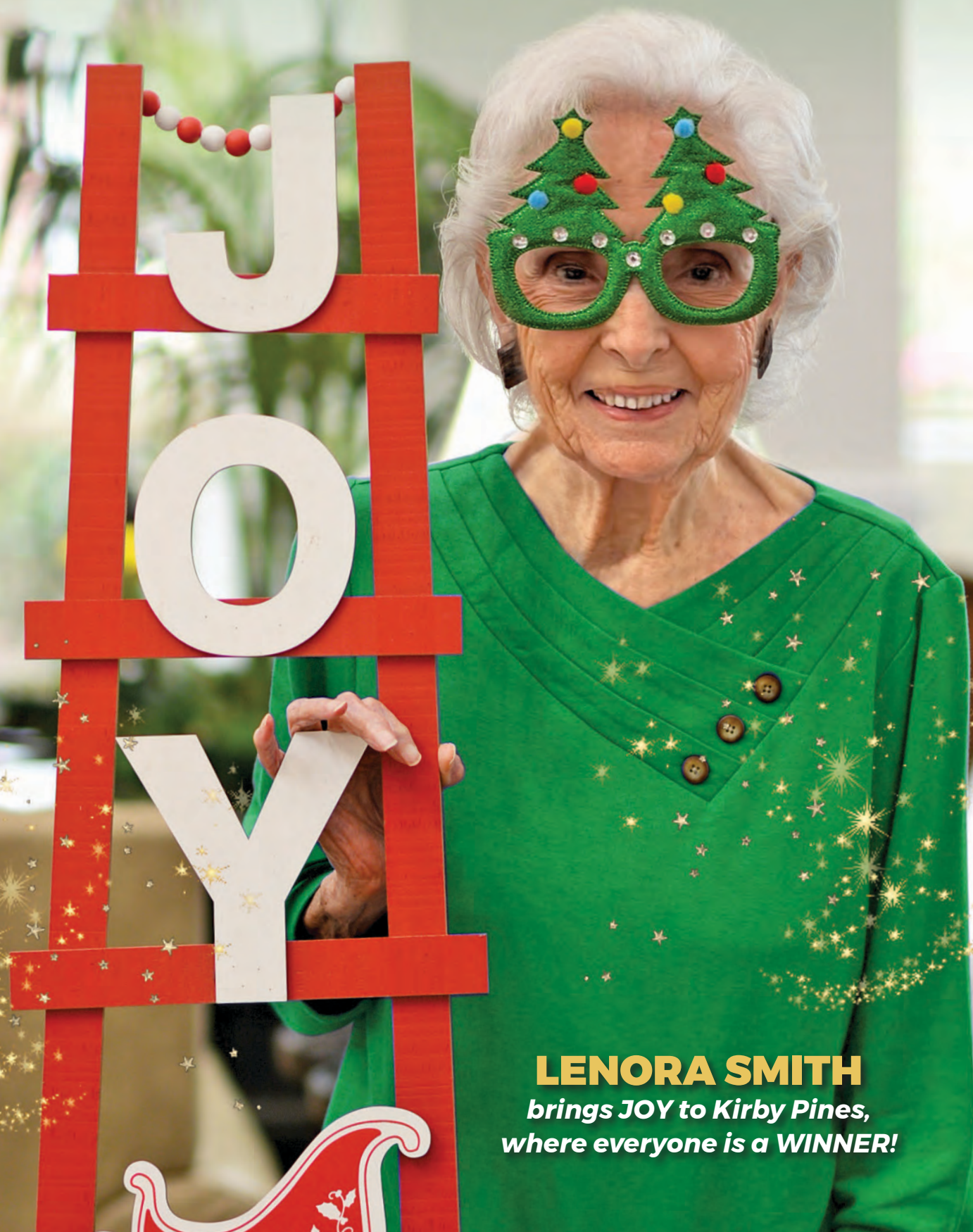


# the PINECONE

The Magazine of Kirby Pines LifeCare Community • December 2023 | V. 41 | I.12



**LENORA SMITH**  
*brings JOY to Kirby Pines,  
where everyone is a WINNER!*

Get Ready...Get Wet...Go! | Food For Thought | Top of a Steep Hill | Resident Spotlight: JoAnn Ginn

# It's Time for Christmas

O.K....Turkey gobbled up - Check. Pumpkin Pie gone - Check. Christmas music on - Check.

It's Christmas time! My favorite time of the year! Always has been; always will be. As I've gotten a little bit older, and a bit wiser, the meaning of Christmas has changed, yet stayed the same. Let me take a moment to explain...

I grew up in a great family. My four sisters and I were blessed with a very loving and hard-working mom and dad. Yes, you read that correctly; four younger sisters. And yes, Christmas meant presents and wish lists to Santa, but what really stands out to me are the trips to my grandparents' house, decorating the tree, and smelling my mom's fresh-baked cookies, candies, and treats! These were things that came alive at Christmastime, with the family coming together, our home filled with conversation and laughter, as we watched the sky for snow, dreaming, of course, of course, for a white Christmas.

Christmas Eve for our family meant going off to the evening church service together, the Brown family taking up an entire pew. Gathering afterwards, we always had great fun, conversation, and board games. Naturally, we got to open up one gift at this time: our present from Grandma.

Back to present day, I woke up this morning thinking about Kirby Pines and the most-wonderful-time-of-the-year traditions held here. Our community feels like one huge extended family! Everywhere I look, I see folks engaged in meaningful conversation, and if you- or I-walk by, we will be asked to join in!

## at Kirby Pines

Chef Mark and his team just demonstrated what a homemade Thanksgiving dinner is all about! The sights, sounds, and tastes were all so good; I just can't decide which was better: Pumpkin or Pecan!

Not to mention the decorations! I am still so amazed at how beautiful it looks. I keep going to the lobby and gazing at the beautiful, live Christmas tree. Stunning!

Fun, family, food, and spirited fellowship in the air: I loved it all as a child, and I am so happy to have found it here at Kirby Pines Estates!

Let us all join together to celebrate on Tuesday, December 12th. Wouldn't it be wonderful if we came together as a community family to pray, reflect, and remember the TRUE meaning of Christmas in the birth of our Savior, Jesus Christ!

I hope you have a memorable and blessed holiday season with your loved ones and your friends and family right here at Kirby Pines Estates!



Michael Brown,  
Executive Director,  
Kirby Pines

## ON THE PINECONE COVER

### We're Simply The Best at Kirby Pines!

Hard to believe December is here! We've had quite a year with our Lobby Renovation, Staff Retirements and our 40th Anniversary Celebration, but don't worry, there is more to come!

There is an Art Wall reception on the 1st and Shari Ray Brand will be back on the 7th to sign her latest book. The Estates Christmas Party is on the 12th, but some of our clubs also have parties, so check the calendar or ask other members, so you don't miss out! Opera Memphis will be caroling on the 19th and sign up for the Christmas Light Tour on the 20th. The theater group has a special program on the 22nd and be sure to ring in the New Year on the 31st.

Our front cover features Lenora Smith, who has lived at Kirby Pines over 20 years and never been on our cover (not that she wasn't asked!). After winning Memphis Most for the 17th straight year, we decided the grand prize at our celebration party would be a spot on our cover. To her surprise, Lenora had the winning ticket! Despite being a little camera shy, she ended up having a great time and took a beautiful photo!

Our back cover has photos from our event, and to see even more, check out our Facebook page and our YouTube video!



Lenora Smith at the Memphis Most Party.



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Get to know Kirby Pines'

# NEW RESIDENTS



**Pat & Don Meiners**

We are happy to welcome Don and Pat Meiners to our Kirby Pines' new residents list. They have moved from their previous home in Jackson, Mississippi.

Married for 66 years, the Meiners are parents of two sons, Charles and Christopher. They also have been blessed with two grandchildren to dote over.

An electrical engineering graduate of Mississippi State University, Don began his professional career in electric utility. He retired as CEO of Entergy Mississippi. Pat earned her degree after attending Mississippi University for Women and Belhaven University. She was an elementary teacher at Jackson Academy.

A veteran of the U.S. Army Security Agency. Don was a 1\* Lieutenant and was assigned to Ft. Devens, Massachusetts and Ft. Huachuca, Arizona.

Don and Pat enjoy keeping up with Mississippi State sports. At Kirby Pines, Don is looking forward to pursuing his oil painting skills and Pat will find her new neighbors share in her love of playing bridge.

The Meiners have many travel memories. Their destinations include England, China, Russia, Egypt, Scotland, France and Venice.

Christmas is the favorite holiday of the Meiners, they should enjoy all the Christmas activities at Kirby Pines. Seek them out and invite them to join in all of the merry making during this holiday time. Welcome, to your first Kirby Christmas!

*New Resident Bios written by resident, Peggy Reynolds Gatlin*



**Markanna & Bob Small**

Bob and Markanna recently moved to Kirby Pine Retirement Community from their home in Germantown, Tennessee.

On the 30th of November, the Smalls celebrated their 60th wedding anniversary. Their marriage has been blessed with four children (one son passed away), seven grandchildren and three great-grands.

Bob worked 34 years with Chevrolet Motor Division. He retired as District Manger.

Markanna was a stay at home Mom while the children were at home. In recent years, she pursued her love of flower gardening and crafts.

The Smalls enjoy line dancing and traveling. They have traveled throughout the United States including Hawaii and Alaska. Additionally, they have traveled to Canada and Mexico.

We are happy to have Bob and Markanna as our new neighbors. Hopefully they will get involved in our resident programs without delay, especially line dancing, the travel group, and others. Find them, and extend our warm Kirby Pines welcome.

**Are you or a family member  
ready to enjoy retirement living?**

**Call a Kirby Pines  
LifeCare Advisor at 901.369.7340  
and join our family today!**



Get Ready...  
Get Wet...  
**AND GO!**

Almost everyone, regardless of age or physical condition, can benefit from aquatic exercise – even if you don't know how to swim! Just being in the water has inherent benefits. From improvements in circulation to relieving joint pain, the rewards of aquatic exercise are numerous. Many physicians and therapists recommend aquatic therapy because it can advance individuals to a higher level of muscle fitness and mobility offering quicker advantages over land-based exercise and therapy:

**Buoyancy** provided by the water allows you to move more easily with decreased stress on muscles, joints, and bones while increasing flexibility and balance. In chest-deep water, you take 70% of your body weight off your joints. The “support” your body receives makes exercising easier and less painful, allowing you to exercise longer without increased effort or joint or muscle pain.

- Exercises performed in the water allow the heart to work more efficiently, making it a great cardiovascular workout.
- The pressure of the water on your joints and muscles comforts your body while you exercise, leaving you feeling less fatigued.
- Support provided by the water reduces the fear of falling.

**Resistance** of the water allows for higher workout intensities with less impact on your body.

**Warm water** therapy has even greater benefits. Our pool in the Oasis is usually at 90° and the spa is at 100°. Besides the comfort of the temperature, immersing in warm water raises your body temperature and relaxes your muscles benefitting individuals with disabilities and conditions such as arthritis, fibromyalgia, Parkinson's disease, and many others. Participating in a warm water exercise class provides many physical benefits:

- Improved endurance, flexibility, and range of motion
- Improved pulmonary function
- Increased circulation
- Muscle relaxation and pain relief
- Strengthened muscles
- Decreased joint and soft tissue inflammation
- Improved bone density

Additionally, warm water exercise can have other benefits including reduced anxiety and stress, improved mood, and fun with friends.



## Monday/Wednesday/Friday

### Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool  
9:30 am - 10:30 am | Pool

### Exercise in the PAC Resident Led

9:30am | PAC/Live TV

### Get Physical with Kim

Monday & Friday Only  
8:00 am | Oasis

### Chair Yoga with Kim

Monday Only  
10:30 am | PAC/Live TV

### Strength Training with Kim

Friday Only  
10:15 am | PAC/Live TV

### Yoga Stretch with Kim

Friday Only  
11:00 am | PAC/Live TV

## Tuesday/Thursday

### Men's Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

### Arthritis Water Aerobics with Kim

9:30 am - 10:15 am | Pool

### Cardio Move & Strength with Kim

10:30 am - 11:15 am | PAC/Live TV





# FOOD FOR THOUGHT

There are many benefits to healthy eating: stronger immune system, better sleep, more energy, improved mood, and a lower risk for disease. What you eat also has an important role in the health of your brain, your memory, as well as other aspects of mental and physical health. Higher levels of fatty acids and protein are associated with better memory and a healthier brain.

For better brain health, try to add these foods into your regular diet:

**Nuts and Seeds** – Protein is the second largest matter in the brain, second only to water, so it's critical to nourish your brain with protein-rich foods; Amino acids are also found in protein, and they are packed with omega 3 and 6 fatty acids. Omega fatty acids aid in building cells to maintain normal brain function. Examples of brain healthy nuts include walnuts, almonds, peanuts, sunflower and/or pumpkin seeds.

**Salmon** – Oily fishes, such as salmon, are high in omega 3!

**Beans** – Rich in fiber, B vitamins, and omega fatty acids; fiber helps keep you fuller longer, and it also creates a slow release of sugar, which helps with concentration and memory.

**Blueberries** – as well as other dark berries – Rich in antioxidants, which protect against free radicals (unstable molecules that attack cells within our body).

Regularly consuming unhealthy foods, alcohol, and fish with mercury can negatively impact cognitive function.

You don't have to avoid them all together, but moderation is key! These foods include:

**Sugary Drinks** – An excessive intake of sugary drinks increases the risk of dementia, obesity, high blood pressure, and arterial dysfunction.

**Alcohol** – Chronic excessive alcohol use can result in a reduction in brain volume, metabolic changes, and disruption of neurotransmitters, which are chemicals the brain uses to communicate.

**Fish high in mercury** – While oily fish has cognitive benefits, fish high in mercury can have the opposite effect. Mercury is a heavy metal contaminant and neurological poison that can be stored for a long time in animal tissues. After a person ingests mercury, it spreads all around their body, concentrating in the brain, liver, and kidneys. Examples include swordfish, tuna, and orange roughy.

Your diet has a big impact on your brain health! For more information on nutrition and your brain health, contact the Functional Pathways Therapy Team!





MERRY CHRISTMAS FROM KIRBY PINES

*Please join us for a Holiday Meal*

**CHRISTMAS EVE**

**SUNDAY, DECEMBER 24 | 11:00 AM - 1:00 PM**

**CHRISTMAS DAY**

**MONDAY, DECEMBER 25 | 11:00 AM - 1:00 PM**



FOR RESERVATIONS, PLEASE CALL 901-866-4444



## Resident Spotlight: JoAnn Ginn

However, as JoAnn and John welcomed their four children- Donna, Bobby, David and Phillip- JoAnn became mostly a stay-at-home mom. “This was a wonderful time in my life. I loved being a mom”.

After the children were grown, JoAnn took the opportunity to travel with John and visit the various sights in the cities he visited. John’s last transfer was to Chicago, Illinois, where he retired after two years, and he and JoAnn returned to Memphis. “I was so glad to leave there,” says JoAnn. “I was afraid I was going to freeze to death!”

With retirement, JoAnn and John were able to spend time with family, which includes seven grandchildren and four great-grandchildren, and the opportunity to do the things they felt called to do. In addition to extensive travel and cruises, JoAnn and John were able to extend their missionary work to China and Turkey. According to JoAnn, “Our faith was at the center of our marriage. John and I had always been involved in church and community work wherever we lived and were needed.”

Retirement also allowed time for hobbies. JoAnn chose art work, and John loved restoring old cars. “As a matter of fact,” says JoAnn, “restoring cars became a family affair. It was not unusual to find both of us lying under a car pulling out a motor or putting on brake liners. Surprisingly, most of the time, we agreed on what we were doing.”

In 2017, JoAnn had heart by-pass surgery and was hospitalized for three months due to complications. In 2018, JoAnn and John began thinking of finding a place with few home responsibilities as well as a place where they would always be together. They had heard about Kirby Pines and made an appointment to learn about Life Care. “We had no intention of making a decision that day,” says JoAnn, “but after our visit, we signed a contract immediately. Unbelievably, we sold our house, had an estate sale, and moved to Kirby Pines in less than a month!”



**The Ginn Family**

JoAnn says that Kirby Pines felt like home immediately. “Everyone seems to truly care about and help each other,” says JoAnn, “and there are more activities than you can possibly participate in.” JoAnn had the opportunity to experience

the caring at Kirby when John became ill and died in January 2021. “Those were difficult days,” remembers JoAnn. “I had my family, along with church and Kirby families, to support me. It is a comfort to my family to know that I am in a safe place doing the things I love to do.” Those things include an assortment of card games, working in Michael’s Gift Shop, and participating in Kirby Theater productions.

When asked about her favorite Christmas, JoAnn, without hesitation, relates the story of a grandchild born in 1999 with only one-half a heart. Unexpectedly, in the second week of his life, a heart transplant became available on December 23rd, which saved his life. “Another Christmas miracle,” says JoAnn.”

*Written by Joan Dodson, Resident of Kirby Pines*

### LIVING THE AMERICAN DREAM

Is it possible to develop an addiction at Kirby Pines? “Yes,” admits JoAnn Ginn. “I have become addicted to having fun: playing games, and especially playing mahjong with such a fun-loving and intelligent group of Christian women.”

Fortunate enough to have had a happy and supportive life as a child and an adult, JoAnn was pre-conditioned to the life she now enjoys at Kirby Pines. This is her story in achieving the American dream.

JoAnn Godwin was born in the small, neighboring community of Fisherville, Tennessee. Her father was one of seven siblings who were given family land to build their homes. As a result, JoAnn acquired many cousins who were like siblings because of their proximity and time they spent together. “We all attended the Baptist church there,” according to JoAnn, “and many of our activities centered on church.” JoAnn was the oldest of three other children in her family: two sisters and one brother. As the oldest, JoAnn said she took charge, “But they didn’t always appreciate my ‘bossiness,’” she admits. “Like most country people, we always had plenty to eat, but sadly,” JoAnn remembers, “sometimes we had our ‘pets’ for dinner!”

Christmas was always an exciting time. According to JoAnn, “Christmas was much simpler then. We cut our tree from our land and searched Sears Roebuck catalogue for our wishes. We would have very few gifts under the tree, but we always had Santa because of the younger kids. Christmas was special because we only got gifts on birthdays and Christmas.”

For high school, JoAnn attended the one in Collierville. Once again, the class was small, and everyone enjoyed being together. JoAnn was involved in several clubs and was editor of the year book her senior year.

Graduating from high school in 1958, JoAnn enrolled in Union University in Jackson, Tennessee. She admits, “I was there for two years but traded my degree for a Mrs.” She married John Ginn whom she met when she was a freshman. John had enrolled at Union with a scholarship in Track.

After their marriage, JoAnn and John moved to Memphis which became their permanent home, although they would spend time in other cities when John was transferred. John had found employment with General Foods Corporation, starting in a minimal paying job. He would eventually become manager of the Memphis branch as well as other locations.

JoAnn found work doing accounting for banks and other companies.

JOIN US FOR THE 2023 KIRBY PINES ESTATES

# Christmas Party

TUESDAY  
DEC. 12

4:00 PM  
TO  
6:00 PM

IN THE  
GRAND LOBBY

MUSIC AND  
FABULOUS  
FOOD!



Congratulations to our **CHAMPION of the Month**

LPN - Medical

**CHARLENE JONES**

*Describe Your Family:* Close and sharing.

*Describe yourself in five words:* Determined, open-minded, trustworthy, patient and kind.

*What do you do for fun:* Vintage shopping. *Pets:* A 7 year old white shepherd named, Samson.

*Do you have any hobbies:* Quilting and crafting. *What is your favorite food:* Fish.

*What is your favorite thing about your job:* Satisfaction in helping people.

*What is your favorite song:* Walking by Mary Mary.

*What is something you are proud of:* Becoming a nurse.

*What would you like people to know about you:* I have a twin and have been married 37 years.



Charlene Jones is the strength on the 11-7 shift. When there is a staffing issue, she takes the leading role and makes adjustments that are in the best interest of the residents. She is consistently part of the solution to voiced concerns. She has often stayed over, just to make sure our residents were taken care of. We are proud to have her on our team.

- Rhonda Nelson, Director of Nursing



# REFLECTIONS

By  
Maxie Dunnam



## Christmas is on the Top of a Steep Hill

There is no more exciting world than the world of children. Charles Schulz, in his Peanut cartoons, perceives and probes that world in a marvelous way. One year during the Christmas season, he put into drawing and dialogue one of those common exchanges between children that has deep and uncommon meaning. Sally asked Charlie Brown, “Is it Christmas yet?” “Four more days,” responds Charlie Brown. “How come it takes so long?” Sally wants to know. Without even looking up from the TV, Charlie Brown gets off one of those off-the-cuff philosophical statements that one can chew on all day. “Christmas is on the top of steep hill,” he said, “and the closer you get to it, the steeper the hill is.”

As I reflect, I conclude Charlie Brown is right. The birth of Jesus was on the top of steep hill, not literally, though Bethlehem is on a hill. Men had longed and prayed for the Messiah. The years of sorrow and suffering, darkness and death had dragged endlessly on. Through the prophets, God kept telling them that “in the fullness of time,” the Messiah would come.

That time came, and Jesus was born. He said he would come, and he did. He came to give us life, and he promised to come again to fully establish his Kingdom with his followers living with him eternally.

He will keep that promise. I want to solidly lodge two sentences in your mind for your reflection and action as you stay ready for his coming. Let this be the hill you climb as Christmas comes and your celebration will be as joyful as the children. First, *we have plenty of everything, except what we need to make what we have worthwhile.* Spend a few minutes pondering that before you read further.....

The second word: *The best we have without Christ is not enough for salvation, not enough to give us abundant life.* We need a Messiah, a savior, a life giver. Christmas is on the top of a steep hill of acknowledging our need. When we acknowledge that all of our getting and spending, our accumulation of things, the way we excuse our selfishness and efforts at self-justification, the way we go about trying to rationalize our un-involvement with the needs of the world, the way we seek salvation in so many places.

When we realize that all this is futile, and wait and pray in expectation and openness, then we will *see the salvation of the Lord.* ‘Until he comes again, by his grace we can move from one degree of glory to another.



### December Vesper Services | 6:30pm | Performing Arts Center

**December 7**

Rev Mimi White  
Germantown United  
Methodist Church

**December 14**

Pastor Chuck Neugebauer  
Christ the King  
Lutheran Church

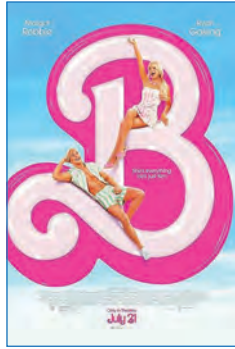
**December 21**

Scripture & Song for Advent  
Elizabeth Houston - Harpist  
Libby Link - Violin

**December 28**

Christmas  
Hymn Sing

# MEET ME AT



## LAST CHANCE HARVEY (2008)



**Friday, December 1 | 1:30 pm**  
**Saturday, December 2 | 6:30 pm**  
**Sunday, December 3 | 6:30 pm**  
**Cast: Dustin Hoffman, Emma Thompson, Kathy Baker, Eileen Atkins**

In London for his daughter's wedding, Harvey Shine, misses his plane to New York. While drowning his sorrows in the airport pub, Harvey meets Kate, a British government worker stuck in an endless cycle of work, phone calls from her mother, and blind dates. A connection forms between the unhappy pair, who soon find themselves falling in love.

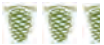
## BARBIE (2023)



**Saturday, December 2 | 10:00 am & 1:30 pm**  
**Cast: Margot Robbie, Ryan Gosling, Will Ferrell, Emma Mackey**

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.

## RED 2 (2013)



**Sunday, December 3 | 1:30 pm & 4:00 pm**  
**Cast: Bruce Willis, John Malkovich, Helen Mirren, Anthony Hopkins**

Retired CIA agent Frank Moses reunites his unlikely team of elite operatives for a global quest to track down a missing portable nuclear device.

## ONE SPECIAL NIGHT (1999)



**Friday, December 8 | 1:30 pm**  
**Saturday, December 9 | 6:30 pm**  
**Sunday, December 10 | 6:30 pm**  
**Cast: James Garner, Julie Andrews, Stacy Grant, Patricia Charbonneau**

A man and woman find themselves stranded together over the Thanksgiving holiday by a heavy snowstorm, giving them the chance to gradually learn about each other's lives and become firm friends.

## CHRISTMAS AT ROSEMONT (2015)



**Saturday, December 9 | 10:00 am & 1:30 pm**  
**Cast: Ayla Kell, Grace Zabriskie, Brad Dourif, Michael Gross**

During a raging blizzard days before Christmas, a pregnant woman and a professional snowboarder meet by chance as they attempt to make it over the mountains ahead of them. They are forced to seek shelter at a once vibrant lodge owned by the bitter owner Josephine, whose only companion is the lodge's sole remaining employee, caretaker Abe.

## CHRISTMAS WITH THE KRANKS (2004)



**Sunday, December 10 | 1:30 pm & 4:00 pm**  
**Cast: Tim Allen, Jamie Lee Curtis, Dan Aykroyd, M. Emmet Walsh**

With their daughter, Blair, away in Peru, Luther and Nora Krank decide to skip Christmas all together until she decides to come home, causing an uproar when they have to celebrate it at the last minute.

## MIRACLE ON 34TH STREET (1947)



**Friday, December 15 | 1:30 pm**  
**Saturday, December 16 | 6:30 pm**  
**Sunday, December 17 | 6:30 pm**  
**Cast: Edmund Gwenn, Natalie Wood, Maureen O'Hara, John Payne**

After a divorced New York mother hires a nice old man to play Santa Claus at Macy's, she is startled by his claim to be the genuine article. When his sanity is questioned, a lawyer defends him in court by arguing that he's not mistaken.

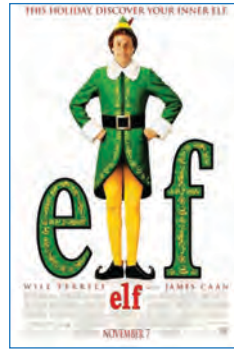
## CHRISTMAS AT GRACELAND (2018)



**Saturday, December 16 | 10:00 am & 1:30 pm**  
**Cast: Wes Brown, Kellie Pickler, Kaitlin Doubleday, Claire Elizabeth Green**

A working Chicago mum brings her kids with her on a business trip to Memphis so they can all visit Graceland during the week before Christmas; but she is thrown for a loop when she bumps into an old flame from her days as a singer in college.

# THE MOVIES



## HOME ALONE (1990)



**Sunday, December 17 | 1:30 pm & 4:00 pm**

**Cast: Macaulay Culkin, Joe Pesci, Daniel Stern, Catherine O'Hara**

When bratty 8-year-old Kevin McCallister acts out the night before a family trip to Paris, his mother makes him sleep in the attic. After the McCallisters mistakenly leave for the airport without Kevin, he awakens to an empty house and assumes his wish to have no family has come true. But his excitement sours when he realizes that two con men plan to rob the McCallister residence, and that he alone must protect the family home.

## THE POLAR EXPRESS (2004)



**Friday, December 22 | 1:30 pm**

**Saturday, NDecember 23 | 6:30 pm**

**Sunday, December 24 | 6:30 pm**

**Cast: Tom Hanks, Josh Hutcherson, Eddie Deezen, Michael Jeter**

When a doubting young boy takes an extraordinary train ride to the North Pole, he embarks on a journey of self-discovery that shows him that the wonder of life never fades for those who believe.

## ELF (2003)



**Saturday, December 23 | 10:00 am & 1:30 pm**

**Cast: Will Ferrell, James Caan, Zoey Deschanel, Bob Newhart**

Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs, a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results.

## HOW THE GRINCH STOLE CHRISTMAS (2000)

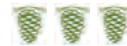


**Sunday, December 24 | 1:30 pm & 4:00 pm**

**Cast: Jim Carrey, Taylor Momsen, Christine Baranski, Jeffrey Tambor**

In this live-action adaptation of the beloved children's tale by Dr. Seuss, the reclusive green Grinch decides to ruin Christmas for the cheery citizens of Whoville.

## THE GREATEST SHOWMAN (2017)



**Friday, December 29 | 1:30 pm**

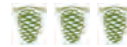
**Saturday, December 30 | 6:30 pm**

**Sunday, December 31 | 6:30 pm**

**Cast: Hugh Jackman, Zac Efron, Zendaya, Michelle Williams**

Celebrates the birth of show business and tells of visionary, P.T. Barnum, who rose from nothing to create a spectacle that became a worldwide sensation.

## RIDE LIKE A GIRL (2019)



**Saturday, December 30 | 10:00 am & 1:30 pm**

**Cast: Teresa Palmer, Stephen Payne, Sophia Forrest, Sam Neill**

The inspirational story of Michelle Payne, the first female jockey to win the Melbourne Cup despite facing odds of a 100 to 1.

## NEW YEAR'S EVE (2011)



**Sunday, December 31 | 1:30 pm & 4:00 pm**

**Cast: Michelle Pfeiffer, Zac Efron, Robert DeNiro, Hilary Swank**

Intertwining stories promise love, hope, forgiveness, second chances and more for a number of New Yorkers on the celebrated night. A rock star and his ex-lover clash at an exclusive party; a singer becomes stranded with a killjoy on the way to a New Year's gig; a nurse stays with a dying patient as he tries to hang on long enough to see the ball drop in Times Square one last time.

## KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE      = GOOD

= GREAT      = PERFECT

# December 2023



## ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

8:00 am ● Church of Christ Service (Chapel) **3**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Red 2 (Thtr)  
 4:00 pm ● Movie: Red 2 (Thtr)  
 6:30 pm ● Movie: Last Chance Harvey (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **4**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Poetry & Writing Club (LCR)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **5**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 11:45 am ● *Birthdays Lunch (Dining)*  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: The Noel Diary (Thtr)  
 3:45 pm ● *Birthdays Dinner (Dining)*  
 6:30 pm ● Movie: The Noel Diary (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **6**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Falling for Christmas (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Falling for Christmas (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **7**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:00 am ● Kroger & Banks (Trans)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: The Chosen (Thtr)  
 2:00 pm ● *Shari Brand Ray Book Signing (LCR)*  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **8**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Banks (Trans)  
 1:30 pm ● Movie: Last Chance Harvey (Thtr)  
 2:00 pm ● *Art Wall Reception (PAC)*  
 6:00 pm ● *Music with Al Mahan (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **9**  
 10:00 am ● Movie: Christmas at Rosemont (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Christmas at Rosemont (Thtr)  
 3:00 pm ● *Lisa Ramirez & Accompanists (PAC)*  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Movie: One Special Night (Thtr)

8:00 am ● Church of Christ Service (Chapel) **10**  
 10:00 am ● Worship Service (PAC)  
 11:00 am ● *Hudson Hollowell on Piano (Lobby)*  
 1:00 pm ● *Music with Marilyn Garziona (Lobby)*  
 1:30 pm ● Movie: Christmas with the Kranks (Thtr)  
 1:45 pm ● *Singing Christmas Tree (Trans)*  
 4:00 pm ● Movie: Christmas with the Kranks (Thtr)  
 6:30 pm ● Movie: One Special Night (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **11**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **12**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: The Christmas Proposal (Thtr)  
 4:00 pm ● *Estates Christmas Party (Lobby)*  
 6:30 pm ● Movie: The Christmas Proposal (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **13**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 10:30 pm ● *Garden Gro's Christmas (Ante)*  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Deck the Halls (Thtr)  
 2:00 pm ● Ballroom Dancing (A&C)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Deck the Halls (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **14**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:00 am ● Kroger & Banks (Trans)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: The Chosen (Thtr)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **15**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:15 am ● Strength Training (PAC)  
 10:30 am ● Cornhole (LCR)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: Miracle on 34th Street (Thtr)  
 6:00 pm ● *Music with Pann & Students (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **16**  
 10:00 am ● Movie: Christmas at Graceland (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Christmas at Graceland (Thtr)  
 6:30 pm ● Movie: Miracle on 34th Street (Thtr)

8:00 am ● Church of Christ Service (Chapel) **17**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Home Alone (Thtr)  
 3:00 pm ● *Christmas Program with Marty Kocman and Liz Parsons (PAC)*  
 4:00 pm ● Movie: Home Alone (Thtr)  
 6:30 pm ● Movie: Miracle on 34th Street (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **18**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:00 am ● Smith Jewelers (SCR)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Tech Time (LCR)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **19**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 9:30 am ● *Book Baggers Christmas Party (Chapel)*  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Holiday in the Wild (Thtr)  
 6:00 pm ● *Opera Memphis Carolers (PAC)*  
 6:30 pm ● Movie: Holiday in the Wild (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **20**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Caregiver Support Group (SCR)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Holiday in Handcuffs (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Holiday in Handcuffs (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **21**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:00 am ● Kroger & Banks (Trans)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: The Chosen (Thtr)  
 3:00 pm ● Photo Club (LCR)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **22**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: Polar Express (Thtr)  
 6:30 pm ● *Kirby Theater: Around the World (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **23**  
 10:00 am ● Movie: Elf (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Elf (Thtr)  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Movie: Polar Express (Thtr)

8:00 am ● Church of Christ Service (Chapel) **24**  
 10:00 am ● Worship Service (PAC) **31**  
 1:30 pm ● Movie: The Grinch (Thtr)  
 4:00 pm ● Movie: The Grinch (Thtr)  
 6:30 pm ● Movie: Polar Express (Thtr)  
 8:00 am ● Church of Christ Service (Chapel)  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: New Year's Eve (Thtr)  
 4:00 pm ● Movie: New Year's Eve (Thtr)  
 6:30 pm ● Movie: The Greatest Showman (Thtr)  
 6:30 pm ● *New Year's Eve Ball (PAC)*

8:00 am ● Get Physical with Kim (Oasis) **25**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **26**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: The Last Laugh (Thtr)  
 6:30 pm ● Movie: The Last Laugh (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **27**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: While You Were Sleeping (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: While You Were Sleeping (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **28**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:00 am ● Kroger & Banks (Trans)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: The Chosen (Thtr)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **29**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: The Greatest Showman (Thtr)  
 6:00 pm ● *Music with The Boomers (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **30**  
 10:00 am ● Movie: Ride Like A Girl (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Ride Like A Girl (Thtr)  
 6:30 pm ● Movie: The Greatest Showman (Thtr)

# December 2023 EVENTS

## Dec 1: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:30 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

## Dec 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Dec 1: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

## Dec 1: Strength Training

As we age, it is so important that we maintain our strength in order to independently care for ourselves and loved ones. Join us every Friday at 10:15 am in the PAC for our strengthening exercise class.

## Dec 1 & 15: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

## Dec 1: Yoga Stretch

Gentle yoga can be very effective for seniors in preventing or slowing down the loss of bone density, and relieving bone and joint pain. Come on out and join Ms. Kim every Friday at 11:00 am in the PAC.



## Dec 1: Art Wall Presentation

Come out for our final Art Wall opening of the year. We will have refreshments and hear from our wonderful Kirby artists. The show begins at 2:00 pm in the PAC.

## Dec 1: Music with Al Mahan

Al Mahan is a pastor, singer/songwriter, and performer from Smithville, TN. His concerts are filled with humor, parodies, and impersonations and much laughter, as he takes on a heart-warming nostalgic stroll down memory lane. Come enjoy the songs of yesteryear in the PAC at 6:00 pm.

## Dec 2: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

## Dec 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.



## Dec 3: Church of Christ Service

Our service will be every Sunday at 8:00 am in the Chapel. All are welcome and encouraged to attend.

## Dec 3: Worship Service

Whether you come join us or watch our from home, be sure to catch our Sunday service at 10:00 am in the PAC. All are welcome and encouraged to attend.

## Dec 4: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## Dec 4: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the Large Card Room at 10:00 am.

## Dec 4: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

## Dec 4: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

## Dec 4: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

## Dec 4: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30 pm. Cards are \$1 to play, limit 2 cards per person.

## Dec 5: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Skye to reserve your table.



## Dec 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

## Dec 5: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

### **Dec 5 & 19: Afternoon Bridge**

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

### **Dec 5: Line Dancing**

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

### **Dec 5: BUNKO**

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

### **Dec 5: The Noel Diary**

The story of a man who returns home on Christmas to settle his estranged mother's estate. Once there, he discovers a diary that may hold secrets to his own past and of a beautiful young woman on a mysterious journey of her own. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### **Dec 6: Catholic Services**

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The third Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

### **Dec 6: Pinecone Painters**

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

### **Dec 6: Needle Arts Group**

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

### **Dec 6: Mah Jongg**

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

### **Dec 6: Falling for Christmas**

In the days leading up to Christmas, a young and newly engaged heiress experiences a skiing accident. After being diagnosed with amnesia, she finds herself in the care of the handsome lodge owner and his daughter. Showtimes are 1:30 pm and 6:30 pm in the theater. Showtimes are 1:30 pm and 6:30 pm in the theater.



### **Dec 6: Ballroom Dancing**

Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

### **Dec 6: Bridge Group**

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

### **Dec 7: Bible Study with Dave Phillips**

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

### **Dec 7: Series: The Chosen**

This fresh take on the Gospels follows Jesus as he gathers his disciples, heals the needy and sacrifices himself for the sake of humanity. Showtime is Thursdays at 1:30 pm in the theater.

### **Dec 7: Shari Ray Brand Book Signing**

A teacher of literature and writing in the Memphis area for nearly forty years, Shari Brand Ray is currently English Department Chair at St. Mary's Episcopal School in Memphis. After a lifetime of writing stories, her first book, Surprised by Imperfection, was released in 2022. She will be in the LCR at 2:00 pm for a book signing.

### **Dec 8: Music with Kris Grauel**

Kris may be new to Kirby, but he has played music for quite some time! Let's give him a warm welcome, starting at 6:00 pm in the PAC.

### **Dec 9: Lisa Ramirez & Friends**

Please join us in welcoming Lisa and her fellow pianists to Kirby. Their recital will begin at 3:00 pm in the PAC.

### **Dec 9 & 23: Trivia Group**

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for December will be Broadway Musicals and Plays, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

### **Dec 10: Pianist Hudson Hollowell**

Hudson is an 11-year-old pianist that has been working hard this year to advance his talent. Please join us for his mini recital in the lobby at 11:00 am.

### **Dec 11 & 25: Alterations**

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

### **Dec 12: Estates Christmas Party**

Join everyone in the Lobby and the dining room for one of our biggest parties of the year. Festivities are from 4:00 pm to 6:00 pm. Dress in your holiday best and be ready for an evening of Christmas cheer and piano music with Henry Booker. Don't forget to get your picture taken with Santa!

### **Dec 12: A Christmas Proposal**

A chef who dreams of having her own food trucks agrees to pose as an attorney's girlfriend. Working together, they try to prove he's the ideal candidate to take over the family firm, but things get complicated as real sparks begin to fly. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### Dec 13: Garden Gro'ers

Members of the Garder Gro'ers will be meeting at the Pavilion for a club member-only event starting at 10:30 am. Come on out and see what we're about.

### Dec 13: Deck The Halls

Two neighbors have it out after one of them decorates his house for the holidays so brightly that it can be seen from space. Showtimes are at 1:30 pm and 6:30 pm in the theater.



### Dec 15: Pann & Students

Come enjoy the beautiful piano stylings of this group at 6:00 pm in the PAC. They are sure to entertain.

### Dec 17: Christmas with Marty Kocman & Lisa Parsons

Come on out and see Ms. Lisa Parsons and Kirby's very own Marty Kocman in this beautiful Christmas performance. The show will start promptly at 3:00 pm in the PAC.

### Jun 18: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

### Dec 18: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

### Dec 19: The Book Baggers

A "meeting" you won't want to miss! Tuesday, December 19, will be the annual Christmas Party for the Book Baggers group. Enjoy Janie Smith on piano. We will also have singing, some entertainment, and of course our book giveaway! Everyone will go home with at least two books from our collection of reads during 2023! As always, you are encouraged to bring a new neighbor who might enjoy knowing a little about the Book Baggers. Party starts at 9:30 am in the Chapel.

### Dec 19: Holiday in the Wild

Jilted by her husband on the eve of embarking on an African safari, a woman travels to the continent solo and meets an elephant conservationist. Showtimes are at 1:30 pm and 6:30 pm in the theater.

### Dec 19: Opera Memphis Carolers

Bring some merry-and-bright to the season with the Opera Memphis Holiday Carolers! From classical carols to contemporary holiday standards, and sacred to secular, they sing it all! Showtime is 6:00 pm in the PAC.

### Jun 20: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

### Dec 20: Holiday in Handcuffs

A struggling artist working as a waitress kidnaps one of her customers to take home to meet her parents at Christmas-time. Showtimes are at 1:30 pm and 6:30 pm in the theater.



### Dec 20: Christmas Lights Tour

Come hop on the bus with us! The travelers club will be touring Christmas displays all over Germantown and Collierville. We will not be getting off the bus! Residents will be able to create their own hot chocolate drinks with a variety of toppings prior to departing. Bus will leave the lobby at 5:30 pm.

### Dec 21: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the LCR to brush up on your skills!

### Dec 22: Around the World in 60 Minutes

The Kirby Pines Theater Group presents their 'Around the World in 60 Minutes' holiday show! Explore 13 countries Please join us at 6:30 pm in the PAC for this extravaganza.

### Dec 26: The Last Laugh

When retired talent manager Al Hart is reunited with his first client, Buddy Green, a comic who quit show business 50 years ago, he convinces Buddy to escape their retirement community and hit the road for a cross-country comedy tour. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### Dec 27: While You Were Sleeping

A hopelessly romantic Chicago Transit Authority ticket booth operator is mistaken for the fiancée of a comatose patient. Showtimes are at 1:30 pm and 6:30 pm in the theatre.

### Dec 29: Music with The Boomers

The Boomers will be with us for a special holiday show this year! Come on out and join us in the PAC at 6:30 pm for this special treat.

### Dec 31: New Year's Eve Ball

Join us and the Jim Mahannah Band in the PAC for our final party of the year! Put on your best ball attire and enjoy great music, dancing, desserts and more. The photo booth will open at 6:00 pm and the music kicks off at 6:30 pm. We hope to see you there.



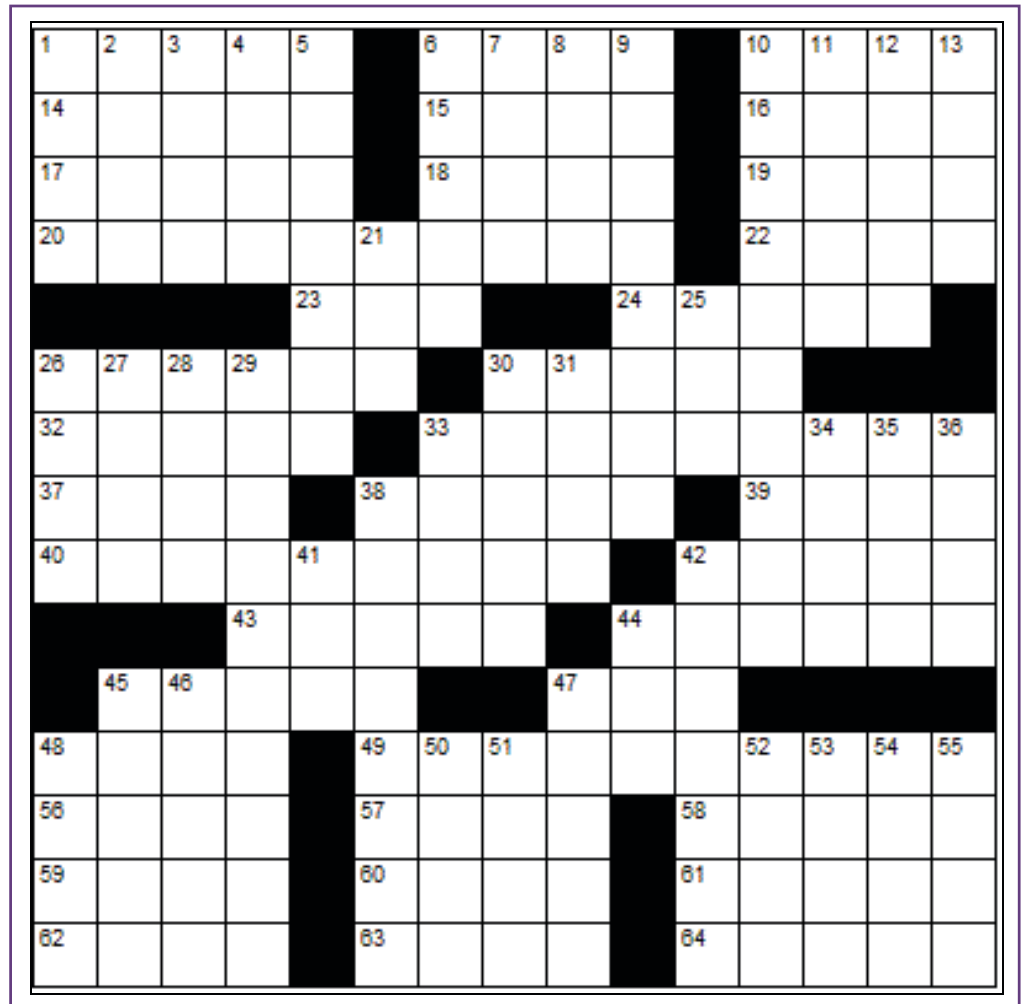
# PUZZLE CHALLENGE | Giant Crossword

## ACROSS

1. Water park slide
6. Cobras
10. A bushy hairdo
14. Auspices
15. Winnie the \_\_\_\_\_
16. Strait-laced
17. Angers
18. Seaweed
19. Wan
20. Male newlywed
22. Legal claim
23. Excluding
24. Construct
26. Collision
30. Chip dip (see photo for hint)
32. To the point
33. Lurching
37. Ages
38. Flowing tresses
39. Helix
40. Office notes
42. Palisade
43. Out of practice
44. Let up
45. Cigarette remains
47. Poetic contraction
48. Emollient
49. Building designers
56. Initial wager
57. Storm
58. Snow house
59. Wool
60. Freudian topics
61. String quartet instrument
62. Thin strip
63. Anger
64. Aromatic compound

## DOWN

1. Carbohydrate
2. Inheritor
3. Type of fruit
4. Bound
5. Gist
6. Not together
7. Alone



8. Bounce up and down
9. State of disorder
10. Fridges and stoves
11. Physically weak
12. Angered
13. Portent
21. Obtained
25. Employ
26. Any thing
27. Nothing more than
28. Baby buggy
29. Variety
30. Like most beaches
31. Environs
33. Tilt
34. Charged particles
35. Pleasant
36. Secluded valley
38. Masseur
41. Furrow
42. Joyous
44. Fifty-two in Roman numerals
45. Humdrum
46. Extreme
47. Not those
48. Alcoves
50. Indian music
51. Blockage
52. Auspices
53. Coagulate
54. Lacquered metalware
55. Fly high



*Puzzle Solutions - page 23*



# PICTURING LIFE AT KIRBY PINES

## HALLOWEEN, VETERANS DAY AND MORE!



Diane Mullins and Alice Wherry get in the Halloween Spirit!



Marty & Janie Kocman channel Bob Ross. Photo by Stuart Eyman



Is Mother Goose our very own Marilyn Wray?



Christine Martin is so cute! Photo by Sydney Wagner



Marty McKee, Janice Collier and Marilyn Crosby go all out for the costume contest!



Rhetta & Ladybug Watkins out for a walk. Photo by Arrena Cheek



Suzanne Hufnagel enjoys her flowers repurposed to residents from 901 Pop.



Ruth Nilsen with Phil and Freda Clements enjoy the Veteran's Day program.



Mike Jaeger, Dennis Renick and Richard Colditz wave the red, white & blue with one of the directors of the children's choir who performed.

# PICTURING LIFE AT KIRBY PINES

## BIRTHDAYS AND VISITORS



Paula Cwikiel surrounded by daughter, Kimberly, son-in-law, Larry, and daughter, Alicia.



Mary Young celebrates her birthday with friends, Ellie Bates, Connie Carter, her niece, Kathleen, Ann Smith and Lou Moore.



Sarah Maddox has her first birthday at Kirby Pines. With her are Marilyn Wray, Ann Jennings, visiting friends, husband, Roland, and Don Wiseman.



Jennie Fulmer enjoys her special day with friends, Alma Crone, Barbara Logan and Mary Stagg.



Bill and Gay Ramia are visited by their daughter, Amy, grandson, Jeremy and his girlfriend Ashley. Photo by Sydney Wagner



Jennie Fulmer, Jan Thomson & Mary Blanche Scott, join former student and Miss America 1960, Lynda Lee Mead. Photo by Sydney Wagner

# PICTURING LIFE AT KIRBY PINES

## ART CLASS, TURKEY TROT DANCE AND MORE!



Carolyn Thomason works on her painting in Ms. Barrie's Master Art Class.



Ms. Barrie gives Bill Crosby, Jerry Dunnam and Alice Wherry some encouragement during her class.



Ken Thomason shows off his painting from the Master Class.



Jeannie Valentine gives retiring, Calvin Sims, a big hug. Photo by Mary Ann Thurmond



Mary Blanche Scott and Jan Thomson are November's Bridge Winners. Photo by Steve Martin



Sydney Wagner checks out the Kirby Book Sale. Photo by Marsha Greiner



Linda and Steve Tittle attend the Turkey Trot Dance.



Shirley and Joe Brooks, who NEVER get their photo taken (wink), smile for the camera.

# KIRBY PINES PHOTO CLUB



Photo by Stuart Eyman



Photo by Connie Carter

**Join Us December 21st  
at 3:00 in the  
Large Card Room!**

**We discussed  
LEAF PHOTOGRAPHY  
last month - check it out!**



Photo by Carolin Thomason



Photo by Sheryl Maxwell

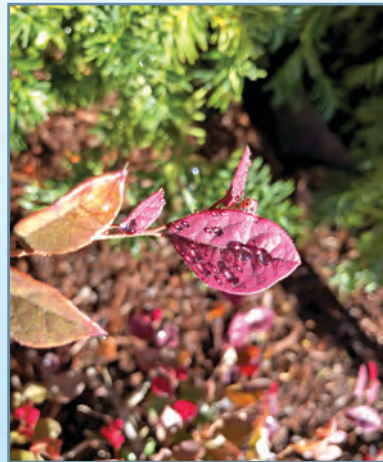


Photo by Dale Jones



Photo by Jane Longfield



Photo by Arrena Cheek



Photo by Sylvia Statham



Photo by Mary Ann Thurmond

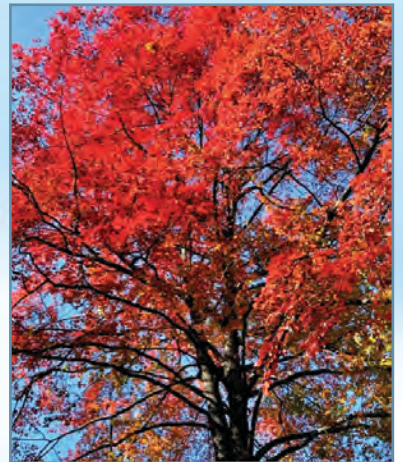


Photo by Jeannie Valentine



Photo by Fred Dabrowski



Photo by Hugh Wilson



Photo by Fran Gentry

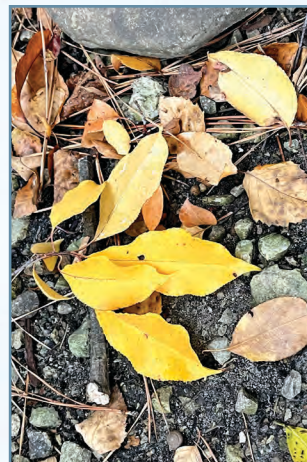


Photo by Sydney Wagner



Photo by Marsha Greiner

# Memorials, Honorariums & Gifts

## In Memory Of

### **PATRICIA ATTNEAVE**

Donation by KP Resident Association  
to the Library/Large Print Books

Donation by Sydney Wagner  
to the Book Baggers

### **LOUISE DAY**

Donation by KP Resident Association  
to the Entertainers

Donation by Sydney Wagner  
to the Book Baggers

### **FRANCES ADAMS**

Donation by KP Resident Association  
to the Employee Fund

### **FRANK GAMILL**

Donation by KP Resident Association  
to the Employee Fund

### **BETTIE SMITH**

Donation by Merry LeShane  
to the Employee Fund

Donation by Donna Griffin  
to the Employee Fund

### **HELEN EDWARDS**

Donation by Joy Wernet  
to the General Fund

## In Memory Of

### **LEA ANNA KOONCE**

Donation by Joy Wernet  
to the General Fund

### **BILLIE JEAN RATLIFF**

Donation by Joy Wernet  
to the General Fund

### **TRAVIS THORNTON**

Donation by Joy Wernet  
to the General Fund

### **JOSEPHINE JOHNSON**

Donation by KP Resident Association  
to the Garden Gro'ers for Roses

Donation by Sydney Wagner  
to the Book Baggers

## In Honor Of

### **HUGH GREGORY**

Donation by Chuck & Paula Hanson  
to the Hobby Shop

Donation by Ronnie & Barbara Bierbrodt  
to the Hobby Shop

### **JIM BAMPFIELD**

Donation by Doc & Sue Elder  
to the Hobby Shop

## In Honor Of

### **JOAN DODSON**

Donation by Hugh & Banky Wilson  
to the Entertainers

### **MARK MAXWELL**

Donation by The Elders  
to the Hobby Shop

Donation by Joy Wernet  
to the Hobby Shop

Donation by Phil Clements  
to the Hobby Shop

Donation by Pink Palace Sales  
to the Hobby Shop

## Gifts To

### **HOBBY SHOP**

Donation by Martha Walker



**TO SEE MORE  
PHOTOS  
AND HAPPENINGS  
CHECK OUT OUR  
FACEBOOK PAGE!**

Simply go to  
**facebook.com**  
and search  
**Kirby Pines!**



**CHECK OUT OUR CHANNEL  
FOR ALL OF OUR VIDEOS!**

Simply go to  
**youtube.com**  
and search for Kirby Pines!

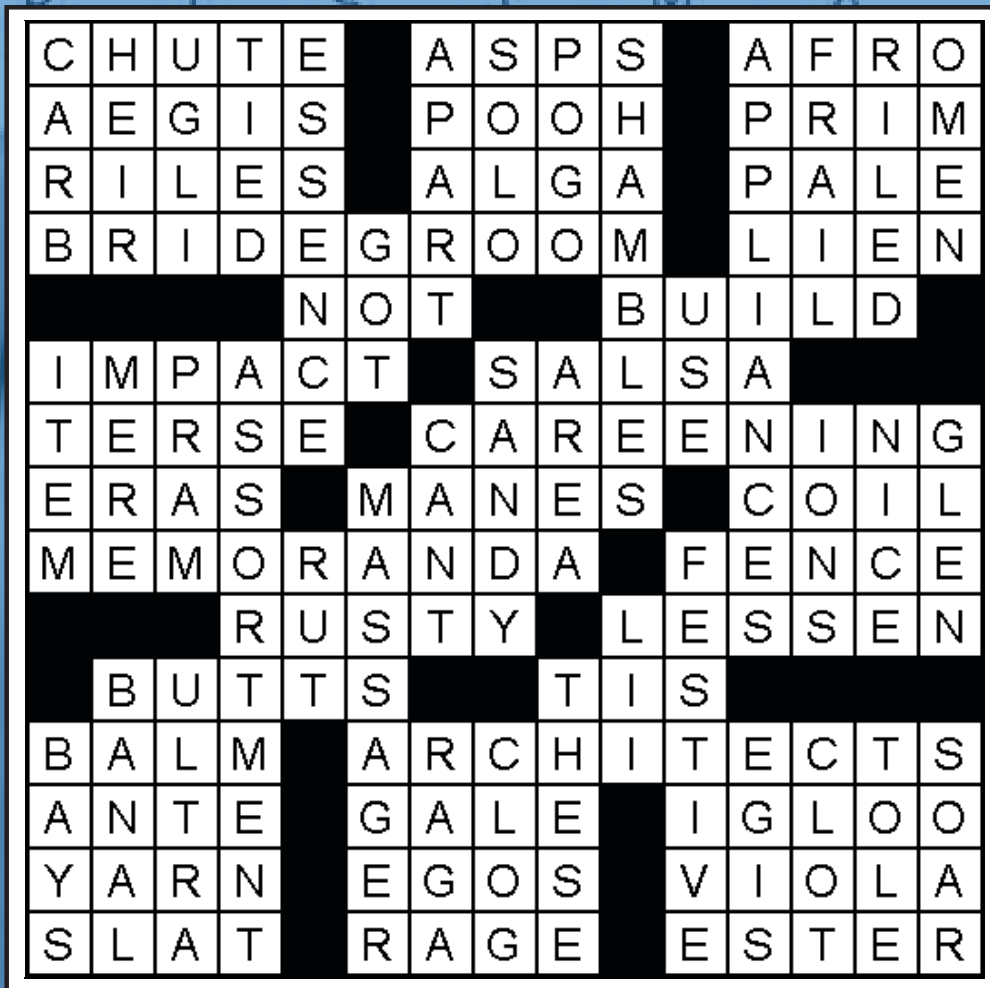


**SCAN ME!**

Or use your QR Code  
Reader or Smart Phone  
Camera and Scan this  
Code to Get There!



# GIANT WORD SEARCH



ANSWERS TO PUZZLE  
CHALLENGE ON PAGE 17

## Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: [www.kirbypines.com](http://www.kirbypines.com)

### FOR MORE INFORMATION

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# KIRBY PINES IS VOTED THE #1 RETIREMENT COMMUNITY FOR THE 17TH STRAIGHT YEAR!



**Kirby Pines**  
LifeCare Community

SCAN CODE ON THE LEFT TO SEE OUR PARTY VIDEO!

