

the PINECONE

The Magazine of Kirby Pines LifeCare Community • September 2024 | V. 42 | I.9



*Resident Siblings,
**JUDY DESHAIES,
KATE FOSTER &
PAT McCARTY**
We always say Kirby
Pines is FAMILY! Here
is a perfect example.*

Celebrating 41 Years

at Kirby Pines

Can you believe the “Lighting of the Lake” is just a few short days away! What a glorious way to bring summer to a conclusion! I am sure everyone has heard the color is “Feathered Green” which takes in virtually every shade of green. I have my wardrobe selections. Do You?

If you haven't met her yet, please reach out to Cris Griffin, Director of Dining Services, a warm “Kirby Pines Welcome.” We are very excited to have Cris & Mike spearhead Dining Services. I look forward to seeing some exciting changes coming from this “Dynamic Duo.”

On August 20th, Kirby Pines had the pleasure of hosting CEO's, COO's, and CFO's from the 20 largest non-profit CCRC's in the country. They were treated to Kirby Hospitality and “Charlie's Breakfast.” Biscuits and jams included!!! We provided them with Kirby's legacy, our successes, as well as some of our challenges. These industry leaders left well fed and extremely impressed. Their visit concluded with a tour of our beautiful grounds, greenhouse, and Garden Homes.

You can be proud of how we look and how the Kirby Team performed.

Lastly, Stephanie & I want to extend, from the heart, our love and appreciation for everyone's outpouring of love, well-wishes, and gifts. We have been truly overwhelmed and has brought tears to our eyes many times. We are now counting down the hours before Josh joins the Kirby Family and WE CAN'T WAIT!!

See you around this gorgeous campus of ours!!



Michael J. Brown, Jr.
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Really Is One Big Family

September at Kirby Pines is always special, as we celebrate our anniversary. This month marks 41 years as a community and our family continues to get stronger and closer than ever.

We begin the month with the Memphis Wind Symphony on the 3rd, our flag blessing on the 5th, flag raising on the 6th and our long standing tradition, Lighting of the Lake on the 7th. We will unite in remembrance on the 11th and there is a Resident Association Meeting on the 12th. With the nicer weather, we are going out on th 4th to see Elmo & the Shades, heading to Backermann's Country Market on the 13th and the Pink Palace Crafts Fair on the 27th. We also have an opportunity to try the new Tekila Mexican Cuisine in midtown on the 23rd.

Getting back to family, our front cover features Judy Deshaies, Pat McCarty and Kate Foster, two of which are brand new residents and all three happen to be siblings. Pat and his wife, Bankie, moved to Kirby Pines in 2022 and have enjoyed all the activities and have met many new friends. After visiting over the past year, Judy decided it was time for a change, as did sister, Kate, and her husband, Charlie. Now they all have newly renovated apartments, but

can spend time together whenever they want. You couldn't ask for a friendlier group of folks to join our Kirby family. We are one lucky community.

Our back cover celebrates the gradual end of summer with Marsha Greiner tending to her flowers in the Kirby garden. Marsha grows zinnias every year and shares them just to brighten someone's day. That is the kind of place Kirby Pines is, we're just one big happy family.



Bankie & Pat McCarty, Judy Deshaies and Kate & Charlie Foster



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This magazine is produced by RCA
6465 N. Quail Hollow Rd., Suite 400
Memphis, TN 38120, 901-794-2598

*Electronic version of The Pinecone
is available at www.kirbypines.com*



Get to know Kirby Pines'

NEW RESIDENTS



Elsie Booker

Elsie Booker was born in Water Valley, Mississippi, and moved to Kirby Pines from her home in Memphis. She and her late husband, Galen, met in 7th grade and were married 63 years before his passing in 2022. She has 2 children and 2 grandchildren.

Elsie graduated from Ole Miss in the early sixties with a degree in elementary education. She went on to become a 2nd grade teacher. Her late husband served in the Army, went to University of Memphis and became the CEO of the National Cotton Counsel.

Elsie enjoys catching up with her children and grandchildren and painting. She paints "tiny art", much of which can be seen displayed in her new apartment.

She loves classic movies, football and Ole Miss. Her favorite holiday is Christmas and has always enjoyed going home to Water Valley to celebrate. Her favorite trip was to China with Galen when he went on business. Her proudest accomplishment is raising 2 beautiful children.

Elsie has collected art from fellow artists through the years. She used to ride her bike and do yard work to stay active, and hopes to find things at Kirby to keep moving.

When asked how friends would describe her, she says, "Some might say odd, friendly, loyal and family oriented". She has always been close to her neighbors.

Let's give Elsie a big Kirby Pines welcome and make her feel right at home. Invite her to join you for dinner or perhaps to the Arts and Crafts Studio to show off her artistic side. We hope you find plenty of new friends and activities to keep you entertained.

New Resident Bios written by resident, Peggy Reynolds Gatlin



Judy Deshaies

We want to give a warm welcome to Judy Deshaies. She moved from her home in Hein Park in midtown Memphis. Married for almost 50 years, Judy and her late husband, Roger, had 2 daughters and 4 grandchildren.

Judy went to the University of Arkansas and graduated from the Methodist Hospital School of Nursing. She received her RN degree in 1967 and was a nurse at Methodist Hospital for 10 years. Then, she assisted her husband in his ophthalmology practice until retirement.

She enjoys reading (especially mysteries), walking (anywhere and everywhere), and gardening. Judy likes classic and funny movies so she is already a fan of our theater.

Christmas is her favorite holiday and family get togethers are her favorite family tradition. This upcoming Christmas, she and her family won't have far to travel to get together since Judy has a brother (Pat McCarty) and a sister (Kate Foster) living at Kirby Pines. What fun!

A former member of the Maternal Welfare League and the Le Bonheur Club, now Judy devotes her volunteering time to her church. She'll be an asset to some of Kirby's opportunities to serve.

When downsizing, Judy chose to move her Wee Forest Folk collection to enjoy in her apartment along with her gardening tools. Next spring, she'll be working one of the garden spots.

Welcome, Judy. We are so happy you chose to make Kirby Pines your home for this chapter of your life. Enjoy your family members living here and grow your extended family with your new Kirby friends.



Why We Need to Stay Active as We Age

Maintaining an active lifestyle is important at any age, but it becomes even more vital as we grow older, not less, as this and other myths about aging might have you believe. The benefits of regular physical activity for seniors are truly life-changing: they improve physical and mental health, and they significantly enhance quality of life. If you need some motivation, keep reading — here’s what you stand to gain from staying active as you age.

Physical Health Benefits

Some of the most important biological health benefits of physical activity for seniors include:

Preventing diseases and chronic conditions. Physical activity helps in managing and preventing various chronic conditions such as heart disease, diabetes, and obesity.

Engaging in regular physical activity can reduce the risk of these conditions, which are more prevalent in older adults.

Improved mobility and balance. Regular exercise strengthens muscles and improves flexibility, which in turn enhances balance and coordination. This reduces the risk of falls, a common concern for aging individuals.

Enhanced joint and bone health. Many of us develop various aches and pains as we age, but rather than avoiding exercise, being diligent with low-impact exercise can actually lessen those discomforts. Exercise helps maintain joint health and can alleviate symptoms of arthritis by improving strength and flexibility, thus lessening joint pain and stiffness. It also helps to maintain and even restore bone density, which helps to prevent fractures.

Increased longevity. Staying active can actually extend your life expectancy (and keep you feeling good, too)! Research indicates that regular physical activity contributes to a longer life by preventing early death from various causes, including diseases and chronic conditions that are especially dangerous for older adults.

Mental Health Benefits

The cognitive and mental health benefits of exercise can offer gains in the following areas:

Better brain function. Physical activity has been linked to improved cognitive function, including better memory, attention, and problem-solving skills. It can even reduce the risk of cognitive decline and diseases such as Alzheimer’s.

Mood enhancement. Exercise releases endorphins, which are natural mood lifters. Regular physical activity can help reduce feelings of depression and anxiety, promoting overall mental well-being.

Increased social interaction. Did you know that exercise can help you feel more connected to others (which is also good for your mental and physical health)? Participating in group exercises, sports, and other physical activities provides opportunities for social interaction. This helps to combat loneliness and isolation, which are linked to serious health conditions — including dementia, heart disease, stroke, psychological disorders, illness requiring hospitalization, and premature death.

By making a habit of getting regular physical activity, you can become stronger, live longer, remain independent longer — and experience more joy throughout your golden years.



Weekly Fitness Classes

Get Physical with Kim
8:00 am | Mon & Fri | Oasis
9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts
8:00 am | Mon, Tue & Thu | Pool

Basic Water Aerobics Resident Led
9:30 am | Wed & Fri | Pool

Men’s Water Aerobics Resident Led
8:30 am | Tue & Thu | Pool

Exercise in the PAC Resident Led
9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim
10:30 am | Monday | PAC/Live TV
11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim
Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim
Friday Only
10:45 am | PAC/Live TV

Cardio Move & Strength with Kim
10:30 am | Tue & Thu | PAC/Live TV



SEPTEMBER Is Healthy Aging Month!



Healthy living equates to healthy aging. Developing good habits, such as exercising regularly and well-balanced nutrition, throughout the lifespan contributes to thriving as we age. It is never too late to implement healthy living, however the earlier you can start, the greater impact it can have on your quality of life.

Did you know that the aging process starts at 30 years old? Technically, since the minute you are born, you start to age! Here are some simple tips to healthy living:

Drink Plenty and Eat the Rainbow – We all know the drill – stay hydrated and eat a well-balanced, colorful diet, including fruits, vegetables, whole grains, protein, and dairy. A well-balanced diet and proper hydration can help prolong a disease-free life. It also helps promote healthy skin!

Move More, Sit Less – Too much of a good thing (sitting!), can zap your energy levels, make your joints stiff and achy, and affect your overall health. Get up and move! Aim for 30 minutes per day of movement – walking, standing instead of sitting when possible, gardening, and/or parking further away from door entrances.



Get Regular Checkups – Stay on top of your health by making regular appointments with your primary care physician, and any other doctors (optometrist, podiatrist, cardiologist, etc.) as needed.



Brain Health Changes – Your brain needs a workout, just like your muscles. Challenge your brain regularly to help keep your mind healthy. Ways to do this include puzzles, crosswords, trivia, and/or reading.



Choose TODAY to make a change in your lifestyle. Choose something you enjoy – walking, gardening, or incorporating more water into your diet – and commit to it. If you are already doing the things above – CONGRATULATIONS!

If you are unsure of where to start for your own fitness journey, or if you are interested in learning some additional areas of opportunity, reach out to your Functional Pathways Therapy Team!



**YOU ARE INVITED TO CELEBRATE
KIRBY PINES' 41ST ANNIVERSARY**

Memphis Wind Symphony

TUESDAY, SEPTEMBER 3

6:30 PM | PERFORMING ARTS CENTER

Flag Blessing

THURSDAY, SEPTEMBER 5

6:00 PM | PERFORMING ARTS CENTER

Flag Raising

FRIDAY, SEPTEMBER 6

9:30 AM | UNDER THE PORTE COCHERE

Lighting of the Lake

SATURDAY, SEPTEMBER 7

5:00 PM | BY LAKE LATIMER



Resident Spotlight: Don & Pat Meiners

along the way and visited many historical sites. Their living quarters were described as “a crummy, old apartment in a Victorian home in the town of Townsend Harbor.”

After six months of training, Don was assigned to the Army’s Electronic Proving Ground at Fort Huachuca, Arizona. Pat was pregnant with their first child, and the transfer to Arizona was described as “driving with a spare tire and a diaper pail strapped to the top of the car.” Their first son, Charles Edwin, was born in what was described as “an old, wooden barracks-type hospital.”

Rejecting further time in the Army, which would potentially have led to a PhD degree in nuclear engineering and the rank of General, Don chose to end his Army life and return to Jackson, Mississippi, for employment with the Mississippi Power & Light (now Entergy). According to Pat, “Our reason for returning home was because we had these ‘old’ parents in their late 40’s whom we thought needed our help. That was how naïve we were!”

However, the move would create a wonderful corporate career requiring the family to move to many towns and cities before finally returning to Jackson for the next 30 years. In 1961, their second son, Christopher Stone, was born. When Christopher entered high school, Pat completed requirements for a B.Ed. at Belhaven University and taught fourth grade for five years.

The Meiners’s most recent move was to Kirby Pines on November 1, 2023. Their decision was determined after visiting seven similar places and realizing Kirby was the best choice. Also, Don admits that he doesn’t like being a property manager, and Pat says she enjoys not having to cook or decide what they are going to eat. “Giving up many of the beautiful things I have collected was one of the most difficult things I have had to do,” admits Pat.



First Date 1952

Don and Pat’s life has been enriched by a number of community and philanthropic involvements. Don has led organizations such as the United Way, Boys Clubs of America, Chambers of Commerce, economic development corporations, and as an executive for the International Ballet competition. Pat’s interest in art led her to be President of the Mississippi Museum of Art Auxiliary and the Gallery Guild of the Mississippi Museum of Arts. She chaired many organizations such as Art for the Heart, Symphony Ball, cancer research, and a state-wide reading program. Both have served on the foundation boards of their respective universities. Extensive travels in the states and abroad have added many adventures to the Meiners’s lives. Their family now includes “two wonderful daughters-in-law and two smart and beautiful granddaughters.”

Since moving to Kirby, Don and Pat are staying busy— Don with his painting and Pat with bridge. Both Don and Pat agree, “We look forward to being part of Kirby Pines for a long time. The adventure continues!”

Written by Joan Dodson, Resident of Kirby Pines

LIVING ANOTHER ADVENTURE

Don and Pat Meiners have moved 16 times since they have been together. “Moving a lot was a lemon,” says Pat, “but each move would become an adventure. Our philosophy has been: When life hands you a lemon, you make the best glass of lemonade possible.”

Both Don and Pat’s families moved to Hazlehurst, Mississippi, when Don and Pat were in the fifth grade; Don’s family relocated there two years prior to Pat’s family. Although Hazlehurst is a small town, they did not meet until both were in high school when Pat was in the tenth grade and Don was a senior.

In their high school years, Don was president of the student body, played sports, and was the school artist. Pat was a majorette and worked on the staffs of the school newspaper and yearbook. “It was during our work on the yearbook that we became interested in one another,” remembers Pat. When Don invited Pat to a dance, Pat was influenced by Don having his own car and accepted the invitation. Something “clicked,” and they continued to date through Don’s senior year. Don made certain that Pat was “captured” by giving her an engagement ring before leaving for college and making sure that everyone else in Hazlehurst knew by announcing it on the radio station where he was working that summer!

Don and Pat’s plan was to obtain a college education. Don was interested in television and enrolled in Electrical Engineering at Mississippi State. Pat chose Home Economics at Mississippi University for Women. When Don graduated in May 1957, Pat’s education was put on hold. Pat Stone would become Pat Meiners in June 1957, and together, they would begin many exciting life adventures.

Don requested, and was granted, a one- year deferment from his ROTC obligation to serve in the Army. The couple moved to Dallas, Texas, where Don worked as an Antenna Design Engineer for Chance Vaught Aircraft. This work involved him in the new phase of aeronautics. John Glenn was a test pilot for Chance Vaught, yet neither Don nor Pat knew who he was until he flew the first manned space orbit.

The following year, Don began his service in the Army. This would begin a series of many moves. Commissioned as a second lieutenant, Don was first assigned for a six month officer training program in the US Army Security Agency at Fort Devens, Massachusetts. According to Pat, the drive to Massachusetts for a couple who had never been out of the south was daunting and certainly a great adventure as they stopped



JOKES TO TELL IN THE GARDEN!



God initially planned to use wasps to pollinate flowers.
But in the end, he went with plan Bee.

Q: What did the plant do at the party?

A: It turned up the “beet.”

Q: How do plants greet each other?

A: Aloe there!

Q: What’s a tree’s favorite subject?

A: Geometry.

Q: Why did the lettuce win the race?

A: It was ahead!

Q: What did the grape say when it got stepped on?

A: Nothing, it just let out a little wine.

Q: What did one leaf say to the other?

A: “I’m falling for you.”

Q: Why did the gardener get an award?

A: Because he was “outstanding in his field.”

Q: Why did the flower take up acting?

A: Because it had a budding talent.

Q: Why was the tree stumped?

A: It couldn’t get to the root of the problem.

Q: Why did the gardener quit?

A: His celery wasn't high enough.

Q: Why shouldn't you tell a secret in a garden?

A: Because the potatoes have eyes and the corn has ears!

Q: What position does a baby plant serve in the army?

A: Infant tree

Q: Why do plants use photosynthesis?

A: So they can have a light snack.

Q: Why are plants bad cheerleaders?

A: Because they're only rooting for themselves.

Q: Why couldn't the flower ride its bike?

A: Its petals broke.

Q: Why should you avoid arguing with a cactus?

A: It has too many great points.

Q: Why did the tomato blush?

A: Because he saw the salad dressing!

Q: What kind of socks does a gardener wear?

A: Garden hose!



Thank You

to the Culinary Team of Kirby Pines.

We express our gratitude for the exceptional work you have been doing. Your dedication, creativity, and hard work have not gone unnoticed.

We want to extend our heartfelt thanks to each and every one of you.

Your resilience and perseverance are truly inspiring, and we are incredibly grateful for your contributions.

Thank you for your tireless efforts and for going above and beyond.

We are incredibly proud to have such a talented team.

REFLECTIONS

By
Maxie Dunnam



Reverend Maxie Dunnam

A VERY GOOD WORD

I never thought of it...never! But it happened. On August 12th I became ninety, yes, 90 years old. Kirby folks knew about it because you showered me with cards, notes, and so many acts of kindness. Thank you. I have saved them all, read them twice, and will read them at least one more time. What a loving, paying-attention community you are.

My children and our Church Sunday School Class had a party and Jerry and I were overwhelmed. I came to Christ Methodist Church as Senior Pastor in 1983; we have been related in different ways since. We have shared leading people into a faith relation with Christ, baptisms, weddings, funerals, and worship. Hundreds of people greeted us, most with a warm hug and smiling, tearful words. What an affirming joyful celebration.

Jerry and I continue to bask in the celebration that went on for days. Jerry felt and shared it first: "We are hearing said to us what people will be saying to each other about us at our funeral. What a treasure."

Thankfully the opportunity for this *reflection* comes now in this *Pinecone*, and I want to speak personally to you. But what can I say?

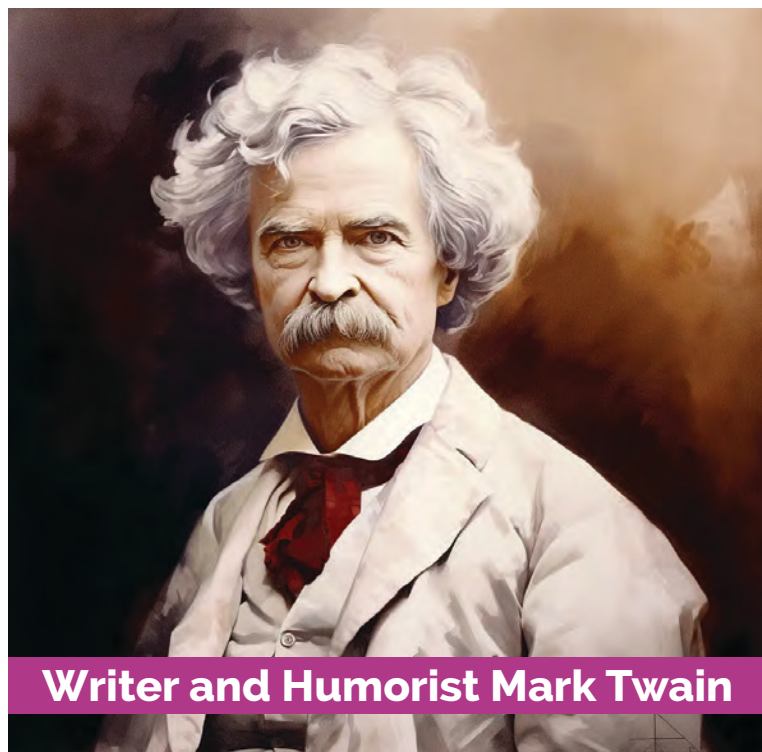
At the peak of his career, Mark Twain earned \$5 a word for the magazine articles he wrote. Someone sent Twain a \$5 bill with this note: "Dear Mr. Twain: Please send me a good word."

On a sheet of paper Twain responded with one word: "Thanks!"

During these past few week, and my turning ninety, thanks has been a dominant word. It has been dramatically confirmed: *thanks* is a **very good word**. It's our primary expression of gratitude, and being grateful keeps our perspective clear. When we express thanks we acknowledge that we can't make it on our own. We are dependent on others.

Thanks is a **very good word**; it also expresses dependence on God. More times than not, when persons have expressed thanks to me, it has been for something we did together. Neither could have done it on their own...and also, we were inspired, guided and empowered by God.

When I think of my ninety years, I relish how rich and rewarding, and have "counted for a lot." But I want you to hear this *thank you* as a **very good word**. And forever being the preacher, If you want to give someone a good word, say "Thanks."



Writer and Humorist Mark Twain

September Vesper Services | 6:30pm | Performing Arts Center

September 5

Eric Brand
Lay Teacher
Advent Presbyterian

September 12

Bryan Hawthorne
Seminary Student
First Baptist

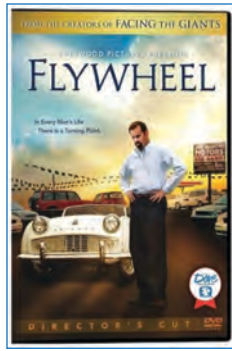
September 19

Rev Barry Henson
Rossville
Church

September 26

Butch Odom
Church Health Center
Director Wellness Programs

MEET ME AT



A RUMOR OF ANGELS (2000)



Sunday, September 1 | 1:30 pm & 4:00 pm

Cast: *Ray Liotta, Vanessa Redgrave, Trevor Morgan, Ron Livingston*

Twelve-year-old James Neubauer is spending the summer in Maine. He's emotionally estranged from his father, resentful of his stepmother, and haunted by the events surrounding his mother's death. James's summer takes a turn when he crashes through a fence owned by the local recluse, Maddy. Reluctantly enlisted to repair the damage, he's at first put off by Maddy's personality and candor, but they eventually form a bond.

THE JEWEL OF THE NILE (1985)



Friday, September 6 | 1:30 pm

Saturday, September 7 | 6:30 pm

Sunday, September 8 | 6:30 pm

Cast: *Michael Douglas, Kathleen Turner, Danny DeVito, Holland Taylor*

Novelist Joan Wilder is living with adventurer boyfriend Jack Colton on his yacht. But she leaves when Omar, the head of a North African nation, asks her to visit his country and write about him. Jack intends to go on a pleasure cruise to Greece, but when he learns that Joan is a pawn in Omar's quest to polish his image and gain greater power, he partners with continent-hopping criminal Ralph in a quest to free her.

FLYWHEEL (2003)



Saturday, September 7 | 1:30 pm

Cast: *Alex Kendrick, Janet Lee Dapper, Lisa Arnold, Richie Hunnewell*

A dishonest car salesman must return the money he's swindled, but the act of honesty comes with surprising results.

WILD MOUNTAIN THYME (2020)



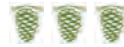
Sunday, September 8 | 1:30 pm & 4:00 pm

Cast: *Emily Blunt, Jamie Dornan, Christopher Walken, Jon Hamm*

Headstrong farmer Rosemary Muldoon has her heart set on winning her neighbor Anthony Reilly's love. The problem is, Anthony seems to have inherited a family curse, and remains oblivious

to his beautiful admirer. Stung by his father's plans to sell the family farm to his American nephew, Anthony is jolted into pursuing his dreams.

THE FLAME AND THE ARROW (1950)



Friday, September 13 | 1:30 pm

Saturday, September 14 | 6:30 pm

Sunday, September 15 | 6:30 pm

Cast: *Burt Lancaster, Virginia Mayo, Nick Cravat, Frank Allenby*

Italian archer Dardo Bartoli is waging a war against the Hessians. His grudge against their leader, Count "The Hawk" Ulrich, is more than simply political. Long ago, he took away Dardo's beautiful wife, Francesca. Then, under his former spouse's orders, Ulrich returned to steal the couple's son, Rudi. Incensed, Dardo kidnaps Ulrich's comely niece, Anne, and slowly emerges as a rebel leader who may be able to drive out the Hessians for good.

FACING THE GIANTS (2006)



Saturday, September 14 | 1:30 pm

Cast: *Alex Kendrick, Shannen Fields, Bailey Cave, Jason McLeod*

Grant Taylor, a Christian high-school football coach, gets some very bad news. Besides his and his wife's infertility problems, he faces the attempt of local parents to force the school to replace him. His team, the Shiloh Eagles, has never had a winning season in the six years that he has coached the boys. Following a visitor's message, Grant tries to inspire his team to use faith to conquer fear and opposing teams.

LAST CHANCE HARVEY (2008)

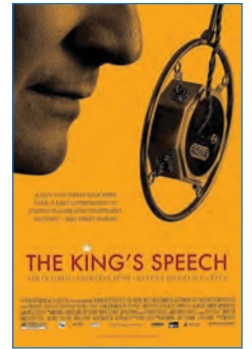
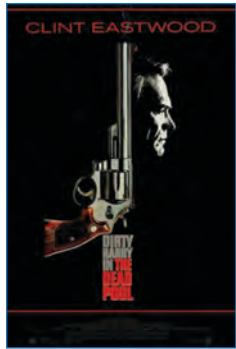


Sunday, September 15 | 1:30 pm & 4:00 pm

Cast: *Dustin Hoffman, Emma Thompson, Kathy Baker, Eileen Atkins*

In London for his daughter's wedding, a struggling jingle-writer, Harvey Shine, misses his plane to New York, and thus loses his job. While drowning his sorrows in the airport pub, Harvey meets Kate, a British government worker stuck in an endless cycle of work, phone calls from her mother, and blind dates. A connection forms between the unhappy pair, who soon find themselves falling in love.

THE MOVIES



THE DEAD POOL (1988)



Friday, September 20 | 1:30 pm
Saturday, September 21 | 6:30 pm
Sunday, September 22 | 6:30 pm
Cast: Clint Eastwood, Liam Neeson, Jim Carrey, Patricia Clarkson

In the fifth installment of the Dirty Harry series, gritty cop Harry Callahan is fresh off the conviction of a major mob boss. When horror film director Peter Swan develops a “dead pool” betting on celebrity deaths, he is shocked when a serial killer begins targeting those named, including TV reporter Samantha Walker and Callahan himself. Action and violence abound as Callahan tracks the killer in an attempt to stop the murders.

PEGGY SUE GOT MARRIED (1986)



Saturday, September 21 | 1:30 pm
Cast: Kathleen Turner, Nicholas Cage, Jim Carrey, Helen Hunt

Peggy Sue Bodell attends her 25-year high school reunion after separating from her cheating husband, Charlie. She regrets the decisions she has made in her life, such as getting pregnant by Charlie in high school. When she faints at the reunion, she awakens in 1960. Given the chance to relive her life, she changes many things. However, some choices are more complicated, as she begins to see young Charlie’s charm and true feelings.

MAID IN MANHATTAN (2002)



Sunday, September 22 | 1:30 pm & 4:00 pm
Cast: Jennifer Lopez, Ralph Fiennes, Tyler Posey, Natasha Richardson

The story of Marisa Ventura, a single mother born and bred in the boroughs of New York City, who works as a maid in a first-class Manhattan hotel. By a twist of fate and mistaken identity, Marisa meets Christopher Marshall, heir to a political dynasty, who believes that she is a guest at the hotel. Fate steps in and throws the pair together for a magical night of romance. When Marisa’s true identity is revealed, the two find that they are worlds apart.

LOCAL HERO (1983)



Friday, September 27 | 1:30 pm

Saturday, September 28 | 6:30 pm

Sunday, September 29 | 6:30 pm

Cast: Burt Lancaster, Peter Riegert, Peter Capaldi, Jennifer Black

Up-and-coming Houston oil executive “Mac” MacIntyre gets more than he bargained for when a seemingly simple business trip to Scotland changes his outlook on life. Sent by his colorful boss to the small village of Ferness, Mac is looking to quickly buy out the townspeople so his company can build a new refinery. But after a taste of country life Mac begins to question whether he is on the right side of this transaction.

THE WEDDING DATE (2005)



Saturday, September 28 | 1:30 pm
Cast: Dermot Mulroney, Debra Messing, Jack Davenport, Amy Adams

With the wedding of her younger sister fast approaching, Kat Ellis faces the undesirable prospect of traveling alone to London for the ceremony. While this is bad enough, Jeffrey, the man who left her as they moved closer to marriage, happens to be the groom’s best man. Determined to show everyone -- most of all Jeffrey -- that her romantic life is as full and thrilling as ever, Kat hires a charming male escort as her date.

THE KING’S SPEECH (2010)



Sunday, September 29 | 1:30 pm & 4:00 pm
Cast: Colin Firth, Geoffrey Rush, Helena Bonham Carter, Guy Pearce

England’s Prince Albert must ascend the throne as King George VI, but he has a speech impediment. Knowing that the country needs her husband to be able to communicate effectively, Elizabeth hires Lionel Logue, an Australian actor and speech therapist, to help him overcome his stammer. An extraordinary friendship develops between the two men, as Logue uses unconventional means to teach the monarch how to speak with confidence.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD

= GREAT = PERFECT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:00 am Church of Christ Service (Chapel) 1
10:00 am Worship Service (PAC)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: A Rumor of Angels (Thtr)
4:00 pm Movie: A Rumor of Angels (Thtr)
6:30 pm Movie: Thoroughly Modern Millie (Thtr)

8:00 am Get Physical with Kim (Oasis) 2
9:30 am Advanced Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
10:00 am Hobby Pines Group (Hobby Shop)
10:30 am Chair Yoga (PAC)
10:30 am Beginners Billiards (Billiard Room)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
6:00 pm Bingo (PAC)
6:00 pm Mexican Train Dominoes (LCR)

8:30 am Men's Water Aerobics (Pool) 3
9:00 am Dr. Mike Abutineh (WC)
9:30 am Advanced Water Aerobics (Pool)
10:30 am Cardio Move & Strength (PAC)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Movie: Hillbilly Elegy (Thtr)
1:30 pm Bunko (SCR)
3:00 pm Bible Study w/Rick Levatino (Chapel)
6:30 pm Memphis Wind Symphony (PAC)
6:30 pm Movie: Hillbilly Elegy (Thtr)

9:00 am Get Physical with Kim (Oasis) 4
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
10:00 am Catholic Services (Chapel)
10:00 am Pinecone Painters (A&C)
11:00 am Chair Yoga (PAC)
11:15 am Elmo and the Shades (Trans)
1:00 pm Needle Arts Group (Sunroom)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Mah Jongg (LCR)
1:30 pm Movie: The Long Game (Thtr)
1:30 pm Mexican Train Dominoes (Ante)
1:30 pm Game Play (LCR)
2:00 pm Ballroom Dancing (PAC)
6:00 pm Wednesday Bridge Group (LCR)
6:30 pm Movie: The Long Game (Thtr)

8:30 am Men's Water Aerobics (Pool) 5
9:30 am Advanced Water Aerobics (Pool)
10:00 am Bible Study with Dave Phillips (Chapel)
10:00 am Kroger & Banks (Trans)
10:30 am Cardio Move & Strength (PAC)
1:00 pm Billiards Group (Billiard Room)
1:00 pm WalMart, Costco & Banks (Trans)
1:00 pm Dr. Mike Abutineh (WC)
1:15 pm Line Dancing (PAC)
1:30 pm Series: 1923 (Thtr)
6:00 pm Flag Blessing (PAC)
6:30 pm Vespers (PAC)

8:00 am Get Physical with Kim (Oasis) 6
9:30 am Flag Raising Ceremony (Grounds)
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
10:00 am WalMart, Kroger, Aldi & Banks (Trans)
10:15 am Strength Training (PAC)
10:30 am Cornhole (LCR)
10:45 am Yoga Stretch (PAC)
1:00 pm Billiards Group (Billiard Room)
1:00 pm WalMart, Kroger, Superlo & Banks (Trans)
1:30 pm Movie: Jewel of the Nile (Thtr)
6:00 pm Music: Al Mahan (Lobby)

8:00 am Men's Christian Fellowship (LCR) 7
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
1:30 pm Movie: Flywheel (Thtr)
5:00 pm Lighting of the Lake (Grounds)
6:30 pm Movie: Jewel of the Nile (Thtr)

8:00 am Church of Christ Service (Chapel) 8
10:00 am Worship Service (PAC)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: Wild Mountain Thyme (Thtr)
4:00 pm Hymn Sing with Leon (Chapel)
4:00 pm Movie: Wild Mountain Thyme (Thtr)
6:30 pm Movie: Jewel of the Nile (Thtr)

8:00 am Get Physical with Kim (Oasis) 9
9:30 am Advanced Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
9:30 am Alterations (A&C)
10:00 am Hobby Pines Group (Hobby Shop)
10:00 am Poetry & Writing Club (LCR)
10:30 am Chair Yoga (PAC)
10:30 am Beginners Billiards (Billiard Room)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
6:00 pm Bingo (PAC)
6:00 pm Mexican Train Dominoes (LCR)

8:30 am Men's Water Aerobics (Pool) 10
9:00 am Dr. Mike Abutineh (WC)
9:30 am Advanced Water Aerobics (Pool)
10:30 am Cardio Move & Strength (PAC)
1:00 pm Billiards Group (Billiard Room)
1:00 pm Tuesday Bridge Group (LCR)
1:15 pm Line Dancing (PAC)
1:30 pm Movie: Midway (Thtr)
1:30 pm Bunko (SCR)
3:00 pm Bible Study w/Rick Levatino (Chapel)
6:30 pm Movie: Midway (Thtr)

9:00 am Patriot Day (Porte Cochere) 11
9:00 am Get Physical with Kim (Oasis)
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
10:00 am Catholic Services (Chapel)
10:00 am Pinecone Painters (A&C)
10:30 am Garden Gro'ers (Greenhouse)
11:00 am Chair Yoga (PAC)
1:00 pm Needle Arts Group (Sunroom)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Mah Jongg (LCR)
1:30 pm Movie: Catch Me If You Can (Thtr)
1:30 pm Mexican Train Dominoes (Ante)
1:30 pm Game Play (LCR)
2:00 pm Ballroom Dancing (PAC)
6:00 pm Wednesday Bridge Group (LCR)
6:30 pm Movie: Catch Me If You Can (Thtr)

8:30 am Men's Water Aerobics (Pool) 12
9:30 am Advanced Water Aerobics (Pool)
10:00 am Kroger & Banks (Trans)
10:00 am Bible Study with Dave Phillips (Chapel)
10:30 am Cardio Move & Strength (PAC)
1:00 pm WalMart, Costco & Banks (Trans)
1:00 pm Dr. Mike Abutineh (WC)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Series: 1923 (Thtr)
2:00 pm Resident Association Meeting (PAC)
6:30 pm Vespers (PAC)

8:00 am Get Physical with Kim (Oasis) 13
8:30 am Backermann's Market (Trans)
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
10:00 am WalMart, Kroger, Aldi & Banks (Trans)
10:15 am Strength Training (PAC)
10:45 am Yoga Stretch (PAC)
1:00 pm Billiards Group (Billiard Room)
1:00 pm WalMart, Kroger, Superlo & Banks (Trans)
1:30 pm Movie: The Flame & the Arrow (Thtr)
6:00 pm Music: Double D (Lobby)

8:00 am Men's Christian Fellowship (LCR) 14
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
1:30 pm Movie: Facing The Giants (Thtr)
6:15 pm Saturday Night Trivia (Ante)
6:30 pm Movie: The Flame & The Arrow (Thtr)

8:00 am Church of Christ Service (Chapel) 15
10:00 am Worship Service (PAC)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: Last Chance Harvey (Thtr)
4:00 pm Movie: Last Chance Harvey (Thtr)
6:30 pm Movie: The Flame & the Arrow (Thtr)

8:00 am Get Physical with Kim (Oasis) 16
9:00 am Smith Jewelers (SCR)
9:30 am Group Exercise (PAC)
9:30 am Advanced Water Aerobics (Pool)
10:00 am Hobby Pines Group (Hobby Shop)
10:30 am Tech Time (Sunroom)
10:30 am Chair Yoga (PAC)
10:30 am Beginners Billiards (Billiard Room)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
1:30 pm European Travel Series (Thtr)
6:00 pm Mexican Train Dominoes (LCR)
6:00 pm Bingo (PAC)

8:30 am Men's Water Aerobics (Pool) 17
9:00 am Flu Shots (PAC)
9:00 am Dr. Mike Abutineh (WC)
9:30 am Advanced Water Aerobics (Pool)
10:30 am Cardio Move & Strength (PAC)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Movie: Mr & Mrs Smith (Thtr)
1:30 pm Bunko (SCR)
3:00 pm Bible Study w/Rick Levatino (Chapel)
3:00 pm Photo Club (LCR)
6:30 pm Movie: Mr & Mrs Smith (Thtr)

9:00 am Get Physical with Kim (Oasis) 18
9:00 am Flu Shots (PAC)
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
9:30 am Chronic Disease Management (LCR)
10:00 am Catholic Services (Chapel)
10:00 am Caregiver Support Group (SCR)
10:00 am Pinecone Painters (A&C)
11:00 am Chair Yoga (PAC)
1:00 pm Needle Arts Group (Sunroom)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Mah Jongg (LCR)
1:30 pm Game Play (LCR)
1:30 pm Mexican Train Dominoes (Ante)
1:30 pm Movie: Find Me Falling (Thtr)
2:00 pm Ballroom Dancing (PAC)
6:00 pm Wednesday Bridge Group (LCR)
6:30 pm Movie: Find Me Falling (Thtr)

8:30 am Men's Water Aerobics (Pool) 19
9:30 am Advanced Water Aerobics (Pool)
10:00 am Kroger & Banks (Trans)
10:00 am Bible Study with Dave Phillips (Chapel)
10:30 am Cardio Move & Strength (PAC)
1:00 pm WalMart, Costco & Banks (Trans)
1:00 pm Dr. Mike Abutineh (WC)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Series: 1923 (Thtr)
6:30 pm Vespers (PAC)

8:00 am Get Physical with Kim (Oasis) 20
9:30 am Group Exercise (PAC)
9:30 am Basic Water Aerobics (Pool)
10:00 am WalMart, Kroger, Aldi & Banks (Trans)
10:15 am Strength Training (PAC)
10:30 am Cornhole (LCR)
10:45 am Yoga Stretch (PAC)
1:00 pm WalMart, Kroger, Superlo & Banks (Trans)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: The Dead Pool (Thtr)
6:00 pm Music: Side Street Steppers (PAC)

8:00 am Men's Christian Fellowship (LCR) 21
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
1:30 pm Movie: Peggy Sue Got Married (Thtr)
6:30 pm Movie: The Dead Pool (Thtr)

8:00 am Church of Christ Service (Chapel) 22
10:00 am Worship Service (PAC)
1:00 pm Billiards Group (Billiard Room)
1:00 pm Marilyn Garziona Sing Along (Lobby)
1:30 pm Movie: Maid In Manhattan (Thtr)
4:00 pm Movie: Maid In Manhattan (Thtr)
6:30 pm Movie: The Dead Pool (Thtr)

8:00 am Get Physical with Kim (Oasis) 23
9:30 am Group Exercise (PAC)
9:30 am Advanced Water Aerobics (Pool)
10:00 am Hobby Pines Group (Hobby Shop)
10:30 am Chair Yoga (PAC)
10:30 am Beginners Billiards (Billiard Room)
11:00 am Lunch Bunch: Tekila (Trans)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
6:00 pm Mexican Train Dominoes (LCR)
6:00 pm Bingo (PAC)

8:30 am Men's Water Aerobics (Pool) 24
9:00 am Dr. Mike Abutineh (WC)
9:30 am Advanced Water Aerobics (Pool)
9:30 am Book Baggers (Chapel)
10:30 am Cardio Move & Strength (PAC)
1:00 pm Tuesday Bridge Group (LCR)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Movie: Noah (Thtr)
1:30 pm Bunko (SCR)
3:00 pm Bible Study w/Rick Levatino (Chapel)
6:30 pm Movie: The Sting (Thtr)

9:00 am Get Physical with Kim (Oasis) 25
9:30 am Basic Water Aerobics (Pool)
9:30 am Group Exercise (PAC)
9:30 am Chronic Disease Management (LCR)
10:00 am Catholic Services (Chapel)
10:00 am Pinecone Painters (A&C)
11:00 am Chair Yoga (PAC)
1:00 pm Needle Arts Group (Sunroom)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Mah Jongg (LCR)
1:30 pm Movie: Jack Reacher: Never Go Back (Thtr)
1:30 pm Game Play (LCR)
1:30 pm Mexican Train Dominoes (Ante)
2:00 pm Ballroom Dancing (PAC)
6:00 pm Wednesday Bridge Group (LCR)
6:30 pm Movie: Jack Reacher: Never Go Back (Thtr)

8:30 am Men's Water Aerobics (Pool) 26
9:30 am Advanced Water Aerobics (Pool)
10:00 am Kroger & Banks (Trans)
10:00 am Bible Study with Dave Phillips (Chapel)
10:30 am Cardio Move & Strength (PAC)
1:00 pm WalMart, Costco & Banks (Trans)
1:00 pm Dr. Mike Abutineh (WC)
1:00 pm Billiards Group (Billiard Room)
1:15 pm Line Dancing (PAC)
1:30 pm Series: 1923 (Thtr)
6:30 pm Vespers (PAC)

8:00 am Get Physical with Kim (Oasis) 27
9:30 am Pink Palace Crafts Fair (Trans)
9:30 am Group Exercise (PAC)
9:30 am Basic Water Aerobics (Pool)
10:00 am WalMart, Kroger, Aldi & Banks (Trans)
10:15 am Strength Training (PAC)
10:45 am Yoga Stretch (PAC)
1:00 pm WalMart, Kroger, Superlo & Banks (Trans)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: Local Hero (Thtr)
6:00 pm Music: Ghost River Duo (PAC)

8:00 am Men's Christian Fellowship (LCR) 28
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
1:30 pm Movie: The Wedding Date (Thtr)
6:15 pm Saturday Night Trivia (Ante)
6:30 pm Movie: Local Hero (Thtr)

8:00 am Church of Christ Service (Chapel) 29
10:00 am Worship Service (PAC)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Movie: The King's Speech (Thtr)
4:00 pm Movie: The King's Speech (Thtr)
6:30 pm Movie: Local Hero (Thtr)

8:00 am Get Physical with Kim (Oasis) 30
9:30 am Group Exercise (PAC)
9:30 am Advanced Water Aerobics (Pool)
10:00 am Hobby Pines Group (Hobby Shop)
10:30 am Chair Yoga (PAC)
10:30 am Beginners Billiards (Billiard Room)
1:00 pm Billiards Group (Billiard Room)
1:30 pm Game Play (LCR)
6:00 pm Mexican Train Dominoes (LCR)
6:00 pm Bingo (PAC)

September 2024

"The LORD will fight for you; you need only to BE STILL." - Exodus 14:14 NIV

ABBREVIATIONS KEY
Thtr - Theater
FDR - Formal Dining Room
PAC - Performing Arts Center
BR - Billiard Room
Trans - Transportation
HS - Hobby Shop
SCR - Small Card Room
A&C - Arts & Crafts Studio
LCR - Large Card Room
WC - Wellness Clinic

September 2024 EVENTS

Sep 1: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

Sep 1: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

Sep 1: Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

Sep 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

Sep 2: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Sep 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Sep 2: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Sep 2: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress, and joint pain. Join us in the PAC at 10:30 am each Monday & 11:00 am on Wednesdays.

Sep 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday, and Saturday at 1:30 pm.

Sep 2: Bingo

Who doesn't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Sep 2: Mexican Train Dominoes

Looking for a new game to play? Try Mexican Train Dominoes. Come by the LCR every Monday at 6:00 pm or the Ante Room every Wednesday at 1:30 pm. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

Sep 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Sep 3: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Sep 3: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 pm and Advanced at 1:50 pm. Everyone is welcome!

Sep 3: Hillbilly Elegy

An urgent phone call pulls a Yale Law student back to his Ohio hometown, where he reflects on three generations of family history and his own future. Showtimes are at 1:30 pm & 6:30 pm in the Theatre.



Sep 3: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Sep 3: Bible with Rick Lavatino

This Bible Study provides an understanding to God's story in a structure that places the various pieces of the Bible in a chronological story form narrowed down into a 14-week course. Please join us in the Chapel every Tuesday at 2:00 pm.

Sep 3: Memphis Wind Symphony

Let's kick off our "Lighting of the Lake" week with a wonderful performance from the Memphis Wing Symphony. Join us in the PAC at 6:30 pm. Following the performance, we will end the evening with a Champagne Reception in the Lobby. This is a night you don't want to miss.

Sep 4: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Sep 4: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts Studio.



Sep 4: Elmo & The Shades

Join the Travelers at Theatre Memphis for Elmo and the Shades! This show features Elmo Lee Thomas, a big man with a gigantic voice, playing the best blues, soul, and rock'n roll favorites of the last 60 years. His band includes other local legends and music veterans. We'll eat at Chicken Salad Chick prior to the performance, so don't forget to bring lunch money! Lobby time 11:15 am. Ticket cost is \$7 and transportation fee is \$5.

Sep 4: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Sep 4: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

Sep 4: The Long Game

Rejected by a Texas country club for his Mexican heritage, a veteran forms a team of underdog golfers to compete in the sport that excluded them. Showtimes are at 1:30 pm & 6:30 pm in the Theatre.



Sep 4: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Sep 4: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

Sep 5: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Sep 5: Series: 1923

From the creators of Yellowstone, 1923 follows the generation of the Dutton family during a time of various hardships including Prohibition, drought, and early stages of the Great Depression. Showtime is at 1:30 pm in the Theatre.

Sep 5: Flag Blessing

Please join us in the PAC at 6:00 pm for a very special Vespers. As part of the Lighting of the Lake festivities, we will begin Vespers with gospel vocalist Tiffany Golden and a guest speaker will have the honor of blessing the flag.

Sep 6: Flag Raising

Join us in the Lobby at 9:30 am for our 41st Anniversary flag raising featuring the University of Memphis ROTC Color Guard and The City of Memphis Pipe Band. Meet us in the Lobby at 9:25 am for the presentation under the Porte Cochere.

Sep 6: Strength Training

As we age, it is so important that we maintain our strength in order to independent-

ly care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

Sep 6 & 20: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

Sep 6: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

Sep 6: Al Mahan

A man and his guitar! Come join Al Mahan for a wonderful evening of music in the Lobby. The performance kicks off at 6:00 pm.

Sep 7: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Sep 7: Lighting of the Lake

Join us for our 41st Anniversary Lighting of the Lake ceremony. Our theme this year is "Be Still" and the color is Feathered Green. The festivities will begin promptly at 5:00 pm by Lake Latimer. We will then adjourn to the Lobby and Dining Room for a reception featuring music from pianist Michael Donahue.

Sep 8: Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sander-son. We will begin at 4:00 pm.

Sep 9: Alterations

Come to the Arts and Crafts room the 2nd Monday at 9:30 am for all your alteration needs.

Sep 9: Poetry & Writing Club

The Poetry & Writing Group will meet at 10:00 am on Monday September 9th in the LCR. This month we are writing about childhood. You may write fiction, an essay, a memory, a poem or song. Someone may be so creative they compose a puzzle. Have fun and bring your work to read to the group.

Sep 10 & 24: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

Sep 10: Midway

The story of the Battle of Midway, told by the leaders and the sailors who fought it. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

Sep 11: Patriot Day

Let us meet under the Porte Cochere at 9:00 am for a prayer and moment of silence in remembrance of the tragic events that occurred on this day 23 years ago.

Sep 11: Garden Gro'ers

If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Just a reminder that the produce grown in the gardens belongs to the club members. Join us in the Greenhouse at 10:30 am.

Sep 11: Catch Me If You Can

Barely 17 yet, Frank is a skilled forger who has passed as a doctor, lawyer and pilot. FBI agent Carl becomes obsessed with tracking down the con man, who only revels in the pursuit. Showtimes are 1:30 pm & 6:30 pm in the Theatre.



Sep 12: Resident Association Meeting

The Kirby Pines Estates Residents' Association will meet from 2:00 pm until 3:00 pm in the Performing Arts Center. Speaker: Kelsey Johnson, Associate Director, Arthritis Foundation.

Sep 13: Backermann's Country Market

Please join us for a trip out to Whiteville where we will have the chance to visit the Mennonite church and school and listen to the Elder speak on his community, their culture and beliefs. Afterward we will go to the Country Market and Café for lunch and shopping. We will meet in the Lobby at 8:30 am. Transportation will be \$5 and can be paid to Resident Programs.

Sep 13: Double D Band

Join us in the Lobby for live entertainment by the Double D band. Enjoy this talented duo as they perform a wide range of songs and genres, but especially the 1950s hits. Music will begin in the Lobby at 6:00 pm.

Sep 14 & 28: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme this month will be Astronomy & Space Exploration, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Sep 16: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Sep 16: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Sep 16: European Travel Series

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. Showtime begins in the theatre at 1:30 pm.

Sep 17 & 18: Flu Shots

The Rx Shoppe will be here to administer Flu and Pneumococcal Vaccines. Make certain to bring your ID and all of your insurance cards to the PAC to receive your vaccination. September 17th from 9:00 am to 4:00 pm and September 18th from 9:00 am to 12:00 pm If you have any questions, contact the Wellness Center at 901.369.7309.

Sep 17: Mr & Mrs Smith

A husband and wife struggle to keep their marriage alive until they realize they are both secretly working as assassins. Now, their respective assignments require them to kill each other. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

Sep 17: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Large Card Room and learn to take better photos yourself!

Sep 18: Chronic Disease Management Program

Kirby will be hosting a free 6 week workshop for adults with chronic health conditions or for caregivers of adults with chronic health conditions. These workshops will focus on disease management skills, including: decision making, problem solving, and action planning. This workshop starts September 18th and ends October 23rd. The workshops take place on Wednesdays from 9:30 am to about 12:00 pm. Spots are limited. Sign up in the Resident Programs Office.

Sep 18: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Sep 18: Find Me Falling

On a dreamy Mediterranean island, a rock star is hiding out in a cliffside home gets a second chance at love. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

Sep 20: Side Street Steppers

Come enjoy the music of yesteryear with the Side Street Steppers. This group plays rare and popular music from the 1920s and 1930s. Enjoy a blend of jazz and blues and get ready for a hip-shaking, caterwauling good time. Performance will be in the PAC at 6:00 pm.

Sep 22: Marilyn Garziona

Join us in the lobby at 1:00 pm to enjoy music, with our very own Marilyn Garziona. Always a wonderful performance that you don't want to miss out on.

Sep 23: Tekila Mexican Cuisine

Tekila Mexican Cuisine is a steakhouse that offers a unique fusion of Mexican flavors, creating an unforgettable dining experience. Sign up with Resident Programs. Transportation fee will be \$5 and can be paid in either cash or it can be charged to your room. We will meet in the Lobby at 11:00 am.



Sep 24: The Book Baggers

"The Baker's Secret" by Stephen P. Kieran is our subject for The Book Baggers

discussion. Carolyn Hladky is bringing into the discussion our own resident artist, Jerry Dunnam. Carolyn brings life and energy to any discussion. Jerry will share her outstanding talent with illustrations created specifically for our time together. This WWII historical fiction places us in the middle of everyday life for occupied France in the weeks leading up to D-Day. Join us at 9:30 am. in the Chapel to get a sense of the hardship the French residents endured and the creative ways they survived the days while waiting for the Allies to arrive.

Sep 24: Noah

Noah is chosen by God to undertake a momentous mission before an apocalyptic flood cleanses the world. Showtime is 1:30 pm.



Sep 24: Girls' Night Out

Calling all Kirby Ladies, join us in the theatre for The Sting. Two con men team up to avenge the murder of a mutual friend by pulling off the ultimate big con and swindling a mobster. Movie begins at 6:30 pm.

Sep 25: Jack Reacher: Never Go Back

Jack Reacher must uncover the truth behind a major government conspiracy in order to clear his name while on the run as a fugitive from the law. Showtimes are 1:30 pm & 6:30 pm in the Theatre.

Sep 27: Pink Palace Crafts Fair

Attracting artists from across the country, it is the largest juried arts and crafts fair in the Mid-South, the largest fundraising event for the MOSH and one of the largest volunteer-run events in Memphis. Lobby time 9:15 am. Transportation fee will be \$5 and can be paid in either cash or it can be charged to your room.

Sep 27: Ghost River Duo

We are excited to welcome the Ghost River duo. This husband-and-wife duo draw inspiration from a variety of musical sources such as folk rock, American standards, bluegrass, and jazz. The music will begin in the PAC at 6:00 pm.

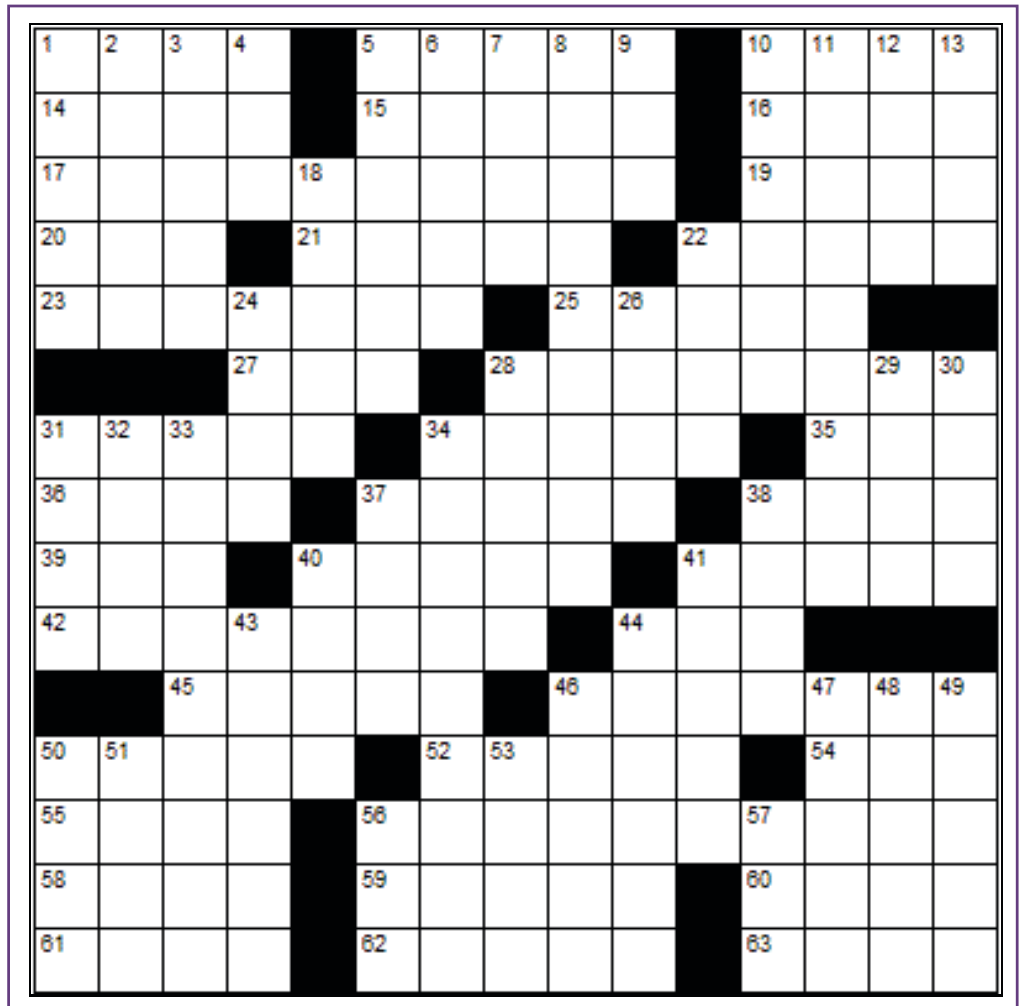
PUZZLE CHALLENGE | Giant Crossword

ACROSS

1. An abandoned calf or lamb
5. Garbage
10. Brute
14. Cain's brother
15. Hawaiian greeting
16. Bucket
17. Undersea sailor
19. Cans
20. Estimated (abbrev.)
21. Lawn covering
22. Door pivot
23. Cravings
25. Any factual evidence
27. Lair
28. Every 2 years
31. Landslide detritus
34. Starting handle
35. Falsehood
36. Fertilizer component
37. Accomplishing
38. L L L L
39. Carpet
40. Monetary units of Serbia
41. Secret meeting
42. Teacher
44. 18-wheeler
45. Neighborhood
46. Leg artery
50. Bias
52. Rent
54. Whichever
55. Unit of power
56. Air-intake device
(see photo for hint)
58. Affirm
59. Coral reef
60. Assistant
61. Plateau
62. Assail
63. Foot digits

DOWN

1. Enclosed
2. Bad treatment
3. Arrears
4. Type of tree



5. Colony of rabbits
6. Assumed name
7. Male offspring
8. Actors
9. Hearing organ
10. Choice
11. Profitably
12. Finger jewelry
13. Apart from this
18. Acquiesce
22. Blow a car horn
24. Bright thought
26. Sounded a bell
28. A very prickly woody vine
29. Afflicts
30. For fear that
31. Certain
32. Gunk
33. Governs
34. Having a corolla
37. Information
38. Therefore
40. Agreement
41. Countdown clock
43. Against
44. Answer
46. Legend
47. Relative magnitudes
48. Battery terminal
49. Harps
50. Propelled through the water
51. Wash
53. "Aeneid" figure
56. Taxi
57. Consume food



Puzzle Solutions - page 23

PICTURING LIFE AT KIRBY PINES

KIRBY CLEAN UP, BRIDGE & SEED SPITTING CONTEST



Kirby Pines residents, employees and friends volunteered to Clean Up Kirby by picking up trash in the neighboring streets outside the community.



Katy & Bill Dorsey with Jane Longfield help with the clean up.



John Blount is armed and ready with his trash "grabber".



Dennis Renick with Janie & Marty Kocman do their share tidying up the neighborhood.



Pat Meiners and Jo Ann Palmer are August Bridge Winners. Photo by Steve Martin



Lyle Hendrix enjoys his cold watermelon on this warm day.



Carolyn Hladky takes a bite to get some spittin' seeds.



Ruth Wigg is all smiles after winning the watermelon seed spitting contest.

PICTURING LIFE AT KIRBY PINES

ART OPENING, GARDEN GRO'ERS AND MORE



Bill Crosby recently started painting and seems to really enjoy it.



Barbara Logan with her beautiful needlework.



Marilyn McCormick shows off her side-by-side sketch of a photo for the art show.



Marty Kocman, Richard Colditz and John Elli all enjoy their watermelon at the Garden Gro'ers annual get together in the greenhouse.



Jim Stanley at the Traveling Vietnam Wall Memorial. Photo by Sheryl Maxwell.



Pat Brand and Mike Jaeger at the Garden Home Fiesta.



Rhett Watkins and Judy Weathers having a good time.



Fritz & Jeanie Crombie share a toast at the Garden Home celebration.

PICTURING LIFE AT KIRBY PINES

STEPHANIE'S SHOWER & COUNTRY WESTERN DANCE



Marilyn Sanderson adds a gift to the table for Stephanie's shower.



Susie and Bobby Thompson enjoy some snacks at the shower.



Anne Carter and Betty Terry show off a book residents signed for the Brown's new baby.



Patricia Latimer enjoys a "sunny" cupcake.



Carol Odom writes a message in the baby book.



The Line Dancers get ready to do some boot-scootin' at the country western dance.



L-R: Anne Carter, Hugh Wilson and Pat Brand get ready for the hoedown; Janice Collier rides in on her pony; Maxie & Jerry Dunnam are ready for the ranch; Arrena & Richard Cheek are dressed for the honky tonk.

KIRBY PINES PHOTO CLUB



Aloe Mate! - Photo by Arrena Cheek



Zinnia Escape - Photo by Ginger Blount

**Join Us September 17th
at 3:00 pm in the
Large Card Room!**

This month our
Photo Club members
submitted interesting
pics of their surroundings.



Gorgeous Variegation
Photo by Carolin Thomason



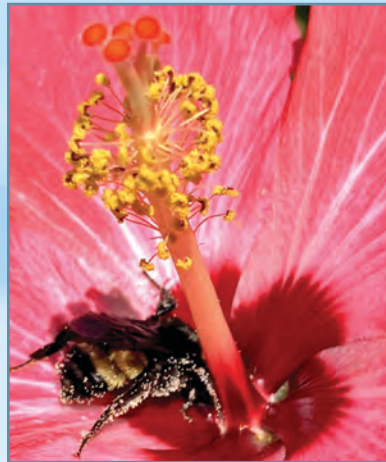
Kirby Sunset
Photo by Stuart Eyman



Sunset Hibiscus
Photo by Fred Dabrowski



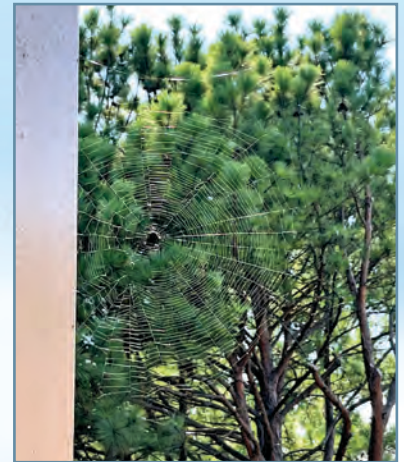
Colorful Florals
Photo by Fran Gentry



Pollination Sensation
Photo by Sylvia Statham



Fruitful Vine
Photo by Sheryl Maxwell



Spider's Home
Photo by Mary Ann Thurmond



Magnolia Seeds
Photo by Sydney Wagner



America the Beautiful
Photo by Jane Longfield



Swallowtail Butterfly
Photo by Hugh Wilson



Busy Bee Time
Photo by Dale Jones

Memorials, Honorariums & Gifts

In Memory Of

LAMAR HARTZOG

Donation by Barbara Logan
to the Book Baggers

Donation by Marsha Greiner
to the Library/Large Print Books

KEN THOMASON

Donation by Marsha Greiner
to the Library/Large Print Books

Donation by Joy Wernet
to the General Fund

RENA JIRACK

Donation by Joy Wernet
to the General Fund

DOC ELDER

Donation by Joy Wernet
to the General Fund



In Honor Of

ROY THURMOND

Donation by Jean & Mal Mauney
to the Hobby Shop

Donation by Marilyn Duke
to the Hobby Shop

HUGH GREGORY

Donation by Buddy & Martha Pugh
to the Hobby Shop

Donation by Cheryl Johnson
to the Hobby Shop

MARK MAXWELL

Donation by Alice Petty
to the Hobby Shop

Donation by Mary Blanche Scott
to the Library

Donation by Mary Lee Boggs
to the Hobby Shop

Donation by Mary Lee & Carl Boggs
to the Hobby Shop

Donation by Barbara Fell
to the Hobby Shop

TO SEE HOW MUCH FUN
KIRBY PINES RESIDENTS
ARE HAVING

**SUBSCRIBE TO OUR
SOCIAL MEDIA
CHANNELS!**



SIMPLY USE YOUR
SMART PHONE CAMERA
**TO SCAN AND
SUBSCRIBE!**

HAVE YOU BEEN TO THE BLOSSOM SHOP?

Located on the Second Floor by the Mailboxes. Open 9:00 am to 3:30 pm.

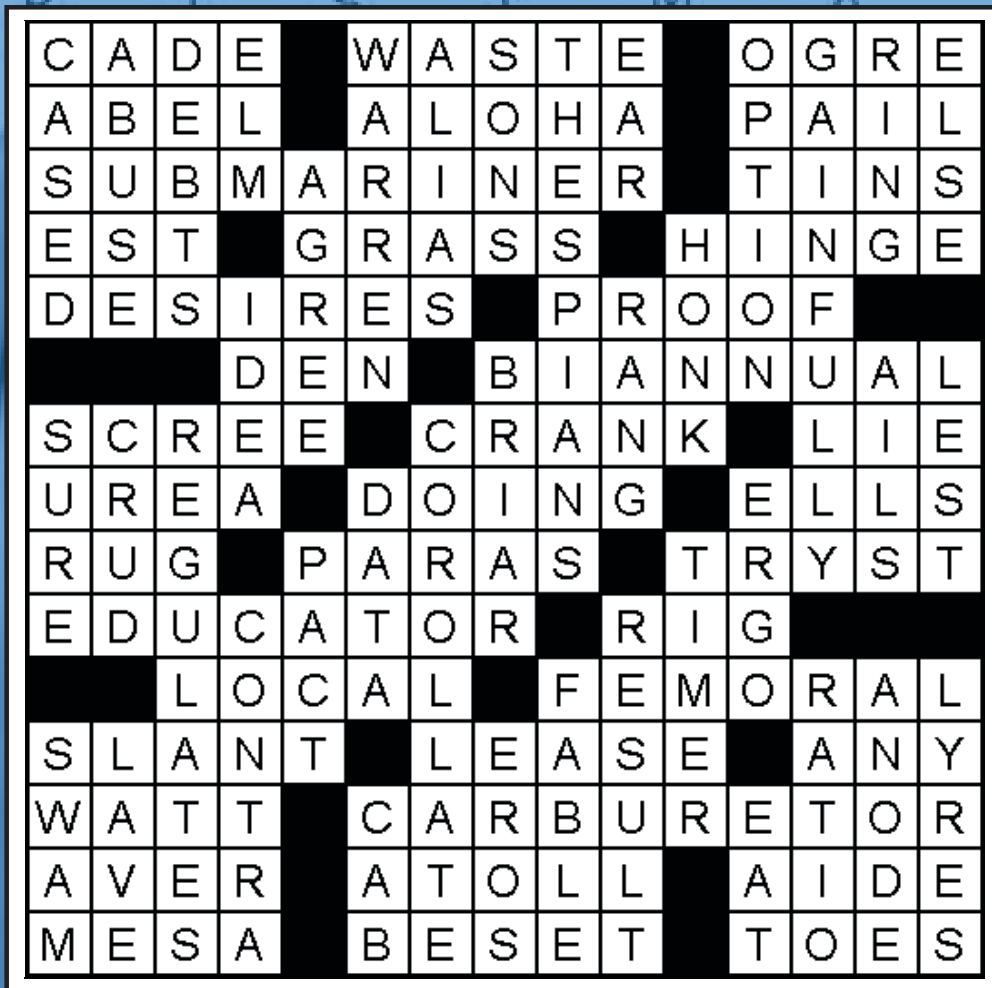


**Toothpaste and toothbrushes • Mouthwash • Shampoo • Bodywash
Tylenol • Advil • Q-tips • Lotion • Hair Brush • Combs
Birthday cards • Sympathy cards, • Get Well Cards
Anniversary Cards • Wedding Cards • Holiday Cards
Candy of all kinds • Gum • Chips • Cookies • Ice Cream • Soda • Water
Tide • Dryer Sheets • Paper towels • Bathroom Tissue • Feminine Products
Puzzles • Puzzle books • Adult Coloring Books
Jewelry • Kirby Pines Hobby Shop Hand-Crafted Items and More!**

Anyone interested in volunteering, call Pam Shatraw at 369-7302.



GIANT WORD SEARCH



ANSWERS TO PUZZLE
CHALLENGE ON PAGE 17

Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Tom Cox at tcox@retirementcompanies.com

CHRISTIE'S COIFFURES

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Specials!

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Shampoo & Sets

Perms & Coloring

Separate Barber Shop

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369-7311

Kirby Pines

LifeCare Community

MARSHA GREINER

tends to her personal
zinnia plot in the
garden at Kirby.

