

the PINECONE

The Magazine of Kirby Pines LifeCare Community • August 2023 | V. 41 | I.8



FLO SEWARD & DIANE MULLINS

*became fast friends when
they met at Kirby Pines.
Friendships are priceless here!*

Preparing for Our 40th Anniversary

The 40th Anniversary of Kirby Pines is just a month away. Whether you have been a resident for ten years or just four days, you are enjoying the numerous improvements and upgrades to the community over the past years. These improvements and our consistency in delivering services to our residents has resulted in Kirby Pines being voted the Memphis Most winner by the Memphis Commercial Appeal year after year. This year the theme for our 40th Anniversary will be prayer and the color - digital lavender.

The theme has personal meanings to each person, but it important to know that Kirby was the idea of several clergy and lay people whose prayers laid the foundation for what has become a landmark retirement community in the southeastern United States. The color digital lavender, is said to signify stability, serenity and wellness. An imaginative and creative color, the color is already embraced by today's youth.

So mark your calendars for September's Lighting of the Lake ceremony, celebrating Kirby's 40th Anniversary, Saturday September 9th.

August, known for its dog days of summer, is hot in Memphis, and yet we can be thankful for temperatures cooler than those in the west and southwestern parts of the United States. Just

at Kirby Pines

the same, it is important to stay hydrated both outdoors and indoors, keep window treatments closed during the afternoon hours, and set your air conditioning to a comfortable mid 70's degree. Of course, wearing light loose fitting clothing is helpful as well.

Regardless of how long you have been a resident, or have been contemplating a move to Kirby Pines, our upcoming 40th Anniversary is possible because of the trust you and so many in the Memphis community have in us. On behalf of all employees, thank you for your cooperative spirit throughout the years, and may I suggest you make some time to relax away from the hot August sun and enjoy an ice cream treat in the Kirby Bistro.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Celebrating FRIENDSHIP at Kirby Pines!

August in Memphis can be quite hot and humid, so for many, it's the time to find indoor activities. But summer is still here, so grab your water and get out to enjoy our beautiful 60-acre campus. This time of year is covered with daisies, hydrangeas, hibiscus, lillies and much more, thanks to Mike Rayder and his crew.

We also have a mix of things to do this month both inside and out. On the 4th, we have our Art Wall Reception. The 15th we will get together for a Friendship Dance. The Travelers take a trip to Backermann's, an Amish market, on the 21st. Lunch Bunch goes to Southern Hands the 22nd. And if you're a fan of The King, don't miss the Tribute to Elvis on the 11th, put on by the Line Dancers, should be a treat!

Our front cover features Flo Seward and Diane Mullins, who met a few years ago at Kirby Pines. Flo had been here a couple years when Diane moved in. With common interests, they quickly became friends and bridge partners.

Our back cover shows the many friends, new and old living together at Kirby Pines. Our

longest friendship is pictured below. Alma and Sally met when they were just kids, attending school and church together.

You can see the many friendships on our back pages showing the number of years each has known one another. Our Facebook page will have photos, names and where they met and check our YouTube Channel for our video celebrating Friendship Day!



Alma Crone and Sally Coleman
have been friends for 75 years!

Kirby Pines Retirement LifeCare
is managed by:



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is available at www.kirbypines.com*

Get to know Kirby Pines'



NEW RESIDENT



Jo Ann Palmer

Moving to Kirby Pines from Corinth, Mississippi, Jo Ann is looking forward to making new friends who share in her interests such as playing Bridge doing needlework and reading.

Jo Ann attended Mississippi State College for Women. She has two daughters and is grandmother to two grandchildren and one great-grand.

Christmas is Jo Ann's favorite holiday and her family has the tradition of gathering for Christmas Day. Some of her other favorites are: authors (Karen White and John Grisham), music (Frank Sinatra), movie (Top Gun), sport team (Ole Miss), food (Chicken & Dumplings and Peanut Brittle).

Jo Ann's travels have included Alaskan, Hawaiian, and Caribbean cruises. She has also visited Europe, the Mediterranean countries, Canada, and New England.

A collector of Santa's and birds, Jo Ann's other activities have included president of her Garden Clubs, and when living in Germantown she was an active supporter of GPAC.

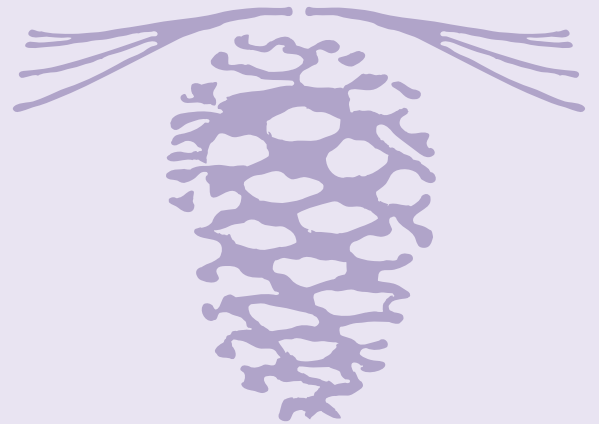
Jo Ann has many interests which make her a good fit for our Kirby Pine's lifestyle.

Welcome her warmly and make her happy she chose to be our neighbor and friend.

New Resident Bios written by resident, Peggy Reynolds Gatlin

It's Almost Time.....

2023 LIGHTING OF THE LAKE



**THEME:
PRAYER**

**COLOR:
DIGITAL LAVENDER**

CELEBRATING 40 YEARS

SEPTEMBER 9, 2023

5:00 PM | LAKE LATIMER

*“Therefore, I tell you,
whatever you ask for in prayer,
believe that you have received it,
and it will be yours.”*

– Mark 11:24 NIV

**See Colors Below To Help
With Your Clothing Selections.**



Monday/Wednesday/Friday

Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Exercise in the PAC Resident Led

9:30am | PAC/Live TV

Chair Yoga with Kim Roberts Monday Only

10:30 am | PAC/Live TV

Strength Training with Kim Roberts

Friday Only
10:15 am | PAC/Live TV

Yoga Stretch with Kim Roberts

Friday Only
11:00 am | PAC/Live TV

Tuesday/Thursday

Men's Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim Roberts

9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim Roberts

10:30 am - 11:15 am | PAC/Live TV

WHY EXERCISE WORKS

Much research goes into the “science of exercise” and scientists have realized it doesn’t require long sessions of sweat-breaking exercise to make improvements in your health, endurance, and strength.

Each session of exercise stimulates some form of change in every body system including countermeasures for the negative effects of arthritis and protection from symptoms of other chronic diseases. The CDC recommends 150 minutes a week of moderate level exercise like brisk walking to benefit your health and help prevent disease. Dr. Zhen Yan, professor of medicine reports that his research shows exercise can prevent and even reverse the damage of Type 2 diabetes and heart disease as well as arthritis. Exercise improves circulation and removes cellular waste which is linked to tissue damage associated with many chronic diseases. Essentially “Exercise takes out the trash.” Exercise reduces levels of proteins in the blood that cause inflammation that results in painful swollen joints, improving function and reducing pain.

Exercise actually does produce more energy by increasing “organelles” that create energy at the individual cell level especially in the skeletal muscles, improving circulation and empowering brain and muscle cells. So on those days when you feel so-o-o tired, gentle to moderate exercise can boost your energy level.

Exercise improves balance in several ways: improving communication between joints and brain by increasing the awareness of where the joint is in space. Chair Yoga’s slow controlled movements promotes “motor learning” improving smooth and precise motions thus improving balance.

Aerobic exercise (water aerobics) strengthens the heart muscle and keeps the circulation flowing through healthier veins and arteries. Better circulation means better oxygen flow to cells in the brain, organs, and muscles. Also stimulating muscle cells to build stronger fibers helps the heart to pump more powerfully and more efficiently. Keeping arteries and veins more elastic will prevent arterial stiffening that result from unhealthy eating or aging which lowers the risk of heart attack or stroke.

Weight-bearing exercise (walking) keeps joints healthy: strengthened muscles relieve pressure on supporting tendons and ligaments. In other words, the muscle acts as a natural brace. Strengthening core muscles helps support the back, reducing back pain. Stronger muscles absorb the normal jarring of weight-bearing exercise by nourishing and thickening the cartilage inside the joints.

Rhythmic exercises (line dancing, NuStep and walking) soothe the nerves while producing natural hormones called endorphins that give a happy feeling which helps relieve depression, anxiety, and chronic pain.

Prove it for yourself. Join one of the many exercise classes and/or use the equipment in the Oasis available here at Kirby Pines.

“It does not matter how slowly you go as long as you do not stop.” – Confucius





Vocational: Utilizing skills, passions, and strengths to help others

Examples: tutoring, mentoring, volunteering, caregiving, Hobby Pines Group

Emotional: The ability to cope with challenges and deal with feelings in a positive way

Examples: peer counseling, stress management, humor/laughter, support groups

Environmental: Respect for natural resources and/or a strong connection to the environment

Examples: recycling, taking walks outdoors, meditation, Garden Gro'ers

Intellectual: Activities that stimulate and challenge the brain

Examples: game play, bunko, mahjong, reading, puzzles, learning a new language or instrument

It's National Wellness Month! During the month of August, take time to prioritize your health through self-care, managing stress levels, and promoting healthy routines. We are past the half-way point of the year, and it's a great opportunity to reflect on any resolutions we made, or goals we had for ourselves, and make sure we are still on track with our health and fitness. Remember when we discussed the seven dimensions of wellness in December/January? The key to embracing your greatest potential is through these seven dimensions. Keep these in mind as you prioritize your health this month!

As a reminder, the seven dimensions include: physical, social, spiritual, vocational, emotional, environmental, and intellectual.

Physical: Strengthening and caring for the body

Examples: self-care, water aerobics, group exercise, and regular doctor's appointments

Social: Emphasizes the importance of social interactions

Examples: spending time with family, game play, bingo, Pinecone Painters

Spiritual: Finding purpose and meaning in life

Examples: meditation, Bible study, church service, worship service, singing



"Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity."

— World Health Organization

While it's not a perfect recipe for success, utilizing the dimensions of wellness can help put your health and wellness needs first. This month, take time to focus on YOU. Are you taking time for yourself (emotional and physical wellness) to destress and unwind? Perhaps add some meditation to your routine, or a daily walk. If there is an area that is being neglected, think about how you might set goals and incorporate those missing dimensions into your routine to stay balanced. Reach out to your Functional Pathways Therapy Team to learn more about the dimensions of wellness and how to ensure you are putting your health and wellness needs first!



EXQUISITE CUISINE

Thursday, August 24, 2023



RIBEYE STEAK

A well seasoned, perfectly grilled Ribeye Steak. Finished with Yukon Gold whipped Potatoes and roasted Asparagus



SCALLOPS WITH SAFFRON RISOTTO

Three Sea Scallops, perfectly seared and served with a traditional Spanish side of creamy and colorful Saffron Risotto.



CHILLED GAZPACHO

A cool refreshing classic to serve in a warm and humid month! Fresh Tomatoes, Pepper and freshly picked and chopped Herbs. Served with fresh Focaccia Croutons.



FLOURLESS CHOCOLATE CAKE

Rich and dense flourless Chocolate Cake finished with Blood Orange Sorbet!

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: Phyllis Mitchell

While attending school in Charlottesville, Phyllis met “the love of her life,” Jim Mitchell, and they married following her graduation from the university. Joining their family was a daughter, Mary Beth, and a son, Chris. There are two grandchildren to love. According to Phyllis, “Jim and I had 55 years together, and our lives were built around our love for Christ and our families.” Due to Jim’s employment, the family moved from Richmond, Virginia, to Colorado Springs, Colorado, and finally, to Memphis, Tennessee. Jim had worked in banking, pharmaceutical management, nursing home management, and finally to the Farms at Bailey Station.

Phyllis taught elementary education until her children were born; then, she became a stay-at-home mom. As the children became older, and “to test her brain cells,” Phyllis looked for opportunities such as substitute teaching which kept her current and allowed her to be at home when the children were there. For seven years, she was the Christian Education Coordinator at Central Church, a contributing writer and seminar leader for Gospel Light Publications, and a volunteer Bible study leader and adult Sunday school teacher.

Jim Mitchell’s success while working for Rorer Pharmaceuticals awarded Phyllis and Jim the opportunity for several trips to Europe, the Caribbean, Alaska, Canada, Bermuda, and several cities in the United States. On their own, they traveled to Israel, Greece, and Ireland. “As a girl growing up, I never dreamed of being so blessed,” admits Phyllis.



The Mitchell's Wedding Day

STARTING A NEW PHASE OF LIFE

In November of 2020, Phyllis Mitchell realized it was time to “let it go” and moved to Kirby Pines to begin a new phase of her life. From humble beginnings, she lived in a beautiful home for 25 years which she personally designed and decorated - a home filled with life’s treasures and memories. Located on beautiful acreage, the home had served on many occasions to host weddings, rehearsal dinners, and celebrations for family members. It was difficult to think of leaving! However, Phyllis and her husband, Jim Mitchell, had discussed and planned an eventual move to Kirby Pines. Unexpectedly, Jim passed away in August 2020, and Phyllis made the necessary decision.

According to Phyllis, her move to Kirby Pines has been a blessing. “I was welcomed by everyone and quickly became friends with a group who laugh, love, and have fun. I’ve even found someone who loves to shop and someone who has renewed my interest in crafts. I meet with the Advisory Board every Wednesday as we discuss ways to improve Kirby Pines. But best of all, I meet with a group every Monday to discuss scripture and our ongoing relationship with God. I couldn’t be busier or happier.”

Phyllis’s life began in a small town in Virginia located in the Appalachian Mountains. One can only imagine the beautiful scenery of such a location. Phyllis describes her home as being on a dirt road with a creek nearby and beautiful mountains surrounding them. There were many relatives living in the community, many of whom worked in her father’s construction business. Phyllis had several brothers and sisters; her grandparents and many cousins, aunts, and uncles came by their house often to play, visit, or help with projects. Her father played stringed instruments and taught the children how to sing the various parts. There were always many activities enjoyed by the entire family. This closeness, according to Phyllis, “Gave me a sense of security and belonging in my life. I was truly blessed to be surrounded by this simple lifestyle and by this supportive extended family. My parents set a Christian example both in and out of church. They loved us enough to make many sacrifices to provide us with everything we needed.”

Phyllis’s parents encouraged and supported her religious activities as well as her pursuit of a good education. During high school, Phyllis was voted “most studious and most dependable” by her classmates. She was Valedictorian of her class which enabled her to get scholarship aide to the University of Virginia in Charlottesville, Virginia. She graduated with a double major in Psychology and Elementary Education.

In a philosophical mood, Phyllis describes life as one ages: “I have decided that ‘LET IT GO’ should be the mantra or theme song for seniors. ‘Letting go’ prepares us for something much better. God gradually simplifies our lives, and as our health, strength and energy decreases, He introduces new options and situations to keep us productive. We learn to prioritize relationships over material things. I have found that ‘better’ here at Kirby Pines.” Phyllis says that being at Kirby Pines is almost like getting back to her roots, surrounded by a family and friends who can empathize with her “aches and pains.” On a more serious note, Phyllis expressed her appreciation for her safety and security here at Kirby Pines. “The security here is unmatched by most private homes,” states Phyllis.

Finally, Phyllis says, “My children don’t have to worry about me. I have a new home, a new place to serve God and others, and good people all around me. I feel so blessed to have the freedom to worship and to be with believers from so many denominations and religions. My greatest desire now is to do my part in serving and making my new home a place of hospitality and love for years to come. I have ‘LET IT GO.’”

Written by Joan Dodson, Resident of Kirby Pines

PUZZLING FRIENDS

The residents' puzzle assembly is a hallmark of Kirby Pines. If a person wanders around the hallways of the independent apartments, they'll find residents in adjoining atriums of many wings assembling puzzles that are in various stages of completion. The Grand Kirby Pines Puzzle is located on a large flat table near the Kirby Pines Postboxes. The puzzles that are assembled here are mostly 1,000-piece puzzles. The table is large enabling the size of puzzles which is usually close to 24" x 36" rectangle, considerably larger than the 300 or 500-piece puzzles in the apartment areas. The goal is to complete this puzzle within two weeks. A small number of residents are dedicated to work on the current puzzle; other residents stop by after getting their mail and try to insert a piece here or there.

Since puzzles are often located in retirement communities, benefits to residents must exist. Studies have shown that assembling jigsaw puzzles can help improve visual-spatial reasoning, short-term memory and problem-solving skills as well as combat cognitive decline, which can reduce risk of developing dementia. Additionally, working jigsaw puzzles can reduce stress, spark imagination and increase both creativity and productivity.

Four Kirby Pines residents, Carolin & Ken Thomason, and Sheryl & Mark Maxwell have been assembling various 300 to 500-piece puzzles in the J2 - M3 Atrium. After taking a picture of each completed puzzle, they find they have completed 194 puzzles since January 2022. These have included the "no straight-edge type" as well as Bits and Pieces brand which may not have regular rows and columns of pieces, but instead pieces swirl. Recently they began to assemble a difficult puzzle. The puzzle contained 530 pieces, had an irregular shaped border and imbedded custom cut out pieces (a cat, a star, a bunny, an umbrella, a half moon, a flying goose, and broken heart etc.) The winter scene

pictured 18 ice skaters. This challenging puzzle had a backing of cork, with no definite rectangular border. They had no idea if all pieces were present or what the entire puzzle looked like, as part of the box's finished puzzle picture was hidden by an advertisement. Undeterred, they forged ahead with the goal of completing it within several days. They believed this puzzle had never been completed by a past owner, so they decided to immortalize the puzzle by gluing it together, placing it on a white surface and framing it. Mark Maxwell built the frame out of salvaged wood handrails and painted the wooden pieces black to complement the roofs of the buildings. A plaque was procured stating their names and the date of completion. It is now proudly placed on the wall of their joint atrium with many fond memories of their puzzle experiences.

We invite ALL to come to the J2 - M3 atrium to view this unique puzzle, near the round table, currently scattered with our newest puzzle on the nearby table. Try to find the hidden, umbrella, moose, or horse in the memorialized framed puzzle on the nearby wall. Perhaps you too will become a puzzle person! There are many benefits, the best being fellowship!



Mark & Sheryl Maxwell and Carolin & Ken Thomason

Congratulations to our **CHAMPION of the Month**

Housekeeper

SHELIA WATSON

Describe Your Family: My family is well and happy. We always try to stand by one another.

Describe yourself in five words: Quiet, hardworking, humble, efficient, friendly.

What do you do for fun: I like to go out to eat and to the movies.

What is your favorite thing about your job: My favorite this is to always do the best I can.

What is your favorite food: Baked Chicken.

What is something you are proud of: I am proud of my children.

What would you like people to know about you: I am a good person once you get to know me.



Ms. Shelia is remarkable because she possesses the easily defined but hard to find qualities in an employee: honesty, reliability and compassion. She is driven by something deeper than just a desire to do a good job. She truly cares for the residents at Kirby Pines so thank you Ms. Shelia and keep up the great work.

- Jada Mullins, Environmental Services Director

REFLECTIONS By Maxie Dunnam



Are You Listening?

I hear it too often, “Are you listening?
The speaker wants to be sure I am listening.

Being with another person we often sense the person is pleading,
“Please listen.”

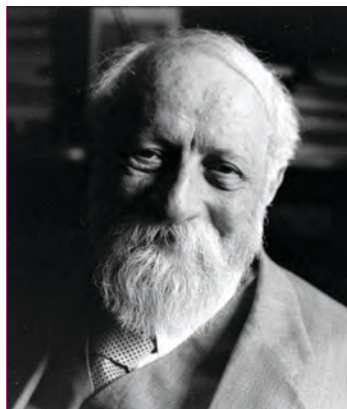
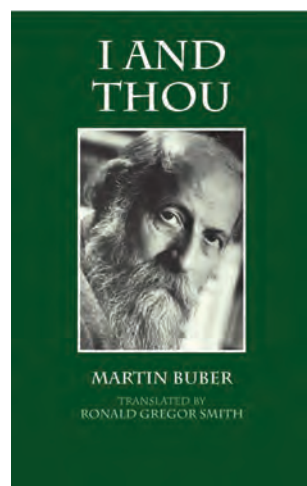
Nothing enhances our feelings of worth more than being listened to? When you listen to me you say, “I value you. You are important. I will hear and receive what you say.”

Martin Buber, a great Jewish thinker, spent his life seeking to share with others the importance of the relation between “*I and Thou*.” For the clue to this meaning he referred to the role of Spirit. “Spirit is not in the I but between the I and Thou.” The Spirit is known in relationship - Buber would say *only* in relationship. When we really listen to a person, listen with ears and heart that hear, it becomes revelation, and the Spirit comes alive in the relationship.

Perhaps not *only*, but certainly *in relationship* is the primary mode and place of revelation of Spirit. So when I listen, the gap between me and the person to whom I listen is bridged. A sensitivity comes that is not my own. I feel the pain, the frustrations, the anguish—sometimes feeling these, and identifying a problem even when the other is not actually sharing the problem or the feelings. I listen in love and the miracle of *I/Thou* takes place. The sharing moves to the deep and intimate levels where the person and I really live. The Spirit opens doors hearts effecting change.

The miraculous thing is that I do not have to have an answer for the person with whom I am sharing. In my listening I become the answer. If something specific is needed the Spirit reveals the “answer” in the listening relationship.

Are you listening?



When two people relate to each other authentically and humanly,
God is the electricity that surges between them

— Martin Buber

August Vesper Services | 6:30pm | Performing Arts Center

August 3 Dr Rev Donna Gerold <i>Associate Rector</i> St. John's Episcopal	August 10 Pastor John Allen <i>Retired Pastor</i> Gracepoint Baptist	August 17 John Dawson and Judy Bayard <i>First Evangelical</i>	August 24 Pastor Evan Manning <i>Forest Hill</i> Church of Christ	August 31 Anne Carter <i>Resident</i> Our Mission Story
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MEET ME AT



TOP HAT (1935)



Friday, August 4 | 1:30 pm
Saturday, August 5 | 6:30 pm
Sunday, August 6 | 6:30 pm

Cast: Fred Astaire, Ginger Rogers, Edward Everett Horton, Helen Broderick

The story centers on wealthy Dale Tremont, on holiday in London and Venice. She assumes that American entertainer Jerry Travers is the husband of her friend Madge -- who's actually the wife of Jerry's business manager Horace Hardwick.

THE FIRM (1993)



Saturday, August 5 | 10:00 am & 1:30 pm
Cast: Tom Cruise, Jeanne Tripplehorn, Holly Huter, Gene Hackman

A young lawyer joins a small but prestigious law firm only to find out that most of their clients are on the wrong side of the law. The company is helping to launder mob money, get clients off charges and even murder partners who threaten to blow their cover. But when the FBI come calling to gather evidence on the lawyer's colleagues, he is caught between a rock and a hard place, juggling his life and his liberty.

SECONDHAND LIONS (2003)



Sunday, August 6 | 1:30 pm & 4:00 pm
Cast: Haley Joel Osment, Michael Caine, Kyra Sedgwick, Robert Duvall

A shy adolescent boy, Walter, is taken by his greedy mother to spend the summer with his two hard-boiled great-uncles, Hub and Garth, who are rumored to possess a great fortune. At first, the two old men, both set in their ways, find Walter's presence a nuisance, but they eventually warm up to the boy and regale him with tall tales from their past. In return, Walter helps reawaken their youthful spirit.

MY DARLING CLEMENTINE (1946)

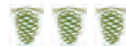


Friday, August 11 | 1:30 pm
Saturday, August 12 | 6:30 pm
Sunday, August 13 | 6:30 pm

Cast: Henry Fonda, Victor Mature, Linda Darnell, Walter Brennan

In the middle of a long cattle drive, Wyatt Earp and his brothers stop off for a night in the town of Tombstone. The next morning they find their cattle stolen, and one of the brothers is dead. Earp suspects the Clanton family, owners of the O.K. Corral, but wants his revenge to be legal. He becomes sheriff of Tombstone and forges a rough peace with an alcoholic gambler, Doc Holiday. Earp also takes a liking to Holiday's former girlfriend, Clementine.

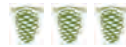
GRUMPY OLD MEN (1993)



Saturday, August 12 | 10:00 am & 1:30 pm
Cast: Walter Matthau, Jack Lemmon, Burgess Meredith, Ann-Margaret

John Gustafson and Max Goldman are two curmudgeonly neighbors who have been at each other's throats for years. The rivalry of the former friends intensifies when Ariel comes along and provides a love interest for both of them. When Max finds out that John is experiencing family troubles and financial ruin, however, he steps in to help. Their bond is further cemented when John has a health scare and Max makes the ultimate sacrifice for his friend.

LOVING LEAH (2009)



Sunday, August 13 | 1:30 pm & 4:00 pm
Cast: Lauren Ambrose, Adam Kaufman, Mercedes Ruehl, Ricki Lake

To honor an ancient custom, a doctor agrees to marry the widow of his older brother.



THE MOVIES



DEAD RECKONING (1947)



Friday, August 18 | 1:30 pm

Saturday, August 19 | 6:30 pm

Sunday, August 20 | 6:30 pm

Cast: *Humphrey Bogart, Lizabeth Scott, Morris Carnovsky, Charles Cane*

War heroes Rip Murdock and Johnny Drake are sent to Washington, D.C., by train, but are not told why. During the trip, they learn they're about to receive top honors for their service. Johnny, seemingly terrified by the publicity that awaits him, jumps off the train and later turns up dead. Suspecting foul play, Rip begins digging into his pal's past. He encounters cover-ups, threats to his own life and deadly femme fatale Coral Chandler.

JUST GETTING STARTED (2017)



Saturday, August 19 | 10:00 am & 1:30 pm

Cast: *Morgan Freeman, Tommy Lee Jones, Rene Russo, Joe Pantoliano*

An ex-F.B.I. Agent and an ex-mob lawyer in the Witness Protection Program have to put aside their petty rivalry on the golf course to fend off a mob hit.

GREEN BOOK (2018)



Sunday, August 20 | 1:30 pm & 4:00 pm

Cast: *Viggo Mortensen, Mahershala Ali, Nick Vallelonga, Linda Cardellini*

Dr Don Shirley is a world-class African-American pianist, who is about to embark on a concert tour in the Deep South in 1962. In need of a driver and protection, Shirley recruits Tony Lip, a tough-talking bouncer from an Italian-American neighbourhood in the Bronx. Despite their differences, the two men soon develop an unexpected bond while confronting racism and danger in an era of segregation.

THE PRODUCERS (1967)



Friday, August 25 | 1:30 pm

Saturday, August 26 | 6:30 pm

Sunday, August 27 | 6:30 pm

Cast: *Gene Wilder, Zero Mostel, Dick Shawn, Christopher Hewett*

Down and out producer Max Bialystock, who was once the toast of Broadway, trades sexual favors with old ladies for cash contributions. Max's new accountant Leo Bloom, off-handedly muses that if Max found investors for a new production that turned into a flop, he could legally keep all the extra money. The duo begins to put together the worst play possible, titled "Springtime for Hitler", with a terrible director and a hippie-freak star.

TWO WEEKS NOTICE (2002)



Saturday, August 26 | 6:30 pm

Cast: *Sandra Bullock, Hugh Grant, Alicia Witt, Heather Burns*

Dedicated environmental lawyer Lucy Kelson goes to work for billionaire George Wade as part of a deal to preserve a community center. Indecisive and weak-willed George grows dependent on Lucy's guidance on everything from legal matters to clothing. Exasperated, Lucy gives notice and picks Harvard graduate June Carter as her replacement. As Lucy's time at the firm nears an end, she grows jealous of June and has second thoughts about leaving George.

SHALL WE DANCE? (2004)



Sunday, August 27 | 6:30 pm

Cast: *Shia Richard Gere, Jennifer Lopez, Susan Sarandon, Stanley Tucci*

Despite having a great career and a loving family, lawyer John Clark is missing something in his life as he meanders listlessly from day to day. On his commute back home one night, Clark notices a stunning woman in a dance studio and decides on a whim to join a class for ballroom dancing. While Clark finds a new spark in his life, his wife, Beverly, grows suspicious of his frequent absences, since he decides to keep his dancing a secret.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= GREAT

= PERFECT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

August 2023



8:30 am ● Men's Water Aerobics (Pool) **1**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:15 pm ● Tuesday Bridge Group (LCR)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Uncle Buck (Thtr)
 5:30 pm ● Tech Time (Sunroom)
 6:30 pm ● Movie: Uncle Buck (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **2**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Two Faces of January (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Two Faces of January (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **3**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: The Gilded Age (Thtr)
 6:30 pm ● Vespers (PAC)

8:30 am ● Water Aerobics (Pool) **4**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 10:15 am ● Strength Training (PAC)
 10:30 am ● Cornhole (LCR)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 2:00 pm ● *Art Wall Reception (PAC)*
 6:00 pm ● *Music w/Steve & Shannon Johnston (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **5**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **6**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **7**
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Writing Group (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **8**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 11:45 am ● *Birthday Lunch (Dining)*
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: The Secret Of My Success (Thtr)
 3:45 pm ● *Birthday Dinner (Dining)*
 6:30 pm ● Movie: The Secret Of My Success (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **9**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:30 pm ● Garden Gro'ers (Greenhouse)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: The Imitation Game (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: The Imitation Game (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **10**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:30 am ● Cardio Move & Strength (PAC)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: The Gilded Age (Thtr)
 6:30 pm ● Vespers (PAC)

8:30 am ● Water Aerobics (Pool) **11**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 10:15 am ● Strength Training (PAC)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:30 pm ● *Line Dancers Tribute To Elvis (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **12**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Weekend Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Ante)
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **13**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **14**
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **15**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:15 pm ● Tuesday Bridge Group (LCR)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Forever My Girl (Thtr)
 6:30 pm ● *Friendship Celebration Dance (PAC)*

8:30 am ● Advanced Water Aerobics (Pool) **16**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Caregiver Support Group (SCR)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Dan In Real Life (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Dan In Real Life (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **17**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: The Gilded Age (Thtr)
 3:00 pm ● Photo Club (LCR)
 6:30 pm ● Vespers (PAC)

8:30 am ● Water Aerobics (Pool) **18**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 10:15 am ● Strength Training (PAC)
 10:30 am ● Cornhole (LCR)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● *Music with John Johnson (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **19**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **20**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **21**
 9:00 am ● Smith Jewelers (SCR)
 9:15 am ● *Travelers: Backermann's (Trans)*
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Tech Time (LCR)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **22**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Book Baggers (Chapel)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 11:00 am ● *Lunch Bunch: Southern Hands (Trans)*
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Raiders of the Lost Ark (Thtr)
 6:30 pm ● Movie: Raiders of the Lost Ark (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **23**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Maudie (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Maudie (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **24**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: The Gilded Age (Thtr)
 6:30 pm ● Vespers (PAC)

8:30 am ● Water Aerobics (Pool) **25**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 10:15 am ● Strength Training (PAC)
 11:00 am ● Yoga Stretch (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● *Music with Donna Wolf (PAC)*

8:00 am ● Men's Christian Fellowship (LCR) **26**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Weekend Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Ante)
 6:30 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **27**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **28**
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Chair Yoga (PAC)
 10:30 am ● Billiards Group (Billiard Room)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **29**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:30 am ● Cardio Move & Strength (PAC)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Movie: Blue Miracle (Thtr)
 6:30 pm ● Movie: Blue Miracle (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **30**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● *Carousel of Shoppes (PAC)*
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 1:00 pm ● Needle Arts Group (A&C)
 1:15 pm ● Mah Jongg (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Michael (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Wednesday Bridge Group (LCR)
 6:30 pm ● Movie: Michael (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **31**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 10:30 am ● Cardio Move & Strength (LCR)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:15 pm ● Line Dancing (PAC)
 1:30 pm ● Series: The Gilded Age (Thtr)
 6:30 pm ● Vespers (PAC)

ABBREVIATIONS KEY

- Thtr - Theater
- HS - Hobby Shop
- FDR - Formal Dining Room
- SCR - Small Card Room
- PAC - Performing Arts Center
- A&C - Arts & Crafts Room
- BR - Billiard Room
- LCR - Large Card Room
- Trans - Transportation
- WC - Wellness Clinic

August 2023 EVENTS

Aug 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Aug 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Aug 1: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Aug 1 & 15: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.



Aug 1: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

Aug 1: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Aug 1: Uncle Buck

He's Clueless about kids and set in his quirky ways, but the Russell's desperately need a babysitter. Can Uncle Buck

run a household without causing chaos? Showtimes are 1:30 pm and 6:30 pm in the theatre.

Aug 1 & 21: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Aug 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Aug 2: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Aug 2: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.



Aug 2: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Aug 2: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

Aug 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Aug 2: The Two Faces of January

After he kills a detective, a con artist and his wife must trust a potentially dan-

gerous stranger to help them get out of Greece. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 2: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Aug 2: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

Aug 3: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Aug 3: The Gilded Age

A wide-eyed young scion of a conservative family embarks on a mission to infiltrate the wealthy neighboring clan dominated by ruthless railroad tycoon George Russell, his rakish son, Larry, and his ambitious wife, Bertha. Showing every Thursday at 1:30 pm in the theatre.

Aug 4: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Aug 4 & 18: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake or LCR (weather dependent) at 10:30 am for a fun time.

Aug 4: Art Wall Presentation

Come out for our next Art Wall opening. We will have refreshments and hear from our wonderful Kirby Pines artist. The show begins at 2:00 pm in the PAC.

Aug 4: Music with Steve & Shannon Johnston

The duo plays country, blues and good old rock and roll. They have played at casinos, Beale Street clubs and venues all around Memphis for years. Steve's guitar playing and Shannon's wonderful vocals bring this duo to life. Performances are always upbeat and a fun way to enjoy the oldies! Join them in the PAC at 6:00 pm.

Aug 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Aug 7: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the Large Card Room at 10:00 am.



Aug 7: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Aug 7: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

Aug 7: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

Aug 7: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30pm. Cards are \$1 to play, limit 2 cards per person.

Aug 8: Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP in Resident Programs to reserve your table.

Aug 8: The Secret To My Success

Recent college graduate Brantley Foster travels from Kansas to New York City to pursue a new finance job. However, when Brantley arrives, he learns that his position has been eliminated, and he's forced to take a job working for his inept Uncle, who became a company president through marriage. Brantley starts as a mere mailroom worker, but quickly climbs the corporate ladder when he begins posing as an executive. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 9: Garden Gro'ers

Come out to Garden Gro'ers meeting. Summer is here and we are in full swing. Come check out all that is going on. We will meet at 10:30 am in the greenhouse.

Aug 9: The Imitation Game

In 1939, newly created British intelligence agency MI6 recruits Cambridge mathematics alumnus Alan Turing to crack Nazi codes, including Enigma which cryptanalysts had thought unbreakable. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 11: A Tribute To Elvis

Join the Line Dancers in the PAC on Friday, August 11th at 6:30 pm for a Tribute to Elvis in song, dance, and Elvis memories. You really won't want to miss this.



Aug 12 & 26: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be TV Trivia However, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Aug 14 & 28: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Aug 15: Forever My Girl

Liam Page is a country music superstar who left his bride Josie at the altar to pursue fame and fortune. Page never got over Josie, his one true love, or forgot his Southern roots in the small community where he was born and raised. Now, he must unexpectedly face the consequences of his actions when he returns to his hometown for the funeral of his best friend from high school. Showtime is 1:30 pm in the theatre.

Aug 15: Friendship Celebration Dance

We are continuing Friendship Month in true Kirby style, a dance with our favorite band. Join Jim Mahannah and the crew as we celebrate our friends. Be sure to stop by the photo booth beginning at 6:00 pm. Music will kick off at 6:30 pm.

Aug 16: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Aug 16: Dan In Real Life

Advice Columnist Dan Burns is an expert on relationships, but somehow struggles to succeed as a brother, a son, and a single parent to three precocious daughters. When his entire extended family gets together for a reunion in a beachfront house, he unexpectedly meets Marie, the woman of his dreams. She is smart, funny, beautiful, and she just happens to be his brother's new girlfriend! Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 17: KP Photo Club

Come see what the Photo Club is all about. If you want to learn to take better pictures on your smart phone to share with friends and family, check us out! 3:00 pm in the Large Card Room.

Aug 18: Music with John Johnson

Come out and join John Johnson and his accompanist for a great gospel performance. Music will begin at 6:00 pm in the PAC.

Aug 21: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Aug 21: Travelers: Backermann's Country Market

The Travelers Group will combine an educational, shopping, and eating adventure to Whiteville, TN. We will eat at Backermann's Country Café, then shop at the adjoining Market. You'll enjoy the entire experience and learn about another faith community located in TN. The aroma from the bakery is irresistible and will stimulate your desire for homemade items such as jams, breads, pies, and cinnamon rolls. Be sure to sign up by bringing you \$5 transportation fee to Resident Programs. We will meet in the lobby at 9:15 am the day of the trip.

Aug 22: The Book Baggers

"Go As A River" by Shelley Read will be reviewed as we gather Tuesday, August 22 in the chapel at 9:30 am. This is a perfect time to share our thoughts about a new author on the scene. Set in the western slopes of Colorado, Shelley Read has woven a tale which pulls at the heartstrings, while dealing with common 1948 - 1971 issues in the USA. Victoria Nash grows from a young teen to a successful woman who overcomes great hardships. Living with the consequences of decisions made from the heart in her youth, we are allowed to follow her toward her later years. Invite a friend. All are invited.

Aug 22: Lunch Bunch: Southern Hands

Come and join us as we head to Southern Hands for some soul food. We will meet in the lobby at 11:00 am the day of the trip. To ensure your spot, please bring \$5 to Resident Programs.



Aug 22: Raiders of the Lost Ark

It's 1936, and globe-trotting archaeologist Indiana Jones is tasked by Army Intelligence to help locate a legendary ancient power, the Ark of the Covenant, before the Nazis get there first. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 23: Maudie

Based on the true story of Maud Lewis, Maudie follows the story of an arthritic folk artist and her unlikely romance with a hardened reclusive bachelor for whom she works for. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Aug 25: Music with Donna Wolf

Join us for an evening of violin and fiddle music presented by the wonderfully talented Donna Wolf. Join us in the Lobby at 6:00 pm.

Aug 29: Blue Miracle

To save their cash-strapped, a guardian and his kids partner with a washed-up boat captain for a chance to win a lucrative fishing competition. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Aug 30: Carousel of Shoppes

Come and enjoy a day of shopping and fun at our seventh annual Kirby Pines Carousel of Shoppes. We will have a variety of vendors come with a wide variety of merchandise for you to peruse and choose from. Doors will open at 10:00 am in the PAC. We will also be having refreshments and door prizes.

Aug 30: Michael

When jaded journalists Frank and Huey, along with 'angel expert' Dorothy, travel to a small town in Iowa to investigate a story, they find Michael, a disheveled man claiming to be an angel. But Michael is less than angelic: he drinks, smokes, and basks in the attention of women. As the group travels to Chicago, Michael teaches them about relationships, faith, and miracles suggesting that he may be exactly who he says he is. Showtimes are 1:30 pm and 6:30 pm in the theatre.





ELVIS PRESLEY Find the Words hidden in the grid of letters.

- ARMY
- COMEBACK
- ED SULLIVAN
- ELVIS
- GOLD RECORD
- GRACELAND
- GYRATE
- HOUND DOG
- HYSTERIA
- JAILHOUSE ROCK
- JUMPSUIT
- LAS VEGAS

- LISA MARIE
- LOVE ME TENDER
- MEMPHIS
- MOVIES
- PRESLEY
- PRISCILLA
- RCA
- ROCKABILLY
- SUN RECORDS
- TEDDY BEAR
- THE KING
- TUPELO



Puzzle Solutions page 23

PICTURING LIFE AT KIRBY PINES

TRAVELERS OUTING AND 4TH OF JULY



The Travelers headed downtown to the Cotton Museum.
Photo by Stuart Eyman



Walt Bodner learns about cotton.
Photo by Stuart Eyman



Lois Dazey and Susan Flake.
Photo by Carolin Thomason



Joan Weaver and Geneva Jackson.
Photo by Mary Ann Thurmond



Sherron Ward and John Davis.
Photo by Carolin Thomason



Barbara Logan and Sydney Wagner.
Photo by Mary Ann Thurmond



Joe & Carol Ballard and Sam & Ellie Bates.
Photo by Carolin Thomason



Sally Coleman and Jim Gordon.
Photo by Stuart Eyman

PICTURING LIFE AT KIRBY PINES

BIRTHDAYS, BRIDGE & SPECIAL PROGRAMS



Roylyn Parks celebrates her July birthday with husband, Bill.



Chuck and Paula Hanson celebrate with their granddaughter, Emily.



Alice Dieckhaus is joined by her son, daughter-in-law and grandson.



Lois Dazey is surrounded by friends, Ray & Jean Harvell and Susan & Jim Flake to help celebrate her birthday.



Richard Colditz is all smiles with Bettye & Tracy Speake, his wife, Beverly, Mike Jaeger and Sam & Ellie Bates.



Diane Mullins & Jim Stanley are July bridge winners. Photo by Steve Martin



Marty Kocman with his pianist Liz Parsons at "Flutacious" a flute performance.



Hayden & Allen Wagner join Sydney after their tales of walking through Spain together. Photo by Mary Ann Thurmond

PICTURING LIFE AT KIRBY PINES

THE HAM-ATUERS COME LAUGH WITH US



The Ham-ateurs invited Kirby Pines to Come Laugh with Them.
Photo by Stuart Eyman



Performers Jody and John Sosh as Sonny & Cher; Mike Hufnagel and Sally Coleman; Anne Carter and John Coleman.
Photos by Stuart Eyman



The Ham-ateur Chorus with Musical Director, Joan Dodson.
Photo by Stuart Eyman

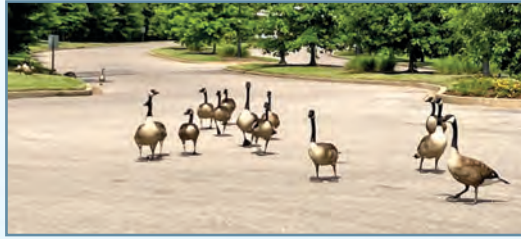


Hugh Wilson and Director Marilyn Wray.
Photo by Arrena Cheek

KIRBY PINES PHOTO CLUB



Caladium Color - Photo by Connie Carter



Marching Geese - Photo by Sylvia Statham

**Our Next Meeting is
August 17th at 3:00 pm
in the Large Card Room**

Join Us and Learn How to Take Better
Pictures with Your Smart Phone



Pretty Susans - Photo by Carolin Thomason



Japanese Iris - Photo by Fred Dabrowski



Sweet Magnolia - Photo by Sydney Wagner



Bird Vetch
Photo by Arrena Cheek



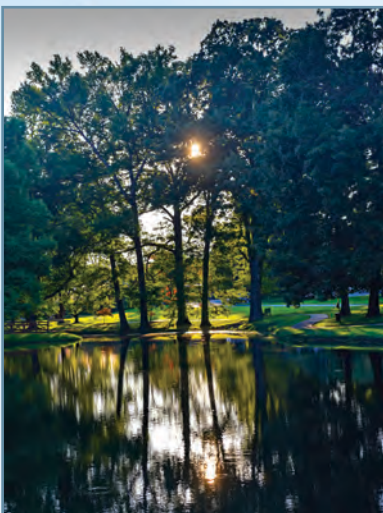
BLT Anyone?
Photo by Walter Overbey



Fire In The Sky
Photo by Mary Ann Thurmond



Beautiful Bouquet
Photo by Hugh Wilson



Peaceful Sunrise
Photo by Stuart Eyman



Garden Bounty
Photo by Bankie McCarty



Easter Lily
Photo by Marsha Greiner



Happy Bee
Photo by Jane Longfield

Memorials, Honorariums & Gifts

In Memory Of

CHARLES BRAND

Donation by Pat Brand
to the Book Baggers

JERRY NOWLIN

Donation by KP Residents Association
to the General Fund

Donation by Janice Wall
to the Book Baggers

In Honor Of

SHERYL & MARK MAXWELL

Donation by Alice Petty
to the Hobby Shop

STEVE TITTLE

Donation by Line Dancers
to the Hobby Shop

ROY THURMOND

Donation by Jim Gordon
to the Garden Gro'ers

MARK MAXWELL

Donation by Line Dancers
to the Hobby Shop

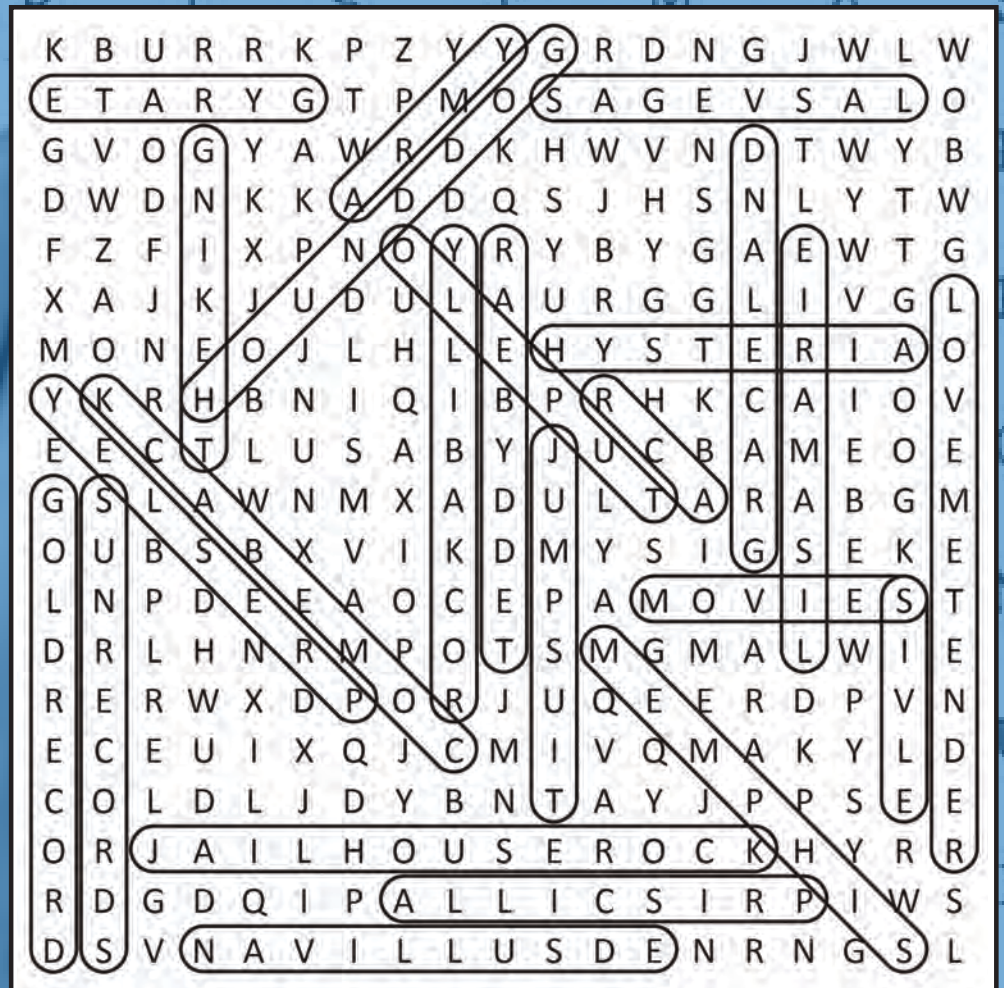
Donation by Neil Lloyd
to the Hobby Shop

JOAN DODSON

Donation by Sylvia Statham
to the Entertainers



GIANT WORD SEARCH



ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

CHRISTIE'S COIFFURES

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Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

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Specials!

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369-7311





We've Been Friends For...



Kirby Pines is Celebrating Friendship Day August 6, 2023

Look at our Facebook Page & YouTube Channel for More Detail



Kirby Pines
LifeCare Community

