Josh. However, the pressure of living as an adult begins to overwhelm him, and he longs to return to his simple, former life as a boy.

#### **THE OUT-OF-TOWNERS (1970)**



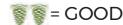
## Sunday, December 29 | 1:30 pm & 4:00 pm Cast: Jack Lemmon, Sandy Dennis,

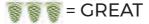
#### Anne Meara, Sandy Baron

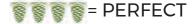
George has been offered a promotion that would relocate him to New York City. He flies in with his wife, Gwen, to the city for the job interview. After their flight is redirected to Boston due to heavy fog, the couple meets with disaster. Their luggage is missing, leaving them without money, and the entire city seems to be striking. George and Gwen struggle to survive the night before George's interview, questioning whether they want to move from their small town.

#### KIRBY PINES MOVIE RATING SYSTEM









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: Barbie (Thtr) 1:45 pm • Sounds of the Season (Trans) 4:00 pm • Movie: Barbie (Thtr) 6:30 pm • Movie: Annie Get Your Gun (Thtr) 6:30 pm • Music: Amaro Dubois (PAC)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:00 am • Poetry & Writing Club (LCR) 10:30 am • Chair Yoga (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:00 pm • Mexican Train Dominos (LCR) 6:00 pm • BINGO (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. M Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 11:45 am • Birthday Lunch (Dining) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: Living (Thtr) 1:30 pm • Bunko (SCR) 3:45 pm • Birthday Dinner (Dining) 6:30 pm • Movie: Living (Thtr)	9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 11:00 am • Chair Yoga (PAC) 11:15 am • Travelers: A Christmas Carol (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (A&C) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 1:30 pm • Movie: The Help (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: The Help (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Music: Germantown Baptist (Lobby) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Walmart, Costco, & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. M Abutineh MD (WC) 1:15 pm • Line Dancing (PAC) 1:30 pm • TV Series: Lincoln Lawyer (Thtr) 6:30 pm • Vespers (PAC)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Walmart, Kroger Aldi, & Banks (Trans) 10:15 am • Strength Training (PAC) 10:30 am • Cornhole Club (LCR) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm • Movie: It Happened on 5th Ave (Thtr) 2:00 pm • Art Opening (PAC) 6:00 pm • Music: Al Mahan (PAC)	8:00 am • Men's Christian Fellowship (LCR) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Advanced Line Dancing (PAC) 1:30 pm • Game Play (SCR) 1:30 pm • Movie: How The Grinch Stole Christmas (Thtr) 2:30 pm • Ballroom Dancing (PAC) 6:30 pm • Movie: It Happened on 5th Ave (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: The Shack (Thtr) 4:00 pm • Movie: The Shack (Thtr) 4:00 pm • Hymn Sing with Leon (Chapel) 6:00 pm • Mullins Community Orchestra Holiday Performance (PAC) 6:30 pm • Movie: It Happened on 5th Ave (Thtr)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 5:30 pm • C-ville Christmas Lights Tour (Trans) 6:00 pm • Mexican Train Dominos (LCR) 6:00 pm • BINGO (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. M Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Afternoon Bridge (LCR) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: Man Who Invented Christmas (Thtr) 1:30 pm • Bunko (SCR) 4:00 pm • Christmas Party (Lobby) 6:30 pm • Movie: Man Who Invented Christmas (Thtr)	9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 10:30 am • Garden Gro'ers Christmas Party (Ante) 10:30 am • Holiday Jewelry Sale (Outside PAC) 11:00 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Irain Dominos (A&C) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Christmas Island (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Christmas Island (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Walmart, Costco, & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. M Abutineh MD (WC) 1:15 pm • Line Dancing (PAC) 1:30 pm • TV Series: Lincoln Lawyer (Thtr) 6:30 pm • Vespers (PAC)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Walmart, Kroger Aldi, & Banks (Trans) 10:15 am • Strength Training (PAC) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm • Movie: All Mine to Give (Thtr) 6:00 pm • Music: Southbound (PAC)	8:00 am • Men's Christian Fellowship (LCR)  12:00 pm • Ballroom Dancing (PAC)  1:00 pm • Billiards Group (Billiard Room)  1:00 pm • Advanced Line Dancing (PAC)  1:30 pm • Game Play (LCR)  1:30 pm • Movie: Home Alone (Thtr)  3:00 pm • Music: Marty Kocman &  Liz Parsons (PAC)  6:15 pm • Trivia Group (Ante)  6:30 pm • Movie: All Mine to Give (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Music: Marilynn Garizone Christmas Sing-A-Long (Lobby) 1:30 pm • Movie: Elf (Thtr) 4:00 pm • Movie: Elf (Thtr) 6:30 pm • Movie: All Mine to Give (Thtr)	8:00 am • Get Physical with Kim (Oasis) 9:00 am • Smith Jewelers (SCR) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Tech Time (Sunroom) 10:30 am • Chair Yoga (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Travel Series: European Christmas (Thtr) 1:30 pm • Game Play (LCR) 6:00 pm • Mexican Train Dominos (LCR) 6:00 pm • BINGO (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. M Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Book Baggers Christmas (Chapel) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Line Dance Dress Rehearsal (PAC) 1:30 pm • Movie: Our Souls at Night (Thtr) 1:30 pm • Bunko (SCR) 3:00 pm • KP Photo Club (LCR) 6:30 pm • Girls Night Out: Airplane (Thtr)	9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 10:00 am • Caregiver Support Group (SCR) 10:00 am • Christmas Parade (Lobby) 11:00 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Irain Dominos (Ante) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: The Noel Diary (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: The Noel Diary (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Walmart, Costco, & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. M Abutineh MD (WC) 1:15 pm • Line Dancing (PAC) 1:30 pm • TV Series: Lincoln Lawyer (Thtr) 6:30 pm • Vespers (PAC)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Walmart, Kroger Aldi, & Banks (Trans) 10:15 am • Strength Training (PAC) 10:30 am • Cornhole Club (LCR) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm • Movie: Blossoms in the Dust (Thtr) 2:30 pm • Elvis Impersonator (Manor) 6:30 pm • Kirby Thtr "The Gifts of Music" (PAC)	8:00 am • Men's Christian Fellowship (LCR)  1:00 pm • Billiards Group (Billiard Room)  1:00 pm • Advanced Line Dancing (PAC)  1:30 pm • Game Play (LCR)  1:30 pm • Movie: Miracle on 34th Street (Thtr)  2:30 pm • Ballroom Dancing (PAC)  6:00 pm • Music: Matt Barber Experience (PAC)  6:30 pm • Movie: Blossoms in the Dust (Thtr)
8:00 am • Church of Christ Service (Chapel) 22 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: Nativity Story (Thtr) 4:00 pm • Movie: Nativity Story (Thtr) 6:30 pm • Movie: Blossoms in the Dust (Thtr)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:00 pm • Mexican Train Dominos (LCR) 6:00 pm • BINGO (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. M Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Afternoon Bridge (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: Miracle in Bethlehem (Thtr) 1:30 pm • Bunko (SCR) 6:30 pm • Movie: Miracle in Bethlehem (Thtr)	9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 11:00 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Mexican Train Dominos (Ante) 1:30 pm • Mexican Train Dominos (Ante) 1:30 pm • Movie: A Christmas Carol (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: A Christmas Carol (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Walmart, Costco, & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. M Abutineh MD (WC) 1:15 pm • Line Dancing (PAC) 1:30 pm • TV Series: Lincoln Lawyer (Thtr)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Walmart, Kroger Aldi, & Banks (Trans) 10:15 am • Strength Training (PAC) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Walmart, Kroger, Superlo, & Banks (Trans) 1:30 pm • Movie: Holiday Affair (Thtr) 6:00 pm • Music: Ensemble X Trio (PAC)	8:00 am • Men's Christian Fellowship (LCR) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Advanced Line Dancing (PAC) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Christmas at Graceland (Thtr) 2:30 pm • Ballroom Dancing (PAC) 6:15 pm • Trivia Group (Ante Room) 6:30 pm • Movie: Holiday Affair (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: The Out-Of-Towners (Thtr) 4:00 pm • Movie: The Out-Of-Towners (Thtr) 6:30 pm • Movie: Holiday Affair (Thtr)	8:00 am • Get Physical with Kim (Oasis) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:00 pm • Mexican Train Dominos (LCR) 6:00 pm • BINGO (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. M Abutineh MD (WC) 9:30 am • Advanced Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: New Years Eve (Thtr) 1:30 pm • Bunko (SCR) 6:30 pm • New Years Eve Dance (PAC) 6:30 pm • Movie: New Years Eve (Thtr)	December 2024		ABBREVIATIONS K  Thtr - Theater  FDR - Formal Dining Room  PAC - Performing Arts Center  BR - Billiard Room  Trans - Transportation	<ul><li>HS - Hobby Shop</li><li>SCR - Small Card Room</li></ul>

## December 2024 EVENTS

#### **Dec 1:** Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

#### **Dec 1:** Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

#### **Dec 1:** Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

#### Dec 1: Sounds of the Season

Let's kick off the holiday season at Germantown Presbertarian Church for Christmas music performed by acclaimed soprano, Kallen Esperian, with pianist, Gary Beard. GPC soloists and much more. Admission is free and all are welcome! Don't forget to sign up in Resident Programs before the slots fill up. Lobby time is at 1:45 pm. Transportation is \$5.

#### **Dec 1:** Amaro Dubois

Amaro Dubois is an accomplished violists who has come to make a name for himself here at Kirby Pines through his many wonderful performances. He has enchanted his audiences with his repertoire along with his accompanist. We are excited to welcome him back to Kirby Pines with a performance beginning in the PAC at 6:30 pm.

#### **Dec 2:** Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

#### **Dec 2:** Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am.

Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

#### **Dec 2:** Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### **Dec 2:** Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### Dec 2: Poetry & Writing Club

The Writing and Poetry Group meets the first Monday of every month at 10:00 am in the LCR. For this month's assignment you had to choose a picture and write something about it. It can be a poem, a limerick, a story, etc. We will meet for an hour and share our writings with everyone.

#### Dec 2: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress, and joint pain. Join us in the PAC at 10:30 am each Monday & 11:00 am on Wednesdays.

#### Dec 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.

### **Dec 2:** Mexican Train Dominoes

Looking for a new game to play? Try Mexican Train Dominoes. Come by the LCR every Monday at 6:00 pm or the Ante Room every Wednesday at 1:30 pm. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

#### Dec 2: Bingo

Who dones't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

## **Dec 3:** Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### **Dec 3:** Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

#### **Dec 3:** Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Rachel Ward @ 901-866-4414 to reserve your table.

#### **Dec 3:** Line Dancing

Line Dancing will be held every Tuesday & Thursday at 1:15 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Advanced Line Dancing is held on Saturdays at 1:00 pm. Everyone is welcome!

#### Dec 3: Living

In 1950s London, a humorless bureaucrat decides to take time off to experience life after receiving a grim diagnosis. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### Dec 3: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

#### **Dec 4: Catholic Services**

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### **Dec 4: Pinecone Painters**

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts Studio.

## **Dec 4:** Travelers: A Christmas Carol at Theatre Memphis

Join the travelers on this holiday tradition to see "A Christmas Carol" at Theatre Memphis. Tickets are \$10 and Transportation is \$5. Before the show, we will have lunch a Panera Bread, so don't forget your lunch money. Lobby time is 11:15 am.



#### **Dec 4: Needle Arts Group**

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### Dec 4: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

#### Dec 4: The Help

The Help An aspiring author during the civil rights movement of the 1960s decides to write a book detailing the African American maids' point of view on the white families for which they work, and the hardships they go through on a daily basis. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### **Dec 4:** Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm and Saturday at 2:30 pm in the PAC for a group class and ask us about private lessons.

#### Dec 4: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

## **Dec 5:** Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

#### **Dec 5:** Germantown Baptist

Come out to the Lobby and join Germantown Baptist as they bring songs from the season. Performance begins at 10:30 am.

## **Dec 5:** Series: The Lincoln Lawyer

Idealistic lawyer Mickey Haller runs his practice out of the back of his Lincoln Town Car, taking big and small cases across Los Angeles. Showtime is at 1:30 pm in the Theatre.

#### **Dec 6: Strength Training**

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join

us every Friday at 10:15 am in the PAC for our strengthening exercise class.

#### Dec 6 & 20: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

#### **Dec 6: Yoga Stretch**

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

#### **Dec 6:** Art Opening

Join us in the PAC at 2:00 pm to hear from our local artists here at Kirby, see their new work. Refreshments will be served throughout.

#### Dec 6: Al Mahan

Just a man and his guitar, Pastor Al Mahan loves to entertain his audiences with classics, stories, and impersonations. He will have you laughing and your toes a tapping during his performance. Music begins in the PAC at 6:00 pm.

## **Dec 7:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### **Dec 8:** Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sanderson. We will begin at 4:00 pm.

## **Dec 8:** Mullins Community Orchestra Holiday Show

Come join us in the PAC for a holiday performance that you don't want to miss. You will hear many of your favorite holiday tunes. Show starts at 6:00 pm in the PAC with a fundraising reception to follow in the LCR.

## **Dec 9:** Collierville Christmas Lights

Come hop on the bus with us! The travelers will be riding the bus through the Collierville Christmas Lights Tour. You will be able to enjoy hot chocolate beverages with topping of your choice in Lobby at

5:30 pm, prior to boarding the bus. Bus will depart at 6:00 pm. Transportation is \$5. Sign up in Resident Programs.

#### Dec 10 & 20: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

## **Dec 10:** The Man Who Invented Christmas

The Man Who invented Christmas- The journey that led to Charle's Dickens' creation of 'A Christmas Carol'. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### **Dec 10:** Christmas Party

Join everyone in the Grand Lobby and the dining room for one of our biggest parties of the year. Festivities are from 4:00 pm – 6:00 pm. Dress in your holiday best and be ready for an evening of Christmas cheer and musical guest Henry Booker. Don't forget to get your picture with Santa.

#### **Dec 11:** Garden Gro'ers

If you are a Garden Groer, we hope you will join us for our annual Christmas Party at 10:30 am in the Ante Room.

#### **Dec 11:** Holiday Jewelry Sale

Come shopping with Sharon Leah designs by Sharon Martin and Simply Seed Beads by Jody Sosh. There is no better way to get those last-minute stocking stuffers without having to leave the building and wait in those holiday lines. The sale is from 10:30 am to 1:30 pm outside the PAC.

#### Dec 11: Christmas Island

When a snowstorm diverts Kate's first private flight to Christmas Island, she must team up with an air traffic controller to secure her dream job as the family's pilot. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### Dec 13: Southbound

Offering old time bluegrass standards, classic country, and American pop standards, Southbound aims to please their audiences. This quartet is sure to become one of your favorites. Music begins in the PAC at 6:00 pm.

## **Dec 14:** Marty Kocman & Liz Parsons

Please join us in the PAC for a holiday concert performed by Kirby Pine's own Marty Kocman and his accompanist Liz Parsons. Music will begin at 3:00 pm.

#### Dec 14 & 18: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme this month will be US and/or World Geography, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

#### **Dec 15:** Marilynn Garzione

Please join us in the Lobby at 1:00 pm to enjoy a musical Holiday Sing-A-Long performance by our very own Marilynn Garizone. This is an afternoon you don't want to miss.

#### **Dec 16:** Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

#### Dec 16: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

#### **Dec 16:** European Travel Series

Our travel documentary series of the histories and sights of European Cities continues featuring Europen Christmas. Showtime begins in the theatre at 1:30 pm.

#### **Dec 17:** The Book Baggers

Come to the chapel on Tuesday, December 17, for our annual Christmas Party. As usual, there will be music, refreshments, as well as our annual book give-away. Come join us for our review of 2024 reads together, a time of holiday sing-along songs, and a time of selecting a book or two to take home to add to our personal collection of favorite books, 9:30 am, will be the time to begin our annual party.

#### **Dec 17:** Line Dance Rehearsal

The line dancers have been working hard to bring some spectacular dances to our neighbors in healthcare as well as some other programs. We will be opening up the dress rehearsal and inviting everyone to come and see the performance they have put together. Show starts at 1:30 pm in the PAC.

#### Dec 17: Our Souls at Night

A widow and widower who've lived next to each other for years. have almost no relationship, but that all changes when Addie tries to make a connection with her neighbor. Showtime is at 1:30 pm in the Theatre.

#### Dec 17: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the LCR and learn to take better photos!

#### **Dec 17:** Girls' Night Out

Ladies, time for a night out. This month we will be showing the movie 'Airplane!' After the crew become sick with food poisoning, a neurotic ex-fighter pilot must safely land a commercial airplane full of passengers. Grab your popcorn and we'll see you at the theater. Showtime is 6:30 pm.

#### **Dec 18:** Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

#### **Dec 18:** Christmas Parade

Show your holiday spirit and spread community cheer! Pull out your Christmas sweaters, wear your jingle bells, and put on your marching shoes to meet us in the lobby at 10:00 am. Help us parade and spread our Holiday cheer and joy all around Kirby. Children, dogs, and guests are encouraged to march with us. Don't forget to decorate your carts. The parade will exit the lobby at 10:30 am.

#### **Dec 18:** The Noel Diary

The story of a man who returns home on Christmas to settle his estranged mother's estate. Once there, he discovers a diary that may hold secrets to his own past and of a beautiful young woman on a mysterious journey of her own. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### **Dec 20:** Elvis in the Manor

Elvis is in the building! We are delighted to have Tim Johnson come and show us a Merry Christmas with the king himself. Prepare for the sounds and the moves in this electric performance beginning in the Kirby Pines Manor at 2:30 pm.

#### Dec 20: The Gifts of Music

The Theatre in the Pines group are proud to put on this year's Holiday concert "The Gifts of Music". Presented by the Entertainers Chorus directed by Joan Dodson, the Kirby Pines Rhythm Band led by Laura Leuenberger, and the Kirby Pines theatre troupe by Jan Thomson. Come enjoy a night of music and holiday cheer. The

show will begin at 6:30 pm in the PAC, with concessions to follow.

#### **Dec 21:** Matt Barber Experience

Singing with a passionate, uplifting style reminiscent of Barry Manilow and Michael Bublé, Matt Barber delivers songs we know and love with a sincere, meaningful approach you can feel in every song. Music begins in the PAC beginning at 6:00 pm.

#### **Dec 24:** Miracle in Bethlehem

Just before Christmas, Mary Ann adopts a baby girl to raise alone. She and the infant spend Christmas stuck in Bethlehem, PA, due to bad weather. Her only choice when the inn is full is to stay with Joe, the brother of the innkeeper. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### **Dec 25:** A Christmas Carol

A bitter old miser who rationalizes his uncaring nature learns real compassion when three spirits visit him on Christmas Eve. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### **Dec 27:** Ensemble X Trio

Kirby Pines is excited to welcome the String Trio Ensemble X. Graduates of the Rudi E Scheidt School of Music, these talented musicians bring on a fresh take for classical to jazz to modern. Music begins at 6:00 pm in the PAC.

#### **Dec 31:** New Year's Eve

Intertwining stories promise love, hope, forgiveness, second chances and more for several New Yorkers on the celebrated night. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

#### Dec 31: New Year's Eve Dance

Happy New Years Kirby Pines! Let's ring in the new years with a night to remember with a new years dance with the music of the Jim Mahannah Band. Refreshments will be available. Doors open at 6:00 pm and the music will begin at 6:30.



## PUZZLE CHALLENGE | Giant Crossword

#### **ACROSS**

- 1. Flower stalk
- 5. Abbey area
- 9. Talk
- 14. Designed for flight
- 15. Of higher order
- 16. Aircraft
- 17. Shore bird (see photo for hint)
- 19. Hurried
- 20. An alloy of iron
- 21. Some fractions
- 23. Higher-ups
- 25. Accomplice
- 28. North northeast
- 29. Used in baseball
- 32. Messiah
- 33. Ovum
- 34. Pitch
- 35. Blackthorn
- 36. Brusque
- 38. Precipitation
- 39. Large northern deer
- 40. East northeast
- 41. Groups of bees
- 43. South southeast
- 44. Explosive
- 45. Non-seated rider
- 46. Acceleration of a chemical change
- 48. Fastidious people
- 50. Strike
- 54. Office worker
- 55. Map parallels
- 57. Tranquility
- 58. Always
- 59. Adolescent
- 60. Twiddled one's thumbs
- 61. Greek district
- 62. Lack of difficulty

#### **DOWN**

- 1. Back talk
- 2. Suckling spot
- 3. Sea eagle
- 4. Pruderies
- 5. French for "Friend"
- 6. Goes with salt
- 7. Direct

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				1
17				18			+			19			+	
20						21			22				+	
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25	26	27						28				29	30	31
32							33				34			
35					36	37					38			
39	$\vdash$				40	$\vdash$			41	42		$\vdash$		$\top$
43				44				45						
			46				47							
	48	49				$\vdash$				50		51	52	53
54						55			56					$\dagger$
57						58			+		59		$\top$	+
60						61	+		+		62			+

- 8. Ear jewelry
- 9. Orb
- 10. Schemes
- 11. Where the sun rises
- 12. Picnic insects
- 13. Essential
- 18. Formerly it was a planet
- 22. Clogs up
- 24. Omens
- 25. Donkeys
- 26. Spheres
- 27. Call forth
- 29. Plank
- 30. Japanese animation
- 31. On edge
- 33. Before, in poetry
- 34. Transform
- 37. Required
- 42. Midsection
- 44. Assigned work to
- 45. Modus operandi
- 46. Sorceress
- 47. Depart

- 48. Implored
- 49. Genuine
- 51. Notion
- 52. T T T
- 53. Anagram of "Seen"
- 54. Consumer Price Index
- 56. Anger



Puzzle Solutions - page 23

## **PICTURING LIFE AT KIRBY PINES**

## HALLOWEEN, ALZHEIMER WALK & MORE









We had loads of fun celebrating Halloween with a costume contest and a pumpkin decorating contest. L-R; Lois Dazey & Susan Flake, Patricia Latimer, Elsie Bloodworth and Jean Mauney.



Marilynn Garzione stops to wave at the camera for a quick pic.



Peter Jones and Hugh Wilson lead the pack during the walk for Alzheimers.



Bonnie & Stuart Eyman, Rosalind Edwards and Jo Ann Palmer outside The Arcade.



Rosalind Edwards enjoys lunch at The Arcade on South Main.



Staff and residents walked the runway to kick off our Coat Drive. L-R; Pam Shatraw and Carolyn Hladky.



Jo Ann Palmer and Pat Meiners are our bridge winners. Photo by Steve Martin



Lyle Hendrix and Christine Martin are getting ready for Christmas.

## **PICTURING LIFE AT KIRBY PINES**

## **BIRTHDAYS, BACKERMANNS & VETERANS DAY**



Mary Jane Young enjoys her birthday surrounded by friends; Lou Moore, Marian Gray, Ann Smith, Connie Carter and Anne Gee.



Sarah Maddox celebrates with husband, Roland, Don & Pat Meiners, Phil & Frieda Clements, Judy and Keith Weathers, her son, Alan, Vollie Sanders and Ruth Wigg.



Maury Phillips spends his birthday with his wife, Barbara.



Patti Owen checks out the wonderful treats at Backermann's Market.



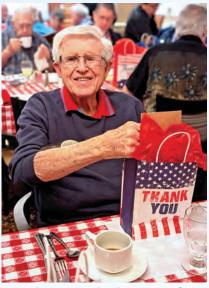
Barbara Flack and Jeannie Valentine outside at Backermann's Farm.



Dennis Renick and Hugh Wilson at The Bistro as part of the Veterans Day Celebration.



Hugh Gregory, Parker Nilsen and Caroline Thomas are some of our wonderful Kirby Pines veterans.



John Davis checks out a gift thanking him for his service.



Don Meiners and Bob Shears at the Veterans Day breakfast.

## **PICTURING LIFE AT KIRBY PINES**

### **MEMPHIS MOST CELEBRATION - WE'RE #1 AGAIN!**



Ruth Nilsen and Lou Moore celebrate Kirby Pines 18th Memphis Most win.



Charlie & Kate Foster enjoy the Memphis Most Celebration.



John & Ginger Blount with neighbor Bankie McCarty, know why we're #1 - the people!



Charlie Burns seems to be enjoying the festivities.



Jimmy Latimer strikes a pose at the party.



Sandra and Walter Overbey looking adorable together.



Mary Ann & Roy Thurmond snuggle up so others can sit down.



Janice Wall gets in the celebratory mode at the big party.



Martha & Buddy Pugh are all smiles with another win for Kirby Pines.



Cheryl Johnson is thrilled after her number is called to win one of many door prizes.

## KIRBY PINES PHOTO CLUB



Our Beautiful Grounds by Marsha Greiner



Maintenance Men by Sylvia Statham

## Join Us December 17th at 3:00 pm in the Large Card Room.

This month our Photo Club members learned about Framed Photography. We also asked for photos of "What They Were Thankful For". Here are some photos of each.



Great Friends by Diane Mullins



Flower Frame by Jane Longfield



My Cowboy by Arrena Cheek



Duck Frame by Sheryl Maxwell



My Husband by Ginger Blount



My Daughter by Sydney Wagner



Multi-Frame by Carolin Thomason



My Country by Hugh Wilson



Butterflies & Flowers by Stuart Eyman



Colorful Frame by Mary Ann Thurmond



My Family by Connie Carter



Sydney's Emails by Steve Martin



Lake Frame by Fred Dabrowski

### Memorials, **Honorariums** & Gifts

#### **In Memory Of**

#### LIZ COLLIER

Donation by KP Resident Association to the Employee Fund

> Donation by Sydney Wagner to the Library

#### **BILLY COLEMAN**

Donation by Catherine Prewett to the Entertainers

#### **BERRY TERRY**

Donation by Catherine Prewett to the Employee Fund

#### WILLIAM ODOM, SR

Donation by Carol Odom to the Employee Fund

#### **MARKANNA SMALL**

Donation by Rhetta Watkins to the Line Dancers

#### In Honor Of

#### MARK MAXWELL

Donation by Carolyn Hladky to the Hobby Shop

Donation by Pink Palace Sales to the Hobby Shop

#### **JERRY DUNNAM**

Donation by Carolyn Hladky to the Book Baggers

#### MARTY KOCMAN

Donation by Carolyn Hladky to the Book Baggers

#### **JEANNIE VALENTINE**

Donation by Barbara Hanrahan to the Hobby Shop

#### **JOAN DODSON**

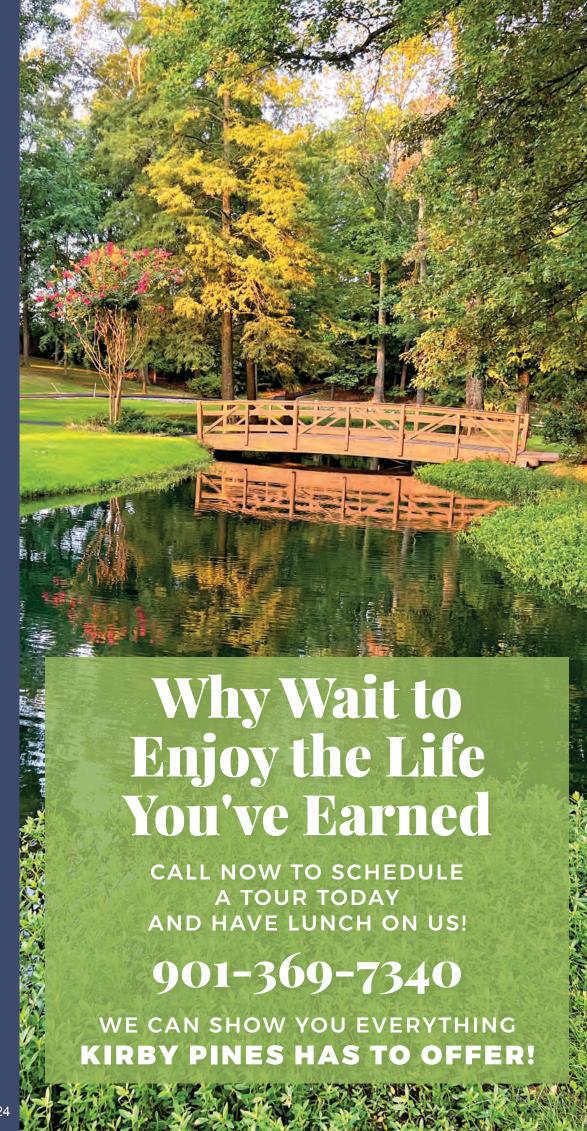
Donation by Kelly Truitt to the Entertainers

#### WILLIAM "BUTCH" ODOM, JR

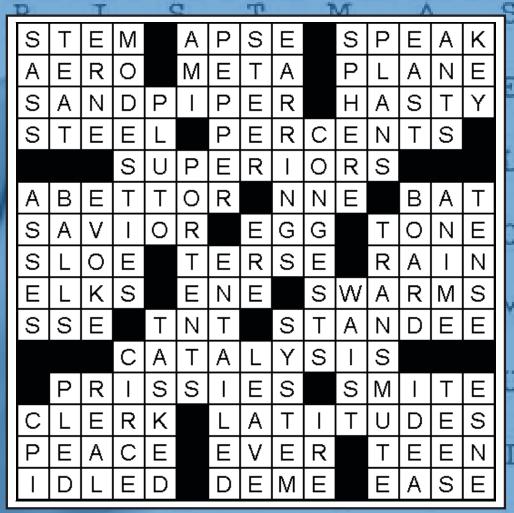
Donation by Carol Odom to the Library

#### **LINDA ODOM**

Donation by Carol Odom to the Library



## L I Z J O Y T GIANT WORD SEARCH



# ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

## CHRISTIE'S COIFFURES

Call for Appointment

369-7311

# Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



#### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

#### **DONATIONS**

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

#### FOR MORE INFORMATION

Contact Tim Cox at tcox@retirementcompanies.com

