# PINECONE

The Magazine of Kirby Pines LifeCare Community • June 2023 | V. 41 | I.6



## **Make A Plan This Father's Day**

Just as in May, this month we take time to honor another person who greatly influenced who we are today, our dads. Unlike Mother's Day, which was legislated by congress in 1914, Father's Day was not assured an official day until 1972. Regardless of why it took longer to formerly recognize a day to honor our fathers in the United States, we at Kirby Pines want to make sure these fine gentlemen are honored on their special day.

In 1972 father's alone planned for their family's future needs, but in the last forty years, more and more children have found themselves involved with these plans. As a result, the children of aging parents have often not had a discussion about living wills, advanced care directives, the selection of a general power of attorney, health care power of attorney, financial power of attorney or their parent's financial footing.

Some parents have in fact taken the initiative to include their children in their planning, but many have not. It's not uncommon for a child to ask us if we have a copy of a will,

## at Kirby Pines

or life insurance policy, or information about what bank their parents use. Of course we can only share this information if given the written authorization to do so. So this Father's Day, consider reviewing those plans you made years ago with your children.

Who knows, the plan you developed over the years, my influence their plans for the future.

Happy Father's Day!



Michael Escamilla, Executive Director, Kirby Pines

### ON THE PINECONE COVER

#### We Love Our Dads & Antique Cars at Kirby Pines!

It is now June, so we are heading into summer with warm breezes, birds singing and colors popping. It's a perfect time to get out in the mornings to take a walk around our beautiful campus and enjoy nature at it's finest. Make sure you bring your water! (see page 4).

This month we are having our bi-monthly Art Wall Reception on the 9th and also our very first Photo Club Reception on the 15th, to showcase our talented photographers right here at Kirby Pines. The Travelers are taking another trip on the 15th, downtown to the Jade Museum. The Jim Mahannah Band will be playing a Summer Beach Dance on the 20th and the 23rd showcases the talents o so many in a major production of Letters from the South Pacific. We round out the month with Lunch Bunch heading out on the 27th to Flying Fish.

Our front cover features Parker Nilsen with his daughter, Kristin and granddaughter, Kayleigh. Parker and his wife, Ruth, moved to Kirby Pines in part to be closer to Kristin, who is a nurse at St. Jude. Having family close by is such a blessing, especially when you have a new grandchild to spoil.

Our back cover photo was taken by Photo Club

member, Stuart Eyman, of Eric Wigg, his wife, Ruth and their daughter, Sharon. It is also a notice to let you know to come on out by Lake Latimer on the 17th where we will be hosting local antique car collectors at the Father's Day Car Show, with live music and refreshments. If you have not attended in the past, it is well worth checking out. Not only to check out the amazing cars, but to celebrate all of our dads. We want to make sure and wish you all a very Happy Father's Day!



Our friend, Jesse Latimer with his kids Milo and Nathan, meet Jabberblabber

Kirby Pines Retirement LifeCare is managed by:



**Retirement Companies of America** 

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This magazine is produced by **RCA** 6465 N. Quail Hollow Rd., Suite 400 Memphis, TN 38120, 901-794-2598

Electronic version of The Pinecone is available at www.kirbypines.com

# Get to know Kirby Pines' NEW RESIDENTS



**Bob & Shirley Michie** 

Bob and Shirley Michie come to Kirby Pines from their home close by on Kirby Oaks Cove. Shirley was born in Gleason, Tennessee and Bob from Michie. They have been married 67 years, have four children, ten grandchildren and two great grands.

Bob went to business school and was employed for 45 years in accounting at Archer/Malmo in Memphis. He retired as Chief Financial Officer.

After retirement, the Michies bought a motor-home and drove all over the United States. They have also traveled to Jordan, Egypt, Israel, Mexico and Canada.

They both enjoy playing cards, especially at their cabin in Pickwick, where Shirley likes to take in the views from the front porch and Bob likes to get out and do some fishing. Shirley also enjoys sewing and quilting, so perhaps she will team up with the Needle Arts Group once she is settled in.

The Michies are quite proud of their family and would hope to be described as good friends.

Welcome Bob and Shirley to your new home and community. We are sure you will find yourself meeting new friends right away and joining in on all the activities that Kirby Pines has to offer.



**Pat Rutland** 

Pat Rutland moved to Kirby Pines from her previous residence in Munford, Tennessee. She and her late husband, William, were married a total of 42 years, have three children and five grandchildren.

Pat worked as a medical secretary at Semmes - Murphy, a leading brain and spine care center in Memphis.

Pat enjoys reading, drawing and crafts. Her favorite books are any historical fiction and is a big fan of "clean" comedies or dramas. Her favorite holiday is Christmas and she likes foods that are sweet, spicy and salty. She also tries to stay active by walking her dog.

Pat traveled to England as a child, but has also been to Alaska (on a cruise) and Canada as an adult. Her favorite memories are spending time with her family.

When asked if she collected anything, she said, "After moving here and unpacking box after box, I will not be collecting anything again"!

Pat hopes her friends describe her as kind, funny and generous. And she is quite proud of her children.

So let's give Pat a big Kirby welcome! If you see her in the hallways or dining room, invite her to join, or simply introduce yourself and make her feel right at home.



Did you know water covers 70 % of the earth's surface and makes up about 50 to 60% of your body? These are old facts, but true. Water is essential to life. Staying hydrated is important for our general health, too. Dehydration can be the result of exercise, certain medications, diarrhea, excessive sweating, loss of blood and diseases, such as diabetes. With the warm summer days ahead, it is easy to become dehydrated which can cause dry mouth, weakness, dizziness, headaches, heart pounding, cramping, confusion, low blood pressure, rapid but weak pulse and fainting. As we age, we are less aware of our thirst, and our ability to regulate our body's fluid balance through our kidneys decreases.

Everyone knows—but many people seem to forget—that water is what sustains life. Here are just two of the benefits of being hydrated: Drinking at least five 8-ounce glasses of water daily reduces the risk of fatal coronary heart disease among older adults. Being sufficiently hydrated reduces the discomfort of constipation, improves balance and kidney function, which reduces the risk of urinary tract infections.

#### How much water is enough?

A good formula for how much water is needed every day is to take one-third of the person's body weight in pounds and drink the equivalent number of ounces of water daily. For example, a 150-pound woman would need 50 ounces of water daily, or about six 8-ounce glasses of water.

#### Don't wait until you feel thirsty to start drinking water:

If you don't like the taste of water, try flavored water that is available in almost every flavor from Pink lemonade to Mango- Kiwi-lime. Water from the tap with a little ice and a spritz of juice, makes a refreshing beverage. My favorite refresher is a little cranberry juice in a tall glass of water. Also, a little squeeze of lime or lemon in water can be very refreshing on these warm summer days.





#### Monday/Wednesday/Friday

Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool 9:30 am - 10:30 am | Pool

Exercise in the PAC Resident Led

9:30am | PAC/Live TV

Chair Yoga with Kim Roberts

Monday Only 10:30 am | PAC/Live TV

#### Tuesday/Thursday

Men's Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim Roberts

9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim Roberts 10:30 am - 11:15 am | PAC/Live TV





## Celebrating Better HEARING & SPEECH



When was the last time you lifted weights? Just like anything else, strength and your muscles have a "use it or lose it" policy. If you aren't incorporating strength training into your fitness routine, now is the perfect time to start!

High-intensity interval training (HIIT) is a form of exercise that alternates short periods of intense anaerobic (without oxygen) exercise with brief recovery periods. Improvements in strength take place within a training zone of 5-9 repetitions. If you are unable to perform at least 8 repetitions of a specific movement (like a biceps curl), then lower the intensity (weight). If you can do more than 8 repetitions, increase the challenge for optimal outcomes.

You might do higher repetitions in an exercise class – and that's ok! Combining HIIT into your existing exercise programs can result in the most success!

Example: You are doing a HIIT routine, and you are incorporating chair stands (standing up from a chair, from a seated position) to increase lower body strength.

## Start seated in your chair, arms at your side, and stand up, completely straight.

If you can do this 10 times, advance to the next level.

## Now cross your arms and try again - aim for 6-8 repetitions.

If you can do more than this, advance to the next level.

## Hold weights in your hands and try again – aim for 6-8 repetitions.

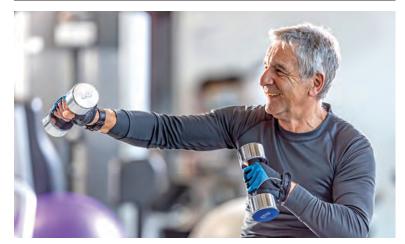
If/when this becomes easy, increase weight.

Muscles must experience stimuli higher than their current abilities to achieve improvements in muscle strength and function. Whatever level is challenging for and doable for 6-8 repetitions is your "sweet spot."

## But wait - How do we know if something is "too easy?"

The Borg Rating of Perceived Exertion (PRE) is the preferred method to assess intensity. Also, a direct correlation between PRE and heart rate has been found with the use of this scale with exercise. It is often found that if you rate your PRE at an 11 (light) then their heart rate is likely around 110 bpm. While doing strength training in a HIIT routine, aim for a PRE of 12-17.

BORG'S RATING PF PERCEIVED EXERTION (RPE) SCALE								
PERCEIVED EXERTION RATING	DESCRIPTION OF EXERTION							
6	No exertion; sitting and resting							
7	Extremely light							
8								
9	Very light							
10								
11	Light							
12								
13	Somewhat hard							
14								
15	Hard							
16								
17	Very hard							
18								
19	Extremely hard							
20	Maximal exertion							



If you are unsure of where to get started, our therapy team at Kirby Pines can help you identify which strength training exercises and methods are best suited for you. For more information, please contact the Functional Pathways Therapy Team.

## **EXQUISITE CUISINE**

Thursday, June 29, 2023



## SURF AND TURF

The classic, timeless entrée.
Starting with a 6-ounce Filet,
we add a sauteed Shrimp.
Finished with Yukon Gold
whipped Potatoes
and roasted Asparagus.



### LAMB LOLLIPOPS

Herb Crusted Rack of Lamb, finished with a Balsamic Vinegar reduction and Mint Sauce



### WEDGE SALAD

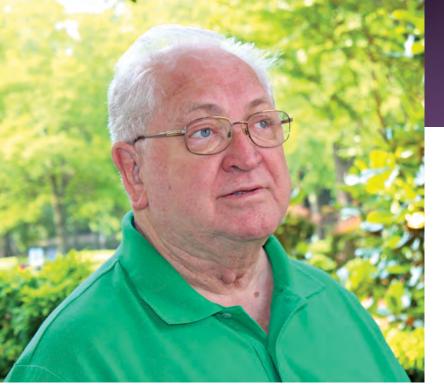
A wedge of Iceberg Lettuce, crumbled Blue Cheese, Bacon bits, Tomatoes & Red Onions with Blue Cheese Dressing.



### PECAN PIE

Rich with Brown Sugar and a sweet Syrup, topped with rings of Pecans, all encased in a flaky, crisp crust.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



### A LIFE CARING FOR OTHERS

Gary Winfield's life has been focused primarily on caring for others. According to Gary, as a young boy, his life and that of two of his siblings "revolved around" their youngest brother, Keith, who was born with severe handicaps. When his parents became older, and in poor health, and his older brother Steve became ill, Gary helped care for them in their homes. His life happily changed when he married and accepted the additional responsibilities of becoming a step-dad to Danny, age 12, and Holley, age 10.

Gary Winfield was born in Memphis in 1956 to devout Catholic parents. He and his siblings, Steve and Cindy, were educated in Catholic schools. Because of Keith's handicaps, Gary's parents realized the need for an educational institution for handicapped children. His father was responsible for founding Madonna Day School, now Madonna Learning Center located in Germantown, Tennessee, and an engraved picture of his father hangs in the entrance to the building. His father served as Deputy Director of the Memphis Fire Department for several years, later becoming the Fire Chief of Shelby County, Tennessee.

After graduating from Catholic High School in 1975, Gary began employment with the Memphis Fire Department, remaining there until 1981. Because of his strong educational background and motivation, Gary began pursuing additional education. While working in "transitional" jobs, Gary first obtained an AAS in Business Accounting from State Technical Institute at Memphis. He then earned a BS in Business Administration from Christian Brothers University, and finally, an MS from the University of Arkansas in Operations Management.

In 1990, Gary began work at the Memphis Veterans Hospital as a Fire and Safety Inspector. In 1991, he met his future wife, Florence Greissinger (Flo), who was working at the VA as the Acquisition and Materials Manager Supervisor. When asked what attracted him to Flo, Gary responded, "Well, first of all I learned that she was single and a Catholic, and she was such a sweet person and enjoyable to be with." They were married on Memorial Day weekend in 1993.

With his marriage to Flo, Gary became step-dad to Danny and Holley Greissinger. This was certainly a new role for him! According to Gary, "My father gave me good advice before my new role was assumed. He said, 'Son, remember that blood is thicker than water.' He knew," continues Gary, "That I was not one to 'mince' my words. I followed

## Resident Spotlight: Gary Winfield

his advice when I was tempted many times to speak up in situations that involved the children. The children, however, were very good children, and I never once heard Flo raise her voice in anger or discouragement. She is a wonderful mother!"

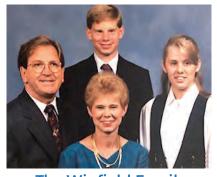
Gary and Flo's family lived in Germantown, Tennessee, where both Danny and Holley attended Farmington and Houston schools. Both were athletic and participated in recreational and competitive soccer. Danny attended State Tech and is now a journeyman electrician and lives in Germantown. Holley graduated from the University of Tennessee, Knoxville, and is a paralegal and mother to Hanna and Sara. They live in North Carolina, and according to Gary, "It is difficult to get all of us together now. However, just a few weeks ago, the four of us spent an entire week together and it was GREAT! Danny and Holley are doing well, and I give all the credit to Flo."

In 1999, Gary left the VA to again work for the Memphis Fire Department, and after 60 years of combined government service, both Gary and Flo retired; Gary in 2008 and Flo in 2010. They moved to Pickwick in Hardin County, Tennessee, and enjoyed traveling on several cruises to the Caribbean, France, Spain, and Italy. "Our favorite place was Rome," says Gary.

During the ten years living at Pickwick, Flo gradually developed Parkinson's' disease. Again, Gary found himself in a caregiver's role. "After the 15 years of caring for both parents and my brother Steve, who passed away in 1978, I'm now into the ninth year of caring for Flo," says Gary. Anticipating a future need, Gary and Flo moved to Kirby Pines in April 2020.

"We moved to Kirby at the beginning of COVID which made it difficult to adjust," admits Gary. "However," he continues, "We were welcomed with open arms by Administration, and we have found everyone very friendly and helpful." Flo eventually moved to

the Manor and was recently transferred to Jordan River Health Facility at The Farms. Consequently, he finds little time to get involved with activities at Kirby. He does attend the Wednesday Catholic service held in the Chapel each week and Mass at Holy Spirit Church every Sunday.



The Winfield Family

Gary wanted to let everyone know that his brother Keith has done well because of the help he received attending Madonna Day School. He graduated from Christian Brothers High School and Christian Brothers University! He now lives in a retirement community after retiring from 32 years of employment by the Federal Government. Keith has made a YouTube video in which he discusses the history of Madonna Learning Center.

Giving some parting advice to all step-dads, Gary says, "To all of you who might be reading this, STAY IN YOUR OWN LANE!" That seems to be good advice for all of us.

Written by Joan Dodson, Resident of Kirby Pines



JUNE 17, 2023 • 11:00 AM TO 1:00 PM

LIVE MUSIC WITH GRASSFIRE BLUEGRASS BAND
ENJOY A CLASSIC KIRBY COOKOUT

CELEBRATING OUR FATHERS ON THE GROUNDS OF KIRBY PINES

Congratulations to our **CHAMPION of the Month** 

**Hospitality Manager** 

### **LATANYA** BAILEY

Describe Your Family: Wife and mother of 3 children, ages 16, 14 and 9.

*Describe yourself in five words:* Hardworking, reliable, confident, enthusiastic, motivated.

What do you do for fun: Relaxing and enjoying my family. Hobbies: Cooking and braiding hair.

What is your favorite thing about your job: Assisting the residents.

What is your favorite food: Peach cobbler. Favorite Song: Tennessee Whiskey by KeKe Wyatt.

What is something you are proud of: Proud of the person I've become and the goals I set for myself.

What would you like people to know about you: I am outgoing and easy to get along with.

I enjoy laughing and having fun while still focusing on the task at hand.



Bailey began working at Kirby Pines as a front desk receptionist and her skill set quickly moved her into a trainer for new front desk personnel. Last year she was moved into the Hospitality Manager position, overseeing the front desk, concierge and drivers. Her dedication to residents, guests and fellow employees put Bailey on the path for further success. She is an excellent example of the upward mobility available to employees who continuously apply their talents while working.

- Michael Escamilla, Executive Director

# REFLECTIONS BY Maxie Dunnam

## BEING KIN TO GOD

As persons created by 'God in His image we are Children of God. Can you think of a better name to be called? *Child of God*.

Scripture notes over and over again how important that is. God notes even the fall of sparrows, and we are more important than a sparrow. What a powerful way He put it, "Even the hairs on your head are all counted."

We don't have to worry if we know that we are important to God. Nor do we ever have to prove to others that we are worthy of their love.

When we truly live up to the glorious title we bear, *children of God*, the image of God can readily be seen in us. Years ago I heard a story that dramatically confirms this. A minister's wife noticed a small boy selling newspapers.

He stood in his bare feet over the grating of a hot air vent outside a bakery to stay warm. Moved by pity, she asked him, "Where are your shoes? "He replied, "Lady, I ain't got no shoes." She took him to a department store and

bought him new socks and shoes.

President: The wealth of nations is our main purpose

Stocks Seen Higher;
Eyes on tax policy

The lad ran off without a word of thanks, and at first, she was a bit disappointed. Suddenly he burst back into the store and exclaimed, "Lady, I forgot to thank you

for these socks and shoes, and I do thank you. But, lady, I wanna ask you a question.

Are you God's wife?" Taken aback, she stammered, "Why-ah-no I'm just one of his children." The boy replied, "Well, I knowed you must be some kin to him."

Whenever we Christians project an image of God as he was revealed in Jesus Christ others recognize our kinship with Him. I can't think of a better way to be named, *Children of God*.



### June Vesper Services | 6:30pm | Performing Arts Center

June 1

**Dr Rev Terry Minter**Advent
Presbyterian Church

June 8

**Brian Stewart**Lay Teacher
G-Town Church of Christ

June 15

Rev Dr Jathaniel Cavitt

Pastor Covenant

United Methodist

June 22

Pastor Sam McElroy
Legacy Adults
Bellevue Baptist

June 29

Rev Barry Henson
Rossville
Methodist Church

















#### **SOUTH PACIFIC (1958)**



Friday, June 2 | 1:30 pm Saturday, June 3 | 6:30 pm Sunday, June 4 | 6:30 pm

Cast: Rossano Brazzi, Mitzi Gaynor,

John Kerr, Ray Walston

Nurse Nellie Forbush of the U.S. Navy falls for middle-aged French plantation owner Emile De Becque, but recoils upon discovering that he's fathered two mixed-race children. When Nellie leaves him, the heartbroken Emile agrees to take on a dangerous espionage mission. In his absence, Nellie struggles to reconcile her prejudices with her love for him -- and after she spends time with his children and comes to care for them, fears that Emile may not return alive.

#### **80 FOR BRADY** (2023)



Saturday, June 3 | 10:00 am & 1:30 pm Cast: Lily Tomlin, Jane Fonda,

Rita Moreno, Sally Field

Four best friends live life to the fullest when they embark on a wild trip to see their hero, Tom Brady, play in the 2017 Super Bowl.

#### **FLIPPED** (2010)





Sunday, June 4 | 1:30 pm & 4:00 pm

Cast: Madeline Carroll, Callan McAuliffe, Rebecca De Mornay, Anthony Edwards

When they meet in second grade, Juli Baker falls instantly in love with her neighbor, Bryce Loski. Bryce, however, does not feel the spark. From that day forward, he tries hard to keep brash and unpredictable Juli at bay. After six years, she begins to feel that she was wrong about him being the love of her life. Unfortunately, that is just about the time that Bryce begins to think he was wrong about Juli, too.

#### THE GOOD, THE BAD & THE UGLY (1966)



Friday, June 9 | 1:30 pm Saturday, June 10 | 6:30 pm Sunday, June 11 | 6:30 pm

#### Cast: Clint Eastwood, Eli Wallach, Lee VanCleef, Aldo Giuffré

A bounty hunting scam joins a mysterious stranger, Joe, and a Mexican outlaw, Tuco, to form an uneasy alliance against a third to beat out a sadistic criminal and the Union army and find \$20,000 that a soldier has buried in the desert.

#### **BEFORE WE GO** (2014)



Saturday, June 10 | 10:00 am & 1:30 pm Cast: Chris Evans, Alice Eve, Emma Fitzpatrick, John Cullum

A chance encounter between two strangers in Grand Central Terminal sparks a life-changing, nighttime sojourn through New York City.

#### **JERRY AND MARGE GO LARGE (2022)**



Sunday, June 11 | 1:30 pm & 4:00 pm Cast: Bryan Cranston, Annette Bening, Rainn Wilson, Larry Wilmore

When retiree Jerry Selbee discovers a mathematical loophole in the Massachusetts lottery, he and his wife go on an exciting, multimillion dollar winning spree with the goal of reviving their small Michigan town. However, when a selfish college student cheats the system, Jerry must find a way to make the game fair for all.

#### **FATHER'S DAY** (1997)



Friday, June 16 | 1:30 pm Saturday, June 17 | 6:30 pm Sunday, June 18 | 6:30 pm

Cast: Robin Williams, Billy Crystal, Julia Louis-Dreyfus, Nastassja Kinski

Jack is a straitlaced lawyer with a loving wife. Dale is suicidal about his stalled career as an artist. The only thing they have in common is Collette, with whom they both had an affair years ago. Unbeknownst to the two men, she had a son, Scott, who is now missing. After she tells Jack and Dale that one of them could be the father, the pair set out to find Scott and prove who the real father is.

## THE MOVIES

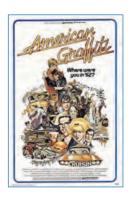












**HEROES** (1977)



Saturday, June 17 | 10:00 am & 1:30 pm Cast: Henry Winkler, Sally Field, Harrison Ford, Val Avery

A troubled Vietnam veteran with plans for a worm farm meets a girl and hops a bus to California.

#### **A LETTER TO DAD (2009)**



Sunday, June 18 | 1:30 pm & 4:00 pm

Cast: Megan Gallivan, Thom Mathews, John Ashton, Mario Van Peebles

Dan Donahue has finally met the woman of his dreams. But on the night he is going to propose, he is overcome by deeprooted anger caused by the father who abandoned him as a boy. Dan confronts his feelings of bitterness head on as he pours his heart out in a letter to his father.

#### **DEAD POET'S SOCIETY (1989)**



Friday, June 23 | 1:30 pm Saturday, June 24 | 6:30 pm Sunday, June 25 | 6:30 pm

Cast: Robin Williams, Robert Sean Leonard, Ethan Hawke. Josh Charles

A new English teacher, John Keating, is introduced to an all-boys preparatory school that is known for its ancient traditions and high standards. He uses unorthodox methods to reach out to his students, who face enormous pressures from their parents and the school. With Keating's help, students Neil Perry, Todd Anderson and others learn to break out of their shells, pursue their dreams and seize the day.

#### **DOUBLE JEOPARDY** (1999)



Saturday, June 24 | 10:00 am & 1:30 pm Cast: Ashley Judd, Tommy Lee Jones, Bruce Greenwood, Benjamin Weir

Framed for the murder of her husband, Libby Parsons survives the long years in prison with two burning desires sustaining her -- finding her son and solving the mystery that destroyed her once-happy life. Standing between her and her

quest, however, is her parole officer, Travis Lehman. Libby poses a challenge to the cynical officer, one that forces him to face up to his own failings while pitting him against his superiors and law enforcement colleagues.

#### **KNIVES OUT (2019)**



Sunday, June 25 | 1:30 pm & 4:00 pm Cast: Daniel Craig, Chris Evans,

Ana de Armas, Jamie Lee Curtis

The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there's one thing that renowned Detective Benoit Blanc knows for sure -- everyone in the wildly dysfunctional Thrombey family is a suspect. Now, Blanc must sift through a web of lies and red herrings to uncover the truth.

#### **AMERICAN GRAFFITI (1973)**



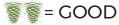
#### Friday, June 30 | 1:30 pm Cast: Ron Howard, Richard Dreyfuss, Charles Martin Smith, Cindy Wilson

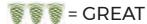
On the last day of summer vacation in 1962, friends Curt, Steve, Terry and John cruise the streets of small-town California while a mysterious disc jockey spins classic rock'n'roll tunes. It's the last night before their grown-up lives begin, and Steve's high-school sweetheart, a hot-to-trot blonde, a bratty adolescent and a disappearing angel in a Thunderbird provide all the excitement they can handle.

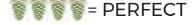


#### KIRBY PINES MOVIE RATING SYSTEM









SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June 2023		ABBREVIATIONS  Thtr - Theater  FDR - Formal Dining Room  PAC - Performing Arts Cent  BR - Billiard Room  Trans - Transportation	<ul><li>HS - Hobby Shop</li><li>SCR - Small Card Room</li></ul>	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 10:00 am • Art with Helen (A&C) 10:30 am • Cornhole (LCR) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Weekend Movie Classic (Thtr)	8:00 am • Men's Christian Fellowship (LCR) 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Writing Group (Chapel) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 1:15 pm • Tuesday Bridge Group (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: Airport (Thtr) 5:30 pm • Tech Time (Sunroom) 6:30 pm • Movie: Airport (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 1:00 pm • Needle Arts Group (Sunroom) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Last Action Hero (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Last Action Hero (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 10:00 am • Art with Helen (A&C) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Weekend Movie Classic (Thtr) 2:00 pm • Art Wall Reception (PAC)	8:00 am • Men's Christian Fellowship (LCR) 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Weekend Movie (Thtr) 6:15 pm • Saturday Night Trivia (Ante) 6:30 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) 11:0:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Alterations (A&C) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 11:45 am • Birthday Lunch (Dining) 1:15 pm • Line Dancing (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: Stepmom (Thtr) 3:45 pm • Birthday Dinner (Dining) 6:30 pm • Movie: Stepmom (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 10:30 pm • Garden Gro'ers (Greenhouse) 1:00 pm • Needle Arts Group (A&C) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: The Glass Castle (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: The Glass Castle (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:15 am • Travelers: Jade Museum (Trans) 10:30 am • Cardio Move & Strength (PAC) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 3:00 pm • Photo Club Reception (LCR) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 10:00 am • Art with Helen (A&C) 10:30 am • Cornhole (LCR) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Weekend Movie Classic (Thtr)	8:00 am • Men's Christian Fellowship (LCR) 10:00 am • Weekend Movie (Thtr) 11:00 am • Father's Day Car Show (Grounds) 1:30 pm • Game Play (LCR) 1:30 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) 18 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)  Happy Father's Day!	8:30 am • Advanced Water Aerobics (Pool) 9:00 am • Smith Jewelers (SCR) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Tech Time (LCR) 10:30 am • Chair Yoga (PAC) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 1:15 pm • Tuesday Bridge Group (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: Julie and Julia (Thtr) 6:30 pm • Summer Beach Dance with the Jim Mahannah Band (PAC)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Caregiver Support Group (SCR) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 1:00 pm • Needle Arts Group (A&C) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Best Man Down (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: Best Man Down (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:30 am • Cardio Move & Strength (LCR) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:30 pm • Vespers (PAC)	8:30 am • Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 10:00 am • Art with Helen (A&C) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Weekend Movie Classic (Thtr) 6:30 pm • Letters from the South Pacific (PAC)	8:00 am • Men's Christian Fellowship (LCR) 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Weekend Movie (Thtr) 6:15 pm • Saturday Night Trivia (Ante) 6:30 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 26 9:30 am • Alterations (A&C) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Chair Yoga (PAC) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Game Play (LCR) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Book Baggers (Chapel) 9:30 am • Basic Water Aerobics (Pool) 10:30 am • Cardio Move & Strength (PAC) 11:00 am • Lunch Bunch: Flying Fish (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Movie: The Meddler (Thtr) 6:30 pm • Movie: The Meddler (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 10:00 am • Pinecone Painters (A&C) 1:00 pm • Needle Arts Group (A&C) 1:15 pm • Mah Jongg (LCR) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: All Roads Lead To Rome (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: All Roads Lead To Rome (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:30 am • Cardio Move & Strength (LCR) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:15 pm • Line Dancing (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:15 pm • Orpheum: Frozen (Trans) 6:30 pm • Vespers (PAC)	8:30 am • Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 10:00 am • Art with Helen (A&C) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Weekend Movie Classic (Thtr) 6:30 pm • Music with The Boomers (PAC)	

The Pinecone | June 2023 Calendar

## June 2023 **EVENTS**

#### Jun 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## **Jun 1:** Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

#### **Jun 1:** Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.



## **Jun 1:** Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### Jun 1: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

## **Jun 1:** Mini-Series: War and Remebrance

War and Remembrance is an American miniseries based on the 1978 novel of the same name written by Herman Wouk. The miniseries, which aired from

November 13, 1988, to May 14, 1989, covers the period of World War II from the American entry into World War II immediately after Pearl Harbor in December 1941 to the day after the bombing of the Japanese city of Hiroshima. It is the sequel to the 1983 miniseries The Winds of War, which was also based on one of Wouk's novels. Showing every Thursday at 1:30 pm in the theatre.



Jun 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### Jun 2: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

#### Jun 2 & 16: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake or LCR (weather dependent) at 10:30 am for a fun time.

#### Jun 2: Music with Al Mahan

A man and his guitar! Come join Al Mahan for a wonderful evening of music in the lobby. The performance kicks off at 6:00 pm.

## **Jun 3:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### Jun 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

#### Jun 5: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the chapel at 10:00 am

#### **Jun 5:** Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### Jun 5: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

#### Jun 5: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

#### Jun 5: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30pm. Cards are \$1 to play, limit 2 cards per person.

#### **Jun 6 & 20:** Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

#### Jun 6: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.



#### **Jun 6:** Airport

A Blizzard, a bomb and a stowaway help create the perfect storm for the manager of a Midwestern airport and a pilot in a messy personal life. Showtimes are 1:30 pm and 6:30 pm in the theatre.



#### Jun 6 & 19: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

#### Jun 7: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### **Jun 7: Pinecone Painters**

Enjoy art? Like doing acrylic, water-color, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

#### Jun 7: Needle Arts Group

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### Jun 7: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

#### **Jun 7:** Last Action Hero

Following the death of his father, young Danny Madigan takes comfort in watching action movies featuring the indestructible Los Angeles cop Jack Slater. After being given a magic ticket, Danny is sucked into the screen and bonds with Slater. When the evil villain gets his hands on the ticket and enters the real world, Danny and Jack must follow and stop him. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### Jun 7: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

#### **Jun 7:** Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

#### Jun 9: Art Wall Reception

Come out for our next Art Wall opening. We will have refreshments and hear from our wonderful Kirby Pines artist. The show begins at 2:00 pm in the PAC.

## **Jun 9:** Music with the Elmo & Lester

Join us for the iconic Elmo and Lester. The duo plays an eclectic variety of music from the past. This is a duo you will want to hear! Join us in the PAC at 6:00 pm.

#### Jun 10 & 24: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Science and Nature. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.



#### Jun 12 & 26: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

#### **Jun 13:** Birthday Meal

Attention birthday folks! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Be sure to RSVP in Resident Programs to reserve your table.

#### Jun 13: Stepmom

Three years after divorcing Jackie, the mother of his children, Luke Harrison decides to take the next step with his significantly younger girlfriend. But, when the flaky girlfriend, kelly, meets Harrison's children, their fierce allegience to their mother is obvious. Try as she might, Kelly fails to endear herself to them- until a looming family crisis changes everything. Showtimes are 1:30 pm and 6:30 pm in the theatre.



#### Jun 14: Garden Gro'ers

Come out to Garden Groers meeting. Spring is here and planting has started! Come check out all that is going on. We will meet at 10:30 am in the greenhouse.

#### Jun 14: The Glass Castle

A successful New York writer tries to reconcile her well-ordered life of privileged with her nomadic childhood ruled by a quixotic, unstable father. Showtimes are 1:30 pm and 6:30 pm in the theatre.

## **Jun 15:** Travelers: Jade Museum

Join the Travelers as they head downtown Memphis. They will visit the Belz Jade Museum, ride the trolley down Main street, and dine at Kooky Kanuk. To attend you must sign up in Resident Programs by brining \$15. This includes your museum entrance free, Kirby transportation fee, and trolley ride. We will meet in the lobby at 10:15 am the day of the trip.

## **Jun 15:** KP Photo Club Reception

Join the Photo Club for their first photo wall reception! Meet and greet with the members and peruse samples of some of the amazing talent we have at Kirby Pines. We will serve light refreshments outside the Bistro at 3:00 pm.

#### Jun 16: Music with Side Street **Steppers**

The Side Street Steppers present a pastiche of the transformation of the American musical landscape, performing on vintage and homemade instruments. Get ready for plenty of hip-shaking, foot stompin, caterwauling and croonin'. Performance begins at 6:00 pm in the PAC.

#### Jun 17: Father's Day Antique **Car Show**

Join us for our annual Father's Day Antique Car Show on the grounds beginning at 11:00 am. We will have music, a classic KP cookout, some true classic cars for viewing, and plenty of fun to go around. Make sure to stop by!



#### **Jun 19:** Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

#### Jun 20: Julie & Julia

Frustrated with her soul-killing Job, New Yorker Julie Powell embarks on a daring project: to prepare all 524 recipies in Julia Childs' landmark cookbook. Intertwined Julie's story is the true tale of how Julia Child herself conquered French conquered French cuisine with passion, fearless, and plenty of butter. Showtime is 1:30 pm in the theatre.



#### Jun 20: Summer Beach Dance

Join us for our next dance, Beach Boys style! Come decked out in your best beach attire, ready to dance the night away. The photo booth will open at 6:00 pm and the music will kick off at 6:30 pm. We hope to see you there!

## Jun 21: Caregiver Support

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

#### Jun 21: Best Man Down

When their best man dies suddenly, two newlyweds must cancel their honeymoon to arrange his funeral. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### Jun 23: Letters from the **South Pacific**

Theatre at the Pines proudly presents their summer musical, "Letters from the South Pacific." It is an adaptation of the Broadway production "South Pacific." The music of Rogers and Hammerstein with a little help from their friends - followers and Americans who have volunteered to teach English at an island paradise. The production begins at 6:30 pm in the PAC.

#### **Jun 27:** The Book Baggers

We will gather to discuss "What Happened to the Bennetts" by Lisa Scottoline. Marty Kocman will be leading us through this newest thriller telling how the happy family life of the Bennetts is changed one night when they are driving home after the daughter's victorious soccer game. If you are not familiar with Scottoline's books you will soon become a fan. Fortunately our library has many of her works; both in standard and large print. We will meet in the Chapel at 9:30 am again this month. Invite a friend from your old neighborhood or a new resident here at Kirby Pines. All are welcome!



#### Jun 27: Lunch Bunch: **Flying Fish**

From Catfish Taco, tilapia, to shrimp and our incredible hush-puppies, The Flying Fish is the new home to great deals and great seafood. We will meet in the lobby at 11:00 am the day of the trip. To ensure your spot, please bring \$5 to Resident Programs.



#### Jun 27: The Meddler

After the death of her husband, a woman moves from New Jersey to Los Angeles to be closer to her daughter. Showstime are 1:30 pm and 6:30 pm in the theatre.

#### Jun 28: All Roads Lead To Rome

An uptight single mother and NY professor who goes to Italy to reconnect with her troubled teen daughter. Showtimes are 1:30 pm and 6:30 pm in the theatre.

#### **Jun 29:** Orpheum: Frozen

An unforgettable theatrical experience filled with sensational special effects, stunning sets and costumes, and powerhouse performances, Frozen is everything you want in a musical: It's moving. It's spectacular. And above all, it's pure Broadway joy. Please contact the Orpheum Box office for tickets. If you need transportation please sign up in the Resident Program's office with \$5 dollars. We will meet in the lobby at 6:15 pm.

#### Jun 30: Music with **The Boomers**

A patriotic show you do not want to miss! The Boomers will be with us to bring music from the yester years with some patriotic elements. Come out to the PAC at 6:30 pm for this special treat.

## PUZZLE CHALLENGE | Giant Crossword

#### **ACROSS**

- 1. Go inside
- 6. A bushy hairdo
- 10. Hats
- 14. Immense
- 15. Boyfriend
- 16. Mishmash
- 17. Evade
- 18. Backside
- 19. Exploded star
- 20. Newscaster
- 22. Swiped
- 23. S
- 24. In the air
- 26. Not quite
- 30. Natural sweetener
- 32. Swine (see photo for hint)
- 33. Ancestry
- 37. Formerly (archaic)
- 38. Haven
- 39. Weightlifters pump this
- 40. Sluggish
- 42. Confine
- 43. Frequently
- 44. Declares untrue
- 45. Profundity
- 47. A rotating disk
- 48. Identical
- 49. Load with excessive weight
- 56. Goad
- 57. Apollo astronaut Slayton
- 58. Debonair
- 59. Against
- 60. Minerals
- 61. Aromatic compound
- 62. Millisecond
- 63. Long and open portico
- 64. Pottery fragment

#### **DOWN**

- 1. Distinctive flair
- 2. Pew area
- 3. Think or believe (archaic)
- 4. Auspices
- 5. Remedy
- 6. Old Jewish scholars
- 7. Dispute

1	10	I.a.		I.e.	_		1-	I.o.	To.	_	40		40	140
1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19	+	$\top$	+
20		+	+		21				+		22	T	T	+
				23					24	25			+	
26	27	28	29				30	31						
32						33						34	35	36
37		+	+		38				+		39	T	T	+
40		+	+	41						42		+	+	+
			43						44		+	+	T	+
	45	46						47						
48					49	50	51				52	53	54	55
56					57					58		1	+	+
59		+	+		60					61	+	+	+	+
62	+	+	+		63			+		64	+	+	+	+

- 8. Assess
- 9. Makes furious
- 10. Twist
- 11. Distant
- 12. Turning point
- 13. Marinate
- 21. Estimated (abbrev.)
- 25. Local Area Network
- 26. Cain's brother
- 27. Old stories
- 28. Sail holder
- 29. Relating to the spine and joints
- 30. Antelope of India
- 31. Acid related to gout
- 33. Part of a book
- 34. African sheep
- 35. Disappeared
- 36. Stops
- 38. Conventional
- 41. Astern
- 42. Bewilders
- 44. Apply gently

- 45. Fixes socks
- 46. Overact
- 47. Peak
- 48. Junk E-mail
- 50. Exceedingly
- 51. Anagram of "Seek"
- 52. Hurry
- 53. Information
- 54. Always
- 55. Geek



Puzzle Solutions - page 23

## PICTURING LIFE AT KIRBY PINES CINCO DE MAYO, BIRTHDAYS & KIRBY FUN



Jody and John Sosh are always the life of the party!



Jeannie Valentine and Elsie Bloodworth make a festive pair on Cinco de Mayo.



Colleen Thompson is all smiles and ready for the fiesta.



Nancy Albonetti celebrates her birthday with husband, Ray, and friends Steve & Linda Tittle



Mike Hufnagel also has a May Birthday Celebration with his wife, Suzanne, and friends, Buddy & Martha Pugh and Pat & Bankie McCarty.



Bridge winners for the month of May were Flo Seward and Tom Hickey. Photo by Steve Martin



Richard Colditz and Mike Jaeger head up to work in the Greenhouse. Photo by Fred Dabrowski



Genenne Wilson and Mazie Grace play in the Kirby Pines Dog Park. Photo by Stuart Eyman

## **PICTURING LIFE AT KIRBY PINES**

## **MOTHER'S DAY COOKOUT**



Tracy and Bettye Speake enjoy the beautiful day and the burgers!



This is what it's ALL about! Generations of family having fun together. Jeannie Valentine is surrounded by love. Photo by Stuart Eyman



Jackie Gunther with some of her fun-lovng family. L-R Mike and Julie Sparrow (Jackie's daughter) and Jeff and Joan Gunther (Jackie's son).



Sydney Wagner with her son, Allen and his wife, Lisa, grandson, Harper with his girlfriend, Abby and grandkids, Hannah & Hayden.



The pony rides and petting zoo are always a hit with the kids.



Barbara Flack and her daughter Valerie get a surprise from our big green friend, Jabberblabber.



Sandra Overbey enjoys spending some time with her wonderful daughter, Susan Farabee.

## **PICTURING LIFE AT KIRBY PINES**

## TRAVELERS, MUSIC, MAGIC, WALK TO CURE & BOOKS



Mark Maxwell and Dennis Renick take a closer look at one of the many sculptures at the Metal Museum. Photo by Sheryl Maxwell



Joan Dodson chats with one of the talented University of Memphis Quartet players playing at Kirby. Photo by Stuart Eyman



Mary Ann Thurmond assists magician, Jeffrey Day, at Kirby's first magic show.



Berry Terry and Bonnie Eyman check out our Bake Sale. Photo by Stuart Eyman



Marian Gray and Genenne Wilson at the Sistine Chapel Exhibit downtown.



Hugh Wilson, Barbara Phillips and Jane Hodge participate in our Walk to Cure Arthritis.



The Book Baggers celebrate Winnie the Pooh. Pictured are Rosalind Edwards, Carolin Thomason, Janice Wall, Janet Reeves, Carolyn Hladky & Marilyn Sanderson.

Baby Sunflower - Photo by Fred Dabrowski



Dancing Daisies - Photo by Sydney Wagner

## KIRBY PINES PHOTO CLUB

Come Down and See What We Do at Our FIRST Photo Club Reception!

June 15th at 3:00 pm outside the Bistro



Monet's Garden - Photo by Dale Jones



Summer Flock - Photo by Carolin Thomason



Mighty Mississip- Photo by Sheryl Maxwell



On the Greenline Photo by Mary Ann Thurmond



Sunday Brunch Photo by Hugh Wilson



Floating Iris'
Photo by Jane Longfield



Can You See A Face? Photo by Arrena Cheek



Paula & Dale Irrigate
Photo by Marsha Greiner



Peony Progression
Photo by Sylvia Statham



Nature's Beauty Photo by Fran Gentry



Shadow Fishing Photo by John Sosh

## Memorials, Honorariums & Gifts

#### **In Memory Of**

#### **JAMES STAFFORD**

Donation by Betty Moore to the General Fund

#### ALICE DAVIDSON

Donation

to the Kirby Pines Foundation

#### **BILL FRANCIS**

Donation by KP Residents Association to the Garden Gro'ers

#### MARY LOU WATSON

Donation by KP Residents Association to the General Fund

## STEPHANIE BARROW'S MOTHER

Donation by Joan Gilliland to the Employee Fund

#### **In Memory Of**

#### JIM DAZEY

Donation by Joe & Shirley Brooks to the Employee Fund

Donation by Barbara Logan to the Employee Fund

#### **KEN HARDIN**

Donation by KP Residents Association to the Employee Fund

Donation by Barbara Lipsey to the Employee Fund

Donation by Barbara Logan to the Employee Fund

Donation by Marilyn Wray to the Employee Fund

Donation by Janice Wall to the Book Baggers

#### In Honor Of

#### **CONNIE OAKES**

Donation by KP Library Committee to the Library Fund

#### **MARK MAXWELL**

Donation by Steve Martin to the Hobby Shop

#### MIKE HUFNAGEL

Donation by Doug & Donna Paine to the Employee Fund

#### STEVE TITTLE

Donation by Jean & Mal Mauney to the Hobby Shop

**Gifts To** 

#### THE HOBBY SHOP

Donation by John Fant

## CHECK OUT OUR CHANNEL FOR ALL OF OUR VIDEOS!

Simply go to
youtube.com
and search for Kirby Pines!



**SCAN ME!** 

Or use your
QR Code Reader
and scan this code
to get there!



## TO SEE MORE PHOTOS

AND HAPPENINGS

**CHECK OUT OUR FACEBOOK PAGE!** 

Simply go to facebook.com and search Kirby Pines!



## **GIANT CROSSWORD**

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ANSWERS TO PUZZLE
CHALLENGE ON PAGE 17



## Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



#### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

#### **DONATIONS**

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

#### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

# Hoppy Fother's Doy!

Make sure you come out to our Antique Car Show to Celebrate!
See Page 8 for more information.

