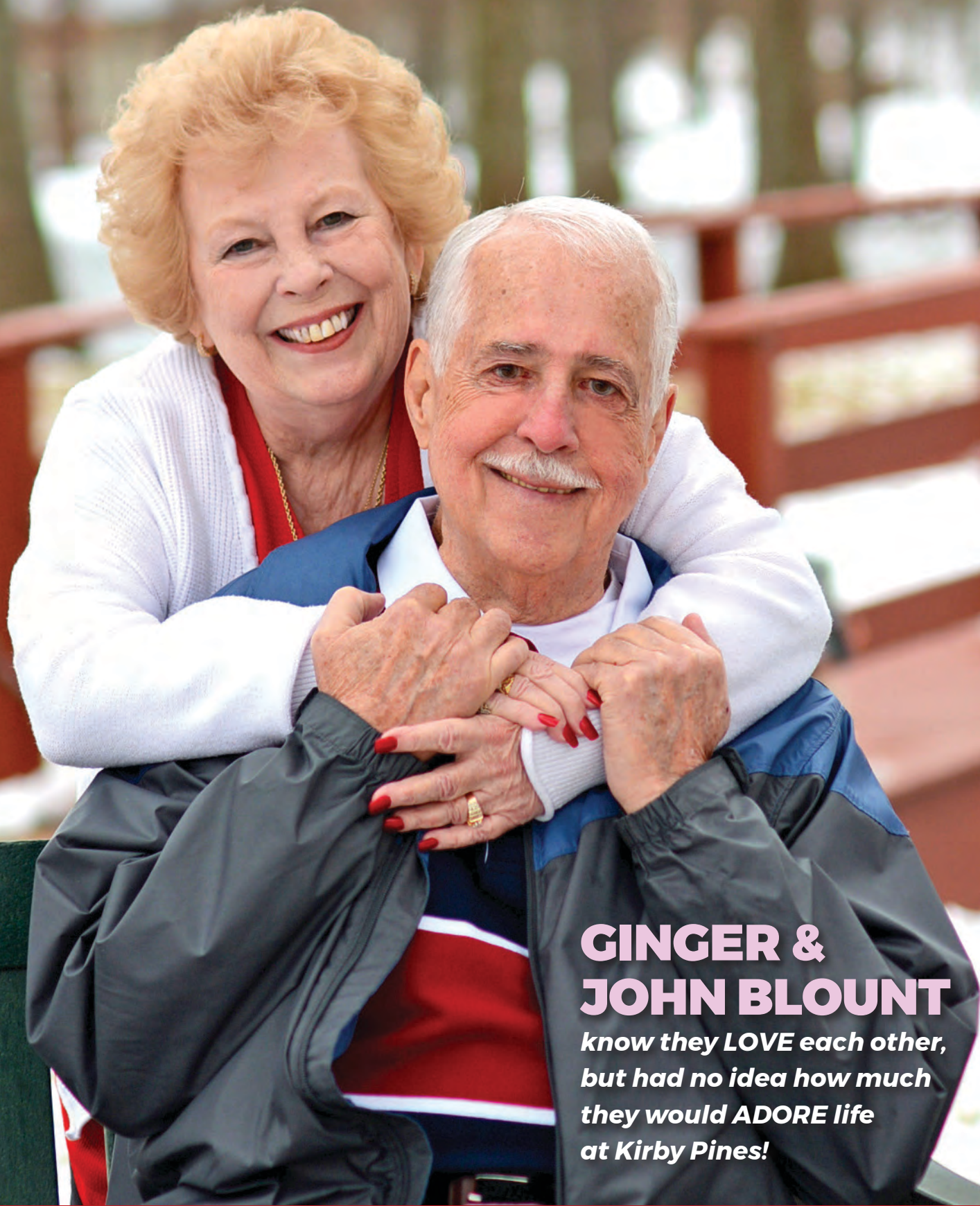


the PINECONE

The Magazine of Kirby Pines LifeCare Community • February 2024 | V. 42 | I.2



GINGER & JOHN BLOUNT

*know they LOVE each other,
but had no idea how much
they would ADORE life
at Kirby Pines!*

Managing the Ice & Snow

Do you remember back on December 23rd when we all were wishing for that “White Christmas just like the one we used to know....”

Well, it wasn't on Christmas, but on January 14th & 15th we got our snow! And it was so beautiful! It turned Kirby Pines into our own Winter Wonderland. Then came sub-zero temperatures and the ice. Everything in Memphis came to a halt. That is, everything except for Kirby Pines!

Let me take a few minutes and brag. Once we realized there was no doubt the storm was coming (Wednesday, January 10) we started our planning. By Friday, January 12 our plan was in place. Our staffing was set. Management moved into the community on Sunday. Food and water was in stock and transportation started picking up staff at 3:30 a.m.! All of this couldn't have happened without the total dedication of the Leadership Team. They worked side by side with their teams. The Leadership Team communicated well and set an example for all to follow. They were the first to be on the job and the last to leave. No problems were left unaddressed regardless of the issue, the time, or the effort necessary.

Our line staff were troopers! Some staff stayed in the building. Some drove themselves to work defying dangerous temperatures and road conditions, but many of our staff took advantage of our transportation services. Our drivers were the real “Hero's” during this emergency! They

at Kirby Pines

began picking up Culinary & Care Staff at 3:30 a.m. and working until midnight to return staff to their homes. Everyday through the emergency, until 9:00 p.m. on Friday, January 19. The fact is, we could not have cared for you, fed you, and kept this community operating without our transportation team. They are “true heroes.”

There are literally 100's of stories of staff dedication, commitment and sacrifice during the storm. It's important to acknowledge and be grateful for the staff that we have put together here. We have the greatest residents and the best staff in all the Greater Memphis area!

I'm so very happy to be a part of this amazing bunch of people!

So, one last thing.....When is Spring in Memphis???

See you around the campus!



Michael J. Brown, Jr.
Executive Director,
Kirby Pines

ON THE PINECONE COVER

It's All About the Love at Kirby Pines

February has arrived, and though it's cold outside, the warmth at Kirby Pines has never been greater. The residents and the staff share a love that can only be described as one big, happy family. Through good times and bad, everyone steps up and looks out for one another, and never asks for a thing in return. It truly is a beautiful relationship to see each and every day.

It's a busy month as well, starting out with our Art Wall Reception on the 2nd. For our sports fans, the Superbowl lands on the 11th and those just looking for fun can hit up the Mardi Gras Dance on the 14th. With February being Heart Month, there is a Go Red Health Expo on the 17th and everyone's favorite Charlie Day (breakfast for lunch and dinner), is on the 20th. For those more interested in their brain, the Travelers go to the Morton Museum in Collierville on the 21st and a local historian will discuss Liveries of Shelby County on the 28th.

Our cover features new residents, John and Ginger Blount. These two embody the heart and soul of Kirby Pines with their spirit, kindness and passion. Our back cover has sisters Cheryl Johnson and Diane Talarico sharing a laugh, poking fun at one another like sisters do. They are absolutely adorable. To top off our love fest, we are recognizing Dennis Renick, one of our most giving and caring residents with notes of gratitude for all he does for everyone. (see page 8) Happy Valentine's Day to all!



Groundskeeping
clearing a path



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*Electronic version of The Pinecone
is available at www.kirbypines.com*

Get to know Kirby Pines'



NEW RESIDENT



John & Ginger Blount

John and Ginger Blount moved to Kirby Pines just 10 days after checking out the place, they fell in love with it instantly.

John grew up in Batesville, AR, and graduated from Ouachita University. He worked in engineering and sales throughout his business career.

Ginger grew up in Memphis, TN and attended the University of Memphis and worked in various fields thru the years. She was in Real Estate in the 70s and in the 80s she owned and operated a full service salon in the Atlanta area.

The couple met in 1993 and felt that God had put them together and felt that when they married in 1996 their lives truly had meaning that had been void in their past. They spent a lot of time doing mission work with their church, Christ Church Bartlett campus. A variety of their ministries were working with th Help Group (the largest distributor of the Memphis Food Bank) and also planning and taking seniors on various trips. Big trips included New York City, Mt Rushmore, New Orleans, Savannah, Branson and more. In town trips were monthly adventures all over Memphis.

John and Ginger love to travel and been to Israel 3 times, took an 18 day whirlwind trip to Europe, several cruises to the Caribbean, New England and Alaska. They have spent time in Texas, North Carolina, Florida, Georgia and Louisiana. They have two rescue cats, Charlie and Winnie, and they make their life complete at Kirby Pines.

Welcome John and Ginger! We are thrilled you have chosen Kirby Pines for the next chapter of your life. We look forward to seeing you get involved with the community.

KIRBY PINES HAS YOUR BEST INTERESTS COVERED JOIN THE FUN AND LIVE IT UP!



- ARTS & CRAFTS
- BALLROOM DANCING
- BILLIARDS GROUP
- BINGO
- THE BOOK BAGGERS
- BRIDGE CLUB
- BUNKO
- CORNHOLE CLUB
- THE ENTERTAINERS
- THE FINE ARTS
- THE GAME PLAY GROUP
- THE GARDEN CLUB
- THE HAM-ATEUR CLUB
- THE HOBBY SHOP
- KIRBY THEATER GROUP
- THE LIBRARY GROUP
- THE LINE DANCERS
- MAHJONG
- THE NEEDLE ARTS GROUP
- WATER AEROBICS
- YOGA STRETCH
- SIT/STAND CLASS
- THE PHOTO CLUB
- PINECONE PAINTERS
- POETRY & WRITING GROUP
- RELIGIOUS SERVICES
- THE RHYTHM BAND
- SATURDAY NIGHT TRIVIA
- STRENGTH TRAINING
- THE TRAVEL GROUP



CHECK OUT WHAT WE HAVE TO OFFER!



Heart Healthy tips for this Valentine's Day & Life!

Did you know February is American Heart Month? It's the perfect time to raise awareness about heart disease and share a few heart-healthy tips for seniors.

1. Follow a heart-healthy diet. Low in calories but high in vitamins, minerals, and fiber, colorful fruits and vegetables are great for your heart. Seniors should get at least five servings per day of these nutrition all-stars. Read all nutrition labels and limit saturated and trans fats and added sugars. Buy plenty of nuts and high-fiber foods. Avoid high-fat dairy or meats and limit the amount of alcohol you drink. Never skip breakfast.

2. Stay active. Regular physical activity can help you lose excess body weight, improve physical fitness and well-being, and lower your risk for many conditions, including heart disease risk factors like high cholesterol and high blood pressure. Think brisk walking, dancing, or gardening—anything that gets you up and moving instead of sitting for hours every day.

3. Maintain a healthy weight. The more body fat you have, the more likely you are to develop heart disease, high blood pressure, diabetes, breathing issues, and certain types of cancer. But losing weight can help to lower many of these levels and improve your overall health. Following a heart-healthy diet and being physically active can help you achieve and maintain a healthy weight. Try some of these additional tips for improving overall health and well-being.

4. Keep your diabetes, high blood pressure, and/or high cholesterol under control. Two of the major risks for heart disease are high blood pressure, or stiffness of the large arteries which becomes common with age, and high blood cholesterol, which can lead to plaque buildup in your arteries. If these numbers are high, work with your doctors to lower them.

5. Minimize unnecessary stress. Studies show that higher stress levels can trigger a heart attack or angina. Stress can also contribute to high blood pressure and other heart disease risk factors. Chronic stress can affect your memory, learning, immune system, anxiety, and depression, especially as you age. If you're feeling stressed, especially if you're caregiving for a loved one, talk about your concerns with a loved one, your primary care physician, or a licensed therapist. Eat a healthy diet and get plenty of exercise, including relaxation techniques like yoga, tai chi, or meditation.

6. Get plenty of sleep. Sleep is key to good health and well-being. It's an important time to support healthy brain function and maintain general good health, but not enough Americans get the recommended hours of sleep each day. Over time, not getting enough sleep can raise your risk of heart disease, obesity, high blood pressure, diabetes, and stroke. There are several steps you can take to improve your sleep habits: avoid nicotine and caffeine, go to bed and wake up at the same time every day, keep your bedroom quiet and cool and dark.



Monday/Wednesday/Friday

Advanced Water Aerobics
Resident Led / Kim Roberts

8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Exercise in the PAC
Resident Led

9:30am | PAC/Live TV

Get Physical with Kim
Monday & Friday Only
8:00 am | Oasis

Chair Yoga with Kim
Monday Only
10:30 am | PAC/Live TV

Strength Training with Kim
Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim
Friday Only
11:00 am | PAC/Live TV

Tuesday/Thursday

Men's Water Aerobics
Resident Led

8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim
9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim
10:30 am - 11:15 am | PAC/Live TV





ALTERNATIVES TO PAIN MANAGEMENT

**“When mind, body, and spirit
are in harmony, happiness
is the natural result.”**

– Deepak Chopra

We have all experienced pain at some point in our lives – scraping our knee, hitting our “funny” bone, or perhaps something more long-lasting, such as migraines. Pain is a useful way for our bodies to tell our brains when something is a threat to our overall well-being. Don’t touch the hot stove because it burns; don’t try and lift something too heavy because you could hurt your back. However, sometimes experiencing pain, such as chronic pain, stops being useful and is detrimental to daily living.



The goal of a comprehensive, holistic pain management program is to promote consistent participation in activities, exercise, and education to enhance quality of life. A holistic pain management program merges traditional western medicine with eastern medicine. While western medicine tends to view the mind and body as separate entities, eastern medicine views the mind and body as one. There are many programs and approaches that help those with chronic conditions increase their engagement in meaningful activities and improve their overall well-being.

Chi is “that which gives life” and is a strong life force making a person totally alive, alert, and present. It can be used to help overcome illness and become more vibrant and enhance mental capacity. Finding your “inner chi” can help promote one’s quality of life, especially if they are struggling with constant pain.

Finding Your Chi can:

- **Promote your highest quality of life**
- **Use relaxation, visual imagery, and breathing strategies to address anxiety and depression**
- **Improve strength and postural stability**

Do you suffer from chronic pain? If you are interested in learning more about Pathways to Chi and alternative approaches to pain reduction, reach out to the therapy team at Functional Pathways!



**“You must find
the place inside
yourself where
nothing is
impossible.”**

EXQUISITE CUISINE

Thursday, February 22, 2024



RIBEYE STEAK

A beautiful fresh cut Ribeye seasoned and grilled to perfection, served with Loaded Mashed Potatoes, Sautéed Spinach and Garlic Herb Butter. Paired with a big and bold Cabernet Sauvignon.



CAPRESE SALAD

Fresh Sliced Tomatoes with smooth creamy Mozzarella Cheese, a hint of fresh Basil and finished with a drizzle of aged Balsamic Vinegar. Paired with a fresh crisp Pinot Grigio



LOBSTER BISQUE

The traditional classic. Velvet smooth Lobster Bisque finished with a dollop of seasoned Sour Cream and a Lobster Claw. Paired with a refreshing Chardonnay.



NEW YORK STYLE CHEESECAKE

Thick, rich, and creamy, the tradition continues with a Vanilla Bean flavor, crunchy Graham Cracker Crust, and finished with a fresh Strawberry Coulis.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: Joy Wernet

Paris as a cashier and bookkeeper for a ready-to-wear store to help with college expenses. The following Fall, the shy “country girl” Joy enrolled in Murray State College in Murray, Kentucky. She says, “I never dreamed that I would be invited to join a sorority or become a campus favorite.”

After three years of college, Joy returned to work in Paris to help with college expenses. Soon Joy began dating Jim Hunt, Jr., a returning Veteran. Both their parents owned farms in the same community and attended the same Baptist church. Soon, a wedding was being planned. It would be 20 years before Joy returned to school, graduating with a degree in Business Administration, with majors in Accounting and Economics, from Bethel College in McKenzie, Tennessee.

After marriage, Joy and Jim continued their jobs in Paris. Later, they decided to try farm life. “At first it was fun,” says Joy. The couple had invested their money in dairy cows for their farm. They were members of the Home Demonstration Club, and Joy did some auditing for them. They participated in the county fair, winning prizes in many categories. Their only child, Joe, was born in 1950. However; things didn’t work out as expected, and the “fun in farming” was waning! Jim started a new business, and when Joe was three years old, Joy returned to work, beginning a career in Accounting.



Joy, Hard At Work

Joy’s first job was with the newly built hospital in Henry County. She became their first Chief Accountant. Just as the hospital was succeeding and expanding, the hospital administrator suddenly died. Joy says, “Most of his work fell on me, temporarily. Three months later, Jim had a fatal accident. It took all the ‘grit’ I had to make it through this ordeal.” Joy survived and became an active participant in the state and national organizations of the American Association of Hospital Accountants. She was editor of the state newsletter and wrote a paper which won first place and a trip to the National Institute as well as having her paper published in their national magazine.

In 1966, Joy’s life changed when she met and married Bob Wernet of Memphis. She acquired two more children, with whom she remains very close. Bob was a successful businessman, and soon Joy was working with him. They were active in many social organizations, and together, they traveled all over the world. “As much as we traveled, I never visited New York City,” admits Joy. After retiring in 1994, they bought a second home in Lake Tahoe, Nevada, and lived there and Memphis for the next 20 years, spending six months in each location.

In 2014, as their health continued to fail, Joy and Bob made the decision to move to Kirby Pines. They quietly celebrated their 50 year anniversary. Sadly, Bob passed away in January 2017. Joy has continued to be involved in activities at Kirby Pines, especially playing bridge. Joy says, “I’m glad to be living at Kirby Pines!”

Written by Joan Dodson, Resident of Kirby Pines

A BUNDLE OF JOY

In 1926, a “bundle of joy” was born to Joe and Kate Bennett. This baby daughter brought such delight to their lives, they named her Joy. She would be the only child born to this couple who lived in a rural community near Paris, Tennessee. There were many cousins, aunts, uncles, and grandparents, so Joy was never lonely or unloved.

Joy was born at the beginning of the Great Depression, and her family struggled like most families. To improve life, Joy’s parents moved to Illinois when she was two years old. Unhappy with the location, they moved back to their community. Joy says, “This was when my memory ‘kicked in.’ I remember crossing the Ohio River on a ferry, and I was cold and afraid. We were dressed in our Sunday clothes and traveling in a little green Chevrolet roadster with a cloth top and side curtains. This car would be our primary transportation for many years.”

The Bennetts were fortunate to find a nice house in their former community that was close to a school, church, a store, and good neighbors. Joy’s father returned to farming, and life was good.

One incident Joy vividly remembers happened when she was around two years old. Her grandfather kept bees. When no one was looking, Joy took the hearth broom and attempted to sweep all the bees off their hives. Her screams quickly brought her father, and holding her between his legs like a vice, he removed the stinging bees. “Somehow, I recovered,” remembers Joy, “but I started wearing a hat like the ‘flappers,’ and if anyone yelled ‘bees,’ I would grab my hat and run for cover!” Joy also remembered riding along with her mother in their little green Chevrolet to take the 1930 census in part of Henry County. They would make many life-long friends with this venture.

In 1932, Joy started school but was placed in the second grade because her mother had home-schooled her. She lived a mile from the school, and her parents took turns walking her to and from school. During “muddy” weather, her father would put on boots and carry her across a field to avoid roads. Because of her advanced placement in school, Joy always felt the age difference as her friends were older. However, she excelled in school, graduating high school in 1943 at the age of 16 as Valedictorian of her class.



The week following graduation, Joy started work in

THANK YOU, DENNIS, FOR ALL YOU DO!



Dennis – he’s everywhere, he’s everywhere!! Has been seen in every hallway, delivering packages, mail, and verbally sharing the daily news. Seen in the greenhouse gardens, Hobby Shop, and in the wee hours of the morning, depositing b’day cards for surprises when residents awake. THANK YOU, Dennis! You are our hero. - *Mary Ann Thurmond*

Dennis, Your positive attitude and willingness to help others are blessings to all of us. Thank you for being such a great example of service. - *Cindy and Fred Dabrowski*

Thanks Dennis for all you do at Kirby. I would see you early in the summer mornings helping Dr Parrot with the garden growers moving and delivering plants to residents. I know you helped with the mail and packages before the holidays. We appreciate you - *Donna Griffin*

Thank you, Dennis, for all the many steps you saved me - and always with a smile. - *Kay Daniel*

Thank you Dennis for the Amazon deliveries and also for your help in the hobby shop with my woodworking. - *Bob Small*

Dennis, you are such a wonderful member of the Kirby Pines family; thanks for all you do! *Love, Keith and Judy Weathers*

Dennis is a “secret” weapon of efficiency of day to day Kirby Pines life. He tirelessly delivers internal mail and packages to residents at their apartments. He is friendly to all. - *John and Sally Coleman*

Dennis, I appreciate your willingness to help when and wherever you can and always with your wonderful smile. You’re great and truly a blessing to all your Kirby friends. - *Christine Martin*

To Dennis—enjoy your visits to Gift Shop & our chats. U R the Best. - *Rhetta Watkins*

Dennis is our Clark Kent. He is flying around making all of our lives better. He has no telephone booth but he changes our lives with his servant heart. Thank you, Superman Dennis. - *Jo Ann Ginn*

Thank you, Dennis, for helping all of us here at Kirby! Your willingness and happy attitude is very much appreciated! YOU MAKE KIRBY A BETTER PLACE! - *Marcy and Buddy Pugh*

Dennis has been extremely helpful in the Garden Gro’ers club. He is always available from pulling weeds to hauling whatever is needed (as well and many many other things. Thank you Dennis! - *Dale Jones*

Such a great guy! A smile for everyone and ready for a conversation with anyone! Dennis is always ready to help with anything. He is a classic! - *Janice Wall*

"Helping hands" are often scarce, but around here Dennis is one of them! Thank you, for your cheerful spirit and helpful attitude. You make life easier for us, and we thank you for your kindness. - *Philip Slate*

Dennis, thank you for all your hard work. You are truly appreciated. - *Banky and Hugh Wilson*

Dennis Renick exemplifies the spirit of “Service” here at Kirby Pines. He is always good-natured, energetic, and helpful - eager to serve and to please staff or other Residents. Thank you, Dennis, for your positive attitude. You are a big blessing to all of us! - *Pat and Bankie McCarty*

Dennis Renick, I’m so happy to be living in community with you. Your serving attitude is inspiring and challenging. I always look for the news of our community you always have and want to share. Thank you and stay happy. - *Maxie Dunnam*

Dennis is such a giving person and always has a smile wherever and whenever you see him. I greatly appreciate his generosity in giving of his personal time to deliver my packages. Thank you Dennis for your kindness. - *Sarah McCallum*

Thank you Dennis for all you do around here to make us comfortable and happy! You are truly one of a kind guy, and we all appreciate you so much! - *Diane Mullins*

Continued on page 23.

Congratulations to our **CHAMPION of the Month**

Security Guard

TAMIKA WASHINGTON



Describe Your Family: Very close, very tight. I am an only child.

Describe yourself in five words: Dependable, generous, adaptable, considerate and passionate.

What do you do for fun: Shopping and cruising (Ships).

Do you have any hobbies: I love planting vegetables.

What is your favorite thing about your job: I enjoy helping others.

Your favorite food: Chicken and Dressing. **Favorite song:** You Know My Name by Tasha Cobbs.

What is something you are proud of: Proud of raising three beautiful children.

What would you like people to know about you: I am still my Mama's baby.

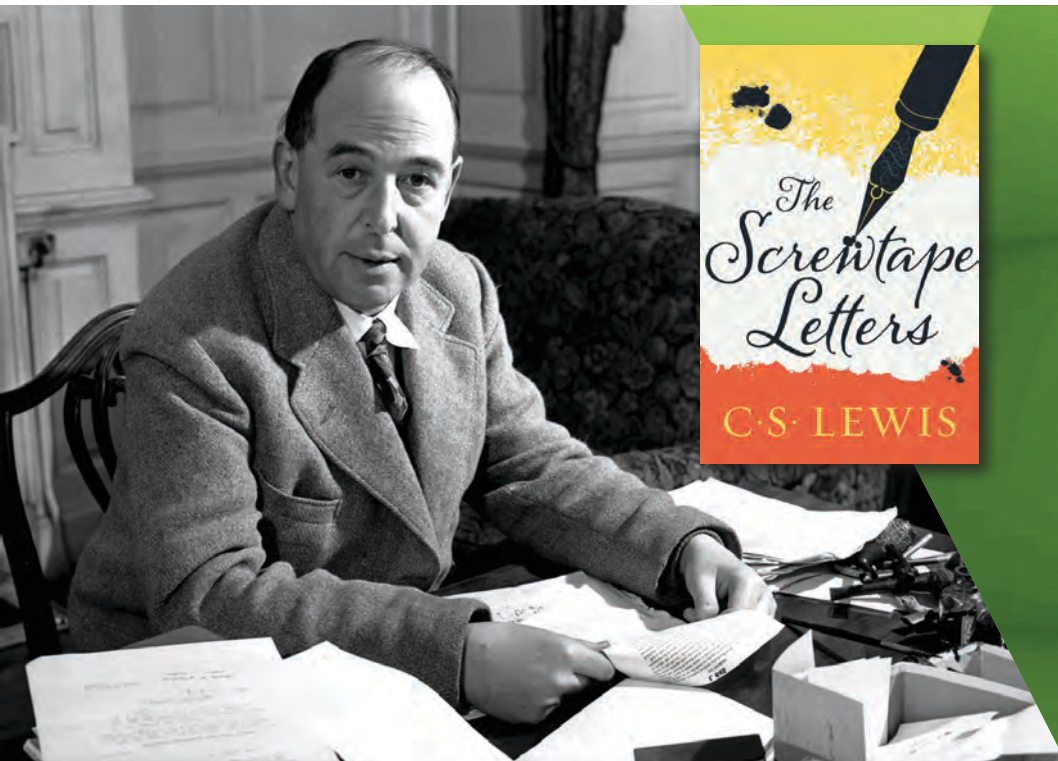
Tamika Washington has been a Security Guard for Kirby Pines since August 2022. She has always been a stalwart on the Security Team, but on January 2nd, while performing her duties at the Main Gate, she observed a panel truck, with three (3) individuals attempting to steal the ATM Machine at Regents Bank. Tamika called 911! MPD arrived stopping the theft and apprehended the thieves. Thank you, Tamika!!

- *Michael J. Brown, Executive Director*

REFLECTIONS

By Maxie Dunnam

BEING PREOCCUPIED WITH SELF



"Integrity is doing the right thing, even when no one is watching."
- C.S. Lewis

In his classic volume, *The Screwtape Letters*, C.S. Lewis offers 31 imaginary letters from Screwtape, the primary personality of Hell, to his nephew Wormwood, a junior devil just starting his first assignment on earth. The purpose of the correspondence, done humorously, is to show how Hell seeks constantly to divert would-be Christians from following the ways of Heaven.

In one note, Screwtape tells Wormwood the most productive way to overcome good people is to not only work on their pride, but infect them with a sense of false pride...

"Catch him at the moment when he is really poor in spirit and smuggle into his mind the gratifying reflection, "By jove! I'm being humble," and almost immediately, pride—pride at his own humility—will appear. If he awakes to the danger and tries to smother this new form of pride, make him proud of his attempt—and so on, through as many stages as you please. But don't try this too long, for fear you awake his sense of humor and proportion in which case he will merely laugh at you and go to bed." [1]

We need to stay sensitive to the danger of pride. We easily fall into the pit of being preoccupied with ourselves. Jesus told a parable about this. (Jn. 18:9-14) The story is simple and straightforward. Two men went into the Temple to pray. One boasted to God of all his good qualities; the other simply asked for God's mercy. The reason Jesus told the parable is expressed in verse 9: "*He also told this parable to some who trusted in themselves that they were righteous and despised others.*"

For years I missed the connection Jesus made: how we feel about ourselves has a result on how we feel about and treat others. Get it? *They were righteous and despised others.*"

Two failures are implicit here: we look at ourselves in relation to others and fail to look at ourselves in relation to God. In either case the warning is clear: don't fall into the pit of being preoccupied with your yourself.

February Vesper Services | 6:30pm | Performing Arts Center

February 1

Brother Jack Moore
First Baptist
Fisherville, TN

February 8

Rev Wes Brown
Memphis
Anglican Church

February 15

Pastor Dave Phillips
Germantown
Church of Christ

February 22

Dr John Enoch
Covenant
Baptist Church

February 29

Rev Kevin Presley
Emmanuel United
Methodist Church

MEET ME AT



OH, GOD (1977)



Friday, February 2 | 1:30 pm
Saturday, February 3 | 6:30 pm
Sunday, February 4 | 6:30 pm
Cast: George Burns, Carl Reiner, John Denver, Teri Garr

Jerry Landers, an assistant manager in a supermarket, receives a visit from God, who appears in the form of an old man. Reluctant at first, Jerry agrees to spread the word about his visits from the almighty creator of heaven and earth. However, Jerry's wife, Bobbie, is skeptical, and theologians think Jerry's God is a fake. As Jerry continues to receive visits from God, religious authorities take action and demand that he prove his story.

GROUNDHOG DAY (1993)



Saturday, February 3 | 10:00 am & 1:30 pm
Cast: Bill Murray, Andie MacDowell, Harold Ramis, Chris Elliott

A cynical TV weatherman finds himself reliving the same day over and over again when he goes on location to the small town of Punxsutawney to film a report about their annual Groundhog Day. His predicament drives him to distraction, until he sees a way of turning the situation to his advantage.

THE GAUNTLET (1977)



Sunday, February 4 | 1:30 pm & 4:00 pm
Cast: Clint Eastwood, Sondra Locke, Samantha Doane, Bill McKinney

A cop who has seen better days, hard-living Ben Shockley is recruited to escort Augustina "Gus" Mally, a key witness in a mob trial, from Las Vegas to Phoenix. Gus is a beautiful but coarse call girl who claims to have information that makes the two highly expendable targets. Ben starts to believe her after numerous attempts are made to kill them as they travel across the unforgiving desert, pursued by angry bikers and corrupt police officers.



DIRTY DANCING (1987)



Friday, February 9 | 1:30 pm
Saturday, February 10 | 6:30 pm
Sunday, February 11 | 6:30 pm
Cast: Patrick Swayze, Jennifer Grey, Cynthia Rhodes, Jerry Orbach

Baby is one listless summer away from the Peace Corps. Hoping to enjoy her youth while it lasts, she's disappointed when her summer plans deposit her at a sleepy resort in the Catskills with her parents. Her luck turns around, however, when the resort's dance instructor, Johnny, enlists Baby as his new partner, and the two fall in love. Baby's father forbids her from seeing Johnny, but she's determined to help him perform the last big dance of the summer.

HIDDEN PLACES (2006)



Saturday, February 10 | 10:00 am & 1:30 pm
Cast: Sydney Penny, Barry Corbin, Logan Arens, Shirley Jones

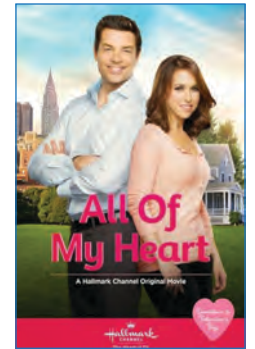
Story set in Depression-era America. When Eliza's father-in-law suddenly dies, she is left with a farm in debt, a crop waiting to be harvested and two young children to look after. She is about to give up hope when mysterious stranger Gabe Harper comes along and offers his help.

ALL OF MY HEART (2015)

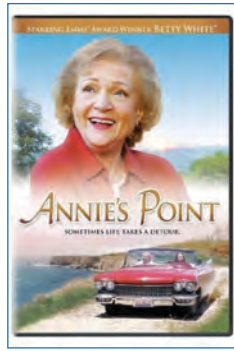


Sunday, February 11 | 1:30 pm & 4:00 pm
Cast: Lacey Chabert, Brennan Elliott, Ed Asner, Daniel Cudmore

A young caterer co-inherits a country house with a career-obsessed Wall Street trader, but opposites attract when they start restoring their new home.



THE MOVIES



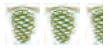
ALL THAT HEAVEN ALLOWS (1955)



Friday, February 16 | 1:30 pm
Saturday, February 17 | 6:30 pm
Sunday, February 18 | 6:30 pm
Cast: Rock Hudson, Jane Wyman, Agnes Moorehead, Gloria Talbott

Predicated on a May-December romance. The difference here is that the woman, attractive widow Cary Scott, is considerably older than the man, handsome gardener-landscaper Ron Kirby. Throwing conventional behavior to the winds and facing social ostracism, Cary pursues her romance with Ron, who is unjustly perceived as a fortune-hunter by Cary's friends and family -- especially her priggish brother Ned.

IN LOVE AND WAR (1996)



Saturday, February 17 | 10:00 am & 1:30 pm
Cast: Sandra Bullock, Chris O'Donnell, Margot Steinberg, Mackenzie Astin

In 1918, 18-year-old Ernest Hemingway signs up for service in World War I. After a bomb goes off on the front line, filling his leg with shrapnel, Hemingway is transported to a hospital, where he begs Dr. Domenico Caracciolo not to amputate. Under the care of 26-year-old Austrian nurse Agnes von Kuroswky, Hemingway slowly recovers. The two begin an affair, but Agnes is torn between the immature young man and the more stable Caracciolo.

ANNIE'S POINT (2005)



Sunday, February 18 | 1:30 pm & 4:00 pm
Cast: Betty White, Richard Thomas, Amy Davidson, Ellen Albertini Dow

A widow and her spunky granddaughter journey cross-country to spread her husband's ashes at a place they both loved.

AN AFFAIR TO REMEMBER (1957)



Friday, February 23 | 1:30 pm
Saturday, February 24 | 6:30 pm

Sunday, February 25 | 6:30 pm
Cast: Cary Grant, Deborah Kerr, Cathleen Nesbitt, Richard Denning

A man and a woman have a romance while on a cruise from Europe to New York. Despite being engaged to other people, both agree to reunite at the top of the Empire State Building in six months. However, an unfortunate accident keeps her from the reunion, and he fears that she has married or does not love him anymore.

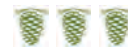
AN IDEAL HUSBAND (1999)



Saturday, February 24 | 10:00 am & 1:30 pm
Cast: Rupert Everett, Julianne Moore, Cate Blanchett, Oliver Parker

Sir Robert Chiltern is a respected government official and a loving husband. His friend, Lord Arthur Goring, is a notorious womanizer who lives a life of casual lounging, meaningless flirtations and multiple illicit affairs. But when old acquaintance Laura Cheveley arrives in London to stir up trouble, the lives of the two men become increasingly complicated and intertwined, and their true natures are revealed.

THE PERFECT BRIDE (2017)



Sunday, February 25 | 1:30 pm & 4:00 pm
Cast: Pascale Hutton, Kavan Smith, Leanne Lapp, Casey Manderson

Fitness instructor Molly runs the Bridal Boot Camp, helping prospective brides-to-be get in shape for the big day. Things get complicated when sparks start to fly between herself and Nick, the fiance of one of her new clients.



= AVERAGE
 = GOOD
 = GREAT
 = PERFECT

February 2024



8:00 am ● Church of Christ Service (Chapel) **4**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: The Gauntlet (Thtr)
 4:00 pm ● Movie: The Gauntlet (Thtr)
 6:30 pm ● Movie: Oh, God (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **5**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Poetry & Writing Club (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **6**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Nomadland (Thtr)
 6:30 pm ● Movie: Nomadland (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **7**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Adrift (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Adrift (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **8**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: All The Light We Cannot See (Thtr)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **9**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:15 am ● Strength Training (PAC)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Banks (Trans)
 1:30 pm ● Movie: Oh, God (Thtr)
 2:00 pm ● Art Wall Reception (PAC)
 6:00 pm ● Music with Double D (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **10**
 10:00 am ● Movie: Hidden Places (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Hidden Places (Thtr)
 6:15 pm ● Saturday Night Trivia (Ante)
 6:30 pm ● Movie: Dirty Dancing (Thtr)

8:00 am ● Church of Christ Service (Chapel) **11**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: All Of My Heart (Thtr)
 4:00 pm ● Movie: All Of My Heart (Thtr)
 5:00 pm ● Superbowl Party (PAC)
 6:30 pm ● Movie: Dirty Dancing (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **12**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **13**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 11:45 am ● Birthday Lunch (Dining)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Chocolat (Thtr)
 3:45 pm ● Birthday Dinner (Dining)
 6:30 pm ● Movie: Chocolat (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **14**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:30 am ● Garden Gro'ers (Greenhouse)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: P.S. I Love You (Thtr)
 2:00 pm ● Ballroom Dancing (A&C)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: P.S. I Love You (Thtr)
 6:30 pm ● Mardi Gras Dance (PAC)

8:30 am ● Men's Water Aerobics (Pool) **15**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: All The Light We Cannot See (Thtr)
 3:00 pm ● Photo Club (LCR)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **16**
 8:30 am ● Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:15 am ● Strength Training (PAC)
 10:30 am ● Cornhole (LCR)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: All That Heaven Allows (Thtr)
 6:00 pm ● Music with The Boomers (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **17**
 10:00 am ● Go Red Health Expo (LCR)
 10:00 am ● Movie: In Love And War (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: In Love And War (Thtr)
 6:30 pm ● Movie: All That Heaven Allows (Thtr)

8:00 am ● Church of Christ Service (Chapel) **18**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: Annie's Point (Thtr)
 4:00 pm ● Movie: Annie's Point (Thtr)
 6:30 pm ● Movie: All That Heaven Allows (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **19**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Tech Time (LCR)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● European Travel Series (Thtr)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **20**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 11:45 am ● Charlie Breakfast (Dining)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Alice Doesn't Live Here (Thtr)
 1:30 pm ● Voting (PAC)
 3:45 pm ● Charlie Breakfast (Dining)
 6:30 pm ● Movie: Alice Doesn't Live Here (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **21**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Caregiver Support Group (SCR)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:30 am ● Travelers: Morton Museum (Trans)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Killers of the Flower Moon (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Killers of the Flower Moon (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **22**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: All The Light We Cannot See (Thtr)
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **23**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:15 am ● Strength Training (PAC)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Movie: An Affair To Remember (Thtr)
 6:00 pm ● Music with Side Street Steppers (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **24**
 10:00 am ● Movie: An Ideal Husband (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: An Ideal Husband (Thtr)
 6:15 pm ● Saturday Night Trivia (Ante)
 6:30 pm ● Movie: An Affair To Remember (Thtr)

8:00 am ● Church of Christ Service (Chapel) **25**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Movie: The Perfect Bride (Thtr)
 4:00 pm ● Movie: The Perfect Bride (Thtr)
 6:30 pm ● Movie: An Affair To Remember (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **26**
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **27**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Book Baggers (Chapel)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: The Great Gatsby (Thtr)
 6:30 pm ● Movie: The Great Gatsby (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **28**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (A&C)
 1:00 pm ● History with Jamie Boelter (PAC)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: The Holiday (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:00 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: The Holiday (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **29**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:00 am ● Kroger & Banks (Trans)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: All The Light We Cannot See (Thtr)
 6:30 pm ● Vespers (PAC)

ABBREVIATIONS KEY

- Thtr - Theater
- HS - Hobby Shop
- FDR - Formal Dining Room
- SCR - Small Card Room
- PAC - Performing Arts Center
- A&C - Arts & Crafts Room
- BR - Billiard Room
- LCR - Large Card Room
- Trans - Transportation
- WC - Wellness Clinic

February 2024 EVENTS

Feb 1: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Feb 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Feb 1: Series: All the Lights We Cannot See

The Story of Marie-Laure, a blind French teenager, and Werner, a German soldier, whose paths collide in occupied France as both try to survive the devastation of World War II. Showtime is Thursdays at 1:30 pm in the theater.



Feb 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:30 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

Feb 2: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Feb 2: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

Feb 2 & 16: Cornhole Club

Come out and join us for our new-

est trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

Feb 2: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 11:00 am in the PAC.

Feb 2: Art Wall

Please join us for our first Art Show of the year! Come out to the PAC for refreshments while our local Kirby residents show off their artwork. The show will begin at 2:00 pm.

Feb 2: Double D Band

The Double D Band plays a wide range of songs and genres, but especially music from the 50s. Playing guitars and mandolins, they've appeared on MTV, BBC, and have been a part of the music scene in London, England and New York City, having lived and performed in both. Come enjoy a their performance in the PAC at 6:00 pm.

Feb 3: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Feb 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Feb 4: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

Feb 4: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

Feb 5: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics class-

es will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Feb 5: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Feb 5: Poetry & Writing Club

The Poetry/Writing Group will meet in the LCR at 10:00 am. Participants will be sharing their poetry/writings using the January assigned prompt: "What did you once see that you cannot unsee?" To begin our time together, we spend 10 minutes to respond to a challenge writing experience. Join us as we learn differing things.



Feb 5: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Feb 5: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

Feb 5: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

Feb 5: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30 pm. Cards are \$1 to play, limit 2 cards per person.

Feb 6: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Feb 6: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the LCR.

Feb 6: Nomadland

A woman in her sixties who, after losing everything in the Great Recession, embarks on a journey through the American West, living as a van-dwelling modern-day nomad. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Feb 6: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

Feb 6: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Feb 7: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Feb 7: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Feb 7: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Feb 7: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

Feb 7: Adrift

Based on a true story, Tami Oldham and Richard Sharp couldn't anticipate that they would be sailing directly into one of the most catastrophic hurricanes in recorded history. In the aftermath, Tami awakens to find Richard badly injured and their boat in ruins. With no hope of rescue, it is up to Tami to save them both. Showtimes are 1:30 pm and 6:30 pm in the theater.

Feb 7: Ballroom Dancing

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Feb 7: Bridge Group

The Bridge Group meets every Wednesday at 6:00 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

Feb 9: Elmo & Lester

From in 2017 by two former Overton High School classmates, Elmo and Lester had a residency at the Graceland Guesthouse along with playing at a multitude of venues. Their show is a high energy journey through a variety of musical styles and eras, from American Songbooks, 50's & 60's Rock and Roll, Country, Blues, Jazz, and beyond. Join us in the PAC for this delightful duo at 6:00 pm.

Feb 10 & 24: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for February will be US and/or World History, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Feb 11: Superbowl Bash

Join us in the PAC for Superbowl LVIII. Party starts at 5:00 pm with kickoff at 5:30 pm. We will be having a hotdog

buffet with all the fixings will be served at halftime. We hope to see you there!

Feb 12 & 26: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Feb 13: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Skye to reserve your table.

Feb 13: Chocolat

A French woman and her young daughter open up a chocolate shop in a small remote village that shakes up the rigid morality of the community. Showtime is 1:30 in the theater.

Feb 13: Girls' Night Out

It's Ladies Night! Join your fellow Kirby ladies in the theatre for a treat as we watch Hello Dolly. The movie will begin at 6:30 pm.

Feb 14: Garden Gro'ers

Join us in the Greenhouse as we prepare ourselves for spring. Meeting begins at 10:30 am.

Feb 14: Dirty Dancing

Spending the summer at a Catskills resort with her family, Frances "Baby" Houseman falls in love with the camp's dance instructor, Johnny Castle. Showtimes are at 1:30 pm and 6:30 pm in the theater.



Feb 14: Mardi Gras Dance

Grab your masks and your beads cause we're bringing Bourbon Street to you. Join us in the PAC for dancing and music by the Jim Mahannah Band. Photo booth will open at 6 and the Music will begin at 6:30 pm.

Feb 15: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm and learn to take better photos yourself!

Feb 16: The Boomers

We are excited to have The Boomers troupe back to perform at Kirby Pines. Come out to the PAC at 6:00 pm to enjoy a fantastic performance by this talented group of performers.

Feb 17: Go Red Health Expo

Come join the Chi Chi Chi Chapter of Chi Eta Phi Sorority, Inc, a Professional Nursing Sorority, as they present a health expo for you. You will have a chance to talk with nurses and get resources for living a heart healthy lifestyle. Join us in the LCR anytime between 10:00 am and 12:00 pm.

Feb 19: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Feb 19: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Feb 19: European Travel Series

We are excited to announce that through the memorial donations to the Library we will be showing a series of travel documentaries of the histories and sights of European Cities. First up is England and Wales. Showtime begins in the theatre at 1:30 pm.

Feb 20: Charlie Day

Join us in the Dining Room for a special Charlie Day breakfast at lunch and dinner time. You will need to bring your updated Resident Profile Sheet as your entry ticket for the meal.



Feb 20: Early Voting

We will be having the election commission here for those who want to vote early. They will be set up in the PAC, voting begins at 1:30 pm.

Feb 20: Alice Doesn't Live Here Anymore

A recently widowed woman is on the road with her precocious young son, determined to make a new life for herself

as a singer. Showtimes are at 1:30 pm and 6:30 pm in the theater.

Feb 21: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Feb 21: Travelers: Morton Museum

Discover the fascinating history of the Memphis area! Join the Kirby Pines Travelers Group by touring Collierville's Morton Museum on February 21st, learning how the influence of the Southern Railway Company affected the local and Memphis areas. Make your reservations (\$5 transportation) at the Activities Office by February 20th. Participants will meet in the Kirby Pines Lobby at 10:00 am for departure by 10:15. We'll be eating lunch at the Silver Caboose Restaurant on the Square.

Feb 21: Killers of the Flower Moon

Real love crosses paths with unspeakable betrayal as Mollie Burkhart, a member of the Osage Nation, tries to save her community from a spree of murders fueled by oil and greed. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Feb 23: Side Street Steppers

The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. The Side Street Steppers present a pastiche of this transformation of the American musical landscape, performing on vintage and homemade instruments. Get ready for plenty of hip-shaking, foot stompin', caterwauling and croonin' in the PAC at 6:00 pm.

Feb 27: The Book Baggers

You have been hearing about "Killers of the Flower Moon" by David Grann for a while. The movie with Leonardo DiCaprio, Lilly Gladstone, Martin Scorsese, Robert De Niro, to mention a few stars, came out a few months ago. It has already won several awards and the attention of many. Join us in the chapel February 27 while we discuss the book, the movie, the history lessons, and the intricacies of a slice of our country's history which we probably didn't learn in school: beginnings of the FBI, oil rich native Americans, greed and cruelty that wealth can bring. The movie will be shown several times this month in our theater, check the Pinecone for times.

Feb 27: The Great Gatsby

A writer and wall street trader, Nick Carraway, finds himself drawn to the past and lifestyle of his mysterious millionaire neighbor, Jay Gatsby, amid the riotous parties of the Jazz Age. Showtimes are at 1:30 pm and 6:30 pm in the theatre.



Feb 28: Bits, Bridles & Big Barn Doors: The Livery Stable

During an old Western movie, you might have caught a glimpse of a rickety, old building with the word, "Livery" painted on the front. What exactly was a livery stable? Were there livery stables in Shelby County before the arrival of the horseless carriage? What was really behind those big barn doors - and what activities really went on there? Join us and discover the many unknowns of a livery stable - an often-overlooked part of 19th-century life! You will leave saying, "Who knew?" Join us in the PAC at 1:00 pm for this wonderful presentation.

Feb 28: The Holiday

Two women troubled with guy-problems swap homes in each other's countries, where they each meet a local guy and fall in love. Showtimes are 1:30 pm and 6:30 pm in the theatre.



VALENTINE'S DAY Find the Words hidden in the grid of letters.

ADMIRER
ADORE
AFFECTION
ATTRACTION
BEAU
BELOVED
BOYFRIEND
CANDLES
CANDY
CHOCOLATES
COUPLE
CRUSH
CUPID
DARLING
DATE
DEAR
DEVOTION
FANCY

FEBRUARY
FLAME
FLOWERS
FONDNESS
FOREVER
FRIENDSHIP
GIFT
GIRLFRIEND
HEARTS
JEWELRY
LIKE
LOVEBIRDS
LOVERS
PARTNER
PROPOSAL
RELATIONSHIP
RESTAURANT
ROMANCE

ROSES
SENTIMENT
SUITOR
SWEETHEART

BONUS: Find and circle all of the words that are hidden in the grid. The remaining letters spell a popular Valentine's Day item.



Puzzle Solutions page 22

PICTURING LIFE AT KIRBY PINES

RINGING IN THE NEW YEAR



Sandra and Walter Overbey getting ready for midnight.



Fran Gentry and Barbara Flack ready to celebrate 2024.



Jane Longfield and Sydney Wagner looking festive.



Jim and Susan Flake cheer to the New Year!



Bill & Roylyn Parks get in on the cheers action, too!



You can always count on Shirley Brooks to be the life of the party!



Jeanette and Steve Martin are all smiles at the New Year's Bash.



Leora and John Elli hit the dance floor at the party.

PICTURING LIFE AT KIRBY PINES

BIRTHDAY CELEBRATIONS



Beverly Hassell celebrates her January birthday.



Pat Slate celebrates her birthday with husband, Philip, and friends Leon & Marilyn Sanderson and Paula Cwikiel.



Jeannie Valentine is surrounded by friends Phyllis Petersen, Jo Ann Palmer, Barbara Hanrahan, Joan Dodson and Sally Brown.



Hugh Gregory celebrates with son, Ron and his wife, Linda, and their friend Sherri.



Raymond Harvell is happy to celebrate his birthday with his wife, Jean.



James Morrow is all smiles during his birthday celebration.



Pat Kelly spends his January birthday with a friend.

PICTURING LIFE AT KIRBY PINES

RANDOM HAPPENINGS



January Bridge Winners, Jo Ann Palmer and Pat Meiners. Photo by Steve Martin.



Marilynn Garzione talks to the crowd at her piano concert. Photo by Stuart Eyman.



New residents Nina and Max Harris getting to know the lay of the land.



Mary Ann Thurmond does a Snow Angel during our winter weather.



Roy Thurmond (left) and Sally Coleman (right) with Michael Detroit of the Memphis Theater District, who came to speak.



Mary Blanche Scott with her grandchildren, Henry, Walker and Dashielle. Photo by Sydney Wagner.



Doris Boyd is surrounded by family in the Bistro. Photo by Sydney Wagner.

KIRBY PINES PHOTO CLUB

We're always happy to see new members!
If you're interested in taking better photos or would like to share
some of your photos, we would love to have you check us out!

**Join Us February 15th at
3:00 pm in the Large Card Room!**



Winter Wonderland
Photo by Arrena Cheek



Snow in the USA
Photo by Connie Carter



Crisp Blue Sky
Photo by Fred Dabrowski



Blowing Snow
Photo by Dale Jones



Rippling Sky
Photo by Sylvia Statham



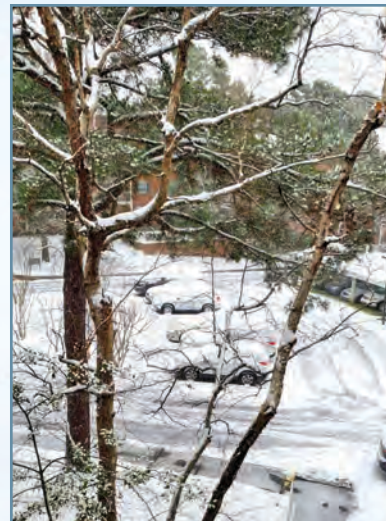
Frozen Angel
Photo by Carolin Thomason



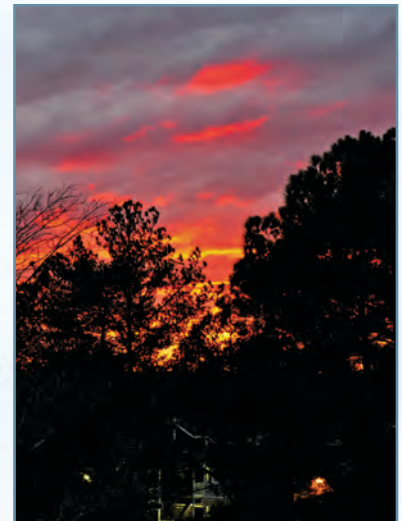
Snowpeople's Dog
Photo by Jane Longfield



Visiting Cardinal
Photo by Mary Ann Thurmond



Fresh Fallen Snow
Photo by Fran Gentry



Gorgeous Sunset
Photo by Stuart Eyman

Memorials, Honorariums & Gifts

In Memory Of

PATRICIA PRINGLE-HIGGINS

Donation by KP Resident Association
to the Line Dancers

MARY GREGORY

Donation by KP Resident Association
to the Hobby Shop

Donation by Bill & Ellen Sayle
to the Hobby Shop

JEAN DANDO

Donation by KP Resident Association
to the Line Dancers

JANET TEMPLETON

Donation by KP Resident Association
to the Employee Fund

MOLLIE BIRD

Donation by KP Resident Association
to the Garden Gro'ers

Donation by Sydney Wagner
to the Book Baggers

AIDAN UNDERWOOD

Donation by KP Resident Association
to the Book Baggers

In Honor Of

JANICE WALL

Donation by Lois Dazey
to the Book Baggers

JAN THOMSON

Donation by Lois Dazey
to the Entertainers

MARK MAXWELL

Donation by Lyle Hendrix
to the Hobby Shop

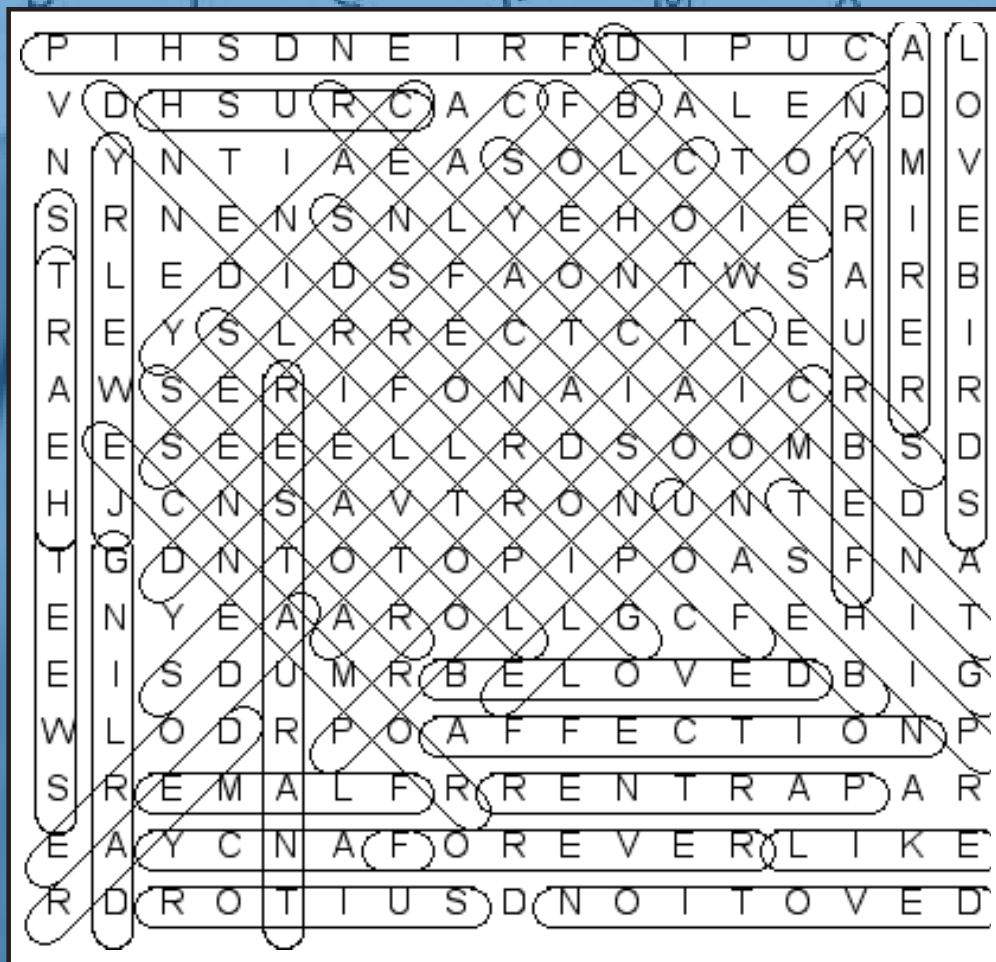
Gifts To

HOBBY SHOP

Donation by Mark Maxwell



GIANT WORD SEARCH



ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

THE HIDDEN MESSAGE IS:

VALENTINES DAY CARD

CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Ask About
Our Monthly
Specials!

Call for Appointment

369-7311



Continued from page 8 - Thanks, Dennis!

I have known Dennis for a little while now. He Volunteers his time everyday. I do not know a day when I have not seen him walking the halls (or more like almost running the halls) delivering mail and packages. He is very motivated, friendly and always smiling. Way to go Dennis. Keep up the good work. We love and care about you. What would we do without you? - *Linda Case*

Kirby Pines Superman Dennis! You are our "MOST". - *Lois Dazey*

One night I awoke at 3:00 am and heard heavy footsteps in the hall for several minutes. Feeling somewhat alarmed, we determined that it was Dennis delivering mail to all of us. What a servant! - *Marilyn Sanderson*

To Dennis: Thanks so much for bringing our packages to us (and with a big smile too!) - *Paul and Pat Nave*

Thank you for delivering packages and mail to us in the "big house". Also, thank you for all you do to make the garden great! - *Jane Longfield*

Dennis, You are such a blessing to Kirby Pines for delivering our packages to the front door of our apartments. That is just one of the many volunteer jobs that you do for Kirby Pines, and we want you to know we appreciate you. - *Jane Hodge*

I really like Dennis. He is a hard worker. I have become a real friend to him. We should all thank him for his work. - *Bill Douglas*

Dennis, I've only been here a few months, but you stand out as someone I look forward to seeing---always a smile, always a cheerful greeting. Thank you for the tremendous work you do! I love you, as do all residents at Kirby! *Hugs, Marilyn Garziona*

Santa chose the best of the best to help deliver gifts to the residents of Kirby Pines! Thank you, Dennis. - *Jean and Mal Mauney*

There are folks whom you'd consider yourself downright lucky to have as a friend. Dennis is one of those; never a user, always a helper, and highly considerate of the feelings of others. When people he knows are sick, he always remembers to ask how they are. And, if you find yourself with a task requiring 3-hands, you can count on Dennis to be that third hand! My only fear is that he may one day be sued by the letter-carriers union. For my part, he could teach them a thing or two! - *Steve Tittle*

Dennis, thank you for your dedication in delivering packages to my door weekly. You do it with such Grace and never grumble about the amount of packages you deliver each day. You are a gem. - *Laura Leuenberger*

Dennis, You are such a blessing to all of us... just going about doing good deeds with no fanfare. We thank you and appreciate your gentle spirit of kindness. - *Carolyn Hladky*

Thank you, Mr. Postman, for your many hours of delivery. Together with your many hours in the garden you make Kirby a very special place! - *Paula and Chuck Hanson*

Thanks for your help Dennis! - *Barbara Worrell*

Dennis is kind, considerate, inquisitive, thoughtful, sensitive, helpful, a good friend, one who served us and our country in the military, generous, caring, religious, short (like me), has a big heart, invaluable to all at Kirby Pines and lovable and I do love him. The list is endless of the people he helps. Again, we ALL love you. - *Sydney Wagner*

We are so appreciative of Dennis bringing packages to us in the I Building. It is a long walk and he does it with a "smile and a cheerful greeting" each time. - *Arrena and Richard Cheek*

Thank you Dennis for all your help !! - *Walter Overbey*

Dennis, thanks for the deliveries you make, and for the occasional visits. - *Jim Gordon*

For Dennis.....you are an Unsung Hero! Thank you for being willing to help and always with a Smile!! - *Cheryl Johnson*

Many thanks to Dependable Dennis for all the deliveries! - *Dan Moffett*

Dennis, you are "one in a million!" Thanks for the mail and packages you delivered to my door. Love you! - *Joan Dodson*

Dennis -- You are always around with a smile and ready to help us. Thanks, *Caroline and Neil Lloyd*

Dennis, what could we do without you? You bring us sunshine, packages, and cards!! Thanks sooo much!! - *Carolin Thomason*

Thank you Dennis for all you do for us. God really did a good thing when He made you. *Love Ya, Shirley Anderson*

Dennis, thank you for sharing a birthday, and for all you do to help all of your neighbors. - *Jeanette Martin*

Thank you so much for all you do for us here at Kirby Pines! You are like the Energizer Bunny! - *Bill and Gay Ramia*

Always cheerful, always willing to help, and I count him as a Friend. What more could we ask? - *Peter Claverie*

you are a wonderful example of what can happen when everyone does their part to make living here a real community. - *Jan Thomson*

Thank you Dennis for ALL the things you do for Kirby. - *John Sosh*

Dennis, Thanks for all you do for all of us here at Kirby Pines. We appreciate what you do and you for doing all you do for us! - *Charlie and Heather Kenny*

We get a LOT of deliveries and Dennis always shows up with a Great Big Smile!!! He is like the Energizer Bunny! He keeps going and going and going! We appreciate you Dennis!! - *John & Ginger Blount*

Dennis, you are really someone special. I even heard of you delivering mail in the middle of the night. Wow! - *Eric Wigg*

Thanks Dennis for all that you do. We so appreciate you. - *Jean and Raymond Harvell*

Dennis, thank you for delivering all the birthday cards to the residents that cheers up their day. Also thank you for your thoughtfulness in volunteering to delivering packages. - *Shelvy Mayhew*

Thanks, Dennis! You are so appreciated by all at Kirby for all that you do to help out. We need more Dennises in this world. *Hugs, Connie Carter*

Dennis is the first person to help everyone. He delivers mail and packages everyday, sometimes making two and three trips. And he never asks for anything. A true asset to Kirby Pines. - *Steve Martin*

Dennis, you capture the spirit of our Kirby family. To care for and to love. Thank you - *Jerry Dunnam*

Thank you so much for hauling heavy pots of dirt to my balcony and delivering packages to my door. You are a gem! - *Marilyn McCormick*

I would like to send a special thanks to Dennis for the many hours he spent working in the garden last summer, his hard work contributed to its success. Also I appreciate his sharing books with the library. - *Marsha Greiner*

Qualities which come to mind and paint a picture of who Dennis is include: trustworthy, energetic, responsible, dependable, honest, always happy to help, enthusiastic, diligent, reliable, friendly and hard working. As a member of the Garden Growers, I've had an opportunity to work closely with Dennis--he is a great person. - *Marty Kocman*

**Sisters, Cheryl Johnson & Diane Talarico,
warming their hearts by the fire.**

Kirby Pines
LifeCare Community



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