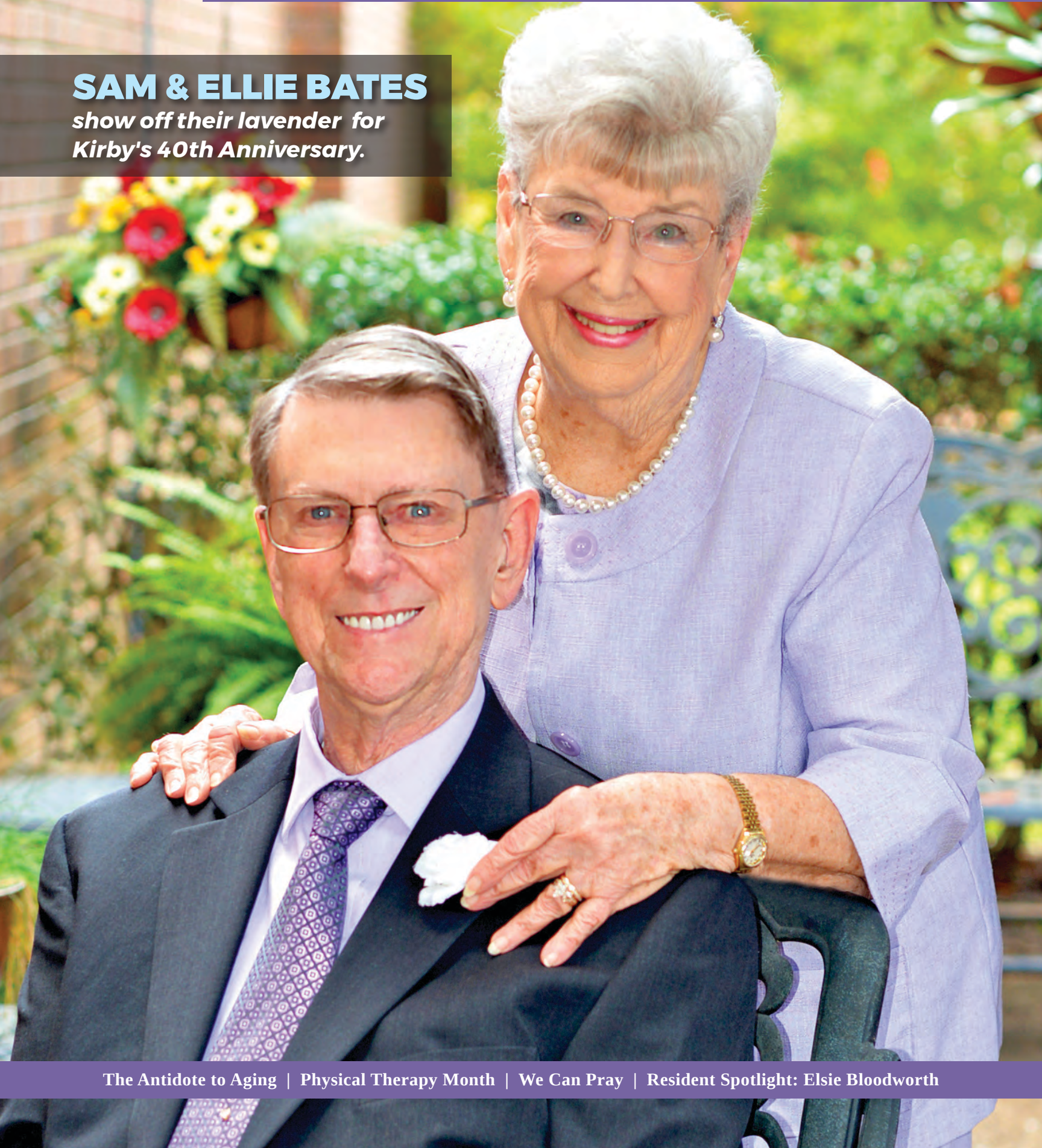


# the PINECONE

The Magazine of Kirby Pines LifeCare Community • October 2023 | V. 41 | I.10

**SAM & ELLIE BATES**  
*show off their lavender for  
Kirby's 40th Anniversary.*



The Antidote to Aging | Physical Therapy Month | We Can Pray | Resident Spotlight: Elsie Bloodworth





Retirement Companies of America

### BOARD OF DIRECTORS

Dr. James Latimer, Chairman  
Mr. Rudy Herzke, President  
Mr. Berry Terry, Secretary/Treasurer  
Mr. Larry Braughton Mr. Jim Ethridge  
Ms. Linda Harrington Ms. Mary Ann Hodges  
Mr. Rusty Linkous Mr. Boyd Rhodes, Jr.

### RCA STAFF

**Charlie Trammell**  
*President, RCA*

**Michéle Vincent**  
*Executive Vice President, RCA*

**John McElderry**  
*Vice President of Operations, RCA*

**Tim Cox**  
*Senior Vice President of Finance, RCA*

**Michael Kelly**  
*Vice President of Finance, RCA*

**Stephanie Barrow**  
*Director of Sales & Marketing*

### KIRBY PINES STAFF

**Michael Brown**  
*Executive Director, Kirby Pines*

**Annette Marlar**  
*Director of Medical Services*

**Mike Abutineh, M.D.**  
*Medical Director*

**Anna Bradford**  
*Nursing Home/Assisted Living Administrator*

**Trudy Schenkenberger**  
*Director of Human Resources*

**Linda Strickland**  
*Director of Accounting*

**Mark Simpson**  
*Director of Culinary Services*

**Jada Mullins**  
*Director of Environmental Services*

**Mike Rayder**  
*Director of Grounds & Landscaping*

**Chuck Neeley**  
*Director of Maintenance*

**Rhonda Nelson**  
*Director of Nursing*

**Maegan Hurwitz**  
*Director of Resident Programs*

**Calvin Sims**  
*Director of Security*

This magazine is produced by RCA  
6465 N. Quail Hollow Rd., Suite 400  
Memphis, TN 38120, 901-794-2598

*Electronic version of The Pinecone  
is available at [www.kirbypines.com](http://www.kirbypines.com)*

## The End of a Chapter, but the Novel Continues....

### *at Kirby Pines*

On September 29th, we say farewell to Michael Escamilla as Executive Director of Kirby Pines. Having only known Michael a few short weeks, I am not the proper Historian to recant the accomplishments of Michael or what impact he has made in forging the success and reputation of Kirby Pines. What I thought I would share is the impact Michael has made on me, as we have both prepared for this transition of leadership.

I have never entered a situation where I was replacing an Executive Director still on the job. That in itself was extremely unique. So, for two months, we were putting two self-confident, powerful personalities together, one to learn all he can in a fleeting period of time, and one who was attempting to impart 20 plus years of experience into a few short weeks. Operating a CCRC within the current climate of our economy is challenging but has some consistencies across our Great Nation. But what makes Kirby Pines unique is its rich history and the exceptional group of Residents who call Kirby Pines their home! Kirby Pines is not just driven by RCA and an exceptional and committed Board of Directors, but a community of Residents who are passionate in their faith, loving towards their fellow residents, and clear in their vision of what Kirby Pines should be!

Michael has been a terrific host and mentor. He has shared so much personal information on residents, staff and the creation of this unique, terrific utopia called Kirby Pines. As I listen to Michael, it's hard to believe it's true. He narrates the Kirby Pines story like a wonderful Novel of Life. I have seen it. I have felt it. And now I have become part of it!

As we turn the last page of this Chapter with a tear, let us all remember as we begin the next chapter, there is a lot of love, anticipation, and excitement left in this novel called "Kirby Pines." Myself, Stephanie, and McCoy are thrilled to be a part of it!

See you around Campus,



Michael Brown,  
*Executive Director,  
Kirby Pines*

## ON THE PINECONE COVER

### Celebrating Our Past and Moving Forward

October has come, the weather is nice, and any day now, our campus will be full of fall colors. It's the perfect time to get outside and explore the beautiful grounds before winter.

With that being said, we have several outdoor activities this month, starting with a free day at the Memphis Zoo on the 4th. Head to the polls to vote on the 5th, the Travelers journey to Green Frog Village on the 12th and the Lunch Bunch go to the very popular Bog & Barley on the 17th. The Entertainers are back to perform on the 6th and if you need to do some fall cleaning, we have a rummage sale on the 11th. Our annual Fall Festival is on the 24th and we show our support for the Alzheimer's Association with a bake sale on the 26th and a walk on the 27th. We round out the month with our costume contest on the 31st, which keeps gaining popularity.

Our front cover features Sam and Ellie Bates, beautifully representing our 40th Anniversary color on the back patio of their garden home. They were chosen to represent the year 2012, which is the year they moved to Kirby Pines.

Our back covers show the celebration in pictures, reflecting why Kirby Pines is still thriving at 40. Through song, laughter, prayer and fellowship, we are one.

And finally throughout this issue you will find photos of Michael Escamilla, who is retiring after 20 years as Executive Director. We love you, Michael!



**RCA Executive Vice President, Michelle Vincent with Michael Escamilla.**

**Photo by Mary Ann Thurmond**



Get to know Kirby Pines'

# NEW RESIDENTS



**Sarah & Roland Maddox**

Recently Roland and Sarah Maddox moved to Kirby Pines. Married for 61 years, they have 2 children and 5 grandchildren. They enjoy their family activities at the beach and hiking in the Smokies.

Roland is a graduate of Ole Miss and Sarah graduated from Mississippi College.

Their love of travel has taken them to Switzerland, Sweden, South Korea, and Roland has been to Guatemala.

While at Ole Miss, Roland lettered in football. He has been very active in business, community and religious ventures. He served as President of the Memphis Home Builders Association, a member of The Billy Graham Crusade Committee, member and Chairman of the MLGW Board, trustee of the Sunday School Board of the SBC. Presently Roland serves on the Boards of "Love Worth Finding" ministries and Mid-America Baptist Theological Seminary.

Sarah has written and published 7 books. In 1980, Sarah founded FLARE, a Christian women's advocacy organization. She has been a Bible teacher, women's ministry consultant and speaker for women's events throughout the south. In 2000, she served on the Billy Graham Crusade committee in Nashville.

Roland's friends and associates describe him as a "man of integrity" while Sarah's friends might say she is a talker and one who keeps up with the world around her.

You'll want to meet this interesting couple and after giving them a warm Kirby welcome invite them to get involved in our resident activities. They are a sure fit for our community and we are glad they chose Kirby Pines for this chapter in their life.

*New Resident Bios written by resident, Peggy Reynolds Gatlin*



**Barbara Worrell**

Over the years, Barbara Worrell has become well acquainted with Kirby Pines, attending many social gatherings, alongside close friends that are current residents.

Originally from Wildersville, Tennessee, Barbara moved to Memphis in 1961 before relocating to Collierville in 1978. She has spent the last 45 years in Collierville.

Her creativity and intricate attention to detail reflects beautifully in her quilting. She has a special niche for sewing and is looking forward to sharing this hobby at Kirby Pines.

Family is Barbara's priority, and she is the proud grandmother to Emma and Connor. Her daughter, Melinda also lives locally. Barbara's son, David recently passed away.

A special holiday gathering with her family that she really looks forward to is Christmas, complete with chicken & dressing. An all-time southern favorite!

Barbara worked for the U.S Post Office for 23 years as a Mail Clerk.

Her travels included Switzerland and various cities, alongside her friends.

We are thrilled for Barbara to be moving in, and timing couldn't have been more perfect! She identified an apartment with a beautiful view and scenery just right for her. If you haven't met this wonderful addition to our community, please make sure to say hello when you see her!





## EXERCISE: THE ANTIDOTE TO AGING

“Exercise is an antidote to aging,” says Barry A. Franklin, PhD, director of the cardiac rehabilitation and exercise labs at Beaumont Hospital in Royal Oak, MI. A well-rounded routine, as part of a healthy lifestyle, may help you avoid things like falls, heart disease, and osteoporosis. Experts say many of the conditions people think are due to getting older have more to do with not moving enough. At any age, these are the types of exercise you want to get:

**Aerobic:** good for your heart and lungs. It’s also good for your blood pressure, blood sugar, cholesterol, sleep, and memory. **What to do:** You can walk briskly, walk in the water, or do any other activity that gets your heart rate up. **Tip:** A Fitbit or Apple watch can help you track your steps and set goals. Challenge yourself to do a little more each week.

**Strength training/Resistance training:** This isn’t about becoming a body builder or professional weightlifter. Strength training can help you stay as independent as you want. Do it to keep your muscles and bones strong and help prevent falls and fractures. It can make things like getting around easier. Strength training is just as important as aerobics, Franklin says. It’s the principle of “use it or lose it.” **What to do:** Start with 2-pound hand weights or resistance stretch bands.

**Flexibility and balance:** helps prevent falls by stretching your muscles and keep them from stiffening up. **What to do:** Yoga stretch and water aerobics are good for both. You can also learn balance exercises in the chair yoga classes. You don’t need to go anywhere to do these or schedule a special time. Fit balance exercises into your daily routine. “You can do exercises like balancing on one foot almost anywhere -- while you’re brushing your teeth or doing dishes,” Rogers says. **Tip:** It helps to have something like a counter to grab onto if you need it.

**How to Keep It Safe:** Although exercise is great for you, it’s possible to overdo it. You’re working too hard if you exercise to the point of exhaustion or pain (not just tired legs or soreness). **Tip:** To stay hydrated while exercising, bring your water bottle.

Whatever you do, start at a medium pace, where you move a little bit but can still hold a conversation. Aim for 30 minutes a day and build up to that, even if you need to start with just 5 minutes at a time. The risks of exercising are far less than those of sitting on a couch,” says Michael E. Rogers, PhD, director of the Center for Physical Activity and Aging at Wichita State University in Kansas.

Get involved with one or more of the many exercise classes offered at Kirby Pines. And if you're unsure about how to use our equipment in the Oasis, see Kim Roberts on Monday and Friday mornings at 8:00 am. She is there to help.



### Monday/Wednesday/Friday

#### Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool  
9:30 am - 10:30 am | Pool

#### Exercise in the PAC Resident Led

9:30am | PAC/Live TV

#### Get Physical with Kim

Monday & Friday Only  
8:00 am | Oasis

#### Chair Yoga with Kim

Monday Only  
10:30 am | PAC/Live TV

#### Strength Training with Kim

Friday Only  
10:15 am | PAC/Live TV

#### Yoga Stretch with Kim

Friday Only  
11:00 am | PAC/Live TV

### Tuesday/Thursday

#### Men's Water Aerobics Resident Led

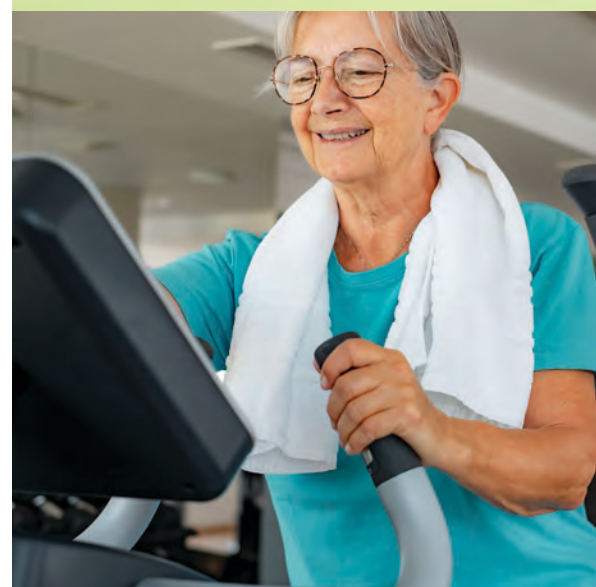
8:30 am - 9:15 am | Pool

#### Arthritis Water Aerobics with Kim

9:30 am - 10:15 am | Pool

#### Cardio Move & Strength with Kim

10:30 am - 11:15 am | PAC/Live TV







Say hello to fall, pumpkin spice flavors, baseball playoffs, NFL, Hockey, and the holidays around the bend. It's also a time to say hello to the art of physical therapy and everything PT can do for you! After all, October is PT month!

So, what is physical therapy? Physical therapy is the art of improving or restoring function, reducing pain, preventing further injury, or decline in mobility. During therapy sessions, PT's and PTA's will work with patients on exercise, stretching, balance, mobility, walking, use of any assistive devices, and home exercise programs to improve safety, independence, functional mobility, and decrease/eliminate pain.



### Did you know?

Physical Therapy was first recognized in the United States during World War I. During the war, "reconstruction aides" were nurses tasked and trained to rehabilitate injured soldiers.

Many of today's physical therapy techniques date back as far as 400 B.C. Greek physicians, Hippocrates and Galen, are believed to be among the first advocates of massage and hydrotherapy.

Physical therapy has been around for ages – and there are MANY benefits! Think you could benefit from therapy? Perhaps you are unsure or have questions. For more information on Physical Therapy and how it can benefit you, please contact your Functional Pathways Therapy Team!

**“Physical Therapy  
is not just about treating  
the symptoms, but about  
restoring hope and  
improving quality of life!”**



# EXQUISITE CUISINE

Thursday, October 26, 2023



## PORK SCHNITZEL

Our take on the German classic dish! Here we will use a Tomahawk Pork Chop, paired with Spatzel and Red Cabbage for a burst of flavor in every bite!



## SAVORY STRUDEL

Juicy Bratwurst finished with tangy Sauerkraut and melty Cheese wrapped in a flaky Pastry to start the meal off correct.



## PFANNKUCHEN SUPPE

A light and flavorful German Pancake Soup. It is a combination of Broth with Pancake Noodles.



## SACHER TORTE

The Austrian Classic! Dense Chocolate Cake with Apricot and finished with lightly sweetened Whipped Cream.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314





## Resident Spotlight: Elsie Bloodworth

It would be seven years before the first child, Steven, was born. He was followed by Terri, and then Scott. Elsie loved being a homemaker and mother. According to Elsie, “Our home was a ‘hangout’ for our kids and their friends. Each child owned their own horse, and I think the happiest time in their lives was riding in horse shows, such as the one in Germantown.” The family lived in mid-town Memphis and attended Eudora Baptist Church.

During the seven years before her children came, Elsie worked at various jobs, including secretarial work at Western Union, selling real estate, and as executive secretary to a vice-president of First Tennessee Bank. As Elsie’s children became older, she had the desire to return to work and obtained employment with Innkeepers Supply, a division of the Holiday Inn chain. After seven years, she took the big leap and became a partner in Mid-America Hotel Furnishings which sold furnishings to hotels. “We helped the hotels put the total package of furnishings together,” states Elsie. She was fortunate to have the opportunity to be a part of the Branson, Missouri “boom”, furnishing 25 hotels and several theaters including those of Ray Stevens, Andy Williams and Wayne Newton. Her company also was involved with the Hampton Inns and other hotel chains. Eventually, Elsie sold her partnership but continued to work on commission. “I made more money working on commission than I did as a partner, and I didn’t have the worry of managing the company,” admits Elsie.

In 1995, Elsie and a friend started the Furniture, Fixtures and Equipment (FF&E) golf tournament with participants from the hotel industry, many of whom were from other countries. “Our money went to the Hemophilia Foundation. Through the years of the tournament’s existence, we donated more money to that foundation than any other donor in Tennessee,” reports Elsie.

One of Elsie’s favorite hobbies was gardening, and she became a Master Gardener, donating her time to help the various local gardens. Elsie also enjoyed travel, and in her work, she traveled the United States and to 13 foreign countries.



**A Younger Elsie**

If there was such a thing as retirement, Elsie enjoyed playing golf several days a week and played in several tournaments. Her favorite was The Golden Girls Tournament. Elsie enjoys time with her adult children, her six grandchildren and six great-grandchildren.

Elsie says that living at Kirby Pines has been an adventure. She is involved in many of the activities provided at Kirby, including the Art Club, Bible study, church services, various card games, and currently as Wing Leader. She visits residents in other areas of Kirby as well as being a part of the production staff for the Kirby Pines Theater Group.

When asked what she liked about living at Kirby, Elsie replied, “The residents are caring, and the staff is efficient. The food is outstanding, and I don’t have to wash dishes! I no longer call Kirby ‘home’; I now call it my resort!”

*Written by Joan Dodson, Resident of Kirby Pines*

### THE ENTREPRENEURIAL SPIRIT

To know Elsie Bloodworth is to know someone who is friendly, always smiling and humorous. She is a person who can brighten your day with an encounter.

Elsie is always busy. Since moving to Kirby Pines in 2021, she is the “go-to” person if you want something done in the creative or artistic realm. This could describe her entire life, especially as she was a pioneer in paving the way for women to become recognized as being capable of becoming leaders in the business world. The accomplishments in her life are amazing. How could a girl born and raised in a small, rural community in Mississippi achieve the ultimate personal and professional life?

Elsie Stafford was born and raised on a self-sustaining farm in Winona, Mississippi. Life was simple and good. With great parents and grandparents, good food, three siblings and a helpful community, Elsie’s life was ideal for creating her personality and strong work ethic. According to Elsie, “I could write a book about all my experiences growing up. We grew all of our food and preserved it for the winter. My father provided the meat. Our cows produced milk for our family and supplied a source of income. Hog killing was a big event. Breakfast was always a big meal, and not unusual for our family to have quail, hot biscuits, gravy and rice along with jellies and jams.”

Elsie loved school and was very social. She had the same classmates for all 12 grades. “We had good teachers, and although I maintained a good average, my brother won many math contests,” says Elsie. Elsie’s leadership skills developed early as she served as captain of the basketball team and president of the 4HA club. She also ran track and sang in the glee club.

Elsie could not afford to attend college, but she learned of the Draughon’s Business College in Memphis. So, following graduation in 1945, Elsie moved the 125 miles to Memphis and lived with friends while she attended Draughon’s.

Shortly after coming to Memphis, Elsie met and began dating her future husband, a college student. “We didn’t have any money to afford entertainment,” admits Elsie, “But we both loved to play tennis. We would go to the tennis court, and if it was dark, we spent a dime to turn on the electricity and played until the lights went out.” The courtship was brief, and they married three months after meeting.



# KIRBY PINES FALL FESTIVAL!

## The Sky Is The Limit!

Join us as we celebrate Fall with live music by Grassfire Bluegrass Band and FREE Hot Air Balloon Rides from Bluff City Balloons. Enjoy delicious food from Awesome Dogs, and frozen treats from Mr. Softee Ice Cream.

Food vendors will be selling their fare, it is not included.



## TUESDAY, OCTOBER 24, 2023

4:00 PM to 6:00 PM • KIRBY GROUNDS BY LAKE LATIMER

Congratulations to our **CHAMPION of the Month**

**Maintenance Tech**

### JOSE CARDENAS

**Describe Your Family:** Caring and loving..

**Describe yourself in five words:** Helpful, responsive, caring, loving and friendly.

**What do you do for fun:** I like to fish. **What is your favorite food:** BBQ and sauces.

**Do you have any hobbies:** My favorite hobby is cooking on the grill.

**What is your favorite thing about your job:** Giving good customer service.

**What is your favorite song:** Hotel California by the Eagles.

**What is something you are proud of:** Being a dad.

**What would you like people to know about you:** I would help out anyone.



Jose always does his job with a smile. He never says no and is willing to stay back to help his teammates even though he has a family at home waiting for him. He has a great work ethic and is extremely hard working. He is very team oriented and takes pride in wearing his uniform. We are proud to have him in our department.

- Chuck Neeley, Director of Maintenance



# REFLECTIONS

By  
Maxie Dunnam

## Never Say 'There's Nothing I Can Do'.



Prayer means that no one of us can ever say, 'There is nothing I can do.'

I first went to the Soviet Union in 1981 and came away frustrated and confused. I experienced pain to see beautiful churches turned into warehouses, factories, and communist meeting halls. For a long time after that, the picture I had of the Russian church was old women, clad in heavy sweaters and coats, sitting in the dark corners of the churches we visited, sometimes dusting the furniture, or praying before the icons. I kept asking myself, "What can these grandmothers do? How can they keep alive the faith of the church? Where are the young people?"

A few years after that, at the celebration of 1000 years of the church in Russia, when someone asked a Russian priest whether it was healthy for the church to be composed of so many aged mothers, he replied with a story: "In the early days of communism, many churches were blown up and the priests, monks, and nuns were executed. Lenin argued that once the grandmothers died, nobody would remember that there had been a church in Russia. But now, Lenin is long dead, and the church is still full of grandmothers who were children when he was alive."

Then he concluded, "As long as the Russian church has its grandmothers, it will survive."

I experienced the truth of that dramatically in the Czech Republic in 1991. Freedom had come a short time before. I was in Pilsen at the Maranatha Church. It was one of the most exciting experiences of worship and church life in which I've ever participated. The sanctuary of the church had been turned into a lecture hall of the university by the communist regime, but now the government had returned it to the church. Over 500 crowded in. At least 75% of them were younger than thirty—and all of them had become Christians in just the past three or four years.

That congregation had been kept alive by a few praying people. For over 30 years, eight elderly women gathered each week and prayed—week in and week out. As a result of the faithfulness of those "praying grandmothers," a dynamic congregation was making a powerful witness. I never witnessed such joy, such hope, such confidence, such powerful dependence upon the Holy Spirit.

Keep that picture in your mind, remembering the word of that priest: "As long as the Russian church has its praying grandmothers, it will survive." Add to that picture my assertion, "prayer means that no one of us can ever say, 'There is nothing I can do.'" We can pray.

Prayer is one of the greatest works that Christians are given to do.

### October Vesper Services | 6:30pm | Performing Arts Center

**October 5**

Jonathan Matthews  
and Friends  
Redeemer Evangelical

**October 12**

Rev Larry Ray  
Christ Community  
Church

**October 19**

Mike Gatliff  
Director Memphis  
Chaplaincy

**October 26**

Covenant Baptist Choir  
Dr Bill Chase  
Pastor: Seniors & Choir



# MEET ME AT



## THE ELECTRIC HORSEMAN (1979)

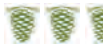


**Friday, October 6 | 1:30 pm**  
**Saturday, October 7 | 6:30 pm**  
**Sunday, October 8 | 6:30 pm**

**Cast: Robert Redford, Jane Fonda, Willie Nelson, Valerie Perrine**

A former champion rodeo rider is reduced to using his saddle skills to promote a breakfast cereal in a gaudy Las Vegas show. When he's asked to perform with a \$12 million horse that he discovers is being doped to remain docile, he flees into the desert astride the beast in an act of defiance. A story-hungry female reporter gives chase.

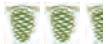
## THE MUMMY RETURNS (2001)



**Saturday, October 7 | 10:00 am & 1:30 pm**  
**Cast: Brendan Fraser, Rachel Weisz, Patricia Velasquez, Dwayne Johnson**

The evil mummy Imhotep returns to wreak havoc as he resumes his relentless search for power and immortality. To make matters worse, another ancient evil has been unleashed, even more dangerous than Imhotep. Only the heroic Rick O'Connell and his intrepid Egyptologist wife stand in the way of these twin terrors as they embark upon a desperate mission to save the world.

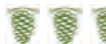
## THE SHACK (2017)



**Sunday, October 8 | 1:30 pm & 4:00 pm**  
**Cast: Sam Worthington, Octavia Spencer, Tim McGraw, Aviv Alush**

After suffering a family tragedy, Mack Phillips spirals into a deep depression that causes him to question his innermost beliefs. Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned shack in the Oregon wilderness. Despite his doubts, Mack journeys to the shack and encounters an enigmatic trio of strangers led by a woman named Papa. Through this meeting, Mack finds important truths that will transform his understanding of his tragedy and change his life forever.

## TRUE GRIT (1969)

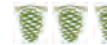


**Friday, October 13 | 1:30 pm**  
**Saturday, October 14 | 6:30 pm**

**Sunday, October 15 | 6:30 pm**  
**Cast: John Wayne, Kim Darby, Glen Campbell, Dennis Hopper**

After hired hand Tom Chaney murders the father of 14-year-old Mattie Ross, she seeks vengeance and hires U.S. Marshal "Rooster" Cogburn, a man of "true grit," to track Chaney into Indian territory. As the two begin their pursuit, a Texas Ranger, La Boeuf, joins the manhunt in hopes of capturing Chaney for the murder of a Texas senator and collecting a substantial reward. The three clash on their quest of bringing to justice the same man.

## PRACTICAL MAGIC (1998)



**Saturday, October 14 | 10:00 am & 1:30 pm**  
**Cast: Sandra Bullock, Nicole Kidman, Evan Rachel Wood, Stockard Channing**

Sally and Gillian Owens, born into a magical family, have mostly avoided witchcraft themselves. But when Gillian's vicious boyfriend, Jimmy Angelov, dies unexpectedly, the Owens sisters give themselves a crash course in hard magic. With policeman Gary Hallet growing suspicious, the girls struggle to resurrect Angelov -- and unwittingly inject his corpse with an evil spirit that threatens to end their family line.

## THE DEVIL WEARS PRADA (2006)



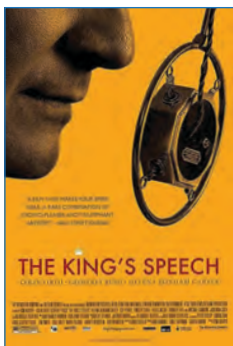
**Sunday, October 15 | 1:30 pm & 4:00 pm**  
**Cast: Meryl Streep, Anne Hathaway, Emily Blunt, Stanley Tucci**

Andy is a recent college graduate with big dreams. Upon landing a job at prestigious Runway magazine, she finds herself the assistant to diabolical editor Miranda Priestly. Andy questions her ability to survive her grim tour as Miranda's whipping girl without getting scorched.





# THE MOVIES



## THE NATURAL (1984)



**Friday, October 20 | 1:30 pm**  
**Saturday, October 21 | 6:30 pm**  
**Sunday, October 22 | 6:30 pm**  
**Cast: Robert Redford, Kim Basinger, Glenn Close, Barbara Hershey**

On the way to a tryout with the Chicago Cubs, young baseball phenom Roy Hobbs is shot by the unstable Harriet Bird. After 16 years, Hobbs returns to pro baseball as a rookie for the last-place New York Knights. Despite early arguments with his manager, Pop Fisher, Hobbs becomes one of the best players in the league, and the Knights start winning. But this upsets the Judge, their owner, who wants Hobbs to lose games, not win.

## NIGHTS IN RODANTHE (2008)



**Saturday, October 21 | 10:00 am & 1:30 pm**  
**Cast: Richard Gere, Diane Lane, Viola Davis, Christopher Meloni**

When Adrienne Willis arrives at the coastal town of Rodanthe, N.C., her life is in chaos. There, she hopes to sort through the trouble surrounding her, while tending a friend's inn for the weekend. The only guest at the inn is Dr. Paul Flanner, a man tormented by a crisis of conscience. As a storm approaches the coast, Paul and Adrienne find comfort and a life-changing romance.

## THE PHANTOM OF THE OPERA (2004)



**Sunday, October 22 | 1:30 pm & 4:00 pm**  
**Cast: Gerard Butler, Emmy Rossum, Patrick Wilson, Minnie Driver**

From his hideout beneath a 19th century Paris opera house, the brooding Phantom schemes to get closer to vocalist Christine Daae. The Phantom, wearing a mask to hide a congenital disfigurement, strong-arms management into giving the budding starlet key roles, but Christine instead falls for arts benefactor Raoul. Terrified at the notion of her absence, the Phantom enacts a plan to keep Christine by his side, while Raoul tries to foil the scheme.

## SEVEN DAYS IN MAY (1964)



**Friday, October 27 | 1:30 pm**  
**Saturday, October 28 | 6:30 pm**  
**Sunday, October 29 | 6:30 pm**  
**Cast: Burt Lancaster, Kirk Douglas, Fredric March, Ava Gardner**

U.S. President Jordan Lyman hopes to bring an end to the Cold War by signing a nuclear disarmament treaty with the Soviets, much to the displeasure of the hawkish General James Scott, Chairman of the Joint Chiefs of Staff. When Scott's aide, Martin "Jiggs" Casey stumbles on shattering evidence that the General is plotting a coup to overthrow Lyman in seven days, "Jiggs" alerts the President, setting off a dangerous race to thwart the takeover.

## THE LAST SAMURAI (2003)



**Saturday, October 28 | 10:00 am & 1:30 pm**  
**Cast: Tom Cruise, Ken Watanabe, Hiroyuki Sanada, Koyuki**

Capt. Nathan Algren is an American military officer hired by the Emperor of Japan to train the country's first army in the art of modern warfare. As the government attempts to eradicate the ancient Samurai warrior class in preparation for more Westernized and trade-friendly policies, Algren finds himself unexpectedly affected by his encounters with the Samurai, which places him at the center of a struggle between two eras and two worlds.

## THE KING'S SPEECH (2010)



**Sunday, October 29 | 1:30 pm & 4:00 pm**  
**Cast: Colin Firth, Geoffrey Rush, Helena Bonham Carter, Guy Pearce**

England's Prince Albert must ascend the throne as King George VI, but he has a speech impediment. Knowing that the country needs her husband to be able to communicate effectively, Elizabeth hires Lionel Logue, an Australian actor and speech therapist, to help him overcome his stammer. An extraordinary friendship develops between the two men, as Logue uses unconventional means to teach the monarch how to speak with confidence.

## KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= GREAT

= PERFECT



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:00 am ● Church of Christ Service (Chapel) **1**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **2**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Creative Writing Group (LCR)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **3**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Big Fat Greek Wedding 2 (Thtr)  
 6:30 pm ● Movie: Big Fat Greek Wedding 2 (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **4**  
 9:15 am ● Senior Safari Free Zoo Day (Trans)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: A Stoning in Fulham Co. (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: A Stoning in Fulham Co. (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **5**  
 9:30 am ● Basic Water Aerobics (Pool)  
 9:30 am ● Voting at the Polls (Trans)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: 1923 (Thtr)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **6**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 10:30 am ● Cornhole (LCR)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Banks (Trans)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 2:00 pm ● Art Wall Reception (PAC)  
 6:00 pm ● Music w/The Entertainers (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **7**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **8**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **9**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **10**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 11:45 am ● Birthday Lunch (Dining)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: New In Town (Thtr)  
 3:45 pm ● Birthday Dinner (Dining)  
 6:30 pm ● Movie: New In Town (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **11**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Fall Rummage Sale (PAC)  
 10:00 am ● Pinecone Painters (A&C)  
 10:30 pm ● Garden Gro'ers (Greenhouse)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Deep End of the Ocean (Thtr)  
 2:00 pm ● Ballroom Dancing (A&C)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Deep End of the Ocean (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **12**  
 9:15 am ● Green Frog Village (Trans)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: 1923 (Thtr)  
 6:00 pm ● Orpheum: Funny Girl (Trans)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **13**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:30 pm ● Music with Amaro Dubois (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **14**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Weekend Movie (Thtr)  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **15**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **16**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:00 am ● Smith Jewelers (SCR)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Tech Time (LCR)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **17**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 11:00 am ● Lunch Bunch: Bog & Barley (Trans)  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Midnight In Paris (Thtr)  
 6:30 pm ● Movie: Midnight In Paris (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **18**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Caregiver Support Group (SCR)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Paris Can Wait (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Paris Can Wait (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **19**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: 1923 (Thtr)  
 3:00 pm ● Photo Club (LCR)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **20**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 10:30 am ● Cornhole (LCR)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:00 pm ● Music with Iris String Duo (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **21**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **22**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **23**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **24**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Book Baggers (Chapel)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Finding Neverland (Thtr)  
 4:00 pm ● Fall Festival (Grounds)  
 6:30 pm ● Movie: Finding Neverland (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **25**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: The Cider House Rules (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: The Cider House Rules (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **26**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Alzheimer's Bake Sale (Lobby)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: 1923 (Thtr)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **27**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:30 am ● Alzheimer's Walk (Lobby)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:00 pm ● Music with Brazil (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **28**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Weekend Movie (Thtr)  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **29**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **30**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **31**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Book Baggers (Chapel)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Hocus Pocus (Thtr)  
 2:00 pm ● Costume Contest (Lobby)  
 6:30 pm ● Movie: Hocus Pocus (Thtr)

**October 2023**



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



# October 2023 EVENTS

## Oct 2: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## Oct 2: Get Physical with Kim

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:30 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

## Oct 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Oct 2: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

## Oct 2: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the Large Card Room at 10:00 am.

## Oct 2: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

## Oct 2: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

## Oct 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already

there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

## Oct 2: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30 pm. Cards are \$1 to play, limit 2 cards per person.

## Oct 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

## Oct 3: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

## Oct 3 & 17: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

## Oct 3: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

## Oct 3: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

## Oct 3: My Big Fat Greek Wedding 2

A Portokalos family secret brings the beloved characters back together for an even bigger and Greeker wedding. Showtimes are 1:30 pm and 6:30 pm in the theatre.



## Oct 4: Senior Safari at the Zoo

Lions, Tigers, and Bears, oh my! The Memphis Zoo will be hosting a day where those 55+ will have free entrance all day. There will also be free tram rides and entertainment. If you need transportation, please sign up with Resident Programs with \$5. We will meet in the Lobby at 9:15 am.



## Oct 4: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

## Oct 4: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

## Oct 4: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.



## Oct 4: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

## Oct 4: A Stoning In Fulham County

Religious beliefs clash with the law when an Amish infant is killed in a rural community. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### Oct 4: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

### Oct 4: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

### Oct 5: Voting at the Polls

If you haven't voted yet, Kirby Pines is offering free transportation to your local polling station. If you are interested, please sign up with Resident Programs and meet in the Lobby at 9:30 am.



### Oct 5: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

### Oct 5: Miniseries: 1923

The Dutton's face a new set of challenges in the early 20th century, including the rise of Western expansion, Prohibition, and the Great Depression. Showing every Thursday at 1:30 pm in the theatre.

### Oct 6: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

### Oct 6 & 20: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

### Oct 6: Art Wall Reception

Come out for our next Art Wall opening. We will have refreshments and hear

from our wonderful Kirby Pines artists. The show begins at 2:00 pm in the PAC.

### Oct 6: The Entertainers: Blessed

Join the Entertainers Chorus as they pay tribute to songs that have enriched our lives. Music from Broadway, Gershwin jazz, a little country and gospel spirituals will be featured along with the opportunity to meet our novelty guests-The Frogs! 6:00 pm in the PAC.

### Oct 7: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

### Oct 14 & 28: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Movie Trivia, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

### Oct 9 & 23: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

### Oct 10: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP in Resident Programs to reserve your table.

### Oct 10: New In Town

A high-paid consultant encounters major changes in her life when she's tasked with improving the productivity at a manufacturing plant. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### Oct 11: Rummage Sale

Ladies and Gentlemen, it's that time again. Time to clean out your storage

rooms, closets, and drawers and turn those items into monetary rewards. Our Fall Rummage Sale will be held in the PAC from 10:00 am to 2:00 pm.

### Oct 11: Garden Gro'ers

Members of the Garden Gro'ers will be meeting at the Pavilion for a club member-only event starting at 10:30 am. If you are interested in being a part of the Garden Gro'ers, please join us every second Wednesday of the month.

### Oct 11: The Deep End of the Ocean

A three-year-old boy is kidnapped from his parents and never found- until he turns up in the same neighborhood more than a decade later. How will two families cope with reunion and loss? Showtimes are 1:30 pm and 6:30 pm in the theatre.

### Oct 12: Travelers: Green Frog Village

Green Frog Village is a collection of restored historic buildings brought together to recreate the experience of a rural southern town at the turn of the 20th century. Highlights include a country store, linotype machine, moonshine still, blacksmith's shop, one-room schoolhouse, country church, and several log cabins and barns. We will enjoy lunch at a nearby restaurant. Please sign up with \$11 in the Resident Programs office. We will meet in the lobby at 9:15 am.



### Oct 12: Orpheum: Funny Girl

Featuring one of the greatest musical scores of all time, including "Don't Rain On My Parade," "I'm the Greatest Star," and "People," this is the story of the indomitable Fanny Brice, a girl from the Lower East Side who dreamed of a life on the stage. If you need transportation, please bring \$5 to the Resident Programs office. We will meet in the lobby at 6:15 pm.



### Oct 13: Music with Amaro

Praised for having a powerful and yet so welcoming warm sound, Brazilian violinist Amaro Dubois has become known for his work expanding and popularizing lesser-known repertoire for the viola through collaborative projects in Brazil and North America. Come enjoy this wonderful performer in the PAC at 6:00 pm.

### Oct 16: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

### Oct 17: Lunch Bunch: Bog & Barley Irish Pub

Hop on the bus as we go to Bog and Barley Irish Pub. There you can enjoy some traditional Irish Fare such as Shepherd's Pie or their delicious Irish Bread Pudding. If you are interested in going, please sign up with Resident Programs with \$5. We will meet in the Lobby at 11:00 am.



### Oct 17: Finding Neverland

The charming account of a period in the life of author J.M. Barrie reveals the real relationships and events that served as the basis for the author's most iconic work, "Peter Pan". Showtimes are 1:30 pm and 6:30 pm in the theatre.

### Oct 18: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

### Oct 18: Paris Can Wait

An empty nester with a workaholic husband goes on a spontaneous, two-day journey through the French countryside with her husband's business partner and rediscovers her passion for life. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### Oct 19: KP Photo Club

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the LCR to brush up on your skills!

### Oct 20: Music with IRIS

The Iris Artist Fellows Duo, featuring Pedro Maia on violin and Gabriel Hightower on cello, specializes in bringing an electric mix of music to the concert hall and beyond. Join them for music in the lobby at 6:00 pm.

### Oct 24: The Book Baggers

This month for Book Baggers, we will have a special guest who will be demonstrating his talent while we discuss "Happy Little Accidents: The Wit and Wisdom of Bob Ross" Unlike any meeting we have had, you will want to share this with new neighbors and anyone who might be considering Kirby Pines as their home. We will be meeting at 9:30 am in the Chapel.



### Oct 24: Midnight In Paris

A romantic comedy about a family traveling to the French for business. The party includes a young, engaged couple forced to confront the illusions that a life different from their own is better. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### Oct 24: Fall Festival

Come one come all to our Annual Kirby Pines Fall Festival! Our friends at Bluff City Balloon will be offering free rides on their hot air balloons to all residents, and \$5 to all guests. We will also have live music along with dinner and snacks available for purchase from some of our local food trucks. Invite your friends and loved ones to enjoy the festivities. The fun begins at 4:00 pm.

### Oct 25: Cider House Rules

Homer Wells has lived most of his life at an orphanage in rural Maine. Though groomed by its proprietor to be his successor, Homer leaves to experience the world outside, where he soon learns

powerful lessons about life, love, and home. Showtimes are at 1:30 pm and 6:30 pm in the theatre.

### Oct 25: The Tempest

The Creative Aging welcomes the daytime rendition of Memphis' Shakespeare Company's, Shakespeare's The Tempest. Please sign up with Resident Programs with \$10. We will meet in the Lobby at 12:15.

### Oct 26: Alzheimer's Bake Sale

Join us in the Lobby for our Annual Bake Sale benefiting the Alzheimer Foundation of America. Come on down and purchase your favorite dessert or two or three and tell all your friends to join in as we continue to aid in the research for a cure for this insidious disease. We will be open from 10:00 am and close at 2:00 pm.

### Oct 27: Alzheimer's Walk

Meet us in the Lobby at 10:00 am to register for the walk to support the Alzheimer's Association. We start at 10:30 am and will be walking outside the grounds around the lake. All are welcome to attend.

### Oct 31: Hocus Pocus

Conjured up by some unsuspecting pranksters, a tricky trio of 300-year-old witches set out to cast a spell on the town and reclaim their youth. But first, they must get their act together and outwit three kids and a talking cat. Showtimes are 1:30 pm and 6:30 pm.



### Oct 31: Costume Contest

Attention all you ghouls and goblins out there, come dressed in your best or spookiest for our Kirby Pines Costume Contest. Join us in the Lobby at 2:00 pm dressed and ready. All costumes, homemade, or store bought, single or couple, are welcomed. Don't forget our furry friends!



**SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.**

**Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.**

## PUZZLE 1: EASY

1	2				7		3	6
	4			2			5	
6				5	4	8		
7	6			3		1		5
5							6	
9		2			8			
8					2	5	7	
		1	4					8
	9					3	2	

## PUZZLE 2: MEDIUM

3				8	1	5		2
					3	7		
						6		8
		1			4	8		3
8		3	9		2		5	
2	4							1
							6	7
4	2			7		3		9
				6	8			

## PUZZLE 3: MEDIUM

2		9		8		3		
	6	1	5		2		9	
	7	8	3			6	1	
		3						
6					4	9		
	8			3	1	4		
	5	4	2				3	
9		7	8	1	3			
				9			2	

## PUZZLE 4: HARD

2				6				8
				7		2	9	
				2		4		
	1					6		2
6		8	3					
				5				1
9		5	6		3	7	1	
		2	9				3	
3		4	7	8		9		



# PICTURING LIFE AT KIRBY PINES

## CAROUSEL OF SHOPPES AND BIRTHDAYS



Paula Hanson plays around with a fancy new "grabber".



Who doesn't love Dinstuhl's? Just ask Diane Talarico!



Jody Sosh shows off some of her handmade beaded earrings.



Phyllis Mitchell sells handcrafted wine holders.



Andy Saunders celebrates his September birthday with his wife, Jean.



Dennis Renick and Jeanette Martin are surrounded by Phyllis & Walt Bodner, Jeanette's husband, Steve, Donna Griffin, Merry LeShane and John & Sally Coleman.



Doc Elder is celebrating 99 years with wife, Sue, and daughter, Sylvia.



Carolyn Thomason is all smiles with husband, Ken, Sheryl & Mark Maxwell, Paula Cwikel, Bob Shears and Jack Williams.



# PICTURING LIFE AT KIRBY PINES

## BIRTHDAYS, POLITICAL FORUM AND MORE



Janet Reeves is the birthday girl, with husband, Jim, and friends, Ves & Pat Tinsley and Bob & Shirley Michie.



Marilyn & Leon Sanderson are the birthday couple! With Chuck & Paula Hanson, Alice Petty and Roy & Mary Ann Thurmond.



Mayoral candidate Floyd Bonner takes his turn speaking at the Political Forum.



Mayoral hopeful, Michelle McKissack, discusses her platform with Sarah McCallum in the lobby.



Christine Martin asks mayoral candidate, Van Turner, a few questions after hearing everyone speak.



September bridge winners Steve and Jeanette Martin.



Laura Parrott gets a photo with Micheal Escamilla at his surprise party.



Sisters, Donna Griffin and Merry LeShane, make a Michael sandwich. He will be missed.



# PICTURING LIFE AT KIRBY PINES

## WATERMELON PARTY, TRAVELERS AND PHOTO CLUB



Janie Smith gets ready to enjoy some fresh, cold watermelon.



Marty Kocman goes for the big watermelon chunk.



Seems Dale Jones gets caught taking a bite every year at the watermelon social!



Paula Cwikiel looks for hummingbirds in Holly Springs with Bob Shears.



Cheryl Johnson finds a hummingbird on the Traveler's trip to Mississippi.



Jane Longfield points to her picture on the Photo Club Wall.



Fred Dabrowski has one of the more colorful photos on the wall.



Sydney Wagner proudly shows off her beautiful photo with a smile.



Arrena Cheek stands by her photo at the Photo Club reception.



# KIRBY PINES PHOTO CLUB



Cliffs of Moher - Photo by Fred Dabrowski



Puzzle Fun - Photo by Carolin Thomason

**Join Us October 19th  
at 3:00 in the  
Large Card Room!**

If you haven't checked out  
our new Club Photos, take a  
walk in the hall by the Bistro



1997 Represent!  
Photo by Lois Dazey



Full Moon Arising  
Photo by Stuart Eyman



Pinning the Boutonnieres  
Photo by Marsha Greiner



A Stairful of Terrys  
Photo by Sydney Wagner



Mushroom Art  
Photo by Sylvia Statham



Trimming Trees  
Photo by Jane Longfield



What Are You Up To?  
Photo by Arena Cheek



Great Group!  
Photo by Mary Ann Thurmond



Finishing His Paperwork  
Photo by Steve Martin



Gorgeous Colors  
Photo by Hugh Wilson



Butterfly Landing  
Photo by Connie Carter



Perfect Reflection  
Photo by John Sosh



# Memorials, Honorariums & Gifts

## In Memory Of

### BETTY BLAKE

Donation by Kent Blake & Scott Blake  
to the Painters & Fabric Artists

### HELEN EDWARDS

Donation by KP Resident Association  
to the General Fund

### LANIER JONES

Donation by KP Resident Association  
to the Garden Gro'ers

Donation by Barbara Logan  
to the Ham-ateurs

### IRENE WRIGHT

Donation by KP Resident Association  
to the General Fund & Ham-ateurs

### HAROLD PETTY

Donation by Kevin & Michelle Griffith  
to the Hobby Shop

## In Honor Of

### MIKE HUFNAGEL

Donation by Shirley Anderson  
to the General Fund

Donation by Alice Petty  
to the Hobby Shop

Donation by Laura Pence Mayer  
to the Hobby Shop

### CINDY DABROWSKI

Donation by Jim Bampfield  
to the Garden Gro'ers

### MARTY KOCCMAN

Donation by Jane Longfield  
to the Garden Gro'ers

### MARK MAXWELL

Donation by Mike Jaeger  
to the Hobby Shop

### JIM BAMPFIELD

Donation by Cheryl Grimes  
to the Hobby Shop

### HOBBY SHOP

Donation by Carousel of Shoppes  
to the Hobby Shop

# SUDOKU NUMBER GAME

## PUZZLE 1: EASY

1	2	5	8	9	7	4	3	6
3	4	8	1	2	6	9	5	7
6	7	9	3	5	4	8	1	2
7	6	4	2	3	9	1	8	5
5	8	3	7	4	1	2	6	9
9	1	2	5	6	8	7	4	3
8	3	6	9	1	2	5	7	4
2	5	1	4	7	3	6	9	8
4	9	7	6	8	5	3	2	1

## PUZZLE 2: MEDIUM

3	6	7	4	8	1	5	9	2
5	8	2	6	9	3	7	1	4
9	1	4	5	2	7	6	3	8
6	9	1	7	5	4	8	2	3
8	7	3	9	1	2	4	5	6
2	4	5	8	3	6	9	7	1
1	5	8	3	4	9	2	6	7
4	2	6	1	7	5	3	8	9
7	3	9	2	6	8	1	4	5

## PUZZLE 3: MEDIUM

2	4	9	1	8	6	3	5	7
3	6	1	5	7	2	8	9	4
5	7	8	3	4	9	6	1	2
4	9	3	6	5	8	2	7	1
6	1	5	7	2	4	9	8	3
7	8	2	9	3	1	4	6	5
8	5	4	2	6	7	1	3	9
9	2	7	8	1	3	5	4	6
1	3	6	4	9	5	7	2	8

## PUZZLE 4: HARD

2	3	7	5	6	9	1	4	8
5	4	6	1	7	8	2	9	3
8	9	1	2	3	4	5	6	7
4	1	3	8	9	7	6	5	2
6	5	8	3	1	2	4	7	9
7	2	9	4	5	6	3	8	1
9	8	5	6	2	3	7	1	4
1	7	2	9	4	5	8	3	6
3	6	4	7	8	1	9	2	5

## ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

# CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Ask About  
Our Monthly  
Specials!

Call for Appointment

# 369-7311





# Quite a celebration was had for Kirby Pines' 40th Anniversary. With a Gospel Celebration, Flag Blessing, Flag Raising and Lighting of the Lake.







# Everyone had a wonderful time celebrating our 40 Years of Kirby Pines!

Our Facebook Page & YouTube Channel can show you more!



## Kirby Pines

LifeCare Community

