# PINECONE

The Magazine of Kirby Pines LifeCare Community • May 2024 | V. 42 | I.5

## MARIANNE SCHADRACK

will celebrate her first Mother's Day at Kirby Pines with her children Chuck, Marianne and Frank.

۲

Benefits of Exercise After 60 | Better Hearing | This World Is Not My Home | Resident Spotlight: Bill & Marilyn Crosby

Happy Nother's Day

## **Mother's Day Is Here!**

What month starts with "Running for the Roses" and ends with chugging milk in the Winner's Circle? MAY! May Day! May Flowers. Memorial Day. (Which is the unofficial start of Summer) But let Kirby Pines shout loud and proud....

May is all about Mother's Day. This year is no exception. Our planning and preparation is far along. Petting zoo, games, races, and face painting....check, check, and double check!! Good food, ice cream trucks and firetrucks will all be represented. So, do your part! Be There! Bring Family and Friends! And, Have Fun!

On Sunday, we will continue the celebration with our traditional Mother's Day Brunch. Please remember to make your reservations early.

Lastly, lets all set aside some quiet, personal time. Let's reflect on our Mothers. For many, our Mothers have long passed. Some of us still have our Mothers. Remember those fun

at Kirby Pines

moments, those teaching moments, and those moments where they picked you up and took away your pain.

"Honor her for all that her hands have done, and let her works bring her praise at the city gate". *Proverbs 31:31* and enjoy thoughts of your Mother.

Happy Mother's Day!

Sincerely,



Michael J. Brown, Jr. Executive Director, Kirby Pines

## **ON THE PINECONE COVER** May Celebrates Our Nurses and Moms!

Kirby Pines in May is always the month we look forward to. The spring weather makes our 60-acre campus alive with color and it is time for our annual Mother's Day Cookout!

Our Mother's Day celebration is an event like no other, bringing families, friends and employees together to honor our moms. There is something to do for everybody, young and old, sharing in food, fun and an overall good time. This year's cookout is Saturday, May 11th from 11:00 am to 3:00 pm on the grounds of Kirby Pines - Mark your calendars!

There are plenty of other activities this month. The Travelers venture off to see storyteller, Doug Macleod, at Theatre Memphis on the 8th. There is a Residents' Association Meeting on the 9th to meet some of our leadership at Kirby. The 21st brings a program with our talented Rhythm Band. And a wonderful opportunity is planned for the 24th with the Memphis Mayor, Paul Young, who will speak and answer questions, followed by a reception in his honor.

Our front cover features new resident, Marianne Schadrack, with her three children who will

be enjoying their first Mother's Day Cookout at her new home. Our back cover gives thanks to our residents who chose to become nurses as we recognize National Nurses Week. (See story page 8). We would also like to recognize our employees who take such wonderful care of our residents. It takes a special person to go into nursing and we are so very grateful to all of you.



A Mother Goose & Her Goslings at Kirby



#### **BOARD OF DIRECTORS**

Dr. James Latimer, Chairman Mr. Rudy Herzke, President Mr. Larry Braughton Mr. Jim Ethridge Ms. Linda Harrington Ms. Mary Ann Hodges Mr. Rusty Linkous Mr. Boyd Rhodes, Jr.

#### RCA STAFF

Charlie Trammell President, RCA

**Michélle Vincent** Executive Vice President, RCA

**Tim Cox** Senior Vice President of Finance, RCA

> Michael Kelly Vice President of Finance, RCA

#### **KIRBY PINES STAFF**

Michael Brown Executive Director, Kirby Pines

> Mike Abutineh, M.D. Medical Director

Anna Bradford Healthcare Administrator

**Trudy Schenkenberger** Director of Human Resources

> **Tammy Brimhall** Director of Accounting

Mark Simpson Director of Culinary Services

Kayla Holland Director of Resident Programs

Jada Mullins Director of Environmental Services

Mike Rayder Director of Grounds & Landscaping

> **Chuck Neeley** Director of Maintenance

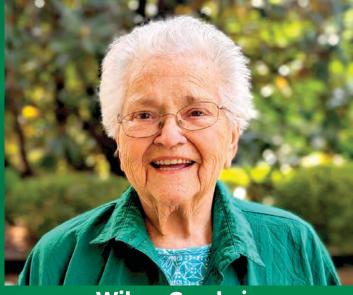
**Rhonda Nelson** Director of Nursing

**Dale Jones** Director of Security

This magazine is produced by **RCA** 6465 N. Quail Hollow Rd., Suite 400 Memphis, TN 38120, 901-794-2598

*Electronic version of The Pinecone is available at www.kirbypines.com* 

## Get to know Kirby Pines'



Wilma Goodwin

Wilma Goodwin recently moved to Kirby Pines from her previous home in Starkville, Mississippi. She and her late husband were married for 60 years. They had three children and they blessed them with eight grandchildren.

After graduating from college with a B.S. Degree in Home Economics, Wilma had a successful career in management and insurance sales, serving as area vice president at Professional Marketing of America.

Traveling to Cancun, Mexico and the Caribbean island of Jamaica were two of Wilma's travel destinations. But, her favorite trip was to Yellowstone National Park.

The Kirby Pines garden group is a sure fit for Wilma, her favorite pastime activities are working with plants and gardening.

Her friends describe Wilma as pleasant and gentle. These traits sounds perfect for our retirement community. So please give a big Kirby welcome to Wilma and make her feel right at home.

> Are you or a family member ready to enjoy retirement living? Call a Kirby Pines LifeCare Advisor at 901.369.7340 and join our family today!



**Marianne Schadrack** 

We welcome Marianne Schadrack to Kirby Pines from her previous home in East Memphis. Born in Ecru, Mississippi, Marianne moved to Memphis many years ago. She and her late husband, Bill, had three children so Marianne has five grandchildren and nine great grands to dote over.

A collector of china flowers and angels, Marianne collected many of her precious pieces while traveling. She says her list of travel destinations would be too long to mention.

An Ole Miss fan, she will surely find plenty of other folks to join with her when football and basketball seasons return. Her friends say she is happy and full of fun. Marianne is active in several organizations and enjoys meeting friends for lunch. She is engaged in her church, has served as president of the Serra Club of Memphis and secretary of the Ladies Guild of St. Louis Catholic Church.

Her favorite childhood memory is that she and her sister were baptized together standing arm in arm.

You must find Marianne to welcome her to Kirby Pines. She already has a busy life and we want to involve her in our activities at Kirby. Welcome Marianne!

New Resident Bios written by resident, Peggy Reynolds Gatlin



#### The Life-Changing Benefits of Exercise After 60

As we age, it's normal to not have the stamina and agility we enjoyed in our younger years. But getting older doesn't have to mean becoming a couch potato.

According to the Centers for Disease Control and Prevention (CDC), all older adults—both men and women—can benefit from regular, moderate physical activity. This is true even for people with medical conditions such as arthritis, heart disease, obesity, and high blood pressure.

What are the benefits of exercise for older adults?

Regular activity can positively impact our physical health as well as our mental and emotional wellbeing. It can help give us more energy and greater self-confidence, enabling us to embrace our later years with gusto.

#### Some of the key benefits of exercise for older adults include:

**Prevents Bone Loss:** Both men and women lose bone density as they age, with postmenopausal women losing up to 2% each year. Strength training has been shown to counteract this loss and actually restore bone density. Having stronger bones leads to fewer fractures and can also aid in balance. By reducing the risk of falls and injuries, exercise can help seniors live independently for longer.

**Relieves Osteoarthritis Pain:** While it may seem counterintuitive, moving more can actually help lessen the pain and stiffness of arthritis. Arthritis-friendly exercise includes low-impact cardiovascular activity, strength training, and range-of-motion exercises. How does exercise help arthritis? It takes pressure off aching joints by strengthening the surrounding muscles. Physical activity may also help ease joint inflammation and aid in lubrication, which reduces pain and stiffness.

**Helps Prevent Chronic Disease:** Exercise provides a protective effect against a host of chronic illnesses, including cardiovascular disease, colon cancer, diabetes, obesity, and hypertension. If you already have a chronic condition, physical activity can minimize symptoms. It can even help reduce cognitive decline. One study found that participants over the age of 60 showed fewer Alzheimer's disease biomarkers when they performed 30 minutes of exercise every day.

**Boosts Immunity:** A 2018 study linked moderate exercise with a lower incidence of acute respiratory illness and fewer sick days off of work. The exact way exercise supports immunity is not known. However, there are many theories. Some scientists believe that the anti-inflammatory effects of physical activity enable better immune function. Exercise may also improve the performance of immune cells.

**Improves Mood:** Simply put, exercise makes us feel good. It can help ease anxiety and depression symptoms, increase relaxation, and create an overall sense of wellbeing. A 2019 study of adult men age 65 and older found that the mood-boosting benefits of exercise continue well into old age, underscoring why it's so vital to stay active.

Most adults over the age of 65 can exercise safely, even those with chronic conditions and mobility challenges. Before starting any exercise regimen, it's important to talk with your doctor to learn which options are right for your health and activity level. Then, you'll be ready to experience the proven and immense benefits of exercise first hand.



#### Monday/Wednesday/Friday

Get Physical with Kim 8:00 am | Mon & Fri | Oasis 9:00 am | Wed | Oasis

Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool 9:30 am - 10:30 am | Pool

Exercise in the PAC Resident Led 9:30am | PAC/Live TV

Chair Yoga with Kim Monday Only 10:30 am | PAC/Live TV

Strength Training with Kim Friday Only 10:15 am | PAC/Live TV

Yoga Stretch with Kim

Friday Only 10:45 am | PAC/Live TV

#### Tuesday/Thursday

Men's Water Aerobics Resident Led 8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim 9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim 10:30 am - 11:15 am | PAC/Live TV





## The Importance Of **BETTER HEARING**

"Human hearing may be picking up and processing all the sounds in our surroundings, even when we aren't aware of it."

It has been said that communication is the foundation of relationships. Without good hearing health, communication may be challenging. With May being Better Hearing and Speech Month, let's dig into the importance of good hearing health, and what can be done to keep your ears functioning in tip top shape!

#### **Benefits of Healthy Hearing:**

- Ability to successfully communicate eliminates the frustration of missing out on conversations or being isolated from social interactions
- Can have a positive benefit on brain functioning and memory
- Supports independence and security

As with many things, there is a chance that your hearing health may decline over time. Age-related hearing loss (presbycusis) gradually occurs as we grow older, and there is no research to suggest it can be prevented. Noise-induced hearing, however, can be preventable. There are certain things, like listening to music that is too loud, that can contribute to hearing loss. If the loss is substantial and goes untreated, it can result in a decreased quality of life. Untreated hearing loss has also been linked to sadness, depression, anxiety, cognitive decline, and poor social relationships.

### What are some of the common signs of hearing loss?

- Repeatedly asking people to repeat what they say
- Feeling like others are always mumbling or not speaking clearly
- Difficulty hearing and understanding speech in noisy environments
- Missing words or phrases on the telephone
- Turning the volume up on the television or radio louder than normal
- Tinnitus, ringing, or buzzing sounds

It's not too late to take the right steps to protect your hearing and reduce your risk for hearing loss.

#### **Tips to Keep Your Hearing Healthy:**

- Wear earplugs, protective earmuffs, or noise-canceling headphones around loud noises, such as live music or construction noise
- Turn down the volume of the TV, radio, or music remember, if you need to shout, the sound is too loud!
- Have your hearing tested regularly
- Take headphone breaks. When you use headphones, keep the volume down
- · Check medication side effects

If you exhibit any of the symptoms mentioned above, or want to learn more about what you can do to help keep your hearing in tip top shape, please contact the Functional Pathways Therapy Team for guidance.



## Don't miss the 2024

## Kirby Pines *Mother's Day* **COOKOUT Saturday, May 11** 11:00 am - 3:00 pm | Kirby Grounds



## A STRONG LEGACY TO LEAVE

Unquestionably, Marilyn and Bill Crosby will leave a strong legacy as both have achieved much in their personal and professional lives. They have reared two sons, Chris and Matthew, who are productive citizens, and devoted their lives toward their families and helping others.

The Crosbys are typical of many couples in the South: one born in Arkansas, the other in Mississippi, then to Memphis, Tennessee, to start their adult lives. However, to interact with this couple, you will find they are atypical in their personalities. Although both have the same persona of warmth and friendliness, Bill is more reserved, whereas Marilyn is "bubbly" and enthusiastic in her interactions with others. Both personalities have blended well, and they remain happily married since 1965.

Marilyn Meador's life began in Arkadelphia, Arkansas. However, her parents divorced when she was seven; her mother moved with Marilyn and her brother to El Dorado, Arkansas. Before Marilyn's senior year in high school, her mother became ill, and it was necessary for Marilyn and Johnny to move to Helena, Arkansas, to live with their father.

Despite a disruptive life, Marilyn thrived, making good grades and lasting friendships wherever she lived. In high school, she played French horn and was voted most friendly her senior year. Marilyn always knew she wanted to be a nurse, but she also wanted to have an opportunity to experience college. However, her father had other ideas, so she applied and was accepted into the prestigious Baptist Hospital School of Nursing in Memphis. The requirements and restrictions there, according to Marilyn, "were much like living in a convent." Marilyn continues, "We were treated well by Baptist: everything was provided for us, and we were taken on outings and given nice gifts at Christmas. Classes were difficult, but I loved my instructors and classmates."

Following graduation, Marilyn immediately began employment at Baptist Hospital, relieving the head nurse on the Charity Unit. Her entire professional life was spent at Baptist working all services, and at one time becoming the youngest head nurse there.

As a registered nurse, Marilyn set a good example with her warm, tender care of patients and employees. She retired after 35 years, but, soon began work part-time in the Baptist Out-Patient Pavilion. She worked there an additional 15 years: a total of 50 years giving nursing care! Marilyn says that the individualized care and the wonderful co-workers made this one of her most rewarding experiences. While working part-time, Marilyn enrolled in the nursing program at Union University, earning a B.S. in Nursing.

## **Resident Spotlight:** Bill & Marilyn Crosby

When Baptist Memorial Hospital celebrated its 50 year anniversary, Marilyn was asked to write an article about "the early days." The following are some excerpts from the article, The Way It Was: "Nurses have a special bond: no one can understand what is involved in nursing unless you are one. As soon as I started working in the hospital, I knew I had chosen the right career. It was great to see how my efforts could help and encourage the patients. Few professions can provide the satisfaction that nursing does. When things are difficult, the nurse must maintain the empathy and drive to provide the best care possible. As a profession, nursing is still a high calling in every sense of the word."

Bill Crosby was born in Greenville, Mississippi, but Bill and his three siblings spent most of their youth in Indianola, Mississippi, where their father owned a home appliance store. Their father, an entrepreneur, pioneered in the cable television industry. This venture "allowed" Bill to spend his last year in Indianola, climbing poles to hang TV cable and crawling under houses where he met all kinds of vermin.

While in school, from seventh grade until graduation, Bill played football and whatever sport was in season. He also played football at Millsaps College in Jackson, Mississippi. There, he received a B.S. in Sociology and, according to Bill, graduated "Thankya Laude."

Bill's first job was with Pi Kappa Alpha Fraternity Headquarters. The remaining years of his professional life were spent in property management and construction marketing: first for First Tennessee Bank, and then with various construction and hotel companies. After retirement, he was once again lured in to work 19 additional years for

a renovation contractor in New Jersey. Although travel was involved, Bill maintained an office based in Memphis.

Marilyn and Bill met at a party given by the girl who was dating Bill. Not surprisingly, Bill realized he would rather date Marilyn. Bill says it took him a year to convince Marilyn to marry him. In addition to their two wonderful sons and daughters-in-law, they have three grandchildren with which they enjoy much "grandparenting time!"

The Crosbys have traveled extensively, including Europe and the Holy Lands; some of it was in missionary work. They have been active members of Christ



The Crosbys 1965

Methodist Church since 1971. Bill has served in several capacities there: as Chair of Church Council and Trustees, and assisting in establishing the Emmaus Walk in England. Bill has also coached various youth sports, including soccer, which he has never played!

Marilyn and Bill have been at Kirby Pines for two years. Pleased with all the amenities and activities here, both enjoy the exercise programs, and Bill has developed an interest in acrylic painting. They are also happy to be here with about 20 members of their Sunday School Class. They are a great addition to our Kirby Pines community.

Written by Joan Dodson, Resident of Kirby Pines

## CELEBRATING NATIONAL NURSES WEEK MAY 6-12, 2024

National Nurses Day is the first day of National Nursing Week, which concludes on May 12, Florence Nightingale's birthday. Yet the week was first observed in the US in October 1954 to mark the 100th anniversary of Nightingale's pioneering work in Crimea.

In 1953, Dorothy Sutherland of the U.S. Department of Health, Education and Welfare sent a proposal to President Eisenhower asking him to proclaim a "Nurse Day" in October of the following year to coincide with the anniversary. Although the President didn't act, the celebration was observed thanks to a bill sponsored by Representative Frances P. Bolton, and the following year a new bill was introduced to Congress lobbying for official recognition of the celebration.

Twenty years later, in February of 1974, President Nixon proclaimed a National Nurse Week to be celebrated annually in May. Over the next eight years, various nursing organizations including the American Nurses Association (ANA) rallied to support calls for a "National Recognition Day for Nurses" on May 6, which was eventually proclaimed by President Ronald Reagan in 1982.

The American Nurses Association extended the celebration to "Nurses Week," and the dates May 6-12 became permanent as of 1994. Within Nurses Week, National Student Nurse Day is May 8, and National School Nurse Day is celebrated on the Wednesday that falls during Nurses Week.

Nursing has always been a profession that needs more than just your time and knowledge. Nursing requires heart, passion, and dedication to serving others. Nurses Week allows the public to acknowledge and thank nurses for the work they choose every day. It's a chance for us to pause and thank the nurses who have made a difference in our lives.



### Congratulations to our **CHAMPION of the Month** Patient Care Assistant - Caring In Place

## **VICKI** LEE

Describe Your Family: Loving, caring, goofy and fun.

*Describe yourself in five words:* Loyal, caring, supportive, creative and hard-working.

*What do you do for fun:* Walking in the park, going to a restaurant, swimming, the arcade. *Do you have any hobbies:* Singing.

*Favorite thing about your job:* Helping others.

Your favorite food: Pasta and Nachos. Favorite song: Smile by Kirk Franklin.

What is something you are proud of: Knowing I can brighten up someone's day.

What would you like people to know about you: I'm easy to get along with and love to listen.

"Vicki helps several of our residents on a daily basis. As soon as she gets to work, she is running from apartment to apartment. If we get a last minute call, regardless of what she's doing, she jumps into action. She always finds the positive in every situation and has a great attitude. She is truly a team player and I am so grateful to have her in Caring In Place".



## REFLECTIONS BY Maxie Dunnam

## THIS WORLD IS NOT MY HOME

IN my growing up years in rural Mississippi, we sang a lot in our worship. Many of our songs focused on salvation; especially judgement, and life after death. I can still remember, and often when I'm alone, I sing some of those songs.

#### When We All Get to Heaven I'll Meet You in the Morning This World is Not My Home

There was a season in my theological journey when I snickered at some of those songs...the imagery was so literal and the emphasis on heaven, so "sentimental." I'm grateful that portion of my journey didn't last too long. Today, I sing joyfully.

This world is not my home I'm just a-passing through My treasures are laid up Somewhere beyond the blue The angels beckon me `From heaven's open door And I can't feel at home anymore. Since Eden, we have never known a world without sin, suffering and death. For Christians, "new persons in Christ," our faith is certain: *this world, is not our home*. It is not all there is. Jesus didn't fumble with his words. He talked about a place "with many rooms' to which he was going to prepare place for his friends, "that you may be where I am." (John 14:13)

*Pilgrims* is a good label for Christians. This earth, as it is, will never be our home. But think of it...a new heaven, *and a new earth*. Though our eternal home is not presently on earth, God's promise is that, *"in heaven,"* we will share in creating a *new earth*.

Why don't you sing it with me, Just over in Glory-land We'll live eternally The saints on every hand Are shouting victory Their songs of sweetest praise Drift back from heaven's shore And I can't feel at home In this world anymore.

### May Vesper Services | 6:30pm | Performing Arts Center

May 2

May 9

National Day of Prayer Program by Residents Brian Stewart Engagement Minister Germantown COC

#### May 16

**Rev David Bowen** Associate Pastor to Seniors Second Presbyterian May 23 Rev Patrick Mason

Pastoral Assistant

C-Ville United Methodist

May 30

**Dr Bill Chase** Pastor of Music Covenant Baptist Choir

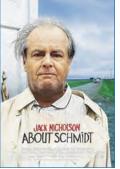














and final sortie into enemy German territory. Bomber Capt. Dennis Dearborn knows the mission is a dangerous one, but he's under pressure from Army public relations man Lt. Col. Bruce Derringer to earn a decisive victory for the Allies. Now, the Memphis Belle prepares to take flight as apprehension and dissention grow among Dearborn's crew.

#### **ABOUT SCHMIDT (2002)**



#### Saturday, May 11 | 10:00 am & 1:30 pm Cast: Jack Nicholson, Kathy Bates, June Squibb, Dermot Mulroney

Warren Schmidt, a quiet ex-insurance actuary, is unhappily married to Helen and brooding over the forthcoming wedding of his daughter Jeannie to Randall Hertzel. When Helen suddenly dies and he finds love letters to her from his best friend, he is inspired to try and stop the wedding, but standing in his way is Randall's feisty mother, and slowly, he realises he must make the most of his remaining life.

#### FIREPROOF (2008)

#### Sunday, May 12 | 1:30 pm & 4:00 pm Cast: Kirk Cameron, Erin Bethea, Alex Kendrick. Jason McLeod

In the wake of his daring rescue of a complete stranger, decorated firefighter Caleb Holt realizes the extent to which he has failed as a husband. In a desperate attempt to save his relationship with his wife, Catherine, Holt turns to "The Love Dare," a Christian self-help book. At the prompting of his devout father, John -- and guided by the book itself -- Holt embarks on a 40-day mission to rescue his marriage from the looming specter of divorce.

#### BROKEN TRUST (1995)



Friday, May 17 | 1:30 pm Saturday, April 20 | 6:30 pm Sunday, April 21 | 6:30 pm Cast: Tom Selleck, Elizabeth McGovern, Johnny Cuthbert, Rob LaBelle

Justice Department investigators recruit a municipal judge to expose corrupt members of the bench.

## **THE KING AND I** (1956)

Friday, May 3 | 1:30 pm Saturday, May 4 | 6:30 pm Sunday, May 5 | 6:30 pm Cast: Yul Brynner, Deborah Kerr,

#### Rita Moreno, Rex Thompson

In this film adaptation of the Rodgers & Hammerstein musical, widowed Welsh mother Anna Loenowens becomes a governess and English tutor to the wives and many children of the stubborn King Mongkut of Siam. Anna and the king have a clash of personalities as she works to teach the royal family about the English language, customs and etiquette, and rushes to prepare a party for a group of European diplomats who must change their opinions about the king.

#### **BEYOND THE BLACKBOARD** (2011)

#### **Saturday, May 4 | 10:00 am & 1:30 pm** Cast: Emily VanCamp, Timothy Busfield, Treat Williams, Liam McKanna

A young teacher overcomes her initial fears and prejudices when she teaches homeless children in a shelter's makeshift classroom.

#### **DRIVEWAYS** (2019)

#### Sunday, May 5 | 1:30 pm & 4:00 pm Cast: Brian Dennehy, Hong Chau, Lucas Jaye, Bill Buell

A lonely boy goes with his mother to help clean out his late aunt's house and forms an unlikely friendship with the neighbour who is a war veteran.

bers of B-17 bomber Memphis Belle prepare for their 25th

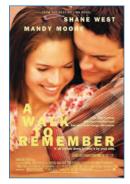
#### MEMPHIS BELLE (1990)

#### Friday, May 10 | 1:30 pm Saturday, May 11 | 6:30 pm Sunday, May 12 | 6:30 pm Cast: Matthew Modine, Sean Astin,

*Eric Stoltz, Billy Zane* At a U.S. Army Air Force base in England, the crew mem-

• 10 • The Pinecone | May 2024

## THE MOVIES













#### A WALK TO REMEMBER (2002)

#### Saturday, May 18 | 10:00 am & 1:30 pm Cast: Mandy Moore, Shane West, Daryl Hannah, Peter Coyote

Set in North Carolina, "A Walk To Remember" follows the rite of passage of a jaded, aimless high school senior who falls in love with a guileless young woman he and his friends once scorned. The two develop a powerful and inspirational relationship in which they discover truths that take most people a lifetime to learn.

#### THE LAST SONG (2010)

#### Sunday, May 19 | 1:30 pm & 4:00 pm Cast: Miley Cyrus, Liam Hemsworth, Greg Kinnear, Bobby Coleman

Unruly New York teen Ronnie Miller is angered to learn that she and younger brother Jonah are being sent to stay with their father for the summer. The talented young pianist is already grappling with her mother over her refusal to attend the prestigious Juilliard music school, and is in no mood to spend the holidays away from her friends in a small Southern beach town.

#### **TOP GUN** (1986)

Friday, May 24 | 1:30 pm Saturday, May 25 | 6:30 pm Sunday, May 26 | 6:30 pm Cast: Tom Cruise, Val Kilmer, Kelly McGillis, Anthony Edwards

The Top Gun Naval Fighter Weapons School is where the best of the best train to refine their elite flying skills. When hotshot fighter pilot Maverick is sent to the school, his reckless attitude and cocky demeanor put him at odds with the other pilots, especially the cool and collected Iceman. But Maverick isn't only competing to be the top fighter pilot, he's also fighting for the attention of his beautiful flight instructor, Charlotte Blackwood.

## **THE DEVIL WEARS PRADA** (2006)

#### Saturday, May 25 | 10:00 am & 1:30 pm Cast: Meryl Streep, Anne Hathaway, Emily Blunt, Stanley Tucci

Andy is a recent college graduate with big dreams. Upon landing a job at prestigious Runway magazine, she finds herself the assistant to diabolical editor Miranda Priestly.

#### **BIG MIRACLE** (2012)



#### Sunday, May 26 | 1:30 pm & 4:00 pm Cast: David Kelly, James Nesbitt, Ian Bannen, Susan Lynch

Adam Carlson, a reporter based in a small town in northern Alaska, can't wait to land a job in a bigger market. Then, the story of a lifetime practically lands in his lap: A family of gray whales is discovered near the Arctic Circle, trapped by rapidly forming ice. Along with the descending media comes Rachel Kramer, an environmental activist and Adam's ex-lover. Together, they try to rally an international coalition to save the whales before it's too late.

## **DESTINATION TOKYO** (1943)

Friday, May 31 | 1:30 pm Saturday, June 1 | 6:30 pm Sunday, June 2 | 6:30 pm Cast: Cary Grant, John Garfield, Alan Hale Sr., John Forsythe

Captain Cassidy is in charge of a submarine on a mission so secret even he doesn't know what it is until his ship departs San Francisco and he opens his sealed orders. His task -- to pick up a meteorologist and travel to the coast of Japan to gather weather information for the Doolittle Raid, the first air strike on Tokyo. Along the way they fight to elude detection from Japanese ships and eventually face off against an enemy aircraft carrier.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 2024	<ul> <li>ABBREVIATIONS I</li> <li>Thtr - Theater</li> <li>FDR - Formal Dining Room</li> <li>PAC - Performing Arts Center</li> <li>BR - Billiard Room</li> <li>Trans - Transportation</li> </ul>	<ul> <li>HS - Hobby Shop</li> <li>SCR - Small Card Room</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:15 pm • Mah Jongg (LCR)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Megan Leavey (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:00 pm • Movie: Megan Leavey (Thtr)</li> </ul>	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Series: All Creatures Great & Small (Thtr) 6:30 pm • Vespers (PAC)	8:00 am • Get Physical with Kim (Oasis) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • Art with Helen (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:15 am • Strength Training (PAC) 10:30 am • Cornhole (LCR) 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: The King & I (Thtr) 6:00 pm • <i>Music: The Beverly Brothers (PAC)</i>	8:00 am • Men's Christian Fellowship (LCR) <b>4</b> 10:00 am • Movie: Beyond the Blackboard (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Beyond the Blackboard (Thtr) 6:30 pm • Movie: The King & I (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 2:00 pm • <i>Piano with Marilynn Garzione (Lobby</i> 1:30 pm • Movie: Driveways (Thtr) 4:00 pm • Movie: Driveways (Thtr) 6:30 pm • Movie: The King & I (Thtr)	<ul> <li>8:00 am • Get Physical with Kim (Oasis)</li> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Poetry &amp; Writing Club (LCR)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>10:30 am • Beginners Billiards (Billiard Room)</li> <li>10:30 am • Chair Yoga (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:00 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:30 am • Cardio Move &amp; Strength (PAC)</li> <li>1:00 pm • Tuesday Bridge Group (LCR)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Movie: The Miracle Club (Thtr)</li> <li>6:30 pm • Movie: The Miracle Club (Thtr)</li> </ul>	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 10:30 am • Garden Gro'ers (Greenhouse) 11:30 pm • <i>Travelers: Doug Macleod (Trans)</i> 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Needle Arts Group (A&C) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Awakenings (Thtr) 2:00 pm • Ballroom Dancing (A&C) 6:00 pm • Movie: Awakenings (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • Kroger & Banks (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 2:00 pm • <i>Residents' Association Meeting (PAC)</i> 1:30 pm • Series: All Creatures Great & Small (Thtr) 6:30 pm • Vespers (PAC)	8:00 am • Get Physical with Kim (Oasis) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • Art with Helen (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:15 am • Strength Training (PAC) 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Memphis Belle (Thtr) 6:00 pm • <i>Music: Oscar Sueing (PAC)</i>	8:00 am • Men's Christian Fellowship (LCR) <b>11</b> 10:00 am • Movie: About Schmidt (Thtr) 11:00 am • <i>Mother's Day Cookout (Grounds)</i> 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: About Schmidt (Thtr) 6:15 pm • Saturday Night Trivia (Ante) 6:30 pm • Movie: Memphis Belle (Thtr)
8:00 am • Church of Christ Service (Chapel) <b>1</b> 10:00 am • Worship Service (PAC) 1:30 pm • Movie: Fireproof (Thtr) 4:00 pm • Hymn Sing with Leon (Chapel) 4:00 pm • Movie: Fireproof (Thtr) 6:30 pm • Movie: Memphis Belle (Thtr)	<ul> <li>8:00 am • Get Physical with Kim (Oasis)</li> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Alterations (A&amp;C)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>10:30 am • Chair Yoga (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:00 pm • Bingo (PAC)</li> </ul>	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 11:45 am • Birthday Lunch (Dining) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Tuesday Bridge Group (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: Footloose (Thtr) 3:45 pm • Birthday Dinner (Dining) 6:30 pm • Movie: Footloose (Thtr)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Caregiver Support Group (SCR)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:00 pm • Needle Arts Group (A&amp;C)</li> <li>1:15 pm • Mah Jongg (LCR)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Secret Life Of Bees (Thtr)</li> <li>2:00 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Secret Life Of Bees (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:30 am • Cardio Move &amp; Strength (LCR)</li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Vespers (PAC)</li> </ul>	8:00 am • Get Physical with Kim (Oasis) 8:30 am • Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • Art with Helen (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:15 am • Strength Training (PAC) 10:30 am • Cornhole (LCR) 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Broken Trust (Thtr) 6:00 pm • <i>Music: Southbound (Lobby)</i>	8:00 am • Men's Christian Fellowship (LCR) <b>18</b> 10:00 am • Movie: A Walk To Remember (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: A Walk To Remember (Thtr) 6:30 pm • Movie: Broken Trust (Thtr)
8:00 am • Church of Christ Service (Chapel) <b>19</b> 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: The Last Song (Thtr) 4:00 pm • Movie: The Last Song (Thtr) 6:30 pm • Movie: Broken Trust (Thtr)	<ul> <li>8:00 am • Get Physical with Kim (Oasis)</li> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:00 am • Smith Jewelers (SCR)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>10:30 am • Tech Time (Sunroom)</li> <li>10:30 am • Beginners Billiards (Billiard Room)</li> <li>10:30 am • Chair Yoga (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:00 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:30 am • Cardio Move &amp; Strength (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:00 pm • Tuesday Bridge Group (LCR)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Movie: The Secret Garden (Thtr)</li> <li>3:00 pm • Photo Club (A&amp;C)</li> <li>6:30 pm • <i>KP Rhythm Band (PAC)</i></li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 22</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (A&amp;C)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:15 pm • Mah Jongg (LCR)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Life Or Something Like That (Thtr)</li> <li>2:00 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Life Or Something Like That (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:30 am • Cardio Move &amp; Strength (LCR)</li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Series: All Creatures Great &amp; Small (Thtr)</li> <li>6:30 pm • Vespers (PAC)</li> </ul>	8:00 am • Get Physical with Kim (Oasis) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • Art with Helen (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:15 am • Strength Training (PAC) 10:30 am • <i>Memphis Mayor Paul Young (PAC)</i> 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Top Gun (Thtr) 6:00 pm • <i>Music: Jeremy Schrader Trio (PAC)</i>	8:00 am • Men's Christian Fellowship (LCR) <b>25</b> 10:00 am • Movie: The Devil Wears Prada (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: The Devil Wears Prada (Thtr) 6:15 pm • Saturday Night Trivia (Ante) 6:30 pm • Movie: Top Gun (Thtr)
8:00 am • Church of Christ Service (Chapel) <b>2</b> 10:00 am • Worship Service (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: Big Miracle (Thtr) 4:00 pm • Movie: Big Miracle (Thtr) 6:30 pm • Movie: Top Gun (Thtr)	<ul> <li>8:00 am • Get Physical with Kim (Oasis)</li> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>10:30 am • Beginners Billiards (Billiard Room)</li> <li>10:30 am • Chair Yoga (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • European Travel Series (Thtr)</li> <li>6:00 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Book Baggers (Chapel)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:30 am • Cardio Move &amp; Strength (PAC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:00 pm • Tuesday Bridge Group (LCR)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Movie: The Rewrite (Thtr)</li> <li>6:30 pm • Girls Night: Father of the Bride (Thtr)</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 29</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (A&amp;C)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:15 pm • Mah Jongg (LCR)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Blended (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:00 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Blended (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:30 am • Cardio Move &amp; Strength (LCR)</li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • Billiards Group (Billiard Room)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:15 pm • Line Dancing (PAC)</li> <li>1:30 pm • Series: All Creatures Great &amp; Small (Thtr)</li> <li>6:30 pm • Vespers (PAC)</li> </ul>	8:00 am • Get Physical with Kim (Oasis) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • Art with Helen (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:15 am • Strength Training (PAC) 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Destination Tokyo (Thtr) 2:00 pm • Art Wall Presentation (PAC) 6:00 pm • Music: Just Friends (PAC)	

The Pinecone | May 2024 Calendar

## May 2024 EVENTS

#### May 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Wednesdays & Fridays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

#### May 1: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am and Wednesdays at 9:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.



#### May 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### May 1: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### May 1: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

#### May 1: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### May 1: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

#### May 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

#### May 1: Megan Leavey

Based on the true-life story of a young Marine corporal whose unique discipline and bond with her military combat dog saved many lives during their deployment in Iraq. Showtimes are 1:30 pm and 6:30 pm in the theater.



#### May 1: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

#### May 1: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

### May 2: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

### May 2: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

#### May 2: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### May 2: Series: All Creatures Great and Small

James Herriot's adventures as a veterinarian in the 1930's Yorkshire Dales get a glorious new adaptation based on his books. Nicholas Ralph makes his television debut as the iconic vet who became renowned for his inspiring humor, compassion for his animal patients, and love of life. Showtime is Thursdays at 1:30 pm in the theater.

#### May 2: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

#### May 3: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

#### May 3: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

#### May 3 & 17: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.



#### May 3: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 11:00 am in the PAC.

#### May 3: The Beverly Brothers

The Beverly Brothers perform harmony based songs ranging from classic country to classic rock and roll favorites. This 2 guitar duo always delivers a spirited, high energy show that invites and incites audience participation. In the PAC at 6:00 pm.

## **May 4:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### May 5: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

#### May 5: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

#### May 5: Piano with Marilynn

Please join us in the lobby for a performance by our fellow resident, Marilyn Garzione. The music will begin at 1:00 pm in the Lobby.



#### May 6: Poetry & Writing Club

The Poetry/Writing Group will meet in the LCR at 10:00 am. Participants will be sharing their poetry/writings using the prompt "How do you believe others perceive you". The assignment iss to be between 500-1500words. To begin our time together, we spend 10 minutes responding to a challenge writing experience. Join us as we learn differing things.

#### May 6: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### May 6: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

#### May 6: Billiards Group

Social Billiards for men and women! All skill levels welcome. Mondays at 10:30 am and EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

#### May 6: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

#### May 7: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

#### May 7: The Miracle Club

There's just one dream for the women of Ballygar to taste freedom: to win a pilgrimage to the sacred French town of Lourdes. With a little benevolent interference from their local priest, a group of close friends get their ticket of a lifetime. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### **May 7:** BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

#### May 8: Garden Gro'ers

Join us in the Greenhouse at 10:30 am.

#### **May 8:** Travelers: Theatre Memphis Doug Macleod

Join us for an afternoon of music and storytelling with the magnificent Doug Macleod. Tickets are on sale with Resident Programs for \$6.00. We will board the bus at 11:15 pm in the Lobby, the program will start at 1:30 pm.

#### May 8: Awakenings

The victims of an encephalitis epidemic many years ago have been catatonic ever since, but now a new drug offers the prospect of reviving them. Showtimes are at 1:30 pm and 6:30 pm in the theater.



#### May 9: Residents' Association

Join us as we "Meet the Leaders" at 2:00 pm in the PAC. Featured speakers will be Anna Bradford - Healthcare, Dale Jones - Security and Mark Simpson - Culinary.

#### May 10: Oscar Sueing

Oscar Sueing began learning and playing the saxophone at the age of 13. His soulful rendition of jazz, gospel and rhythm and blues tunes will leave you happy and inspired. Music begins at 6:00 pm in the Lobby.

#### May 11: Mother's Day Cookout

Happy Mothers Day! Come celebrate with family and friends by enjoying an afternoon of delightful food and outdoor activities that will be shared by all generations. 11:00 am to 3:00 pm on the grounds of Kirby Pines!



#### May 11 & 25: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for May will be Science & Nature, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

#### May 12: Hymn Sing with Leon

Please Join us in the Chapel for a resident led Hymn singing with Mr. Leon Sanderson. We will begin at 4:00 pm.

#### May 13: Alterations

Come to the Arts and Crafts room the 2nd Monday at 9:30 am for all your alteration needs.

#### May 14: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Skye Sanders @ 901-866-4444 to reserve your table.

#### May 14: Footloose

A city teenager moves to a small town where rock music and dancing have been banned, and his rebellious spirit shakes up the populace. Showtimes are at 1:30 pm and 6:30 pm in the theater.

#### May 15: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

#### May 15: The Secret Life of Bees

In 1964, a teenage girl in search of the truth about her mother runs away to a small town in South Carolina and finds a family of independent women who can connect her to her past. Showtimes are 1:30 pm and 6:30 pm in the theatre.



#### May 17: Southbound

Southbound is a bluegrass, country and folk band that includes veteran musicians Hank Sable on guitar, banjo and fiddle; Wayne Walker on upright Bass; and Bob Barnett on acoustic guitar. Southbound offers old time bluegrass standards, classic country music, folk tunes and American pop standards. Music begin in the PAC at 6:00 pm.

#### May 20: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

#### May 20: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Ante Room.

#### May 21: The Secret Garden

A young, recently orphaned girl is sent to England after living in India all her life. Once there, she begins to explore her new, seemingly isolated surroundings, and their secrets. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### May 21: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the Arts & Crafts Room and learn to take better photos yourself!

#### May 21: I've Got Rhythm

Have you lost your rhythm? That's okay because we are bringing it back with our very own Rhythm Band. Several members from the previous band will be returning along with several new faces. Come join us to celebrate the summer jams with us at 6:30 pm in the PAC.

#### May 22: Life or Something Like It

A reporter interviews a psychic, who tells her that she's going to die and her life is meaningless. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### **May 24:** Memphis Mayor Paul Young

Join us in the PAC at 10:30 am as we welcome Memphis Mayor, Paul Young. He will be here to speak and answer your questions. Reception to follow. This event is subject to change at any time.

#### May 24: Jeremy Schrader Trio

Jeremy Shrader performs jazz/swing, big band, and blues music with his various combos. The songs of Frank Sinatra, Louis Armstrong, Duke Ellington, and other great masters live on through his voice and trumpet. Music will begin in the PAC at 6:00 pm.

#### May 27: European Travel Series

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. This month will be Portugal. Showtime begins in the theatre at 1:30 pm.



#### May 28: The Book Baggers

"Call of the Wild" has been selected for our annual classic read. Michelle Betts will be returning to Kirby Pines to lead the discussion of this very popular book. Join us in the chapel at 9:30 am to hear observations from Michelle as well as your fellow residents. This would be an ideal time to introduce some of our new neighbors to our group. Everyone is welcome!

#### May 28: The Rewrite

A washed-up screenwriter reluctantly takes a college teaching job and meets a single mother who changes his life in more ways than one. Showtime is 1:30 pm.



#### May 28: Girls' Night Out

It's Ladies Night! Join your fellow Kirby ladies in the theatre for a treat as we watch "Father of the Bride". The movie will begin at 6:15 pm.

#### May 29: Blended

After a bad blind date, a man and woman find themselves stuck together at a resort for families, where their attraction grows as their respective kids benefit from the burgeoning relationship. Showtimes are 1:30 pm and 6:30 pm.

#### May 31: Art Wall

Please join us in the PAC for refreshments and to hear from some of our very own Kirby Pines artists as they show off their artwork. The show will begin at 2:00 pm.



#### May 31: Just Friends

Just Friends Band members Larry Tyler, Kelley Walker and Wes Walker will delight audiences with skilled renditions of pop, jazz standards, rock, country, and gospel. Larry Tyler is skilled on both guitar and keyboard and provides vocals on a wide repertoire of material, including pop, jazz standards, rock, country, and gospel. Music is at 6:00 pm in the PAC. PUZZLE CHALLENGE Giant Word Search

#### RUCZV CE B B Ρ Α Ε S P U G 0 U G U D G Υ Κ 0 S **O**C R Δ F Т R X Ε н S S Κ R Ε Ρ Ε С D Ζ V C 5 Ε S $\mathbf{r}$ P (▲) B G В R P B Ε R Α G P Ň Т B Ε R R В $\mathbf{c}$ Т B F Δ P D 7 Y Ε 0 B B Δ R B B G н D Ж A R G Ε R YOQM F X D LK WLGXYV Ρ Ε R M U D

**BASEBALL SEASON** Find the Words hidden in the grid of letters.

BASE	HOME
BATBOY	INNING
BATTER	LINE DRIVE
BUNT	MOUND
СОАСН	PITCHER
CURVEBALL	SHORTSTOP
DUGOUT	SLIDE
FASTBALL	STRIKE
FLYBALL	
GLOVE	UMPIRE
GROUNDER	



**Puzzle Solutions page 22** 

## **PICTURING LIFE AT KIRBY PINES** VIETNAM VETS, EASTER, BRIDGE AND MORE





Caroline Thomas and Charlie Burns enjoy a breakfast to honor our residents who served in Vietnam.



Hugh Gregory enjoys some time in the Hobby Shop.



Bonnet Winners, Marilyn Wray, Arrena Cheek & Jeannie Valentine



Sydney Wagner and the Easter Bunny. Photo by Ginger Blount



Face painting is always a hit! Photo by Stuart Eyman



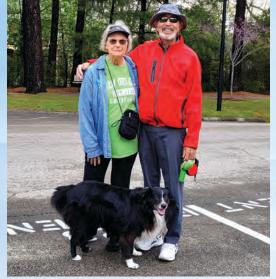
Looks like someone racked up at our Easter Egg Hunt!



Pat Meiners & Jo Ann Palmer were April Bridge Champs! Photo by Steve Martin



Neil Lloyd takes some pics at the Dixon Gardens. Photo by Stuart Eyman



Leora & John Elli out walking Kiera. Photo by Connie Carter

## **PICTURING LIFE AT KIRBY PINES** ECLIPSE, BIRTHDAYS AND RIVERBOATS



Alma Crone checks out the sun. Photo by Mary Ann Thurmond



Kathy Martin and Maxie Dunnam watch the sun fade behind the moon.



We had quite a turnout to see the rare 97% solar eclipse out on the lawn by Lake Latimer.



Bankie McCarty celebrates her birthday with husband, Pat, Buddy & Martha Pugh, sister-in-law, Judy and Alice Petty.



Phyllis Petersen is surrounded by friends Jo Ann Palmer, Jeannie Valentine, Joan Dodson and Barbara Hanrahan at her birthday celebration



Bill Dorsey celebrates his birthday with wife, Katy.



The Travelers took a Riverboat Tour on the Mighty Mississippi. Pictured are: Ernie & Laura Leuenberger, Bill Crosby & John Fent and Linda Bennett with her daughter, Natasha.

## **PICTURING LIFE AT KIRBY PINES ARTS SHOW AND BAKE SALE**



Patricia Latimer and Diane Mullins at the Kirby Pines Art Show.



Suzanne Hufnagel with one of her amazing quilts.



Mark Maxwell shows some of his woodworking talents.



John Sosh with one of his mixed media pieces.



Don Meiners painting looks so realistic! Photo by Arrena Cheek





Mike Jaeger appears to have purchased on of each at our Arthritis Bake Sale!



Jeannie Valentine with one of her stunning pieces of art.



Paula Cwikiel can't wait to bit into her baked goods.

## **KIRBY PINES PHOTO CLUB**



Flowering Dogwood - Photo by Dale Jones



Pink Azaleas - Photo by Connie Carter

#### Join Us May 21st at 3:00 in the Arts & Crafts Room!

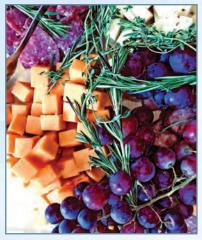
Our Photo Club has come so far the last couple years! See More On Page 22



Martin House Photo by Stuart Eyman



Flower Trio Photo by Diane Mullins



Charcuterie Board Photo by Arrena Cheek



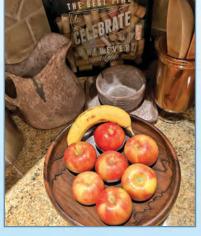
Giant Magnolia Photo by Jeannie Valentine



Cherry Blossoms Photo by Sydney Wagner



Library Beauties Photo by Fran Gentry



Still Life Photo by Sylvia Statham



Spring Self Portrait Photo by Hugh Wilson



Reeve's Spiraea Photo by Jane Longfield



Sir Winston Churchill Photo by Fred Dabowski



Can You See The Cat? Photo by Ginger Blount



Flaming Reds Photo by Marsha Greiner

## **Memorials, Honorariums & Gifts**

#### In Memory Of

HELEN "PAT" COLE Donation by KP Resident Association to the Employee Fund

#### **RAYMOND HARVELL**

Donation by KP Resident Association to the Hamateurs

> Donation by Barbara Lipsey to the Employee Fund

Donation by Barbara Logan to the Book Baggers

#### **BERRY TERRY**

Donation by Mike Jaeger to the Garden Gro'ers

Donation by Rhetta Watkins to the Employee Fund

Donation by Marilyn Wray to the Employee Fund

Donation by Ann Peyton to the Library Fund

Donation by Sylvia Statham to the Employee Fund

Donation by Sydney Wagner to the Book Baggers

Donation by Jean & Mal Mauney to the Library/Large Print Books

#### In Memory Of

**BERRY TERRY** Donation by Carol Odom *to the Library Fund* 

Donation by Jean & Andy Saunders to the Employee Fund

> Donation by Joy Wernet to the General Fund

> Donation by Kay Daniel to the Employee Fund

#### In Honor Of

#### MARK MAXWELL

Donation by Kent Blake to the Hobby Shop

#### **Gifts To**

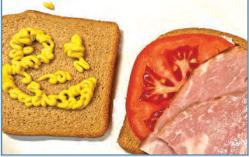
**HOBBY SHOP** Donation by Charlie Parrott



#### **Continued from Page 21 Photo Club**



Pink Ruffles Photo by Sheryl Maxwell



Time For Lunch! Photo by Mary Ann Thurmond



Purple Hydrangeas Photo by Carolin Thomason

CHECK OUT OUR CHANNEL FOR ALL OF OUR VIDEOS!

Simply go to youtube.com and search for Kirby Pines!

SCAN ME

Or use your QR Code Reader or Smart Phone Camera and Scan this Code to Get There!

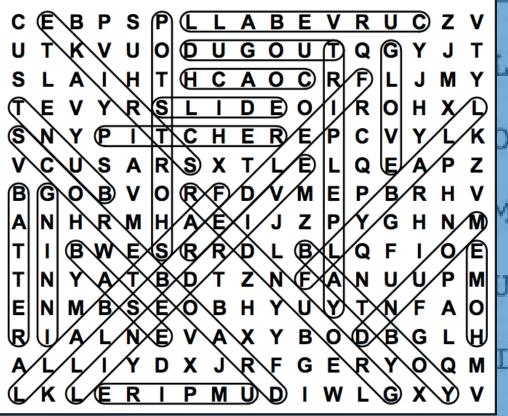




Simply go to facebook.com and search Kirby Pines!



## Ι. WORD EARCH



## **ANSWERS TO THE** PUZZLE CHALLENGE ON PAGE 17

## **CHRISTIE'S COIFFURES**

Ask About **Our Monthly Specials!** 

Manicures | Pedicures | Facials Women's Haircuts Shampoo & Sets Perms & Coloring Separate Barber Shop

Call for Appointment

## **Here Is Kirby Pines' Rehab Provider**



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

### THE KIRBY PINES FOUNDATION



#### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

#### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION



#### **CELEBRATING NURSES WEEK WITH OUR RESIDENTS**

Front; Gail Waldrop, Ellen Sayle, 2nd Row; Betty Moore, Beverly Colditz, Sharon Overman, Laura Parrott, 3rd Row; Betty Phillips, 4th Row; Marilyn Crosby, Anne Carter, Pat Brand, Caroline Lloyd, 5th Row; Sylvia Statham, Donna Griffin, Joan Dodson











3535 Kirby Parkway • Memphis, Tennessee 38115 • 901-369-7340 • www.kirbypines.com