

the PINECONE

The Magazine of Kirby Pines LifeCare Community • September 2022 | V. 40 | I.9

JOYCE READ & JIM SMITH
*are both proud members of the
Kirby Pines Ballroom Dancers*

See page 8 for details.



39 Years of Community

This September, Kirby Pines LifeCare Community celebrates its thirty-ninth anniversary. As with any anniversary, a lot of planning goes into making this celebration one that will be enjoyable and memorable. Each year, a theme and a color is selected for the anniversary year. This year the color is Daisy Yellow and the theme is Greetings.

Yellow daisies have a strong association with cheerfulness, friendship, joy, and wishing someone well or “get well”. These feelings are frequently used to describe our community, and as a “LifeCare” community, the wishing of someone’s wellness or to get well is especially meaningful to all that live and work at Kirby Pines. Daisy flowers grow all over the world and have a long list of symbolic meanings. They symbolize new beginnings and rebirth; cheerfulness, hope and fun. Much like the annual celebration we have come to know as Lighting of the Lake.

This year’s theme for Lighting of the Lake is “Greetings”. A noun that means something friendly or a message that says you hope someone is well. Greeting is the act of welcoming; the acknowledgement and/or expression of good will. A perfect pairing with this year’s color of Daisy Yellow as described earlier in this message.

at Kirby Pines

In the military a greeting is signified by a salute – a formal military gesture of respect and honor. Honor is also a source of credit or distinction given to individuals in service, and in this post pandemic era, it is an appropriate theme acknowledging employees and residents alike in celebration of Kirby’s thirty-ninth anniversary.

So don your daisy yellow attire and gather near the lake on Saturday, September 10th to join in the fun as we celebrate another successful year of growth and service to all who work and live at Kirby Pines.

Happy Anniversary, Kirby Pines!



Michael
Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Celebrates Another Year!

September is special at Kirby Pines, it is the month commemorating our opening in 1983. If you do the math, that makes this the 39th year of celebrating our successes, our improvements, our employees and most of all our wonderful residents.

We have our traditional Blessing of the Flag on the 8th, the Flag Raising on the 9th and Lighting of the Lake on the 10th. In addition to these events, it's Wear Your College Colors Day on the 2nd, the Travelers are heading to Bass Pro on the 6th and then a Memphis Redbirds game on the 21st. We are also having a big Book Sale in the Lobby the 14th-17th.

Our front cover features Joyce Read and Jim Smith, members of the Kirby Pines Ballroom Dancers (see page 8). The group is busy practicing for our Anniversary Dance on the 20th and would love you to join them.

On the back, members of our Poetry Group would like to invite you to join them for An Afternoon of Kirby Pines Poetry on the 30th. Pictured are David Stowell, Mary Ann

Thurmond, John Travis Thornton, Dale Jones, Andy & Jean Saunders, Marilyn Wray, Gail Waldrop, Berry & Betty Terry and Sheryl Maxwell.

This group has published two anthologies of resident poetry and is always open to adding members. Perhaps you could write a poem about life at Kirby Pines!



Linda & Steve Tittle at dance class

Kirby Pines Retirement LifeCare
is managed by:



Retirement Companies of America

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Get to know Kirby Pines'

NEW RESIDENTS



Anne Carter

You will want to welcome Anne Carter to Kirby Pines. Born in Jackson, Tennessee, Anne has moved here from her former home in Lookout Mountain, Tennessee. Married for almost 60 years to Dr. Louis Carter, they had 2 children, David and Laney, and 2 grandchildren.

Anne graduated from The Methodist School of Nursing. She and Dr. Carter had a long career as medical missionaries. They were honored as "Teachers of the Year" by the Medical and Dental Association.

Her love of writing, reading, and telling stories consume much of her time. She is working on a compilation of stories from their experiences as they traveled and served throughout the world. They lived and worked in Nigeria for 10 years, other destinations include Israel, Greece, Mexico, India, Germany and many others.

Now that she has started this new chapter in her life, she is hoping to stay active by joining water aerobics. Anne will also be attending Evangelical Christian School's football games where her son coaches.

No doubt, Anne is a fit for our community at Kirby Pines. When you meet her, you will know you have a new best friend. Welcome her with open arms!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Nancy Cox

Nancy Cox was born in Eastern Kentucky, but has lived in Memphis for 30 years. Her husband passed away in 2015 after 50 years of marriage. She has three children, three grandchildren and one great grand.

She worked as the Office Manager in her father's medical practice. He was a country doctor and her fondest memories include always having people around, including growing up with her sisters.

Her favorite movie is *Gone with the Wind*, her favorite singer is Frank Sinatra and she loves all of the holidays. Of course, growing up in Appalachia, she is also a fan of Kentucky Wildcat basketball.

Nancy has traveled all across the United States and has visited England. Her favorite trip, however, is going to Washington DC as a child.

She is very proud seeing her grandchildren grow up and is thrilled at becoming a great grandmother.

Her friends would describe Nancy as outgoing, friendly and helpful. Sounds like a match made in heaven for Kirby Pines. So make sure if you see her out an about give her a big Kirby welcome and make her feel right at home.



Steve & Linda Tittle

Steve and Linda Tittle come to Kirby Pines from their previous home in Olive Branch, Mississippi. They have been married for 56 years. Their only son, Brian, had Duchenne Muscular Dystrophy and was the poster child for the M.D.A. Brian was a blessing to all who knew him.

After attending the University of Memphis, Steve had a 35 year career as a steamfitter, welder and pipe fitter. Linda was a homemaker and for 5 years worked at the Germantown campus of Union University as coordinator of the MA Education program.

Steve is a U.S. Army veteran, having served in the Army Ordnance Corps. Stationed in Nellingen, Germany, he was an Ordnance Specialist for 2.5 years.

They both enjoy line dancing, cards, games, and puzzles. Steve should find a golf buddy easily and Linda is looking forward to learning ballroom dancing.

When Steve was in the service, they traveled to many places in Europe. They have also enjoyed traveling to New York and experiencing Broadway shows.

We are delighted Steve and Linda chose Kirby Pines for the next chapter in their lives. You won't have trouble finding them, they are already involved in the Kirby lifestyle. We are happy they are here!



Get the Facts About **EXERCISING MYTHS**

“It is what it is.” That’s what my brother always says when a problem arises. It’s his excuse to avoid facing a difficult situation. Too often we just accept our conditions without looking at options that could actually benefit us. Avoiding exercise is an example. Here is a list of some of the most common myths about exercise and aging:

Myth 1: There’s no point to exercising. I’m going to get old anyway.

Fact: Exercise and strength training helps you look and feel younger and stay active longer. Regular physical activity lowers your risk for a variety of conditions, including Alzheimer’s and dementia, heart disease, diabetes, colon cancer, high blood pressure, and obesity.

Myth 2: Older people shouldn’t exercise. They should save their strength and rest.

Fact: Research shows that a sedentary lifestyle is unhealthy for adults over 50. Inactivity often causes older adults to lose the ability to do things on their own and can lead to more hospitalizations, doctor visits, and use of medicines for illnesses.

Myth 3: Exercise puts me at risk of falling down.

Fact: Regular exercise, by building strength and stamina, prevents loss of bone mass and improves balance, actually reducing your risk of falling.

Myth 4: It’s too late. I’m already too old to start exercising.

Fact: You’re never too old to exercise! If you’ve never exercised before, or it’s been a while, start with light walking and other gentle activities.

Myth 5: I’m disabled. I can’t exercise sitting down.

Fact: Chair-bound people face special challenges but can lift light weights, stretch, and do chair aerobics to increase range of motion, improve muscle tone, and promote cardiovascular health.

Fact: Check with your medical provider before beginning a new exercise program if you have been inactive.

At Kirby Pines we have many exercise options with a variety of exercise classes from the sit/stand class to water aerobics to Yoga Stretch. Check our schedule and see what works for you. The Oasis has free weights and 10 different machines to build strength and endurance.

The Serenity Prayer [God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference] reminds me at times we really don’t have to accept, “It is, what it is.” Just maybe “what it is” isn’t what it could be.



Monday/Wednesday/Friday

Advanced Water Aerobics Resident Led

8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Exercise in the PAC Resident Led

9:30am | PAC/Live TV

Yoga Stretch with Kim Roberts

Friday Only
11:00 am | PAC/Live TV

Tuesday/Thursday

Men’s Water Aerobics Resident Led

8:30 am - 9:15 am | Pool

Arthritis Water Aerobics with Kim Roberts

9:30 am - 10:15 am | Pool

Arthritis Sit/Stand Class with Kim Roberts

11:00 am - 11:45 am | PAC/Live TV



BREATHING



We breathe in, we breathe out, usually without even thinking about it. Most of us probably take it for granted and overlook all the benefits mindful, conscious breathing can bring to our daily lives.

Did you know??

- Breathing is the only bodily function you can perform consciously as well as unconsciously.
- The average person takes about 8.5 million breaths per year.
- Breathing slowly with longer breaths can reduce food cravings.
- The world record for breath holding is over 24 minutes!!
- Emotions are regulated by how you breathe.
- Everyone can improve how they breathe.

Considering the monumental number of breaths we take, ensuring they are as effective as possible is important to everything we do. Outside of supplying oxygen, effective breathing provides better food digestion, increased immune response, reduced stress and blood pressure, better sleep and mental clarity, pain relief, increased energy, and improved balance, just to name a few!

To determine if you are a “good” breather or a “poor” breather, try this:

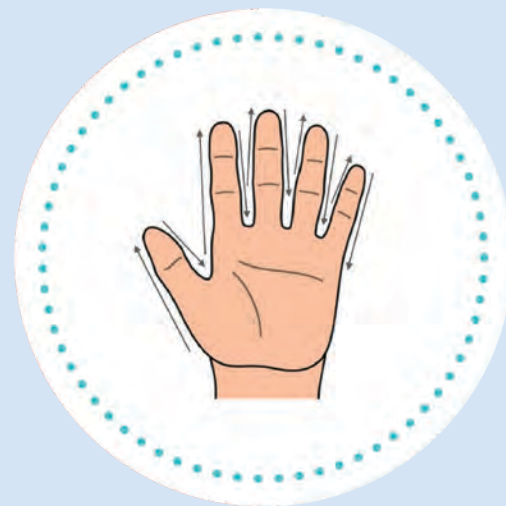
- Put your right hand on your chest and your left hand on your stomach. Take a deep breath as you count to three. When you do this, which hand do you feel moving the most?
- If it's your right hand (the one on your chest), you're breathing from your chest. If it's your left hand (the one on your stomach), you are breathing from your abdomen. You want to do the latter— breathe from your abdomen.

No matter what your activity level, even if you are relaxing in the chair watching your favorite program, take a few minutes 3-4 times a day to be conscious of your breathing and try this exercise:

1. Sit or stand comfortably with your back straight.

2. Open the palm of one hand as wide as you can.

3. Now with the pointer finger of the opposite hand, slowly trace your fingers while breathing.



4. Breath in and trace up one side of your thumb, 1, 2, 3. Breathe out and trace down the other side of your thumb, 1, 2, 3.

5. Repeat for all five fingers.

If you would like to learn more about how to utilize this and other effective breathing techniques, feel free to reach out to
Eric Walker
Director of Rehabilitation
at 901-366-1819.

EXQUISITE CUISINE

Thursday, September 22, 2022



A TASTE OF GREECE & ITALY

A perfectly cooked Filet, accompanied by freshly made Pasta with Broccoli Rabe and Mushrooms.



LAMB KEBAB

Marinated Lamb with Red Onions and Cherry Tomatoes, then grilled to perfection and finished with a drizzle of Greek Vinaigrette.



PSAROSOUPA

A light yet full-flavored Greek Fish soup. Starting with flaky White Fish and adding fresh Vegetables to finish.



TIRAMISU

Mascarpone Cheese, Lady Finger Sponge and Coffee flavoring come together to form the perfect finish to our meal.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: CHERYL JOHNSON

In 2000, Cheryl retired early and moved back to Memphis to be near her mother after her father passed away. In 2004, her mother, Bobbi Stigall, moved to Kirby Pines. It was at a Vespers service that Cheryl re-connected with Chaplain Don Johnson—and the rest is history! They were married in a private ceremony in the Chapel at Christ Methodist Church, where Cheryl maintains her membership.

“It was a new world,” admits Cheryl, “being married to a pastor/chaplain who had lived his entire life in Memphis where everyone seemed to know and love him. Don was a man who had devoted his life to serving God. He knew he wanted to preach and teach God’s word since he was eight years old. It was such an honor to serve with Don at Kirby Pines and also with his Bible study group, Afterglow, Life Choices, and the National Religious Broadcasters Organization.”

As chaplain at Kirby Pines, Don visited and checked on those residents who were ill or in need of prayer. He also conducted the Sunday 10:00 am religious services in the PAC as well as in the health care areas on Sunday afternoon, always assisted by Cheryl. Together, Don and Cheryl were a great team! Sadly, Don passed away on September 24, 2021, following an extended illness.

Cheryl says that she has been fortunate to be able to travel to many places during her lifetime. “My parents introduced me to the joys of travel, and that has continued throughout my adulthood.” There have been cruises to Hawaii, Alaska, and the Mediterranean, but also notable adventures such as attending the Vancouver World’s Fair and seeing the Royals, riding a donkey down the Grand Canyon, horseback riding in Jackson Hole, Wyoming, skiing in Park City, Utah, are among unique experiences of a lifetime. However, for Cheryl, the most memorable was the trip to the Holy Land and Egypt in 1987.

Currently, Cheryl continues her ministry with Remember That Someone Cares, which is focused on remembering residents in the health care areas on their birthdays. She also keeps in touch with residents who are ill or in need of prayer and keeps others informed with emails and a published, weekly prayer list. She attends the Thursday morning Bible class and is learning to play Mahjong. “I especially enjoy walking around the beautiful grounds of Kirby,” says Cheryl.



Cheryl at 8 Years Old

Cheryl has this to say about her current life: “Kirby Pines is truly a family affair as my sister, Diane Talarico, moved here in 2017. Don and I became residents in 2019, and I’m especially grateful we were here during COVID and Don’s illness. As I have often said, the very best thing about Kirby is the people—where so many are kind, thoughtful, compassionate, and caring, not to mention talented.

Thank you, Cheryl, for sharing your story and for being such an excellent role model for all who desire to “finish well”.

Written by Joan Dodson, Resident of Kirby Pines

A DESIRE TO FINISH WELL

Cheryl Johnson became a part of our lives when she married our former and beloved Chaplain Don Johnson in May 2005. Always an extension of Don’s ministries, Cheryl continues today toward the goal she and Don shared, “to finish well.” Cheryl’s caring and positive nature reflect a life of success in having attained both personal and spiritual growth.

Cheryl’s parents, Terry and Bobbi Stigall, and two older siblings, moved to midtown Memphis when she was a young girl. This allowed Cheryl to attend what she considered “great schools” in the area: Idlewild Elementary, Fairview Junior and Central High. The family became members of Union Avenue Methodist Church. Music and dance lessons were offered; however, Cheryl says that she was “tone deaf” and music lessons stopped. She found her love in athletics, and according to her, “To say I was a tomboy would be an understatement!” She played softball and basketball in the beginning but later added golf, biking, and tennis.

In her senior year of high school, Cheryl transferred to White Station High and discovered acting. Her involvement in athletics, dancing and acting has continued throughout her adult life as evidenced by her current membership with the Kirby Pines Line Dancers and Ham’ateurs Group.

Cheryl chose to attend Florida International University in Miami and earned a degree in Finance. She was given the opportunity to join Citibank’s Management Training Program. Out of a class of twenty-five, there were only three women! She worked in several departments including Private and Corporate Banking, Training, and Public Relations before being selected for a new program in which bankers were trained and licensed to sell and manage investment portfolios. Cheryl says, “It was an ‘eye-opener’ to work for an international organization with colleagues from all over the world. Since I was from Memphis, everyone wanted to know about Elvis. They thought I surely must have known him.”

According to Cheryl, “I have been blessed to have been married to two wonderful men. While living in Miami, I met and married Steven Waters, a banker, civic leader, and devout Christian. Steve practiced the teachings in James 2:24 that ‘Faith without works is dead.’ Following his unexpected death in 1991, so many shared how their life had been greatly influenced by him. Most of his work was done privately, and even I didn’t know all his acts of kindness and generosity.

BALLROOM DANCING AT KIRBY PINES!



Ballroom dance is a global activity practiced by all age groups. One such group is seniors who find ballroom dancing not only fun, but also great for their physical, mental and social health. If you have never considered ballroom dance as a potential pastime, take the time to review the following benefits of ballroom dance.

PHYSICAL HEALTH

While often rigorous, ballroom dance can be easily tailored to those that require a lower impact physical activity. A variety of dances can be practiced and performed at a slower pace and intensity, more attuned to your needs. This allows you to make the most of ballroom dance's health benefits, including improved muscle and bone strength, while lowering the risk of injury or exhaustion. Moreover, the improved posture, balance and motor skills encouraged by ballroom dancing can help prevent falls and other accidents.

PREVENT DISEASE

In addition to the cardiovascular and strength benefits of ballroom dance, recent studies have pointed to a link between the practice of dance and the prevention of disease. While reasons remain difficult to identify, researchers speculate that the increased mental activity required in ballroom dance— such as step memorization and

accounting for a partner— may help prevent symptoms experienced by sufferers of dementia, Parkinson's disease, and even chronic heart failure.

SOCIAL ACTIVITY

While many activities suffer from high drop out rates, ballroom dance counteracts this by being a fun, interactive experience. Social activity is also an important factor in the mental health and attitude, and ballroom dance is, at its core, a social activity. Not only can ballroom dancing be done almost anywhere with almost no equipment, but it is at its best when done with other people. Ballroom dance is of course great for couples looking for something new; it also makes it easy for individuals to make new friends, as most dances require partners.



**Join us each Wednesday at 2:00 pm
in the Performing Arts Center
with Dance Instructors,
Desiree McCain and Richard Bishop.**

Congratulations to our **EMPLOYEE of the Month**

Maintenance Tech

MICHAEL WARREN

Describe Your Family: Loving, open-hearted, caring and fun to be around.

Describe yourself in five words: Hardworking, funny, laidback type of guy.

What do you do for fun: Watch movies and sleep.

What is your favorite thing about your job: Money and the people I work with each day.

What is your favorite food: Pork Chops.

What is something you are proud of: My daughter.

What would you like people to know about you: I enjoy having fun.



Michael Warren is a valued member of the maintenance team. He is always there to help, and gets the job done in a timely and professional manner. In the years he has been with me I've come to respect his expertise and knowledge. We all feel lucky to have him on the team. Way to go Mikey!

- Chuck Neeley, Director of Maintenance

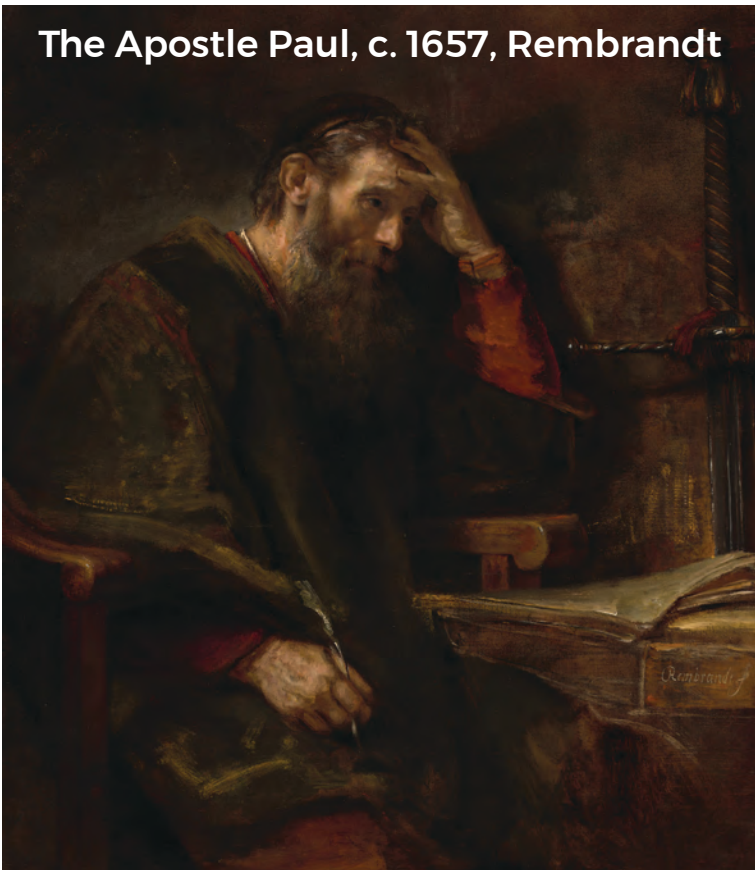
REFLECTIONS

By
Maxie Dunnam

G O D ' S A M A Z I N G

Grace

The Apostle Paul, c. 1657, Rembrandt



It is no happenstance that Paul wrote the largest portion of the New Testament. I am convinced that he is the person who knew Christ best. Believing that, our potential for knowing Christ is enhanced. Like us, Paul did not know Jesus in the flesh. With a note of sadness, he referred to himself as “one untimely born.” His was an experience of faith, as ours must be. Yet there is no doubt about it - Paul knew Christ, and we can know him as well.

It's all a matter of grace.

Grace is the heart-core of the Gospel. Paul is rather dogmatic in stating that: “For by grace you have been saved through faith.” (Eph. 2:8) In his gospel, John states it more expansively, identifying grace with who Jesus is. “The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and Only, who came from the Father, full of grace and truth..... From the fullness of his grace we have all received one blessing after another.” (John 1:14,16 NIV)

Even a bit of reflection on these three verses of Scripture makes it obvious that grace is important. In our understanding and living the Christian faith nothing is more important.

It's all grace!

September Vesper Services | 6:30pm | Performing Arts Center

September 1
Pastor Don Marston
Forest Hill
Baptist Church

September 8
Brian Stewart
Head Coach Briarcrest
G-town Church of Christ

September 15
Rev Dr Birgitte French
Colonial Park
United Methodist Church

September 22
To Be
Announced

September 29
Rev Dorothy
Wells Sanders
St. George's Episcopal

MEET ME AT



DRIVING MISS DAISY (1989)



Friday, September 2 | 1:30 pm

Saturday, September 3 | 6:30 pm

Sunday, September 4 | 6:30 pm

Cast: Jessica Tandy, Morgan Freeman, Dan Aykroyd, Patti LuPone

Daisy Werthan, an elderly Jewish widow living in Atlanta, is determined to maintain her independence. However, when she crashes her car, her son, Boolie, arranges for her to have a chauffeur, an African-American driver named Hoke Colburn. Daisy and Hoke's relationship gets off to a rocky start, but they gradually form a close friendship over the years, one that transcends racial prejudices and social conventions.

THE PIANIST (2002)



Saturday, September 3 | 10:00 am & 1:30 pm

Cast: Adrien Brody, Thomas Kretschmann, Frank Finlay, Emilia Fox

In this adaptation of the autobiography "The Pianist: The Extraordinary True Story of One Man's Survival in Warsaw, 1939-1945," Wladyslaw Szpilman, a Polish Jewish radio station pianist, sees Warsaw change gradually as World War II begins. Szpilman is forced into the Warsaw Ghetto, but is later separated from his family during Operation Reinhard. From this time until the concentration camp prisoners are released, Szpilman hides in various locations among the ruins of Warsaw.

BEYOND THE BLACKBOARD (2011)



Sunday, September 4 | 1:30 pm & 4:00 pm

Cast: Emily VanCamp, Treat Williams, Timothy Busfield, Steve Talley

A young teacher overcomes her initial fears and prejudices when she teaches homeless children in a shelter's makeshift classroom.

GOLDFINGER (1964)



Friday, September 9 | 1:30 pm

Saturday, September 10 | 6:30 pm

Sunday, September 11 | 6:30 pm

Cast: Sean Connery, Honor Blackman, Gert Frobe, Shirley Eaton

The powerful tycoon Auric Goldfinger has initiated Operation Grand Slam, a cataclysmic scheme to raid Fort Knox and obliterate the world economy. James Bond, armed with his specially equipped Aston Martin, must stop the plan by overcoming several outrageous adversaries.

THE GUARDIAN (2006)



Saturday, September 10 | 10:00 am & 1:30 pm

Cast: Kevin Costner, Ashton Kutcher, Melissa Sagemiller, Sela Ward

A Coast Guard rescue swimmer (Kevin Costner), who still mourns losing his crew in a fatal accident, copes by dedicating his life to training new recruits, so when he meets swimming champion Jake Fischer (Ashton Kutcher), he molds the cocky young man into his protege and takes him on a mission in the dangerous waters of the Bering Strait.

WORTH (2020)



Sunday, September 11 | 1:30 pm & 4:00 pm

Cast: Michael Keaton, Stanley Tucci, Shunori Ramanathan, Amy Ryan

In Washington, D.C., lawyer Kenneth Feinberg battles cynicism, bureaucracy and politics to help the victims of 9/11.

KELLY'S HEROES (1970)



Friday, September 16 | 1:30 pm

Saturday, September 17 | 6:30 pm

Sunday, September 18 | 6:30 pm

Cast: Clint Eastwood, Donald Sutherland, Telly Savalas, Don Rickles

In the midst of World War II, an array of colorful American soldiers gets inside information from a drunk German officer about millions of dollars worth of gold hidden on enemy soil. Kelly, a private with the platoon, devises a plan to sneak past the German officers to steal the loot for his crew. They recruit more men and set their plan into action. Despite several casualties, the men are determined to press forward, even if it means striking a deal with the opposing army.

THE MOVIES



FATHER STU (2022)



Saturday, September 17 | 10:00 am & 1:30 pm

Cast: *Mark Wahlberg, Teresa Ruiz, Mel Gibson, Jacki Weaver*

When an injury ends his amateur boxing career, Stuart Long moves to Los Angeles to find money and fame. While scraping by as a supermarket clerk, he meets Carmen, a Sunday school teacher who seems immune to his bad-boy charm. Determined to win her over, the longtime agnostic starts going to church to impress her. However, a motorcycle accident leaves him wondering if he can use his second chance to help others, leading to the surprising realization that he's meant to be a Catholic priest.

THE SECRET (2020)

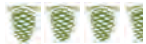


Sunday, September 18 | 1:30 pm & 4:00 pm

Cast: *Katie Holmes, Josh Lucas, Sarah Hoffmeister, Celia Weston*

Miranda Wells is a hardworking young widow who's struggling to raise three children on her own. A powerful storm soon brings a devastating challenge and a mysterious man, Bray Johnson, into her life. In just a few short days, Bray's presence reignites the family's spirit -- but he carries a secret that could change everything.

TITANIC (1997)



Friday, September 23 | 1:30 pm

Saturday, September 24 | 6:30 pm

Sunday, September 25 | 6:30 pm

Cast: *Kate Winslet, Leonardo DiCaprio, Billy Zane, Bill Paxton*

A seventeen-year-old aristocrat falls in love with a kind but poor artist aboard the luxurious, ill-fated R.M.S. Titanic.

LEGENDS OF THE FALL (1994)



Saturday, September 24 | 1:30 pm & 4:00 pm

Cast: *Brad Pitt, Julia Ormond, Anthony Hopkins, Aidan Quinn*



In early 20th-century Montana, Col. William Ludlow lives in the wilderness with his sons, Tristan, Alfred and Samuel. Eventually, the unconventional but close-knit family encounters tragedy when Samuel is killed in World War I. Tristan and Alfred survive their tours of duty, but, soon after they return home, both men fall for Samuel's gorgeous fiancée, Susanah, and their intense rivalry begins to destroy the family.

NEWS OF THE WORLD (2020)



Sunday, September 25 | 1:30 pm & 4:00 pm

Cast: *Helena Zengel, Tom Hanks, Truman Hanks, Elizabeth Marvel*

Five years after the end of the Civil War, Capt. Jefferson Kyle Kidd crosses paths with a 10-year-old girl taken by the Kiowa people. Forced to return to her aunt and uncle, Kidd agrees to escort the child across the harsh and unforgiving plains of Texas. However, the long journey soon turns into a fight for survival as the traveling companions encounter danger at every turn -- both human and natural.

LITTLE WOMEN (1994)



Friday, September 30 | 1:30 pm

Saturday, October 1 | 6:30 pm

Sunday, October 2 | 6:30 pm

Cast: *Winona Ryder, Kirsten Dunst, Susan Sarandon, Christian Bale*

In this 1994 adaptation of Louisa May Alcott's classic, the March sisters confront growing pains, financial shortages, family tragedies and romantic rivalries in mid-19th-century Massachusetts. Jo struggles for independence and sometimes clashes with her beloved mother and her sisters Meg, Amy and Beth. She also contends with their cranky Aunt March, their impulsive neighbor Laurie and kindly linguistics professor Friedrich Bhaer.

KIRBY PINES MOVIE RATING SYSTEM



= AVERAGE





= GOOD



= GREAT



= PERFECT

<div>September</div> <div>2022</div>		<div>ABBREVIATIONS KEY</div> <div><div><div>● Thtr - Theater</div><div>● FDR - Formal Dining Room</div><div>● PAC - Performing Arts Center</div><div>● BR - Billiard Room</div><div>● Trans - Transportation</div></div><div><div>● HS - Hobby Shop</div><div>● SCR - Small Card Room</div><div>● A&C - Arts & Crafts Room</div><div>● LCR - Large Card Room</div><div>● WC - Wellness Clinic</div></div></div>		<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Winds of War (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div> <div>1</div>	<div>8:30 am ● Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:30 am ● Cornhole (LCR)</div> <div>11:00 am ● Yoga Stretch (PAC/Live TV)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Al Mahan (PAC)</i></div> <div>2</div>	<div>8:00 am ● Men’s Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>3</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>4</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div> <div>5</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>9:30 am ● <i>Travelers: Bass Pro (Trans)</i></div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:15 pm ● Tuesday Bridge Group (LCR)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Queen Bees (Thtr)</div> <div>1:30 pm ● Advanced Line Dancing (PAC)</div> <div>5:30 pm ● Tech Time (Sunroom)</div> <div>6:30 pm ● <i>An Evening of Israeli Dance (PAC)</i></div> <div>6</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Peach World Market (Lobby)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: The Perfect Storm (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: The Perfect Storm (Thtr)</div> <div>7</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Winds of War (Thtr)</div> <div>2:00 pm ● <i>Resident Association Meeting (PAC)</i></div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div> <div>8</div>	<div>8:30 am ● Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● <i>Flag Raising Ceremony (Out Front)</i></div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>11:00 am ● Yoga Stretch (PAC/Live TV)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with The Double Stops (PAC)</i></div> <div>9</div>	<div>8:00 am ● Men’s Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>5:00 pm ● <i>Lighting of the Lake (Grounds)</i></div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>10</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>11</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Alterations (A&C)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Poetry Group (Chapel)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div> <div>12</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Movie: Woman In Gold (Thtr)</div> <div>1:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● <i>Birthday Night with Hank and Nora (PAC)</i></div> <div>13</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● <i>Book Sale (Lobby)</i></div> <div>10:00 am ● Peach World Market (Lobby)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:30 pm ● KP Garden Gro’ers (Greenhouse)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Purple Hearts (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Purple Hearts (Thtr)</div> <div>14</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● <i>Billiard’s Tournament (BR)</i></div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Winds of War (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>3:00 pm ● Photo Club (LCR)</div> <div>6:30 pm ● Vespers (PAC)</div> <div>15</div>	<div>8:30 am ● Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>11:00 am ● Yoga Stretch (PAC/Live TV)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Wyndie Oh (PAC)</i></div> <div>16</div>	<div>8:00 am ● Men’s Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>17</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>18</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:00 am ● Jewelry Repair (SCR)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Tech Time (Sunroom)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div> <div>19</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:00 am ● <i>Flu Shots (LCR)</i></div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Bridges of Madison County (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● <i>Anniversary Dance (PAC)</i></div> <div>20</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:00 am ● <i>Flu Shots (LCR)</i></div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Peach World Market (Lobby)</div> <div>10:00 am ● Caregiver Support Group (SCR)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>11:00 am ● <i>Travelers: Redbirds Game (Trans)</i></div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Miss Congeniality (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Miss Congeniality (Thtr)</div> <div>21</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Traveler’s Meeting (LCR)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Winds of War (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div> <div>22</div>	<div>8:30 am ● Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>11:00 am ● Yoga Stretch (PAC/Live TV)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>2:00 pm ● <i>Art Wall Reception (PAC)</i></div> <div>6:00 pm ● <i>Music with Donna Wolf (PAC)</i></div> <div>23</div>	<div>8:00 am ● Men’s Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>6:15 pm ● Saturday Night Trivia (LCR)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>24</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div> <div>25</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Alterations (A&C)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div> <div>26</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● The Book Baggers (PAC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Forgiven (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Movie: Forgiven (Thtr)</div> <div>27</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Peach World Market (Lobby)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>1:30 pm ● Movie: Alice In Wonderland (Thtr)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Wednesday Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Alice In Wonderland (Thtr)</div> <div>28</div>	<div>8:30 am ● Men’s Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Mini Series: Winds of War (Thtr)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div> <div>29</div>	<div>8:30 am ● Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Water Aerobics (Pool)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>11:00 am ● Yoga Stretch (PAC/Live TV)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>2:00 pm ● <i>An Afternoon of Poetry (LCR)</i></div> <div>6:00 pm ● <i>Music with The Beverly Brothers (PAC)</i></div> <div>30</div>	

September 2022 EVENTS

Sept 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

Sept 1: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

Sept 1: Sit and Stand Class

Come get moving! Join us every Tuesday and Thursday in the PAC for our Arthritis Sit and Stand Class. Can't make it to the PAC? Turn you TV to channel 2.1 and join us right from your living room!

Sept 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.



Sept 1: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Beginner's class is at 1:30 pm and advanced is at 2:15 pm. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Sept 1: Winds of War

Join us for our current mini series, Winds of War. This is a globe-shattering story of turbulent times and America's sudden entry into World War II, as seen through the eyes of one American naval family. Showtime is at 1:30 pm.

Sept 2: Wear Your College Colors Day

Football season is finally back! Be sure to wear your college colors today and come check out the new display case – college addition!

Sept 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Sept 2: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Sept 2: Cornhole Club

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR this month at 10:30 am for a fun time.

Sept 2: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Friday at 11:00am in the PAC & live TV.

Sept 2: Music with Al Mahan

Al Mahan is a pastor, singer/songwriter, and performer from Smithville, TN. His concerts are filled with humor, parodies, impersonations and much laughter, as he takes on a heart-warming nostalgic stroll down memory lane. Come enjoy the songs of yesteryear in the PAC at 6:00 pm.

Sept 3: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Sept 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Sept 5: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Sept 5: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Sept 6: Travelers: Bass Pro

Join us at Memphis' one of a kind Bass Pro Shop at the pyramid. This shop has a Cypress Swamp theme where there are many exhibits, fish tanks, alligator tanks, two restaurants (one at the top of the pyramid with an awesome view on the observation deck - requires an \$8 elevator ride to the top), and bowling alley. Be sure to sign up in the Activities office with your \$5 transportation fee. Don't forget extra money for lunch, shopping, the observation deck, etc (all optional). We will meet in the lobby at 9:30 am the morning of the adventure.

Sept 6: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Sept 6: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Sept 6: Queen Bees

After reluctantly agreeing to move in to a senior's home, a woman encounters a clique of mean-spirited women and an amorous widower. Showtime is at 1:30 pm.



Sept 6 & 19: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Sept 6: An Evening of Israeli Dance

Have you ever tried line dancing? Why not come and try it out. We will have an evening of dancing with the Shalom Israeli Folkdancers. Join us in the PAC at 6:30 pm.

Sept 7: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Sept 7: Peach World

Peach World is back! Come out to the lobby between 10:00 am and 2:00 pm to stock on some fresh fruits and vegetables from our very own Farmer's Market!

Sept 7: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Sept 7: Needle Arts Group

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Sept 7: The Perfect Storm

As a huge storm approaches, a fisherman who's on a run of bad luck risks everything for an enormous catch, going beyond his boat's normal reach. Showtimes are 1:30 pm and 6:30 pm in the theatre.



Sept 7: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Sept 7: Bridge Group

The Bridge Group meets every Wednes-

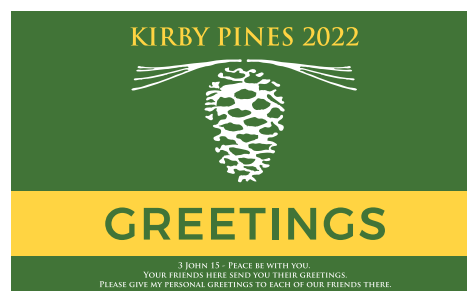
day at 6:15 pm and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library. Contact Jeanette Martin at (901)351-5230 for more information.

Sept 8: Resident Association Meeting

Join us for our next Resident's Association. We will have our normal business meeting followed by a special guest speaker from the Memphis Botanic Gardens to tell us all about Alice's Adventures at the Garden. Be sure to come out to the PAC at 2:00 pm.

Sept 9: Flag Raising

Please join us under the Porte Cachere at 9:30 am for our 39th Anniversary Flag Raising. We will kick off our anniversary weekend with some greetings and the meaning behind greetings from a special guest speaker.



Sept 9: Music with Double Stops

This Memphis-Based family fiddle band, led by Becky Roland, plays traditional tunes with fiddles, guitar, and harmonies. Becky's daughters round out the group to present a dynamic, engaging, fiddle-playing experience. Come join us in the PAC at 6:00 pm.

Sept 10: Lighting of the Lake

Join us for the 39th Anniversary Lighting of the Lake. Our theme this year is Greetings and the color is Daisy Yellow. The ceremony will start promptly at 5:00 pm by the Lake Latimer. Following the ceremony we will have a reception in the lobby and dining room. Be sure to wear your best yellow attire and join us in celebration!

Sept 12 & 26: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Sept 12: Poetry Group

All poetry lovers! We will continue to

meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Sept 13: Woman In Gold

Six decades after fleeing the Nazi's in WWII, Maria Altman sets out to reclaim her family's stolen artwork with the help from a young lawyer. Showtime is 1:30 pm in the theatre.



Sept 13: Birthday Night with Hank & Nora

Hank and Nora sing and play guitar, performing classic country, vintage standards, and Memphis music. They enjoy performing gospel numbers, 1940s classic country such as Hank Williams, Patsy Cline, The Beatles, and more. Hank and Nora always engage the audience, making their show both fun and personal and always ensuring that participants feel special. Join us or the celebration at 6:00 pm in the PAC.

Sept 14-17: Book Sale

Be sure to check out the Kirby Pines book sale. Tables will be set up in the lobby each day. Shopping begins at 10:00 am all days.

Sept 14: Garden Gro'ers

Love gardening? Come join us at the monthly meeting. Please remember: pick your own tomatoes or call Charlie and he will pick them for you! We hope to see you and a friend in the Greenhouse at 10:30 am.

Sept 14: Purple Hearts

An aspiring musician agrees to a marriage of convenience with a soon-to-deploy Marine, but a tragedy soon turns their fake relationship all too real. Showtimes are 1:30 pm and 6:30 pm in the theatre.

Sept 15: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

Sept 16: Music with Wyndie Oh

Wyndie Oh and her accomplished accompanist bring you soulful sounds from the heart. Wyndie sings Smooth Jazz, Old School R&B, Country, Gospel and Neo Soul. Come experience this talented singer in the PAC at 6:00 pm.

Sept 19: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR on the 3rd Monday at 9:00 am.

Sept 20 & 21: Flu Shots

The Rx Shop will be here from 9:00 am to 4:00 pm in the LCR for flu shots. Stay tuned for more details as the date approaches. If you have questions in the meantime, be sure to call the clinic.

Sept 20: The Bridges of Madison County

When a vaguely discontented Iowa housewife meets a National Geographic shutterbug, what begins as a guarded friendship erupts into an intense affair. Showtime is 1:30 pm in the theatre.



Sept 20: Anniversary Dance

Come out to our September dance as we celebrate the 39th Anniversary of Kirby Pines. The photo booth opens at 6:00 pm and music with the Jeremy Shrader Band kicks off at 6:30 pm.

Sept 21: Travelers: Memphis Redbirds Baseball Game

"Take us out to the Ball Game" . . . yes, we have a planned trip to see the Red Birds in action! Sign-up at the Activities Office by bringing \$22 (ticket and transportation fee). Don't forget extra money for food and drink as well as sun lotion and a sun hat. We will meet in the lobby at 11:00 am the day of the game.

Sept 21: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique

problems. Caregiving is very difficult. Come be a part of our group.

Sept 21: Miss Congeniality

Uncouth and unfashionable FBI agent Gracie Hart goes undercover as a contestant in the Miss United States beauty pageant to thwart a terrorist threat. Show times are at 1:30 pm and 6:30 pm in the theatre.



Sept 22: Travelers Meeting

The planning committee members of the Travelers' Group want to hear from you! It has been quite a while since we have met as a group as we were anxious to get going to various places after undergoing the pandemic experiences. Refreshments will be provided and suggestions for excursions will be heard! We hope to see you at 10:00 am in the LCR!

Sept 23: Art Wall Opening

Come out and celebrate our September art wall reception. We will hear from some of our wonderful Kirby artists followed by a wine and cheese reception with your chance to mingle with the artists. Be sure to come see these wonderful pieces at 2:00 pm in the PAC.

Sept 23: Music with Donna Wolf

Join us Friday for a wonderful evening of violin and fiddle music presented by the talented Donna Wolf. Come out and join us in the PAC at 6:00 pm.

Sept 24: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Sports and Leisure. However, trivia questions can be presented on any topic. Join us at 6:15pm in the chapel. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail.com.

Sept 27: The Book Baggers

Lisa Wingate, a Kirby favorite, is the author of "Before We Were Yours" and

"Before and After." For our September Book Baggers meeting will be hosting, via zoom, one of the orphans who is featured in "Before and After". Sallie Brandon, who is "Janie" in Chapter 14 of "Before and After" will be telling us about her life and what she has been doing for many years to help the children of the orphans to learn the stories of their parents. You won't want to miss this meeting! Join us in the theater at 9:30 am.

Sept 27: Forgiven

When a police standoff leads to a hostage situation inside a church, a pastor's daughter puts her fear aside in a bid to save the perpetrator's life. Showtimes are at 1:30 pm and 6:30 pm in the theatre.

Sept 28: Alice In Wonderland

Disney's animated, musical retelling of Lewis Carroll's whimsical tale follows young Alice as she falls down a rabbit hole and enters a strange and wonderful world that is home to the Mad Hatter, the Cheshire Cat and the terrifying Queen of Hearts. Show times are at 1:30 pm and 6:30 pm in the theatre.



Sept 30: An Anthology of Kirby Pines Poems

Come and join us as we listen to poems written by past and present Kirby Pines residents. The poems will be chosen by Kirby Pines attendees at their September 12th meeting. Come enjoy a unique experience complete with refreshments at 2:00 pm in the LCR!

Sept 30: Music with The Beverly Brothers

The Beverly Brothers perform perfect harmony-based songs ranging from classic country to rock and roll favorites. This 2-guitar duo always delivers a spirited, high energy show that invites and incites audience participation. Be sure to join us in the PAC at 6:00 pm.

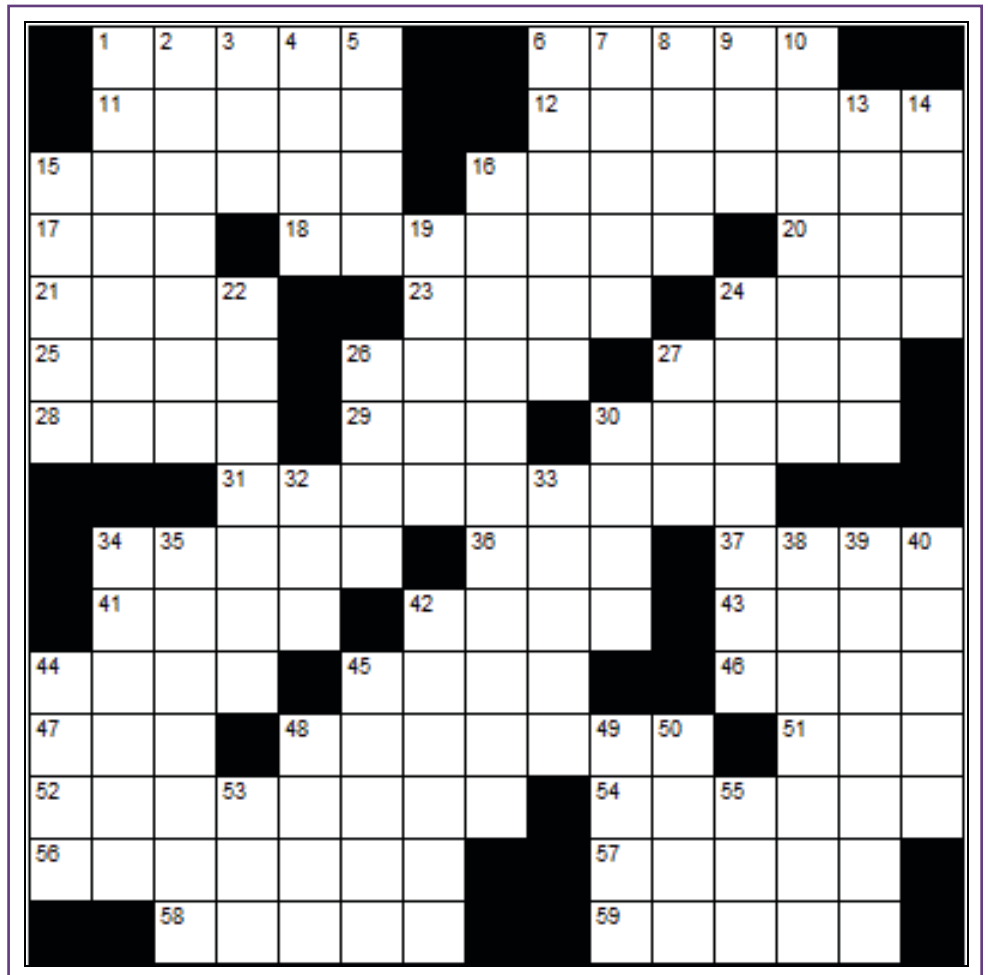
PUZZLE CHALLENGE | Giant Crossword

ACROSS

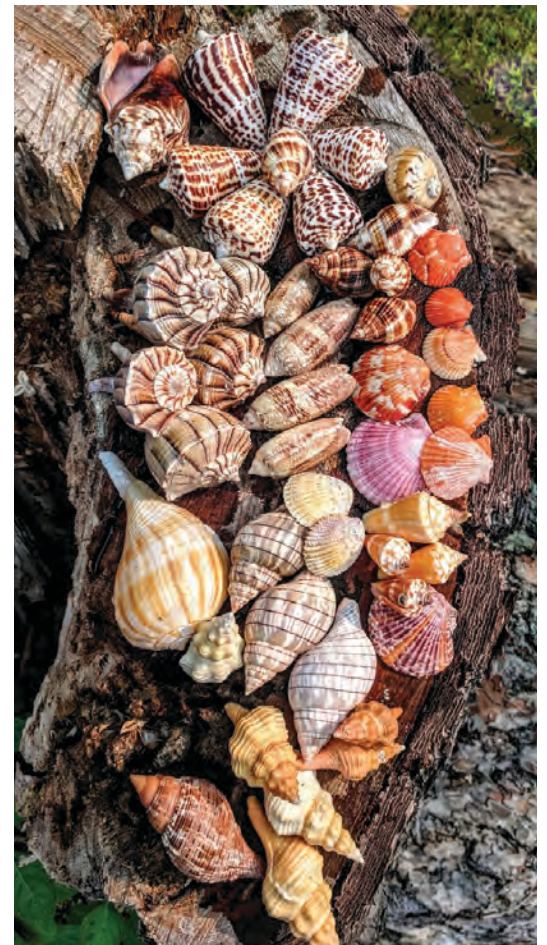
1. Sacred hymn
6. Group of eight
11. Scoundrel
12. Speech sound
15. Instant
16. Remain firm
17. Type of primate
18. Panting
20. Grassland
21. An implement
23. Sound a horn
24. Opening
25. Slave
26. Long, long time
27. Infinitesimal amount
28. Observed
29. Pale
30. Was laid up
31. Kind of exercise
34. Beach souvenir (see photo for hint)
36. Lip
37. Asian nurse
41. Small
42. Edges
43. Exploded star
44. An international trade treaty
45. Sit for a photo
46. 1 1 1 1
47. Be bedridden
48. Red
51. Explosive
52. Triumphs
54. Parking structure
56. Gist
57. Feudal lord
58. Horse
59. Patriarch

DOWN

1. Suggest
2. Somebody
3. How old you are
4. Breathing organ
5. Of higher order
6. Choice
7. Monk's monotone
8. Chinese dynasty
9. Additionally
10. Use up



13. Frenzied follower of Dionysus
14. French for "State"
15. Couples
16. Slips of the tongue
19. Water vapor
22. Not strict
24. Source of lava
26. Absent Without Leave
27. 3 in Roman numerals
30. Upper limbs
32. Cunning
33. Multiplication
34. Steps
35. Lack of success in baseball
38. Collage
39. Retaliator
40. Undue speed
42. Stirred up
44. Be slack-jawed
45. What something costs
48. Walking stick
49. Look at flirtatiously
50. Type of fastener
53. Animal doctor
55. Crimson



Puzzle Solutions - page 23

PICTURING LIFE AT KIRBY PINES



Steve Martin, Louise South, Paula Hanson, Linda Tittle and Sally Coleman show off their talents in the much anticipated Sound of Music production.



Pat Brand and Jane Longfield played nuns. Photo by Arrena Cheek.



Carlie Ann Davis enjoys National Cookie Day.



Is Joe Jackson the real "Cookie Monster"?



Rosalind Edwards is ready to take on a chocolate chip cookie.



Mary Ann Thurmond getting ready to dive into some watermelon at the Garden Gro'ers party.



Laura Parrott also enjoys some cold watermelon on a warm August day.



John Travis Thornton and Alice Wherry were this month's Bridge Champs. Photo by Steve Martin.

PICTURING LIFE AT KIRBY PINES



Jean Mauney celebrates her August birthday with husband, Mal.



Maxie Dunnam, with his wife, Jerry, are all smiles at his birthday celebration.



Joe Brooks holds on to his birthday girl, wife, Shirley, at our birthday night.



Bettye Speake enjoys her August birthday with her husband, Tracy and their daughter Amy.



Barbara Logan is surrounded by friends, Merry LeShane, Mary Stagg, Joyce Read, Alma Crone, Jennie Fulmer and Donna Griffin.



Peggy Wilson joins her husband, Curt and friends, Cindy and Fred Dabrowski to celebrate all three of their August birthdays. They obviously enjoyed it!



Friends, Sarah McCallum and Sharon Overman are both enjoying their birthday party.

PICTURING LIFE AT KIRBY PINES



Alice Petty checking out the inventory at The Blossom Shop.
Photo by Arrena Cheek.



Some of our residents took a trip downtown to The Orpheum Theater to see My Fair Lady on the big stage.



Anne Carter, Sally Brown and Joan Dodson checking their mail together.
Photo by Sydney Wagner.



Carol & Joe Ballard dress up to attend our Kirby Pines Sock Hop.



Fran Gentry, Ellie Bates and of course, the King, Elvis Presley at the Sock Hop.



Nancy Albonetti inspects our puzzle collection. Photo by Mary Ann Thurmond.



Charlie Parrott receives a Quilt of Valor.
Photo by Jeannie Valentine.

KIRBY PINES PHOTO CLUB



Here Fishy, Fishy!
Photo by Stuart Eyman



Fountain of Light
Photo by Fred Dabrowski

This Month we looked
over member photos.
Come Join the Fun
Thursday,
September 15th at 3:00 pm
in the Large Card Room



Early Morning Walk
Photo by Jim Stanley



Hidden Hydrant
Photo by Hugh Wilson



Bee Pollen
Photo by Sylvia Statham



Poodle Skirt Time
Photo by Arrena Cheek



Summer Day
Photo by John Sosh



Exquisite Cuisine
Photo by Steve Martin



Spot the Koi
Photo by Fran Gentry



Home Grown
Photo by Jane Longfield



Make A Wish and Blow
Photo by Mary Ann Thurmond



Rainbow Fountain
Photo by Genenne Wilson



Colorful Lantana
Photo by Sydney Wagner

Memorials, Honorariums & Gifts

In Memory Of

CAROLYN LIFLAND

Donation by Sydney Wagner
to the Book Baggers

Donation by KP Residents Association
to the Hobby Shop

MARGARET HEFFNER

Donation by KP Residents Association
to the Grden Gro'ers

DR DON DUKE

Donation by KP Residents Association
to the Library/Large Print Books

Donation by Marty & Janie Kocman
to the Employee Fund

Donation by George Courington
to the Employee Fund

Donation by Sydney Wagner
to the Book Baggers

Donation by Sylvia Statham
to the Employee Fund

Donation by Gertrude Sites & Mike Roberts
to the Library/Large Print Books

SANDRA TRAMMELL

Donation by Jim & Lois Dazey
to the Garden Gro'ers

Donation by Irene Baker
to the Garden Gro'ers

GLENN WALL

Donation by Carol Odom
to the Library

Donation to the Employee Fund

Donation by Barbara Logan

Donation by Del & Jo Mercer

In Memory Of

GLENN WALL

Donation to the Book Baggers
Donation by KP Residents Association

Donation by Joan Gilliland

Donation by Mike Jaeger

Donation by Sydney Wagner

Donation by Christine Martin

Donation by Marty & Janie Kocman

Donation by Shirley Anderson

Donation by Mary Alice Wallis & Ellen Gilbert

Donation by Sylvia Statham

Donation by Barbara Hanrahan

Donation by Berry & Betty Terry

Donation by George Courington

Donation by Diane Talarico

Donation by Cheryl Johnson

Donation by Jim & Lois Dazey

Donation by Alice Petty

Donation by Jerry & Bonnie Nowlin

Donation by Bettie Smith

Donation by Dorothy Hartzog

Donation by Irene Baker

Donation by Sally Cook

Donation by Joe & Shirley Brooks

Donation by Leon & Marilyn Sanderson

Donation by Pat Brand

Donation by Jerry & Beverly Allison

In Honor Of

MARK MAXWELL

Donation by Sylvia Statham
to the Hobby Shop

Donation by Scott Blake
to the Hobby Shop

MIKE HUFNAGEL

Donation by Barbara Pender
to the Hobby Shop

In Honor Of

CURT WILSON

Donation by Barbara Pender
to the Hobby Shop

SYDNEY WAGNER

Donation by Martha Gardiner
to the Employees Fund

Donation by Janice Wall
to the Book Baggers

SHERYL MAXWELL

Donation by Janice Wall
to the Book Baggers

LEON & MARILYN SANDERSON

Donation by Janice Wall
to the Book Baggers

ROY & MARY ANN THURMOND

Donation by Janice Wall
to the Book Baggers

CHERYL JOHNSON

Donation by Janice Wall
to the Book Baggers

Gifts To

THE HOBBY SHOP

Donation by Martha Pugh
Donation by Darrell & Vollie Sanders



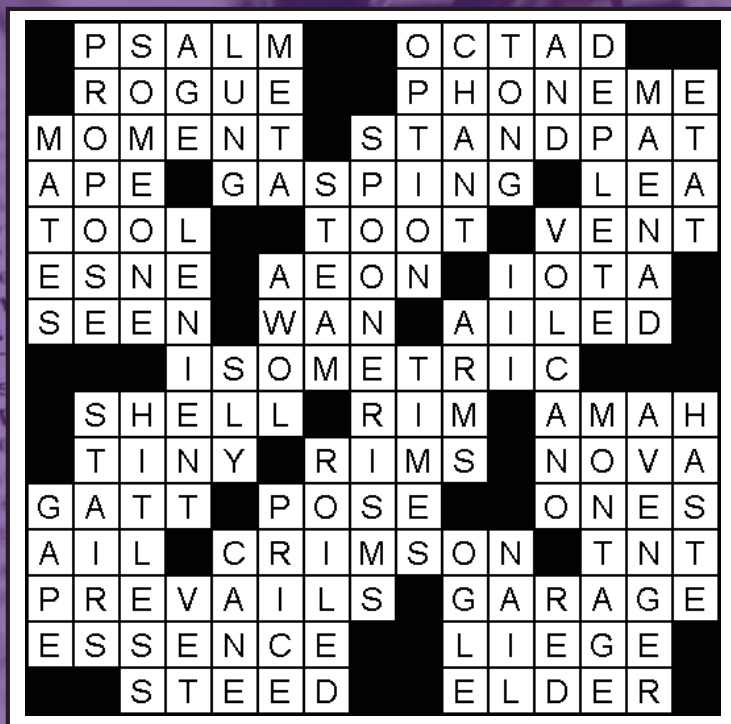
TO SEE MORE PHOTOS & HAPPENINGS



CHECK OUT OUR FACEBOOK PAGE!

Simply go to **facebook.com** and search **Kirby Pines!**

GIANT CROSSWORD



ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

**KIRBY PINES WOULD LIKE TO THANK
HOME DEPOT FOR THEIR CONTINUED SUPPORT
THROUGHOUT THE YEARS.**



Here Is Kirby Pines' Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

MEET THE KIRBY PINES POETRY GROUP

The Poetry Group offers a time to meet and visit with friends who will offer encouragement for your writing and for your life. Come and be affirmed in one of the best small groups at Kirby Pines.

They meet the First Monday of each month at 10:00 am in the Chapel.

Join them Friday, September 30th at 2:00 pm for An Afternoon of Poetry in the Large Card Room.



3535 Kirby Parkway • Memphis, Tennessee 38115 • 901-369-7340 • www.kirbypines.com