

# the PINECONE

The Magazine of Kirby Pines LifeCare Community • November 2023 | V. 41 | I.11

## **BILL & MARILYN CROSBY**

*can't wait to see  
if Kirby Pines wins  
Memphis Most  
for the 17th  
consecutive year!*

**SCAN HERE  
NOVEMBER 17TH  
TO FIND OUT!**





Retirement Companies of America

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# Working with Champions

## at Kirby Pines

November brings so many joys and memories for me. The splendor of the leaves. The crispness of the mornings...Football...Pumpkins (and Pumpkin Pie, my favorite!), Turkey... that extra hour of sleep...Veterans' Day... and of course, Thanksgiving with Family. Today, I am adding a new one. My gratefulness for the staff who surround me and our Residents here at Kirby Pines!

Once a month, we celebrate our "Champion of the Month". This is an hourly employee who has gone above and beyond in the performance of their duties. Nominations come from Residents, peers and the management team who have observed their job performance. I started thinking about who my nomination would be as I was walking out my door at 6:15 am. There, I noticed one of our dedicated Housekeepers, already working on cleaning an apartment who recently housed a visiting family member. "Good Morning! I just wanted to get started early so none of my scheduled residents would be inconvenienced." Here I am. Trying to walk McCoy before my first cup of coffee, and she is smiling, singing to herself, and on the job, worrying about not missing scheduled times for her next Residents. She could be my Champion!

Walking, I was reminded of last night's "Exquisite Cuisine" Event. Mark and Skye did a remarkable event bringing some of my favorite tastes of the Old World to Memphis. But what really struck me was the excitement that Ty, Terra, and Keith had on their face, how professional they looked in their uniforms, knowing that in a few minutes they would be delivering

these culinary delights to our residents with amazing pride. Here are my Champions!

But then, there was the incident around Lake Latimer this month. While a husband was strolling with his wife in a wheelchair, he turned to drop a piece of trash away into the receptacle. With her wheels unlocked, she rolled into the lake, chair and all. Within 2 minutes, Security responded and jumped immediately into the water without hesitation. Caleb's quick response surely averted what could have been a tragedy! Caleb is truly our "Champion of the Month"!

What is my message here? With the beginning of the Holiday season, I want to give thanks to all our great employees who come in every day they are scheduled and give their all to their departments and fellow employees, their supervisors, and to me! I...we all are truly blessed to be surrounded by such great employees!

Happy Thanksgiving Everyone! I will see you around the Estate!



Michael Brown,  
*Executive Director,  
Kirby Pines*

## ON THE PINECONE COVER

### So Many Things To Be Thankful For At Kirby Pines

November is here and there is so much to be grateful for. Our beautiful campus, wonderful employees and the best group of people in one place living together as family. We are truly blessed.

Here are some upcoming events to also be thankful for. We have a Volunteer Fair on the 1st and a Resident Association Meeting on the 9th. There is a book sale on the 14th-15th and the Book Baggers are featuring resident authors on the 28th. We will honor veterans at a program on the 10th with and have a Turkey Trot Dance on the 21st. On the 17th, we will gather in the lobby to collectively see if we have won Memphis Most for the 17th straight year - fingers crossed!

Our front cover features Bill and Marilyn Crosby holding what could be our 17th Memphis Most Award. Either way, we know we're Number 1.

Our back shows off how much fun we all had at our Fall Festival. Great music, great food and great company! So this Thanksgiving sit back and give thanks for the many wonderful things we all have here at Kirby Pines.



**BFFs, Susan Flake & Lois Dazey.**  
**Photo by Arena Cheek**



Get to know Kirby Pines'

# NEW RESIDENTS



**Pat & Paul Nave**

Moving from Marion, Arkansas, Paul and Pat have chosen Kirby Pines for this chapter of their life. Married for 58 years, the Naves have two children, six grandchildren and three great grands.

Paul went to The University of Memphis and Iowa State University earning his B.S. Degree in Organic Chemistry. He was a professor of chemistry at Arkansas State and at retirement he was chairman of the department. Pat earned a B.A. in history and an MS degree in accounting after going to The University of Memphis and Arkansas State University. After being a "stay at home mom", Pat worked as a C.P.A. in various positions at Fed EX.

Together Paul and Pat enjoy music, genealogy, traveling and Bible study. They also like doing crossword puzzles and history.

The Nave's travels include U.S.A., Europe, Asia, Canada, Africa, Russia, Mexico, and many, many other destinations. For sure, they must have interesting tales of their traveling experiences.

Christmas is the Nave's favorite holiday. They should enjoy their first Christmas here at Kirby. Pat has a Dickens Village and a Fontanini Nativity to display in her new home.

We are elated Paul and Pat chose Kirby Pines as their retirement home. When you meet them, invite them to get involved in our many activities here at Kirby.

*New Resident Bios written by resident, Peggy Reynolds Gatlin*



**Lee Todd**

We want to welcome Lee and Merle Todd to Kirby Pines from their home in Germantown, Tennessee. Lee is in Independent Living and Merle is in Job's Way. Married for 62 years, they are the parents of two children and the blessed grandparents of three granddaughters.

Lee graduated from The University of Tennessee at Martin with a degree in agriculture. Merle graduated from Texas Woman's University with a B.S. in nursing. Merle had a career in nursing while Lee did a "little bit of a lot of things" as he describes it. He worked 20 years with the Southern Cotton Ginners Association as executive vice-president. He also worked for Progressive Farmer and Southern Living magazines in sales. Lee is a veteran of the National Guard. He served in Fort Knox and Fort Jackson.

Farming and deer hunting continue to be an important part of Lee's life with weekly trips to his family farm in Bell's Tennessee. Merle was active as a volunteer in civic activities and at Baptist Collierville Hospital.

Their Love of traveling took the Todds to many of the usual destinations as well as Nepal, South Africa, New Zealand, Vietnam, Tibet, and many others.

You may see Lee around the campus with Merle, if you do, give them a warm Kirby welcome. We are so glad to have them as new additions to our retirement community.



**THE OASIS**

## Monday/Wednesday/Friday

### Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool  
9:30 am - 10:30 am | Pool

### Exercise in the PAC Resident Led

9:30am | PAC/Live TV

### Get Physical with Kim

Monday & Friday Only  
8:00 am | Oasis

### Chair Yoga with Kim

Monday Only  
10:30 am | PAC/Live TV

### Strength Training with Kim

Friday Only  
10:15 am | PAC/Live TV

### Yoga Stretch with Kim

Friday Only  
11:00 am | PAC/Live TV

## Tuesday/Thursday

### Men's Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

### Arthritis Water Aerobics with Kim

9:30 am - 10:15 am | Pool

### Cardio Move & Strength with Kim

10:30 am - 11:15 am | PAC/Live TV



# IT IS WHAT IT IS ISN'T AN EXCUSE!

"It is what it is." That's what people say when a problem arises. It's an excuse to avoid facing a difficult situation. Too often we just accept our conditions without looking at options that could actually benefit us. Many times we avoid exercise because of the way we think. Here is a list of some of the most common myths about exercise and aging:

### Myth 1: There's no point to exercising. I'm going to get old anyway.

Fact: Exercise and strength training help you look and feel younger and stay active longer. Regular physical activity lowers your risk for a variety of conditions, including Alzheimer's and dementia, heart disease, diabetes, colon cancer, high blood pressure, and obesity.

### Myth 2: Older people shouldn't exercise. They should save their strength and rest.

Fact: Research shows that a sedentary lifestyle is unhealthy for adults over 50. Inactivity often causes older adults to lose the ability to do things on their own and can lead to more hospitalizations, doctor visits, and use of medicines for illnesses.

### Myth 3: Exercise puts me at risk of falling down.

Fact: Regular exercise, by building strength and stamina, prevents loss of bone mass and improves balance, actually reducing your risk of falling.

### Myth 4: It's too late. I'm already too old to start exercising.

Fact: You're never too old to exercise! If you've never exercised before, or it's been a while, start with light walking and other gentle activities.

### Myth 5: I'm disabled. I can't exercise sitting down.

Fact: Chair-bound people face special challenges but can lift light weights, stretch, and do chair aerobics to increase range of motion, improve muscle tone, and promote cardiovascular health.

At Kirby Pines we have options. We have a variety of exercise classes from chair yoga to water aerobics to strength training. Check our schedule and see what works for you. The Oasis has free weights and 10 different machines to build strength and endurance. Kim Roberts is available Monday and Friday at 8:00 am to help you learn how to use the equipment and start your own exercise program. The Nu-steps and treadmill are just waiting for you to give them a try. Our in-house Rehab Facility Ready for Rehab can also help with issues concerning balance and strength.

The Serenity Prayer [God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference] reminds me at times we really don't have to accept, "It is, what it is." Just maybe "what it is" isn't what it could be.



**"Health is a state of complete harmony of the body, mind and spirit".**

– B.K.S. Iyengar

**The secret of health or both mind and body is... live the present moment wisely and earnestly.**

– Gautama Buddha

Pain is something no one wants to endure. Any time we experience pain, we immediately look for ways to make it stop. But what if we worked to prevent pain from happening, and used those same techniques to manage pain when it does, inevitably, rear its ugly head?

The goal of a comprehensive, holistic pain management program is to promote consistent participation in activities, exercise, and education to enhance quality of life. This concept merges traditional western medicine with those of eastern medicine. Western medicine traditionally views the mind and body as separate entities. Eastern medicine is an art that views the mind and body as one. Many of us may have pain conditions that are not reversible. A comprehensive and holistic pain management program, such as Pathways to Chi, focuses on approaches which allows participants to increase their engagement in meaningful activities while managing their chronic conditions.

Chi is energy which provides human bodies with circulation,

nutrition, and minerals needed to thrive. In traditional Chinese medicine, Chi is referred to as “life force” and a measurement of vitality. Integrating Chi into your routine can help you feel more alive, alert, and present. This, in turn, can help you overcome illness and pain, increase vibrancy, and enhance mental ability.

How to Find Your Inner Chi – massage, trigger point release, meditation, guided imagery, Yoga, Tai Chi, Ai Chi (water Tai Chi), are just a few of the ways to find your chi.

For more information on Pathways to Chi or how to use eastern medicine to help manage your pain and enhance vibrancy, contact the Functional Pathways Therapy Team!

# HAPPY THANKSGIVING

"Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously".

—Ralph Waldo Emerson

**Please join  
Kirby Pines for  
our Holiday Meal**

**THURSDAY,  
NOVEMBER 23  
11:00 AM  
TO 1:30 PM**

**For reservations,  
please call  
901-866-4444**





## Resident Spotlight: Hugh & Banky Wilson

### THE FORTY YEAR BREAK

Forty years is a long time between “going steady” and getting married. The story of how that happened to Banky and Hugh Wilson reads like a Hollywood script. Separated after high school, the inevitable happened. Both found different interests and career paths. However, fate stepped in, and their story has a happy ending, just like in the movies.

Ruby “Banky” Godhold’s young life was sometimes difficult; but despite overwhelming obstacles, she says that her childhood was a happy time, and she always felt loved. Born in a suburb of St. Louis, Missouri, her family moved to Houston, Texas, but eventually returned to St. Louis. Banky remembers that while in Houston, she had her picture taken with The Cisco Kid. At age six, while visiting her family in Tunica, Mississippi, she became paralyzed for three months due to encephalitis.

Banky sometimes missed school, especially during the fifth and sixth grades. She loved the solitude of home while her family was away. During one report, she was absent 23 days! Despite this, she maintained good grades. When Banky was nine years old, her parents divorced. She and her brother returned to Tunica to live with her grandparents, aunt, and uncle. There, life was good. In high school, she met and began “going steady” with Hugh Wilson. She was a cheerleader, was active in many organizations, and voted Class Favorite by her classmates.

Following graduation, Banky enrolled in the University of Mississippi, becoming an honor student in the School of Business. She received majors in Business and Education in 1963. While at Ole Miss, Banky was a roommate with Lynda Lee Mead, who would be chosen as Miss America.

Banky returned to Tunica and taught school for several years. She married a local farmer, and they would have two sons, Sterling and Bryan. Banky became a stay-at-home mom. She was a Cub Scout den mother, played guitar in a band, and eventually started and managed the Hollywood Café that she and her husband owned. After her children were grown, Banky divorced and moved to Memphis for six years. She returned to Tunica so that she could have a horse and animals she loved. She worked as an Outreach Aftercare Counselor with Region Mental Health which included weekly visits to the county jail to counsel inmates.

Hugh Wilson is a native of Tunica, Mississippi and has one sister. During the 1940’s and 50’s, Hugh worked in the Blue and White Café which his parents owned. According to Hugh, “I was well known as a ‘short order cook,’ and my famous double cheeseburger, ‘the Hugh Jr. Special.’”

In high school, Hugh was active in all sports, played trombone in the band, was class vice-president, and was a Senior Honor Student. As President of the 4-H Club, Hugh took great pride in owning and showing the Grand Champion Steer at the Mid-South Exposition in Memphis!

Following graduation from high school, Hugh entered Mississippi State University where he elected to study Accounting. He was actively involved in several organizations including the Air Force ROTC. Upon graduation in 1964, Hugh was acknowledged as a Distinguished Military Graduate which enabled him to get a regular commission in the U.S. Air Force.

Hugh’s military career is quite impressive. He served five years in the Air Force including one tour in Vietnam. He was awarded The Distinguished Flying Cross for a night-time medical mission during a typhoon. He was also awarded The Air Force Commendation Medal. Fortunately, he survived a crash that destroyed his aircraft! Following active duty, Hugh served five years in the Ready Reserve, and 20 years in the Air National Guard in various leadership positions, including Commander with rank of Colonel. A specialty in the unit he served had eight KC135 refueling aircraft. At retirement, Hugh was awarded The Legion of Merit.

Hugh also had a civilian career in aviation. In 1969, he began flying for TWA, and flew all of their aircraft except the DC-9 and B-747. He retired in 2002 as an international B-767 Captain. Between his military and commercial aviation, Hugh has flown extensively all over the world!

In 2002, Hugh was living in St. Augustine, Florida, and decided to make a trip to Tunica. There, he became re-united with Banky, and according to Hugh, “Long story short, we realized we still loved each other and soon got married. We tell everyone that we just took a 40 year break.”



**Married After 40 Years**

Continuing to live in Tunica, Banky and Hugh enjoyed retirement. As members of the Episcopal Church, both served on the Vestry, and Hugh as president of the Rotary Club. They heard about Kirby Pines from the Dazeys, whom they met at a luncheon. After one visit to Kirby, they returned for a second visit and put down a deposit. They moved to Kirby in 2021.

Banky is limited in physical activity but enjoys meeting with the Needle Art Group. Hugh is involved with the Ball Room Dancing Group, the Photo Club, and the Theater Group. He has also been Master of Ceremonies in two Kirby entertainment venues.

“Since moving to Kirby Pines,” both agree, “we have met many wonderful people and made many new friends.” Banky recalls that while in Rehab, she had a birthday and received over 100 cards! Both are appreciative of the health care benefits, and declare, “Moving to Kirby was a ‘Godsend’!”

*Written by Joan Dodson, Resident of Kirby Pines*

# VETERANS DAY 2023

November 11, 2023

In 1921, an unknown World War I American soldier was buried in Arlington National Cemetery. This site, on a hillside overlooking the Potomac River and the city of Washington, D.C., became the focal point of reverence for America's veterans.

Similar ceremonies occurred earlier in England and France, where an unknown soldier was buried in each nation's highest place of honor (in England, Westminster Abbey; in France, the Arc de Triomphe). These memorial gestures all took place on November 11, giving universal recognition to the celebrated ending of World War I fighting at 11 a.m., November 11, 1918 (the 11th hour of the 11th day of the 11th month). The day became known as "Armistice Day."

Armistice Day officially received its name in America in 1926 through a Congressional resolution. It became a national holiday 12 years later by similar Congressional action. If the idealistic hope had been realized that World War I was "the War to end all wars," November 11 might still be called Armistice Day. But only a few years after the holiday was proclaimed, war broke out in Europe. Sixteen and one-half million Americans took part. Four hundred seven thousand of them died in service, more than 292,000 in battle.

## Armistice Day Changed To Honor All Veterans

The first celebration using the term Veterans Day occurred in Birmingham, Alabama, in 1947. Raymond Weeks, a World War II veteran, organized "National Veterans Day," which included a parade and other festivities, to honor all veterans. The event was held on November 11, then designated Armistice Day. Later, U.S. Representative Edward Rees of Kansas proposed a bill that would change Armistice Day to Veterans Day. In 1954, Congress passed the bill that President Eisenhower signed proclaiming November 11 as Veterans Day. Raymond Weeks received the Presidential Citizens Medal from President Reagan in November 1982. Weeks' local parade and ceremonies are now an annual event celebrated nationwide.

On Memorial Day 1958, two more unidentified American war dead were brought from overseas and interred in the plaza beside the unknown soldier of World War I. One was killed in World War II, the other in the Korean War. In 1984, an unknown serviceman from the Vietnam War was placed alongside the others. The remains from Vietnam were exhumed May 14, 1998, identified as Air Force 1st Lt. Michael Joseph Blassie, and removed for burial. To honor these men, symbolic of all Americans who gave their lives in all wars, an Army honor guard, the 3rd U.S. Infantry (The Old Guard), keeps day and night vigil.

A law passed in 1968 changed the national commemoration of Veterans Day to the fourth Monday in October. It soon became apparent, however, that November 11 was a date of historic significance to many Americans. Therefore, in 1978 Congress returned the observance to its traditional date.

## National Ceremonies Held at Arlington National Cemetery

The focal point for official, national ceremonies for Veterans Day continues to be the memorial amphitheater built around the Tomb of the Unknowns. At 11 a.m. on November 11, a combined color guard representing all military services executes "Present Arms" at the tomb. The nation's tribute to its war dead is symbolized by the laying of a presidential wreath. The bugler plays "taps." The rest of the ceremony takes place in the amphitheater.

Veterans Day ceremonies at Arlington and elsewhere are coordinated by the President's Veterans Day National Committee. Chaired by the Secretary of Veterans Affairs, the committee represents national veterans organizations.

Governors of many states and U.S. territories appoint Veterans Day chairpersons who, in cooperation with the National Committee and the Department of Defense, arrange and promote local ceremonies.

**THANK YOU TO ALL WHO SERVED!**

Congratulations to our **CHAMPION of the Month**

Security Officer

**CALEB PETTY**

- Describe Your Family:** We enjoy the small things in life, like a simple movie night.
- Describe yourself in five words:** Ambitious, sincere, confident, spontaneous and passionate.
- What do you do for fun:** I enjoy cooking, video games, photography and technology.
- Do you have any hobbies:** I collect Pops and play sports. **What is your favorite food:** Seafood.
- What is your favorite thing about your job:** One of my favorite things is helping others.
- What is your favorite song:** Les Fleurs by Minnie Riperton. **Pets:** I have a dog named Almo.
- What is something you are proud of:** Starting my production company.
- What would you like people to know about you:** I live life to the fullest and love meeting new people.



Caleb Petty is a respectful security officer at Kirby Pines. While performing his outside rounds Caleb observed a man and woman (who had fallen into Lake Latimer). Caleb quickly jumped into the lake and rescued them, including her wheelchair. When the paramedics arrived Officer Petty had pulled both residents safely out of the water.

- Calvin Sims, Director of Security



# REFLECTIONS

By  
Maxie Dunnam



## He Who Sings Prays Twice

We hear it often, especially from the “music community,” He who sings, prays twice. Saint Augustine added a word to that expression; “he who sings his prayers prays twice.

My wife and I share a morning time of devotion and prayer, in which we often sing. A few weeks ago, I was going through a season of studying, teaching, and writing about revival. One morning, during our devotion/prayer time, we were singing the old gospel song, Revive us again. As we sang, it struck me, We are praying.

The first three stanzas of the hymn are expressions of praise, then the fourth stanza is an earnest petition,

**Revive us again,  
fill each heart with thy love  
May each soul be rekindled  
with fire from above.**

The chorus is praise and petition combined,

**Hal-le-lu-jah! Thine the glo-ry.  
Hal-le-lu-jah! A-men.  
Hal-le-lu-jah! Thine the glo-ry.  
Re-vive us a-gain.**

I believe we are experiencing revival, and we may be just at the beginning edge of it. I urge you, now and then, sing *Revive Us Again* as your prayer for it.



“The singing of our sacred hymns, written by the servants of God, has a powerful effect in converting people to the principles of the Gospel, and in promoting peace and spiritual growth.”

— Heber J. Grant

**November Vesper Services | 6:30pm | Performing Arts Center**

**November 2**

Melanie Redd  
Author and Speaker  
Celebrating All Saints

**November 9**

Rev Tom Sauer  
Senior Adult Pastor  
G-town Presbyterian

**November 16**

Pastor Bob Turner  
White Station  
Church of Christ

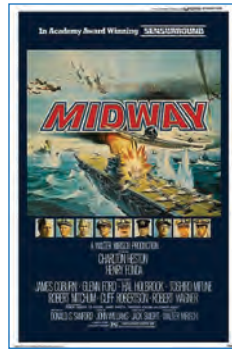
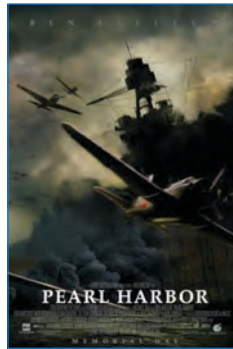
**November 23**

No Vespers  
Happy  
Thanksgiving!

**November 30**

Rev Chaz Williams  
Grace  
Anglican Church

# MEET ME AT



## RESCUED BY RUBY (2022)



**Friday, November 3 | 1:30 pm**  
**Saturday, November 4 | 6:30 pm**  
**Sunday, November 5 | 6:30 pm**  
**Cast: Grant Gustin, Kaylah Zander, Scott Wolf, Camille Sullivan**

Chasing his dream to join an elite K-9 unit, a state trooper partners with a fellow underdog: clever but naughty shelter pup Ruby. Based on a true story.

## 50 FIRST DATES (2004)



**Saturday, November 4 | 10:00 am & 1:30 pm**  
**Cast: Adam Sandler, Drew Barrymore, Rob Schneider, Lusia Strus**

Playboy vet Henry sets his heart on romancing Lucy, but she has short-term memory loss; she can't remember anything that happened the day before. So every morning, Henry has to woo her again. Her friends and family are very protective, and Henry must convince them that he's in it for love.

## PEARL HARBOR (2001)



**Sunday, November 5 | 1:30 pm & 4:00 pm**  
**Cast: Ben Affleck, Josh Hartnett, Kate Beckinsale, Jennifer Garner**

This sweeping drama, based on real historical events, follows American boyhood friends Rafe McCawley and Danny Walker as they enter World War II as pilots. Rafe is so eager to take part in the war that he departs to fight in Europe alongside England's Royal Air Force. On the home front, his girlfriend, Evelyn, finds comfort in the arms of Danny. The three of them reunite in Hawaii just before the Japanese attack on Pearl Harbor.

## MIDWAY (1976)



**Friday, November 10 | 1:30 pm**  
**Saturday, November 11 | 6:30 pm**  
**Sunday, November 12 | 6:30 pm**  
**Cast: Henry Fonda, Toshiko Miura,**

## Robert Mitchum, Glenn Ford

In this dramatization of the Battle of Midway during World War II, U.S. Navy Adm. Chester Nimitz leads an outnumbered unit in the Pacific to break Japanese encryption codes. They soon discover that Adm. Yamamoto plans an ambush of the U.S. base on the island of Midway. Capt. Matt Garth helps devise the Navy's strategy, while his pilot son, Tom, falls in love with a Japanese-American woman who is headed for an internment camp.

## THE FINEST HOURS (2016)



**Saturday, November 11 | 10:00 am & 1:30 pm**  
**Cast: Chris Pine, Casey Affleck, Ben Foster, Eric Bana**

On Feb. 18, 1952, a massive storm splits the SS Pendleton in two, trapping more than 30 sailors inside the tanker's sinking stern. Engineer Ray Sybert bravely takes charge to organize a strategy for his fellow survivors. As word of the disaster reaches the Coast Guard in Chatham, Mass., Chief Warrant Officer Daniel Cluff orders a daring rescue mission. Despite the ferocious weather, coxswain Bernie Webber takes three men on a lifeboat to try and save the crew against seemingly impossible odds.

## WAITRESS (2007)

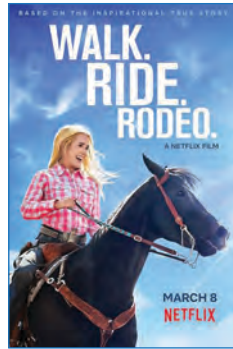


**Sunday, November 12 | 1:30 pm & 4:00 pm**  
**Cast: Keri Russell, Nathan Fillion, Andy Griffith, Jeremy Sisto**

Jenna works in a diner in a small Southern town and is a genius at creating luscious desserts, but her marriage to an overbearing lout makes happiness impossible. When she discovers she is pregnant, she makes plans to skip town before her condition is obvious. However, she begins an affair with the new town doctor, who is the only one who knows her secret.



# THE MOVIES



## THE LONGEST YEAR (1974)



**Friday, November 17 | 1:30 pm**  
**Saturday, November 18 | 6:30 pm**  
**Sunday, November 19 | 6:30 pm**  
**Cast: Burt Reynolds, Eddie Albert, Ed Lauter, Richard Kiel**

An ex-football star doing time is forced by the warden to organize a team of inmates to play against his own line-up of guards. The warden tries to blackmail him into throwing the game, but the convicts have their own ideas and see the game as an opportunity to repay some of the brutality they have endured.

## RED (2010)



**Saturday, November 18 | 10:00 am & 1:30 pm**  
**Cast: Bruce Willis, John Malkovich, Helen Mirren, Morgan Freeman**

After surviving an assault from a squad of hit men, retired CIA agent Frank Moses reassembles his old team for an all-out war. Frank reunites with old Joe, crazy Marvin and wily Victoria to uncover a massive conspiracy that threatens their lives. Only their expert training will allow them to survive a near-impossible mission -- breaking into CIA headquarters.

## SHALL WE DANCE? (2004)



**Sunday, November 19 | 1:30 pm & 4:00 pm**  
**Cast: Richard Gere, Jennifer Lopez, Susan Sarandon, Stanley Tucci**

Despite having a great career and a loving family, lawyer John Clark is missing something in his life as he meanders listlessly from day to day. On his commute back home one night, Clark notices a stunning woman in a dance studio and decides on a whim to join a class for ballroom dancing. While Clark finds a new spark in his life, his wife, Beverly, grows suspicious of his frequent absences, since he decides to keep his dancing a secret.

## WALK. RIDE. RODEO. (2019)



**Friday, November 24 | 1:30 pm**  
**Saturday, November 25 | 6:30 pm**  
**Sunday, November 26 | 6:30 pm**  
**Cast: Spencer Locke, Bailey Chase, Missi Pyle, Max Ehrich**

Nationally ranked barrel racer Amberley Snyder barely survives an automobile accident. Now paralyzed from the waist down, she fights to earn back her place in the sport she loves.

## THE SECRET GARDEN (1993)



**Saturday, November 25 | 10:00 am & 1:30 pm**  
**Cast: Kate Maberly, Maggie Smith, Heydon Prowse, Andrew Knott**

When a young girl is sent to live with her uncle after the death of her parents, his manner and sorrow leaves her feeling bitterly alone. Neglected once again, she begins exploring the estate and discovers a garden that has become hidden and, aided by one of the servant's boys, begins restoring it to its former glory.

## TAKEN (2008)



**Sunday, November 26 | 1:30 pm & 4:00 pm**  
**Cast: Liam Neeson, Maggie Grace, Famke Janssen, Leland Orser**

Bryan Mills, a former government operative, is trying to reconnect with his daughter, Kim. Then his worst fears become real when sex slavers abduct Kim and her friend shortly after they arrive in Paris for vacation. With just four days until Kim will be auctioned off, Bryan must call on every skill he learned in black ops to rescue her.



## KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE    = GOOD  
 = GREAT    = PERFECT

# November 2023



8:00 am ● Church of Christ Service (Chapel) **5**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Pearl Harbor (Thtr)  
 4:00 pm ● Movie: Pearl Harbor (Thtr)  
 6:30 pm ● Movie: Rescued By Ruby (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **6**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Poetry & Writing Club (LCR)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:00 am ● *Runoff Election Voting (PAC)* **7**  
 8:30 am ● Men's Water Aerobics (Pool)  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Dear John (Thtr)  
 6:30 pm ● Movie: Dear John (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **8**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 10:30 am ● Garden Gro'ers (Greenhouse)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: U-571 (Thtr)  
 2:00 pm ● Ballroom Dancing (A&C)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: U-571 (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **9**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (PAC)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: Anne With An E (Thtr)  
 2:00 pm ● *Resident Association Meeting (PAC)*  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **10**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 10:30 am ● *Children's Choir for Veterans (PAC)*  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: Midway (Thtr)  
 6:00 pm ● *Music with Double D (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **11**  
 10:00 am ● Movie: The Finest Hour (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: The Finest Hour (Thtr)  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Movie: Midway (Thtr)

8:00 am ● Church of Christ Service (Chapel) **12**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Waitress (Thtr)  
 4:00 pm ● Movie: Waitress (Thtr)  
 6:30 pm ● Movie: Midway (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **13**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:00 am ● Smith Jewelers (SCR)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● *Ms Barrie's Mini Master Series (A&C)*  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **14**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● *Book Sale (Library)*  
 10:30 am ● Cardio Move & Strength (PAC)  
 11:45 am ● *Birthday Lunch (Dining)*  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Larry Crowne (Thtr)  
 2:30 pm ● *Book Sale (Library)*  
 3:45 pm ● *Birthday Dinner (Dining)*  
 6:30 pm ● Movie: Larry Crowne (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **15**  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● *Wolfchase Galleria (Trans)*  
 10:00 am ● Caregiver Support Group (SCR)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 10:30 am ● *Book Sale (Library)*  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Falling Inn Love (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 2:30 pm ● *Book Sale (Library)*  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Falling Inn Love (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **16**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: Anne With An E (Thtr)  
 3:00 pm ● Photo Club (LCR)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **17**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 10:30 am ● Cornhole (LCR)  
 11:00 am ● *Memphis Most Reveal Party (Lobby)*  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: The Longest Yard (Thtr)  
 6:00 pm ● *Music with David Evans (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **18**  
 10:00 am ● Movie: Red (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Red (Thtr)  
 6:30 pm ● Movie: The Longest Yard (Thtr)

8:00 am ● Church of Christ Service (Chapel) **19**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Shall We Dance? (Thtr)  
 4:00 pm ● Movie: Shall We Dance? (Thtr)  
 4:00 pm ● *Sophia's Piano Students (Lobby)*  
 6:30 pm ● Movie: The Longest Yard (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **20**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● *Ms Barrie's Mini Master Series (A&C)*  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Tech Time (LCR)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **21**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 10:30 am ● *Briarcrest High School Band (PAC)*  
 1:15 pm ● Tuesday Bridge Group (LCR)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: The Back Up Plan (Thtr)  
 6:30 pm ● *Turkey Trot Dance (PAC)*  
 6:30 pm ● Movie: The Back Up Plan (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **22**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: Jack & Jill (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: Jack & Jill (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **23**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: Anne With An E (Thtr)  
 6:30 pm ● Vespers (PAC)

8:00 am ● Get Physical with Kim (Oasis) **24**  
 8:30 am ● Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Water Aerobics (Pool)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 10:00 am ● Art with Helen (A&C)  
 10:15 am ● Strength Training (PAC)  
 11:00 am ● Yoga Stretch (PAC)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:30 pm ● Movie: Walk. Ride. Rodeo. (Thtr)  
 6:00 pm ● *Music with Amaro Dubois (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **25**  
 10:00 am ● Movie: The Secret Garden (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: The Secret Garden (Thtr)  
 6:15 pm ● Saturday Night Trivia (Ante)  
 6:30 pm ● Movie: Walk. Ride. Rodeo. (Thtr)

8:00 am ● Church of Christ Service (Chapel) **26**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Movie: Taken (Thtr)  
 4:00 pm ● Movie: Taken (Thtr)  
 6:30 pm ● Movie: Walk. Ride. Rodeo. (Thtr)

8:00 am ● Get Physical with Kim (Oasis) **27**  
 8:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Alterations (A&C)  
 9:30 am ● Advanced Water Aerobics (Pool)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Chair Yoga (PAC)  
 10:30 am ● Billiards Group (Billiard Room)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● *Scam Safety Seminar (PAC)*  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **28**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Book Baggers (Chapel)  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:30 am ● Cardio Move & Strength (PAC)  
 11:00 am ● *Lunch Bunch: Petra Cafe (Trans)*  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Movie: Eight Below (Thtr)  
 6:30 pm ● Movie: Eight Below (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **29**  
 9:30 am ● *A Christmas Carol (Trans)*  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 1:00 pm ● Needle Arts Group (A&C)  
 1:15 pm ● Mah Jongg (LCR)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Movie: A Perfect Pairing (Thtr)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Wednesday Bridge Group (LCR)  
 6:30 pm ● Movie: A Perfect Pairing (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **30**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 10:30 am ● Cardio Move & Strength (LCR)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:15 pm ● Line Dancing (PAC)  
 1:30 pm ● Series: Anne With An E (Thtr)  
 6:30 pm ● Vespers (PAC)

## ABBREVIATIONS KEY

- Thtr - Theater
- HS - Hobby Shop
- FDR - Formal Dining Room
- SCR - Small Card Room
- PAC - Performing Arts Center
- A&C - Arts & Crafts Room
- BR - Billiard Room
- LCR - Large Card Room
- Trans - Transportation
- WC - Wellness Clinic

# November 2023 EVENTS

## Nov 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## Nov 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Nov 1: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

## Nov 1: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.



## Nov 1: Volunteer Fair

Do you have a special talent you'd like to share? Do you enjoy keeping others company? Volunteer in our medical units today! Whether you want to come once a week or once a month, stop by and find out how you can help! We will be in the lobby from 10:00 am to 12:00 pm.

## Nov 1: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

## Nov 1: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

## Nov 1: Instant Family

When Pete and Ellie decide to start a family, they stumble into the world of foster care adoption. They hope to take in one small child, but when they meet three siblings, including a rebellious 15-year-old girl, they find themselves speeding from zero to three kids overnight. Showtimes are 1:30 pm and 6:30 pm in the theater.

## Nov 1: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

## Nov 1: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

## Nov 2: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

## Nov 2: Series: Anne with an E

The adventures of a young orphan girl living in the early 19th century. Follow Anne as she learns to navigate her new life on Prince Edward Island, in this new take on L.M. Montgomery's classic novels. Showtime is Thursdays at 1:30 pm in the theater.



## Nov 2: Orpheum: Beetlejuice

Described as Broadway's 'screamingly good fun' musical comedy, Beetlejuice tells the story of Lydia Deetz, a strange and unusual teenager whose whole life changes when she meets a recently deceased couple and a demon with a thing for stripes. If you need transportation to the show, please sign up with Resident Programs. There is a \$5 transportation fee. We will be leaving at 5:00 pm.



## Nov 3: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

## Nov 3 & 17: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR at 10:30 am for a fun time.

## Nov 3: Music with Southbound

Southbound is a bluegrass, country and folk band that includes veteran musicians Hank Sable on guitar, banjo, and fiddle; Wayne Walker on upright Bass; and Bob Barnett on acoustic guitar. Southbound offers old time bluegrass standards, classic country music, folk tunes, and American pop standards. Join us at 6:00 pm in the PAC.

## Nov 4: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

## Nov 4: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

### **Nov 6: Get Physical with Kim**

Join our fitness instructor Kim Roberts every Monday and Friday in the Oasis at 8:30 am. She will be teaching how to safely use all of the gym equipment and is available to answer any questions you may have.

### **Nov 6: Hobby Pines Group**

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.



### **Nov 6: Poetry & Writing Club**

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the Large Card Room at 10:00 am.

### **Nov 6: Billiards Group**

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

### **Nov 6: Chair Yoga**

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

### **Nov 6: Bingo**

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30 pm. Cards are \$1 to play, limit 2 cards per person.

### **Nov 7: Runoff Voting**

The election for City Council District 3 was such a close race that we now have a runoff election! The voting commission will be back bright and early this month! Will your choice be Kirkwood or Walker? Voting will start at 8:00 am in the PAC.

### **Nov 7: Medical Director**

### **Dr. Mike Abutineh MD**

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

### **Nov 7: Cardio Move & Strength**

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

### **Nov 7 & 21: Afternoon Bridge**

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

### **Nov 7: Line Dancing**

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

### **Nov 7: BUNKO**

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

### **Nov 7: Dear John**

A romantic drama about a soldier who falls for a conservative college student while he's home on leave. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### **Nov 8: Garden Gro'ers**

Members of the Garder Gro'ers will be meeting at the Pavilion for a club member-only event starting at 10:30 am. Come on out and see what we're about.

### **Nov 8: U-571**

An American submarine crew conducts a treacherous mission to capture a top-secret device that could change the course of WW2. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### **Nov 9: Resident Association Meeting**

Be sure to come to our town hall meeting. We will begin promptly at 2:00 pm in the PAC.

### **Nov 10: Children's Chorus**

Join us for a musical veteran's day tribute! We will play all the classics and more. 10:30 am in the PAC. The children will also be attending lunch in the dining room following the performance. We ask that those dining invite the kids to sit and eat with them wherever an empty seat is available!

### **Nov 10: Music with Double D**

Back by popular demand! The Double D Band is back again to play all your favorite hits. Just us 6:00 pm in the PAC.

### **Nov 11 & 25: Trivia Group**

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for November will be Broadway Musicals and Plays, however, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

### **Nov 13 & 27: Alterations**

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

### **Nov 13 & 20: Barrie's Mini Masters Series**

Barrie's mini-masters series is a great opportunity for residents to study and work in the style of classic artistic masters like Georgia O'Keefe, Picasso, Van Gogh, and more. Join us for a two-part class! Both start at 10:00 am sharp in the art room. Sign up with resident programs. Space is limited.



### **Nov 14: Birthday Meal**

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP with Skye to reserve your table.

### **Nov 14: Larry Crowne**

After losing his job, a middle-aged man reinvents himself by going back to college. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### **Nov 15: Wolfchase Galleria**

Want to do some early holiday shopping? Or maybe you're overdue for a pamper shopping spree! Join us on a trip to the mall. Shops include Dillard's, JC Penny, Macys, and more. Sign up with Resident Programs. We will leave Kirby at 9:30 am.

### **Nov 15: Falling Inn Love**

When city girl Gabriela spontaneously enters a contest and wins a rustic New Zealand inn, she teams up with big-hearted contractor Jake Taylor to fix and flip it. Showtimes are 1:30 pm and 6:30 pm in the theatre.



### **Nov 16: KP Photo Club**

If you love our Photo Club page in the Pinecone, come join us at 3:00 pm in the LCR to brush up on your skills!

### **Nov 17: Memphis Most Reveal**

Will we win Memphis Most for the 17th year in a row? Join us at this year's party as we find out together! Party starts at 11:00 am in the lobby, with music, hors d'oeuvres and prizes.

### **Nov 17: Music with David Evans**

As a blues and folk musician, David has recorded six CDs for the Inside Sounds and Blind Lemon labels, and has made over seventy tours in twenty-two countries of Europe, South America, and Africa. He has toured, performed, and/or recorded with such blues greats as Hammie Nixon, Van Zula Hunt, Johnny Shines, and many more. Join us in the PAC at 6:00 pm.

### **Nov 19: Piano Student Recital**

Join Ms. Sophia and her students in the lobby for some relaxing Sunday music starting at 4:00 pm in the lobby.

### **Nov 20: Tech Time**

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

### **Nov 21: Briarcrest HS Band**

Come on out and show your support for these young, bright-minded students who want to share their talents with us. They will be performing at 10:00 am in the PAC.

### **Nov 21: Turkey Trot Dance**

Break out those country boots and come shake your tail feather at this month's Turkey Trot dance in honor of thanksgiving! You're sure to have a great time. The photobooth will open at 6:00 pm, and the music will start at 6:30 pm sharp in the PAC. Hope to see you there.

### **Nov 21: The Back Up Plan**

A woman conceives twins through artificial insemination, then meets the man of her dreams on the very same day. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### **Nov 22: Jack and Jill**

Family guy, Jack Sadelstein, prepares for the annual event he always dreads--the Thanksgiving visit of his fraternal twin sister, the needy, and passive-aggressive Jill, who then refuses to leave. Showtimes are 1:30 pm and 6:30 pm in the theatre.

### **Nov 24: Music with Amaro**

Brazilian violinist Amaro Debois has become known for his work popularizing and expanding lesser-known repertoire for the viola through collaborative projects in Brazil and North America. Join us in welcoming him back to Kirby; 6:00 pm in the PAC.

### **Nov 27: Scam Safety Seminar**

Have you ever had a call from someone telling you about a purchase you've never made? Has an unknown email or Facebook friend sent you a suspicious link to click on? Have you ever been asked to give a stranger your banking information? These are a few of the many scams that seniors fall victim to every day. Join Erica Cobb, a cyber security expert with 25 years of experience, to come speak about how you can recognize such calls, and protect your identity and finances. 2:00 pm in the PAC.

### **Nov 28: The Book Baggers**

Come meet the authors who live at Kirby Pines! Four of our resident authors will be speaking about books they have

published. Others will have some of their works on display. This is a time when we can celebrate the talented people who live among us. Perhaps you, too, will be encouraged to dust off your own work and get it to a publisher. Join us the fourth Tuesday of every month at 9:30 am in the chapel.



### **Nov 28: Lunch Bunch: Petra Cafe**

Petra Cafe is a Mediterranean restaurant offering the freshest flavors of Greece and the middle east with some hints of Italy thrown in. Every dish is made to order with the freshest ingredients available. Vegetarian, vegan and gluten free options are deliciously offered. Locally owned and operated since 2001. We leave Kirby at 11:00 am.

### **Nov 28: Eight Below**

Brutal cold forces two Antarctic explorers to leave their team of sled dogs behind as they fend for their survival. Showtimes are at 1:30 pm and 6:30 pm in the theatre.



### **Nov 29: Travelers: Christmas Carol**

This beloved production has been staged by Theatre Memphis for over 40 years, making it the longest running recurrent play on any Memphis stage. Please see Resident Programs to sign up (will need to pay for tickets and \$5 transportation fee). We will be leaving by 9:30 am. Please be on time in the lobby.

### **Nov 29: A Perfect Pairing**

It follows a hard-driving LA wine-company executive who travels to an Australian sheep station to land a major client and there she ends up working as a ranch hand and sparking with a rugged local. Showtimes are 1:30 pm and 6:30 pm.



## THANKSGIVING FEAST Find the Words hidden in the grid of letters.

- |                 |                 |
|-----------------|-----------------|
| APPLE PIE       | MASHED POTATOES |
| BISCUITS        | MINCEMEAT       |
| BRUSSEL SPROUTS | PEAS            |
| CASSEROLE       | PECAN PIE       |
| CHESTNUTS       | PUMPKIN PIE     |
| COLLARD GREENS  | ROLLS           |
| CORNBREAD       | SQUASH          |
| CRANBERRY SAUCE | STUFFING        |
| DRESSING        | SWEET POTATOES  |
| GRAVY           | TURKEY          |
| GREEN BEANS     | YAMS            |
| MAC AND CHEESE  |                 |



*Puzzle Solutions page 23*



# PICTURING LIFE AT KIRBY PINES

## THE ZOO, ART WALL AND ENTERTAINERS



Beverly Hassell shows off her Zootoberfest t-shirt.



Genenne Wilson and Barbara Phillips enjoy Senior Safari at the Memphis Zoo. Photo By Stuart Eyman



The Tigers have a ball at the zoo! Photo By Stuart Eyman



Marty McKee, John Sosh and Sarah McCallum discuss their recent artwork at our Art Wall Reception. Photos by Stuart Eyman



The Entertainers put on another wonderful performance. From left, Marilyn Sanderson, Ellie Bates, Barbara Hanrahan, Steve Tittle, Eric Wigg and Director, Joan Dodson. Photos by Stuart Eyman

# PICTURING LIFE AT KIRBY PINES

## BIRTHDAYS, RUMMAGE SALE AND TRAVELERS



Graeme Gee celebrates his birthday with his wife, Anne.



Stuart Eyman celebrates with wife, Bonnie, and friends Eric & Ruth Wigg, Genenne Wilson, Parker & Ruth Nilsen, Charlie & Sara Burns and Sharon Overman.



Flo Seward is "Thankful" for her purchase at the Fall Rummage Sale.



Janet Reeves checks out Alice Wherry's goods at the Rummage Sale.



Laura Luenberger shows off her beautiful Christmas decor.



The Travelers take a trip to Green Frog Village in Bells, Tennessee. After their tour, they enjoyed lunch at The Spot.

# PICTURING LIFE AT KIRBY PINES

## FALL FESTIVAL, BOOK BAGGERS AND MORE



Neil and Caroline Lloyd enjoy the beautiful weather at the Fall Festival.



Jane Hodge shows her friend how Kirby Pines enjoys life.



Seems Jane Longfield couldn't decide between chocolate and vanilla?



Sally and John Coleman come to check out the festivities.



Nancy Albonetti is thrilled to have family visiting. Photo by Sydney Wagner



October bridge winners, Jeanette and Steve Martin.



The Book Baggers have a special presentation by Lance David White, with a tribute to the wit and wisdom of beloved painter, Bob Ross. Photo by Mary Ann Thurmond

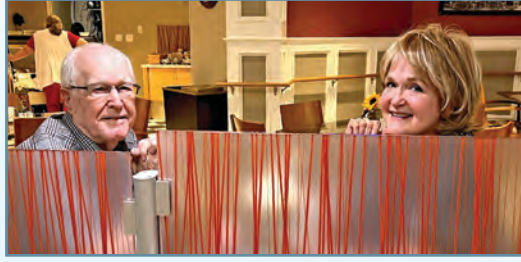


Mr. White with Janice Wall and Jerry Dunnam. Photo by Mary Ann Thurmond

# KIRBY PINES PHOTO CLUB



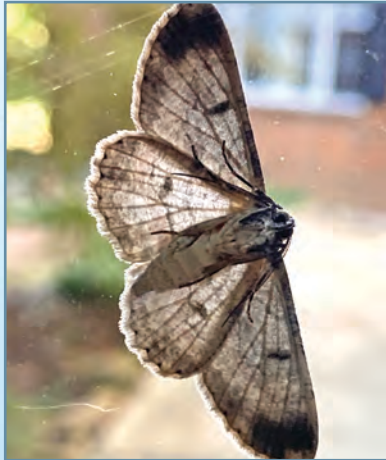
**Puzzled Family - Photo by Sydney Wagner**



**Bistro Heads - Photo by Carolin Thomason**

**Join Us November 16th  
at 3:00 in the  
Large Card Room!**

**Photos for this month  
were a free for all.  
Photograph anything.**



**Mothra  
Photo by Jackie Gunther**



**Monet's Garden  
Photo by Dale Jones**



**At the Zoo  
Photo by Sheryl Maxwell**



**Hiding Shroom  
Photo by Jane Longfield**



**Finding New Angles  
Photo by John Sosh**



**Charlotte's Web?  
Photo by Mary Ann Thurmond**



**Fall Feeding  
Photo by Hugh Wilson**



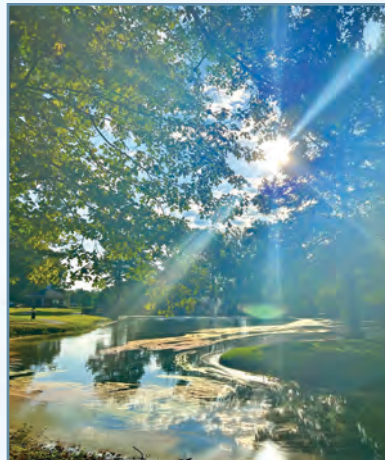
**Sisters  
Photo by Arrena Cheek**



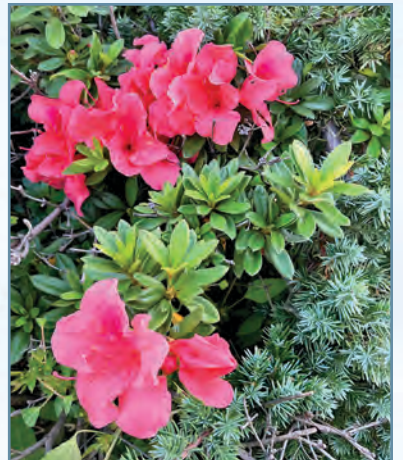
**Welcome Fall  
Photo by Marsha Greiner**



**Lily Smith  
Photo by Stuart Eyman**



**Framing the Sun  
Photo by Fred Dabrowski**



**Late Bloomers  
Photo by Sylvia Statham**

# Memorials, Honorariums & Gifts

## In Memory Of

### LEA KOONCE

Donation by KP Resident Association  
to the Entertainers

Donation by Joan Gilliland  
to the Library

Donation by Barbara Logan  
to the Ham-ateurs

Donation by Christine Martin  
to the Employee Fund

Donation by Janice Wall  
to the Book Baggers

### JOHN TRAVIS THORNTON

Donation by KP Resident Association  
to the Library/Large Print Books

Donation by Mr & Mrs Hugh Wilson  
to the General Fund

Donation by George Courington  
to the Employee Fund

### JUANITA SMITH

Donation by KP Resident Association  
to the Library/Large Print Books

### BETTIE SMITH

Donation by KP Resident Association  
to the Garden Gro'ers

## In Memory Of

### BILLIE JEAN RATLIFF

Donation by Janice Wall  
to the Book Baggers

Donation by Joan Gilliland  
to the Book Baggers

Donation by Bill & Ellen Sayle  
to the General Fund

Donation by Barbara Lipsey  
to the Employee Fund

Donation by Sydney Wagner  
to the Book Baggers

Donation by Joe & Shirley Brooks  
to the Employee Fund

### PATTY WALDEN'S MOTHER

Donation by Joan Gilliland  
to the Book Baggers



## In Honor Of

### MIKE HUFNAGEL

Donation by Lois Dazey  
to the Hobby Shop

### PATTY WALDEN

Donation by Joe & Shirley Brooks  
to the Employee Fund

### PAULA HANSON

Donation by Rosalind Edwards  
to the Garden Gro'ers

### DR JAMES LATIMER

Donation by Lois Dazey  
to the Employee Fund

### SYDNEY WAGNER

Donation by Lois Dazey  
to the Book Baggers

### SUSAN & JIM FLAKE

Donation by Lois Dazey  
to the General Fund

### MARK MAXWELL

Donation by Kay Arick  
to the Hobby Shop

### RUTH THURMOND

Donation by Pat Halliday  
to the Hobby Shop

**TO SEE MORE  
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AND HAPPENINGS  
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FOR ALL OF OUR VIDEOS!**

Simply go to  
**youtube.com**  
and search for Kirby Pines!

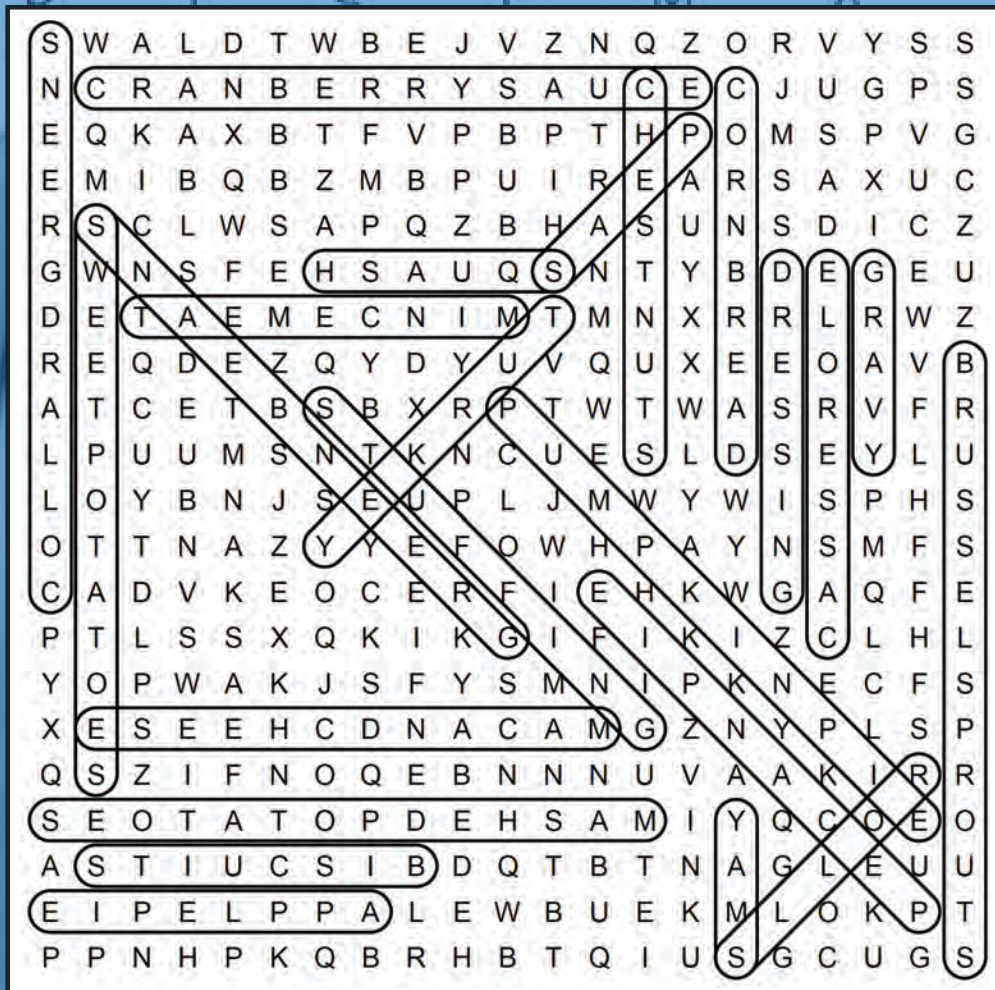


**SCAN ME!**

Or use your QR Code  
Reader or Smart Phone  
Camera and Scan this  
Code to Get There!



# GIANT WORD SEARCH



ANSWERS TO PUZZLE  
CHALLENGE ON PAGE 17

## Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: [www.kirbypines.com](http://www.kirbypines.com)

### FOR MORE INFORMATION

## CHRISTIE'S COIFFURES

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Specials!

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Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Call for Appointment

**369-7311**



# A Good Time Was Had By All At The Kirby Pines Fall Festival!

Special thanks to Grassfire, Awesome Dogs, Champs BBQ & Mr. Frostee!



## Kirby Pines

LifeCare Community

