

the PINECONE

The Magazine of Kirby Pines LifeCare Community • July 2023 | V. 41 | I.7

PAT CALHOUN

*loves her elegant
and spacious
Garden Home
at Kirby Pines.*



Summertime Is Finally Here

July is traditionally the month in we begin to think about summer and celebrating America's independence with family and good friends. This July will be no exception for residents at Kirby Pines Estates.

As part of national Hot Dog Month, the Bistro will be featuring a Hot Dog of the week. What better way to celebrate the opening month of summer than with a meal that is so closely tied to family outings, and gatherings of friends. In addition, it is an excellent way to entertain grandchild and great grandchild visiting for the day.

Another special day in July is National Ice Cream Day. In celebration of this special day, the Culinary department is preparing a "Sundae Surprise". If you have special toppings, you want available for this day, please let Mark Simpson know early in the month, so that he can include them, if possible, in the available toppings. This fun fill event should be a great way to cool down before we get into the dog days of summer.

Another great way to stay cool is to embrace Kirby's long standing summer casual din-

at Kirby Pines

ing attire. During the heat of the summer months, between Memorial Day and Labor Day, men are not required to wear a jacket and women are not required to wear more formal attire to eat in the dining rooms Mondays through Saturdays. Residents still prefer all residents to wear a nicer attire on Sunday.

So whether you are a new resident at Kirby Pines, or a resident who has lived with us for several years, we invite you, your families and friends to join us for some fun as we all begin to celebrate the opening month of summer.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Celebrating Our Independence at Kirby Pines

July is here, meaning half the year has passed. We've had a lot happening in 2023, and have a lot coming up leading us to Kirby Pines' 40th Anniversary in September. July is also the month we celebrate our independence, so let's take a look at what's happening this month in independent living.

We will be having a cookout on the 4th in the dining area, so make sure you wear your red, white and blue. There is a Town Hall on the 13th for your questions to be answered by Charlie Trammell. The Travelers are going to the Cotton Museum and The Cupboard on the 17th. The Ham-ateurs are back at it on the 21st with a program sure to make you smile. Marty Kocman will entertain on the flute the 23rd and Sydney Wagner's son and grandson will tell of their travels thru Spain the 24th.

Our front cover features Pat Calhoun in her beautiful garden home, where she has created the perfect space after downsizing for the second time. Her home reflects her style and is as welcoming as it is stunning.

Our back cover was taken on the patio of garden home residents, Graeme and Anne Gee, who recently moved to Kirby from North Carolina. Their newly renovated spot is modern and inviting inside with the perfect amount of calming Zen out back.

We want to thank them for opening their homes and allowing us to feature them in this issue. If you or someone you know is interested in a garden home call 901-369-7340 or scan the QR code on the back page for more information.



Fred & Cindy Dabrowski,
Garden Home Residents Since 2020

Kirby Pines Retirement LifeCare
is managed by:



Retirement Companies of America

BOARD OF DIRECTORS

Dr. James Latimer, Chairman
Mr. Rudy Herzke, President
Mr. Berry Terry, Secretary/Treasurer
Mr. Larry Braughton Mr. Jim Ethridge
Ms. Linda Harrington Ms. Mary Ann Hodges
Mr. Rusty Linkous Mr. Boyd Rhodes, Jr.

RCA STAFF

Charlie Trammell

President, RCA

Michéle Vincent

Executive Vice President, RCA

John McElderry

Vice President of Operations, RCA

Tim Cox

Senior Vice President of Finance, RCA

Michael Kelly

Vice President of Finance, RCA

Stephanie Barrow

Director of Sales & Marketing

KIRBY PINES STAFF

Michael Escamilla

Executive Director, Kirby Pines

Annette Marlar

Director of Medical Services

Mike Abutineh, M.D.

Medical Director

Anna Bradford

Nursing Home/Assisted Living Administrator

Trudy Schenkenberger

Director of Human Resources

Linda Strickland

Director of Accounting

Jada Mullins

Director of Environmental Services

Chuck Neeley

Director of Maintenance

Mike Rayder

Director of Grounds & Landscaping

Mark Simpson

Director of Culinary Services

Calvin Sims

Director of Security

This magazine is produced by RCA
6465 N. Quail Hollow Rd., Suite 400
Memphis, TN 38120, 901-794-2598

*Electronic version of The Pinecone
is available at www.kirbypines.com*



Get to know Kirby Pines'

NEW RESIDENTS



Marilynn Garzione

We want to give a warm Kirby welcome to Marilyn Garzione. Moving to Memphis from New York City has opened many new adventures for this adventurous and curious lady.

The daughter of a Lutheran minister who served as an Air Force chaplain. She has lived in Montana, Wyoming, North and South Dakota, Idaho and graduated from high school in Puerto Rico. Her undergraduate studies were at Concordia College and in Spain. Marilyn returned to the states for her graduate studies at Middlebury College in Vermont.

Marilynn and her late husband, Pat, made their home in the New York area. She has a keen interest for other cultures, speaks Spanish and French. She taught languages on Long Island, the University of New York and Vassar College.

After caring for her husband with Alzheimers, she wrote "Released to the Angels" and became a public speaker on behalf of the Alzheimer's Association. A talented pianist, Marilyn has a love for many music genres and enjoys oil painting. She also enjoys classic movies, has an interest in quantum mechanics, and continues to travel.

You will want to get to know Marilyn, her many travels and interests makes her a perfect fit for our Kirby lifestyle. We are elated she chose Kirby Pines in Memphis, Tennessee for this chapter of her life.

New Resident Bios written by resident, Peggy Reynolds Gatlin



Bob Wilson

Robert Wilson, better known as Bob, recently moved to Kirby Pines from Memphis. He has 5 children, 8 grandchildren and 7 great grands.

After graduating from The University of Illinois, Bob had a long career as an industrial designer and mechanical engineer. He was President and owner of Wilson Associates and Vice-President of product development of Mohasco Chromcraft. He also has a number of Patents, especially in plastics.

A veteran of the U.S. Air Force, Bob served as a 1st Lt. and Captain. He was a special consultant and built rocket launchers for the Air Force, NATO and Navy.

In retirement, Bob is enjoying hunting, bowling in 2 leagues, stamp collecting, reading and following his favorite baseball and basketball teams.

Bob's career required much travel. He worked in 37 countries and has traveled to more than 55 countries.

Bob has been a Rotarian and a member of the Chamber of Commerce. His engineering groups include The Plastic Engineering and the Mechanical Engineering Societies.

Welcome, Bob! We're so happy you chose Kirby Pines for your new home and it won't be long before you're sharing your many interests and talents with your new found friends.



Using the Treadmill with Arthritis

10 TIPS TO TREAD SAFELY

Treadmills seem simple, but they can be hazardous, particularly for people with joint or balance issues. “Trying to catch yourself when you lose your balance can result in muscle strains or injury in almost any joint”, says physical therapist Mary Ann Wilmarth, CEO of Back2Back Physical Therapy in Andover, Mass.

“Injuries can go all the way up the kinetic chain when people slip and try to recover by catching themselves. This can mean foot injuries, strained or sprained ankles, shoulders and wrists – as well as the back and hips if you’re twisting as you lose balance,” she says.

You can protect yourself by using these tips to tread more safely.

1. Use a full-sized treadmill with side rails. The belt should be at least 22 inches wide and 50 inches long, and the machine should have handrails on both sides you can use for balance.
2. Wear sturdy, low-heeled athletic shoes. Soles higher than 1 inch can lead to ankle rollovers. Use the topmost shoelace hole for extra stability.
3. Learn the controls. Before you step on, get familiar with how to adjust the speed, incline and especially the red “fast-stop” button.
4. Use the safety key. Before you hit start, clip the safety key to your shirt so if you slip, the machine will stop immediately.
5. Start, then step on. Hold the rail and stand on either side of the belt as you start it at a low speed. Then step on the belt and increase speed slowly.
6. Use a slight incline. An incline of about 2% can reduce impact on the spine, hips, knees, feet and ankles, but a steeper climb increases joint stress.
7. Find the right stride. You’ll know it’s on target when you’re walking comfortably – not overstretching your lead leg – with arms swinging freely.
8. Look straight ahead. Looking down or around can throw off your balance and cause you to trip.
9. Stay centered. Know where you are on the belt and avoid drifting sideways or toward the back of the belt.
10. Catch Your Fall: If you start to fall while you’re on the treadmill, hit the emergency stop button. Grasp the rails and move your feet to one side, then step off and sit down until you’ve recovered.

Use the NuStep as an alternative if you are currently using an aid for balance, such as a cane, walker or wheelchair or having balance issues. You should not attempt to use the treadmill.

Tomorrow’s Treadmill - One day in the near future, a treadmill that uses sonar technology to automatically adjust its speed to match the pace of the user may be the future of treadmills. But until then, follow these guidelines for safety on the treadmill.

Never use exercise equipment if you have any questions about how to use it. Exercise is important, but your safety is more important.



Monday/Wednesday/Friday

**Advanced Water Aerobics
Resident Led / Kim Roberts**

8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

**Exercise in the PAC
Resident Led**

9:30am | PAC/Live TV

**Chair Yoga with Kim Roberts
Monday Only**

10:30 am | PAC/Live TV

Strength Training with Kim Roberts

Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim Roberts

Friday Only
11:00 am | PAC/Live TV

Tuesday/Thursday

**Men’s Water Aerobics
Resident Led**

8:30 am - 9:15 am | Pool

**Arthritis Water Aerobics
with Kim Roberts**

9:30 am - 10:15 am | Pool

**Cardio Move & Strength
with Kim Roberts**

10:30 am - 11:15 am | PAC/Live TV





“Life is not merely being alive, but being well.”
- Marcus Valerius Martialis

We all know July 4th is a federal holiday in the United States to commemorate the Declaration of Independence on July 4th, 1776. This holiday is typically filled with fireworks, BBQ, and family and friends gathering to celebrate our great country. It’s also a great opportunity to celebrate our personal independence and autonomy.

Ways to Celebrate and Promote Independence:

1. Functional Fitness Testing. Functional fitness testing is a great way to put a spotlight on your independence. Determining your baseline fitness level and making appropriate recommendations for exercise classes, programming, or additional support is a step towards continued independence. Not sure where to start? Contact the Therapy Team!



2. Look at Vocational Wellness. Vocational Wellness is one of the seven dimensions of wellness, and it is the ability to achieve personal satisfaction and fulfillment, maintain balance, and make a positive impact. Examples of vocational wellness can include mentoring or tutoring, volunteering, or even caregiving.



3. Exercise! Participate in wellness classes, walking programs, or aquatics. Keep your body moving! The more you move, the stronger and healthier your bones, muscles, and brain will be! Healthy minds and bodies promote independence!



As we celebrate our nation’s independence, take a moment, and celebrate your OWN independence – physically, mentally, spiritually. What things are you doing throughout the week, month, or even year, to spotlight your abilities and promote continued independence? Not sure where to start? The Functional Pathways Therapy Team can help!

EXQUISITE CUISINE

Thursday, July 27, 2023



SHRIMP 'N' GRITS

The traditional dish of the Lowcountry of the coastal Carolina and Georgia. We serve creamy Grits with saucy Shrimp, Onions, Peppers and Bacon.



CHICKEN & WAFFLES

A twist on the Southern Classic! Buttermilk marinated Chicken thighs, light and fluffy Waffles, smooth Maple Syrup.



PEAR SALAD

Roasted Pears, Blue Cheese, crunchy Walnuts and Balsamic Vinegar come together to make a crisp refreshing combination.



STRAWBERRY SHORTCAKE

Made with fresh Strawberries and Whipped Cream we cap off the meal with a tasty treat.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: Mike & Suzanne Hufnagel

LIVING THE ULTIMATE LIFE

In small town America, many people have been nurtured and supported in their formative years by the advantages which are unique to small town living. Both Suzanne and Michael Hufnagel are products of such an environment. Although their lives encountered hardships, cumulatively, their lives could be described as the “ultimate life.” There were supportive families, opportunities for education and advancement through employment, three children and six grandchildren to love, and a retirement to envy. In 2011, the Hufnagels sold everything, bought an RV, and spent the next eight+ years traveling the United States and Canada.

Suzanne (nee Stevens) and Michael Hufnagel were born in, or near, Tell City, Indiana. This small town had a rich heritage and was ideal for childhood. Life was good. No one locked their doors, bicycles were ridden from dawn to dusk, and sleep-over with friends was the norm. However, both Suzanne and Michael suffered losses during their childhood. Suzanne’s parents divorced when she was nine, and Michael’s father died when Michael was four years old. As a result, both lives were altered. Suzanne’s mother began working outside the home, and Michael’s family moved to his grandfather’s farm. However, according to Michael, “I loved living on the farm. There are many adventures I had in those early years that I wouldn’t trade for anything. That’s when I developed my love for the outdoors.”

Suzanne attended St. Paul’s Catholic school through eighth grade and was active in the band, playing cornet and French horn. Michael attended a different school. They met at the city swimming pool the summer following their freshman year of high school. They soon began dating “off and on.” Suzanne participated in musical and drama ventures while Michael developed the “Hoosier Hysteria” by involvement in sports. In his younger years, Michael also enjoyed scouting and eventually became a Boy Scout Leader.

Following graduation in 1962, Suzanne moved to Indianapolis to work in the Bureau of Motor Vehicles and then as a receptionist in a prominent law firm. Michael entered Purdue University. The romance blossomed, and in 1964, Suzanne and Michael were married. One interesting bit of information shared by the Hufnagels was that both their mothers remarried around the same time.

The Vietnam War caused disruptions in many lives. Michael was drafted into the Army in 1966. He relates this about that experience: “I was in the Army from 1966 until 1968. I was trained as a Drill Instructor and discharged with the rank of Sergeant (E5). My Army years have many

stories that had God’s hand in them. The main one is that I remained stateside while most of my trainees had to go ‘across the pond,’ and many didn’t return.”

After his discharge from the Army, Michael returned to Purdue earning a BS and an MS in Industrial Engineering. His employment resulted in family moves from Indianapolis to Cincinnati, Memphis, and Little Rock. Starting out in the engineering field, Michael moved to Marketing and then Information Technology. His last positions were as CIO of transportation companies.

Suzanne worked until their first child was born in 1970. She became a homemaker and the family increased to three, two boys and one girl. According to Suzanne, “Sewing and making things has been a big part of my life. I made my children’s clothes and my own for many years.” She began piecing the beautiful quilts we see displayed on our Art Wall in 2016. So far, she has made a total of 12 quilts. “I enjoy making things that are not only beautiful but useful,” says Suzanne. In 1975, Suzanne became a believer in Jesus Christ and has been involved in study and teaching Bible classes. She and Michael are members of Harvest Church and participate as Greeters.

Because of his love of the outdoors, Michael has always sought activities which allowed him to be “with nature.” He says that he has done a lot of backpacking and water skiing. When his children came along, they also enjoyed the outdoors. According to Michael, “We enjoyed tent camping, boating on a pontoon, and jet skiing on Pickwick Lake.” Michael says he has always enjoyed wood working and refinishing furniture.

When RV living came to an end, the Hufnagels did not want the hassle of another house and began looking at retirement facilities. After considering several, they chose Kirby Pines for a number of reasons. Primarily, Memphis seemed like home base, and their daughter lives here. Also, important to them was the Lifecare benefits and the community that Kirby offers.



The Hufnagels

Living at Kirby is living the ultimate life. According to both Suzanne and Michael, “We enjoy living in our two bedroom apartment which requires little maintenance and no yard work. We SO enjoy the beautiful grounds here and are thankful for those who keep our grounds beautiful.”

Suzanne and Michael Hufnagel have certainly been a wonderful addition to our community. Both remain very active. Suzanne leads a Bible study and pleases us with her artistry. Michael has served on the Resident’s Association Board and has been an extraordinary helper to many of us who have various technology problems.

The Hufnagels’ thoughts on moving: “So many residents experience the agony of downsizing when they move in. We had the experience of up-sizing in moving from a 400+ square foot motor home to a 900+ square foot apartment. We were able to buy all NEW furnishings. What fun!”

Written by Joan Dodson, Resident of Kirby Pines

4TH OF JULY JOKES SURE TO GO OFF WITH A BANG!

Q: Who has to work on the 4th of July?

A: Fire works.

Q: What did the colonists wear to the Boston Tea Party?

A: Tea-shirts.

Q: Where was the Declaration of Independence signed?

A: On the bottom of the page.

Q: Why couldn't George Washington fall asleep?

A: Because he couldn't lie.

Q: What was the most popular dance in 1776?

A: The indepen-dance.

Q: Why does the Statue of Liberty stand for freedom?

A: Because she can't sit.

Q: What did the flag do when it lost its voice?

A: It just waved.

Q: What beverage do you drink on July 4th?

A: Liber-tea.

Q: Why is there no knock-knock joke about America?

A: Because freedom rings.

Q: What did King George think of the American colonists?

A: He thought they were revolting.

Q: What did the lightning say to the fireworks?

A: You stole my thunder!

Q: Did you hear the joke about the Liberty Bell?

A: Yeah, it cracked me up.

Q: What are the most patriotic flowers?

A: Yankee Doodle Dandy lions.

Q: What do you serve with cheese on Independence Day?

A: Fire crackers.

Q: Why did the firecracker go to the hair salon?

A: It needed to trim its bangs.

Q: What is the best sport to play on July 4th?

A: Flag football.

Q: Which flag is the most highly rated?

A: The American flag. It has 50 stars..

Q: What do you get if you cross a T-Rex with a firework?

A: Dino-myte.

Congratulations to our **CHAMPION of the Month**

Director of Caring In Place

TANIA FUQUA

Describe Your Family: My family is fun and always full of jokes and laughter.

Describe yourself in five words: Humble, observant, dependable, caring and thoughtful.

What do you do for fun: Spending time with my grandsons and watching movies.

Hobbies: Reading inspirational books and painting.

What is your favorite thing about your job: Seeing the smiles on resident's faces and providing care.

What is your favorite food: I love tomatoes. **Favorite Song:** I'm Still Here by Dorinda Clark Cole.

What is something you are proud of: Raising my 3 beautiful kids into responsible, respectful adults.

What would you like people to know about you: I absolutely LOVE butterflies!.



Tania was hired as the staffing coordinator for Caring In Place and then moved to Supervisor/Manager In Training in the Fall of 2022. She continues to cover the department and works as a PCA when needed. Tania not only does all of the work for residents at Kirby Pines, she has taken on the tasks of providing PCA services for the residents at The Farms, too. She is truly an asset to Caring In Place, Kirby Pines and The Farms at Bailey Station. We are grateful to have her on board!

- Michael Escamilla, Executive Director

REFLECTIONS

By
Maxie Dunnam

How Are YOU Praying the Lord's Prayer?



In the Christian tradition most of us know, and can enter into praying what has come to be known as “The Lord’s Prayer.” It is really *our prayer*. There are two common ways we pray this prayer. Sometimes, we wrestle *against* God. We receive intimations of something God wants us to do – and we wrestle *against* God because we are not sure we want to respond. Or, we come face to face with an issue of God’s justice and holiness – and we resist. We don’t want to do it.

But there is also another kind of wrestling. It is not wrestling against God; it’s a matter of wrestling *with* God against that which opposes God’s will. It really becomes a matter of spiritual warfare. We sense that there are forces within our world which are opposed to God’s will: sickness, hate, meanness, narrowness of spirit, fear, lethargy, prejudice, and ill will. I speak of our warfare against the forces of darkness – we wrestle against Satan himself. We set ourselves against all such forces and to them we cry, “God’s will be done on earth as it is in heaven.”

The whole issue is abandonment. Sometimes when we pray, “Thy will be done,” it is a declaration of submission in which we confess that we do not know what is best but we want God’s will. We struggle, we wrestle, we stay in the presence of the Lord until our hearts are made tender, and we’re ready to trust God and surrender our will to Him.

My favorite story about Lourdes, the world known healing place, has to do with an old priest at that famous healing center who was asked by a newspaper reporter to describe the most impressive miracle he’d ever seen there. The reporter expected him to talk about the amazing recovery of someone who had come to Lourdes ill and walked away well. “Not at all,” the old priest said, “if you want to know the greatest miracle that I have ever seen at Lourdes, it is the look of radiant resignation on the face of those who turn away unhealed!” That’s abandonment! -- thy will be done as a declaration of submission, confessing that all we want is God’s will – because we know that it is best for us.

So, let us pray, *Our Father*.....

July Vesper Services | 6:30pm | Performing Arts Center

July 6

Pastor Don Marston
Forest Hill
Baptist Church

July 13

Rev Brian Parks
Missionary
Dubai, United Arab Emirate

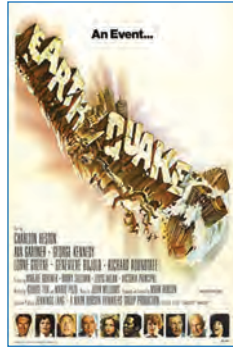
July 20

Amy Speake
Alturia Ministry Costa Rica
Missionary w/Methodist Church

July 27

Summer Hymn Sing
and Song Fest
Residents

MEET ME AT



AMERICAN GRAFFITI (1973)



Saturday, July 1 | 6:30 pm

Sunday, July 2 | 6:30 pm

Cast: Ron Howard, Richard Dreyfuss, Charles Martin Smith, Cindy Wilson

A group of teenagers in California's central valley spend one final night after their 1962 high school graduation cruising the strip with their buddies before they pursue their varying goals.

EXTRAORDINARY MEASURES (2010)



Saturday, July 1 | 10:00 am & 1:30 pm

Cast: Harrison Ford, Brendan Fraser, Keri Russell, Meredith Droeger

John Crowley is a man on the corporate fast-track, with a beautiful wife and three children. Just as his career is taking off, he learns that his two youngest kids have a fatal disease. John leaves his job and devotes himself to saving their lives. He joins forces with Dr. Robert Stonehill, a brilliant but eccentric scientist. Together they battle the medical and corporate establishment, racing against time for a cure.

A PERFECT WORLD (1993)



Sunday, July 2 | 1:30 pm & 4:00 pm

Cast: Kevin Costner, Clint Eastwood, T.J. Lowther, Laura Dern

Butch, an escaped prisoner from a Texas jail, kidnaps Philip, a young, impressionable boy. As they embark on a trip across the American Southwest together, a surprising bond grows between the convict and his captive, even as law enforcement forces slowly catch up with them.

EARTHQUAKE (1974)



Friday, July 7 | 1:30 pm

Saturday, July 8 | 6:30 pm

Sunday, July 9 | 6:30 pm

Cast: Ava Gardner, Charlton Heston, George Kennedy, Victoria Principal

Various interconnected people struggle to survive when an earthquake of unimaginable magnitude hits Los Angeles, California.

GET LOW (2009)



Saturday, July 8 | 10:00 am & 1:30 pm

Cast: Bill Murray, Sissy Spacek, Lucas Black, Scott Cooper

When much-feared hermit Felix Bush comes to town with a wad of cash and announces his intention to preside over his own funeral, fast-talking mortician Frank Quinn smells a big payday in the air. Frank sends his young apprentice, Buddy, to charm Felix and win Felix's business. As the day of the unusual event approaches, Buddy uncovers a long-held secret involving the hermit, a local widow and an Illinois preacher.

DRIVEWAYS (2019)

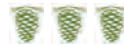


Sunday, July 9 | 1:30 pm & 4:00 pm

Cast: Brian Dennehy, Hong Chau, Lucas Jaye, Jerry Adler

A lonely boy goes with his mother to help clean out his late aunt's house and forms an unlikely friendship with the neighbour who is a war veteran.

MURDER N THE ORIENT EXPRESS (1974)



Friday, July 14 | 1:30 pm

Saturday, July 15 | 6:30 pm

Sunday, July 16 | 6:30 pm

Cast: Albert Finney, Ingrid Bergman, Lauren Bacall, Sean Connery

In December 1935, when his transcontinental luxury train is stranded by deep snow, detective Hercule Poirot is called on to solve a murder that occurred in his car the night before, with a multitude of suspects.

DECORATION DAY (1990)



Saturday, July 15 | 10:00 am & 1:30 pm

Cast: James Garner, Bill Cobbs, Laurence Fishburne, Ruby Dee

A grumpy man must rejoin his community when his godchild gets in trouble and a childhood friend refuses to accept a Congressional Medal of Honor for bravery in World War II.

THE MOVIES



CALENDAR GIRLS (2003)



Sunday, July 16 | 1:30 pm & 4:00 pm

Cast: Helen Mirren, Julie Walters, Celia Imrie, Hon Alderton

After the death of her best friend's husband from cancer, spirited Yorkshire housewife Chris Harper hatches a scheme to raise money for a memorial to him. Utilizing a tradition from the hide-bound Woman's Institute association, Chris encourages Annie and their friends to create a calendar -- with the novel detail of using the middle-aged women of their village as nude models. The idea stuns the husbands and a wary young photographer.

MAGNUM FORCE (1973)



Friday, July 21 | 1:30 pm

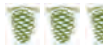
Saturday, July 22 | 6:30 pm

Sunday, July 23 | 6:30 pm

Cast: Clint Eastwood, Hal Holbrook, David Soul, Tim Matheson

Rogue San Francisco cop "Dirty Harry" Callahan doesn't believe in blind obedience to the rules, but when a vigilante group starts executing criminals who have escaped punishment on technicalities, that's going too far. Against the orders of his commanding officer, Lt. Briggs, Callahan begins investigating his hunch that another policeman is behind the killings -- with his primary suspect being his tightly wound ex-partner, Charlie McCoy.

THE MOUNTAIN BETWEEN US (2017)



Saturday, July 22 | 10:00 am & 1:30 pm

Cast: Idris Elba, Kate Winslet, Beau Bridges, Dermot Mulroney

Stranded on a mountain after a tragic plane crash, two strangers must work together to endure the extreme elements of the remote, snow-covered terrain. Realizing that help is not on the way, they embark on a perilous journey across hundreds of miles of wilderness, pushing each other to survive and discovering their inner strength.

WHAT DREAMS MAY COME (1998)



Sunday, July 23 | 1:30 pm & 4:00 pm

Cast: Robin Williams, Cuba Gooding, Jr., Jessica Brooks Grant, Annabella Sciorra

Chris Nielsen dies in an accident, and enters Heaven. But when he discovers that his beloved wife Annie has killed herself out of grief over the loss, he embarks on an afterlife adventure to reunite with her.

AMERICAN FLYERS (1985)



Friday, July 28 | 1:30 pm

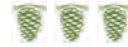
Saturday, July 29 | 6:30 pm

Sunday, July 30 | 6:30 pm

Cast: Kevin Costner, David Marshall Grant, Rae Dawn Chong, Alexandra Paul

Marcus takes his kid brother, David, with him for a physical test and a brain scan, suspecting cerebral aneurysm like their dad died of. They head off on bikes for the big Rockies bike race with Marcus' Sarah driving the van.

PEOPLE LIKE US (2012)



Saturday, July 29 | 6:30 pm

Cast: Chris Pine, Elizabeth Banks, Michelle Pfeiffer, Olivia Wilde

While settling his recently deceased father's estate, a salesman discovers he has a sister whom he never knew about, leading both siblings to re-examine their perceptions about family and life choices.

THE GREATEST GAME EVER PLAYED (2005)



Sunday, July 30 | 6:30 pm

Cast: Shia LaBeouf, Stephen Dillane, Josh Flitter, Peyton List

Blue-collar Francis Ouimet fights class prejudice while mastering golf, a game guarded by the upper crust. Employed as a caddy at the exclusive Brookline Country Club, Francis fine-tunes his skills during off hours. His father, Arthur, disapproves, but a few admirers help Francis enter the 1913 U.S. Open. The underdog competes against British star Harry Vardon and finds common ground with his boyhood idol. The film is based on a true story.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD

= GREAT = PERFECT

July 2023



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



- 8:00 am ● Men's Christian Fellowship (LCR) **1**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:00 am ● Church of Christ Service (Chapel) **2**
- 10:00 am ● Worship Service (PAC)
- 1:30 pm ● Weekend Movie (Thtr)
- 4:00 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **3**
- 9:30 am ● Advanced Water Aerobics (Pool)
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Writing Group (Chapel)
- 10:00 am ● Hobby Pines Group (Hobby Shop)
- 10:30 am ● Chair Yoga (PAC)
- 10:30 am ● Billiards Group (Billiard Room)
- 1:30 pm ● Game Play (LCR)
- 6:30 pm ● Bingo (PAC)

- 8:30 am ● Men's Water Aerobics (Pool) **4**
- 9:30 am ● Basic Water Aerobics (Pool)
- 11:45 am ● 4th of July Cookout (Dining Room)
- 1:15 pm ● Tuesday Bridge Group (LCR)
- 1:30 pm ● Bunko (SCR)
- 1:30 pm ● Movie: The American President (Thtr)
- 3:45 pm ● 4th of July Cookout (Dining Room)
- 6:30 pm ● The American President (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **5**
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Catholic Services (Chapel)
- 10:00 am ● Pinecone Painters (A&C)
- 1:00 pm ● Needle Arts Group (Sunroom)
- 1:15 pm ● Mah Jongg (LCR)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Movie: The Upside (Thtr)
- 2:00 pm ● Ballroom Dancing (PAC)
- 6:15 pm ● Wednesday Bridge Group (LCR)
- 6:30 pm ● Movie: The Upside (Thtr)

- 8:30 am ● Men's Water Aerobics (Pool) **6**
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:00 am ● Kroger & Banks (Trans)
- 10:00 am ● Bible Study with Dave Phillips (Chapel)
- 10:30 am ● Cardio Move & Strength (PAC)
- 1:00 pm ● Dr. Mike Abutineh (WC)
- 1:00 pm ● WalMart, Costco & Banks (Trans)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Mini Series: War & Remembrance (Thtr)
- 6:30 pm ● Vespers (PAC)

- 8:30 am ● Water Aerobics (Pool) **7**
- 9:30 am ● Group Exercise (PAC)
- 9:30 am ● Water Aerobics (Pool)
- 10:00 am ● WalMart, Aldi & Banks (Trans)
- 10:00 am ● Art with Helen (A&C)
- 10:15 am ● Strength Training (PAC)
- 10:30 am ● Cornhole (LCR)
- 11:00 am ● Yoga Stretch (PAC)
- 1:00 pm ● Superlo & Bank (Trans)
- 1:30 pm ● Weekend Movie Classic (Thtr)
- 6:00 pm ● Music with Two Quarts Low (PAC)

- 8:00 am ● Men's Christian Fellowship (LCR) **8**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Weekend Movie (Thtr)
- 6:15 pm ● Saturday Night Trivia (Ante)
- 6:30 pm ● Classic Movie (Thtr)

- 8:00 am ● Church of Christ Service (Chapel) **9**
- 10:00 am ● Worship Service (PAC)
- 1:30 pm ● Weekend Movie (Thtr)
- 4:00 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **10**
- 9:30 am ● Alterations (A&C)
- 9:30 am ● Advanced Water Aerobics (Pool)
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Hobby Pines Group (Hobby Shop)
- 10:30 am ● Chair Yoga (PAC)
- 10:30 am ● Billiards Group (Billiard Room)
- 1:30 pm ● Game Play (LCR)
- 6:30 pm ● Bingo (PAC)

- 8:30 am ● Men's Water Aerobics (Pool) **11**
- 9:00 am ● Dr. Mike Abutineh (WC)
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:30 am ● Cardio Move & Strength (PAC)
- 11:45 am ● Birthday Lunch (Dining)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Bunko (SCR)
- 1:30 pm ● Movie: Bless Me, Ultima (Thtr)
- 3:45 pm ● Birthday Dinner (Dining)
- 6:30 pm ● Movie: Bless Me, Ultima (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **12**
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Catholic Services (Chapel)
- 10:00 am ● Pinecone Painters (A&C)
- 10:30 pm ● Garden Gro'ers (Greenhouse)
- 1:00 pm ● Needle Arts Group (A&C)
- 1:15 pm ● Mah Jongg (LCR)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Movie: The Choice (Thtr)
- 2:00 pm ● Ballroom Dancing (PAC)
- 6:15 pm ● Wednesday Bridge Group (LCR)
- 6:30 pm ● Movie: The Choice (Thtr)

- 8:30 am ● Men's Water Aerobics (Pool) **13**
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:00 am ● Kroger & Banks (Trans)
- 10:00 am ● Bible Study with Dave Phillips (Chapel)
- 10:30 am ● Cardio Move & Strength (PAC)
- 1:00 pm ● Dr. Mike Abutineh (WC)
- 1:00 pm ● WalMart, Costco & Banks (Trans)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Series: The Gilded Age (Thtr)
- 2:00 pm ● Resident Association Meeting (PAC)
- 6:30 pm ● Vespers (PAC)

- 8:30 am ● Water Aerobics (Pool) **14**
- 9:30 am ● Group Exercise (PAC)
- 9:30 am ● Water Aerobics (Pool)
- 10:00 am ● WalMart, Aldi & Banks (Trans)
- 10:00 am ● Art with Helen (A&C)
- 10:15 am ● Strength Training (PAC)
- 11:00 am ● Yoga Stretch (PAC)
- 1:00 pm ● Superlo & Bank (Trans)
- 1:30 pm ● Weekend Movie Classic (Thtr)
- 6:00 pm ● Music with Jeff Tallent (PAC)

- 8:00 am ● Men's Christian Fellowship (LCR) **15**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:00 am ● Church of Christ Service (Chapel) **16**
- 10:00 am ● Worship Service (PAC)
- 1:30 pm ● Weekend Movie (Thtr)
- 4:00 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **17**
- 9:00 am ● Smith Jewelers (SCR)
- 9:30 am ● Advanced Water Aerobics (Pool)
- 9:30 am ● Travelers: Cotton Museum (Trans)
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Hobby Pines Group (Hobby Shop)
- 10:30 am ● Tech Time (LCR)
- 10:30 am ● Chair Yoga (PAC)
- 10:30 am ● Billiards Group (Billiard Room)
- 1:30 pm ● Game Play (LCR)
- 6:30 pm ● Bingo (PAC)

- 8:30 am ● Men's Water Aerobics (Pool) **18**
- 9:00 am ● Dr. Mike Abutineh (WC)
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:30 am ● Cardio Move & Strength (PAC)
- 1:15 pm ● Tuesday Bridge Group (LCR)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Bunko (SCR)
- 1:30 pm ● Movie: Stronger (Thtr)
- 6:30 pm ● Music with Basil (PAC)

- 8:30 am ● Advanced Water Aerobics (Pool) **19**
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Caregiver Support Group (SCR)
- 10:00 am ● Catholic Services (Chapel)
- 10:00 am ● Pinecone Painters (A&C)
- 1:00 pm ● Needle Arts Group (A&C)
- 1:15 pm ● Mah Jongg (LCR)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Movie: The Monuments Men (Thtr)
- 2:00 pm ● Ballroom Dancing (PAC)
- 6:15 pm ● Wednesday Bridge Group (LCR)
- 6:30 pm ● Movie: The Monuments Men (Thtr)

- 8:30 am ● Men's Water Aerobics (Pool) **20**
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:00 am ● Kroger & Banks (Trans)
- 10:00 am ● Bible Study with Dave Phillips (Chapel)
- 10:30 am ● Cardio Move & Strength (LCR)
- 1:00 pm ● Dr. Mike Abutineh (WC)
- 1:00 pm ● WalMart, Costco & Banks (Trans)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Series: The Gilded Age (Thtr)
- 3:00 pm ● Photo Club (LCR)
- 6:30 pm ● Vespers (PAC)

- 8:30 am ● Water Aerobics (Pool) **21**
- 9:30 am ● Group Exercise (PAC)
- 9:30 am ● Water Aerobics (Pool)
- 10:00 am ● WalMart, Aldi & Banks (Trans)
- 10:00 am ● Art with Helen (A&C)
- 10:15 am ● Strength Training (PAC)
- 10:30 am ● Cornhole (LCR)
- 11:00 am ● Yoga Stretch (PAC)
- 1:00 pm ● Superlo & Bank (Trans)
- 1:30 pm ● Weekend Movie Classic (Thtr)
- 6:30 pm ● Music with Ham-ateur Show (PAC)

- 8:00 am ● Men's Christian Fellowship (LCR) **22**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Weekend Movie (Thtr)
- 6:15 pm ● Saturday Night Trivia (Ante)
- 6:30 pm ● Classic Movie (Thtr)

- 8:00 am ● Church of Christ Service (Chapel) **23**
- 10:00 am ● Worship Service (PAC) **30**
- 1:30 pm ● Weekend Movie (Thtr)
- 3:00 pm ● Flutacious with Marty Kocman (PAC) July 23rd Only
- 4:00 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **24**
- 9:30 am ● Alterations - 24th only (A&C) **31**
- 9:30 am ● Advanced Water Aerobics (Pool)
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Hobby Pines Group (Hobby Shop)
- 10:30 am ● Chair Yoga (PAC)
- 10:30 am ● Billiards Group (Billiard Room)
- 1:30 pm ● Game Play (LCR)
- 2:00 pm ● The El Camino De Santiago (PAC) July 24th Only
- 6:30 pm ● Bingo (PAC)

- 8:30 am ● Men's Water Aerobics (Pool) **25**
- 9:00 am ● Dr. Mike Abutineh (WC)
- 9:30 am ● Book Baggers (Chapel)
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:30 am ● Cardio Move & Strength (PAC)
- 11:00 am ● Lunch Bunch: Cheffie's Cafe (Trans)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Bunko (SCR)
- 1:30 pm ● Movie: Please Stand By (Thtr)
- 6:30 pm ● Movie: Please Stand By (Thtr)

- 8:30 am ● Advanced Water Aerobics (Pool) **26**
- 9:30 am ● Group Exercise (PAC)
- 10:00 am ● Catholic Services (Chapel)
- 10:00 am ● Pinecone Painters (A&C)
- 1:00 pm ● Needle Arts Group (A&C)
- 1:15 pm ● Mah Jongg (LCR)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Movie: Heavy (Thtr)
- 2:00 pm ● Ballroom Dancing (PAC)
- 6:15 pm ● Wednesday Bridge Group (LCR)
- 6:30 pm ● Movie: Heavy (Thtr)

- 8:30 am ● Men's Water Aerobics (Pool) **27**
- 9:30 am ● Basic Water Aerobics (Pool)
- 10:00 am ● Kroger & Banks (Trans)
- 10:00 am ● Bible Study with Dave Phillips (Chapel)
- 10:30 am ● Cardio Move & Strength (LCR)
- 1:00 pm ● Dr. Mike Abutineh (WC)
- 1:00 pm ● WalMart, Costco & Banks (Trans)
- 1:15 pm ● Line Dancing (PAC)
- 1:30 pm ● Series: The Gilded Age (Thtr)
- 6:30 pm ● Vespers (PAC)

- 8:30 am ● Water Aerobics (Pool) **28**
- 9:30 am ● Group Exercise (PAC)
- 9:30 am ● Water Aerobics (Pool)
- 10:00 am ● WalMart, Aldi & Banks (Trans)
- 10:00 am ● Art with Helen (A&C)
- 10:15 am ● Strength Training (PAC)
- 11:00 am ● Yoga Stretch (PAC)
- 1:00 pm ● Superlo & Bank (Trans)
- 1:30 pm ● Weekend Movie Classic (Thtr)
- 6:00 pm ● Music with Steve McGregory (PAC)

- 8:00 am ● Men's Christian Fellowship (LCR) **29**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 1:30 pm ● Weekend Movie (Thtr)
- 6:30 pm ● Classic Movie (Thtr)

July 2023 EVENTS

Jul 1: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Jul 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.



Jul 3: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Jul 3: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Jul 3: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the chapel at 10:00 am.

Jul 3: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Jul 3: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the

billiard room. Come out and just have some fun with us!

Jul 3: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

Jul 3: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30pm. Cards are \$1 to play, limit 2 cards per person.

Jul 4: 4th of July Cookout

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Jul 4 & 18: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Jul 4: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Jul 4: The American President

The American President- With the end of his first term in sight, widowed U.S. President Andrew Shepard knows that overwhelming public support will guarantee his re-election. But when he falls in love with lobbyist Sydney Ellen Wade, Sheperd's supporters question the relationship, and his approval ratings drop. As a rival presidential candidate goes on the attack, Shepherd must choose between his political career and his love for Sydney. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Jul 5: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Jul 5: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Jul 5: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Jul 5: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

Jul 5: The Upside

A quadriplegic millionaire who needs help in his day-to-day life meets a struggling parolee, trying to reconnect with his family. Despite coming from different worlds, a friendship begins to blossom as the two rediscover the joy in living life to the fullest. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Jul 5: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Jul 5: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

Jul 6: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Jul 6: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Jul 6: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Jul 6: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

Jul 6: Mini-Series: War and Remembrance

The trials of the Henry and the Jastrow families amidst the events after the U.S.'s entry into World War II. Showing every Thursday at 1:30 pm in the theatre.

Jul 7: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Jul 7 & 21: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake or LCR (weather dependent) at 10:30 am for a fun time.



Jul 7: Music with Two Quarts Low

This duo's music evolves from multiple roots forms and cultural influences, drawing from Celtic and Appalachian traditions, along with the blues of the Mississippi hill country and Delta. It is thoughtful, soulful, energetic, and fun music that will keep your audience's toes tapping! Join us in the PAC at 6:00 pm.

Jul 8 & 22: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Human Body – Anatomy & Physiology. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Jul 10 & 24: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Jul 11: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP in Resident Programs to reserve your table.

Jul 11: Bless Me, Ultima

Bless Me, Ultima A turbulent coming-of-age story about a young boy growing up in New Mexico during World War II, grappling with questions about his destiny, and the powers of a mystical woman. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Jul 12: Garden Gro'ers

Come out to Garden Gro'ers meeting. Summer is here and we are in full swing. Come check out all that is going on. We will meet at 10:30 am in the greenhouse.

Jul 12: The Choice

A bachelor's rocky first encounter with his new neighbor leads to a passionate love story filled with hope and hardship. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Jul 13: The Gilded Age

A wide-eyed young scion of a conservative family embarks on a mission to infiltrate the wealthy neighboring clan dominated by ruthless railroad tycoon George Russell, his rakish son, Larry, and his ambitious wife, Bertha. Showing every Thursday at 1:30 pm in the theatre.



Jul 13: Resident Town Hall

Be sure to come out to our annual Town Hall meeting! We will have Charlie Trammell and Michelle Vincent with us to answer your questions! Join us in the PAC at 2:00 pm.

Jul 14: Music with Jeff Tallant

Jeff Tallant and his band South Country Bluegrass have been performing in the Memphis area for over a decade. Now available as a solo act, Jeff puts on a show of hand clapping, finger snapping, toe tapping good old Gospel Bluegrass music that's sure to please. Join him at 6:00 pm in the PAC.

Jul 17: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Jul 17: Travelers: Cotton Museum

We're headed to the Cotton Museum, located on the floor of the Legendary Memphis Cotton Exchange. We will have a guided tour and learn about Cotton, the crop that defined the Culture of the South and changed the nation's history. Sign up by bringing \$11 to Resident Programs for admission and transportation. We will meet in the lobby at 9:30 am the day of the trip. Don't forget your lunch money as we will be eating at the Cupboard before returning home.



Jul 17: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Jul 18: Stronger

Upon losing his legs in the 2013 Boston Marathon bombing, Jeff Bauman navigates the incident's overwhelming aftermath in this true story-based drama. Showtime is 1:30 pm in the theatre.



Jul 18: Basil Alter

Basil is a violinist that has graduated from Manhattan School of Music in New York City and will be heading overseas to further his studies. Come out to the lobby at 6:30 pm to hear this great performance.

Jul 19: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Jul 19: The Monuments Men

The Monuments Men In the midst of WWII a small group of art experts are commissioned by Roosevelt as soldiers and sent to the European theater to protect historically important buildings and monuments, and to locate vast troves of priceless art looted by the Nazis. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Jul 20: KP Photo Club

Come see what the Photo Club is all about. If you want to learn to take better pictures on your smart phone to share with friends and family, check us out! 3:00 pm in th Large Card Room.

Jul 21: Ham-atuers: Come Laugh with Us

Come and enjoy a join program featuring the Hamatueurs and some great singers, YOU! There will be music, skits, and of course, participation by you. Join us at 6:30 pm in the PAC for a great time!

Jul 23: Flutacious with Marty Kocman

Come and enjoy an afternoon of flute music with Marty Kocman. Selections from West Side Story, Duke Ellington's songbook, Poulenc and Telemann sonatas and more. Join us in the PAC at 3:00 pm.

Jul 24: The El Camino de Santiago

A father and son hiking 500 miles together. Sharing the joy, the pains and the lessons learned about hiking, life, ourselves and our God." 2:00 pm in the PAC.

Jul 25: The Book Baggers

Charles Martin is the author of our July read, "The Mountain Between Us". The story begins with the crash of a small plane into mountainous wilderness during a snow storm. The two survivors are strangers who must rely on each other to survive. The novel has been made into a movie which will be shown several times this month in the theatre. Be sure to join us in the chapel at 9:30 am.

Jul 25: Lunch Bunch: Cheffie's Cafe

Come hop on the bus as we head to Cheffie's for their signature sandwiches and salads. We will meet in the lobby at 11:00 am the day of the trip. To ensure your spot, please bring \$5 to Resident Programs.



Jul 25: Please Stand By

Wendy sees things differently: she's fiercely independent, with a brilliant mind and a mischievous sense of hilarity. Wendy also has autism. To her, people are an indecipherable code and the world is a confusing place. Inspired by her no-nonsense caregiver, Wendy comes of age and escapes from her care home on the road trip of a lifetime to deliver her 500-page script to a screenwriting competition. Showtime are 1:30 pm and 6:30 pm in the theatre.



Jul 26: Heavy

The life of an overweight, unhappy cook is changed after a kind, beautiful college dropout comes to work as a waitress at his and his mother's road-side restaurant. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Jul 28: Music with Steve McGregory

Steve McGregory is a solo singer and pianist. His performance ranges from Jerry Lee Lewis-style on the piano to old-fashioned country, gospel and rock-and-roll. Steve also enjoys sing-along and is an expert at inspiring audience participation. Join him at 6:00 pm in the PAC.

SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.

**Fill in the blanks so that each row, each column,
and each of the nine 3x3 grids contain
one instance of each of the numbers 1 through 9.**

PUZZLE 1: EASY

9	3	7			1	4	6	
	8		2	7		5		
				9		7	3	
			6		4		1	3
		2						
4	9		7				2	
5					2			7
1		9		8			4	
		6	1					

PUZZLE 2: MEDIUM

3	5					4	1	
8		2			5	9	3	6
			4					
			2				5	
7	2		8		9			4
		9	1					7
		3	9	8				
	1	6			2	8		
			5			7		

PUZZLE 3: MEDIUM

5						3	9	
		2			8		1	
1		4		2		5		8
	2	9	4	7				
		5	8		6	9		
8	6		9	1				
7			1				5	
				6	7			
				9				6

PUZZLE 4: HARD

7	8	5						6
9	4		2					1
	2					7		
		1		9		4		
2					1			5
3			7	4				
	9		8	1				7
5							3	
6							9	4

PICTURING LIFE AT KIRBY PINES

LUNCH BUNCH, BIRTHDAYS & MORE!



The Lunch Bunch Goes to Dinner! Lunch Bunch decided to go fine dining and headed to the delightful, Coastal Fish Company, located at Shelby Farms for dinner.



June bridge winners, Jim Stanley, Diane Mullins & Pat McCarty.
Photo by Steve Martin



Betty Moore celebrates her 98th birthday at Kirby Pines and looking fabulous!



Larry McKenzie celebrates his 90th birthday, surrounded by friends, Sue Postlethwaite, Buddy & Martha Pugh, Bonnie Nowlin and Liz Collier.



The Travelers took a trip downtown to the Belz Museum of Asian and Judaic Art and also had lunch at The Kooky Canuck.



Photo Club members, Sydney Wagner and Mary Ann Thurmond, attend the first Photo Wall Reception.

PICTURING LIFE AT KIRBY PINES

CARNIVAL MEMPHIS & FATHER'S DAY CAR SHOW



Carnival Memphis Queen, Elizabeth Cole with Ellie Bates, during their stop at Kirby.



Janice Collier gets a photo with the Carnival King, Chase Carlisle.



Joy Wernet with a pesky Carnival Bull Weevil. Photo by Sydney Wagner



Bill and Nancy Douglas enjoy the nice weather and the classic cars at our Father's Day Car Show.



Carol and Joe Ballard with Charlie Burns at the car show. This year we had 46 Antique Cars on hand to enjoy.



Bill Sayle enjoys the Father's Day Car Show with his son, Brian.



Janie and Marty Kocman checking out the beautiful cars on hand.



Janet and Jim Turner looking cute as ever at the cookout / car show.

PICTURING LIFE AT KIRBY PINES

LUAU DANCE & LETTERS FROM THE SOUTH PACIFIC



John and Jody Sosh, always quick to entertain at the Summer Dance.



Ken and Carolin Thomason are simply adorable together.



Fran Gentry and Paula Cwikiel are ready to hula at the Summer Dance.



Steve Martin dumps "Letters" on Diane Mullins. Photo by Stuart Eyman.



Lyle Hendrix and Jim Stanley cook up some laughs. Photo by Stuart Eyman.



Linda Tittle entertains the crowd. Photo by Stuart Eyman



Diane Mullins and Jeannie Valentine are always showstoppers. Photo by Stuart Eyman.



Joyce Read and Hugh Wilson lead the line during "Letters from the South Pacific". The show was quite a production! Photo by Stuart Eyman.



Summer Colors - Photo by Carolin Thomason



Peaceful Calm - Photo by John Sosh

KIRBY PINES PHOTO CLUB

**Our Next Meeting is
July 20th at 3:00 pm
in the Large Card Room**

If you haven't seen our photo wall,
it's across from the Bistro!



Family Visit - Photo by Sydney Wagner



Royal Whites - Photo by Sylvia Statham



Carbondale, CO - Photo by Dale Jones



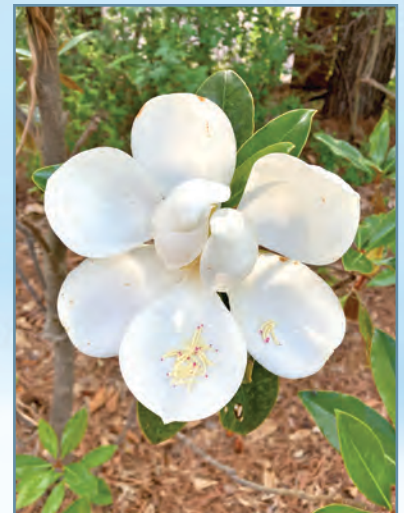
Are You Mocking Me?
Photo by Connie Carter



Patriotic Plants
Photo by Sheryl Maxwell



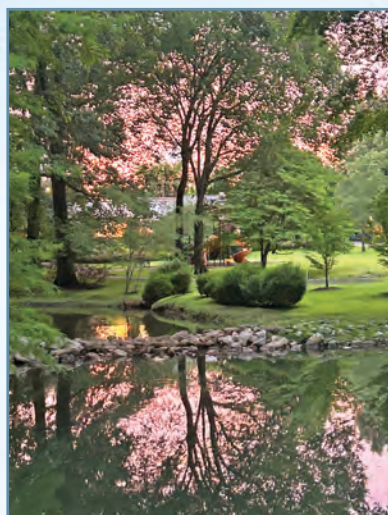
Colorful Zinnias
Photo by Bankie McCarty



Shedding Magnolia
Photo by Marsha Greiner



Blooming Hydrangea
Photo by Lois Dazey



Pretty In Pink
Photo by Janice Wall



Herb of the Light
Photo by Fred Dabrowski



Independent Ladies
Photo by Arena Cheek

Memorials, Honorariums & Gifts

In Memory Of

CAROLYN BOND

Donation by Sydney Wagner
to the Book Baggers

SANDY MCDONOUGH

Donation by Sydney Wagner
to the Book Baggers

In Honor Of

ROY THURMOND

Donation by Sally Cook
to the Hobby Shop

MIKE JAEGER

Donation by Mary Stagg
to the Garden Gro'ers

JIM STANLEY

Donation by Joy Wernet
to the General Fund

In Honor Of

MIKE HUFNAGEL

Donation by Dorothy Hartzog
to the Needle Arts & Painters

Donation by Lamar Hartzog
to the Needle Arts & Painters

Donation by Rosalind Edwards
to the Hobby Shop

Donation by Janice Wall
to the Book Baggers

MARK MAXWELL

Donation by Pat & Bankie McCarty
to the Hobby Shop

Donation by Janie Kocman
to the Hobby Shop

Donation by Shirley Anderson
to the Hobby Shop

Donation by Marsha Greiner
to the Hobby Shop

In Honor Of

JOHN SOSH

Donation by Joy Wernet
to the General Fund

SYDNEY WAGNER

Donation by Marty & Janie Kocman
to the Library

ELLIE BATES

Donation by Mike Jaeger
to the Line Dancers

MARY STAGG

Donation by Mike Jaeger
to the Line Dancers

JANICE WALL

Donation by JoAnn Ginn
to the Book Baggers

CAROLYN HLADKY

Donation by JoAnn Ginn
to the Book Baggers

**CHECK OUT OUR CHANNEL
FOR ALL OF OUR VIDEOS!**

Simply go to
youtube.com
and search for Kirby Pines!



SCAN ME!

Or use your
QR Code Reader
and scan this code
to get there!



**TO SEE MORE
PHOTOS
AND HAPPENINGS**

**CHECK OUT OUR
FACEBOOK PAGE!**

Simply go to
facebook.com
and search
Kirby Pines!



SUDOKU NUMBER GAME

PUZZLE 1: EASY

9	3	7	8	5	1	4	6	2
6	8	4	2	7	3	5	9	1
2	1	5	4	9	6	7	3	8
7	5	8	6	2	4	9	1	3
3	6	2	5	1	9	8	7	4
4	9	1	7	3	8	6	2	5
5	4	3	9	6	2	1	8	7
1	7	9	3	8	5	2	4	6
8	2	6	1	4	7	3	5	9

PUZZLE 2: MEDIUM

3	5	7	6	9	8	4	1	2
8	4	2	7	1	5	9	3	6
6	9	1	4	2	3	5	7	8
1	6	8	2	4	7	3	5	9
7	2	5	8	3	9	1	6	4
4	3	9	1	5	6	2	8	7
5	7	3	9	8	4	6	2	1
9	1	6	3	7	2	8	4	5
2	8	4	5	6	1	7	9	3

PUZZLE 3: MEDIUM

5	7	8	6	4	1	3	9	2
6	9	2	3	5	8	7	1	4
1	3	4	7	2	9	5	6	8
3	2	9	4	7	5	6	8	1
4	1	5	8	3	6	9	2	7
8	6	7	9	1	2	4	3	5
7	4	6	1	8	3	2	5	9
9	5	1	2	6	7	8	4	3
2	8	3	5	9	4	1	7	6

PUZZLE 4: HARD

7	8	5	1	3	9	2	4	6
9	4	6	2	7	8	3	5	1
1	2	3	4	5	6	7	8	9
8	7	1	6	9	5	4	2	3
2	6	4	3	8	1	9	7	5
3	5	9	7	4	2	6	1	8
4	9	2	8	1	3	5	6	7
5	1	7	9	6	4	8	3	2
6	3	8	5	2	7	1	9	4

ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

Here Is
Kirby Pines'
Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Ask About
Our Monthly
Specials!

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Call for Appointment

369-7311

New Garden Home Residents

ANNE & GRAEME GEE

enjoying their outdoor patio.

If you'd like more information about the Garden Homes at Kirby Pines, scan the QR code with your smart phone.



Kirby Pines LifeCare Community

