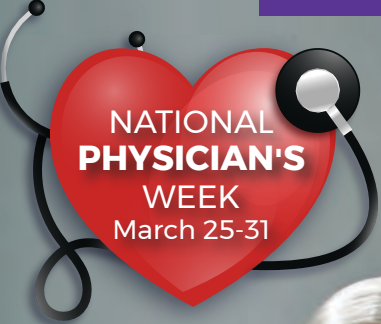


the PINECONE

The Magazine of Kirby Pines LifeCare Community • March 2023 | V. 41 | I.3



NATIONAL
PHYSICIAN'S
WEEK
March 25-31

**DR. RICHARD CHEEK, DR. ROGER
LABONTE, DR. RICHARD COLDITZ
& DR. CHARLES PARROTT**

*Kirby Pines wants to honor our
physicians who dedicated their lives to
the art of medicine.*



Time To Get Moving | Get Better Sleep | Practice Being God | Resident Spotlight: Mary Blanche Scott

Everything's Turning Green

Spring is finally here! Moreover, what a joy it is to have warmer weather, a nice breeze on a bright, sunny day and the budding of trees on our beautiful sixty-acre campus. In fact, the beauty of our campus makes the additional six weeks of winter Punxsutawney Phil predicted seem worth it. The sight of daffodils, irises and azaleas in bloom is a treat for all of us to enjoy. It is, in fact, a perfect time to enjoy the springtime weather and take a stroll outside along the many walkways as new blades of green grass come up.

Speaking of green, get ready for a fun filled day as we celebrate St. Patrick's Day with good Irish food in the dining room, and the "wearing of the green" by residents and staff. Allison Nolan and her team have planned some fun activities around St Patrick's Day and throughout the month. Who knows, you may even see the "artful use of green" as fellow residents work on their creations in the Arts and Crafts room.

If you prefer a more "natural green", then take a walk around the campus to see the beauty that Spring brings, or think about becoming

at Kirby Pines

a member of the Garden Growers Club and select your garden plot to seed for fresh flowers, vegetable or fruits. This club has been active for years at Kirby Pines and this year won't find them waiting til April showers arrive.

Here's wishing you find your pot of gold by living the lifestyle that Kirby Pines offers you and that you worked so hard to achieve.

Happy St. Patrick's Day!



Michael
Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Recognizes Our Physicians

March is here, which means warmer weather is ahead. The better weather lends itself to getting outside and there are plenty of opportunities to do just that.

The Travelers have three outings this month. On the 1st they go to see the Memphis Symphony, the 13th the Rock n Soul Museum and the 22nd they are taking their annual trip to the Lenten Lecture Series. The Lunch Bunch also travels to Dyer's Cafe on the 28th. There are inside options, too. A Resident Association Meeting on the 9th, a St. Patrick's Day meal on the 17th, plenty of live music all month and the Survey Says we are having a Family Feud Game Night on the 21st, which will surely entertain.

Our March cover honors four of our incredible residents in celebration of National Physician's Week (see page 8). Dr. Cheek - Surgeon, Dr. Colditz - OB/GYN, Dr. LaBonte - Hospitalist/Internal Medicine and Dr. Parrott - Family Practice. You make us all proud!

Our back cover features our Pinecone Painters and Fabric Artists. This talented and friendly group of people are always looking for new members - no experience necessary. Who knows, you may be the next Edward Hopper or Jenny Doan (famous American painter and quilter). Check out the calendar or page 22 for meeting times and places.



Doctors Richard Cheek, Roger LaBonte and Charles Parrott before retirement.

Kirby Pines Retirement LifeCare
is managed by:



Retirement Companies of America

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This magazine is produced by RCA
6465 N. Quail Hollow Rd., Suite 400
Memphis, TN 38120, 901-794-2598

Electronic version of *The Pinecone*
is available at www.kirbypines.com



Get to know Kirby Pines'

NEW RESIDENTS



Patricia Brown

We are pleased to welcome Patricia Brown from her previous home in East Memphis. Born in Gardendale, Alabama. Married for 47 years, she and her late husband had two children and she has five grandchildren.

After studying at three universities: University of Alabama Birmingham, University of Texas, and University of Maryland, Pat was very proud to receive her degree in Early Childhood Education. She had a 17 year career as a kindergarten teacher in North Little Rock, Arkansas where she also trained new kindergarten teachers.

Pat has traveled throughout The United States and visited many locations in Europe and Canada.

To stay active Pat likes to walk and her hobbies include knitting, crocheting, sewing and reading. She knits items for the Cancer Center and her favorite author is Nicholas Sparks. Her collections include pretty rocks, plants, and clothes. When it comes to sporting events, Pat is an Arkansas Razorback.

We are glad Patricia has decided to make Kirby Pines her home! If you happen to see her out walking or in the dining room, make sure you extend to her a big Kirby) welcome!



Ed Everett

Born in Seminole, Oklahoma, Edward Everett, better known as Ed, recently moved to Kirby Pines from Germantown, Tennessee. He and his late wife, Sheila, were the parents of four children and ED is proud of his five grand children and his one great-grand.

Ed graduated from The University of Oklahoma with a B.S. degree in 1965, he received his Masters degree in 1969. He had a 45-year career in human resources management and consulting. He worked at hospitals in Oklahoma City, Little Rock, Memphis and Chicago.

Photography, woodworking, fishing, camping, Jeeping and off-road 4 wheeling are a few of Ed's hobbies. Dr. Lloyd C. Douglas is Ed's favorite author and 2 of his favorite books are Magnificent Obsession and Dr. Hudson's Secret Journal. These books impacted Ed's entire life. He is also a fan of Mary Beth Carlson's piano music and in the fall he enjoys rooting for the Oklahoma Sooners.

His travels have taken him from coast to coast of The United States and his favorite stops were the family trips to Disney World and El Tovar Hotel in Grand Canyon National Park.

Welcome Ed! We are sure you will have plenty opportunities to make many new friends based on your hobbies and interests. We are so glad you are at Kirby Pines for this chapter in your life.



TIME TO GET MOVING!

My children played a game called you move, you lose. When someone got up from the “choice seat” in the car or at a party, or “Daddy’s cushy chair” in front of the TV, another child would quickly sit in the coveted seat. When the first child returned to find their favorite spot taken, the “offender” shouted, “You move, you lose!”

As we age, we find just the opposite is true; if we don’t move, we lose. Sitting for long periods of time causes our muscles to weaken and our joints to ache. Usually our worst times are in the mornings just when we rise out of bed. One of the participants in the Chair Yoga exercise class shared her secret of flexibility: she stretches head to toes, including arms, legs, fingers, and neck before she even steps on the floor every morning and then gently exercises each joint for a few minutes before breakfast. She has done this for so long, it’s a habit and she couldn’t imagine starting her day without it.

When a joint hurts, people tend to protect and not move that joint. In a study by Northwestern University Feinberg School of Medicine in Chicago: “more than 40 percent of those with rheumatoid arthritis, or RA, remain inactive; ‘We were surprised they were very inactive,’” says the lead author Jungwha “Julia” Lee, PhD, assistant professor in the department of preventive medicine, “Regular, moderate physical activity offers a host of benefits. It helps reduce pain and improve well-being.”

The moving of muscles and joints does not require expensive exercise equipment, although the Oasis has many helpful pieces of exercise equipment to keep you moving. The Nu-Step is especially helpful with movement of the arms and legs without extra pressure on the joints. Kirby Pines offers exercise classes 5 days a week. These exercise classes will help you implement safe and helpful strengthening and stretching exercises. But just getting out of your apartment and walking the halls of Kirby Pines is a great beginning for moving and gaining flexibility, strength, and balance. Remember “You move, you lose.” Move those aching joints and lose some of that pain of arthritis and lose that attitude that there’s nothing you can do about it.



Monday/Wednesday/Friday

Advanced Water Aerobics
Resident Led / Kim Roberts

8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Exercise in the PAC
Resident Led

9:30am | PAC/Live TV

Chair Yoga
with Kim Roberts

Monday Only
10:30 am | PAC/Live TV

Tuesday/Thursday

Men’s Water Aerobics
Resident Led

8:30 am - 9:15 am | Pool

Arthritis Water Aerobics
with Kim Roberts

9:30 am - 10:15 am | Pool

Cardio Move & Strength
with Kim Roberts

11:00 am - 11:45 am | PAC/Live TV



OUR BODIES
WERE DESIGNED FOR
MOTION
GET UP AND
MOVE



You may recall an article a while back on successful sleep. Well, sleep is so important to maintaining good physical and mental function, we are back with more helpful sleep tips! Remember, sleep is how your mind and body recharge, and without it, you cannot function properly.

Here are some controllable factors to help with a good night's sleep:

Limit Screen Time. The National Sleep Foundation recommends you stop using electronic devices, like your phone or tablet, at least 30 minutes before bedtime. If possible, avoid watching tv or using your phone, computer, or tablet, in the bedroom. The blue light emitted from these devices restrains the production of melatonin, which is the hormone that controls your sleep-wake cycle. Instead, try reading a book.

Avoid Caffeine Late in the Day. Having caffeine (coffee, tea, soda, chocolate) later in the day can keep you awake at night. The level of caffeine in your blood peaks around one hour after consumption, and stays at that level for several hours for most people. Some people are more sensitive to caffeine than others, but it is recommended you do not consume caffeine at least six hours before bedtime.

Pick the Perfect Temperature. Sleep experts recommend keeping the room around 65 degrees, to help induce sleep and support better sleep patterns. However, if you are used to sleeping in a warmer room, slowly decrease bedroom temperatures and see if it has a positive impact. Also think about the bedding and pajamas you are wearing – are they conducive to a “cool” night's sleep?

Avoid Eating Large Meals Close to Bedtime. While it may seem like a good idea to go to sleep on a nice full stomach, eating a large meal right before bed can lead to tummy troubles. If your stomach is still digesting food when you lie down, you may experience acid reflux, heartburn, or nausea, which can keep you up. Remember, sleep is a time for your body to rest and that's impossible if you're trying to digest a meal. It is recommended that you wait three hours after eating a meal to go to bed.

Nap Smart. Naps can help reduce fatigue, increase alertness, and improve mood and memory, but try to nap smart. Keep naps short – aim for 10 to 20 minutes. The longer you nap, the more likely you are to feel groggy. Take naps in the early afternoon. Napping later in the day (after 3 p.m.) can interfere with nighttime sleep.

If you are struggling with healthy sleep hygiene, contact the Functional Pathways Therapy Team for assistance!
Happy Sleeping!

✓ DO



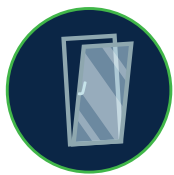
GET UP AT THE SAME TIME



BEDTIME ROUTINE



RELAXING BATH



COOL AND DARK ROOM



READ BOOKS



RELAX MUSIC

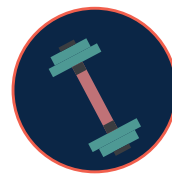
✗ DON'T



GADGETS



CAFFEINE



HAD TRAINING



STRESS



HEAVY FOOD



TELEVISION

EXQUISITE CUISINE

Thursday, March 23, 2023



OSSO BUCCO

Red Wine braised
Veal Shanks served
with a creamy
Parmesan Polenta
and finished
with roasted
Root Vegetables.



BEER CHEESE SOUP

To start off, a traditional soup, turned on its Irish head. We will be taking the classic Guinness Stout, reducing it with Herbs and Spices and finishing it with a fantastic aged Irish Cheddar.



CORNE BEEF AND CABBAGE

The traditional classic,
with a bit of a twist.
Slow cooked and shredded
Corned Beef with braised
Cabbage and Potato Pancakes.



IRISH CREME ROULADE

Spongy Chocolate Cake
spiked with Irish Crème Liqueur,
iced with Irish Crème
Buttercream and finished with
Chocolate garnishes.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: Mary Blanche Scott

husband, Ed Scott, who had just graduated with a degree in Electrical Engineering from Georgia Tech. They were married in August 1951 and returned to Atlanta for Ed to complete a master's degree. Their first son, Stephen, was born the following year.

With a degree in Electrical Engineering, Ed was employed by Exxon for the next six years in Linden, New Jersey, and Baton Rouge, Louisiana. But, two older brothers had become physicians, and the call to medicine became too strong for Ed. When he was accepted to medical school in 1957 at the University of Tennessee, the family moved to Memphis. Their second son, Jeff, was born on the first day of medical school. "It was hard to tell what Ed was most excited about!" exclaims Mary Blanche.

So, with children five years old and five months old, Mary Blanche began a seven-year teaching position at the Longfield Junior High School while Ed completed medical school, internship, and residency programs. According to Mary Blanche, "Ed chose to specialize in Internal Medicine because he always wanted to know what caused the problem and how to solve it." Also, as previously mentioned, time with the family was limited for Ed. "To have more time with him, the children and I would eat lunch with Ed every Sunday at the old John Gaston Hospital, Ed's training facility."

Another son, Edwin Jr., was born in 1962. Dr. Ed's practice as a primary care physician (with an additional residency in Cardiology) grew to become Graceland Medical in Whitehaven. Fortunately, it was built close to the area that would later become Methodist Hospital. Following the establishment of Ed's medical practice, Mary Blanche retired from teaching and devoted many hours working with the Women's Medical Auxiliary. Because of the heavy influx of Vietnamese, auxiliary women worked with them to help establish and maintain their homes. There was also work with new mothers at John Gaston Hospital in helping them learn proper care of their babies. When time allowed, Mary Blanche enjoyed playing tennis. "I have always loved playing tennis and playing with my friends," says Mary Blanche.



Wedding Day 1951

Despite the sometimes irregular life, travel was something the family enjoyed. Mary Blanche's twin sister was a missionary in Nigeria, and Mary Blanche visited there three times. When a son moved to England, visits with him provided the opportunity to tour many surrounding countries. In addition to her three sons, Mary Blanche's family grew to include eight grandchildren and three great-grandchildren.

Mary Blanche believes that the move to Kirby Pines was right for them. "I enjoyed being with Ed's brother and sister-in-law who lived here. It is certainly a blessing to be living among Christian friends and with others who are like family to me." She and other members of Germantown Presbyterian Church eat lunch together every Sunday. Mary Blanche enjoys reading, the Book Baggers Club, and always a good game of bridge!

Written by Joan Dodson, Resident of Kirby Pines

LIFE OF A PHYSICIAN'S WIFE

Mary Blanche Scott's account of her life with Dr. Edwin Scott enlightens us about the sacrifices and hardships that can occur when married to a physician. "Make no mistake," admits Mary Blanche, "I wouldn't change my life. It allowed me to have the opportunity to serve others." Mary Blanche continues, "It was sometimes very lonely. I had to work to help support us and care for three children as Ed had long hours away from home while in school and while completing his internship and residencies.

Mary Blanche and Dr. Ed Scott moved to Kirby Pines in October 2013. Dr. Ed had retired after 33 years of practice. Sadly, he passed away in 2019 from complications of diabetes. This is Mary Blanche's story:

Mary Blanche and Margaret Ann McMullen were born on January 31, 1929, in Sumner, Mississippi. They had an older brother and sister and their father was 60 years old when they were born! Their father was a landowner and was away managing "the place" most of the time. Mary Blanche describes her youth as a happy one. Life was centered on school, friends, and church activities at the local Baptist Church. "Birthdays were big events for us," says Mary Blanche. "One of our friends invited us to come by train to Memphis and have lunch at the Peabody to celebrate her 12th birthday."

As identical twins, Mary Blanche and her sister got along well. According to Mary Blanche, "We did everything together including wearing identical clothing, playing basketball, and having the same friends. We were the first identical twins anyone could remember being born in Sumner, so we were quite an event! It was said that the men who sat on benches outside the stores took turns betting 50 cents that they could tell us apart."

Following high school, Mary Blanche enrolled in Blue Mountain College in Blue Mountain, Mississippi and was active in the choir and on the tennis team. Her senior year, she transferred to Mississippi College in Clinton, Mississippi, graduating in 1950 with a Bachelor of Arts in English. She also had majors in History, Bible, and Spanish. "Zoology," admits Mary Blanche, "was not my favorite subject. I dreaded returning to school on Monday morning to my dogfish shark that had been resting in a barrel of formaldehyde.

The decision to accept a teaching position in Natchez, Mississippi, was to alter the rest of Mary Blanche's life. It was here she met her future

NATIONAL PHYSICIAN'S WEEK IS MARCH 25-31!



Doctors deal with years of school, grueling shifts, and emotionally difficult decisions, and still manage to care for us with focus and kindness. Physicians drastically improve the duration and quality of life for everyone, and throughout history have done their best to use cutting-edge science to care for others. We have four residents who heeded the call; Dr. Richard Cheek, Dr. Richard Colditz, Dr. Roger LaBonte and Dr. Charles Parrott.

HISTORY OF NATIONAL PHYSICIANS WEEK

The medical profession is one of the oldest, dating back to 25,000 B.C. Healers completing their jobs are depicted on cave walls in France. It wasn't until almost 20,000 years later that true surgery was born in Egypt, where the first public health system was established. In fact, Egyptians even performed root canals, much like we still do today.

In Greece, medical ethics were born. Hippocrates penned the famous and still-used Hippocratic oath around 500 B.C., which states that doctors must do no harm. By the 1100s, medical schools and hospitals began to be established across Europe. Some of the earliest ones were founded in Paris, Salerno, and Oxford. The works of Hippocrates and other Greek physicians were taught. Though medical schools had already existed for some time, the word 'physician' was not added to the dictionary until 1400.

There was a great expansion of the profession in the late 1700s and 1800s, starting in 1766 with the chartering of the first medical organization. In 1847, the American Medical Association was established, and 1849 saw the first woman medical student, Elizabeth Blackwell, graduate from Geneva Medical College in New York. Notable advancements of physicians in the 1900s included the 1937 establishment of the first blood bank, the first human to human heart transplant in 1967, and the first artificial heart implanted in a patient in 1982.

The movement that created National Physicians Week began in 2016 when the advocacy group Physicians Working Together (PWT) sought to celebrate and acknowledge physicians everywhere. The group started on social media with the goal to relieve stress and foster connections for doctors. The movement has come a long way — founder Dr. Kim Jackson says it has helped physicians find better connections with each other and with their patients.

When you see one of our resident physicians, especially during Physician's Week, let them know how much they are appreciated!

4 FUN FACTS ABOUT PHYSICIANS

There are a lot of doctors!

There are around 700,000 physicians in the U.S., according to the U.S. Department of Labor's Bureau of Labor Statistics.

Med school is more female

Up 30% from 30 years ago, it's now estimated that over 50% of medical school graduates are women.

Physicians never stop working hard

Even after the grueling work of med school, doctors don't stop. Over 50% of physicians report working overtime, up to 60 hours per week.

Gamers make great surgeons

According to one study, surgeons who played video games made 37% fewer errors in surgery than their counterparts who did not!

Congratulations to our **CHAMPION of the Month**

Security Guard

SOPHIA TATE



Describe Your Family: Adoring, close-knit, devoted, fierce and loving.

Describe yourself in five words: Persistent, loyal, reliable, kind and helpful.

What do you do for fun: Shop and spend time with family. **Hobbies:** Working is my hobby.

What is your favorite thing about your job: Making sure the residents are safe.

Do you have a pet?: I have hogs & dogs. Yorkie, Chow Pom and Pit. Names are Boston, K.J. & Oreo.

What is your favorite food: Yams & Cabbage. **Favorite Song:** Johnnie Taylor - Sending You A Kiss.

What is something you are proud of: I'm proud of the person I have become, thanks to my parents.

What would you like people to know about you: I'll do whatever it takes to get the job done.

Sophia Tate is a security officer that is loved by the residents at Kirby Pines. She makes everyone feel safe and secure. She will take on other responsibilities because as she states, "It needs to be done". I am very proud to have Officer Tate on my team.

- Calvin Sims, Director of Security

REFLECTIONS

By
Maxie Dunnam

Practice Being God.

Clement of Alexandria, one of the early church fathers, said all Christians should “practice being God.” When I first read that, it shocked me. Me? *Practice being God?* But the more I thought about it, the more gripping the idea became. **Practice being God.**

Don't close your mind, thinking this is irreverent. Ponder for a moment. Paul was talking about this in his word about reconciliation? “*All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation.*” (2 Corinthians 5:18)

Do you see it? Paul said first, *God reconciled us to himself...* that's what God does. Then...what are we to do? He has called us to do the same. Isn't He talking about *practicing being God?*

Come at it in a slightly different way. When are we most like God? We are most like God when we are most like Christ. What is the first thought that comes to your mind when you consider being like Christ? By far, most of us would have **love** in our response to that question the question.

Paul said it well: “*For the love of Christ controls us, because we are convinced that one has died for all; therefore, all have died. And He died for all, that those who live might live no longer for*

themselves but for Him who for their sake died and was raised.” (2 Cor. 5:14-15) What an encompassing statement! That means that since He has died for all, He has died for each. Christ loves like that, and we are to love as he loved.

Whether we like the language, *practice being God*, or not, at the core of the Christian faith is loving. At the core of loving is forgiving. Forgiveness, then, is high on any list of *Christian practice*. As though as it may be, we can all forgive. Go from there and ponder other ways you can **practice being God**.



March Vesper Services | 6:30pm | Performing Arts Center

March 2

Rev Dr Herbert Hand
*Ministry in
North Africa*

March 9

Pastor John Allen
Retired

March 16

Covenant Choir
Pastor Bill Chase
Covenant Baptist

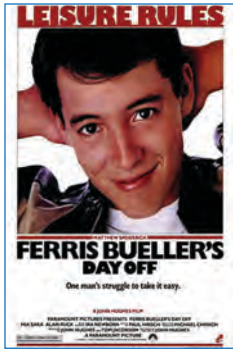
March 23

Dr Chuck Helton
*Collierville
First Baptist Church*

March 30

Ron Wade
*Director,
Hope Works*

MEET ME AT



MY COUSIN VINNY (1992)



Friday, March 3 | 1:30 pm

Saturday, March 4 | 6:30 pm

Sunday, March 5 | 6:30 pm

Cast: Joe Pesci, Marisa Tomei, Ralph Macchio, Fred Gwynne

New York lawyer Vinny has never won a case. When his teenage cousin Bill and his friend Stan are accused of murder in a backwater Alabama town, it's up to the nervous Vinny to save him from jail, even though he's only ever tried personal injury cases before, and none of them successfully.

FERRIS BUELLER'S DAY OFF (1986)



Saturday, March 4 | 10:00 am & 1:30 pm

Cast: Matthew Broderick, Alan Ruck, Mia Sara, Jennifer Grey

Ferris Bueller has an uncanny skill at cutting classes and getting away with it. Intending to make one last duck-out before graduation, Ferris calls in sick, "borrows" a Ferrari, and embarks on a one-day journey through the streets of Chicago. On Ferris' trail is high school principal Rooney, determined to catch him in the act.

CRY MACHO (2021)



Sunday, March 5 | 1:30 pm & 4:00 pm

Cast: Clint Eastwood, Fernanda Urrejola, Natalia Traven, Eduardo Minett

A onetime rodeo star and washed-up horse breeder, in 1978, takes a job from an ex-boss to bring the man's young son home and away from his alcoholic mum. Crossing rural Mexico on their back way to Texas, the unlikely pair faces an unexpectedly challenging journey, during which the world-weary horseman may find his own sense of redemption through teaching the boy what it means to be a good man.

TO CATCH A THIEF (1955)



Friday, March 10 | 1:30 pm

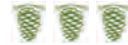
Saturday, March 11 | 6:30 pm

Sunday, March 12 | 6:30 pm

Cast: Cary Grant, Grace Kelly, Jessie Royce Landis, Brigitte Auber

Notorious cat burglar John Robie has long since retired to tend vineyards on the French Riviera. When a series of robberies is committed in his style, John must clear his name. Armed with a list of people who own the most expensive jewels currently in the area, John begins following the first owner, young Francie. When her jewels are stolen, Francie suspects John, destroying their tentative romance. John goes on the lam to catch the thief and clear his own name.

YOUNG FRANKENSTEIN (1974)



Saturday, March 11 | 10:00 am & 1:30 pm

Cast: Madeline Kahn, Gene Wilder, Marty Feldman, Peter Boyle

Respected medical lecturer Dr. Frederick Frankenstein learns that he has inherited his infamous grandfather's estate in Transylvania. Arriving at the castle, Dr. Frankenstein soon begins to recreate his grandfather's experiments with the help of servants Igor, Inga and the fearsome Frau Blücher. After he creates his own monster, new complications ensue with the arrival of the doctor's fiancée, Elizabeth.

TICKET TO PARADISE (2022)

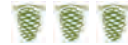


Sunday, March 12 | 1:30 pm & 4:00 pm

Cast: Julia Roberts, George Clooney, Kaitlyn Dever, Maxime Bouttier

A man and his ex-wife race to Bali, Indonesia, to stop their daughter from marrying a seaweed farmer. As they desperately try to sabotage the wedding, the bickering duo soon find themselves rekindling old feelings that once made them happy together.

THE OUTSIDERS (1983)



Friday, March 17 | 1:30 pm

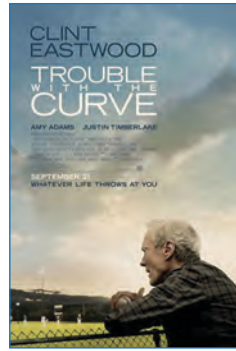
Saturday, March 18 | 6:30 pm

Sunday, March 19 | 6:30 pm

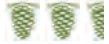
Cast: Matt Dillon, Ralph Macchio, C. Thomas Howell, Patrick Swayze

A teen gang in rural Oklahoma, the Greasers are perpetually at odds with the Socials, a rival group. When Greasers Ponyboy and Johnny get into a brawl that ends in the death of a Social member, the boys are forced to go into hiding. Soon Ponyboy and Johnny, along with the intense Dallas and their other Greaser buddies, must contend with the consequences of their violent lives.

THE MOVIES



WONDER WHEEL (2017)



Saturday, March 18 | 1:30 pm & 4:00 pm

Cast: *Kate Winslet, Justin Timberlake, Juno Temple, Jim Belushi*

Four peoples' lives intertwine amid the hustle and bustle of the Coney Island amusement park in the 1950s: Ginny, an emotionally volatile former actress now working as a waitress in a clam house; Humpty, Ginny's rough-hewn carousel operator husband; Mickey, a handsome young lifeguard who dreams of becoming a playwright; and Carolina, Humpty's long-estranged daughter, who is now hiding out from gangsters at her father's apartment.

IN GOOD COMPANY (2004)



Sunday, March 19 | 1:30 pm & 4:00 pm

Cast: *Dennis Quaid, Topher Grace, Scarlett Johansson, Ty Burrell*

After years of working as an ad executive at a sports magazine, Dan Foreman is demoted and replaced with Carter Duryea, a rising star in the business world who is young enough to be Dan's son. Carter's business style leaves Dan shaking his head and wondering if the young man is ready for the corporate world. Dan's life is further complicated when he learns his wife is pregnant and Carter is dating his daughter, Alex.

THE GLENN MILLER STORY (1954)



Friday, March 24 | 1:30 pm

Saturday, March 25 | 6:30 pm

Sunday, March 26 | 6:30 pm

Cast: *James Stewart, June Allyson, Harry Morgan, Louis Armstrong*

Glenn Miller is a poor trombone player with dreams of fame. Eventually, through years of hard work and determination, he is able to start his own band, and they become one of the most successful groups of the big-band era. With a beautiful wife and one of the biggest songs in America, "Moonlight Serenade," Miller has it all. But at the onset of World War II, Miller enlists, giving up his fame and success to help entertain the troops stationed in Europe.

TROUBLE WITH THE CURVE (2012)



Saturday, March 25 | 10:00 am & 1:30 pm

Cast: *Clint Eastwood, Justin Timberlake, John Goodman, Amy Adams*

For decades Gus Lobel has been one of baseball's best scouts -- but now his age is catching up with him. Still, he refuses to be benched even though his bosses are questioning his judgment. Tasked with checking out the country's hottest batting prospect, Gus is forced to accept help from his daughter, Mickey. Though they haven't spent time together in years, father and daughter make new discoveries about their shared past, which could change their future.

CRAZY STUPID LOVE (2011)

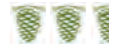


Sunday, March 26 | 1:30 pm & 4:00 pm

Cast: *Ryan Gosling, Emma Stone, Steve Carell, Julianne Moore*

Cal Weaver is living the American dream. He has a good job, a beautiful house, great children and a beautiful wife, named Emily. Cal's seemingly perfect life unravels, however, when he learns that Emily has been unfaithful and wants a divorce. Over 40 and suddenly single, Cal is adrift in the fickle world of dating. Enter, Jacob Palmer, a self-styled player who takes Cal under his wing and teaches him how to be a hit with the ladies.

VIVA LAS VEGAS (1964)



Friday, March 31 | 1:30 pm

Saturday, April 1 | 6:30 pm

Sunday, April 2 | 6:30 pm

Cast: *Ann-Margaret, Elvis Presley, Cesare Danova, William Demarest*

All musically gifted race-driver Lucky Jackson wants in Las Vegas is to score enough money for a new car motor so he can win the Grand Prix. When he encounters sexy swimming instructor Rusty, he considers staying around longer. After Lucky loses his winnings in the hotel pool, he's forced to remain in Vegas long enough to win back his dough -- but now he also wants to win the Rusty's heart. Unfortunately, so does his slick racing enemy, Elmo.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD

= GREAT = PERFECT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>March 2023</div>	<div>ABBREVIATIONS KEY</div> <div><div><div>● Thtr - Theater</div><div>● FDR - Formal Dining Room</div><div>● PAC - Performing Arts Center</div><div>● BR - Billiard Room</div><div>● Trans - Transportation</div></div><div><div>● HS - Hobby Shop</div><div>● SCR - Small Card Room</div><div>● A&C - Arts & Crafts Room</div><div>● LCR - Large Card Room</div><div>● WC - Wellness Clinic</div></div></div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 1</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:45 am ● <i>Travelers: Memphis Symphony (Trans)</i></div> <div>1:00 pm ● The Fabric Artists (Sunroom)</div> <div>1:15 pm ● Mah Jongg Lessons (LCR)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Your Place Or Mine (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Your Place Or Mine (Thtr)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 2</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Hawkeye (Thtr)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>8:30 am ● Water Aerobics (Pool) 3</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:30 am ● Cornhole (LCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Johnson & Johnson (Lobby)</i></div>	<div>8:00 am ● Men’s Christian Fellowship (LCR) 4</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:00 pm ● <i>The Piano Studio (Lobby/PAC)</i></div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	
<div>8:00 am ● Church of Christ Service (Chapel) 5</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 6</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Writing Group (Chapel)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Chair Yoga (PAC)</div> <div>10:30 am ● Billiards Group (Billiard Room)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 7</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:15 pm ● Tuesday Bridge Group (LCR)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Movie: Water for Elephants (Thtr)</div> <div>5:30 pm ● Tech Time (Sunroom)</div> <div>6:30 pm ● Movie: Water for Elephants (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 8</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:30 pm ● Garden Gro’ers (Greenhouse)</div> <div>1:00 pm ● The Fabric Artists (Sunroom)</div> <div>1:15 pm ● Mah Jongg Lessons (LCR)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Nomadland (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Nomadland (Thtr)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 9</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Hawkeye (Thtr)</div> <div>2:00 pm ● <i>Resident Association Meeting (PAC)</i></div> <div>6:15 pm ● <i>Orpheum: Ain’t Too Proud To Beg (Trans)</i></div> <div>6:30 pm ● Vespers (PAC)</div>	<div>8:30 am ● Water Aerobics (Pool) 10</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Al Mahan (Lobby)</i></div>	<div>8:00 am ● Men’s Christian Fellowship (LCR) 11</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Line Dancing (PAC)</div> <div>6:15 pm ● Saturday Night Trivia (Ante)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel) 12</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 13</div> <div>9:30 am ● Alterations (A&C)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:45 am ● <i>Travelers: Rock n Soul (Trans)</i></div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Chair Yoga (PAC)</div> <div>10:30 am ● Billiards Group (Billiard Room)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 14</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Movie: The Last Song (Thtr)</div> <div>6:30 pm ● Movie: The Last Song (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 15</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Caregiver Support Group (SCR)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>1:00 pm ● The Fabric Artists (Sunroom)</div> <div>1:15 pm ● Mah Jongg Lessons (LCR)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Enough (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Enough (Thtr)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 16</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Hawkeye (Thtr)</div> <div>3:00 pm ● Photo Club (LCR)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>8:30 am ● Water Aerobics (Pool) 17</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:30 am ● Cornhole (LCR)</div> <div>11:45 am ● St. Patrick’s Day Lunch (Dining)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>3:45 pm ● St. Patrick’s Day Dinner (Dining)</div> <div>6:00 pm ● <i>Music with Hank and Nora (Lobby)</i></div>	<div>8:00 am ● Men’s Christian Fellowship (LCR) 18</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel) 19</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 20</div> <div>9:00 am ● Smith Jewelers (SCR)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Tech Time (Sunroom)</div> <div>10:30 am ● Chair Yoga (PAC)</div> <div>10:30 am ● Billiards Group (Billiard Room)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 21</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:15 pm ● Tuesday Bridge Group (LCR)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Movie: The Founder (Thtr)</div> <div>6:30 pm ● <i>Family Feud Game Night (PAC)</i></div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 22</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:45 am ● <i>Travelers: Lenten Luncheon (Trans)</i></div> <div>1:00 pm ● The Fabric Artists (Sunroom)</div> <div>1:15 pm ● Mah Jongg Lessons (LCR)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Pursuit of Happyness (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Pursuit of Happyness (Thtr)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 23</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Hawkeye (Thtr)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>8:30 am ● Water Aerobics (Pool) 24</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Steve McGregory (Lobby)</i></div>	<div>8:00 am ● Men’s Christian Fellowship (LCR) 25</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:15 pm ● Saturday Night Trivia (Ante)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel) 26</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>3:00 pm ● <i>A Gift of Music (Lobby)</i></div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 27</div> <div>9:30 am ● Alterations (A&C)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Chair Yoga (PAC)</div> <div>10:30 am ● Billiards Group (Billiard Room)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 28</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Book Baggers (PAC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● <i>Lunch Bunch: Dyer’s Cafe (Trans)</i></div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Movie: My Girl (Thtr)</div> <div>6:30 pm ● Movie: My Girl (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool) 29</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>1:00 pm ● The Fabric Artists (Sunroom)</div> <div>1:15 pm ● Mah Jongg Lessons (LCR)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: The Sting (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: The Sting (Thtr)</div>	<div>8:30 am ● Men’s Water Aerobics (Pool) 30</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Cardio Move & Strength (PAC)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:15 pm ● Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Hawkeye (Thtr)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>8:30 am ● Water Aerobics (Pool) 31</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with IRIS (Lobby)</i></div>	

March 2023 EVENTS

Mar 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Mar 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Mar 1: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Mar 1: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Mar 1: Travelers: MSO

We're going to the orchestra! Join the travelers for an afternoon concert featuring the Memphis Symphony Orchestra with lunch at Venice Café beforehand. To reserve your spot, bring \$10 to Resident Programs. We will meet in the lobby at 10:45 am the day of the trip. Don't forget your lunch money!



Mar 1: The Fabric Artists

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Mar 1: Mah Jongg Lessons

If you attended the MahJongg interest session and signed up for lessons this is for you! Don't forget that we will meet in the LCR each Wednesday at 1:15 pm.

Mar 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Mar 1: Your Place or Mine?

When best friends and total opposites Debbie and Peter swap homes for a week, they get a peek into each other's lives that could open the door to love. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Mar 1: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Mar 1: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

Mar 2: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Mar 2: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 11:00 am on Tuesdays and Thursdays.

Mar 2: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Mar 2: Line Dancing

Line Dancing will be held every Tues-

day and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

Mar 2: Mini-Series: Hawkeye

In the new frontier, French and British forces battle for a stronghold in the Hudson Valley. Facing savage dangers and rugged terrain, Elizabeth Shields and her husband William have come to Fort Bennington to open a trading post in support of the British forces, leaving behind the comfort and security of the old world. Showing every Thursday at 1:30 pm in the theatre.



Mar 3: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Mar 3 & 17: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake or LCR (weather dependent) at 10:30 am for a fun time.

Mar 3: Music with Johnson and Johnson

Together John Johnson and Jay Johnson bring Gospel Music to your community. Join them in the lobby at 6:00 pm for a wonderful evening of music.

Mar 4: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Mar 4: Piano Studio

Come and hear the wonderful piano students of Lisa Ramirez. There will be music in the PAC and Lobby from 1:00 pm – 5:00 pm. Come and go as you please!



Mar 6: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the chapel at 10:00 am.

Mar 6: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Mar 6: Chair Yoga

Chair yoga is a gentle form of yoga that can be done while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

Mar 6: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

Mar 6: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30pm. Cards are \$1 to play, limit 2 cards per person.

Mar 7 & 21: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Mar 7: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Mar 7: Water for Elephants

Set in the 1930s Depression era, a former veterinary student takes a job in a travelling circus and falls in love with the ringmaster's wife. Show times are 1:30 pm and 6:30 pm in the theatre.

Mar 7 & 20: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Mar 8: Garden Gro'ers

Join us as we get ready for spring!! We hope to see you in the Greenhouse at 10:30 am.

Mar 8: Nomadland

A woman in her sixties, after losing everything in the Great Recession including her husband, embarks on a journey through the American West, living as a van-dwelling modern-day nomad. Show times are 1:30 pm and 6:30 pm in the theatre.



Mar 9: Resident Association Meeting

Come out to the PAC at 2:00 pm for our next meeting. We will have our normal business meeting followed by speaker Dick Cokrell. He is a tour guide in Memphis and will be presenting on Memphis Music History. We hope to see you there!

Mar 9: Orpheum: Ain't Too Proud to Beg

Ain't Too Proud – The Life and Times of The Temptations is the electrifying, new smash-hit Broadway musical that follows The Temptations' extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. Join us on the bus and head to the musical! Be sure to sign up by bringing \$5 to the Resident Programs office and obtaining your ticket from the Orpheum box office. We will meet in the lobby at 6:15 pm the day of the trip.

Mar 10: Music with Al Mahan

A man and his guitar! Come join Al Mahan for a wonderful evening of music in the lobby. The performance kicks off at 6:00 pm.

Mar 11 & 25: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Arts and Literature – English or American. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Mar 13 & 27: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Mar 13: Travelers: Rock n' Soul

Join the Travelers Group on our TOUR of the Rock n Soul Museum. The museum tells the story of the rebellious musical pioneers who, for the love of music, overcame barriers to create the sound that changed the world forever! Sign up by bringing \$18 to Resident Programs. Don't forget your lunch money the day of as we are heading to Blues City Café for lunch! We will meet in the lobby at 9:45 am the day of the trip.

Mar 14: Birthday Meal

Attention March birthdays! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate your birthday. Please be sure to turn in your reservation form to the Resident Programs office by March 9 to secure your table.

Mar 14: The Last Song

A rebellious teen and her brother are shipped off to spend the summer with their recently divorced dad- but just when she is ready to sulk away for the season, love arrives! Show times are at 1:30 pm and 6:30 pm in the theatre.



Mar 15: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Mar 15: Enough

To escape an abusive marriage, a mother goes into hiding with her child- but when her obsessive husband tracks her down, she must fight for her life. Show times are 1:30 pm and 6:30 pm in the theatre.



Mar 16: KP Photo Club

Join the Photo Club to learn tricks and techniques to take better pictures on your phone. We meet at 3:00 pm in the Large Card Room.

Mar 17: Music with Hank and Nora

Hank and Nora sing and play guitar, performing classic country, gospel, vintage standards, and Memphis music. They enjoy performing, 1940s Frank Sinatra and Texas swing, classic country such as Hank Williams and Patsy Cline, Beatles, songs of the 1960s, and Memphis music including Elvis and Johnny Cash. Music begins at 6:00 pm in the Lobby.

Mar 20: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Mar 21: The Founder

After a fateful encounter with the McDonald's brothers, struggling salesman Ray Kroc becomes driven to change the way hamburgers are made and sold. Show time is 1:30 pm in the theatre.

Mar 21: Family Feud Game Night

Survey says....Family Feud is coming to KP. We have surveyed the masses. Do you think you can guess the top answer? 6:30 pm in the PAC.

Mar 22: Travelers: Lenten Lunch

Come with the Travelers to Calvary Episcopal Church's Lenten Preaching Series. This year we'll be listening to the Rev. Barbara Brown Taylor, best-selling author, teacher, and Episcopal priest. Before her retirement she not only served three congregations in Georgia but also taught Religion and Philosophy at Piedmont College. Sign up in Resident Programs by brining \$5. FIRST we'll eat at the Waffle Shop, so don't forget your lunch money. We will meet in the lobby at 10:15 am the morning of the trip.

Mar 22: Pursuit of Happyness

A newly single father determined to life himself and his son out of poverty works his way up from the bottom at a stock brokerage firm. Based on a true story. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Mar 24: Music with Steve McGregory

Steve McGregory is a solo singer and pianist. His performance ranges from Jerry Lee Lewis-style on the piano to old-fashioned country, gospel and rock-and-roll. Join him in the lobby at 6:00 pm!

Mar 26: A Gift of Music

Come out to the lobby for a gift of music present by the family of Ede Bengtson. This is a don't miss performance! Music will begin at 3:00 pm.

Mar 28: The Book Baggers

"Woman of No Importance" by Sonia Purnell, will be the focus of our discussion in the PAC, February 28 at 9:30 a.m. Virginia Hall, the American spy, was described by the Gestapo as "the most dangerous of all Allied spies." She became the first Allied woman deployed behind enemy lines and--despite her prosthetic leg--helped to light the flame of the French Resistance, revolutioniz-

ing secret warfare as we know it. "Woman of No Importance" may become your favorite of all the WWII books you have read. Bring a friend and join us in the PAC at 9:30 am.

Mar 28: Lunch Bunch: Dyer's Cafe

Come hop on the bus as we head to Dyer's Cafe. Dyer's is a rustic setting with world famous burgers and great milkshakes. Sign up in Activities by brining your \$5 transportation fee. We will see you in the lobby at 11:00 am the day of the trip.



Mar 28: My Girl

A spirited young girl on the threshold of her teen years finds her life turning upside down when her widowed dad falls for something new. All the while she is accompanied by an unlikely friend. Show times are 1:30 pm and 6:30 pm in the theatre.

Mar 29: The Sting

A rookie grifter and veteran con man plan to fleece a homicidal racketeer through a phony racetrack scam in 1930s Chicago. Show times are 1:30 pm and 6:30 pm in the theatre.



Mar 31: Music with IRIS

The Iris Artist Fellows Duo, featuring Pedro Maia on violin and Gabriel Hightower on cello, specializes in bringing an eclectic mix of music to the concert hall and beyond. Join them for music in the lobby at 6:00 pm!

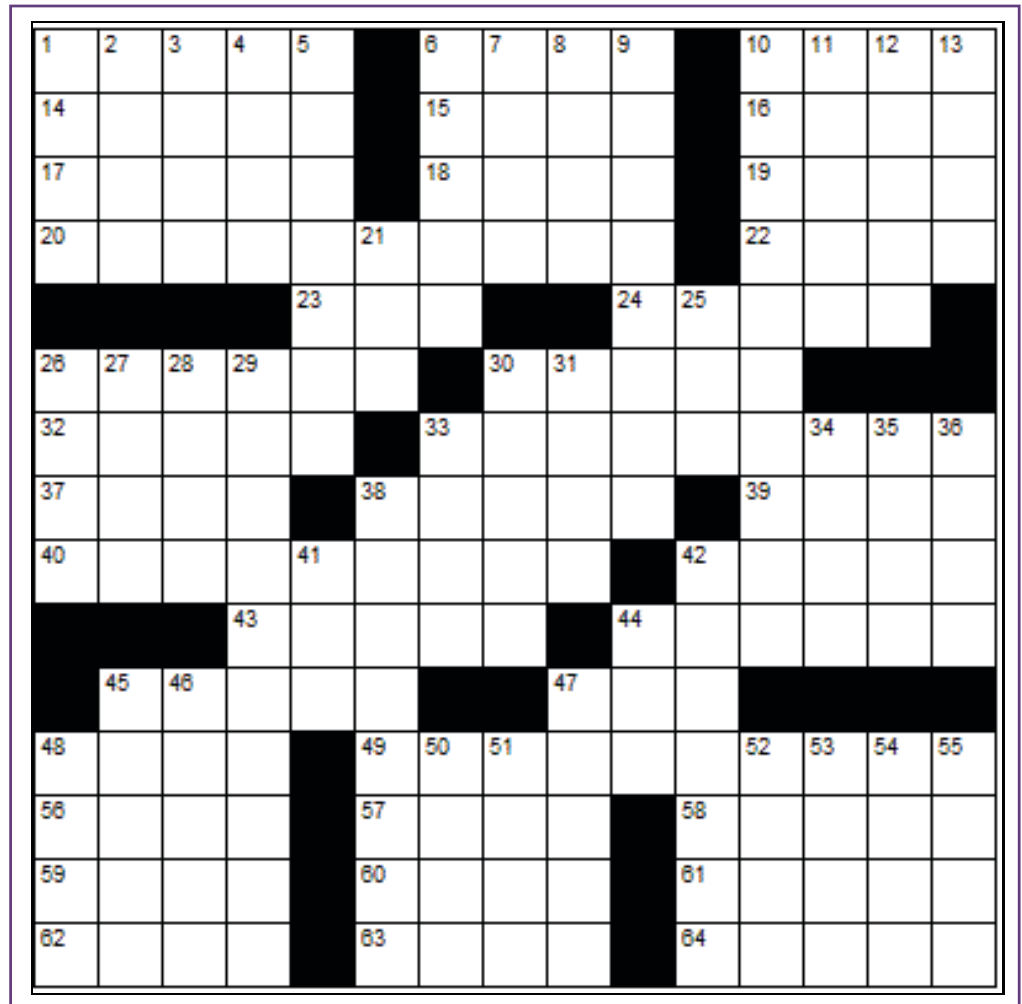
PUZZLE CHALLENGE | Giant Crossword

ACROSS

1. Protrusion
6. Prospector's find
10. Small city
14. Pertaining to Arius
15. Cain's brother
16. A Great Lake
17. Finger jewelry
18. Heap
19. Poi source
20. Relating to predetermination
22. Adolescent
23. Air hero
24. Prickle
26. Jettison
30. Fortuneteller's card
32. Tequila source (see photo for hint)
33. Brightness
37. Loathsome
38. Style of building columns
39. Dregs
40. Alienated
42. Trades
43. Woody plants
44. Tortoise
45. Different
47. Not hers
48. Aspersions
49. Lively Italian dance
56. Luxury car
57. Colored part of the eye
58. Primp
59. Affirm
60. Parental sister
61. Go-between
62. Anagram of "Rent"
63. Prefer
64. Scandinavian

DOWN

1. Vomit
2. Murres
3. Fluff
4. Crazy
5. Force into servitude
6. Oversight
7. Death notice
8. Sandwich shop
9. Sometimes, it means "Exciting"
10. Abstainer from alcohol
11. Command
12. Broaden
13. A noble gas
21. Frozen water
25. Term of endearment
26. All-night party
27. Sponsorship
28. Kiln-dried barley
29. Forced out
30. Melodies
31. In the center of
33. Opera house box
34. Uncluttered
35. Prison room
36. Being
38. A type of physics force
41. Form of "to be"
42. Sweeper's need
44. Can
45. Martini garnish



46. An abnormal growth
47. Undue speed
48. Thin strip
50. African sheep
51. A sheet of ice for curling
52. Therefore
53. Lascivious look
54. Focusing glass
55. Anagram of "Neat"



Puzzle Solutions - page 23

PICTURING LIFE AT KIRBY PINES

BINGO, BIRTHDAY, VALENTINES & CHARLIE DAY



Walter Overbey and George Courington calling Bingo.
Photo by Stuart Eyman.



Joy Wernet calls BINGO! with a winning card. Photo by Stuart Eyman.



Bill Ramia celebrates his February birthday with his wife, Gay.



Shirley Anderson looks gorgeous in her Valentine's red.



Sydney Wagner and Fran Gentry help out the Marketing Team for their event.



Michelle Vincent and Jim Gordon greet guests outside the Valentine event.



Donna Griffin is all smiles at Charlie Day with her homemade biscuit.



Sue Postlethwaite tries some jam from Charlie's hometown.



Roy Thurmond takes a bite from his biscuit while it's still warm.

PICTURING LIFE AT KIRBY PINES

CHARLIE DAY AND THE ENTERTAINERS



Janice Collier loves breakfast for dinner.



Pat McCarty looks like he is ready for seconds!



Paula Cweikel seems to be having a good time at Charlie Day, too.



Joan Dodson directs The Entertainers during their recent program.
Photo by Stuart Eyman.



The men's quartet; Chuck Hanson, Leon Sanderson, Richard Cheek and Eric Wigg. Photo by Arrena Cheek.



Flo Seward joins the audience in song.
Photo by Stuart Eyman.



Leon and Marilyn Sanderson perform a duet. Photo by Stuart Eyman.



Paula Hanson congratulates her husband, Chuck, on a wonderful performance.

PICTURING LIFE AT KIRBY PINES

BRIDGE CLUB AND MARDI GRAS



This month's bridge winners are Travis Thornton and Alice Wherry.
Photo by Steve Martin



Carolyn Schwam looks beautiful in her Mardi Gras boa.



Martha and Buddy Pugh are always ready to have a good time!



Ruth Ann and Larry Weatherington wearing the Mardi Gras colors.



Sara and Charlie Burns snap a pic at our Mardi Gras Photo Booth.



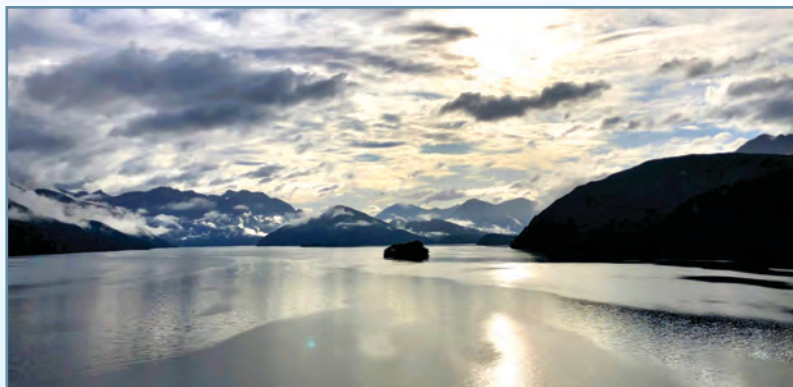
Caroline and Neil Lloyd look like they are ready to hit Bourbon Street.



Bettye and Tracy Speake are ready for the Mardi Gras Ball.



The Line Dancers are ready to Let the Good Times Roll on Fat Tuesday!

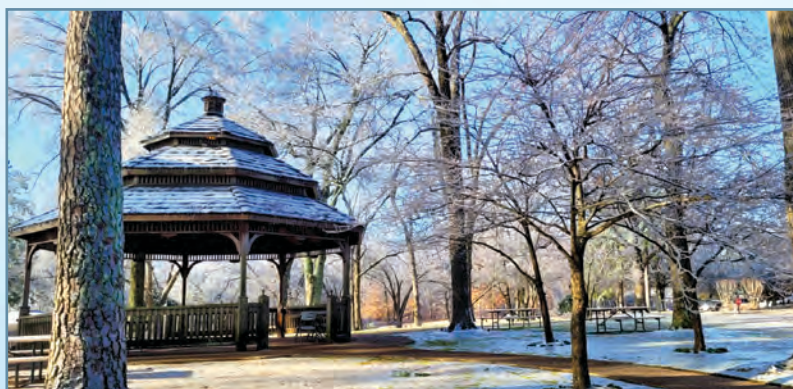


Dusky Sound New Zealand Photo by Dale Jones

KIRBY PINES PHOTO CLUB

Join us if you are looking for a fun and unique way of expressing your creativity.

March 16th at 3:00 pm in the LCR



Rule of Thirds Photo by Connie Carter



Three Generations Photo by Sydney Wagner



Who Is That Masked Woman?
Photo by Arrena Cheek



Heron In Flight
Photo by Stuart Eyman



Baby Goat Cuddles
Photo by Fran Gentry



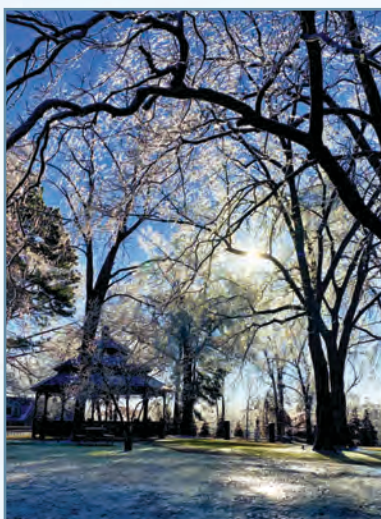
Frozen Evergreen
Photo by Sylvia Statham



Baby Bunnies
Photo by Carolin Thomason



King Cake Baby Found!
Photo by Jane Longfield



Icy Campus
Photo by Fred Dabrowski



Laissez Les Bons Temps Rouler
Photo by Sheryl Maxwell

Memorials, Honorariums & Gifts

In Memory Of

BARBARA BURKE

Donation by KP Residents Association
to the Library

Donation by Mary Stagg
to the Employee Fund

Donation by Joe & Shirley Brooks
to the Employee Fund

HAROLD PETTY

Donation by Anonymous
to the Hobby Shop

ROGER HLADKY

Donation by KP Residents Association
to the Entertainers

Donation by Joe & Shirley Brooks
to the Employee Fund

BETTY BLAKE

Donation by Joe & Shirley Brooks
to the Employee Fund

In Memory Of

VAN CONAWAY

Donation by KP Residents Association
to the General Fund

ANNE PHILLIPS

Donation by KP Residents Association
to the General Fund

MARY ANN DIAMOND

Donation by KP Residents Association
to the General Fund

NELL SHEARS

Donation by Carol Odom
to the General Fund

Donation by Joe & Shirley Brooks
to the Employee Fund

Donation by Peggy Hogan
to the Ballroom Dancers

Donation by George Courington
to the Ballroom Dancers

In Honor Of

STEVE TITTLE

Donation by Joyce Read
to the Hobby Shop

MARY ANN & ROY THURMOND

Donation by Janice Wall
to the Book Baggers

DAN MOFFETT

Donation by Joy Wernet
to the General Fund

JERRY DUNNAM

Donation by Joyce Read
to the Pinecone Painters & Fiber Artists

Gifts To

THE HOBBY SHOP

Donations by William Douglas

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AND HAPPENINGS
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FACEBOOK PAGE!**

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and search
Kirby Pines!



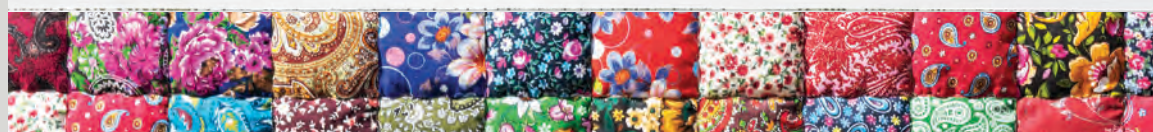
Pinecone Painters & Fabric Artists

Elsie Bloodworth | Jerry Dunnam | Suzanne Hufnagel
Barbara Logan | Sarah McCallum | Marilyn McCormick
Walter Overbey | Phyllis Petersen | John Sosh
Carolyn Thomason | Bobby Thompson | Jeannie Valentine
Alice Wherry | Jack Williams



Jerry Dunnam encourages everyone to come and have fun, there is no competition. She thanks all of those who have given funds to help buy supplies. Jerry is pictured here with Dorsey Faulkner, who began painting after moving to Kirby Pines in 2021 and has made a profound difference in her well being and in her life.

The Pinecone Painters Meet Wednesday's at 10:00 am in the Arts & Crafts Room and the Fabric Artists Meet at 1:00 pm in the Sunroom



GIANT CROSSWORD



**ANSWERS TO PUZZLE
CHALLENGE ON PAGE 17**

**Here Is
Kirby Pines'
Rehab Provider**



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

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369-7311



Pinecone Painters & Fabric Artists



See Page 22 for Names and Meeting Times for These Talented Groups!



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