# PINECONE

The Magazine of Kirby Pines LifeCare Community • August 2024 | V. 42 | I.8



## Proud Moments at Kirby Pines

We always stand ready to celebrate here at Kirby Pines. Today, I want to recount one of our most recent celebrations.

On July 19, 2024, in the Formal Dining Room, the Residents' Association and the Advisory Committee co-sponsored a celebratory breakfast to recognize Kirby Pines Employees for their 2024 scholastic achievements. The graduates received not only well-deserved recognition, but also received financial awards equaling \$6,750, a portion of the total amount of \$18,496 in generous donations made by our amazing Kirby Pines Residents, thru the efforts of our Resident Association Committee and the Advisory Committee led by Peter Jones, President of the Residents' Association and Chuck Hanson, Chairman of the Advisory Committee. After setting aside the \$6,750 for the graduates, the remainder of the total donated was added to the Employee Emergency Fund.

Peter Jones served as host and opened the meeting by welcoming the graduates and all guests in attendance, after which Dr. James Latimer gave an opening prayer.

Michelle Vincent, Executive Vice-President of RCA, who expressed appreciation to the graduates for their willingness to serve at Kirby Pines while pursuing their education and congratulated them for their achievements.

I extended congratulations to the graduates, some of who will be staying at Kirby Pines, while others leave to pursue their careers, and I praised them all as inspirations to their peers.

Before the actual presentations began, attendees were treated to a delicious buffet breakfast prepared by Executive Chef Mark Simpson and the culinary staff.

Those Staff members honored were: Medical Services: Birgul Lemmon, Reva Harris, Katesha Daniels, and Ashley Wiley. Caring in Place: Monica Burson. Culinary:Martavious Price and Veranthoni Campbell. Administration: Latanya Bailey. Resident Programs: Rachel Ward.

This is exactly what Kirby Pines is all about! I have never been prouder and happier than this one day at Kirby Pines.



Michael J. Brown, Jr. Executive Director, Kirby Pines

## ON THE PINECONE COVER

## **Celebrating Elvis Week at Kirby Pines!**

It's August in Memphis and with all the rain we've had, our grounds are still popping with color at every turn, thanks to Mike Rayder and his hardworking crew.

We have a lot going on, so let's get right to it. The farmer's market is back on the 6th and 20th to enjoy the summer's harvest. Also on the 6th, the Travelers are going to the MOSH for an exhibit on space. The 7th brings back our watermelon seed spitting contest. We are having an Art Opening on the 9th and a special Baby Shower on the 16th. There is a country western dance on the 20th and an opportunity to visit the Traveling Vietnam Wall on the 23rd. The Carousel of Shoppes will be in the PAC on the 28th and rounding out the month we have the Kirby Choir singing on the 30th.

Speaking of singing, our front cover features John Sosh dressed as Elvis Presley, the King of Rock and Roll. If you've lived in Memphis, even for a short period of time, you know Elvis Week is a big deal around here. People from all over the world come to celebrate his life, music and legacy.

Our back cover is our tribute to Elvis, showcasing some of our residents, who wanted to pay their respects in a playful way. Because if you're not at Kirby Pines, you're just not having as much fun!

So on August 16th, sing an Elvis song, watch an Elvis movie or just shake your hips a little to remember The King. Thank you, thank you very much.



John Sosh is our Elvis for 2024



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We are so glad Judy Edmands has become a member of the Kirby Pines's family of residents. She recently moved from her former home in Germantown. Judy and her late husband, Jack, were married for 36 years and had a son, Joseph.

A graduate of Memphis State University, Judy earned a Bachelor of Fine Arts degree. She worked in advertising and design before becoming an art teacher at St. Agnes in Memphis. For more that 20 years Judy was a lay Christian counselor.

In her youth, Judy enjoyed summer trips to New England to visit family, she lived in Rhode Island during junior high school. She has also traveled to Scotland, England, Mexico and Europe.

Judy has always enjoyed and demonstrated her art and photography talent.

Now that she has moved to Kirby Pines, she is looking forward to making and collecting new friends. With her friendly and funny personality, she'll have a large collection before too long.

Earning her degree in "Fine Arts" and teaching at St Agnes are proud accomplishments. Judy shares the blessings she received when working with "Youth with a Mission." She ministered and handed out Bibles to people in different countries who had never had one.

If you haven't met Judy yet, find her and welcome her to her new home. Invite her to join in our Kirby fun and games lifestyle. This talkative and funny lady will be an instant friend. We are happy to have Judy as a new Kirby resident.



Jim & Clay Shaw

The Shaws moved to Kirby Pines recently from Hoover, Alabama. Clay was born in Humbolt, Tennessee and Jim was born in Hamlet, North Carolina.

Married for 41 years, Jim and Clay had 2 children, now they enjoy spoiling their 4 grandchildren.

Jim was a custom home builder with "Parade of Homes" in Birmingham, Alabama for 23 years. As project manager, on a 5 year project he oversaw the construction of the largest house in Alabama (60,000 sq. ft. and 2 pool houses). After getting her degree in Business Administration in 1963 from Business College, Clay had a 28 year career in Human Resources at Pro Assurance. Clay was named the best vice president of HR in Birmingham by the local business organization. She received this reward in New York City.

A veteran of the United States Air Force, as an Airman 2A class Jim was a B66 gunner while serving in Japan and South Korea. He also found time to play football while on base.

The Shaws have many interests and hobbies. Jim plays golf, has hiked the Appalachian Trail and watches college football (especially Alabama), tennis and diving. Clay enjoys reading, needlepoint, counted cross stitch and trying new recipes.

Jim and Clay have traveled extensively throughout the United States. They also visited Victoria, British Colombia and the Caribbean Islands.

We are elated that the Shaws chose Kirby Pines for their new home. Give them a warm welcome and get them involved in our Kirby life!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Are you tired of feeling tired? Does your fatigue rule your daily activities? Do you want to be more active? Years ago the philosophy of growing old was to retire, rest, and take it easy. Today's way of life for retired folks is stay busy, enjoy your hobbies, and keep moving. Most Kirby Pines residents' appointment books stay booked up. I would much rather hear someone say, "Sorry I won't make exercise class today: I have too much to do." Rather than I'm too tired to do anything." Here are some great tips to boost your energy level and restore that happy, vibrant feeling.

When we try to relieve stress, we often turn to "comfort" foods and a plan to get away from it all. **Some of our choices which actually steal away our energy are:** 

- **1.** Television often over stimulates our minds like choosing a channel, raises our stress and emotion levels and watching hours at a time makes us feel sluggish and stiff.
- **2.** Highly caffeinated beverages may give us a sudden burst of energy, but that soon wears away leaving us in a down mood and it may interfere with a good night's sleep which causes even more fatigue.
- **3.** Fatty and fried foods and sugary snacks also give us that quick energy but can cause a sudden drop in blood sugar bringing on that sinking feeling.

#### Try some of these helpful ideas the next time you feel a little drained.

- 1. Check your posture. Slumping makes your muscles work harder than sitting up right.
- **2.** Make time for quiet time. Prayer and meditation relaxes your body, slows breathing, lowers blood pressure, and relieves worry.
- **3.** Drink a glass of cold water. Dehydration is a major cause of fatigue. Try to get in 8 glasses daily. Water also improves digestion, helps control obesity, and helps kidney function.
- **4.** Be positive with yourself. Speak to yourself with encouragement, not criticism. "It's a new day!" "Take 'quit' out of your vocabulary".
- **5.** Wear red. A brightly colored scarf or shirt can improve your mood and alertness.
- **6.** Listen to good music. Irish folk music with fiddles and accordions invigorates me.
- **7.** Laugh out Loud (LOL). A good chuckle, giggle, or side-busting guffaw reduces stress, lowers blood pressure, and raises endorphins, our body's natural painkiller. Read the comics, watch an Andy Griffith rerun, or connect with someone who shares your sense of humor.
- **8.** Get enough sleep.
- **9.** Pop a peppermint in your mouth. The scent of peppermint can decrease fatigue by up to 25 percent.
- 10. Exercise and Stretch every day, several times each day

Step away from the TV and fatty, sugary foods and step up your energy level with some of the many opportunities Kirby Pines has to offer. Join a card group or play bingo. Sign up for a Bible study. Join some of the exercise classes which are available Monday through Friday to help with stretching, cardio, exercise and strengthening. And remember, the Oasis exercise room never closes.



#### **Weekly Fitness Classes**

Get Physical with Kim 8:00 am | Mon & Fri | Oasis 9:00 am | Wed | Oasis

Advanced Water Aerobics with Kim Roberts 8:00 am | Mon, Tue & Thu | Pool

Basic Water Aerobics
Resident Led
9:30 am | Wed & Fri | Pool

Men's Water Aerobics Resident Led 8:30 am | Tue & Thu | Pool

Exercise in the PAC
Resident Led
9:30 am | Mon, Wed & Fri | PAC/Live TV

Chair Yoga with Kim

10:30 am | Monday | PAC/Live TV 11:00 am | Wednesday | PAC/Live TV

Strength Training with Kim
Friday Only
10:15 am | PAC/Live TV

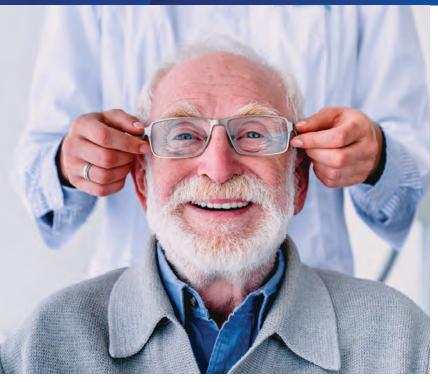
Yoga Stretch with Kim Friday Only 10:45 am | PAC/Live TV

Cardio Move & Strength with Kim 10:30 am | Tue & Thu | PAC/Live TV





# Seeing Clearly: VISION CHANGES



#### I can see clearly now; the rain is gone!

Vision is linked to maintaining independence, navigating surroundings, and brain health! The brain and eyes are intrinsically linked, and therefore, healthy eyes have been linked to healthy brains.

#### Did you know?

- 80% of all learning comes through the eyes
- Eyes can distinguish approximately 10 million different colors and focus on 50 different objects every second
- Eyes are made up of over 2 million working parts and 107 million light-sensitive cells
- The only organ more complex than the eye is the brain

Even though good vision is an important factor in taking in the world around us, it is estimated that 93 million adults in the U.S. are at high risk for serious vision loss, but only half visited an eye doctor in the last 12 months.

## So, what is the difference between low vision and impaired vision?

#### **Low Vision**

- Fully corrected vision that is still insufficient or interferes with the ability to do things you want to be able to do.
- Low vision is a vision problem that makes it hard to do everyday activities

#### **Impaired Vision**

- Broad term that refers to any loss of vision
- Can be corrected with glasses, contacts, corrective eye surgery, etc.

#### **Keeping Your Vision in Tip Top Shape:**

**Eat Well**. Nutrients like Omega-3 fatty acids, zinc, and vitamins C and E can help ward off vision-related problems like cataracts and macular degeneration. Fill your plate with green leafy vegetables (spinach, kale), salmon, tuna, eggs, and citrus fruits.

**Quit Smoking.** It makes you more likely to develop cataracts, damage to your optic nerve, and macular degeneration.

**Wear Sunglasses.** Too much UV exposure boosts your chances of cataracts and macular degeneration. Choose a pair that blocks 99%-100% of UVA and UVB rays.

**Use Safety Eyewear.** If you use hazardous or airborne materials on the job or at home, wear safety glasses or protective goggles!

**Look Away!** Staring at a computer screen can cause eye strain, blurry vision, dry eyes, headaches, and neck pain. Try to rest your eyes every 20 minutes – look 20 feet away for 20 seconds.

For more information on how Functional Pathways can help you with your vision, or provide you with adaptive devices to cope with your low or impaired vision, please contact our Therapy Team!



What's the name of Elvis' home-turned-museum?  ☐ Wonderland ☐ Graceland ☐ Music Manor	When did Graceland open to the public? ☐ 1979 ☐ 1981 ☐ 1982
What Southern city is home to Elvis' mansion?  ☐ Memphis, Tennessee ☐ Tupelo, Mississippi ☐ Atlanta, Georgia	Who was appointed executor of Elvis' estate when he died?  I his mother, Gladys Presley
How old was Elvis when he bought Graceland?  ☐ 22 years old ☐ 26 years old ☐ 24 years old	<ul><li>his father, Vernon Presley</li><li>his daughter, Lisa Marie Presley</li></ul>
This room at Graceland is decorated with green shag carpet and carved wood furnishings.  I the Polynesian room I the Hawaiian room the jungle room	When did Elvis and Priscilla Presley divorce?  □ never □ 1973 □ 1970  Elvis is survived by only one child.  □ true □ false
What was Elvis' first hit song? □ "That's All Right" □ "Heartbreak Hotel" □ "Love Me Tender"	Did Elvis really eat fried peanut butter and banana sandwiches?  ☐ yes ☐ no
When was Elvis born? □ Jan. 15, 1936 □ Jan. 8, 1935 □ Jan. 3, 1937	What is the best-selling Elvis song of all time?  "It's Now or Never"
Not counting the documentaries, how many movies did Elvis make?  □ 31 □ 35 □ 26	<ul> <li>"Are You Lonesome Tonight?"</li> <li>"A Little Less Conversation"</li> <li>Where was Elvis' last concert?</li> <li>Madison Square Garden, New York City</li> <li>Market Square Arena, Indianapolis, Indiana</li> <li>Von Braun Center, Huntsville, Alabama</li> </ul>
When did Elvis enter the Army?  □ March 23, 1964 □ March 5, 1960 □ March 24, 1958	
Where did Elvis meet his wife, Priscilla Presley? □ Las Vegas □ Germany □ Tupelo, Mississippi	When and where did Elvis die?  □ backstage at the Grand Ole Opry in 1975  □ at Graceland in 1977
Where did Priscilla Presley and Elvis marry? ☐ Graceland ☐ the Beaulieu family home ☐ Las Vegas	□ in the backseat of a Cadillac in 1976  Who was Elvis' girlfriend at the time of his death? □ Linda Thompson □ Ann-Margaret □ Ginger Alden  Answers on page 23
Who was Col. Tom Parker?  □ Elvis' driver □ Elvis' drummer □ Elvis' manager	
How many gold and platinum records does Elvis have? □ 167 □ 116 □ 173	
What national TV show did Elvis first appear on?  □ "Stage Show" □ "The Ed Sullivan Show" □ "Hee Haw"	
Elvis performed concerts in only one country besides the United States. Which country was it?  □ England □ Germany □ Canada	
What was Elvis' first movie? □ "Love Me Tender" □ "King Creole" □ "Blue Hawaii"	
How many Grammys did Elvis win? □ 3 □ 5 □ 17	
When did Elvis get his first guitar? ☐ age 6 ☐ age 11 ☐ age 13	

What was Elvis' last no.1 hit?
□ "In the Ghetto" □ "Suspicious Minds" □ "Gentle On My Mind"



#### THE SPIRIT OF VOLUNTEERING

To know Phyllis Peterson is to recognize a multi-talented individual who is not afraid to be herself. Although one might have originally identified her by the beautiful shawls she knits, more recently she has acquired a pink-tinged hairstyle which is unique and typically Phyllis. Also recognizable is Phyllis's quest for answers and explanations for things that concern her. Phyllis says, "I was a curious child, wanting to know where things came from and how they were made. I once took a small alarm clock apart to see how it worked. On walks to school, I would fill my pockets with things I found on the ground such as screws, washers, nails, etc. I wanted to find out what they were used for."

Phyllis Hull was born in Moscow–Idaho that is! Her family was from Washington State, and Phyllis and her parents returned there in 1949 when her father completed college. Phyllis was the only child until her first brother was born in 1951. According to Phyllis, "I was sent to stay with my grandmother and was on her front porch, coloring. She came to me and said, 'You have a new baby brother!' According to my grandmother, my reply was a scowl as I started breaking up my crayons. I obviously wasn't too happy. Several years later, a second brother came along. My relationship with my brothers was good as long as I was in charge."

Phyllis says she was blessed to have a wonderful childhood. Her summers were filled with playing with the neighborhood kids—day and night! Swimming, bicycling, digging for earthworms, and trying to find China were only a few of the activities from their creative minds.

In 1959, the family moved from Spokane to Walla Walla, Washington. It was here that Phyllis attended high school. She says she enjoyed her history classes (no surprises there) and was very involved in theater production. Graduating in 1965, she attended Washington State University in Pullman, Washington. "After two years, I dropped out of college and worked as a waitress and bartender," reports Phyllis.

While in Pullman, Phyllis met Larry Peterson who was starting graduate school at Washington State. They dated for over a year and married in 1972. Their only child, Lance, was born in 1973. Larry completed graduate study in 1977 and accepted a faculty position at Memphis State University (now University of Memphis). "So, with a newly minted

# **Resident Spotlight:** Phyllis Petersen

PhD," remembers Phyllis, "we loaded all of our worldly possessions into a modern -day Conestoga wagon (also known as a U-Haul truck) and headed south—to a part of the country where we never envisioned living. I felt like a pioneer who headed west to seek better opportunities, leaving family and friends for an unfamiliar future." As Larry began his teaching career, Phyllis says she settled in – learning "southern."

In 1979, Phyllis "jumped at the opportunity" to substitute in one of the three- year- old classes where her son was enrolled. She taught there until 1985 when she took advantage of a new Memphis State program for returning adult students. Phyllis chose to major in Medical Photography. She studied for several years, taking other classes because they sounded interesting and piqued her curiosity. She was briefly the photo editor of the school newspaper, The Helmsman.

In 1991, when Lance left home for college, Phyllis would begin a series of what most of us would consider "dream" opportunities. Her first "job" was as a tour guide and volunteer coordinator at the Mallory-Neely House in Victorian Village. This also included giving tours of Elwood Cemetery and downtown Memphis. In 1995, she had the opportunity to become the Volunteer Coordinator at the Pink Palace. In 2001, she accepted the position of Volunteer Coordinator for the Memphis Child Advocacy Center, advancing to coordinating and teaching abuse prevention for selected groups. In 2006, tired of the commute between Germantown and downtown, Phyllis made the decision to end employment, but she would continue to volunteer with Elmwood and the Pink Palace. However, in 2010, an opportunity came to work with Meritan, a multi-faceted, non-profit organization which helps disadvantaged people. Phyllis worked on a six- month grant to

help prepare adults for employment. According to Phyllis, this was one of the most satisfying jobs she ever had.

In 2014, Larry died unexpectedly, and in 2019, Phyllis began to think of a retirement community. She frequently visited a friend who lived at Kirby Pines and was impressed by the friendliness of the people and the many activities available—especially the Needle Arts Group.

In 2021, Phyllis was the first resident to move into the newly renovated L Wing of Kirby Pines. Since then, Phyllis has continued her sense of volunteerism by being a part of the Book Baggers, Ham'ateurs, Photo



**Phyllis Age Two** 

Club, Theater Group, Rhythm Band, Bible studies, and, of course, the Needle Arts Group. When asked what she likes best about Kirby Pines, her response was, "I enjoy the commradery and sense of family here. If I have a question or need help with something, there is always someone standing by." Unquestionably, Phyllis knows more Memphis history than most native Memphians, and obviously adds much to Kirby Pines!

Written by Joan Dodson, Resident of Kirby Pines

#### TO SEE HOW MUCH FUN KIRBY PINES RESIDENTS ARE HAVING

#### SUBSCRIBE TO OUR SOCIAL MEDIA CHANNELS!



GO TO FACEBOOK.COM OR YOUTUBE.COM

## **SEARCH KIRBY PINES**

AND FIND LOADS OF PHOTOS AND VIDEOS TO ENJOY!



OR SIMPLY USE YOUR **SMART PHONE CAMERA** 

## **TO SCAN AND** SUBSCRIBE!



Congratulations to our **CHAMPION of the Month** 

**Security Guard** 

## **LONNIE SCOTT**

Describe Your Family: Heart loving.

Describe yourself in five words: I am a nice person.

Favorite thing about your job: Securing and helping others.

What do you do for fun: Make money.

Do you have any hobbies: Eating.

Favorite food: Cheeseburger. Favorite song: Love and Happiness by Al Green.

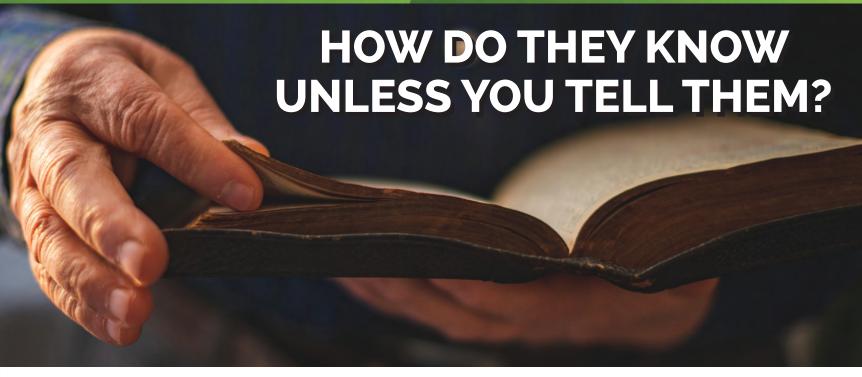
What is something you are proud of: Just being me.

What would you like people to know about you: I am a good guy.



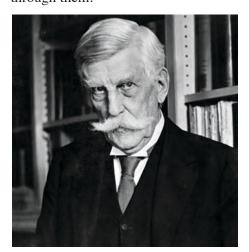
Lonnie is steady and consistent with his guard duties. He always arrives to work early and reaches out to his teammates to assist. Lonnie always greets residents with a smile. His priorities are work ethic, details, safety and compliance. We are lucky to have Lonnie as part of our Kirby Pines Team.

# REFLECTIONS BY Maxie Dunnam



As a Christian, have you ever thought about the kind of impression you make on others?

Oliver Wendell Holmes once said, "I might have entered the ministry if certain clergymen I knew had not looked and acted so much like undertakers." My personal experience is altogether different. As a young person, two ministers caught my attention in a positive way. Unlike too many preachers, when sharing their faith, they were always inviting, never condemning. They were worthy of my attention and got it. My calling was magnified through them.

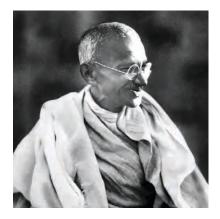


#### Oliver Wendell Holmes

was an American jurist who served as an associate justice of the U.S. Supreme Court from 1902 to 1932. I understand why Ghandi was famous for saying, "I like your Christ. It is Christians I have a problem with."

Back to my initial question, have you ever thought about the kind of impression you make on others? When many of our friends and members of our community think of Christians, they don't think of Jesus' love or kindness, his open arms to persons from all walks of life. They think of people who are judgmental, opinionated, and hypocriti-cal. Are we contributing to that distortion?

The question persists, as a Christian, what kind of impression do you make on others? What words would people use to describe you?



#### Mahatma Gandhi

was an Indian lawyer, anti-colonial nationalist and political ethicist who employed nonviolent resistance to lead the successful campaign for India's independence from British rule.

## August Vesper Services | 6:30pm | Performing Arts Center

August 1

**Amy Speake** Missionary UMC Alturia - Costa Rica

#### August 8

**Rev Luke Lea**Discipleship & Outreach
Emmanuel UMC

#### August 15

**Dr Matthew Castro**Pastor Adult Ministries
Central Church

#### August 22

Ellis Hagewood Retired Headmaster at MUS

#### August 29

Summer All Sing
Residents of
Kirby Pines

## MDDA

















#### **THAT OLD FEELING** (1997)



Friday, August 2 | 1:30 pm Saturday, August 3 | 6:30 pm Sunday, August 4 | 6:30 pm Cast: Bette Midler, Dennis Farina,

Paula Marshall, Danny Nucci
Molly De Mora is getting married, with her beau being Keith
Marks, a political hopeful who is running on a family values

Marks, a political hopeful who is running on a family values platform. Molly invites her now-divorced parents, Lilly and Dan, to the ceremony, only to see them rekindle their romance despite the fact both are remarried. Fearing a tabloid scandal that could damage Keith's candidacy, Molly sets out to stop them, but the pair have run off and aren't so easily tracked.

#### **PAUL, APOSTLE OF CHRIST (2018)**



Saturday, August 3 | 1:30 pm

Cast: Jim Caviezal, James Faulkner Olivier Martinez, Joanne Whalley

Risking his life, Luke ventures to Rome to visit Paul -- the apostle who's bound in chains and held captive in Nero's darkest and bleakest prison cell. Haunted by the shadows of his past misdeeds, Paul wonders if he's been forgotten as he awaits his grisly execution. Before Paul's death, Luke resolves to write another book that details the birth of what will come to be known as the church.

#### **BEND IT LIKE BECKHAM** (2002)



Sunday, August 4 | 1:30 pm & 4:00 pm Cast: Parminder Nagra, Keira Knightley, Jonathan Rhys Myers, Archie Panjabi

Jess Bhamra, the daughter of a strict Indian couple in London, is not permitted to play organized soccer, even though she is 18. When Jess is playing for fun one day, her impressive skills are seen by Jules Paxton, who then convinces Jess to play for her semi-pro team. Jess uses elaborate excuses to hide her matches from her family while also dealing with her romantic feelings for her coach, Joe.

#### **AS GOOD AS IT GETS** (1997)



Friday, August 9 | 1:30 pm

#### Saturday, August 10 | 6:30 pm Sunday, August 11 | 6:30 pm

Cast: Jack Nicholson, Helen Hunt, Greg Kinnear, Skeet Ulrich

Melvin Udall is an obsessive-compulsive writer of romantic fiction who's rude to everyone he meets, including his gay neighbor Simon, but when he has to look after Simon's dog, he begins to soften and, if still not completely over his problems, finds he can conduct a relationship with the only waitress at the local diner who'll serve him.

#### **LEATHERHEADS** (2008)



Saturday, August 10 | 1:30 pm

Cast: George Clooney, John Krasinski, Renee Zillweger, Jonathan Pryce

Dodge Connolly, captain of a 1920s football team, wants to give the sagging sport a boost and capture the country's attention. He recruits Carter Rutherford to play for the team. Carter is not only a war hero, but he is also fast, handsome, and guaranteed to pack the stands with fans. Newswoman Lexie Littleton goes digging for dirt on Carter, while both Dodge and Carter try to score with her off the field.

#### **LICENSE TO WED (2007)**



Sunday, August 11 | 1:30 pm & 4:00 pm Cast: Robin Williams, John Kraskinski, Mandy Moore, Christine Taylor

Newly engaged couple Sadie and Ben look forward to a traditional wedding in St. Augustine's Church but, unfortunately for the lovebirds, the Rev. Frank refuses to bless the union until they pass his arduous marriage-prep course. While the clergyman puts the couple through holy hell, Ben and Sadie learn if they are truly destined to love each other till death do them part.

#### A MOTHER'S GIFT (1995)



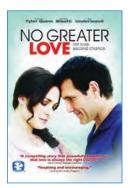
Friday, August 16 | 1:30 pm Saturday, August 17 | 6:30 pm Sunday, August 18 | 6:30 pm

Cast: Nancy McKeon, Adrian Pasdar,

Max Wright, Randle Mell

A Civil War veteran and his wife face hardships as pioneers settling farmland in 1800s Nebraska.

## IR MOVI

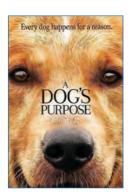












#### **THE FAMILY STONE (2005)**





## Saturday, August 17 | 1:30 pm

#### Cast: Diane Keaton, Sarah Jessica Parker, Rachel McAdams, Dermot Mulroney

Everett Stone wants to bring his girlfriend, Meredith Morton, to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie to come along. Hoping to win the approval of her boyfriend's parents Sybil and Kelly and the rest of the family, instead Meredith succeeds only in highlighting her uptight personality and making Everett doubt his intentions.

#### **NO GREATER LOVE (2010)**



Sunday, August 18 | 1:30 pm & 4:00 pm Cast: Anthony Tyler Quinn, Alexis Boozer, Jay Underwood, Danielle Bisutti

A single father unexpectedly encounters his estranged wife, who abandoned him 10 years earlier.

#### **UNDERCOVER BLUES (1993)**



Friday, August 23 | 1:30 pm Saturday, August 24 | 6:30 pm Sunday, August 25 | 6:30 pm

Cast: Dennis Quaid, Kathleen Turner,

#### Stanley Tucci, Fiona Shaw

Veteran spies Jane and Jefferson Blue abandon their successful careers to raise a family in New Orleans. Jefferson attracts police attention when he beats up mugger Muerte. With local authorities already on the alert, Jane and Jefferson are forced to come out of retirement when their old Czech foe Paulina Novacek, a former Communist agent turned arms dealer, gets her hands on some plastic explosives.

#### **MADE OF HONOR** (2008)



#### Saturday, August 24 | 1:30 pm

Cast: Patrick Dempsey, Michelle Monaghan, Sydney Pollack, Kevin McKidd

Hannah surprises Tom, her best friend who is secretly in love with her, with the news of her engagement to a wealthy man. Things take a complicated turn when she asks Tom to be her maid of honor.

#### 28 DAYS (2000)



#### Sunday, August 25 | 1:30 pm & 4:00 pm Cast: Sandra Bullock, Viggo Mortensen, Steve Buscemi. Elizabeth Perkins

A hard-drinking New York journalist takes her reputation as the life and soul of the party too far when she knocks over her sister's wedding cake and crashes the bridal limousine. When a court orders her into rehab for a month, she initially refuses, but eventually she begins to take her substance abuse seriously.

#### **THOROUGHLY MODERN MILLIE** (1967)



Friday, August 30 | 1:30 pm Saturday, August 31 6:30 pm Sunday, September 1 | 6:30 pm

Cast: Julie Andrews, Carol Channing,

### Beatric Lillie, John Gavin

In this musical spoof of the roaring '20s, feisty young flapper Millie plans to find a job and marry a wealthy employer. Though fond of penniless paper-clip salesman Jimmy, she's determined to marry well-heeled company man Trevor Graydon, who loves Millie's roommate Dorothy Brown. As all four try to find love, evil landlady Mrs. Meers schemes to sell the orphaned Dorothy into white slavery.

#### A DOG'S PURPOSE (2017)

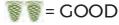


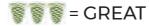
Saturday, August 31 | 1:30 pm Cast: Dennis Quaid, Josh Gad, Britt Robertson, KJ Apa

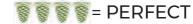
A devoted dog discovers the meaning of its own existence through the lives of the humans it teaches to laugh and love. Reincarnated as multiple canines over the course of five decades, the lovable pooch develops an unbreakable bond with a kindred spirit named Ethan. As the boy grows older and comes to a crossroad, the dog once again comes back into his life to remind him of his true self.

#### KIRBY PINES MOVIE RATING SYSTEM









**SUNDAY MONDAY TUESDAY** WEDNESDAY **THURSDAY** FRIDAY **SATURDAY** 2 8:00 am • Men's Christian Fellowship (LCR) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) August ABBREVIATIONS KEY 10:00 am • Bible Study with Dave Phillips (Chapel) 9:30 am • Group Exercise (PAC) 1:30 pm • Game Play (LCR) 10:00 am • Kroger & Banks (Trans) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:30 pm • Movie: Paul, Apostle of Christ (Thtr) Thtr - Theater HS - Hobby Shop 10:30 am • Cardio Move & Strength (PAC) 10:15 am • Strength Training (PAC) 6:30 pm • Movie: That Old Feeling (Thtr) 1:00 pm • Billiards Group (Billiard Room) 10:30 am • Cornhole (LCR) FDR - Formal Dining Room SCR - Small Card Room 1:00 pm • WalMart, Costco & Banks (Trans) 10:45 am • Yoga Stretch (PAC) PAC - Performing Arts Center
 A&C - Arts & Crafts Studio 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) BR - Billiard Room LCR - Large Card Room 1:30 pm • Series: 1923 (Thtr) 1:30 pm • Movie: That Old Feeling (Thtr) • Trans - Transportation WC - Wellness Clinic 6:30 pm • Vespers (PAC) 6:00 pm • Music: Beverly Brothers (Lobby) 9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 8:00 am • Men's Christian Fellowship (LCR) 10 8:00 am • Church of Christ Service (Chapel) 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 9:00 am • Farmer's Market (Lobby) 10:00 am • Worship Service (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Group Exercise (PAC) 10:00 am • Kroger & Banks (Trans) 9:30 am • Group Exercise (PAC) 1:30 pm • Game Play (LCR) 1:00 pm • Marilynn Garzione Sing Along 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Hobby Pines Group (Hobby Shop) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:30 pm • Movie: Leatherheads (Thtr) 10:00 am • Space: New Frontier @ MOSH (Trans 10:00 am • Poetry & Writing Club (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:15 am • Strength Training (PAC) 11:00 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 6:15 pm • Saturday Night Trivia (Ante) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Needle Arts Group (Sunroom) 10:30 am • Chair Yoga (PAC) 1:00 pm • WalMart, Costco & Banks (Trans) 10:45 am • Yoga Stretch (PAC) 6:30 pm • Movie: As Good As It Gets (Thtr) 1:30 pm • Movie: Bend It Like Beckham (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Mah Jongg (LCR) 1:15 pm • Line Dancing (PAC) 4:00 pm • Movie: Bend It Like Beckham (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: Fried Green Tomatoes (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: The Little Rascals (Thtr) 6:30 pm • Movie: That Old Feeling (Thtr) 1:30 pm • Mexican Train Dominoes (Ante) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: As Good As It Gets (Thtr) 1:30 pm • Bunko (SCR) 1:30 pm • Game Play (LCR) 6:00 pm • Bingo (PAC) 2:00 pm • Ballroom Dancing (PAC) 1:30 pm • Series: 1923 (Thtr) 2:00 pm • Art Opening (PAC) 3:00 pm • Bible Study w/Rick Levatino (Chapel) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Fried Green Tomatoes (Thtr) 6:00 pm • Mexican Train Dominoes (LCR) 6:00 pm • Music: Sean Pan (PAC) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: The Little Rascals (Thtr) 8:00 am • Church of Christ Service (Chapel) 11 8:00 am • Get Physical with Kim (Oasis) 9:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) 17 12 8:30 am • Men's Water Aerobics (Pool) 15 16 9:30 am • Basic Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Kroger & Banks (Trans) 10:00 am 🌘 Catholic Services (Chapel) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Pinecone Painters (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 9:30 am • Alterations (A&C) 10:00 am • Bible Study with Dave Phillips (Chapel) 1:30 pm • Movie: License To Wed (Thtr) 1:30 pm • Movie: The Family Stone (Thtr) 11:45 am • Birthday Lunch (Dining) 10:30 am • Garden Gro'ers (Greenhouse) 10:15 am • Strength Training (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) 11:00 am 🌘 Chair Yoga (PAC 1:00 pm • Billiards Group (Billiard Room) 4:00 pm • Hymn Sing with Leon (Chapel) 6:30 pm • Movie: A Mother's Gift (Thtr) 10:30 am • Cornhole (LCR) 1:00 pm 🌘 Needle Ărts Group (Sunroom) 10:30 am • Chair Yoga (PAC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:00 pm • Tuesday Bridge Group (LCR) 4:00 pm • Movie: License To Wed (Thtr) 1:00 pm • Billiards Group (Billiard Room) 10:45 am • Yoga Stretch (PAC) 1:15 pm • Line Dancing (PAC) 10:30 am • Beginners Billiards (Billiard Room) 1:00 pm • Dr. Mike Abutineh (WC) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Movie: That Thing You Do (Thtr) 1:00 pm • Stephanie Brown Baby Shower (Lobby 6:30 pm • Movie: As Good As It Gets (Thtr) 1:30 pm • Movie: On The Basis of Sex (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Mexican Train Dominoes (Ante) 1:30 pm • Bunko (SCR) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm ● Game Play (LCR) 1:00 pm • Billiards Group (Billiard Room) 3:00 pm • Bible Study w/Rick Levatino (Chapel) 6:00 pm • Bingo (PAC) 2:00 pm • Ballroom Dancing (PAC) 1:30 pm • Series: 1923 (Thtr) 3:45 pm • Birthday Dinner (Dining) 1:30 pm • Movie: A Mother's Gift (Thtr) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: That Thing You Do (Thtr) 6:00 pm • Mexican Train Dominoes (LCR) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: On The Basis of Sex (Thtr) 6:00 pm • Music: Brad Birkedahl (Lobby) 9:00 am • Get Physical with Kim (Oasis) 9:30 am • Basic Water Aerobics (Pool) 8:00 am • Church of Christ Service (Chapel) 18 19 22 8:00 am • Men's Christian Fellowship (LCR) 24 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 9:00 am • Smith Jewelers (SCR) 9:00 am • Farmer's Market (Lobby) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Group Exercise (PAC) 10:00 am • Kroger & Banks (Trans) 9:30 am • Basic Water Aerobics (Pool) 10:00 am 🌘 Catholic Services (Chapel) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Caregiver Support Group (SCR) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:00 pm • Theatre Memphis: Grease (Trans) 1:30 pm • Movie: Made Of Honor (Thtr) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Pinecone Painters (A&C) 11:00 am • Chair Yoga (PAC)
1:00 pm • Needle Arts Group (Sunroom) 10:30 am • Cardio Move & Strength (PAC) 10:15 am • Strength Training (PAC) 1:30 pm • Movie: No Greater Love (Thtr) 10:30 am • Tech Time (Sunroom) 1:00 pm • Billiards Group (Billiard Room) 6:15 pm • Saturday Night Trivia (Ante) 1:00 pm • WalMart, Costco & Banks (Trans) 10:45 am • Yoga Stretch (PAC) 10:30 am • Chair Yoga (PAC) 1:15 pm • Line Dancing (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Mah Jongg (LCR) 4:00 pm • Movie: No Greater Love (Thtr) 6:30 pm • Movie: Undercover Blues (Thtr) 10:30 am • Beginners Billiards (Billiard Room) 1:30 pm • Movie: Unbroken (Thtr) 1:00 pm • Dr. Mike Abutineh (WC) 10:45 am • Vietnam Traveling Wall (Trans) 6:30 pm • Movie: A Mother's Gift (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Mexican Train Dominoes (Ante 1:30 pm • Bunko (SCR) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 3:00 pm • Bible Study w/Rick Levatino (Chapel) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Greek Wedding 3 (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Greek Wedding 3 (Thtr) 1:15 pm • Line Dancing (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • European Travel Series (Thtr) 3:00 pm • Photo Club (LCR) 1:30 pm • Series: 1923 (Thtr) 1:30 pm • Movie: Undercover Blues (Thtr) 6:00 pm • Mexican Train Dominoes (LCR) 6:30 pm • Movie: Unbroken (Thtr) 6:30 pm • Vespers (PAC) 6:00 pm • Music: Breeze (Lobby) 6:00 pm • Bingo (PAC) 6:30 pm • Country Western Dance (PAC) 8:00 am • Church of Christ Service (Chapel) 25 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 9:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 29 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) 31 9:30 am • Basic Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 9:30 am • Group Exercise (PAC) 9:30 am • Group Exercise (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Co 1:30 pm • Game Play (LCR) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Book Baggers (Chapel) 10:00 am • Catholic Services (Chapel) 10:00 am • Bible Study with Dave Phillips (Chapel 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:30 pm • Movie: 28 Days (Thtr) 10:00 am • Hobby Pines Group (Hobby Shop) 1:30 pm • Movie: A Dog's Purpose (Thtr) 10:00 am • Pinecone Painters (A&C) 11:00 am • Chair Yoga (PAC) 10:30 am • Cardio Move & Strength (PAC) 10:30 am • Cardio Move & Strength (PAC) 4:00 pm • Movie: 28 Days (Thtr) 10:30 am • Chair Yoga (PAC) 10:15 am • Strength Training (PAC) 6:30 pm • Movie: Thoroughly Modern Millie (Thtr) 1:00 pm • Tuesday Bridge Group (LCR) 1:00 pm • Needle Arts Group (Sunroom) 1:00 pm • WalMart, Costco & Banks (Trans) 6:30 pm • Movie: Undercover Blues (Thtr) 10:30 am • Beginners Billiards (Billiard Room) 10:45 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room 1:15 pm • Mah Jongg (LCR) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Captain Phillips (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: The Ultimate Gift (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mexican Train Dominoes (Ante) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: Thoroughly Modern Millie (Thtr) 6:00 pm • Mexican Train Dominoes (LCR) 2:00 pm • Ballroom Dancing (PAC) 1:30 pm • Series: 1923 (Thtr) 3:00 pm • Bible Study w/Rick Levatino (Chapel, 6:30 pm • Kirby Choir (PAC) 6:00 pm • Bingo (PAC) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: Enchanted April (Thtr) 6:30 pm • Movie: Captain Phillips (Thtr)

The Pinecone | August 2024 Calendar

## August 2024 EVENTS

#### **Aug 1:** Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays, & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## **Aug 1:** Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

#### Aug 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

#### **Aug 1:** Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

## **Aug 1:** Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### **Aug 1:** Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 pm and Advanced at 1:50 pm. Everyone is welcome!



#### **Aug 1:** Series: 1923

From the creators of Yellowstone, 1923 follows the generation of the Dutton fam-

ily during a time of various hardships including Prohibition, drought, and early stages of the Great Depression. Showtime is at 1:30 pm in the Theatre.



#### Aug 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

#### **Aug 2:** Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### **Aug 2: Strength Training**

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

#### Aug 2 & 16: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

#### Aug 2: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

#### **Aug 2: The Beverly Brothers**

The Beverly Brothers preform harmony based songs ranging from classic country to your old school Rockin Roll favorites. This 2-guitar duo always delivers a spirited, high energy show that invites audience participation. Join us in the Lobby at 6 pm.

## **Aug 3:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident

speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### Aug 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

#### **Aug 4:** Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

#### **Aug 4:** Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

#### **Aug 4:** Marilynn Garzionne

Sing along with our very own Marilynn Garzione, in the Lobby at 1:00 pm. This is a performance you don't want to miss out on.

#### Aug 5: Poetry & Writing Club

Try something different. Come to the Writers' Group on the1st Monday of each month in the LCR at 10 am. We do writing activities. It is not all poetry or writing the great American novel. Come and listen if you choose, but we hope you will participate in the fun. Our assignment for August is, think of a word that starts with 'cl' like cloud. Then, write something, anything, using several of those words. Try to keep it between 500-600 words long. See you there.

#### **Aug 5:** Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### **Aug 5:** Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using a chair. The benefits of yoga are improving flexibility, improving concentration, reducing stress, and joint pain. Join us in the PAC at 10:30 am each Monday & 11:00 am on Wednesdays.

#### Aug 5: Bingo

Who dones't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

## **Aug 5:** Mexican Train Dominoes

Looking for a new game to play? Try Mexican Train Dominoes. Come by the LCR every Monday at 6:00 pm or the Ante Room every Wednesday at 1:30 pm. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

#### Aug 6 & 20: Farmer's Market

The Farmer's Market is back! Come to the Lobby 1st and 3rd Tuesday every month from 9:00 am – 1:00 pm to get your fresh produce.

## **Aug 6:** Space the New Frontier at the MOSH

Kirby is going to space, kind of. Join us on a trip to the Museum of Science and History to see Space: The New Frontier on the giant screen. After the Golden Age of Space has changed our world forever for the better, the question remains: what's next? Tickets are \$10 and \$5 for transportation. We will meet in the Lobby at 10:00 am. Lunch will be at La Baguette French Bread and Pastry.

#### **Aug 6: BUNKO**

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

#### **Aug 6:** The Little Rascals

Mischievous youngsters, Spanky and Buckwheat, lead an anti-girl organization, and they pick their buddy Alfalfa to represent them in an important soapbox car rally. When the boys find their driver canoodling with classmate Darla, they decide they must break up the couple. Showtimes are 1:30 pm and 6:30 pm in the theatre.



#### **Aug 6:** Bible with Rick Lavatino

This Bible Study provides an understanding to God's story in a structure that places the various pieces of the Bible in a chronological story form narrowed down into a 14-week course. Please join us in the Chapel every Tuesday at 2:00 pm.

#### **Aug 7: Catholic Services**

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### **Aug 7: Pinecone Painters**

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts Studio.

#### **Aug 7:** Seed Spitting Contest

What is more refreshing than an ice-cold watermelon on a hot day? Come and join us for the return of this memorable event at 10:00 am just outside of the C/D Hall door. Compete for the seed spitting Championship of 2024.

#### **Aug 7: Needle Arts Group**

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### Aug 7: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

#### **Aug 7:** Fried Green Tomatoes

Evelyn, an ordinary housewife, visits a nursing home and befriends the old lady Ninny. Together, they bond over stories from the past about two intrepid women of the Whistle Stop Café. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### **Aug 7:** Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

#### **Aug 7:** Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.

#### **Aug 9:** Art Opening

Please join us in the PAC for refreshments and to hear from our very own Kirby Pines Artists as they show off their unique works of art. The show will begin at 2:00 pm.

#### **Aug 9: Sean Pan & Students**

Kirby is delighted to welcome back Sean Pann and his students. Come out to enjoy these talented students of varying ages perform piano, vocals, and more. The performance will begin at 6:00 pm in the PAC

#### Aug 10 & 24: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for August will be Food & Drink, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

#### **Aug 11: Hymn Sing with Leon**

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sanderson. We will begin at 4:00 pm.

#### Aug 12: Alterations

Come to the Arts and Crafts room the 2nd Monday at 9:30 am for all your alteration needs.

#### **Aug 13:** Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. RSVP with Rachel Ward @ 901-866-4414 to reserve your table.

#### Aug 13 & 27: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

#### Aug 13: On the Basis of Sex

A trailblazing young Ruth Bader Ginsburg takes up a case of sex-based discrimination. Showtimes are at 1:30 pm and 6:30 pm in the theater.



#### Aug 14: Garden Gro'ers

All of our hard work has paid off and now we can begin to enjoy the fruits of our labor as we begin to harvest our produce. Just a reminder that the produce grown in the gardens belongs to the club members. If you enjoy gardening as much as we do, we would love for you to become a member of our gardening community. Join us in the Greenhouse at 10:30 am.

#### Aug 14: That Thing You Do

A local Pennsylvania band scores a one-hit wonder in 1964 and rides the star-making machinery as long as they can, with lots of help from their manager. Showtimes are at 1:30 pm and 6:30 pm in the theater.

## **Aug 16:** Baby Shower for Stephanie Brown

Join us in the Lobby at 1:00 pm as we celebrate Stephanie Brown and the new life she is bringing into the world. No gifts required. Stephanie simply requests you come by to wish her luck. A simple hug and handwritten note is all she needs. Refreshments will be provided.

#### Aug 16: Brad Birkedahl

In celebration of "Elvis Week", join us in the Lobby at 6:00 pm to experience the magic of Elvis's music like never before, with Brad Birkedahl's heartfelt renditions of both classics and hidden gems from the Elvis catalogue. This is a performance you don't want to miss.

## **Aug 18:** Theatre Memphis: Grease

Join other Kirby Pines Residents to attend the Theatre Memphis production of Grease. This exciting afternoon performance will have you singing and dancing in your seat! The Cost is \$25 with a \$5 transportation cost. Lobby time 1:00 pm.

#### **Aug 19: Smith Jewelers**

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

#### Aug 19: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

#### **Aug 19:** European Travel Series

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. This month will be England and Whales. Showtime begins in the theatre at 1:30 pm.



#### Aug 20: Unbroken

Olympic track star Louis Zamperini becomes a pilot during World War II and endures a brutal struggle for survival when he is captured by the Japanese. Showtimes are at 1:30 pm and 6:30 pm in the theater.



#### Aug 20: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Large Card Room and learn to take better photos yourself!

## **Aug 20:** Country Western Dance

Grab your ten-gallon hats and your boots with the spurs and mosey on over to the PAC for our Country Western Dance. Prepare for a boot scootin boogie of night with the Big Barton Country Western Band. The hoe-down starts at 6:30 pm.

#### **Aug 21:** Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

#### Aug 21: Greek Wedding 3

Join the Portokalos family as they travel to a family reunion in Greece for a heartwarming and hilarious trip full of love, twists, and turns. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### Aug 23: Vietnam Traveling Wall

We will be visiting the Vietnam Travelling Wall to be located in Lakeland TN. The Wall is a 3/5 scale of the Vietnam Memorial in Washington DC. Travelers will return to Cordova, to eat at The Butcher Shop for lunch. Sign up at the Activities Office by August 21st. Cost: Donation to the Wall, \$5 for transportation, and personal eating costs. Lobby time 10:45 am.

#### Aug 23: Breeze Cayolle

Breeze's music is soulful, strong, and deeply rooted in the R&B, jazz, and rock and roll traditions of his native New Orleans. Join us in the Lobby at 6:00 pm to hear this fantastic performer.

#### Aug 27: The Book Baggers

"Let Me Tell You a Story" is a delightful collection of humorous stories about famous people Frank McMeen has hosted for events while serving in various positions. Dr. McMeen is a native of Columbia, TN. He has lived most of his adult life in Jackson, TN, serving that community in special ways. Dr. McMeen will be with us to share some of his stories. This is an event you definitely, want to attend, along with any guest you wish to bring. Hope to see you Tuesday, August 27th at 9:30 am in the Chapel.

#### **Aug 27:** The Ultimate Gift

A deceased billionaire leaves his spoiled adult grandson a series of odd tasks to perform to receive 'the ultimate gift,' with the resentful grandson having no idea what that might be. Showtime is 1:30 pm.

#### Aug 27: Girls' Night Out

Ladies of Kirby, join us for our monthly Ladie's Night Out at the Theatre. This month's movie is Enchanted April. Four English women, after World War I, who are unhappy with their lives, and their time away on vacation in a beautiful Italian villa. Showtime at 6:30 pm in the theater.



#### Aug 28: Carousel of Shoppes

Come and enjoy a day of sun at our ninth annual Kirby Pines Carousel of Shoppes. We will have a wide variety of vendors in attendance, with a great variety of merchandise for you to choose from. Doors will open at 10:00 am in the PAC. We will also have refreshments and door prizes.

#### **Aug 28:** Captain Phillips

Somali pirates hijack a cargo and hold the captain hostage, setting the stage for a tense confrontation with the US Navy. Based on a true story. Showtimes are 1:30 pm and 6:30 pm.

#### **Aug 30:** Kirby Choir

The Entertainers Chorus will re-visit some of the songs of the recent production of "Kirby, Oklahoma." Included will be other favorites, piano duet, and solos. This performance will be in the PAC at 6:30 pm.

## PUZZLE CHALLENGE Giant Word Search

PVGVTGCSGN CSSGO P R GS 5 B E G G MMWK Δ Δ B B R S K M V O BE C 5 E Z WLKVCBAR B E B ESADCQSVEN H S N

## SUMMERTIME FUN Find the Words hidden in the grid of letters.

BARBECUE ICE CREAM BASEBALL INSECTS

BEES MOSQUITOES

BICYCLE PICNIC

BLUE SKY SANDALS

CAMPING SKATEBOARD

FISHING SPRINKLERS

FLIES SUNSHINE

FLOWERS SUNTAN

GARDENING SWIMMING

**VACATION** 

GOLF

**HOT** 









Puzzle Solutions page 22

## **PICTURING LIFE AT KIRBY PINES**

## **ANNUAL 4TH OF JULY PARADE**



Jeannie Valentine is joined by Vella riding along in the cart.



Hugh Wilson, Flo Seward and Marilynn Garzione are ready to march.



Peggy Gatlin is all smiles and ready to hit the parade route.



Jeanette and Steve Martin looking quite patriotic.



Carol Ballard has the perfect 4th of July look!



Bill Crosby and Lyle Hendrix are all smiles on the 4th.



Laura Leuenberger and Bankie Wilson join the big parade.



Joan Dodson and Uncle Sam cruise the parade route.



Linda Case looking so pretty in her 4th of July ensemble.

## **PICTURING LIFE AT KIRBY PINES**

## **BIRTHDAYS AND NATIONAL HOT DOG DAY**



Lois Dazey celebrates her birthday with Susan & Jim Flake and Jean Harvell.



Colleen Thompson enjoys her birthday with her daughter.



Richard Colditz has a great time with his wife and Garden Home friends for his July birthday.









National Hot Dog Day was celebrate at Kirby Pines, Wednesday, July 17th. Looks like it was a hit with residents! L-R; Merry LeShane, Bonnie Nowlin, Paul Nave and Sylvia Statham.



New resident, Bill Srygley, not only had a birthday in July, but also hot dog day? What a lucky guy!



Marilyn and Leon Sanderson goof off for the camera a bit on National Hot Dog Day. Gotta love these two!

## **PICTURING LIFE AT KIRBY PINES**

## TRAVELERS, BRIDGE, PAULETTE'S & LINE DANCERS



Bonnie & Stuart Eyman, Jane Longfield and Mary Stagg enjoy their trip to the Parkin Archaeological State Park in Arkansas



July Bridge winners, Diane Mullins and Dan Moffett. Photo by Steve Martin.



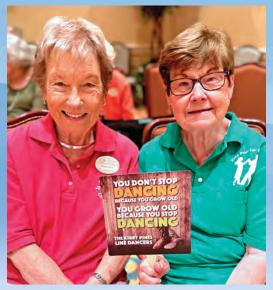
Alice Wherry looks happy with her lunch.



Jane Hodge, Diane Mullins and Flo Seward join the Lunch Bunch, downtown at Paulette's - a local favorite.



Elsie Bloodworth shows off her crepe lunch.







The Kirby Pines Line Dancers held a party inviting new members to join in their fun, which just happens to be good for you, too! L-R; Rhetta Watkins and Donna Griffin, new members Marcia Fraley and Bob Small, and Cheryl Johnson and Dale Jones.

## KIRBY PINES PHOTO CLUB



Zinnia Bee - Photo by Connie Carter

# Join Us August 20th at 3:00 pm in the Large Card Room!

Last Class we discussed Simplicity, Contrast, Rule of Thirds, Patterns and Lines and Framing.



Cape Cod Bay Photo by Stuart Eyman



Mushrooms and Periwinkle
Photo by Dale Jones



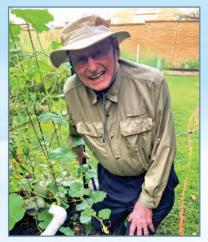
Summer Day Photo by John Sosh



Flowing Fern
Photo by Arrena Cheek



Growing Gaillardia Photo by Fred Dabrowski



Gardner Mike Photo by Marsha Greiner



Huge Hibiscus Photo by Sylvia Statham



Rushing Delight
Photo by Mary Ann Thurmond



Flowering Kalanchoe Photo by Sydney Wagner



Hawaiian Ginger Photo by Sheryl Maxwell



Nature's Contrast Photo by Carolin Thomason

## **Memorials, Honorariums & Gifts**

#### **In Memory Of**

#### LAMAR HARTZOG

Donation by KP Resident Association to the Library/Large Print Books

Donation by Joan Gilliland to the Library

Donation by Carol Odom *to the Library* 

Donation by Barbara Lipsey to the Employee Fund

Donation by Jean & Mal Mauney to the Library/Large Print Books

Donation by Sydney Wagner to the Book Baggers

Donation by Shirley Anderson to the Employee Fund

Donation by The Entertainers *to the Entertainers* 

#### HELEN SCHRODT

Donation by KP Resident Association to the Ballroom Dancers

Donation by Barbara Logan to the Book Baggers

#### **RENA JIRACK**

Donation by KP Resident Association to the Line Dancers

#### **In Memory Of**

#### KEN THOMASON

Donation by Joan Gilliland *to the Library* 

Donation by John Davis *to the Entertainers* 

Donation by Joe & Shirley Brooks to the Employee Fund

Donation by Sydney Wagner to the Book Baggers

#### **DOC ELDER**

Donation by Sydney Wagner to the Book Baggers

#### FRANK KIZER

Donation by Sydney Wagner to the Book Baggers

#### In Honor Of

## JAN THOMSON & JOAN DODSON

Donation by Lois Dazey to the Entertainers

Donation by Susan Flake *to the Entertainers* 

#### In Honor Of

#### **HOBBY SHOP**

Donation by Shoppers During Garden Tour to the Hobby Shop

#### MARK MAXWELL

Donations to the Hobby Shop

Donation by Barbara Currey

Donation by Doris Boyd

Donation by Dick Bevier

Donation by Phyllis Mitchell

Donation by Charlie Tramell

Donation by Carl & Mary Lee Boggs

Donation by Jim & Jy Coleman

#### **Gifts To**

#### **HOBBY SHOP**

Donation by Sheryl Maxwell Donation by Wilma Goodwin

#### EMPLOYEE FUND

Donation by Randall Hartzog

## **HAVE YOU BEEN TO THE BLOSSOM SHOP?**

Located on the Second Floor by the Mailboxes. Open 9:00 am to 3:30 pm.



Toothpaste and toothbrushes • Mouthwash • Shampoo • Bodywash
Tylenol • Advil • Q-tips • Lotion • Hair Brush • Combs
Birthday cards • Sympathy cards, • Get Well Cards
Anniversary Cards • Wedding Cards • Holiday Cards

Candy of all kinds • Gum • Chips • Cookies • Ice Cream • Soda • Water
Tide • Dryer Sheets • Paper towels • Bathroom Tissue • Feminine Products
Puzzles • Puzzle books • Adult Coloring Books
Jewelry • Kirby Pines Hobby Shop Hand-Crafted Items and More!

Anyone interested in volunteering, call Pam Shatraw at 369-7302.

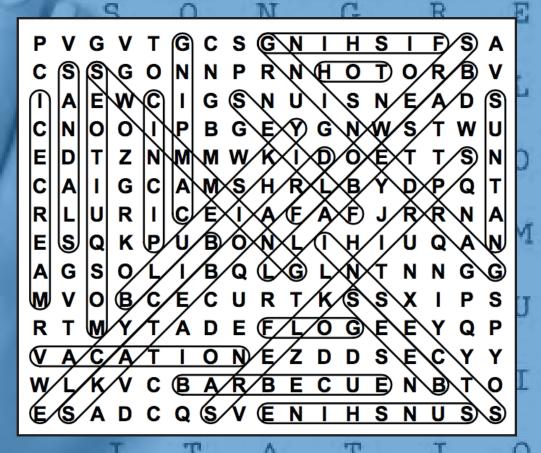








# GIANT WORD SEARCH



ANSWERS TO THE PUZZLE CHALLENGE ON PAGE 17

## **CHRISTIE'S COIFFURES**

Call for Appointment

369-7311

### ELVIS TRIVIA

#### **Answers from Page 6**

Graceland

Memphis, Tennessee

22 years old

the jungle room

"That's All Right"

Jan. 8, 1935

31

March 24, 1958

**Germany** 

Las Vegas

Elvis' manager

167

"Stage Show"

Canada

"Love Me Tender"

3

age 11

"Suspicious Minds"

1982

his father, Vernon Presley

1973

true

yes

"It's Now or Never"

Market Square Arena, Indianapolis at Graceland in 1977

**Ginger Alden** 























**Sheryl & Mark Maxwell**; Alma Crone, Peggy Hogan and Barbara Logan; Sydney Wagner; Jean Mauney; Richard Cheek; John & Ginger Blount; **Genenne Wilson & Mazie;** Janice Collier; Betty Moore; Carolin Thomason; Fran Gentry













