# PINECONE

The Magazine of Kirby Pines LifeCare Community • March 2024 | V. 42 | I.3



## **It's Finally Springtime**

Spring Time!! Warm Weather!! Blue Skies!!

Things are humming here at Kirby Pines inside as well as out!

Let's start on the outside...Mike Rayder and his team has a great start on the growing season. Flower beds are clean and ready for plants and flowers. Bushes have been trimmed back and are looking healthy! We will even be adding additional color around Pond #1 to really make our front entrance pop. Kirby Pines will be participating in the Memphis Garden Tour.

Now, what about the inside...First and foremost, our Marketing Team has had a phenomenal start to 2024! Our first event of the year was a Dinner Event, targeting prospects who have expressed an interest in Kirby Pines, but have said "they aren't ready." The title of our presentation was "What are you waiting for?" It was a sold-out event that was punctuated by testimonies from several resident hosts. Please check our Kirby Pines YouTube Channel for the video which we used. We had an amazing response! Consequently, we have several move-ins scheduled for March! Look forward to fresh introductions as we finalize move-in dates. We will be adding many new residents during 2024.

## at Kirby Pines

I want to thank all who participated in our first Exquisite Cuisine of 2024! What an amazing evening had by all! We received a very favorable response from our change in 2024 of the offering of wine with the meal. You may opt out of this service if you choose. This is just the beginning of many changes in culinary, including some menu enhancements to the Bistro.

We are so lucky to have such a talented Chef as Mark Simpson and his entire staff. Next month, I will dedicate my entire article on our 5-Star Health Center. "Stay Tuned" and see you around campus.



Michael J. Brown, Jr. Executive Director, Kirby Pines

### ON THE PINECONE COVER

### **Celebrating Spring & Easter at Kirby Pines**

With winter behind us and warmer temperatures ahead, get ready to hop right into March with loads of activities to keep you on the go all month long.

The Hamateurs kick things off with a show on the 1st and another favorite, The Entertainers, will perform on the 22nd. The Travelers are busy with a trip to the Lenten Lecture Series on the 8th and 20th and on the 27th, they switch gears seeing *Almost Elton John* at Theatre Memphis. If you're a theater fan, our own Alexis Hester appears in *Little Women* at the Germantown Community Theater on the 10th or go see *Beautiful; The Carol King Story* on the 24th. There is a jewelry sale on the 13th and a rummage sale

on the 21st. If you're feeling lucky, we have Irish Dancers on th 14th and a St. Paddy's Day dance on the 19th. We honor our Vietnam Vets on the 29th in the morning and have our Easter Bonnet Contest that afternoon. Finally, our annual Easter Egg Hunt is slated for the 30th.

Our front cover features best friends, Lois Dazey and Susan Flake, in what has become their signature - matching holiday outfits. These colorful "chicks" could not be any more adorable and ready for Easter. Our back cover highlights resident's Easter treasures, old and new, that make them "hoppy". We appreciate all of you taking the time to come have your photo taken. Happy Easter everyone!





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**Max & Nina Harris** 

Max & Nina Harris were born in South Fulton, Kentucky. They moved to Kirby Pines from their home in Germantown, Tennessee. They have been married 66 years, have two children, five grandchildren and two great grands.

Max spent his career with The Commercial Appeal as an advertising executive and Nina was an administrative assistant for Cummins Engines.

They are both fans of the Kentucky Wildcats basketball team, and Christmas is their favorite holiday. Nina's favorite author is Mary Higgins Clark and her favorite singer is Conway Twitty. Their favorite vacations were summers spent in Florida.

They have traveled through most of the United States, including Alaska and Hawaii. They have also been to Canada and London.

Nina used to collect V-nickles after the war. They are both very proud they raised 2 good kids, daughters Lisa and Lynn. Their friends would describe Nina as nice, polite and a good person. Max, though opinionated, is also very nice.

We are delighted Max and Nina have chosen Kirby Pines Retirement Community as their new home. We hope they quickly settle into things and make a lot of new friends. If you happen to see them in the halls or dining room, be sure to give them a friendly welcome.



**Patricia Latimer** 

Patricia Latimer was born right here in Memphis, Tennessee and moved to Kirby Pines from her home in Germantown. She has two sons, Patrick and Andrew and a grandson, Neil.

Patricia graduated from the University of Memphis and also attended Houston Community College. Her degree was in business administration and secretarial science. She was a flight attendant for Southern Airways and administrative assistant for Christ the King Lutheran.

She enjoys music; U2, Jersey Boys, Phantom of the Opera, Les Miserable, gardening and Bible study. Her favorite book is Pride and Prejudice. She is a University of Memphis basketball fan and a Houston Astros baseball fan.

She has been a member of garden clubs, choir, glee club, volunteered at West Clinic and children's schools. She also took 1st place at a chili cook off. She likes to walk and enjoys exercising at the gym.

She has been to Europe, Hawaii, the Bahamas and more, however, Europe remains her favorite. She is most proud of her children and is thankful for having the best teacher, Sister Sheila Ann.

We are thrilled Patricia has made the move to Kirby Pines. We hope she gets involved in some of our activities, like the Garden Gro'ers or one of our musical groups. Make sure you give her a big Kirby welcome and show her the ropes.



Experts have said that walking could be the best exercise for seniors; it's an effective way to reduce the risk for chronic conditions and improve your overall health. Some of the benefits of walking for seniors include:

#### Improves heart health.

For seniors, walking offers numerous heart health benefits. Getting your heart rate up daily leads to a reduction in the risk for high blood pressure and high cholesterol, and even coronary heart disease.

#### Lowers blood sugar.

After eating, taking a 15-minute walk has been shown to reduce the after-eating spike in blood sugar some seniors can experience. Your body is using blood sugar more effectively to strengthen muscles, and insulin works better, too.

#### Reduces pain.

Studies have shown that walking helps reduce some pain due to chronic conditions like arthritis. Some seniors experience lower back pain, and walking even just three times a week for around 20 minutes can help strengthen abdominal and back muscles to decrease chronic back pain.

#### Low participation cost.

After you've invested in a good, sturdy pair of shoes, you can walk basically anywherefor free! When the weather permits, head to Lake Latimer for a stroll on the walking paths or simply walk around the garden home neighborhood. If it's too cold or rainy to go outside, take a stroll around the hallways right here at Kirby Pines.



#### Promotes social engagement.

Walking offers an easy way for seniors to meet up with others, whether you join a walking group with friends or simply engage with neighbors while out on your daily walk. You can meet new people and enjoy your environment each day.

#### **Boosts mental health.**

A daily walk can help you feel more positive about life. The endorphins released during physical activity create a sense of well-being, reduce anxiety and boost your mood.

It's never too late to start!



#### Monday/Wednesday/Friday

**Get Physical with Kim** 

Monday & Friday Only 8:00 am | Oasis

#### Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool 9:30 am - 10:30 am | Pool

Exercise in the PAC
Resident Led
9:30am | PAC/Live TV

Chair Yoga with Kim

Monday Only 10:30 am | PAC/Live TV

#### **Strength Training with Kim**

Friday Only 10:15 am | PAC/Live TV

**Yoga Stretch with Kim** 

Friday Only 11:00 am | PAC/Live TV

#### Tuesday/Thursday

Men's Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

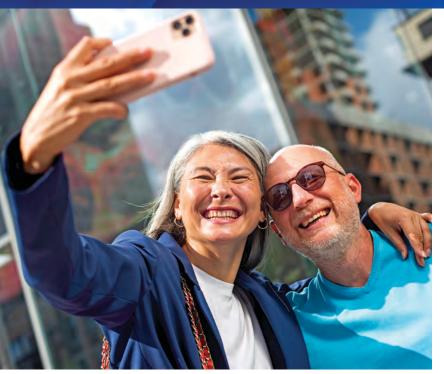
Arthritis Water Aerobics with Kim 9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim 10:30 am - 11:15 am | PAC/Live TV





# Taking On TECHNOLOGY



Technology is all around us – it's how we get our entertainment, it's how we communicate with family and friends, even how we exercise! As years pass, the technology gets more and more advanced – who would have even thought there would be artificial intelligence to record our grocery lists!

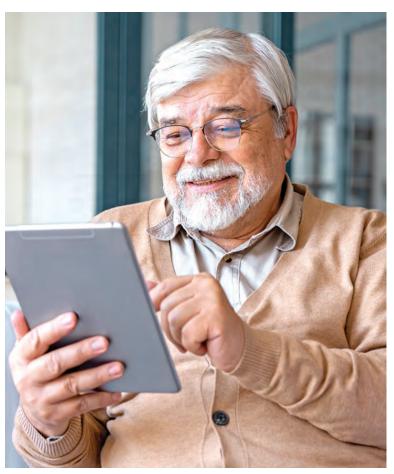
So, why use technology? In today's world, it is almost inevitable. There are many benefits to utilizing technology:

- Connecting with loved ones
- Knowledge at your fingertips!
- Mental and physical stimulation exercise and brain games apps
- Tracking nutrition and exercise habits
- Receive reminders for medications
- Food and Supply deliveries



Since we all use it, it's important to know how to keep yourself, and your personal information, safe!

- Use Strong Passwords combine numbers, symbols, upper and lower case.
- Guard Personal Information think before giving out your personal information online.
- Be Wary If it seems too good to be true, it usually is.
- Install Reputable Security Software only purchase recognized security software.
- Be Careful what you Post avoid sharing anything too personal.
- Avoid Phishing Scam a common tactic is sending emails meant to look like reputable sites - Stay Alert!
- Think Before You Open! Don't open anything that seems suspicious or come from someone you don't know.
- Backup Photos and Documents backup items so you don't accidentally lose them forever.



There are so many different technologies out there – explore and find what fits your needs! Reach out to the therapy team at Functional Pathways to learn what options might suit you best!

## **EXQUISITE CUISINE**

Thursday, March 28, 2024





## OSSO BUCCO

Braised Veal Shanks
served with a
creamy Parmesan Polenta
and finished with
roasted Root Vegetables

This meal will be paired with both a glass of Red and White wine for the appropriate courses.



## CORNED BEEF & CABBAGE

The traditional classic,
with a bit of a twist.
We will be taking a slow cooked
Corned Beef, shredding it, and
serving it with braised Cabbage
and Potato Pancakes.



## BEER & CHEESE SOUP

To start off, we will make a traditional soup and turn it on its Irish head.
We will be taking the classic Guiness Stout reducing it with Herbs and Spices, and finishing it with a fantastic aged Irish Cheddar.



### IRISH CREME ROULADE

Spongy Chocolate Cake spiked with Irish Crème Liqour, iced with Irish Crème Buttercream and finished with chocolate garnishes.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



#### A MISSION OF LOVE & GIVING

Love and giving go together so well. So do Marilyn and Leon Sanderson, who have plenty of love to share and express it in so many ways. Their lives have been focused on giving to others: Leon as a minister in various churches of Christ, and Marilyn as an esteemed educator of the young. Both continue to share their many talents with the residents of Kirby Pines and contribute to the sense of family we all cherish.

Marilyn Cobb was born in Springfield, Missouri. Hers was a close-knit family who enjoyed simple but significant times together. She has a sister who is older, so Marilyn was "the baby" for 11 years until a baby brother came along. According to Marilyn, "I lost my status, and our family dynamics changed." As a member of Future Teachers of America, Marilyn would have the experience, in her senior year of high school, of spending the afternoon in an elementary school as a cadet teacher. This would provide the groundwork for Marilyn's professional career.

In 1966, Marilyn graduated from Harding College (University) with a B.S in Elementary Education. She says her college years were very enjoyable, but most exciting was the time she spent singing with two elite groups of singers from the college. During her junior year, one group spent five weeks traveling in the Eastern part of the United States which included singing at the World's Fair in New York.

In 1966, Marilyn began her teaching career in Long Island, New York. It was a different culture for her, but she enjoyed the nearby cultural venues. During this time, she and a friend spent eight weeks in Europe, traveling by Eurail and staying in pensiones.

In 1969, Marilyn returned to Harding College and earned an M.A. in Teaching. She moved to Memphis to teach in the city schools and was assigned to teach fourth grade in a school with all African American students. "This was again culture shock," admits Marilyn, "but that class became one of my all-time favorites!" However, after one year, she was persuaded to teach at Harding Academy, one of the largest private schools in Memphis. She remained there for 39 years, as classroom teacher, principal, and eventually as Director of Elementary Education for Harding Academy.

Leon Sanderson was also born in Springfield, Missouri. His only sibling was an older sister. His father and mother were involved in church work over the years. Leon's families were musicians; his father wrote the words to several published hymns. So, music was a large part of their family. At a young age, Leon joined his father in teaching in music schools and worship leadership.

### Resident Spotlight: Leon & Marilyn Sanderson

Despite occasional re-locating, Leon had a happy childhood. He recalls playing kick ball, riding his bike, playing "catch," and making model cars. His favorite was a blue, 1904 model Oldsmobile with seats covered in burgundy velvet — a contribution from his mother. His school years were good, and he sang with all singing groups in school. He also played the tuba in the marching band during his high school years.

Having decided to become a minister of the Gospel, Leon entered Harding College in 1950 and graduated four years later with a degree in Bible and Speech. He continued his studies at Harding, earning a graduate degree in Ministry. He would then move to Memphis for his first position with a church.

Although both Marilyn and Leon were born in the same city and attended the same college, they did not meet until Leon accepted an associate minister position in the church where Marilyn attended. Together, they would become an integral part of that church's mission to serve not only the church members, but the non-members of the community around them.

To better prepare himself to serve, Leon became a life-long learner. Since moving to Memphis, he has earned two additional masters degrees and the Doctorate of Ministry from Harding School of Theology. He has the distinction of earning the most degrees of any student in the school's history! He has used his musical talents in various ways, leading singing as well as teaching others to lead songs in church. He has written several hymns with special attention to setting scripture to music. Blessed with a beautiful voice, Leon sang for several years with an elite musical group in Memphis.

The Sandersons have three children, nine grandchildren, and four great grandchildren. Twice a year, at Thanksgiving and in June, 22 family members meet for a reunion – a 25 year tradition. Travel continues to be a significant activity for the Sandersons. They have visited all 50 states; Leon has been to 33 foreign countries and six continents, and Marilyn has visited 40 countries and five continents.

Since moving to Kirby Pines in September 2021, both Leon and Marilyn have become vital members



**Wedding Day** 

of the Kirby family. Marilyn enjoys The Bookbaggers and Mah Jongg. Both serve as Wing Leaders, sing in the Chorus, visit residents in the hospital, and attend various Bible studies. Leon participates in Vespers, conducts sing-a-longs, and reads the Bible to residents in the health areas on a regular basis. Both are members of Germantown Church of Christ where Leon serves as a Worship Leader.

The Sandersons say that they are very happy in this loving, family atmosphere of Kirby Pines, and getting to participate in the myriad of activities. Both admit, "We think we made a good decision to come here!"

Written by Joan Dodson, Resident of Kirby Pines

## **EASTER SYMBOLS and TRADITIONS**

You won't find them in the Bible, but many cherished Easter traditions have been around for centuries. The most prominent secular symbol of the Christian holiday, the Easter bunny reportedly was introduced to America by the German immigrants who brought over their stories of an egg-laying hare. The decoration of eggs is believed to date back to at least the 13th century, while the rite of the Easter parade has even older roots. Other traditions, such as the consumption of Easter candy, are among the modern additions to the celebration of this early springtime holiday.

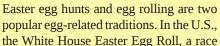
**Easter Bunny** - The Bible makes no mention of a long-eared, short-tailed creature who delivers decorated eggs to well-behaved children on Easter Sunday; nevertheless, the Easter bunny has become a prominent symbol of Christianity's most important holiday. The exact origins of this mythical mammal are unclear, but rabbits, known to be prolific procreators, are an ancient symbol of fertility and new life. According to some sources, the Easter bunny first arrived in America in the 1700s with German immigrants who settled in Pennsylvania and transported their tradition of an egg-laying hare called "Osterhase" or "Oschter Haws." Their children made nests in which this creature could lay its colored eggs. Eventually, the custom spread across the U.S. and the fabled rabbit's Easter morning deliveries expanded to include chocolate and other types of candy and gifts, while decorated baskets replaced nests. Additionally, children often left out carrots for the bunny in case he got hungry from all his hopping.

**Easter Eggs** - Easter is a religious holiday, but some of its customs, such as Easter eggs, are likely linked to pagan traditions. The egg, an ancient symbol of new life, has been associated with pagan festivals



celebrating spring. From a Christian perspective, Easter eggs are said to represent Jesus' emergence from the tomb and resurrection. Decorating eggs for Easter is a tradition that dates back to at least the 13th

century, according to some sources. One explanation for this custom is that eggs were formerly a forbidden food during the Lenten season, so people would paint and decorate them to mark the end of the period of penance and fasting, then eat them on Easter as a celebration.





in which children push decorated, hard-boiled eggs across the White House lawn, is an annual event held the Monday after Easter. The first official White House egg roll occurred in 1878, when Rutherford B. Hayes was president. The event has no religious significance, although some people have considered egg rolling symbolic of the stone blocking Jesus' tomb being rolled away, leading to his resurrection.

**Easter Candy** - Easter is the second best-selling candy holiday in America, after Halloween. Among the most popular sweet treats associated with this day are chocolate eggs, which date back to early 19th century Europe. Eggs have long been associated with Easter as a symbol of new life and Jesus' resurrection. Another egg-shaped candy, the jelly bean, became associated with Easter in the 1930s (although the jelly bean's origins reportedly date all the way back to a Biblicalera concoction called a Turkish Delight). According to the National Confectioners Association, over 16 billion jelly beans are made in the U.S. each year for Easter, enough to fill a giant egg measuring 89 feet high and 60 feet wide. For the past decade, the top-selling non-chocolate Easter candy has been the marshmallow Peep, a sugary, pastel-colored confection. Bethlehem, Pennsylvania-based candy manufacturer Just Born (founded by Russian immigrant Sam Born in 1923) began selling Peeps in the 1950s. The original Peeps were handmade, marshmallowflavored yellow chicks, but other shapes and flavors were later introduced, including chocolate mousse bunnies.

### Congratulations to our **CHAMPION of the Month**



**Human Resources Assistant** 

## **CONNORS** MOORE

Describe Your Family: Extremely fun and the most important part of each others lives.

Describe yourself in five words: Kind, patient, energetic, organized and helpful.

What do you do for fun: I love watching movies. I usually watch a film a day if I can.

Do you have any hobbies: I have a movie and record collection. Pets: 2 cats; CC and Onyx.

Favorite thing about your job: Meeting new people every day and bringing them to the Kirby family.

Your favorite food: Salmon. Favorite song: Raindrops Keep Falling On My Head - B.J. Thomas.

What is something you are proud of: Graduating from Ole Miss.

What would you like people to know about you: If you need help, I am always happy to be there.



Connors was nominated for his exceptional dedication, his remarkable work ethic, his willingness to help others and his consistent commitment to going above and beyond. Connors truly embodies the values and spirit of Kirby Pines.

- Trudy Schenkenberger, Director of Human Resources

# REFLECTIONS BY Maxie Dunnam



Three-year-old Ryan and his five-year-old sister were playing on the floor following a family dinner while the adults tried to have a conversation. Lisa opened her new toy nurse's kit and convinced Ryan to be her patient. She took the little stethoscope and placed it on her brother's heart, listened intently -- as good nurses do. Suddenly she announced, "I hear somebody walking around in there."

The adults smiled at this, but Ryan, matter-of-factly answered, "Why, that must be Jesus."

That's the amazing promise, and one of the central claims of the Christian Gospel -- that Christ may live in us. Indeed that is Paul's definition of a Christian. "If anyone is in Christ, he is a new creation; the old has passed away, behold, the new has come" (II Corinthians 5:17).

In Colossians 2: 6, Paul said, "As you have therefore received Christ Jesus the Lord, so live in Him." The King James Version has that, "As ye have therefore received Christ Jesus the Lord, so walk ye in Him." Students of Pauline thought, are agreed that the phrase "In Christ" is the central category of Paul's thinking. This phrase, "in Christ," or "in Christ Jesus", is used by Paul in his letters 169 times.

# WALK ON TO EASTER

What does Paul mean by this vital image "in Christ"? It means one, a new *status*; two, a new *style*, and three, a new *strength*.

Persons who are in Christ are people in whom a new principle of life has been implanted. They are in *Christ*.

I think of that in two ways. First, from the perspective of what we might call *imitation*, then from the perspective of *immersion*.

We are in the Lenten Season, looking forward to Easter (Mar. 31) I urge you to join me in being more intentional in *imitating* Jesus, walking in his style. But more, *immerse* yourself in Christ: renew your commitment to spiritual discipline...scripture reading, prayer, worship, spiritual conversation with people you know who are wanting to be "more like Jesus,"

As Christians, we are, in principle new persons *in Christ*., As we walk as Christ would have us walk, and immerse ourselves in Christ—that is surrender ourselves to His Spirit within, His grace will make us, in fact, the new persons we already are.



### March Vesper Services | 6:30pm | Performing Arts Center

#### March 7

**Rev Dr Jacky Gatliff** Senior Associate Pastor Christ Church

#### March 14

**Rev Mike Lyle** Associate Pastor Germantown Presbyterian

#### March 21

Rev Dr Birgitte French
Senior Pastor
Colonial Park United Methodist

#### March 28

Special Easter Celebration
Elizabeth Houston, Harpist
Libby Link, Violinist

















#### THE MUSIC MAN (1962)







Cast: Robert Preston, Shirley Jones,

#### Ron Howard, Susan Luckey

Traveling con artist Harold Hill targets the naïve residents of a small town in 1910s Iowa by posing as a boys' band leader to raise money before he can skip town.

#### **THE SANDLOT** (1993)





#### Saturday, March 2 | 10:00 am & 1:30 pm

Cast: Mike Vitar, Patrick Renna,

#### Marty York, Tom Guiry

When Scottie Smalls moves to a new neighborhood, he manages to make friends with a group of kids who play baseball at the sandlot. Together they go on a series of funny and touching adventures. The boys run into trouble when Smalls borrows a ball from his stepdad that gets hit over a fence.

#### **WISH YOU WELL** (2013)





#### Sunday, March 3 | 1:30 pm & 4:00 pm

Cast: Ellen Burstyn, Mackenzie Foy,

#### Josh Lucas, Antonio Ducrot

After the death of their father, two brothers move to live with their great-grandmother in the mountains; there they will have to make new friends in an environment that seems more hostile than friendly.

#### **MY COUSIN VINNY** (1992)





Friday, March 8 | 1:30 pm Saturday, March 9 | 6:30 pm Sunday, March 10 | 6:30 pm

Cast: Joe Pesci, Marisa Tomei, Ralph Macchio, Fred Gwynne

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though he's only ever tried personal injury cases before, and none of them successfully.

#### **MASTER AND COMMANDER (2003)**





In 1805, aboard the H.M.S. Surprise, the brash Captain Jack Aubrey and his trusted friend, the ship's scholarly surgeon, Stephen Maturin, are ordered to hunt down and capture a powerful French vessel off the South American coast. Though Napoleon is winning the war and the men and their crew face an onslaught of obstacles, including their own internal battles, "Lucky Jack" is determined that nothing will stop the Surprise from completing its mission.

#### **MATILDA** (1996)



#### Sunday, March 10 | 1:30 pm & 4:00 pm

Cast: Danny DeVito, Mara Wilson, Rhea Perlman. Pam Ferris

This film adaptation of a Roald Dahl work tells the story of Matilda Wormwood, a girl gifted with a keen intellect and psychic powers, who uses both to deal with her crude, distant family and free her kind teacher from their sadistic headmistress.

#### **THE MAN WHO CAME TO DINNER (1942)**





Friday, March 15 | 1:30 pm Saturday, March 16 | 6:30 pm Sunday, March 17 | 6:30 pm

Cast: Monty Woolley, Bette Davis, Ann Sheridan, Richard Travis

While on a speaking tour in Ohio, opinionated and arrogant radio personality Sheridan Whiteside injures himself slipping on ice and becomes an unexpected houseguest for a promi-

nent area family.

#### **TEA WITH MUSSOLINI (1999)**



Saturday, March 16 | 10:00 am & 1:30 pm

Cast: Maggie Smith, Judi Dench,

Cher, Joan Plowright

An orphaned Italian boy is raised amongst a cultured circle of British and American women living in Mussolini's Italy before and during World War II.

## THE MOVIES













#### **TICKET TO PARADISE (2022)**



#### Sunday, March 17 | 1:30 pm & 4:00 pm Cast: Julia Roberts, George Clooney, Kaitlyn Dever, Billie Lourd

A man and his ex-wife race to Bali, Indonesia, to stop their daughter from marrying a seaweed farmer. As they desperately try to sabotage the wedding, the bickering duo soon find themselves rekindling old feelings that once made them happy together.

#### **HIGH ROAD TO CHINA (1983)**



Friday, March 22 | 1:30 pm Saturday, March 23 | 6:30 pm Sunday, March 24 | 6:30 pm

Cast: Tom Selleck, Bess Armstrong,

Jack Weston, Robert Morley

A spoiled heiress hires a tipsy biplane pilot and his sidekick to find her father in 1920s China.

#### **THE PURSUIT OF HAPPYNESS** (2006)



Saturday, March 23 | 10:00 am & 1:30 pm Cast: Will Smith, Jaden Smith, Thandie Newton, Brian Howe

Life is a struggle for single father Chris Gardner. Evicted from their apartment, he and his young son find themselves alone with no place to go. Even though Chris eventually lands a job as an intern at a prestigious brokerage firm, the position pays no money. The pair must live in shelters and endure many hardships, but Chris refuses to give in to despair as he struggles to create a better life for himself and his son.

#### O BROTHER, WHERE ART THOU? (2000)



Sunday, March 24 | 1:30 pm & 4:00 pm Cast: George Clooney, Tim Blake Nelson, John Turturro, John Goodman

Ulysses Everett McGill is having difficulty adjusting to his hard-labor sentence in Mississippi. He scams his way off the chain gang with simple Delmar and maladjusted Pete, then the trio sets out to pursue freedom and the promise of a fortune in buried treasure. With nothing to lose and still in shackles, their hasty run takes them on an incredible journey of awesome experiences and colorful characters.

#### **THE TOAST OF NEW ORLEANS (1950)**



Friday, March 29 | 1:30 pm Saturday, March 30 | 6:30 pm Sunday, March 31 | 6:30 pm Cast: Mario Lanza, Kathryn Grayson,

David Niven, Rita Moreno

An opera diva's manager cultivates a singing bayou fisherman suddenly in love.

#### **THE BUCKET LIST (2007)**



Saturday, March 30 | 10:00 am & 1:30 pm Cast: Morgan Freeman, Jack Nicholson, Alfonso Freeman, Beverly Todd

Billionaire Edward Cole and car mechanic Carter Chambers are complete strangers, until fate lands them in the same hospital room. The men find they have two things in common: a need to come to terms with who they are and what they have done with their lives, and a desire to complete a list of things they want to see and do before they die. Against their doctor's advice, the men leave the hospital and set out on the adventure of a lifetime.

#### **THE PRINCESS BRIDE** (1987)

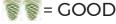


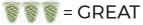
Sunday, March 31 | 1:30 pm & 4:00 pm Cast: Cary Elwes, Robin Wright, Billy Crystal, Mandy Patinkin

A fairy tale adventure about a beautiful young woman and her one true love. He must find her after a long separation and save her. They must battle the evils of the mythical kingdom of Florin to be reunited with each other.

#### KIRBY PINES MOVIE RATING SYSTEM









**SUNDAY MONDAY TUESDAY** WEDNESDAY **THURSDAY** FRIDAY **SATURDAY** 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) March 8:30 am • Advanced Water Aerobics (Pool) ABBREVIATIONS KEY 10:00 am • Movie: The Sandlot (Thtr) 9:30 am • Group Exercise (PAC) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Water Aerobics (Pool) 1:30 pm • Game Play (LCR) 10:00 am • Art with Helen (A&C) Thtr - Theater HS - Hobby Shop 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:30 pm • Movie: The Sandlot (Thtr) FDR - Formal Dining Room SCR - Small Card Room 10:15 am • Strength Training (PAC) 6:30 pm • Movie: The Music Man (Thtr) 10:30 am • Cornhole (LCR) PAC - Performing Arts Center
 A&C - Arts & Crafts Room 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) • BR - Billiard Room LCR - Large Card Room 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: The Music Man (Thtr) • Trans - Transportation WC - Wellness Clinic 6:30 pm • Hamateurs: Getting Old Ain't Easy (PAC) 8:00 am • Church of Christ Service (Chapel) 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Advanced Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 8:00 am • Men's Christian Fellowship (LCR) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 9:00 am • Dr. Mike Abutineh (WC) 10:00 am • Movie: Master & Commander (Thtr) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Water Aerobics (Pool) 10:00 am • Pinecone Painters (A&C) 9:30 am • Group Exercise (PAC) 10:00 am • Kroger & Banks (Trans) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Wish You Well (Thtr) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Art with Helen (A&C) 1:00 pm • Needle Arts Group (Sunroom) 10:00 am • Poetry & Writing Club (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:30 pm • Movie: Master & Commander (Thtr) 4:00 pm • Movie: Wish You Well (Thtr) 1:00 pm ● Tuesday Bridge Group (LCR) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Hobby Pines Group (Hobby Shop) 1:00 pm • Dr. Mike Abutineh (WC) 10:15 am • Lenten Luncheon (Trans) 6:30 pm • Movie: The Music Man (Thtr) 1:00 pm • Billiards Group (Billiard Room) 6:15 pm • Saturday Night Trivia (Ante) 1:15 pm • Mah Jongg (LCR) 10:15 am • Strength Training (PAC) 10:30 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 6:30 pm • Movie: My Cousin Vinny (Thtr) 11:00 am • Yoga Stretch (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • WalMart, Costco & Banks (Trans) 1:30 pm • Movie: A Fish Called Wnda (Thtr) 1:30 pm • Bunko (SCR) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 2:00 pm • Ballroom Dancing (PAC) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Movie: Forrest Gump (Thtr) 6:30 pm • Bingo (PAC) 1:30 pm • Series: All The Light We Cannot See (Tht 6:00 pm ● Wednesday Bridge Group (LCR) 1:30 pm • Movie: My Cousin Vinny (Thtr) 6:30 pm • Movie: Forrest Gump (Thtr) 6:30 pm • Movie: A Fish Called Wnda (Thtr) 6:30 pm • Vespers (PAC) 6:00 pm • Music with Al Mahan (PAC) 11 8:00 am • Men's Christian Fellowship (LCR) 16 8:00 am • Church of Christ Service (Chapel) 10 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Advanced Water Aerobics (Pool) 13 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 15 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 8:30 am • Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 8:30 am • Advanced Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 10:00 am • Movie: Tea with Mussolini (Thtr) 10:00 am • Catholic Services (Chapel) 10:00 am • Bible Study with Dave Phillips (Chapel) 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Alterations (A&C) 1:30 pm • Movie: Matilda (Thtr) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Pinecone Painters (A&C) 10:00 am • Kroger & Banks (Trans) 9:30 am • Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 9:30 am • Advanced Water Aerobics (Pool) 1:30 pm • Germantown Community Theater: 10:30 am • Spring Jewelry Sale (Ante Room) 1:30 pm • Game Play (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Art with Helen (A&C) 11:45 am • Birthday Lunch (Dining) 10:30 am • Garden Gro'ers (Greenhouse) 9:30 am • Group Exercise (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) Little Women (Trans) 1:30 pm • Movie: Tea with Mussolini (Thtr) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Hobby Pines Group (Hobby Shop) 1:00 pm • Billiards Group (Billiard Room) 10:15 am • Strength Training (PAC) 4:00 pm • Movie: Matilda (Thtr) 1:00 pm • Needle Arts Group (A&C) 6:30 pm • Movie: Man Who Came To Dinner (Thtr) 1:00 pm • Tuesday Bridge Group (LCR) 1:00 pm • WalMart, Costco & Banks (Trans) 10:30 am • Cornhole (LCR) 10:30 am • Chair Yoga (PAC) 1:15 pm • Mah Jongg (LCR) 6:30 pm • Movie: My Cousin Vinny (Thtr) 1:15 pm • Line Dancing (PAC) 1:15 pm • Line Dancing (PAC) 11:00 am • Yoga Stretch (PAC) 1:30 pm • Game Play (LCR) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Bunko (SCR) 1:30 pm • Series: All The Light We Cannot See (Tht 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: 80 For Brady (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: UnderThe Tuscan Sun (Thtr) 2:00 pm • Resident Association Meeting (PAC) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 2:00 pm • Ballroom Dancing (A&C) 6:30 pm • Bingo (PAC) 3:45 pm • Birthday Dinner (Dining) 6:00 pm ● Wednesday Bridge Group (LCR) 3:30 pm • Inis Acla Irish Dancers (PAC) 1:30 pm • Movie: Man Who Came To Dinner (Thtr 6:30 pm • Movie: UnderThe Tuscan Sun (Thtr) 6:30 pm • Movie: 80 For Brady (Thtr) 6:30 pm • Vespers (PAC) 6:00 pm • Music with Michael Donahue (Lobby) 8:00 am • Church of Christ Service (Chapel) 17 8:30 am • Advanced Water Aerobics (Pool) 20 8:00 am • Men's Christian Fellowship (LCR) 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Get Physical with Kim (Oasis) 18 9:00 am • Tax Help - By Appointment (LCR) 9:30 am • Spring Rummage Sale (PAC) 8:30 am • Advanced Water Aerobics (Pool) 8:30 am • Advanced Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 10:00 am • Worship Service (PAC) 10:00 am • Movie: Pursuit Of Happyness (Thtr) 9:30 am • Group Exercise (PAC) 9:00 am • Smith Jewelers (SCR) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 9:45 am • Lenten Luncheon (Trans) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Bible Study with Dave Phillips (Chapel) 9:30 am • Water Aerobics (Pool) 10:00 am • Caregiver Support Group (SCR) 10:30 am • Cardio Move & Strength (PAC) 1:30 pm • Movie: Ticket To Paradise (Thtr) 1:30 pm • Game Play (LCR) 9:30 am • Group Exercise (PAC) 10:00 am • Kroger & Banks (Trans) 10:00 am 🌘 Catholic Services (Chapel) 10:00 am • Art with Helen (A&C) 1:00 pm • Billiards Group (Billiard Room) 10:30 am • Cardio Move & Strength (LCR) 10:00 am • Hobby Pines Group (Hobby Shop) 4:00 pm • Movie: Ticket To Paradise (Thtr) 1:30 pm • Movie: Pursuit Of Happyness (Thtr) 10:00 am • Pinecone Painters (A&C) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 10:30 am • Tech Time (Sunroom) 1:00 pm • Tuesday Bridge Group (LCR) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 6:15 pm • Saturday Night Trivia (Ante) 4:00 pm • Hymn Singing with Leon Sanderson 10:15 am • Strength Training (PAC) 10:30 am • International Piano & Viola (Lobby) 1:00 pm • Needle Arts Group (A&C) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 11:00 am • Yoga Stretch (PAC) 6:30 pm • Movie: High Road To China (Thtr) 1:15 pm • Mah Jongg (LCR) 10:30 am • Chair Yoga (PAC) 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Bunko (SCR) 1:30 pm • Game Play (LCR) 1:00 pm • Billiards Group (Billiard Room) 6:30 pm • Movie: Man Who Came To Dinner (Th 1:00 pm • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: Bounce (Thtr) 1:30 pm • Movie: The Hill (Thtr) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans) 1:30 pm • Game Play (LCR) 1:30 pm • Series: All The Light We Cannot See (Tht 2:00 pm • Ballroom Dancing (PAC) 6:30 pm • St. Patrick's Day Dance (PAC) 1:30 pm • European Travel Series: Italy (Thtr) 1:30 pm • Movie: High Road To China (Thtr) 6:00 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: The Hill (Thtr) 3:00 pm • Photo Club (LCR) 6:30 pm • Movie: Bounce (Thtr) 6:30 pm • Bingo (PAC) 6:30 pm • Entertainers: Welcome To Spring (PAC) 6:30 pm • Vespers (PAC) 8:00 am • Church of Christ Service (Chapel) **24** 8:00 am • Get Physical with Kim (Oasis) 8:30 am • Men's Water Aerobics (Pool) 26 8:30 am • Advanced Water Aerobics (Pool) 27 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Men's Christian Fellowship (LCR) **30** 8:00 am • Get Physical with Kim (Oasis) 9:30 am • Group Exercise (PAC) 8:30 am • Advanced Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 8:30 am • Advanced Water Aerobics (Pool) 10:00 am • Movie: The Bucket List (Thtr) 9:00 am • Vietnam Veterans Breakfast (Dining) 10:00 am • Catholic Services (Chapel) 1:00 pm • Billiards Group (Billiard Room) 9:30 am • Book Baggers (Chapel) 10:00 am • Bible Study with Dave Phillips (Chapel) 9:30 am • Alterations (A&C) 10:00 am • Annual Easter Egg Hunt (Grounds) 9:30 am • Group Exercise (PAC) 10:00 am • Pinecone Painters (A&C) 1:00 pm • Theatre Memphis: Beautiful (Trans) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Water Aerobics (Pool) 1:00 pm • Billiards Group (Billiard Room) 10:45 am • Theatre Memphis: Almost Elton John (Trans 1:30 pm • Movie: O Brother, Where Art Thou (Thtr) 10:30 am • Cardio Move & Strength (LCR) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Art with Helen (A&C) 1:00 pm • Needle Arts Group (A&C) 9:30 am • Group Exercise (PAC) 1:30 pm • Game Play (LCR) 4:00 pm • Movie: O Brother, Where Art Thou (Thtr) 10:00 am • WalMart, Kroger, Aldi & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Billiards Group (Billiard Room) 10:00 am • Hobby Pines Group (Hobby Shop) 6:30 pm • Movie: High Road To China (Thtr) 10:15 am • Strength Training (PAC) 1:30 pm • Movie: The Bucket List (Thtr) 1:15 pm • Mah Jongg (LCR) 1:00 pm • Tuesday Bridge Group (LCR) 1:00 pm • Billiards Group (Billiard Room) 11:00 am • Yoga Stretch (PAC) 10:30 am • Chair Yoga (PAC) 6:15 pm • Saturday Night Trivia (Ante) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:00 pm • Billiards Group (Billiard Room) **31st Movies** 1:00 pm • Billiards Group (Billiard Room) 1:30 pm • Movie: Forgiven (Thtr) 6:30 pm • Movie: Toast Of New Orleans (Thtr) 1:00 pm • WalMart, Kroger, Superlo & Banks (Trans 1:30 pm • Bunko (SCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: The Princess Bride (Thtr) 2:00 pm • Ballroom Dancing (PAC) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Toast Of New Orleans (Thtr) 1:30 pm • Movie: Hope Floats (Thtr) 1:30 pm • Series: All The Light We Cannot See (Tht 4:00 pm • Movie: The Princess Bride (Thtr) 6:00 pm • Wednesday Bridge Group (LCR) 2:00 pm • Easter Bonnet Contest (Lobby) 6:30 pm • Bingo (PAC) 6:30 pm • Girls Night: Funny Girl (Thtr) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: Toast of New Orleans (Thtr) 6:30 pm • Movie: Forgiven (Thtr) 6:00 pm • Music with Violinist Donna Wolf (PAC

The Pinecone | March 2024 Calendar

# March 2024 **EVENTS**

#### Mar 1: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:00 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

#### **Mar 1:** Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays, Wednesdays & Fridays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

#### **Mar 1:** Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### Mar 2: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.



#### **Mar 2:** Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

#### Mar 1 & 15: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

#### Mar 1: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 11:00 am in the PAC.

#### **Mar 1:** Billiards Group

Social Billiards for men and women! All skill levels welcome. We play EVERY DAY at 1:00 pm in the billiard room. Come out and just have some fun with us!

## **Mar 1:** Hamateurs: Getting Old Ain't Easy

Come enjoy an evening of fun and merriment about the lighter side of getting old. The show will begin at 6:00 pm refreshments to follow.

## **Mar 2:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### **Mar 2:** Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

#### Mar 3: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

#### Mar 3: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

#### Mar 4: Poetry & Writing Club

The Poetry/Writing Group will meet in the LCR at 10:00 am. Participants will be sharing their poetry/writings using the January assigned prompt: "What did you once see that you cannot unsee?" To begin our time together, we spend 10 minutes to respond to a challenge writing experience. Join us as we learn differing things.

#### **Mar 4:** Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### Mar 4: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30

am each Monday.

#### Mar 4: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30 pm. Cards are \$1 to play, limit 2 cards per person.

## Mar 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### Mar 5: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

#### Mar 5: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

#### Mar 5: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

#### **Mar 5:** Forrest Gump

Slow-witted Forrest Gump has never thought of himself as disadvantaged, and thanks to his supportive mother, he leads anything but a restricted life. But one person Forrest cares about most may be the most difficult to save - his childhood love, the sweet but troubled Jenny. Showtimes are 1:30 pm and 6:30 pm in the theatre.



#### Mar 5: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

#### **Mar 6: Pinecone Painters**

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

#### Mar 6: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### Mar 6: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### Mar 6: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

#### Mar 6: A Fish Called Wanda

In London, four very different people team up on a jewel heist, then try to double-cross one another for the loot, complicated by their efforts to fool a very proper barrister. Showtimes are 1:30 pm and 6:30 pm in the theater.



#### Mar 6: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

#### Mar 6: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

## **Mar 7:** Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

## **Mar 7:** Series: All the Lights We Cannot See

The Story of Marie-Laure, a blind French teenager, and Werner, a German soldier, whose paths collide in occupied France as both try to survive the devastation of World War II. Showtime is Thursdays at 1:30 pm in the theater.

## **Mar 8:** Travelers: Lenten Luncheon

Come join the Travelers Group to go to Calvary Episcopal Lenten Series, first we will enjoy food at the Waffle Shop, which has an extensive menu and then enjoy a talk by the Senior Pastor at Cumberland Presbyterian Church, Peggy Jean Craig. Meet in the Lobby at 10:00 am and leave at 10:15 am. You will need money for lunch and \$5.00 for transportation. Sign up in Activities by March 5th.

#### Mar 8: Al Mahan

Al Mahan is a pastor, singer/songwriter, and performer from Smithville, TN. His concerts are filled with humor, parodies, and impersonations and much laughter, as he takes on a heart-warming nostalgic stroll down memory lane. Come and enjoy this event in the PAC at 6:00 pm.

#### Mar 8 & 23: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for March will be American Arts & Literature, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

#### Mar 10: GCT: Little Women

The four daughters of a New England family fight for happiness during and after the Civil War. Our own Alexis Hester in accounting will be playing the part of Beth. We will Depart at 1:45 pm, show time is 2:30 pm. Call the box office for tickets at 901-453-7447 Sign up for transportation at the front desk.

#### Mar 11 & 25: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

#### Mar 12: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Skye Sanders @ 901-866-4444 to reserve your table.

#### Mar 12: Under the Tuscan Sun

Frances Mayes, a 35-year-old San Francisco writer, gets a divorce that leaves her with terminal writer's block and depression. Later, she decides to buy a house in

Tuscany in order to change her life. Show-time is 1:30 in the theater.

#### Mar 13: Garden Gro'ers

Join us in the Greenhouse as we prepare ourselves for spring. Meeting begins at 10:30 am.

#### **Mar 13:** Spring Jewelry Sale

Join Jody Sosh and Sharon Martin in the ante room for our annual spring jewelry fashion sale, bring your broken jewelry as we will offer a fair price for repairs. 10:30 am until 1:30 pm.

#### Mar 13: 80 For Brady

Four best friends live life to the fullest when they embark on a wild trip to see their hero, Tom Brady, play in the 2017 Super Bowl. Showtimes are at 1:30 pm and 6:30 pm in the theater.



## **Mar 14:** Resident Association Meeting

The Kirby Pines Estates Residents' Association will meet on March 14, 2024, from 2:00 pm until 3:00 pm in the Performing Arts Center. The featured speaker will be Michael Brown, Executive Director, Kirby Pines.

#### Mar 14: Inis Acla Irish Dancers

Inis Acla will be here at 3:30 pm to entertain us in the PAC. Don't miss these talented Irish dancers, they will be presenting traditional Irish dancing.

#### Mar 15: Michael Donahue

Native Memphian and Pianist Michael Donahue will be performing in the lobby at 6:00 pm, Most of you remember him as a former correspondent for The Commercial Appeal. Come see him tickle the ivories.

#### Mar 18: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

#### Mar 18: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Ante Room.

#### Mar 18: Concerts International

Join us in the Lobby for a Piano and Viola concert at 10:30 am.

#### **Mar 18:** European Travel Series

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. This month will be Italy. Showtime begins in the theatre at 1:30 pm.

#### Mar 19: St. Paddy's Dance

Celebrate The luck of the Irish with Jim Mahannah at 6:30 pm in the PAC.

#### Mar 19: Bounce

A man switches plane tickets with another man who dies in that plane in a crash. The man falls in love with the deceased one's wife. Showtimes are at 1:30 pm and 6:30 pm in the theater.



#### Mar 20: AARP Tax Assistance

The Volunteers from AARP will be here on March 20 & April 3rd in the LCR to assist Residents with their taxes. Call Activities to sign up. You will need to bring these things on the day of your Appointment. Photo ID, SS Card, Kirby Letter showing percentage of medical deduction and Kirby Pines bill showing 2023 expenses.

## **Mar 20:** Travelers: Lenten Luncheon

Join the Travelers to Calvary Episcopal Lenten Series, first we will enjoy food at the Waffle Shop, which has an extensive menu and then enjoy George Robertson Sen Pastor at Second Presbyterian Church. Meet in the Lobby at 10:00 am and depart at 10:15 am. You will need money for lunch and \$5.00 for transportation. Sign up in Activities by March 18th.

## **Mar 20:** Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

#### Mar 20: The Hill

The true story of Rickey Hill, the son of a traveling pastor who overcomes physical obstacles to pursue his dream of playing baseball in the major leagues. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### Mar 21: Spring Rummage Sale

It's time for spring cleaning, go through those drawers and closets and get rid of unwanted items. One mans trash is another man's treasure. PAC 9:30 am until 12:30 pm.

#### Mar 21: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm and learn to take better photos yourself!

## **Mar 22:** Entertainers: Welcome To Spring

This program will include a variety of songs, including solos and duets. You don't want to miss "How Many Biscuits Can You Eat? "and Easter Parade." Don't miss this fun program at 6:30 pm in the PAC

## **Mar 24:** Theatre Memphis: Beautiful

The Carole King Musical. This jukebox musical takes you on a journey that realistically documents Carole King's rise to fame and superstar status as a songwriter and performer. Limited tickets! Contact activities for pricing and tickets. Departure time will be 1:00 pm Show time 2:00 pm.

#### Mar 26: The Book Baggers

Shari Brand Ray will be returning to present her latest book, "Surprised by Glory". We all loved her first book, "Surprised by Imperfection". Come join us on Tuesday, March 26, in the Chapel and listen to Shari as she reads to us from this inspiring collection of her thoughts, and life lessons. As always, you are encouraged to invite a friend to join you at 9:30 a.m. in the chapel. Your friend will thank you for the opportunity to hear from one of our favorite authors, Shari Ray!

#### Mar 26: Hope Floats

Birdee Calvert must choose between her morals and her heart after her husband divorces her and a charming young man, who her daughter disapproves of, comes back into her life. Showtime is 1:30 pm in the theater.

#### Mar 26: Girls' Night Out

It's Ladies Night! Join your fellow Kirby ladies in the theatre for a treat as we watch Funny Girl. The movie will begin at 6:30 pm.

#### Mar 27: Almost Elton John

The Travelers will attend Almost Elton John at Theatre Memphis, March 27. Tickets are limited. Sign up in Activities by Monday, March 25th, \$5 for tickets and \$5 for transportation. We'll meet in the Lobby at 10:45 am, going to lunch first at Newks (bring money for lunch cost), then getting our choice of seats at 1:00 pm.



#### Mar 27: Forgiven

When a police standoff leads to a hostage situation inside a church, a pastor's daughter puts her fear aside in a bid to save the perpetrator's life. Showtimes are 1:30 pm and 6:30 pm in the theatre.

## **Mar 29:** Vietnam Veterans Breakfast

Calling all veterans, we will be honoring you with a buffet style breakfast from 9:00 am until 10:30 am. All hands-on deck. Veterans only.

#### Mar 29: Easter Bonnet Contest

Get dolled up in your best bonnet and come down to the lobby at 2:00 pm for the Annual Easter bonnet contest.

#### Mar 28: Donna Wolf

Don't miss your favorite blonde, Donna will be entertaining us with her wonderful violin skills in the PAC at 6:00 pm.

#### Mar 30: Easter Egg Hunt

Join us for our annual easter egg hunt we will have tons of fun, Miss Patches will be painting faces. Bring your grands and great grands. We will need the names and ages of your hunters. Please bring a dozen candy filled eggs to the activity's office by Thursday, March 28. Be sure they bring their easter baskets to the hunt. Festivities will be from 10:00 am until noon. Hunting will be outside if the weather permits.

Easter eggs are on pages 3, 4, 6, 8, 9, 10, Calendar, Birthdays, 17, 19, 20 and 22.

## PUZZLE CHALLENGE | Giant Crossword

#### **ACROSS**

- 1. Assist illegally
- 5. Simple elegance
- 10. Style of hairdo
- 14. Detective \_\_\_\_ Wolfe
- 15. Radiolocation
- 16. Jetty
- 17. One of three copies
- 19. Uterus
- 20. And more
- 21. Drama set to classical music
- 22. Certain coniferous trees
- 23. Less reputable
- 25. Aircraft
- 27. N N N
- 28. Constructors
- 31. Not solids nor liquids
- 34. Surveys
- 35. Rodent
- 36. Anagram of "Nose"
- 37. Twice thirty
- 38. 6th Greek letter
- 39. French for "No"
- 40. Declines
- 41. Apple-based alcoholic drink
- 42. Collector
- 44. Prohibit
- 45. Style of building columns
- 46. A state of prosperity
- 50. Ready for anything
- 52. Blatant
- 54. Fifty-two in Roman numerals
- 55. Tie up
- 56. Stimulating (Br. sp.)
- 58. Behold, in old Rome
- 59. Get together
- 60. Skin irritation
- 61. Dregs
- 62. Aromatic compound
- 63. Borscht vegetable

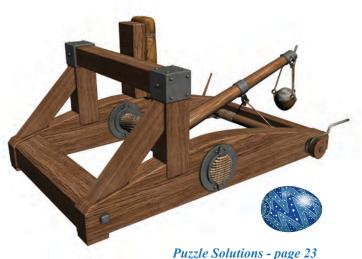
#### DOWN

- 1. Initial wagers
- 2. Docking spot
- 3. Genus of heath
- 4. Not bottom
- 5. Complains

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21						22				
23			24					25	26					
			27				28						29	30
31	32	33				34						35		
36					37						38			
39				40						41				
42			43						44					
		45						48				47	48	49
50	51					52	53					54		
55					58						57			
58					59						60			
61	+				62						63			

- 6. Formula 1 driver
- 7. Jewish month
- 8. Launchers (see photo for hint)
- 9. Before, in poetry
- 10. Into the wind
- 11. Blazed a trail
- 12. Greek district
- 13. Spheres
- 18. Lower part of the abdomen
- 22. Friends
- 24. D D D
- 26. Easter flower
- 28. Pugilist
- 29. Assess
- 30. Asterisk
- 31. Percussion instrument
- 32. Dwarf buffalo
- 33. Consciousness
- 34. Strobiles of pine trees
- 37. Indian dress
- 38. Metal used in brass
- 40. Departed
- 41. Desert plants

- 43. Legions
- 44. Minced beef patty
- 46. Durable fabric
- 47. Gentry
- 48. Subsequently
- 49. Spectacle
- 50. Cain's brother
- 51. Vermin
- 53. Green, in heraldry
- 56. An uncle
- 57. Brother or sister



## **PICTURING LIFE AT KIRBY PINES**

**ART WALL, SUPERBOWL, BIRTHDAYS & MORE!** 



Jerry Dunnam shows her beautiful painting, ready for the art Wall Presentation.



Carolin Thomason painted some lovely spring flowers.



Patti Owen is joined by her son Andy and his wife. Photo by Sydney Wagner



Phyllis Mitchell, Elsie Bloodworth, Diane Mullins and Patricia Latimer at the Superbowl Bash.



Friends Roylyn Parks, Jody Sosh and Susie Thompson. Photo by Arrena Cheek



Mary Blanche Scott & Jan Thomson are this month's bridge winners. Photo by Steve Martin



Ernie Leuenberger celebrates his birthday with mother-in-law, Betty & wife, Laura.



Marilynn Garzione & Marty Kocman after their concert. Photo by Stuart Eyman

## **PICTURING LIFE AT KIRBY PINES**

### MARDI GRAS AND VALENTINE'S DAY



Anne Carter and Hugh Wilson Let the Good Times Roll at the Mardi Gras dance.



Peter & Dale Jones are ready for Mardi Gras. Photo by Sydney Wagner



Anna Butler looks like she is heading to New Orleans!



Bill and Gay Ramia are joined on Fat Tuesday by their son, Bill Jr., and daughter, Linda.



Katy and Bill Dorsey look like they are ready to enjoy their first Mardi Gras dance at Kirby Pines.



Joyce Read raises a glass to celebrate love on Valentine's Day.



John and Ginger Blount take advantage of the Kissing Booth sign in the hall.



Pat & Banky McCarty celebrate each other on Valentine's Day.

## **PICTURING LIFE AT KIRBY PINES**

## **GIRL SCOUTS AND CHARLIE DAY**



Flo Seward is surrounded by visiting Girl Scouts.



Gary & Flo Winfield are joined by friends, Donna Howard and Markita Kyte.



Charlie Trammell serves up his famous biscuits on Charlie Day.



Ellie Bates seems to be enjoying her biscuit and homemade jam.



Bill Parks is more than happy to have breakfast for dinner.



Suzanne Hufnagel and Martha Pugh having fun at Charlie Day.



Carl and Mary Lee Boggs are visited by their granddaughter, Jessica, her husband, Robert, and their children, Wilkes and Anderson. Photo by Sydney Wagner.

## KIRBY PINES PHOTO CLUB

We're always happy to see new members!

If you're interested in taking better photos or would like to share some of your photos, we would love to have you check us out!

# Join Us March 21st at 3:00 pm in the Large Card Room!



St. Simons Sunset
Photo by Jane Longfield



Kirby Sunrise
Photo by Connie Carter



Zihuatanejo Sunset Photo by Fred Dabrowski



Lipsey Family Visit Photo by Sydney Wagner



Spring Visitors
Photo by Sylvia Statham



Fun With The Boomers Photo by Arrena Cheek



Blooming Bulbs
Photo by Hugh Wilson



Crosstown Abstract
Photo by Sheryl Maxwell



Crosstown Concourse Photo by Stuart Eyman



Alluring Azaleas
Photo by Carolin Thomason

## Memorials, Honorariums & Gifts

#### **In Memory Of**

#### **GORDON LOHNES**

Donation by KP Resident Association to the Ballroom Dancers

#### BERTHA MAE NEWMAN

Donation by Sydney Wagner to the Book Baggers

Donation by Carol Odom to the General Fund

#### **JACK WILLIAMS**

Donation by Carol Odom to the Painters & Fabric Artists

#### In Honor Of

#### STEVE TITTLE

Donation by Bob Wescott to the Hobby Shop

#### **JOAN DODSON**

Donation by Joy Wernet to the Entertainers

#### **MARK MAXWELL**

Donation by Larry McKenzie to the Hobby Shop

#### MIKE HUFNAGEL

Donation by Larry McKenzie to the Hobby Shop



# TO SEE MORE PHOTOS

AND HAPPENINGS

**CHECK OUT OUR FACEBOOK PAGE!** 

Simply go to facebook.com and search Kirby Pines!





## CHECK OUT OUR CHANNEL FOR ALL OF OUR VIDEOS!

Simply go to youtube.com and search for Kirby Pines!



**SCAN ME!** 

Or use your QR Code Reader or Smart Phone Camera and Scan this Code to Get There!



## L I Z J O Y T GIANT WORD SEARCH



ANSWERS TO PUZZLE

CHALLENGE ON PAGE 17 N

## **CHRISTIE'S COIFFURES**

Call for Appointment

369-7311

# Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



#### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

#### **DONATIONS**

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

#### FOR MORE INFORMATION







































