

# the PINECONE

The Magazine of Kirby Pines LifeCare Community • July 2024 | V. 42 | I.7



## STEVE & LINDA TITTLE

*RELISH the chance to celebrate  
National Hot Dog Day - July 17th!*

Summer Heat Safety | Let's Go H2O | A Pioneer and Juice | Resident Spotlight: Bill & Katy Dorsey



# There is a Spirit Here

What a Father's Day Celebration we just enjoyed! Truly Amazing! It also got me thinking as I was mingling with our residents & guests.....there is a spirit here. Very much alive. Very much genuine. It goes deeper than getting along or having fun together. It is something very special. I don't know that you can put it into words, but you can definitely feel it.

Here we are in July. Weren't we just talking about Christmas and the snow? July brings thoughts of summer heat, outdoor parties and family fun. And that is what we experience here at Kirby Pines. But, there is something so much deeper here. It is the spirit that runs through the community. It's not just liking your neighbors, it's truly loving and caring for your fellow residents. It's not about complaining, it's about participating in change and making things better. It's real. It's heartfelt. And every time I see it demonstrated, I am overcome with pride and can't help but smile.

## at Kirby Pines

Twenty-three (23) years ago, our country was swept off in the "Spirit of 76" as we celebrated our nation's 200th birthday. It was a very prideful and patriotic time. I suggest that the "Spirit of Kirby" is far more powerful and meaningful. It lifts people up and changes lives.

It is unconditional.  
It is caring.  
It is love.  
It is Kirby Pines!  
It is HOME!



Michael J. Brown, Jr.  
Executive Director,  
Kirby Pines

## ON THE PINECONE COVER

### Kirby Pines Is More Than Independent!

July is here, and the first thing to come to mind is the 4th, or Independence Day. Independence means being able to take care of your own needs and to make and assume responsibility for your decisions while considering both the people around you and your environment. Kirby Pines embraces this idea, however, we also know we can depend on friends, family and staff for entertainment, companionship and care. We are a strong community that looks out for one another like no other.

After a jam packed June, we continue in July with our Annual 4th of July Parade on the 4th and an opportunity to go see the fireworks in Germantown that evening. We have a Resident Association Meeting on the 11th and one of our local favorites, Michael Donahue, is back in the Lobby on the 12th. The Travelers head to Parkin State Park in Arkansas on the 18th and Lunch Bunch will go downtown to Paulette's on the 23rd. The Line Dancers are having a Welcome Party on the 25th and we will help Clean Up our neighborhood on the 27th.

Our front cover features Steve and Linda Tittle at our Father's Day Car Show enjoying a couple dogs hot off the grill. July 17th, they will have another chance for a frankfurter feast on National Hot Dog Day, where we'll be serving up America's favorite at meal time. Our two back covers are loaded with more Car Show pics, showing how Kirby Pines is like no other.



Bill Ramia, with wife, Gay, are blessed with a flock of family for Father's Day!



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Get to know Kirby Pines'

# NEW RESIDENTS



**Geraldine "Gerry" Beckley**

Gerry Beckley was born in Como, Mississippi, and was married to her late husband, Jonas, for 44 years. She graduated from Clark College in Atlanta in 1957. She is also a proud member of Alpha Kappa Alpha sorority's Graduate Chapter.

Jonas was a paratrooper in the Army for 20 years and like Gerry, worked as a teacher for the Memphis City School System. Gerry retired after 37 years. She still enjoys reading, talking, teaching and taking care of people.

One of Gerry's fond memories is visiting her aunt in Como, she would always make her pancakes. She also says she inherited the ability to do impressions from her father.

She has traveled to Hawaii, Europe and Paris, Hawaii being her favorite. She has a collection of recipes from the Commercial Appeal newspaper. Her favorite family recipe is for monkey bread.

Gerry said friends would describe her as jovial, intellectual, happy and funny. Since moving to Kirby, she is hoping to find a new lifestyle to keep active.

We are thrilled that Gerry has chosen Kirby Pines for the next chapter in her life. I'm sure she will easily find an activity or two to stimulate her mind and body. If you see her in the halls or the dining room, make sure to say hello and give her the Kirby welcome she deserves.



**Charles & Kate Foster**

Charles and Kate Foster moved to Kirby Pines from their previous home in Germantown, Tennessee. They also lived 30 years prior in Jackson. They have been married 54 years, have two children and five grandchildren.

Charles graduated from Notre Dame in 1967, then attended UT Med School, where he earned his medical degree in 1970. He worked as a pathologist for 30 years at the Jackson Pathology Group. Kate earned her RN degree at Methodist Hospital Nursing School and worked four years before working at home raising their family.

Kate enjoys Bible study, crocheting and baking bread. She also collects Wee Folk and decorative sheep. Charles enjoys genealogy and watching sports, especially Notre Dame and the Arkansas Razorbacks. He collects antique postcards and coins.

They have traveled extensively throughout the US, but also Israel, Europe, Mexico, Central America and the Caribbean. They both walk to stay physically active. Charles also likes to challenge his mind by doing crosswords, jumble and Sudoku.

Charles is described as quiet and dependable, while Kate is always smiling and happy. We are excited to have these two at Kirby Pines. Fun fact, Kate's brother, Pat McCarty, also lives here, and their sister, Judy, just moved in as well! We always say Kirby Pines is one big happy family!



# SUMMER HEAT SAFETY

Use these tips to continue  
your exercise routine.



The summertime is a time of fun and relaxation for most people. But for seniors, the heat and sun can be dangerous if the proper precautions aren't taken. Here are some great tips for a fun, safe summer.

**Stay Hydrated:** Seniors are more susceptible to dehydration than younger people because they lose their ability to conserve water as they age. They also can become less aware of their thirst and have difficulty adjusting to temperature changes. Remember to drink water often, and be sure to pack some for those long summer drives.

**Talk to Your Doctor:** Check with your medical team to make sure any medications you are on won't be affected by higher temperatures.

**Keep Your Cool:** Shopping malls, movie theaters and libraries provide welcome, cool spaces, and a great opportunity to get out of the house and get some exercise, without the exhaustion of the heat. "Seniors are much more vulnerable to the harmful effects of heat, as their bodies do not adjust as well to sudden changes in temperature. Some chronic medical conditions and prescription medications can impair the body's ability to react efficiently to rising temperature." (Kirby Pines have more than 2 miles of indoor walk ways!)

**Stay in Touch:** High temperatures can be life-threatening for seniors. Let friends and family know when spending an extended period of time outdoors, even if you're only gardening or walking.

**Wear the Right Stuff:** Everyone, including seniors, should dress for the weather. When it's warm outdoors, some people find natural fabrics (such as cotton) to be cooler than synthetic fibers. Wear light-colored and loose-fitting clothes to help feel cooler and more comfortable. Hats are also a great idea, especially for those with light colored hair and those with only distant memories of a full head of hair.

**Protect Your Eyes:** Vision loss can be common among seniors, and too much exposure to the sun can irritate eyes and cause further damage. Wearing sunglasses can protect your eyes from harmful UV rays and preserve your vision.

**Know the Risks of Hyperthermia:** During the summer, be particularly cautious about abnormally high body temperatures -- a condition known as hyperthermia. Heat stroke is an advanced form of hyperthermia that can be life-threatening. Pay attention to these symptoms:

- Body temperature greater than 104 degrees
- A change in behavior, such as acting confused, agitated or grouchy
- Dry, flushed skin
- Nausea and vomiting
- Headache
- Heavy breathing or a rapid pulse
- Not sweating, even if it's hot outside
- Fainting.

"Elderly individuals have a harder time knowing when they are dehydrated and their bodies have more difficulty regulating their temperatures," the Cleveland Clinic says. "As a result, they are more prone to heat stroke." If you (or a loved one) start to feel any of these symptoms, ask for medical help and then get out of the heat, lie down and place ice packs on your body.

**Rub on Sunscreen:** Everyone, young and old, should wear sunscreen when outdoors.

**Apply Bug Spray:** The elderly are particularly prone to West Nile Virus and encephalitis, and if you spend a lot of time outdoors (particularly at night), use mosquito repellent to help reduce the risk of getting bit by a mosquito carrying this virus.

**Exercise Smart:** If you enjoy outdoor activities such as walking or gardening, make sure to wear the proper clothing and protective gear. It is also important to keep track of time. Do not stay out for long periods and make sure to drink even more water than usual when exercising. Also consider getting outdoor exercise earlier in the morning or later in the evening when the sun is not at its peak.

If you follow these tips, there's no reason you can't have an enjoyable and fun-filled summer!



## Weekly Fitness Classes

### Get Physical with Kim

8:00 am | Mon & Fri | Oasis

9:00 am | Wed | Oasis

### Advanced Water Aerobics with Kim Roberts

8:00 am | Mon, Tue & Thu | Pool

### Basic Water Aerobics Resident Led

9:30 am | Wed & Fri | Pool

### Men's Water Aerobics Resident Led

7:30 am | Tue & Thu | Pool

### Exercise in the PAC Resident Led

9:30 am | Mon, Wed & Fri | PAC/Live TV

### Chair Yoga with Kim Monday Only

10:30 am | PAC/Live TV

### Yoga with Kim

Wednesday Only

11:00 am | PAC/Live TV

### Strength Training with Kim Friday Only

10:15 am | PAC/Live TV

### Yoga Stretch with Kim Friday Only

10:45 am | PAC/Live TV

### Cardio Move & Strength with Kim

10:30 am | Tue & Thu | PAC/Live TV





# Make Sure You Stay **HYDRATED!**



## Hello Summer! Hello Warmer Temps! And HELLO HYDRATION!

Aside from the air we breathe, water is the most essential element to human survival. Approximately 60% of the human adult body is made up of water, and drinking water is more important than eating. In fact, a person can live about a month without food, but only 3-4 days without water. Moral of the story? Drink Up!

With hotter temperatures, it is even more crucial to stay hydrated. When it's hot outside, we are more likely to perspire and lose water through our sweat, putting us at a greater risk for dehydration. We know drinking water is important, but do you know the other ways you can help your body stay hydrated?



### Additional Ways to Rehydrate:

**Fruits and Vegetables** – incorporating water-rich fruits and vegetables into your diet gives you an easy way to add more water content without drinking more fluids.

- Cucumber – 96% water
- Celery – 95% water
- Tomatoes – 94% water
- Asparagus – 93% water
- Spinach – 91% water
- Cantaloupe, peaches, carrots, bananas – 75-90% water

**Coffee and Tea** – While caffeine is a diuretic (something that increases urine production), you do retain most of the water from the beverage. In other words, you won't lose more fluid through urine than you take in by drinking a caffeinated beverage.

**Milk & Juice** – There are several beverages that have just as high (if not higher) of a hydration index (how much of a drink is retained 2 hours after consumption) as water. Those include - Pedialyte, fat-free milk, whole milk, and orange juice. Some of these, like OJ, have a higher calorie count and sugar content, so drink cautiously.

**Smoothies** – Many smoothies include water, juice, fruits and vegetables. If you add high-water content fruits and vegetables to your recipe, you can create a SUPER DRINK full of hydrating ingredients!!



If you are feeling thirsty, you've likely already lost 1% of your body's total water content. So, drink up, buttercup! For more information on hydration, contact the Functional Pathways Therapy Team!



# EXQUISITE CUISINE

Tuesday, July 30, 2024



## SHRIMP & GRITS

Shrimp and Grits is a traditional dish in the Lowcountry of the coastal Carolinas and Georgia and has become a southern classic comfort dish.



## CHICKEN & WAFFLES

A twist on the Southern Classic!  
Buttermilk marinated  
Chicken Thighs,  
light and fluffy Waffles and  
smooth Maple Syrup.



## PEAR SALAD

Roasted Pears,  
Blue Cheese, crunchy Walnuts  
and Balsamic Vinegar  
come together to make a  
crisp refreshing combination



## STRAWBERRY SHORTCAKE

A twist on the traditional  
Strawberry Shortcake.  
Made with fresh Strawberries  
and Whipped Cream we finish  
the meal with this tasty treat.

**CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314**





## Resident Spotlight: Bill & Katy Dorsey

### AN ACTIVE & REWARDING LIFE

Bill and Katy Dorsey met early in their lives. Together, they have had an active and rewarding life. However, Katy's life had an unusual beginning:

Imagine what it would be like to have two names, two mothers, and to have been adopted at birth. Born to an unwed mother in 1947, Katy was taken to the now infamous Tennessee Children's Home in Memphis. That was three years before the home was closed due to the exposure of an illegal baby trafficking operation.

Katy always knew she was adopted, and although she had wonderful Christian parents, a younger sister, and a delightful childhood, there was always that desire to know about her biological roots. In 1991, while watching television's, "60 Minutes," Katy learned that adoption records were now unsealed. She was able to contact her birth mother; they connected and remained close until her mother's death in 2007.

Finding additional information, Katy also learned that at five days old, her name was Judith Ann Sellers, and she had been tentatively "purchased" by the Hollywood couple June Allison and Dick Powell. "Fortunately," according to Katy, "I had also been promised to Ruby and Tony Johnston, and they won the contest! I went home with the Johnstons, and was given the name of Kathryn Wayne Johnston."

Katy spent her first years in the Cooper-Young area of Memphis, attending Idlewild Elementary School; the family regularly attended Bellevue Baptist Church. The family later moved to East Memphis, and in 1965, Katy graduated from White Station High where she was active in social and sorority life.

Bill Dorsey was also born in Memphis in 1947. He lived the first ten years of his life in the Bethel Grove community. Bill says that he and his brothers spent their free time running and playing in an area "filled" with children. Bill's mother taught school, and his father worked downtown "in cotton." In 1957, the Dorsey family moved to East Memphis; their house located just around the corner from Katy's home. Bill also attended White Station High School and participated in all the sports offered. According to Katy, "I was driven to school each morning, and I kept seeing this cute boy from my classes walking to school. It wasn't long until Bill was riding in our car! As my mom used to say, 'Katy chased Bill until he caught her!'"

Both Katy and Bill graduated high school in 1965. They continued as a couple but were separated due to different career choices. Bill chose to major in Engineering at the University of Tennessee; Katy remained in Memphis and graduated in three years from Memphis State University with a B.S. in Zoology, cum laude. During the summers, both worked—Katy in a dental office, and Bill for an oil company on President's Island. In 1967, Katy was selected as a Princess for the Cotton Carnival. "That was such an enjoyable, memorable, and fun time," remembers Katy.

One week following Katy's graduation, she and Bill married, and she joined Bill in Knoxville for his senior year. They lived in student housing and both had jobs to support them. Following Bill's graduation, the couple moved to Huntington, West Virginia, where Bill would be employed by International Nickel Company as Project Manager—for the next 30 years! According to Katy, life in Huntington was great for raising a family. Katy worked as assistant to a bank officer until their son, William Kevin, was born. Two and one-half years later, daughter Angela Kathryn was born.

Once the children began school, Katy again became employed as a dental assistant. Soon, an opportunity occurred to teach dental assisting and anatomy at Huntington Junior College; she taught there for 21 years. While living in Huntington, both Katy and Bill were involved in church and several community activities. They became avid golfers and supporters of sports at Marshall University.

In 2000, following retirement in Huntington, Katy and Bill moved to Collierville to be near family. Bill began a new career, this time with Fed Ex, working there until 2014. They continued golf at Windyke Golf Club, became loyal University of Memphis fans—especially basketball, and often followed the team to away games. They maintained their purpose to continue in community service and have volunteered many hours in multiple organizations, one being the Fed Ex St. Jude golf tournament. Grace Evangelical Church is their church home.



**Bill & Katy**

In 2002, the Dorsey's welcomed their first (and only) grandchild, and Katy had a new "job" of babysitting their granddaughter, Emma Kathryn. They have been thrilled to watch her grow and be involved in her life, following all the numerous activities of a popular and active child. "Grandparenting," says Katy, "is the greatest reward we have received!"

For several years, Katy and Bill had looked forward to downsizing. In 2023, they chose a garden home at Kirby Pines because of the amenities offered, and their family and friends are nearby. Both Katy and Bill continue their church and several community activities, as well as those at Kirby Pines. They are also learning the "joys" of downsizing.

*Written by Joan Dodson, Resident of Kirby Pines*





# UNITED STATES ★ ★ ★ TRIVIA ★ ★ ★

1. What was the first cash crop in America?
2. What food item was banned in United States movie theatres in the 1920s?
3. In 1776 the first union went on strike in the US. Who went on strike?
4. John Glen, the first astronaut to orbit earth, was in which service?
5. Which President was the first to be televised?
6. Which invention revolutionized trade in America?
7. Which city in America first used electricity for street lights?
8. What is the real name of Uncle Sam?
9. What was Walt Disney's middle name?
10. The Jell-O company tried what unusual flavor in 1942?
11. In the United States, what is Marine One?
12. Facts, Briefs, Destiny and Chance were early names for what publication?
13. George Washington, Thomas Jefferson and Sam Adams all did what?
14. In the American Zip Code, what does Zip stand for?
15. Who was the first President to live in the White House?
16. What was the first foreign company to start up a factory in the U.S.?
17. Which battle was the turning point of the American Revolution?
18. Aaron Copeland wrote a ballet about what American folk hero?
19. What great politician was nicknamed "The Great Communicator"?
20. Who coined the word, New England?

1. Tobacco 2. Popcorn, it was too noisy 3. Journeyman Printers 4. US Marine Corps 5. FDR at the World's Fair in 1939 6. Steamboat 7. Wabash, Indiana 8. Samuel Wilson 9. Elias 10. Cola 11. Presidents Helicopter 12. Time Magazine 13. Brewed own beer 14. Zone Improvement Plan 15. John Adams 16. Volkswagen 17. Battle of Saratoga 18. Billy the Kid 19. Ronald Regan 20. John Smith

Congratulations to our **CHAMPION of the Month**

Action Station Cook

**GLORIA LUCAS**

**Describe Your Family:** I'm a widow of the late, Charles Lucas. I have a son, Mario & daughter, Angela.

**Describe yourself in five words:** Caring, devoted, friendly, honest and smart.

**Favorite thing about your job:** Being able to exemplify my good works to the wonderful people I serve.

**What do you do for fun:** I play cards, listen to music and play with my two great grandsons.

**Do you have any hobbies:** I love to cook and write receipts.

**Favorite food:** Bar-be-que. **Favorite song:** God Is My Everything.

**What is something you are proud of:** The impact I've been blessed to have with young people.

**What would you like people to know about you:** I'm a God-fearing woman & I strive to be the best.



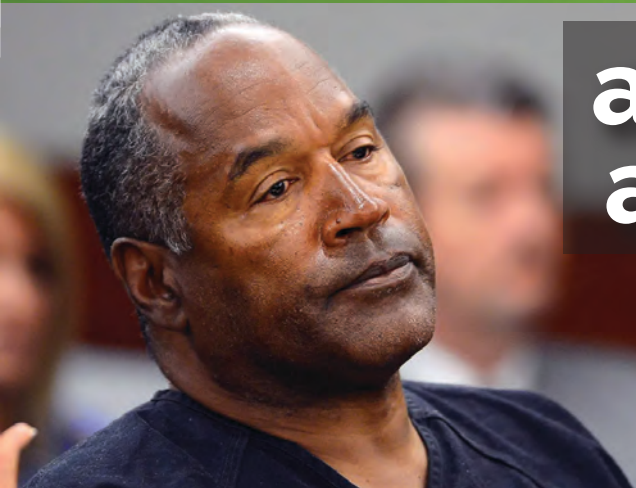
Ms. Gloria is an outstanding example of a caring and dedicated person. She knows what her residents preferences are and goes the extra mile to make sure that everybody gets what they like. Ms. Gloria goes above and beyond for our residents and fellow employees, and I am honored to be her manager.

- Mark Simpson, Director of Culinary Services



# REFLECTIONS

By  
Maxie Dunnam



## a PIONEER and JUICE



O.J. Simpson, the Juice, died on April 10, at age 76. One news columnist opened his story with these words, “It marked the end of a long and turbulent life marked by poverty, survival, riches, violence, and stardom.”

The centerpiece of the t.v. reporting was a line of limousine-type vans...the second one in the line, white; the others black. O.J. was in white van, being brought to “the law” in Los Angeles, accused of killing his second wife. In the decades before, he was



known as the Juice...a Heisman Trophy winner, Hall of Fame running back for USC and the Buffalo Bills. He was the father of five children.

Perhaps the most surprising and jarring dimension of his life was his refusal to become involved in the Civil Rights Struggle.

Those who critiqued him have pretty much agreed that his desire for money, status, and white acceptance was a moral failure that “overrode the call for first class citizenship for Black Americans.”

A well-researched and documented article on his death closed with this scathing word: “O.J. Simpson could have been on a pedestal as a man who stood for something bigger than himself. In the end he died much as he had lived: arrogant, self-obsessed, without regard for those around him.” (Daryl A. Carter, Commercial Appeal. April 21, 2022)

The lead story in the newspaper that carried this Simpson death story was headlined A TRUE PIONEER. It was a story



celebrating Jackie Robinson Day, April 15. After sharing a number of fantastic career statistics, the writer noted that while the stats were rattled off “in rushed asides, like footnotes” they were critical because “they explain why Jackie was the perfect choice to integrate Major League Baseball and, pioneering barrier-breaking achievements aside, how he became one of the greatest baseball players to ever lace up a pair of cleats.” (Andrea Williams)

The story concluded with these words: “Jackie became a player by accident, by nature of racism and segregation and all the ills he would spend his whole life fighting against, even after he hung up his cleats. But none of those whys matter anymore. All that matters is that he did, and that baseball—and our world—are better for it.”



I invite you to read again the way the life story the Pioneer and the Juice conclude. I urge you to ponder with me....how will my life story conclude? As long as we are alive, we can think and act in ways that may close the way our life will be described.

### July Vesper Services | 6:30pm | Performing Arts Center

**July 4**

Happy  
Independence Day!  
No Vespers

**July 11**

Mickey Bowdon, Elder  
Director of Senior Adults  
First Evangelical Church

**July 18**

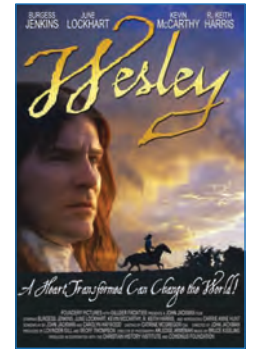
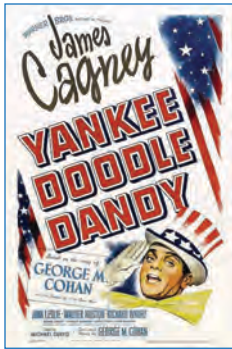
Rev Dr Will Jones  
Senior Pastor  
Germantown Presbyterian

**July 25**

Mike & Carol Leake  
Teaching and Music  
Central Church



# MEET ME AT



## YANKEE DOODLE DANDY (1942)



**Friday, July 5 | 1:30 pm**

**Saturday, July 6 | 6:30 pm**

**Sunday, July 7 | 6:30 pm**

**Cast:** James Cagney, Jeanne Cagney, Walter Huston, Joan Leslie

Brought to the White House to receive a Congressional Gold Medal from President Franklin Delano Roosevelt, Broadway legend George M. Cohan reflects on his life. Flashbacks trace Cohan's rise, from a childhood performing in his family's vaudeville act to his early days as a struggling Tin Pan Alley songwriter to his overwhelming success as an actor, writer, director and producer known for patriotic songs like "Yankee Doodle Dandy," "You're a Grand Old Flag" and "Over There."

## MONA LISA SMILE (2003)



**Saturday, July 6 | 1:30 pm**

**Cast:** Julia Roberts, Julia Stiles, Kirsten Dunst, Maggie Gyllenhaal

Katherine Watson is a recent UCLA graduate hired to teach art history at the prestigious all-female Wellesley College, in 1953. Determined to confront the outdated mores of society and the institution that embraces them, Katherine inspires her traditional students including Betty and Joan to challenge the lives they are expected to lead.

## THE PATRIOT (2000)



**Sunday, July 7 | 1:30 pm & 4:00 pm**

**Cast:** Mel Gibson, Heath Ledger, Jason Isaacs, Skye McCole Bartusiak

A widowed farmer, with a brave but brutal military past, decides not to join up when the British arrive in 1776. However, when his son enlists and is later captured by the enemy, the former soldier must abandon his new-found pacifist principles in order to rescue his oldest child, and forms a regiment of Carolina patriots, whose guerrilla tactics prove pivotal to the US war effort.

## THE WIZARD OF OZ (1939)



**Friday, July 13 | 1:30 pm**

**Saturday, July 14 | 6:30 pm**

**Sunday, July 15 | 6:30 pm**

**Cast:** Judy Garland, Jack Haley, Ray Bolger, Bert Lahr

When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and en route they meet a Scarecrow that needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West to earn his help.

## DREAMER (2005)



**Saturday, July 14 | 1:30 pm**

**Cast:** Kurt Russell, Dakota Fanning, Elisabeth Shue, David Morse

Ben Crane is a horse trainer who is struggling to connect with his precocious daughter, Cale. But then a horse by the name of Soñador suffers a broken leg after its evil owner races her despite Ben's advice. Rather than put his client's injured horse down, Ben adopts her and welcomes Cale into the family business. They train Soñador to race again as grouchy but kind-hearted Grandpa lends his encouragement.

## WESLEY (2009)



**Sunday, July 15 | 1:30 pm & 4:00 pm**

**Cast:** Burgess Jenkins, R. Keith Harris, June Lockhart, Kevin McCarthy

A self-righteous preacher reforms his ways and founds a new sect of Christianity.



# THE MOVIES



## THE BOYS IN THE BOAT (2023)



**Friday, July 20 | 1:30 pm**

**Saturday, July 21 | 6:30 pm**

**Sunday, July 22 | 6:30 pm**

**Cast:** *Callum Turner, Joel Edgerton, Hadley Robinson, Jack Mulhern*

During the height of the Great Depression, members of the rowing team at the University of Washington get thrust into the spotlight as they compete for gold at the 1936 Olympics in Berlin.

## THE BOOK THIEF (2013)

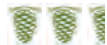


**Saturday, July 21 | 1:30 pm**

**Cast:** *Sophie Nélisse, Geoffrey Rush, Emily Watson, Nico Liersch*

In 1938, young orphan Liesel arrives at the home of her new foster parents, Hans and Rosa. When Hans, a kindly house-painter, learns that Liesel cannot read, he teaches the child the wonders of the written language. Liesel grows to love books, even rescuing one from a Nazi bonfire. Though Liesel's new family barely scrape by, their situation becomes even more precarious when they secretly shelter a Jewish boy whose father once saved Hans' life.

## SECOND CHANCES (1998)

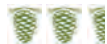


**Sunday, July 22 | 1:30 pm & 4:00 pm**

**Cast:** *Isabel Glasser, Kelsey Mulrooney, Tom Amandes, Stuart Whitman*

After an auto accident, a girl gains the strength to overcome her injuries through her bond with a horse.

## BABY BOOM (1987)



**Friday, July 26 | 1:30 pm**

**Saturday, July 27 | 6:30 pm**

**Sunday, July 28 | 6:30 pm**

**Cast:** *Siane Keaton, Sam Shepard, Harold Ramis, James Spader*

J.C. Wiatt is a New York City businesswoman who is married to her job and has a relationship with Steven, a successful investment broker. J.C.'s life takes an unexpected turn when a relative suddenly dies and makes her the caretaker of a baby girl. Soon, the baby's arrival causes J.C. to lose first Steven, and then her job. She moves to Vermont and embarks on a series of life-changing events. But when offered the opportunity, will she return to her corporate ways?

## WE BOUGHT A ZOO (2011)



**Saturday, July 27 | 1:30 pm**

**Cast:** *Matt Damon, Scarlett Johansson, Colin Ford, Elle Fanning*

Following his wife's untimely death, Los Angeles journalist Benjamin Mee decides to make a fresh start by quitting his job and moving his children to an 18-acre property containing the Rosemoor Wildlife Park. Though closed for years, Rosemoor is still home to many animals, cared for by Kelly Foster and her small staff. Mee opens his heart and his checkbook as he, Kelly and the others work to renovate and reopen the zoo.

## GERONIMO (1993)



**Sunday, July 28 | 1:30 pm & 4:00 pm**

**Cast:** *Wes Studi, Matt Damon, Gene Hackman, Jason Patric*

Following the expansion of the United States into the Southwest, the Apache Indians are forced onto a reservation to live out their lives as lowly corn farmers. While many resign themselves to this fate, several Apache, including Geronimo, refuse to go quietly. Hoping to quell a major rebellion, General Charles Crook dispatches over 5,000 U.S. Cavalry soldiers, led by Lieutenant Charles Gatewood, to hunt down Geronimo and his men.

## KIRBY PINES MOVIE RATING SYSTEM



= AVERAGE



= GOOD



= GREAT



= PERFECT



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<div>July</div> <div>2024</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Advanced Water Aerobics (Pool) Hobby Pines Group (Hobby Shop) Poetry &amp; Writing Club (LCR) Chair Yoga (PAC) Beginners Billiards (Billiard Room) Billiards Group (Billiard Room) Game Play (LCR) Mexican Train Dominoes (LCR) Bingo (PAC)</div> <div>1</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Dr. Mike Abutineh (WC) Advanced Water Aerobics (Pool) Cardio Move &amp; Strength (PAC) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: Top Gun: Maverick (Ththr) Bunko (SCR) Movie: Top Gun: Maverick (Ththr)</div> <div>2</div>	<div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:00 pm</div><div>6:30 pm</div></div> <div>Basic Water Aerobics (Pool) Group Exercise (PAC) Catholic Services (Chapel) Pinecone Painters (A&amp;C) Yoga with Kim (PAC) Needle Arts Group (A&amp;C) Billiards Group (Billiard Room) Mah Jongg (LCR) Movie: The Legend of Hercules (Ththr) Mexican Train Dominoes (Ante) Game Play (LCR) Ballroom Dancing (A&amp;C) Wednesday Bridge Group (LCR) Movie: The Legend of Hercules (Ththr)</div> <div>3</div>	<div><div>7:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Advanced Water Aerobics (Pool) Kroger &amp; Banks (Trans) Bible Study with Dave Phillips (Chapel) Cardio Move &amp; Strength (PAC) <i>4th of July Parade (Lobby)</i> WalMart, Costco &amp; Banks (Trans) Dr. Mike Abutineh (WC) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: Jaws (Ththr) Vespers (PAC) <i>Germantown Fireworks (Trans)</i></div> <div>4</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:15 am</div><div>10:30 am</div><div>10:45 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Basic Water Aerobics (Pool) WalMart, Kroger, Aldi &amp; Banks (Trans) Strength Training (PAC) Cornhole (LCR) Yoga Stretch (PAC) WalMart, Kroger, Superlo &amp; Banks (Trans) Billiards Group (Billiard Room) Movie: Yankee Doodle Dandy (Ththr) <i>Music: The Boomers (PAC)</i></div> <div>5</div>	<div><div>8:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:30 pm</div></div> <div>Men’s Christian Fellowship (LCR) Billiards Group (Billiard Room) Game Play (LCR) Movie: Mona Lisa Smile (Ththr) Movie: Yankee Doodle Dandy (Ththr)</div> <div>6</div>	
	<div><div>8:00 am</div><div>10:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>4:00 pm</div><div>6:30 pm</div></div> <div>Church of Christ Service (Chapel) Worship Service (PAC) Billiards Group (Billiard Room) Movie: The Patriot (Ththr) Movie: The Patriot (Ththr) Movie: Yankee Doodle Dandy (Ththr)</div> <div>7</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>6:00 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Alterations (A&amp;C) Group Exercise (PAC) Advanced Water Aerobics (Pool) Hobby Pines Group (Hobby Shop) Chair Yoga (PAC) Beginners Billiards (Billiard Room) Billiards Group (Billiard Room) Game Play (LCR) Mexican Train Dominoes (LCR) Bingo (PAC)</div> <div>8</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:30 am</div><div>11:45 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>3:45 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Dr. Mike Abutineh (WC) Advanced Water Aerobics (Pool) Cardio Move &amp; Strength (PAC) <i>Birthday Lunch (Dining)</i> Tuesday Bridge Group (LCR) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: Sister Act (Ththr) Bunko (SCR) <i>Bible Study w/Rick Levatino (Chapel)</i> <i>Birthday Dinner (Dining)</i> Movie: Sister Act (Ththr)</div> <div>9</div>	<div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:00 pm</div><div>6:30 pm</div></div> <div>Basic Water Aerobics (Pool) Group Exercise (PAC) Catholic Services (Chapel) Pinecone Painters (A&amp;C) Garden Gro’ers (Greenhouse) Yoga with Kim (PAC) Needle Arts Group (A&amp;C) Billiards Group (Billiard Room) Mah Jongg (LCR) Movie: King Richard (Ththr) Mexican Train Dominoes (Ante) Game Play (LCR) Ballroom Dancing (PAC) Wednesday Bridge Group (LCR) Movie: King Richard (Ththr)</div> <div>10</div>	<div><div>7:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Advanced Water Aerobics (Pool) Kroger &amp; Banks (Trans) Bible Study with Dave Phillips (Chapel) Cardio Move &amp; Strength (LCR) WalMart, Costco &amp; Banks (Trans) Dr. Mike Abutineh (WC) Billiards Group (Billiard Room) Line Dancing (PAC) Series: Jesse Stone (Ththr) <i>Resident Association Meeting (PAC)</i> Vespers (PAC)</div> <div>11</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:15 am</div><div>10:45 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Basic Water Aerobics (Pool) WalMart, Kroger, Aldi &amp; Banks (Trans) Strength Training (PAC) Yoga Stretch (PAC) WalMart, Kroger, Superlo &amp; Banks (Trans) Billiards Group (Billiard Room) Movie: The Wizard of Oz (Ththr) <i>Music: Michael Donahue (Lobby)</i></div> <div>12</div>	<div><div>8:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:30 pm</div></div> <div>Men’s Christian Fellowship (LCR) Billiards Group (Billiard Room) Game Play (LCR) Movie: Dreamer (Ththr) Saturday Night Trivia (Ante) Movie: The Wizard of Oz (Ththr)</div> <div>13</div>
	<div><div>8:00 am</div><div>10:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>4:00 pm</div><div>6:30 pm</div></div> <div>Church of Christ Service (Chapel) Worship Service (PAC) Billiards Group (Billiard Room) Movie: Wesley (Ththr) <i>Hymn Sing with Leon (Chapel)</i> Movie: Wesley (Ththr) Movie: The Wizard of Oz (Ththr)</div> <div>14</div>	<div><div>8:00 am</div><div>9:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>6:00 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Smith Jewelers (SCR) Group Exercise (PAC) Advanced Water Aerobics (Pool) Hobby Pines Group (Hobby Shop) Tech Time (Sunroom) Chair Yoga (PAC) Beginners Billiards (Billiard Room) Billiards Group (Billiard Room) Game Play (LCR) European Travel Series (Ththr) Mexican Train Dominoes (LCR) Bingo (PAC)</div> <div>15</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Dr. Mike Abutineh (WC) Advanced Water Aerobics (Pool) Cardio Move &amp; Strength (PAC) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: Witness (Ththr) Bunko (SCR) <i>Bible Study w/Rick Levatino (Chapel)</i> Movie: Witness (Ththr)</div> <div>16</div>	<div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:00 pm</div><div>6:30 pm</div></div> <div>Basic Water Aerobics (Pool) Group Exercise (PAC) Catholic Services (Chapel) Caregiver Support Group (SCR) Pinecone Painters (A&amp;C) Yoga with Kim (PAC) Needle Arts Group (A&amp;C) Billiards Group (Billiard Room) Mah Jongg (LCR) Game Play (LCR) Mexican Train Dominoes (Ante) Movie: Dave (Ththr) Ballroom Dancing (PAC) Wednesday Bridge Group (LCR) Movie: Dave (Ththr)</div> <div>17</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) <i>Parkin State Park, AR (Trans)</i> Advanced Water Aerobics (Pool) Kroger &amp; Banks (Trans) Bible Study with Dave Phillips (Chapel) Cardio Move &amp; Strength (LCR) WalMart, Costco &amp; Banks (Trans) Dr. Mike Abutineh (WC) Billiards Group (Billiard Room) Line Dancing (PAC) Series: Jesse Stone (Ththr) Vespers (PAC)</div> <div>18</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:15 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Basic Water Aerobics (Pool) <i>Lecture: Todd Derstine (LCR)</i> WalMart, Kroger, Aldi &amp; Banks (Trans) Strength Training (PAC) Cornhole (LCR) Yoga Stretch (PAC) WalMart, Kroger, Superlo &amp; Banks (Trans) Billiards Group (Billiard Room) Movie: The Boys In The Boat (Ththr) <i>Music: Todd Derstine (Lobby)</i></div> <div>19</div>	<div><div>8:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:30 pm</div></div> <div>Men’s Christian Fellowship (LCR) Billiards Group (Billiard Room) Game Play (LCR) Movie: The Book Thief (Ththr) Movie: The Boys In The Boat (Ththr)</div> <div>20</div>
	<div><div>8:00 am</div><div>10:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>4:00 pm</div><div>6:30 pm</div></div> <div>Church of Christ Service (Chapel) Worship Service (PAC) Billiards Group (Billiard Room) Movie: Second Chances (Ththr) Movie: Second Chances (Ththr) Movie: The Boys In The Boat (Ththr)</div> <div>21</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Advanced Water Aerobics (Pool) Hobby Pines Group (Hobby Shop) Chair Yoga (PAC) Beginners Billiards (Billiard Room) Billiards Group (Billiard Room) Game Play (LCR) Mexican Train Dominoes (LCR) Bingo (PAC)</div> <div>22</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:30 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>3:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Dr. Mike Abutineh (WC) Book Baggers (Chapel) Advanced Water Aerobics (Pool) Cardio Move &amp; Strength (PAC) <i>Lunch Bunch: Paulette’s (Trans)</i> Tuesday Bridge Group (LCR) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: The First Wives Club (Ththr) Bunko (SCR) <i>Bible Study w/Rick Levatino (Chapel)</i> Photo Club (A&amp;C) Movie: The First Wives Club (Ththr)</div> <div>23</div>	<div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:00 pm</div><div>6:30 pm</div></div> <div>Basic Water Aerobics (Pool) Group Exercise (PAC) Catholic Services (Chapel) Pinecone Painters (A&amp;C) Yoga with Kim (PAC) Needle Arts Group (A&amp;C) Billiards Group (Billiard Room) Mah Jongg (LCR) Movie: What’s Eating Gilbert Grape (Ththr) Game Play (LCR) Mexican Train Dominoes (Ante) <i>Early Voting (PAC)</i> Ballroom Dancing (PAC) Wednesday Bridge Group (LCR) Movie: What’s Eating Gilbert Grape (Ththr)</div> <div>24</div>	<div><div>7:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Advanced Water Aerobics (Pool) Kroger &amp; Banks (Trans) Bible Study with Dave Phillips (Chapel) Cardio Move &amp; Strength (LCR) WalMart, Costco &amp; Banks (Trans) Dr. Mike Abutineh (WC) Billiards Group (Billiard Room) Line Dancing (PAC) Series: Jesse Stone (Ththr) Vespers (PAC)</div> <div>25</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:15 am</div><div>10:45 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Basic Water Aerobics (Pool) WalMart, Kroger, Aldi &amp; Banks (Trans) Strength Training (PAC) Yoga Stretch (PAC) WalMart, Kroger, Superlo &amp; Banks (Trans) Billiards Group (Billiard Room) Movie: Baby Boom (Ththr) <i>Music: Brooke &amp; Nathan (Lobby)</i></div> <div>26</div>	<div><div>8:00 am</div><div>8:45 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:15 pm</div><div>6:30 pm</div></div> <div>Men’s Christian Fellowship (LCR) <i>Kirby Clean Up (Lobby)</i> Billiards Group (Billiard Room) Game Play (LCR) Movie: We Bought A Zoo (Ththr) Saturday Night Trivia (Ante) Movie: Baby Boom (Ththr)</div> <div>27</div>
	<div><div>8:00 am</div><div>10:00 am</div><div>1:00 pm</div><div>1:30 pm</div><div>4:00 pm</div><div>6:30 pm</div></div> <div>Church of Christ Service (Chapel) Worship Service (PAC) Billiards Group (Billiard Room) Movie: Geronimo (Ththr) Movie: Geronimo (Ththr) Movie: Baby Boom (Ththr)</div> <div>28</div>	<div><div>8:00 am</div><div>9:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:30 pm</div><div>6:00 pm</div><div>6:00 pm</div></div> <div>Get Physical with Kim (Oasis) Group Exercise (PAC) Advanced Water Aerobics (Pool) Hobby Pines Group (Hobby Shop) Chair Yoga (PAC) Beginners Billiards (Billiard Room) Billiards Group (Billiard Room) Game Play (LCR) Mexican Train Dominoes (LCR) Bingo (PAC)</div> <div>29</div>	<div><div>7:30 am</div><div>9:00 am</div><div>9:30 am</div><div>10:30 am</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:30 pm</div></div> <div>Men’s Water Aerobics (Pool) Dr. Mike Abutineh (WC) Advanced Water Aerobics (Pool) Cardio Move &amp; Strength (PAC) Billiards Group (Billiard Room) Line Dancing (PAC) Movie: The Rainmaker (Ththr) Bunko (SCR) <i>Bible Study w/Rick Levatino (Chapel)</i> Girls Night: Boys In The Boat (Ththr)</div> <div>30</div>	<div><div>8:30 am</div><div>9:30 am</div><div>10:00 am</div><div>10:00 am</div><div>11:00 am</div><div>1:00 pm</div><div>1:00 pm</div><div>1:15 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>1:30 pm</div><div>2:00 pm</div><div>6:00 pm</div><div>6:30 pm</div></div> <div>Basic Water Aerobics (Pool) Group Exercise (PAC) Catholic Services (Chapel) Pinecone Painters (A&amp;C) Yoga with Kim (PAC) Needle Arts Group (A&amp;C) Billiards Group (Billiard Room) Mah Jongg (LCR) Movie: Whitehouse Down (Ththr) Mexican Train Dominoes (Ante) Game Play (LCR) Ballroom Dancing (PAC) Wednesday Bridge Group (LCR) Movie: Whitehouse Down (Ththr)</div> <div>31</div>	<div><div>ABBREVIATIONS KEY</div><div><div>Ththr - Theater</div><div>FDR - Formal Dining Room</div><div>PAC - Performing Arts Center</div><div>BR - Billiard Room</div><div>Trans - Transportation</div><div>HS - Hobby Shop</div><div>SCR - Small Card Room</div><div>A&amp;C - Arts &amp; Crafts Room</div><div>LCR - Large Card Room</div><div>WC - Wellness Clinic</div></div></div>		



# July 2024 EVENTS

## Jul 1: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

## Jul 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Tuesdays & Thursdays at 9:30 am. Spots are limited so, be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Wednesdays & Fridays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 7:30 am.

## Jul 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Jul 1: Poetry & Writing Club

The Poetry/Writing Group will meet in the LCR at 10:00 am. Participants will be sharing their poetry/writings using the prompt 'competition'. There is no actual prompt, but they can write any kind of story or poem, fiction or nonfiction as long as it keeps with the theme of 'competition'. The assignment is to be between 500-1500 words. To begin our time together, we spend 10 minutes responding to a challenge writing experience. Join us as we learn differing things.

## Jul 1: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

## Jul 3: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

## Jul 1: Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard

room. Come out and just have some fun with us!

## Jul 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

## Jul 1: Mexican Train Dominoes

Looking for a new game to play? Try Mexican Train Dominoes. Come by the LCR every Monday at 6:00 pm or the Ante Room every Wednesday at 1:30 pm. If you have any questions or want to join a session, please reach out to Paula Hanson or Phyllis Mitchell.

## Jul 1: Bingo

Who doesn't love Bingo? You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

## Jul 2: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

## Jul 2: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

## Jul 2: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 pm and Advanced at 1:50 pm. Everyone is welcome!

## Jul 2: Top Gun: Maverick

After thirty years, Maverick is still pushing the envelope as a top naval aviator but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it. Showtimes are 1:30 pm and 6:30 pm in the theatre.



## Jul 2: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

## Jul 3: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

## Jul 3: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

## Jul 3: Yoga with Kim

Are you looking for a fun new way to work on your balance and your flexibility? Then join us for our brand-new Yoga class with our very own Kim Roberts. Class will begin in the PAC at 11:00 am.

## Jul 3: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

## Jul 3: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

## Jul 3: The Legend of Hercules

The origin story of the mythical Greek hero. Betrayed by his stepfather, the King, and exiled and sold into slavery because of a forbidden love, Hercules must use his formidable powers to fight his way back to his rightful kingdom. Showtimes are 1:30 pm and 6:30 pm in the theatre.

## Jul 3: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

## Jul 3: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder in the hallway near the Bistro.



### **Jul 4: Bible Study with Dave Phillips**

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

### **Jul 4: 4th of July Parade**

Show your patriotism and community spirit! Don your red, white, and blue, put on your marching shoes and meet us in the lobby at 10:00 am. Children, dogs, and guests are encouraged to march with us. The parade will exit the lobby at 10:30 am.

### **Jul 4: Jaws**

When a killer shark unleashes chaos on a beach community off Cape Cod, it's up to a local sheriff, a marine biologist, and an old seafarer to hunt the beast down. Showtimes are at 1:30 pm and 6:30 pm in the theater.



### **Jul 4: Germantown Fireworks**

Get your folding chairs and picnic blankets out as we travel to Germantown's Municipal Park for their fireworks extravaganza. The Memphis Wind Symphony will perform at 7:30 pm and the grand finale fireworks show will start at 9:10 pm. We will leave from the Lobby at 6:30 pm. Transportation is \$5 and can be paid to Resident Programs, transportation, or can be charged to your account.

### **Jul 5: Strength Training**

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

### **Jul 5 & 19: Cornhole Club**

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

### **Jul 5: Yoga Stretch**

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 10:45 am in the PAC.

### **Jul 5: The Boomers**

Join us in the PAC for a star-spangled sensational performance by the Boomers troupe. They will be singing and dancing to a variety of patriotic music that's sure to get you on your feet. Music performance will begin at 6:00 pm.

### **Jul 6: Men's Christian Fellowship**

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

### **Jul 7: Church of Christ Service**

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

### **Jul 7: Worship Service**

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

### **Jul 8: Alterations**

Come to the Arts and Crafts room the 2nd Monday at 9:30 am for all your alteration needs.

### **Jul 9: Birthday Meal**

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. RSVP with Rachel Ward @ 901-866-4414 to reserve your table.

### **Jul 9: Afternoon Bridge**

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

### **Jul 9: Bible with Rick Lavatino**

This Bible Study provides an understanding to God's story in a structure that places the various pieces of the Bible in a chronological story form narrowed down into a 14-week course. Please join us in the Chapel every Tuesday starting on July 9th at 2:00 pm.

### **Jul 9: Sister Act**

When a nightclub singer is forced to take refuge from the mob in a convent, she ends up turning the convent choir into a soulful chorus complete with a Motown repertoire, until the sudden celebrity of the choir jeopardizes her identity. Show-

times are at 1:30 pm and 6:30 pm in the theater.

### **Jul 10: Garden Gro'ers**

Summer is here and everything is in bloom. Join us in the Greenhouse at 10:30 am.

### **Jul 10: King Richard**

A look at how tennis superstars Venus and Serena Williams became who they are after the coaching from their father Richard. Showtimes are at 1:30 pm and 6:30 pm in the theater.

### **Jul 11: Series: Jesse Stone**

Tom Selleck reprises his role as Jesse Stone, an L.A. cop who relocates to a small town only to find himself immersed in one mystery after the other. Each installment offers a familiar crime drama element and satisfying conclusions. Showtime is Thursdays at 1:30 pm in the Theater.

### **Jul 11: Resident Association Meeting**

The Kirby Pines Estates Residents' Association will meet on July 11 at 2:00 pm in the PAC. Speaker: Michael Brown, Executive Director, Kirby Pines Estates.

### **Jul 12: Michael Donahue**

Kirby Pines is excited to welcome Memphis native and legend, Michael Donahue. Enjoy more than just his columns as he performs for us on the piano. Music will begin at 6:00 pm in the Lobby.

### **Jul 13 & 27: Trivia Group**

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for July will be Anatomy & Physiology, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

### **Jul 14: Hymn Sing with Leon**

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sander-son. We will begin at 4:00 pm.

### **Jul 15: Smith Jewelers**

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

### **Jul 15: Tech Time**

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.



### **Jul 15: European Travel Series**

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. This month will be Paris and the Louvre. Showtime begins in the theatre at 1:30 pm.

### **Jul 16: Witness**

While protecting an Amish boy-who is the sole witness to a brutal murder and his mother, a detective is forced to seek refuge within their community when his own life is threatened. Showtimes are at 1:30 pm and 6:30 pm in the theater.



### **Jul 17: Caregiver Support Group**

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

### **Jul 17: Dave**

An uncanny Presidential lookalike named Dave is recruited by the Secret Service to become a momentary stand-in for the President of the United States. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### **Jul 18: Travelers: Parkin, AR**

On July 18th the Travelers Club will be going to The Parkin Archeological State Park in Parkin, Arkansas, to learn about the Mississippian Period Indians. We will also learn about Hernando De Soto's visit to this area in 1541 and visit the Northern Ohio School House which was operated by The Northern Ohio Lumber Cooperative Company in the 1920's. We will have lunch in nearby Marion or West Memphis, Arkansas. The cost, which can be charged to your room, is \$4.50 and \$5 for transportation. Please meet in the lobby by 9:00 am so we can leave at 9:15 am. Sign up in the Activities Office by noon on Friday, July 12th so we can inform the park, how many people to expect.

### **Jul 19: Lecture: Todd Derstine**

Todd Durstine will be presenting a new Lecture called "The Star that Astonished the World" which will be on the total con-

junctions of Venus and Jupiter in Leo in 3 and 2 BC that likely got the attention of the Magi in Babylonia regarding the messianic birth of Christ. Join him in the LCR at 10:30 am.

### **Jul 19: Todd Derstine**

Join Todd Derstine as he once again graces us with his musical talents. Enjoy his delightful vocals and piano in the Lobby at 6:00 pm.

### **Jul 23: The Book Baggers**

"Boys in the Boat" is an exciting read of the historic win of gold in the 1936 Olympics held in Berlin. The ragtag team of nine inexperienced boys who formed an amazing rowing team from nothing. Leon Sanderson will be leading the discussion, including details from the book as well as the newly released movie. Check the calendar in the Pinecone for days and times the movie will be shown in our theater. Hope to see you July 23 at 9:30 am as well as in the theater as we relive the experience via the movie. .

### **Jul 23: Lunch Bunch: Paulettes**

Enjoy a cozy atmosphere with an inventive menu of French and Hungarian dishes along with Regional Eats with a lovely view of the Mississippi River in the background. Sign up will be with Resident Programs. Fee for the bus ride will be \$5 and can be paid in either cash or it can be charged to your room. We will meet in the Lobby at 11:00 am.

### **Jul 23: The First Wives Club**

Reunited by the death of a college friend, three divorced women seek revenge on the husbands who left them for younger women. Showtimes are 1:30 pm and 6:30 pm.

### **Jul 23: KP Photo Club**

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Arts & Crafts Room and learn to take better photos yourself!

### **Jul 24: What's Eating Gilbert Grape**

A young man in a small Midwestern town struggle to care for his mentally disabled younger brother and his mother, who is so obese she cannot leave the house, while attempting to pursue his own happiness. Showtimes are at 1:30 pm and 6:30 pm in the theater.

### **Jul 24: Early Voting**

The TN Election Commission will set up

multiple voting machines in the PAC at 1:30 pm, and we want every resident to have a chance to vote. Please make sure your voter registration is updated to Kirby Pines.

### **Jul 25: Line Dancers Party**

Living is Dancing! Start Living Again! Get your motor running, come one come all to our line dancing welcome party. We are inviting dancers of all skill levels to learn some new moves. New to dancing? Why not give it a chance? Jody Sosh is excited to welcome you to the dance party of the year. There will be snacks and refreshments served in the PAC on July 25th at 1:30pm.

### **Jul 26: Brooke & Nathan**

Brooke and Nathan have material ranging from the 40s through the 70s. Nathan is an accomplished pianist and music director, Brooke specializes in classical music theatre in the style of Barbara Streisand and Judy Garland. See them in the Lobby at 6:00 pm.

### **Jul 27: Kirby Clean Up**

Kirby Pines is proud to announce our first Clean up event. Teams will go out to a designated area and clean up the trash and help beautify our community. Water, trash bags, and pick up sticks will be provided. We will meet in the lobby at 8:45 am and clean-up will begin at 9:00 am. Don't forget to bring your gardening gloves, hats, and sunscreen..

### **Jul 30: Girls' Night Out**

Ladies of Kirby, join us for our monthly Ladies' Night Out. This month's movie "Boys in the Boat". A 1930's set story centered on the University of Washington's rowing team from their Depression-era beginning to winning gold at the 1936 Berlin Olympics. Showtime at 6:30 pm in the theater.

### **Jul 31: Whitehouse Down**

While on a tour of the White House with his young daughter, a Capitol policeman springs into action to save his child and protect the president from a heavily armed group of paramilitary invaders. Showtimes are 1:30 pm and 6:30 pm.





# PUZZLE CHALLENGE | Sudoku Number Game

**SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.**

**Fill in the blanks so that each row, each column,  
and each of the nine 3x3 grids contain  
one instance of each of the numbers 1 through 9.**

## PUZZLE 1: EASY

1	2				7		4	
			2	4		7		1
		8			1	9		
7				9		1		
9	5	3			4			
	6		3	5			7	
	9		7			5	1	
3		7	9	2		8	6	
6								

## PUZZLE 2: MEDIUM

9		4		3		2		7
				5	2		9	
2		1	4				5	
				7		6		9
	2				8		3	
4		6						
6		2	5		1			
								2
	3		6		7	1		

## PUZZLE 3: MEDIUM

7	8		4	9		6		
5		3	7	1				4
					5		3	
8		5	3		7			
			5	4		2	8	
4		1	9					
1						3		2
		9					5	
3				7	4		9	8

## PUZZLE 4: HARD

2		5				1		
4			5					
			3	7	1			
	4				7	3		
8				9		6	5	
					4			
		6				7	8	
	5			2	9		3	
			6				2	

Sudoku solutions on page 21



# PICTURING LIFE AT KIRBY PINES

## ART WALL, CARNIVAL & GOLF CART CONTEST



Phyllis Mitchell appears to have been inspired by the eclipse.



Colleen Thompson's outfit seems to match her beautiful painting!



Sarah McCallum presents her colorful spring flower painting.



Paula Cwikiel and Jean Mauney are befriended by one of the Boll Weevils.



Sydney Wagner and Carnival King, Kevin Kimery.



This trio looks like trouble! Mark Seay and a couple pesky Boll Weevils.



Susie & Bobby Thompson went for Flower Power on their golf cart.



Caroline Thomas takes the patriotic approach with her snazzy trike!



Ellie (and Sam) Bates went Hawaiian for their contest entry.



# PICTURING LIFE AT KIRBY PINES

## BIRTHDAYS AND MORE!



Jean Saunders celebrates her birthday with husband, Andy.



Betty Moore seems to get younger every year on her birthday!



New residents Ricky & Barbara Burk enjoy his first Birthday at Kirby Pines together.



Marcia Fraley and Jeannie Crombie both celebrate June birthdays with friends, Carl & Mary Lee Boggs and their husbands, Richard Fraley and Frtiz Crombie.



Janice Wall, Susan Flake, Lois Dazey and Martha Pugh wear hats for those fighting cancer. Photo by Arrena Cheek.



Alice Wherry & Flo Seward are Bridge Champs! Photo by Steve Martin



Phyllis Petersen is joined by her son, Lance and his girlfriend, Elke. Photo by Sydney Wagner



The Travelers took a trip to the Viking Cooking School in Mississippi.



# PICTURING LIFE AT KIRBY PINES

## KIRBY LUAU AND OKLAHOMA



Marilyn Crosby poses with the traditional roasted luau pig.



Maxie and Jerry Dunnam get ready to do the hula.



Elsie Bloodworth and Jane Longfield are adorable!



Hula dancers in the front and Jim Mahannah in the back.



The Line Dancers are ready to show their moves at the Luau. Perhaps a little Elvis' Blue Hawaii is on tap?



The "cowboys" belly up to the bar in "Oklahoma". Photo by Stuart Eyman.



Kirby Residents have a dress rehearsal for their version of "Oklahoma". L-R; Barbara Pender in a surry with fringe on top. Bob Small and Doris Boyd with their steer. Barbara Phillips takes the arm of Jim Stanley. Photos by Stuart Eyman.



# KIRBY PINES PHOTO CLUB



Hey, Fern! - Photo by Sylvia Statham



Lamp Posts - Photo by Fred Dabrowski

**Join Us July 23rd  
at 3:00 pm in the  
Arts & Crafts Room!**

**Last Class we learned about  
Black & White Photography.  
See what we captured!**



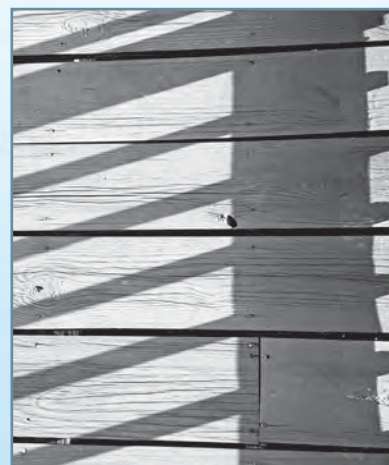
**Photo Class Talk**  
Photo by Phyllis Petersen



**Light at the End**  
Photo by Jane Longfield



**Potted Beauty**  
Photo by Fran Gentry



**Using the Lines**  
Photo by Hugh Wilson



**Floral Spotlight**  
Photo by Arrena Cheek



**Mushroom Family**  
Photo by Dale Jones



**Stone Obelisk**  
Photo by Mary Ann Thurmond



**Amaryllis By Mornin'**  
Photo by Sheryl Maxwell



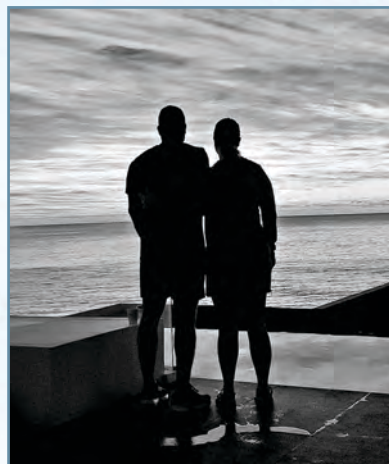
**A Single Daylily**  
Photo by Sydney Wagner



**Patterned Pathway**  
Photo by Diane Mullins



**Floral Oasis**  
Photo by Carolin Thomason



**Perfect Silhouette**  
Photo by Connie Carter



# Memorials, Honorariums & Gifts

## In Memory Of

### ERIC WIGG

Donation by Barbara Logan  
to the Book Baggers

Donation by Rhett Watkins  
to the Garden Gro'ers

Donation by Bill & Katy Dorsey  
to the Employee Fund

Donation by Fred & Cindy Dabrowski  
to the Garden Gro'ers

Donation by Irene Baker  
to the Employee Fund

### EDIE BENGTSON

Donation by KP Resident Association  
to the Entertainers

Donation by John & Sally Coleman  
to the Employee Fund

Donation by Carol Odom  
to the General Fund

### CARMEN SMITH

Donation by KP Resident Association  
to the Garden Gro'ers

### CAROL SAMS

Donation by KP Resident Association  
to the Book Baggers

### KEN THOMASON

Donation by KP Resident Association  
to the Painters & Fabric Artists

Donation by Alice Petty  
to the Library

Donation by Rhetta Watkins  
to the Painters & Fabric Artists

Donation by Bill & Katy Dorsey  
to the Employee Fund

Donation by Betty Terry  
to the Employee Fund

## In Honor Of

### MARK MAXWELL

Donation by Bob Westcot  
to the Hobby Shop

Donation by John Allen  
to the Hobby Shop

Donation by Rhetta Watkins  
to the Hobby Shop

### JEANNIE VALENTINE

Donation by Joan Gilliland  
to the Hobby Shop

## In Honor Of

### MIKE JAEGER

Donation by Jim Gordon  
to the Garden Gro'ers

### RICHARD CHEEK

Donation by Jim Gordon  
to the Garden Gro'ers



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**facebook.com**  
and search  
**Kirby Pines!**

# SUDOKU NUMBER GAME

## PUZZLE 1: EASY

1	2	9	5	8	7	3	4	6
5	3	6	2	4	9	7	8	1
4	7	8	6	3	1	9	5	2
7	4	2	8	9	6	1	3	5
9	5	3	1	7	4	6	2	8
8	6	1	3	5	2	4	7	9
2	9	4	7	6	8	5	1	3
3	1	7	9	2	5	8	6	4
6	8	5	4	1	3	2	9	7

## PUZZLE 2: MEDIUM

9	5	4	1	3	6	2	8	7
3	6	8	7	5	2	4	9	1
2	7	1	4	8	9	3	5	6
5	8	3	2	7	4	6	1	9
1	2	7	9	6	8	5	3	4
4	9	6	3	1	5	7	2	8
6	4	2	5	9	1	8	7	3
7	1	5	8	4	3	9	6	2
8	3	9	6	2	7	1	4	5

## PUZZLE 3: MEDIUM

7	8	2	4	9	3	6	1	5
5	9	3	7	1	6	8	2	4
6	1	4	8	2	5	7	3	9
8	2	5	3	6	7	9	4	1
9	6	7	5	4	1	2	8	3
4	3	1	9	8	2	5	6	7
1	4	8	6	5	9	3	7	2
2	7	9	1	3	8	4	5	6
3	5	6	2	7	4	1	9	8

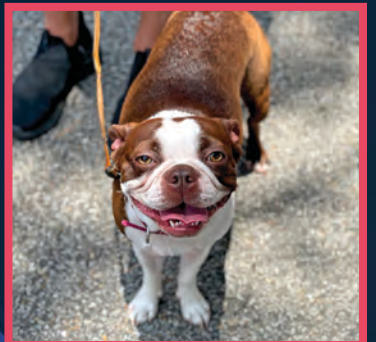
## PUZZLE 4: HARD

2	3	5	9	4	6	1	7	8
4	1	7	5	8	2	9	6	3
6	8	9	3	7	1	2	4	5
5	4	1	8	6	7	3	9	2
8	7	2	1	9	3	6	5	4
9	6	3	2	5	4	8	1	7
3	2	6	4	1	5	7	8	9
1	5	8	7	2	9	4	3	6
7	9	4	6	3	8	5	2	1

**ANSWERS TO PUZZLE**  
**CHALLENGE ON PAGE 17**



# Photos from our 5th Annual Father's Day Car Show!







If you're not at Kirby Pines,  
you're not having enough fun!  
**Come Check Us Out!**

**Kirby Pines**  
LifeCare Community



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