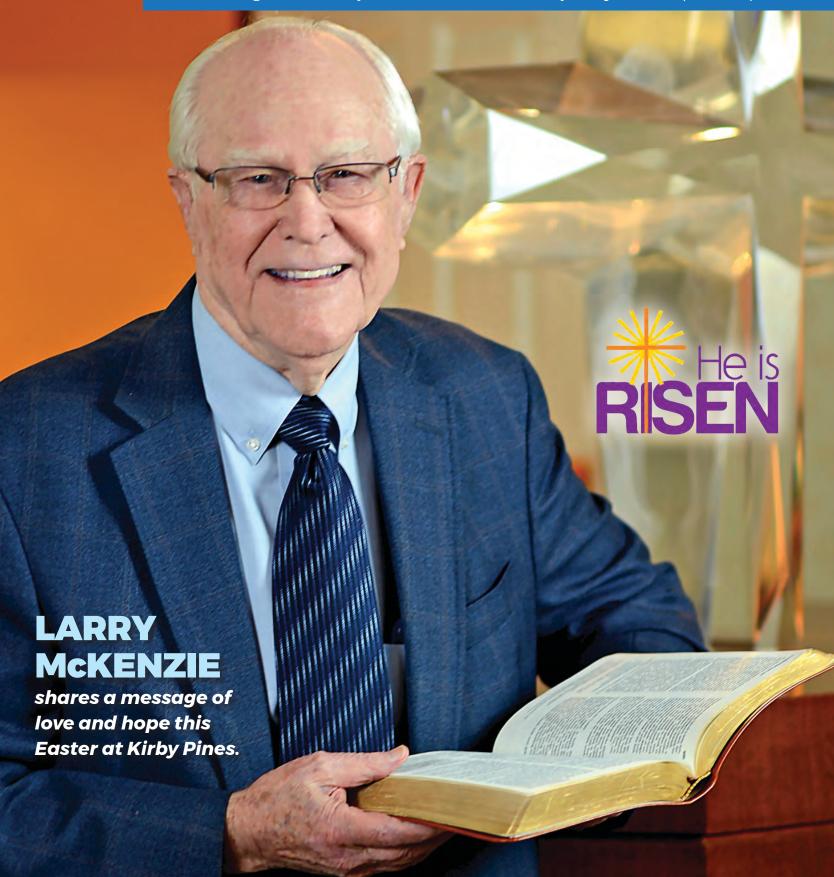
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The Magazine of Kirby Pines LifeCare Community • April 2023 V. 41



Cherishing Easter Memories

Happy Easter everyone! The community and grounds look so festive with all the blooming spring flowers and many Easter Lilies growing in pots and gardens.

As we prepare for this holiday, I asked a few employees to tell me about some of their special memories surrounding Easter. As you would imagine, many began by telling me a story that had to do with going to church with their family.

Martha Fitzhugh, Resident Services Coordinator, showed me a picture of her in a dress her mother lovingly made for her at age three. You can tell in the photo that Martha is loving proud of not only the dress but of the fluffy white bunny purse she is holding.

Calvin Sims, Director of Security, shared with me that his mother died when he was just four years old, and when Easter came around his brother and sister bought him a white suite to wear to church. Afterwards they took him on an Easter Egg hunt. To this day this is one of his happiest Easter memories.

at Kirby Pines

Of course, not all memories involved a trip to church on Easter Sunday. I can recall the first time I received a chocolate bunny. It was huge, or so I thought and I didn't know where to take the first bite. The ears, the feet, the nose? Although I don't recall where I started, or how long it took me to devourer the bunny, I am reminded of it every day, as that photo of me, my sister and mother has been in my office these past 20 years.

Happy Easter Everyone!



Michael Escamilla. Executive Director. Kirby Pines

Michael with his sister and mother on Easter

ON THE PINECONE COVER

Christ is the Reason for the Season at Kirby Pines

April is upon us and we've already had our share of showers this spring, but things are blooming all around us. Our Photo Club this month was tasked with capturing just that - see page 21 for some of their beautiful poitures!

With the weather getting nicer, the Travelers are taking a Tulip Tour on the 5th and then heading down to Oxford, Mississippi on the 19th to explore this fabled southern town. Lunch Bunch is going to brunch at the new Sunrise Memphis on the 25th. And if you need to do some spring cleaning, gather your items to clear some space at our Spring Rummage Sale on the 27th. The big event, however, is the return of our Easter Egg Hunt down by Lake Latimer on the 8th. Make sure to invite the family and have some fun!

With Easter falling on Sunday, April 9th, our front cover features Larry McKenzie outside the Eva Christie Trammell Chapel. Larry is a godly and humble man who lives to serve others and has done so throught his entire life.

Our back cover was taken inside the Chapel with Sally Coleman and Suzanne Hufnagel. Sally has been scheduling our Thursday Vespers services

and Suzanne recently conducted a several week long women's Bible study class. They are not only strong in faith, but are also good friends.

Happy Easter, everyone.

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?"

– John 11:25-26



Spring Is Here! Photo by Sylvia Statham

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NEW RESIDENTS





We want to welcome Ernie and Laura Leuenberger to Kirby Pines. They have moved from Oak Ridge North, Texas, a suburb of Houston. Married for 48 years, they are the parents to three sons; Eric, Bryan, and Josh. They are also the proud grandparents to nine grandchildren.

Ernie and Laura graduated from the University of Southern Mississippi in 1975. Ernie majored in business and had a 46 year career in oil and gas administration.

He worked with Amoco and Anadarko as a supervisor. Laura's degree was in education and she was a kindergarten teacher for 24 years.

Ernie's interests are in retirement/financial planning and investment strategies which keep him busy. He also is a collector of Morgan and Franklin silver coins and Lionel O-Scale trains. Laura's life is quite busy with her love of card making and Bible art journaling. She is very creative and shares her craft by teaching classes.

Laura experienced traveling at a young age when her father was stationed in England for 3 years. She also visited Norway and France. Laura and Ernie have been on cruises to the Caribbean, Alaska and Hawaii.

The Leuenbergers are very proud of their careers and their family. Now, they have chosen Kirby Pines for the latest chapter in their lives. You have probably met this friendly couple because they are already very involved in our Kirby lifestyle. Glad you're here!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Marty McKee

Martha "Marty" McKee moved to Kirby Pines from her former home in Germantown, Tennessee. She is almost a lifelong Memphian, only living elsewhere when her late husband, Jim, was in the U.S. Army.

She and Jim were high school sweethearts at Treadwell High School, marrying after he graduated from Vanderbilt University. They were married for 60 years.

At Treadwell, Marty was named the "Neatest Girl" in the senior class. Upon meeting her you will find she is a neat lady.

Marty served as one of the original hostesses at Baptist Hospital on Madison Avenue, working in patient relations. She later worked at Memphis Light Gas and Water in customer relations.

Before moving to Kirby Pines, Marty had a collection of dolls but in the process of downsizing she only kept a special China doll made by a friend with Marty's blond curls.

Art is Marty's special talent. Her paintings are outstanding and she has many of them displayed in her new Kirby Pines home. She is especially proud of winning an art award at Louisiana State University for one of her paintings.

You'll want to find Marty and give her a warm Kirby welcome. She is looking forward to making new friends and getting involved in our resident programs.



Exercise is crucial if you have arthritis. But knowing just how much activity to do when you're hurting can be tricky. Research shows that moderate activity can help prevent the progression of arthritis and improve overall function. But while mild muscle soreness after a workout is normal, sharp pain during or immediately after can signal injury. And sometimes simply the fear of pain can keep you from wanting to do any kind of exercise. Here's how to determine when it's OK to work through exercise pain – and when it's not.

If you have mild to moderate pain in a specific joint area before you work out: Some mild pain is typical when you first start to move, but after a few minutes you'll usually start to feel better, says A. Lynn Millar, PhD, a professor of physical therapy at Winston Salem State University. "Our joints and muscles get nutrition through movement," she explains. "With some movement, you'll improve the lubrication and circulation around that joint." Start with some gentle range of motion movements and if that feels OK, progress to some low-impact activity like walking.

If you have moderate to severe pain in a specific joint area before you work out: Focus on a different area for a day or two. If your knees hurt, decrease the intensity. If the pain becomes worse, then stop the lower body moves and work your upper body instead. "Continuing to put pressure on a joint when it's especially sore could contribute to joint damage, so it's best to ease up for a while," says physical therapist Richard Kassler, supervisor at New York University Hospital for Joint Diseases.

If you have moderate to severe joint pain during exercise: Stop immediately. "Most people with arthritis can work through mild pain safely. But if you're experiencing a lot of pain while you exercise, even if you're not doing a particularly joint-taxing workout, it may be a sign that you have inflammation in the joint, or even joint damage that requires treatment," says Kassler.

If you consistently have joint pain (not muscle pain) after exercise: Switch to a workout that puts less pressure on your joints. "If you need an elaborate brace or have to pop ibuprofen constantly, it's a pretty good sign that your activity is too hard on your joints. Swimming, water aerobics and biking are all good options for people with joint pain.

If you occasionally have moderate to severe joint pain the day after you work out: Cut back on the intensity of your workout. Take a day off, then do a shorter, less strenuous workout. If your pain still doesn't let up, switch to a less intense form of exercise, such as trading your elliptical workout for water aerobics.

Our exercise classes in the pool and in the PAC are good for everyone whether they have arthritis or not. Please consider joining us. See the schedule for times and places.



Monday/Wednesday/Friday

Advanced Water Aerobics Resident Led / Kim Roberts

8:30 am - 9:30 | Pool 9:30 am - 10:30 am | Pool

Exercise in the PAC Resident Led 9:30am | PAC/Live TV

Chair Yoga with Kim Roberts

Monday Only 10:30 am | PAC/Live TV

Tuesday/Thursday

Men's Water Aerobics Resident Led 8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim Roberts 9:30 am - 10:15 am | Pool

Cardio Move & Strength with Kim Roberts 10:30 am - 11:15 am | PAC/Live TV





Finding Your INNER ARTIST



What is art? Is it a famous painting hanging in a museum, song lyrics of your favorite song, or a hand-drawn card from a grandchild? Art is an expression that stimulates an individual's thoughts, emotions, beliefs, or ideas through the senses – so, the famous painting, song lyrics, and hand-drawn card are ALL examples of art.

There are many health benefits to being artistically creative. Studies have shown that expression through art can help with depression, anxiety, and stress. In addition, it has also been linked to improving memory, reasoning, and resilience. Don't worry, you don't have to be Picasso to reap the health benefits! It's the ACT of creating art that is beneficial, not the artwork itself, and there are many ways to get creative, such as through: poetry, painting, pottery, music, and dance, just to name a few.

Let's look at some of the benefits of art:

Relieves Anxiety and Stress – Engaging in artmaking can significantly reduce cortisol ("stress hormone") levels in the body. Why? Creating art is like meditation – it forces the mind to slow down, focus on the details, and block out distractions. Painting, sculpting, drawing, and photography are relaxing and rewarding, and they can leave you feeling mentally clear and calm. Creating art provides a distraction, giving your brain a break from usual thoughts.

Maintain Fine Motor Skills – Small muscles in the fingers, hands, and wrists are utilized during art creation. These motions, such as holding a paintbrush or pencil, molding clay, or writing poetry, are great for maintaining fine motor skills.

Socialize and Connect – Art programs provide a community with an opportunity for attendees to share a similar purpose and commitment. You can connect with neighbors over your love of arts and crafts, or your interest in trying a new hobby. If group events don't interest you, consider getting together with family or friends and work on something together! You get the same benefits, but in a more intimate setting.

Not an artist? That's ok! Does the idea of a blank canvas intimidate you, but you still want to give art a try? Consider starting off with a paint-by-number or coloring book instead. These allow for creative choices on which colors to choose and allow for artistic independence but provide some guidance.



Art has a positive effect on both the brain and the body. You may find the addition of art into your routine can have a positive impact on your mental and physical health. If you aren't already attending, try out the Poetry Group, Hobby Pines Group, or the Pinecone Painters to get started! If you are unsure of where to get started, our therapy team at Kirby Pines can help bring the fine motor skills used in creating art into your rehabilitation experience. For more information on the benefits of art or to learn more about therapy and how it can benefit you, please contact the Functional Pathways Therapy Team.



EXQUISITE CUISINE

Thursday, April 27, 2023



BEEF FILET

Starting with a beautiful Beef Filet, we season and cook it to perfection.
We then pair it with Saffron Risotto and Multi-colored Carrots.



MOREL BISQUE

Starting the meal off with a creamy and velvety smooth bisque made from freshly gathered Morel Mushrooms and finished with a dollop of seasoned Sour Cream.



FLANK STEAK ROULADE

Rolled and tied, stuffed with Arugula, Cherry Tomatoes and Seasonings, cooked beautifully and finished with a drizzle of Aged Balsamic Vinegar and Extra Virgin Olive Oil.



CHOCOLATE OVERLOAD

Chocolate
on Chocolate
on Chocolate.
Complete
Chocolate decadence.

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TRUE LOVE AT FIRST SIGHT

Someone was recently heard saying, "Joe and Shirley Brooks are a beautiful couple." They then quickly revised that by adding, "Actually, Joe is cute, but Shirley is the beautiful one!" To know Joe and Shirley is to acknowledge that together they are a beautiful couple. According to both Joe and Shirley, their marriage of 66 years has been one of love and commitment. "We enjoy teasing each other, and we never go to bed angry," offers Joe. "And, we always kiss goodnight," adds Shirley. It seems providential that they would find each other.

Joe was born in Memphis, Tennessee, in 1932. He was 12 years old when his sister was born and 24 years old when his second brother was born! "I had just been discharged from the Navy and came home to a new brother!" exclaims Joe.

As an only child for 12 years, Joe says it would be hard to imagine his childhood as being any better. "My mother was the ideal mother, and I spent most of my time with my grandfather. Papa was an engineer for Southern Railroad and had short, local routes. I was a frequent passenger as well as accompanying him wherever he went."

For his elementary education, Joe attended the Campus School at Memphis State University, graduating from Messick High School in 1951, where he played football and ran track. He attended Memphis State for two years before being drafted into the Navy. Following his discharge from the Navy, Joe returned briefly to Memphis State but decided to work in his father's business, Brooks Oil Company which was started in 1939. Joe would spend his entire work life in this business, taking over from his father when he retired. The business grew until they were providing oil to several truck lines and service stations, several of which, they also owned. Joe retired in 1991.

Shirley Smith was born in East St. Louis, Illinois, in 1934. She, like Joe, was 12 years old before her first sibling, a sister was born. A brother would soon join the family. After the family moved to Memphis, she attended the Campus School at Memphis State for her elementary years, graduating from Treadwell High School in 1952. During her high school years, she played basketball. "I was always placed under the basket and was nicknamed 'Long Arms,'" says Shirley. "However," she continues, "Music was my life. I sang many solos at Bellevue Baptist Church and at weddings and funerals. I sang at my high school graduation. I enjoyed

Resident Spotlight:Joe & Shirley Brooks

singing on a radio show on WMC called 'Young America Sings.' I recall vividly the emotional time I sang 'O Holy Night' on television one Christmas Eve."

Following graduation from high school, Shirley could not afford to go to college; so she began working for Union Planters Bank and Sears Roebuck & Company. "My career ended when I met Joe. A blind date was arranged by one of Joe's friends. We went to see 'Holiday on Ice' at Ellis Auditorium, and it was 'love at first sight.' We were engaged by our third date and married four months later on July 5, 1957, at Bellevue Baptist Church, Dr. Lee officiating." According to Joe, "July 4, 1957, was my last independent day!"

After their marriage, Shirley became secretary to Joe at their oil company. She retired when she became pregnant with their first child, eventually becoming a mother to three: John, Ted, and Natalie. Their first home was on seven and one-half acres in Nesbitt, Mississippi. Shirley says she enjoyed mowing an acre on their John Deere mower. Joe "bush-hogged" the remaining land. There was a garden with many vegetables preserved for the winter months. "I really enjoyed this life," says Shirley. But, with driving three children to school and all of their activities, they soon found it necessary to make a change. "We moved to Germantown and lived there for 43 years. Our house had a game room and a pool table, so our house was always filled with our children's friends." In 2008, Shirley served as chaplain of the local Republican Women's Organization.

The family enjoyed extensive travel, visiting all states, (except Alaska), and twelve European countries. The Hawaiian Islands were visited twice; however, the most fun and relaxing times came with their trips to Disneyland, Disneyworld, and Florida beaches.

Joe and Shirley moved to Kirby Pines on September 15, 2021. "We wanted to give our children peace of mind in addition to not having yard work and having to cook. We love living at Kirby. There is no reason to be bored; there is something for

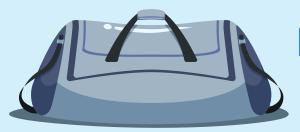


Wedding Day 1957

everyone. The grounds are beautiful, and the residents and staff are so friendly and helpful." As members of Germantown Church of Christ, they attend Sunday services as well as the Thursday morning Bible class. Joe spends much of his time on the computer, still managing some business details. Shirley sings with the Entertainers Chorus, helps mail out the Pinecone Magazine, and stays busy helping others when she becomes aware of a need. Their family now includes six grandchildren and one great-grandchild.

Yes, their marriage is a strong and loving relationship. Joe gave Shirley the ultimate gift on her 40th birthday when he put an advertisement in the *Commercial Appeal* which read: "Will trade a 40-year-old wife for two in their 20s. Happy Birthday, Joe."

Written by Joan Dodson, Resident of Kirby Pines



IFE IS UNPREDICTABLE. ALWAYS PREPARE FOR THE BEST AND WORST.

Recently, I had occasion to be admitted to one of our local hospitals with chest pain. As it turned out, I only had to stay overnight so that diagnostic tests might be completed.

Returning home, I realized that I had been caught completely unprepared for a hospital stay ~~ even for overnight.

So I began to prepare for any subsequent, unplanned emergent trip ~ be it to the hospital or to the other side of the state. The result: my GO BAG (I watch NCIS). First I went to Walmart and bought a small suitcase. I chose an 18" Pilot Bag. It has wheels and a pull handle.

CONTENTS

- 1. Names and phone numbers of my doctors
- 2. A list of all medicine I take Note: I plan to take my daily meds in the 1 week boxes with me
- 3. I will take my purse

ID cards

Contact number of my family (son and daughter) Glasses

Phone and charger

- 4. 2 changes of underwear
- 5. A toothbrush and small tube of tooth paste
- 6. A small comb, brush, hairpick and shower cap
- 7. Basic cosmetics (in small containers)
- 8. Warm pajamas, socks and light robe
- 9. Bible, devotional book, novel
- 10. 2 packets peanut butter crackers
- 11. About 5 -\$1 bills or equivalent change (quarters) to go to Coke machine (if allowed to have food & drink)

I suggest that if you use an assist device to walk - walker or cane take it with you. (It could take 1-2 days for the hospital to arrange for you to have one of theirs).

And while I am on the subject, should you be admitted to the hospital (any hospital), I highly recommend that you have an advocate with you most, if not all, the time. This person can help you hear and understand instructions and ask questions to clarify what is said. He or she can make sure you are as comfortable as possible. They should keep an eye out for your needs. (Hospitals these days seem to be short-handed. Sadly, it appears that attention to detail often is lacking.) So it frequently falls to the patient's family or friends to pick up the slack. Twice in the past year, I have observed the patient's call button placed far out of the patient's reach. When a real need arose, there was no way to call for help.

This information is not meant to frighten anyone but to help us to be be prepared before a need arises. Your patient advocate should also have his or her own GO BAG.

Last words about the GO BAG.

Keep it small.

Keep it ready: Don't borrow from it.

Keep it accesible (so anyone can find it).

On your way out to the hospital: Grab your purse with phone & charger, glasses. Etc. or wallet and your medication.

Written by Resident, Anne Carter

Congratulations to our **CHAMPION of the Month**

Assistant Resident Programs Coordinator

RACHEL WARD

Describe Your Family: I am the only girl in the middle of four. I have a sweet niece who is fun loving. Describe yourself in five words: Kind, caring, silly, honest, loving

What do you do for fun: Playing table top and online games. Hobbies: Journaling & playing flute. What is your favorite thing about your job: Meeting different people from all walks of life.

Do you have a pet?: I have 3 cats and 3 dogs.

What is your favorite food: Queso Dip & Chips. Favorite Song: Mr. Brightside by the Killers.

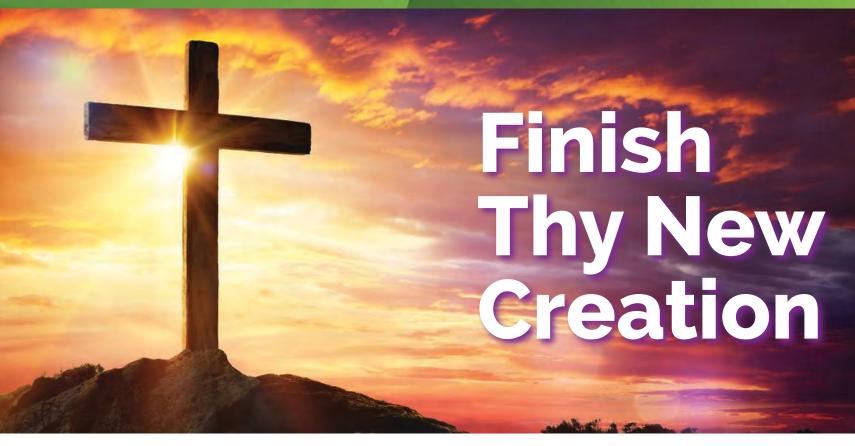
What is something you are proud of: Being the first in my family to go to college.

What would you like people to know about you: If you get me out of my shell, I can make you laugh.



Rachel is a go getter! She comes in with a positive attitude ready to work every day. She is constantly seeking out feedback from residents to continually improve programming here at Kirby Pines. She goes above and beyond, taking care of all her duties in addition to helping wherever is needed. She does whatever she can to ensure the residents are always receiving the top quality services they deserve. Rachel is such an asset to our Kirby Pines family.

REFLECTIONS BY Maxie Dunnam



It is obvious to us. Hardly a week passes that we aren't reminded of death. If you have not done so, you need to think about, plan and talk to your family about your funeral. Jerry and I have been doing that, meeting with a funeral home and talking to our children.

We have decided on some of the content of our funeral worship services. I am requesting that Charles Wesley's, Love Divine, All Loves Excelling, be one of the hymns sung. The final stanza expresses my prayer for my life with God now and in eternity.

Finish, then, thy new creation; pure and spotless let us be.
Let us see thy great salvation perfectly restored in thee.
Changed from glory into glory, till in heav'n we take our place, till we cast our crowns before thee, lost in wonder, love and praise.

During this Easter season we need to spend time thinking about the resurrection and eternal life. Paul gave powerful witness to it. "I have been crucified with Christ and I no longer lives, Christ lives in me." (Gal. 2:20) To be a Christian is to change. It is to become new. It is not simply a matter of choosing a new lifestyle, though there is a new style. It has to do with being a new person. The new person does not emerge full-blown. Conversion, passing from death to life, may be the miracle of a moment, but being Christ's new person is the task of a lifetime.

We who are a part of the Wesleyan/Methodist tradition talk about this in terms of going on to salvation. The fullness of salvation comes in the resurrection as our new life continues with the Father. Read again the stanza from my "funeral hymn;" you may want to make that your prayer as I have made it mine.

Hoppy Eagter!

April Vesper Services | 6:30pm | Performing Arts Center

April 6

Resdients Maundy ThursdayElizabeth Houston - Harp
Libby Link - Violin

April 13

Rev Dr Wade Cox Emmanuel United Methodist Church

April 20

Bobby EubanksLay Teacher
Redeemer Evangelical

April 27

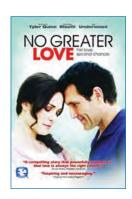
Carol & Mike Leake
Central Church
Music and Meditation



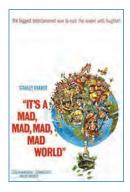














VIVA LAS VEGAS (1964)



Saturday, April 1 | 6:30 pm Sunday, April 2 | 6:30 pm

Cast: Ann-Margaret, Elvis Presley, Cesare Danova, William Demarest

A race-car driver, preparing for the Grand Prix, wiles his time in Las Vegas working as a waiter to pay for his new engine. Soon, he strikes up a romance with a beautiful young woman..

AS GOOD AS IT GETS (1997)





Saturday, April 1 | 10:00 am & 1:30 pm

Cast: Jack Nicholson, Helen Hunt, Greg Kinnear, Cuba Gooding Jr.

Melvin Udall is an obsessive-compulsive writer of romantic fiction who's rude to everyone he meets, including his gay neighbor Simon, but when he has to look after Simon's dog, he begins to soften and, if still not completely over his problems, finds he can conduct a relationship with the only waitress at the local diner who'll serve him.

TEXAS RANGERS (2001)



Sunday, April 2 | 1:30 pm & 4:00 pm Cast: Ashton Kutcher, James VanDerBeek,

Dylan McDermott, Tom Skerritt

A ragtag group of youngsters band together after the American Civil War to form the Texas Rangers, a group charged with the dangerous, ruthless duty of cleaning up the West.

THE OUTSIDERS (1983)





Friday, April 7 | 1:30 pm Saturday, April 8 | 6:30 pm Sunday, April 9 | 6:30 pm

Cast: Matt Dillon, Ralph Macchio, C. Thomas Howell, Patrick Swayze

A teen gang in rural Oklahoma, the Greasers are perpetually at odds with the Socials. When Greasers Ponyboy and Johnny get into a brawl that ends in the death of a Social member, the boys are forced to go into hiding. Soon Ponyboy and Johnny, along with the intense Dallas and their other Greaser buddies, must contend with the consequences of their violent lives.

NO GREATER LOVE (2010)



Saturday, April 8 | 10:00 am & 1:30 pm Cast: Anthony Tyler Quinn, Alexis Boozer, Jay Underwood, Danielle Bisutti

Jeff and Heather Baker were life long sweethearts and happily married... for a time. But at her greatest moment of weakness, Heather abandons Jeff, forcing Jeff to raise their young son alone. Ten years later, through a God ordained encounter, Jeff and Heather meet again. They must wrestle with forgiveness, reconciliation and the pressing of the Savior on their hearts.

FLORENCE FOSTER JENKINS (2016)



Sunday, April 9 | 1:30 pm & 4:00 pm Cast: Meryl Streep, Hugh Grant, Simon Helberg, Nina Arianda

The story of Florence Foster Jenkins, a New York heiress who dreamed of becoming an opera singer, despite having a terrible singing voice.

IT'S A MAD, MAD, MAD WORLD (1963)



Friday, April 14 | 1:30 pm Saturday, April 15 | 6:30 pm Sunday, April 16 | 6:30 pm

Cast: Spencer Tracy, Milton Berle, Sid Caesar, Ethel Merman

A group of motorists witnesses a car crash in the California desert, and after the driver's dying words indicate the location of a hidden stash of loot, they turn against each in a race across the state to get to it.

27 DRESSES (2008)



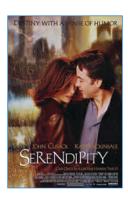
Saturday, April 15 | 10:00 am & 1:30 pm Cast: Katherine Heigl, James Marsden, Edward Burns, Malin Akerman

Perennial bridesmaid Jane always puts the needs of others before her own, making her the go-to gal whenever someone needs help with wedding plans. So when Jane's younger sister Tess snags the man Jane secretly loves, Jane finds herself questioning her role as a wedding junkie for the first time in her life. Meanwhile, a handsome reporter sees Jane's unusual story as his ticket off the bridal beat.

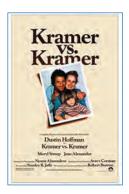
HR MOVE













SULLY (2016)





Cast: Tom Hanks, Aaron Eckhart,

Laura Linney, Anna Gunn

When pilot Chesley "Sully" Sullenberger lands his damaged plane on the Hudson River in order to save the flight's passengers and crew, some consider him a hero while others think he was reckless.

THE LONG WALK HOME (1990)



Friday, April 21 | 1:30 pm Saturday, April 22 | 6:30 pm

Sunday, April 23 | 6:30 pm Cast: Whoopi Goldberg, Sissy Spacek,

Lexi Randall, Ving Rhames

Odessa Carter needs to get to work as a nanny in the home of the affluent Miriam Thompson, but she refuses to take the bus, protesting against the inequality between blacks and whites. Miriam decides to offer Odessa a ride to work every day. Though the community and Miriam's husband insist she not get involved, the relationship between Miriam and Odessa has already changed for the better.

SERENDIPITY (2001)





Saturday, April 22 | 10:00 am & 1:30 pm Cast: John Cusack, Kate Beckinsale, Jeremy Piven, Bridget Moynahan

On a magical night when they are in in their 20s, Jonathan meets Sara. He finds it love at first sight, but Sara believes in destiny. After 10 years the two -- with 3,000 miles between them -- must decide if fate wants them to be together again. When love feels like magic, it is called destiny; when destiny has a sense of humor, it is serendipity.

EVERY WHICH WAY BUT LOOSE (1978)



Sunday, April 23 | 1:30 pm & 4:00 pm Cast: Clint Eastwood, Sondra Locke, Geoffrey Lewis, Ruth Gordon

A tough trucker with a cheeky pet orangutan, Philo Beddoe moonlights as a fighter, with his close friend Orville Boggs setting up matches for him. When Philo begins dating country singer Lynn Halsey-Taylor, and she abruptly disappears, he goes off in search of her, his simian companion and Orville in tow. On their cross-country trek, Philo and friends repeatedly clash with bikers, leading up to a violent showdown.

KRAMER VS KRAMER (1979)



Friday, April 28 | 1:30 pm Saturday, April 29 | 6:30 pm Sunday, April 30 | 6:30 pm

Cast: Dustin Hoffman, Meryl Streep, Justin Henry, JoBeth Williams

After his wife leaves him, a work-obsessed Manhattan advertising executive is forced to learn long-neglected parenting skills, but a heated custody battle over the couple's young son deepens the wounds left by the separation.

THE BLIND SIDE (2009)



Saturday, April 22 | 10:00 am & 1:30 pm Cast: Sandra Bullock, Quinton Aaron,

Jae Head, Tim McGraw

The story of Michael Oher, a homeless and traumatized boy who became an All-American football player and first-round NFL draft pick with the help of a caring woman and her family.

THE HIGH NOTE (2020)



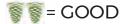
Sunday, April 23 | 1:30 pm & 4:00 pm Cast: Tracee Ellis Ross, Dakota Johnson,

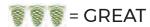
Kelvin Harrison, Jr., Zoe Chao

Set in the dazzling world of the LA music scene comes the story of Grace Davis, a superstar whose talent, and ego, have reached unbelievable heights. Maggie is Grace's overworked personal assistant who's stuck running errands, but still aspires to her childhood dream of becoming a music producer. When Grace's manager presents her with a choice that could alter the course of her career, Maggie and Grace come up with a plan that could change their lives forever.

KIRBY PINES MOVIE RATING SYSTEM









SUNDAY MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY **SATURDAY** 8:00 am • Men's Christian Fellowship (LCR) ABBREVIATIONS KEY 10:00 am • Weekend Movie (Thtr) **April** 1:30 pm • Game Play (LCR) 1:30 pm • Weekend Movie (Thtr) Thtr - Theater HS - Hobby Shop 6:30 pm • Classic Movie (Thtr) FDR - Formal Dining Room SCR - Small Card Room PAC - Performing Arts Center A&C - Arts & Crafts Room BR - Billiard Room LCR - Large Card Room WC - Wellness Clinic Trans - Transportation 8:30 am • Men's Water Aerobics (Pool) 8:00 am • Men's Christian Fellowship (LCR) 8:00 am • Church of Christ Service (Chapel) 8:30 am • Advanced Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Advanced Water Aerobics (Pool) 8:30 am • Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 10:00 am • Worship Service (PAC) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Weekend Movie (Thtr) 10:00 am • Catholic Services (Chapel) 10:00 am • Kroger & Banks (Trans) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Water Aerobics (Pool) 10:00 am ● Annual Easter Egg Hunt (Grounds) 10:00 am • Pinecone Painters (A&C) 10:00 am • Bible Study with Dave Phillips (Chapel 10:00 am • Writing Group (Chapel) 10:00 am • WalMart, Aldi & Banks (Trans) 4:00 pm • Weekend Movie (Thtr) 10:30 am • Cardio Move & Strength (PAC) 1:30 pm • Game Play (LCR) 10:45 am • Travelers: Tulip Tour (Trans) 10:30 am • Cardio Move & Strength (PAC) 6:30 pm • Classic Movie (Thtr) 10:00 am • Hobby Pines Group (Hobby Shop) 1:15 pm • Tuesday Bridge Group (LCR) 10:00 am • Art with Helen (A&C) 1:30 pm • Weekend Movie (Thtr) 1:00 pm • Fiber Art (Sunroom) 1:00 pm • Dr. Mike Abutineh (WC) 10:30 am • Chair Yoga (PAC) 10:30 am • Cornhole (LCR) 1:15 pm • Line Dancing (PAC) 1:30 pm • Line Dancing (PAC) 1:15 pm • Mah Jongg (LCR) 1:00 pm • WalMart, Costco & Banks (Trans) 1:30 pm • Game Play (LCR) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Bunko (SCR) 1:00 pm • Superlo & Bank (Trans) 2:00 pm • Sophia's Piano Students (PAC) 1:15 pm • Line Dancing (PAC) 1:30 pm • Movie: The Polka King (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: All Together Now (Thtr) 1:30 pm • Weekend Movie Classic (Thtr) 6:15 pm • Saturday Night Trivia (Ante) 1:30 pm • Mini Series: War & Rememberance (Thtr 2:00 pm • Ballroom Dancing (PAC) 6:30 pm • Bingo (PAC) 5:30 pm • Tech Time (Sunroom) 6:00 pm • Music with Donna Wolf (Lobby) 6:30 pm • Classic Movie (Thtr) 6:15 pm • *Orpheum: Chicago (Trans)* 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Movie: All Together Now (Thtr) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: The Polka King (Thtr) 8:00 am • Church of Christ Service (Chapel) 9 8:30 am • Advanced Water Aerobics (Pool) 10 8:30 am • Advanced Water Aerobics (Pool) 12 8:30 am • Men's Water Aerobics (Pool) 13 8:30 am • Water Aerobics (Pool) 8:00 am • Men's Christian Fellowship (LCR) 15 8:30 am • Men's Water Aerobics (Pool) 11 14 9:30 am • Group Exercise (PAC) 9:30 am • Alterations (A&C) 10:00 am • Worship Service (PAC) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Weekend Movie (Thtr) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Services (Chapel) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 9:30 am • Water Aerobics (Pool) 1:30 pm • Game Play (LCR) 10:00 am • Pinecone Painters (A&C) 4:00 pm • Weekend Movie (Thtr) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • WalMart, Aldi & Banks (Trans) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Group Exercise (PAC) 10:30 pm • Garden Gro'ers (Greenhouse) 6:30 pm • Classic Movie (Thtr) 10:00 am • Hobby Pines Group (Hobby Shop) 1:15 pm • Line Dancing (PAC) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Art with Helen (A&C) 6:30 pm • Classic Movie (Thtr) 1:00 pm • Fiber Art (A&C) 10:30 am • Chair Yoga (PAC) 1:30 pm • Bunko (SCR) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Superlo & Bank (Trans) 1:15 pm • Mah Jongg (LCR) 10:30 am • Billiards Group (Billiard Room) 1:30 pm • Movie: Legal Eagle (Thtr) 1:30 pm • Game Play (LCR) 1:00 pm • WalMart, Costco & Banks (Trans) 1:30 pm • Weekend Movie Classic (Thtr) 1:30 pm • Movie: In Her Shoes (Thtr) 1:30 pm • Game Play (LCR) 1:15 pm • Line Dancing (PAC) 6:00 pm • Music with Just Friends (PAC) 6:30 pm • Movie: Legal Eagle (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:30 pm • Bingo (PAC) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: In Her Shoes (Thtr) 8:30 am • Advanced Water Aerobics (Pool) 19 8:00 am • Church of Christ Service (Chapel) 16 8:30 am • Advanced Water Aerobics (Pool) 17 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Water Aerobics (Pool) 8:00 am • Men's Christian Fellowship (LCR) 22 8:45 am • Travelers to Oxford (Trans) 9:00 am • Smith Jewelers (SCR) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Group Exercise (PAC) 10:00 am • Weekend Movie (Thtr) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Basic Water Aerobics (Pool) 9:30 am • Water Aerobics (Pool) 1:30 pm • Game Play (LCR) 10:00 am • Catholic Services (Chapel) 9:30 am • Group Exercise (PAC) 10:00 am • Bible Study with Dave Phillips (Chapel) 10:00 am • WalMart, Aldi & Banks (Trans) 4:00 pm • Weekend Movie (Thtr) 10:30 am • Cardio Move & Strength (PAC) 1:30 pm • Weekend Movie (Thtr) 10:00 am • Caregiver Support Group (SCR) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) 6:30 pm • Classic Movie (Thtr) 10:00 am • Pinecone Painters (A&C) 1:15 pm • Tuesday Bridge Group (LCR) 10:00 am • Art with Helen (A&C) 6:15 pm • Saturday Night Trivia (Ante) 10:30 am ● Tech Time (LCR) 1:00 pm • Dr. Mike Abutineh (WC) 1:00 pm • Fiber Arts (A&C) 1:30 pm • Bunko (SCR) 10:30 am • Cornhole (LCR) 6:30 pm • Classic Movie (Thtr) 1:15 pm • Mah Jongg (LCR) 10:30 am • Chair Yoga (PAC) 1:00 pm • WalMart, Costco & Banks (Trans) 1:30 pm • Movie: Other Side of the Mountain (Thtr 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Game Play (LCR) 10:30 am • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 6:30 pm • Disco with Jim Mahannah (PAC) 1:30 pm • Movie: Ford vs Ferrari (Thtr) 2:00 pm • *Art Wall (PAC)* 11:30 am • Family Planning Seminar (LCR) 1:30 pm • Mini Series: War & Rememberance (Thtr) 2:00 pm • Ballroom Dancing (PAC) 6:00 pm • Music with Two Quarts Low (PAC) 1:30 pm • Game Play (LCR) 3:00 pm • Photo Club (LCR) 6:15 pm • Wednesday Bridge Group (LCR) 6:30 pm • Bingo (PAC) 6:30 pm • Vespers (PAC) 6:30 pm • Movie: Ford vs Ferrari (Thtr) 8:30 am • Advanced Water Aerobics (Pool) 24 25 8:30 am • Advanced Water Aerobics (Pool) 26 28 8:00 am • Men's Christian Fellowship (LCR) 29 8:00 am • Church of Christ Service (Chapel) 23 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Men's Water Aerobics (Pool) 8:30 am • Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Worship Service (PAC) 9:30 am • Alterations (A&C) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Group Exercise (PAC) 10:00 am • Weekend Movie (Thtr) 10:00 am • Catholic Services (Chapel) 10:00 am • Kroger & Banks (Trans) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Advanced Water Aerobics (Pool) 9:30 am • Book Baggers (PAC) 9:30 am • Water Aerobics (Pool) 1:30 pm • Game Play (LCR) 10:00 am • Pinecone Painters (A&C) 10:00 am • Bible Study with Dave Phillips (Chapel) 4:00 pm • Weekend Movie (Thtr) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans) 1:30 pm • Weekend Movie (Thtr) 9:30 am • Group Exercise (PAC) 1:00 pm • Fiber Arts ((A&C) 10:00 am • Rummage Sale (PAC) 6:30 pm • Classic Movie (Thtr) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Cardio Move & Strength (PAC) 10:00 am • Art with Helen (A&C) 6:30 pm • Classic Movie (Thtr) 1:15 pm • Mah Jongg (LCR) 10:30 am • Cardio Move & Strength (LCR) 11:00 am • Lunch Bunch: Sunrise Memphis (Trans, 10:30 am • Chair Yoga (PAC) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Game Play (LCR) 1:00 pm • Dr. Mike Abutineh (WC) 10:30 am • Billiards Group (Billiard Room) 1:15 pm • Line Dancing (PAC) 1:30 pm • Weekend Movie Classic (Thtr) 1:30 pm • Movie: Castaway (Thtr) 1:00 pm • WalMart, Costco & Banks (Trans) 1:30 pm • Game Play (LCR) 1:30 pm • Bunko (SCR) 6:00 pm • Music with Southbound (PAC) 2:00 pm • Ballroom Dancing (PAC) 1:15 pm • Line Dancing (PAC) 6:30 pm • Bingo (PAC) 1:30 pm • Movie: Eat Pray Love (Thtr) 6:15 pm • Wednesday Bridge Group (LCR) 1:30 pm • Mini Series: War & Rememberance (Thtr) 6:30 pm • Movie: Eat Pray Love (Thtr) 6:30 pm • Movie: Castaway (Thtr) 6:30 pm • Vespers (PAC)

The Pinecone | April 2023 Calendar

April 2023 EVENTS

Apr 1: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Apr 3: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.



Apr 3: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Apr 3: Poetry & Writing Club

Come and join us! You'll be surprised at how much fun it is! All are invited to attend! We will meet in the chapel at 10:00 am.

Apr 3: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Apr 3: Billiards Group

Social Pool for men and women! All skill levels welcome. We meet every Monday from 10:30 – 11:45 am in the billiard room. Come out and just have some fun with us!

Apr 3: Chair Yoga

Chair yoga is a gentle form of yoga that can done be while sitting. Many poses can also be done standing while using chair. Benefits of yoga are improving flexibility, improving concentration, reduce stress and joint pain. Join us in the PAC at 10:30 am each Monday.

Apr 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Apr 3: Bingo

Come out for one of our largest activities! You're sure to make a new friend or catch up with some old friends. Join us in the PAC every Monday night at 6:30pm. Cards are \$1 to play, limit 2 cards per person.

Apr 4: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Apr 4: Cardio Move & Strength

Gentle cardio and strength exercises to enhance energy and strength. This class will improve strength, improve balance, enhance energy and delay muscle and bone loss. Join us in the PAC at 10:30 am on Tuesdays and Thursdays.

Apr 4 & 18: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Apr 4: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Come join for some fun exercise and a great way to make new friends. Beginners start at 1:15 and Advanced at 1:50. Everyone is welcome!

Apr 4: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Apr 4: Altogether Now

An optimistic, talented teen clings to a huge secret: She's homeless and living on a bus. When tragedy strikes, can she learn to accept a helping hand? Showtimes are 1:30 pm and 6:30 pm in the theatre.

Apr 4 & 17: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Apr 5: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Apr 5: Pinecone Painters

Enjoy art? Like doing acrylic, water-color, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Apr 5: Travelers: Tulip Tour

Join us as we tour acres of gardens and blooming flowers adjoining the Dixon Museum. This museum with its beautiful surroundings was established in 1976 and is located nearby on Park Avenue. Walkways are available for those residents using walkers or rollators. We will have a picnic lunch provided by the KP chef. Signup in the Resident Programs office by paying \$17 (includes transportation and lunch) by April 3. We will meet in the lobby at 10:45 am the day of the trip.



Apr 5: Fiber Arts

Have a passion for fiber arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Apr 5: Mah Jongg

Join the group for Mah Jongg play each Wednesday at 1:15 pm in the LCR. Beginners are welcome and encouraged to attend!

Apr 5: The Polka King

Determined to make it big in America, Polish-born bandleader Jan Lewan draws his fans into a Ponzi scheme. Based on a true story. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Apr 5: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Apr 5: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm in the LCR and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library.

Apr 6: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Apr 6: Mini-Series: War and Remebrance

War and Remembrance is an American miniseries based on the 1978 novel of the same name written by Herman Wouk. The miniseries, which aired from November 13, 1988, to May 14, 1989, covers the period of World War II from the American entry into World War II immediately after Pearl Harbor in December 1941 to the day after the bombing of the Japanese city of Hiroshima. It is the sequel to the 1983 miniseries The Winds of War, which was also based on one of Wouk's novels. Showing every Thursday at 1:30 pm in the theatre.

Apr 6: Orpheum: Chicago

Come enjoy one of the longest running musicals in Broadway's history, Chicago! A universal tale of fame, fortune, and all that jazz, with one show stopping song after another and the most astonishing dancing you've ever seen. If you need transportation please sign up in the Resident Program's office with \$5 dollars. We will meet in the lobby at 6:15 pm.

Apr 7: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Apr 7 & 21: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake or LCR (weather dependent) at 10:30 am for a fun time.

Apr 7: Music with Donna Wolf

Join us for an evening of violin and fiddle music presented by the wonderfully talented Donna Wolf. Join us in the Lobby at 6:00 pm.

Apr 8: Annual Easter Egg Hunt

Come join us for our annual Easter Egg Hunt. We will have tons of fun including pictures with the Easter Bunny and the annual hunt. Bring all the grands and great-grands and come join the fun starting at 10:00 am by the lake!

Apr 8: Sophia's Piano Students

Join us for an afternoon of music. We will have several students from a local piano studio performing. Join us in the PAC at 2:00 pm.

Apr 8 & 22: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Geography – World and/or U.S. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the ante room.

Apr 10 & 24: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Apr 11: Birthday Meal

Attention April birthdays! We want to celebrate you! Grab some friends and join us for lunch or dinner to celebrate

your birthday. Be sure to RSVP in Resident Programs to reserve your table.

Apr 11: Legal Eagle

Two rival attorneys wind up on the same side of a high-profile murder case involving a young woman accused of stealing art belonging to her late father. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Apr 12: Garden Gro'ers

We are busy getting ready for Spring. Special shoutout to Dennis Renick for getting our gardens ready and for all his help around the Greenhouse. We hope to see you at 10:30 am.

Apr 12: In Her Shoes

Two sisters who only have one thing in common- their shoe size- have a falling out that leads both in surprising new directions. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Apr 14: Music with Just Friends

Just Friends Band members Larry Tyler, Kelley Walker and Wes Walker will delight audiences with skilled renditions of pop, jazz standards, rock, country, and gospel. Join them in the PAC at 6:00 pm.

Apr 17: Smith Jewelers

Have any jewelry in need of repair? Come see Van Smith in the SCR on the 3rd Monday at 9:00 am.

Apr 17: Family Planning Seminar

You're invited to the Family Planning Seminar with Chris Thomas, Family Services Counselor and former Probate Clerk. This is a lunch and learn seminar and topics include probate matters, funerals, cremation information, veteran benefits, cemetery and memorial. Reserve your spot by RSVPing to Resident Programs by April 12. The seminar begins at 11:30 am in the LCR.

Apr 18: The Other Side of the Mountain

Based on a true story. Young ski champion Jill Kinmont is left paralyzed after a tragic skiing accident. Then, her best friend suffers the same fate after contracting polio. Now, Jill must slowly put her life back together again with the help of those close to her. Showtime is at 1:30 pm in the theatre.

Apr 18: Disco with the Jim Mahannah Band

Break out the bell bottoms, and follow the disco ball straight to the PAC! We hope you won't miss the chance to dance the night away with us. Bring a friend and head to the disco. The photo booth opens at 6:00 pm and The Jim Mahannah Band kicks off at 6:30 pm.

Apr 19: Travelers: Oxford, MS

Hop on the bus as we head to Oxford! First we'll visit Rowan Oaks, home of William Faulkner, 1949 Nobel Prize Winner for Literature. At noon we'll ride to the Courthouse Square for lunch and shopping. Last, we will visit the University of Mississippi Art Museum to enjoy two collections: The Scientific Instruments from 1848-1861 and Greek and Roman Antiquities (1500 BC to 300 AD). We'll start home by 3:00 pm, probably exhausted! Reserve your spot on the bus by paying \$10 in Resident Programs (includes ticket and transportation) by April 14th. We will meet in the lobby at 8:45 am the day of the trip.



Apr 19: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Apr 19: Ford vs Ferrari

Based on true events American car designer Carroll Shelby and driver Ken Miles battle corporate interference and the laws of physics to build a revolutionary race car for Ford in order to defeat Ferrari at the 24 Hours of Le Mans in 1966. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Apr 20: KP Photo Club

Join the Photo Club to learn tricks and techniques to take better pictures on your phone. We meet at 3:00 pm in the Large Card Room.

Apr 21: Art Wall Reception

Come out for our Spring Art Wall opening. We will have refreshments and hear from our wonderful Kirby Pines artist. The show begins at 2:00 pm in the PAC.

Apr 21: Music with Two Quarts Low

Bluegrass musicians Bill Yearwood and Richard Alan Ford form to create the duo Two Quarts Low. Their music evolves from multiple roots forms and cultural influences, drawing from Celtic and Appalachian traditions, along with the blues of the Mississippi hill country and Delta. It is thoughtful, soulful, energetic, and fun music that will keep your audience's toes tapping! Join them in the PAC at 6:00 pm.

Apr 25: The Book Baggers

Join us as we welcome Bonnie Blaylock, author of our April read, "Light to the Hills." Ms Blaylock will share the story of Amanda Rye, a young widowed mother who is a traveling pack-horse librarian in the hills of Kentucky during the depression era. Along with library books and magazines, Amanda takes hope, courage, and apple pies to the poverty stricken people who live deep in the Appalachian hills. This is a perfect meeting to introduce a new resident or a future resident to the Book Baggers. Join us in the PAC at 9:30 am.

Apr 25: Lunch Bunch: Sunrise

Lunch Bunch takes on brunch! Come join us as we head to Sunrise Memphis for some of the best brunch in town. Be sure to reserve your spot by paying \$5 in Resident Program. We will see you in the lobby at 11:00 am the day of the trip.

Apr 25: Eat Pray Love

A married woman realizes how unhappy her marriage really is, and that her life needs to go in a different direction. After a painful divorce, she takes off on a round-the-world journey to 'find herself'. Showstime are 1:30 pm and 6:30 pm in the theatre.

Apr 26: Castaway

A Fedex executive undergoes a physical and emotional transformation after crash-landing on a deserted island. For the next four years he attempts to not only survive but to get home. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Apr 27: Spring Rummage Sale

Ladies and Gentlemen it's that time again. Time to clean out your storage rooms, closets, and drawers and turn those items into monetary rewards. The Spring Rummage Sale will be held in the PAC from 10:00 am to 1:00 pm. If you are interested in a table, please contact Resident Programs to reserve your spot @ 866-4414 or programs@kirbypines. com.

Apr 28: Music with Southbound

Southbound is a bluegrass, country and folk band that includes veteran musicians Hank Sable on guitar, banjo and fiddle; Wayne Walker on upright Bass; and Bob Barnett on acoustic guitar. Southbound offers old time bluegrass standards, classic country music, folk tunes and American pop standards. Music begins at 6:00 pm in the PAC.

PUZZLE CHALLENGE | Sudoku Number Game

SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

PUZZLE 1: EASY

5	8				3		1	
						8		2
4		1	2	7			5	6
1			3	5		4		
		9		6	4	1		
	7							
	2		5	4	7	9	8	
			1		9		3	5

PUZZLE 2: MEDIUM

3	1	6	4	2				7
	2		1			9		
8	4	9			6	1		
				9				5
	5		2		4			
						4	1	9
			7	1				2
				6		7		8
6	9		8			5		

PUZZLE 3: MEDIUM

3	5	7	9	2				
1		9			4	5	8	
			6					
7		1		4		6		
	2	6		5		3		9
	3			6				7
	1				6			
	4			7	1	9		
9		3	4					

PUZZLE 4: HARD

5		1					6	4
		3		2				
		4	5	6		8		
	5					3	7	
6							1	8
4	3		2		1		5	
		5	8		6		4	
			3			5		
			4					

PICTURING LIFE AT KIRBY PINES

ART WALL, HEALTH EXPO AND MORE!



Susie Thompson & Sarah McCallum at the Artist Presentation. Photo by Arrena Cheek.



Phyllis Petersen talks about her knitting.
Photo by Stuart Eyman



Geneva Jackson shows off her beautiful quilt.



Mary Louise South attends the Health Expo and picks up some information.



Alice Wherry and Jean Harvell enjoy the Health Expo at Kirby Pines.



The Expo was put on by a professional nursing sorority, Chi Eta Phi.



Dennis Renick receives a special award from the Garden Gro'ers for his hard work. Photo by Mary Ann Thurmond.



Marilyn McCormick and Marsha Greiner are this month's Bridge winners!

Photo by Steve Martin



Rev. Dr. Jimmy Latimer speaks at the annual Crusade for Christ. Photo by Stuart Eyman

PICTURING LIFE AT KIRBY PINES

BIRTHDAYS AND ROCK N SOUL



Sam Bates celebrates his birthday with his lovely wife, Ellie.



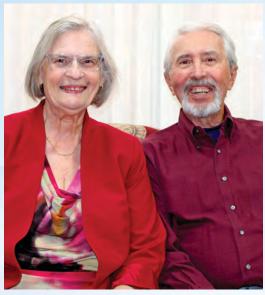
Marilyn Wray celebrates with Joy Wernet, Betty & Berry Terry, Diane Talarico, Cheryl Johnson, Irene Baker, Ken Lewis and Anna Butler.



Merry LeShane celebrates her birthday with sister, Donna Griffin, and friends Paula Cweikel, Mary Stagg, Jeannie Valentine, Sarah McCallum and Rhetta Watkins.



Paula Hanson is surrounded by husband, Chuck, Alice Petty, Carolyn Hladky and Marilyn & Leon Sanderson.



Leora Elli enjoys her birthday celebration with husband, John.



The Travelers stepped out to visit the Rock n Soul Museum downtown.



Mark Maxwell seems to be enjoying the exhibits. Photo by Sheryl Maxwell

PICTURING LIFE AT KIRBY PINES

JACK'S 100TH, ST PAT'S DAY AND FAMILY FEUD



Jack Williams celebrates his 100th Birthday surrounded by family and friends who came to Kirby to celebrate his big day.



Marsha Greiner and Joan Weaver are ready for St. Patrick's Day!



Lois Dazey and Susan Flake look adorable in their St. Pat's glasses.



Beverly Hassell and Hugh Wilson are all smiles on St. Patrick's Day.



Carolyn Hladky is all smiles with her granddaughter, Savannah.



Peter Jones, Marilyn Wray, Michael Gilbert and Mary Stagg discuss answers at Family Feud. Photo by Stuart Eyman



Susie Thompson, Jerry Dunnam and Sheryl Maxwell seem to be having fun playing Family Feud. Photo by Stuart Eyman

Beautiful Blossoms Photo by Connie Carter

KIRBY PINES PHOTO CLUB

Spring is in Full Bloom at Kirby Pines!
Our members wanted to capture it for you!





Spalsh of Pink Photo by Sylvia Statham



Emerging Hosta Photo by Sydney Wagner



Perfect Cluster Photo by Mary Ann Thurmond



First Flowers of Spring Photo by Sheryl Maxwell



Purple Pansy
Photo by Jeannie Valentine



Winter Cabbage Photo by Fred Dabrowski



Saucer Magnolia
Photo by Jane Longfield



Azalea in Pink Photo by Arrena Cheek



Rain Droplets
Photo by Dale Jones



Ruby Begonias Photo by Carolin Thomason



Star Magnolia Photo by Stuart Eyman

Memorials, Honorariums & Gifts

In Memory Of

JAMES STAFFORD

Donation by KP Residents Association to the Employee Fund/Garden Groers

> Donation by Ann Peyton to the Library

JENINE RIDDLE

Donation by Jane Longfield to the Entertainers

NATALIE WALDRUP

Donation by KP Residents Association to the General Fund

> Donation by Barbara Lipsey to the Employee Fund

GLENN WALL

Donation by Glenn Carter to the Book Baggers

VAN CONAWAY

Donation by George Courington to the Garden Groers

In Memory Of

ANN BLECKEN

Donation by KP Residents Association to the Garden Groers

ALICE DAVIDSON

Donation by KP Residents Association to the Entertainers

JOANN MERCER

Donation by Joan Gilliland to the Employee Fund

NELL SHEARS

Donation by Jane Longfield to the Ballroom Dancers

Donation by Marian Gray & Jim Bampfield to the Ballroom Dancers

Donation by Alice Wherry to the Ballroom Dancers

In Honor Of

JIM STANLEY

Donation by Sylvia Statham to the Employee Fund

MARK MAXWELL

Donation by Chuck Hanson to the Hobby Shop

Donation by Gloria & Jerry Buckaloo to the Hobby Shop

ROY THURMOND

Donation by Leon & Marilyn Sanderson to the Hobby Shop

MARIAN GRAY

Donation by Rhetta Watkins to the Ballroom Dancers

JIM BAMPFIELD

Donation by Rhetta Watkins to the Hobby Shop

TO SEE MORE PHOTOS **AND HAPPENINGS CHECK OUT OUR FACEBOOK PAGE!**

Simply go to facebook.com and search **Kirby Pines!**



CHECK OUT OUR CHANNEL FOR ALL OF OUR VIDEOS!

Simply go to youtube.com and search for Kirby Pines!



SCAN ME

Or use your **QR Code Reader** and scan this code to get there!



SUDOKU NUMBER GAME

PUZZLE 1: EASY

PUZZLE 2: MEDIUM

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ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials Women's Haircuts Ask About **Our Monthly** Shampoo & Sets Specials! **Perms & Coloring** Separate Barber Shop

Call for Appointment

Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

