

# the PINECONE

The Magazine of Kirby Pines LifeCare Community • October 2022 | V. 40 | I.10



**PAT BRAND & JANICE WALL**  
*welcome new author, Shari Brand Ray,  
who will be signing her book October 25th!*  
See inside for details.

Energize! | The Future of Wellness | Getting Heaven Into Us | Resident Spotlight: Raymond & Jean Harvell



# Always Making a Difference

The beginning of the fall season is a great time to reflect on the variety of events we enjoyed during the summer months and to anticipate those ahead. And what better way to begin than by acknowledging the International Day of the Older Person, October 1st. Designated by the General Assembly of the United Nations in 1990, all countries are encouraged to enable men and women to age with dignity and to integrate aging issues into everyday life. Kirby Pines is a daily example of doing just this. Also, to be celebrated the first day of October is International Coffee Day, and as a somewhat avid coffee drinker, I may just go out for breakfast on Saturday to experience more than my home brewed coffee.

This month we also celebrate: National Custodial Worker's Day, October 2nd. This day is set aside for us to thank the numerous employees that maintain the overall appearance of our beautiful community; the week of October 2nd -8th is National Health Care Food Service Week, this group of employees are an essential part of our integrated lifecare services.

Please join your fellow residents in thanking these individual employees for the time they dedicate to make a difference in your life.

## at Kirby Pines

Along this same thought, October 22nd is Make a Difference Day – and we all have the ability to do something small that makes a difference. Let's make sure we start the fall season by making a positive difference at Kirby Pines Lifecare Community.

If you're looking for a new experience, don't forget to join in on the fun of a tethered hot air balloon ride during our annual Fall Festival late this month. And if you are looking forward to a truly gastronomic experience, be sure to make reservations for the last Exquisite Cuisine meal of this year on October 27th.



Michael  
Escamilla,  
Executive  
Director,  
Kirby Pines

## ON THE PINECONE COVER

### Fall Has Arrived at Kirby Pines!

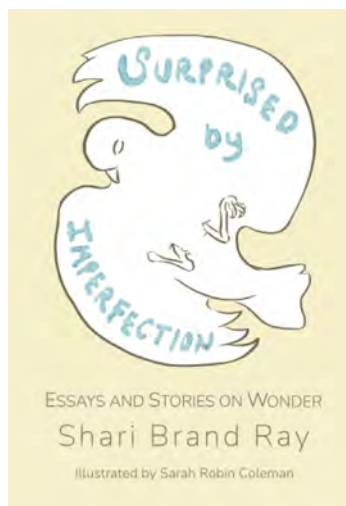
Fall is a special time of year at Kirby Pines, the grounds are painted with color and the cooler temperatures allow for getting outside. After all, who doesn't love sweater weather?

This month we have a lot of opportunities to get out, starting with the Travelers trip to the Botanic Gardens to see the Alice in Wonderland Exhibit on the 5th. They will also take a Memphis Tour with Jimmy Ogle on the 20th and catch the Collage Dance Collective on the 26th. Our Cornhole Club will be meeting at Lake Latimer on the 7th and our big Fall Festival with food trucks and balloon rides is on the 25th.

If you prefer to stay in, we are celebrating our breast cancer survivors with a Think Pink Dance on the 18th with The Jim Mahannah Band. The 27th we are holding a Fall Rummage Sale, to clean out those closets. To get in the Halloween spirit we will have a Pumpkin Decorating Contest throughout the month and a Costume Contest on the 31st.

Our front cover features residents, Pat Brand and Janice Wall with Pat's daughter, Shari Brand Ray. Shari will be at this month's Book Baggers on the 25th. She will be discussing, selling and signing her new book, *Surprised by Imperfection*. Books will be discounted for this event. If you can't make it the 25th, she will back on the 27th at 2:00 pm for a special Marketing event.

On our back cover you will see members of the Kirby Pines Hobby Group. These guys (and girl) are extremely talented and always willing to help out their community (see page 8). Anyone interested in joining can reach out to any member.



Pat Brand's Daughter's Book

Kirby Pines Retirement LifeCare  
is managed by:



Retirement Companies of America

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## Get to know Kirby Pines'

# NEW RESIDENTS



**Anna Butler**

Recently Anna Butler moved to Kirby Pines from her former home in Germantown, Tennessee. She was born in Dover, Tennessee. Anna and her late husband Charles were married for 68 years and they have a loving family of 6 nieces and nephews.

After attending business school, Anna launched a 34 year career in sales management. She owned a flower shop for 10 years before becoming manager/buyer for a mall Bathtique and the St. Francis Gift Shop.

Anna's interests include T.V., reading (novels and light romance), needlework, shopping, and visiting and entertaining family and friends. She also enjoys following the University of Memphis Tigers and the Tennessee Titans.

When moving, Anna had to dispose of some of her pig collection. You will recognize her apartment with a pig on the door. She still has lots of pigs!

We are so glad Anna has chosen Kirby Pines Retirement Community for her forever home. She is anxious to make new friends and get involved in the activities. Welcome Anna, we are so happy to have you for a new neighbor! If you see her in the hallways or the dining room, give her a big Kirby smile and show her the ropes.

*New Resident Bios written by resident, Peggy Reynolds Gatlin*



**Stuart & Bonnie Eyman**

We want to extend a warm Kirby Pines welcome to Stuart and Bonnie Eyman. Before moving here, they lived in Cape Cod, Massachusetts for 40 years.

Married for 38 years, they have an extended family made up of many loving nieces and nephews.

Stuart earned a B.S. Degree from the University of Massachusetts Elmherst and Bonnie went to business school in White Plains, New York.

Stuart had a 50 year career as a golf course superintendent, becoming certified and being a member of Golf Course Superintendents Association of America and Cape Cod. After business school, Bonnie worked in retail and did clerical work before computers.

Travel destinations of the Eymans include Hawaii, Bermuda, The Bahamas, and Canada. Stuart has also traveled to Cuba and Puerto Rico.

Stuart enjoys photography, golf and dancing while Bonnie also likes dancing along with cooking, floral designing and reading. They are cat lovers but, no longer have one.

Sounds like the Eymans will enjoy life at Kirby Pines with all the entertainment and activities available. Make sure you meet them if you haven't already and make them feel at home.



**Barbara Pender**

We are pleased to welcome Barbara Pender from her previous residence in Germantown. Born in Cleveland, Mississippi, Barbara was married to her late husband, Doug, for 27 years. She is the proud mother of her daughter, Leslie, and grandmother of twin granddaughters and 4 great grands.

Barbara graduated from Draughton's Business College and Northwest Junior College. After school, Barbara began her 38 year career working for the U.S. Government Department of Defense. She was an accounting and personnel tech at the Memphis Army Depot. During her Department of Defense tenure, Barbara was honored by being nominated as the most outstanding D.O.D. employee.

Making memories with her grandchildren were Barbara's motivation for some of her traveling adventures. The destinations included Mexico and the Islands off of Mexico, England, Hawaii, and Canada.

A person who likes to stay busy, Barbara enjoys entertaining and spending time with friends. Listening to music and playing Canasta are 2 of her favorite past times.

You'll find an immediate friend upon meeting Barbara. She has many experiences and childhood memories to share. Get acquainted with her soon, she is looking forward to making new friends.



# ENERGIZE!

## Simple ways to Revitalize

Are you tired of feeling tired? Does your fatigue rule your daily activities? Do you want to be more active? Years ago the philosophy of growing old was to retire, rest, and take it easy. Today's way of life for retired folks is stay busy, enjoy your hobbies, and keep moving. Most Kirby Pines residents' appointment books stay booked up. I would much rather hear someone say, "Sorry I won't make your exercise class today: I have too much to do." Rather than I'm too tired to do anything." The Arthritis Foundation recently printed an article with some great tips to boost your energy level and restore that happy, vibrant feeling.

Try some of these helpful ideas the next time you feel a little drained.

1. Check your posture. Slumping makes your muscles work harder than sitting up right.
2. Make time for quiet time. Prayer and meditation relaxes your body, slows breathing, lowers blood pressure, and relieves worry.
3. Drink a glass of cold water. Dehydration is a major cause of fatigue. Try to get in 8 glasses daily. Water also improves digestion, helps control obesity, and helps kidney function.
4. Be positive with yourself. Speak to yourself with encouragement not criticism. "It's a new day!" "Take quit out of your vocabulary"
5. Wear red. A brightly colored scarf or sweater can improve your mood and alertness.
6. Listen to good music. Irish folk music with fiddles and accordions is quite invigorating.
7. Laugh out Loud (LOL). A good chuckle, giggle, or side-busting guffaw reduces stress, lowers blood pressure, and raises endorphins, our body's natural painkiller. Read the comics, watch an Andy Griffith rerun, or connect with someone who shares your sense of humor.
8. Get enough sleep.
9. Pop a peppermint in your mouth. The scent of peppermint can decrease fatigue by up to 25 percent.
10. Exercise and stretch every day, several times each day.

Step away from the TV and fatty, sugary foods and step up your energy level with some of the many opportunities Kirby Pines has to offer. Join a card group or play Bingo. Sign up for a Bible study. Join one of the exercise classes that are available Monday through Friday to help with stretching, cardio, exercise and strengthening. Join the Line Dancers or Ballroom Dancers. The Oasis exercise room never closes, and we encourage you to have a workout partner.



### Monday/Wednesday/Friday

#### Advanced Water Aerobics

##### Resident Led

8:30 am - 9:30 | Pool

9:30 am - 10:30 am | Pool

#### Exercise in the PAC

##### Resident Led

9:30am | PAC/Live TV

#### Yoga Stretch

##### with Kim Roberts

Friday Only

11:00 am | PAC/Live TV

### Tuesday/Thursday

#### Men's Water Aerobics

##### Resident Led

8:30 am - 9:15 am | Pool

#### Arthritis Water Aerobics

##### with Kim Roberts

9:30 am - 10:15 am | Pool

#### Arthritis Sit/Stand Class

##### with Kim Roberts

11:00 am - 11:45 am | PAC/Live TV



*you are only*

# ONE WORKOUT

*away from a*

# GOOD MOOD





# VIRTUAL REALITY



VR (Virtual Reality) is where it's at – the newest and latest technology is being hailed as a fun and interactive way to exercise, escape, relax, travel, and even participate in group activities.

There are multiple platforms available that offer everything from guided meditation to hip-hop and other forms of dancing, to spa treatments and traveling (virtually) to favorite/desired destinations. Virtual Reality can be highly therapeutic and impact physical, mental, and social well-being.

VR has been shown to have a myriad of benefits to users; some of the most notable benefits include:

**Mental Stimulation:** Virtual Reality systems allow for a multitude of different uses, activities, etc. This includes things like activities for attention, memory, math, and other cognitive activities.

**Enhanced Socialization:** Virtual Reality can be used as a tool to encourage socialization. For example, multiple users can interact with the same movie or participate in the same events and share their experiences with one another, thus promoting socialization.

**Reduced Depression:** Many people, especially in today's somewhat isolated environment, experience feelings of depression or loneliness. The ability to "travel", interact and experience new places, even virtually, can impact someone's mood and overall feelings of content.

**A Therapeutic Effect:** Movement is life! Just getting people to increase their movement, activity, and engagement levels can have a positive, therapeutic effect on overall well-being.

Besides offering a fun and interactive activity, Virtual Reality users report a decrease in feelings of stress, increased relaxation, and better overall mood. VR has also been hailed as a drug-free solution to many stress/anxiety-induced conditions.



In summary, Virtual Reality may be part of a solution in helping to stay active and engaged. With options for all fitness, functional, and mobility levels, virtual reality will likely play a major role now and in future for maintaining and improving all 7 dimensions of wellness.

*Jen Callahan,  
Clinical Outcomes  
and Reimbursement  
Specialist,  
Functional Pathways*



**If you would like to learn more about what Virtual Reality options might be right for you, or how Virtual Reality can help to increase activity and engagement, feel free to reach out to Eric Walker, our Director of Rehabilitation at 901.366.1819.**



# EXQUISITE CUISINE

Thursday, October 27, 2022



## OKTOBERFEST SCHNITZEL

Our take on the classic German dish! A Tomahawk Veal Chop, paired with Spaetzle and Red Cabbage for a burst of flavor in every bite!



## BRATS & POTATO PANCAKES

Juicy Beer-soaked Sausages with light and fluffy Potato Pancakes to get the meal started.



## ACORN SQUASH SOUP

We start by hollowing out an Acorn Squash and filling it with creamy seasonal Bisque, finishing with a dollop of Sour Cream and Spices.



## BLACK FOREST CAKE

Originated in the Black Forest region of Germany this cake is Chocolate, Cherry and Vanilla, the perfect way to finish a meal!

**CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314**





## Resident Spotlight: Raymond & Jean Harvell

years and was stationed at the Memphis airport, so this did not disrupt their lifestyle.

Jean's off-and-on work experience was with various insurance agencies starting with E. H. Crump. She began that work as a customer service representative, eventually obtaining a license to sell property and casualty insurance.

In 1954, Raymond started work with Buckeye Cotton Oil, before moving to Southern Bell as a technician in 1955. In 1958, Raymond accepted a job with the American Tobacco Company in Montgomery, Alabama, eventually becoming a district manager. However, according to Raymond, Jean became homesick, and they returned to Memphis. He found employment selling pharmaceuticals. Because his last two jobs involved much travel and time away from home, Raymond's entrepreneurial idea to start a packaging company was launched. This endeavor was successful, having contracts with stores such as Kroger and Wal-Mart. After thirty-nine years in packaging, at the age of eighty, Raymond decided to retire, "I still miss it," he admits.



**At a Shriner's Event**

Jean and Raymond's life has been filled with adventure and service. "We have been truly blessed to be able to travel extensively, visiting many countries and enjoying several cruises," acknowledges Jean. As members of St. Phillips Episcopal Church, Raymond has served on the Vestry and Jean as a lay reader. Raymond, until recently, loved playing golf and Jean enjoyed bowling until knee replacement was necessary. Raymond has served in several voluntary service positions. In the Al Chymia Shriners organization, Raymond served as Potentate at one time and continues his membership with them. Perhaps his most important contributions have been the twenty years he served on the Shelby County Housing Authority and the sixteen years on the Civil Service Board.

The Harvells decided in 2011 that Kirby Pines was the place for them. According to Jean, "We wanted to make plans so that our children would not be burdened with making decisions. In 2021, we knew it was time to move in. On our first night here, as we entered the dining room, I looked around and said to Raymond, 'All these people here are old!' Then I realized we were probably older than most of them. I now know that everyone is young at heart and that is what makes Kirby so special."

Since moving to Kirby Pines, Jean and Raymond have incorporated the lifestyle here. "What's not to like about Kirby?" exclaims Jean. "The people are so friendly and kind. The grounds are magnificent; I love to walk my little dog, Precious, and I don't have to cook! I have joined the Line Dancers with such a great group of ladies, and I have learned and love to play Mahjong. Raymond enjoys the Saturday morning Men's Fellowship and the Garden Club." Thus, a new chapter in a fulfilled life has begun for the Harvells.

*Written by Joan Dodson, Resident of Kirby Pines*

### A LIFE OF ADVENTURE & SERVICE

Jean and Raymond Harvell both agree that they have lived a fulfilled life. "We have a great family, and we have had so many wonderful life experiences. We are truly blessed," says Jean. When meeting the Harvells, you can sense the joy in this couple who recently celebrated sixty-eight years together. They have one daughter, Patti, one son, Ray, eight grandchildren, and thirteen great-grandchildren.

Barbara Jean (Barber) Harvell was born in Covington, Tennessee in 1936. She says she had a very happy childhood. She and her brother were very close. Although her parents were very strict, "I always felt loved", says Jean. "My father owned an old car and he would say, 'get in the car, we're going for a ride.' We would all get in the car and off we would go."

Jean's family moved to Memphis while she was very young and her first six years of school were at Leroy Pope. Because the family moved frequently, Jean attended Messick and Humes before starting high school at Treadwell, where she was a cheerleader and a member of the National Honor Society.

Raymond Earl Harvell, the youngest of five children, was born in Memphis in 1935. He was born twelve years after his oldest sibling and therefore was an only child for much of his young life. He attended all grades at Treadwell where he played football and basketball and was in the ROTC. He developed his love of golf when he began caddying at the Chickasaw Golf course at the age of twelve.

Jean and Raymond met at Treadwell High. "She was the only girl I ever dated," says Raymond. "We loved to go dancing on Saturday nights and enjoyed going to drive-in movies." Jean adds, "As a matter of fact, we became engaged at a drive-in movie." They decided to elope. One week following graduation, they drove to Hernando, Mississippi, and were married. They honeymooned at the Memphis Holiday Inn, and Raymond went back to work on Monday. Jean decided to inform her parents of their marriage by telegram. The telegram read: "Dear Mom and Dad, Raymond and I got married. Bye, Jean." That telegram is now framed.

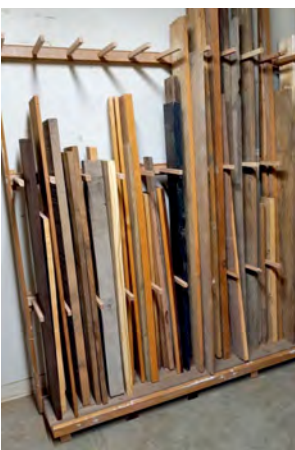
Jean and Raymond have lived in Memphis their entire marriage except for a brief time in Montgomery, Alabama. Jean's mother, a widow, moved in with them as a young couple. Jean relates, "I was fortunate to have my mother live with us for forty-two years. She was a tremendous help in caring for the children and the household so I could continue to work." Raymond was a member of the Air Force Reserves for eight





# THE HOBBY SHOP RECYCLES RAILINGS

Months ago when building J's corridors were under renovation Curt Wilson and I (Ray Tanner) noticed that the old hand railing was being discarded. We suspected that the hard oak rails might be useful for various projects in the Kirby Pines Hobby Shop. Also it appeared that the discarded railing brackets might be of use to the National Ornamental Metal Museum.



Storage Rack

Much of the railing from buildings G and F were saved and are being utilized in the Hobby Shop by several of us. Items made so far include: the Harold Petty memorial stool, coasters, jewelry boxes, paper weights, a pedestal table, a 4-leg table, foot massagers, a large wood storage rack, an antique desktop, and replacement railing for the Bistro. We're looking forward to obtaining more surplus railing from buildings A and H.

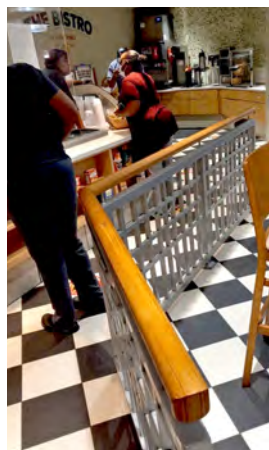
The old handrail brackets from buildings B, C, F, G, J & M were salvaged and transferred to the National Ornamental

Metal Museum, totaling just over 700 pounds of cast iron. Due to their shape and size they are ideal for loading the iron furnace which is only fired on special occasions.

By the way, the corridor renovation crew has been very cooperative in allowing us to secure part of the wood railing and nearly all the brackets.

**The Hobby Shop provides a furniture and lamp repair service for all residents.**

**Its tool maintenance expense is funded through the funds raised by furniture and lamp repairs, along with gracious donations.**



Bistro Railing



Coasters



Table

## Congratulations to our **CHAMPION of the Month** **Dietary Utility** **CJ (CECIL) MOORE**

- Describe Your Family:** My family is fun, we like to go bowling together.
- Describe yourself in five words:** Happy, nice, respectful, honest and hard working.
- What do you do for fun:** Movies and video games.
- What is your favorite thing about your job:** The nice people.
- What is your favorite food:** Pizza.
- What is something you are proud of:** My mom raised me right.
- What would you like people to know about you:** I'm a good guy.



CJ is a model employee. Always with a great attitude, constantly willing to pitch in and help where anything is needed, never a cross word to say. Having CJ in the dietary department makes everybody's job a little easier, and our day just a bit better.

- Mark Simpson, Director of Culinary Services



# REFLECTIONS

By  
Maxie Dunnam



## NOT GETTING US INTO HEAVEN....GETTING HEAVEN INTO US!

During the last few weeks, when I awake in the middle of the night and don't return to sleep quickly, not to awaken Jerry, I sing in my mind. Interestingly the most frequent songs that come to mind are Gospel Songs that we sang in the little country church of my youth. I'm 88 years old, and these are songs I heard and sang over 70 years ago.

The first verse and the chorus of the one that comes most frequently is "When we all get to Heaven,"

Sing the wondrous love of Jesus  
Sing His mercy and His grace;  
In the mansions bright and blessed  
He'll prepare for us a place.

When we all get to Heaven,  
What a day of rejoicing that will be!  
When we all see Jesus,  
We'll sing and shout the victory!

I'm sure, since all of us here at Kirby are in my age category, my hunch is you can identify with that, some of you have sung it. We are strongly aware of our mortality, and we think of life after death. We think of that in terms of some vision of Heaven. But let's get it straight...

## Heaven is Here, not There.

I often express it this way: Our Father sent his Son, Jesus, not to get us into heaven, but to get heaven into us. By His death and Resurrection, He saves us, but more. In his ascension, through the Holy Spirit He leaves His presence, and his ongoing ministry is getting heaven into us.

So we share in answering Jesus' prayer,  
**Thy Kingdom come...**  
**...on Earth as it is in Heaven.**

We seek to live now as though  
the Kingdom had already come.

How? By being continually open to the Holy Spirit, and "the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." (Galatians 5:22-23)

Doesn't all that fruit look like and sound like what we have thought Heaven might look and feel like? **Well, that's the heaven Jesus wants to get into each one of us.**

## October Vesper Services | 6:30pm | Performing Arts Center

**October 6**

Brother Jack Moore  
First Baptist Church  
Fisherville, TN

**October 13**

Rev Andy Rambo  
Associate Minister  
Emmanuel United Methodist

**October 20**

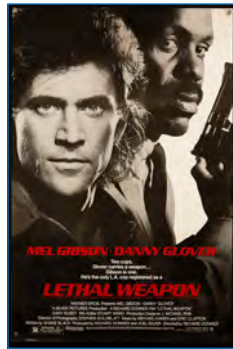
Dr Jimmy Latimer  
Redeemer Evangelical  
Kirby Pines Resident

**October 27**

Minister Lucas Suddreth  
Director of Admissions  
Harding School of Theology



# MEET ME AT



## A BEAUTIFUL DAY IN THE NEIGHBORHOOD (2019)



**Saturday, October 1 | 10:00 am & 1:30 pm**

**Cast:** *Tom Hanks, Noah Harpster, Chris Cooper, Matthew Rhys*

A Beautiful Day in the Neighborhood is an American biographical drama film directed by Marielle Heller and written by Micah Fitzerman-Blue and Noah Harpster, inspired by the 1998 article "Can You Say ... Hero?" by Tom Junod, published in Esquire.

## THE ZOOKEEPER'S WIFE (2017)



**Sunday, October 2 | 1:30 pm & 4:00 pm**

**Cast:** *Jessica Chastain, Daniel Bruhl, Johan Heldenbergh, Val Maloku*

Keepers of the Warsaw Zoo, Antonina and Jan Zabinski, must save hundreds of people and animals during the Nazi invasion in WWII Poland.

## LETHAL WEAPON (1987)



**Friday, October 7 | 1:30 pm**

**Saturday, October 8 | 6:30 pm**

**Sunday, October 9 | 6:30 pm**

**Cast:** *Mel Gibson, Danny Glover, Gary Busey, Darlene Love*

Martin Riggs is an L.A. cop with suicidal tendencies and Roger Murtaugh is the unlucky police officer with whom Riggs is assigned. Together they uncover a huge drug-smuggling operation, and as their success rate grows so does their friendship.

## A LITTLE PRINCESS (1995)



**Saturday, October 8 | 10:00 am & 1:30 pm**

**Cast:** *Liesel Matthews, Eleanor Bron, Liam Cunningham, Rusty Schwimmer*

When her father enlists to fight for the British in WWI, young Sara Crewe goes to New York to attend the same boarding school her late mother attended. She soon clashes with the severe headmistress, Miss Minchin, who attempts to stifle Sara's creativity and sense of self-worth. Sara's belief that "every girl's a princess" is tested to the limit, however, when word comes that her father was killed in action and his estate has been seized.

## HARVEST LOVE (2017)

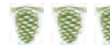


**Sunday, October 9 | 1:30 pm & 4:00 pm**

**Cast:** *Jen Lilley, Ryan Paevey, Brenden Sunderland, Chiara Zanni*

A widowed surgeon visits her family's pear orchard in hopes of taking a break from her overbooked life and reconnecting with her distant son. She starts to fall for the farm manager, Will, who is growing a new hybrid pear and teaches her the importance of her heritage.

## THUNDERBALL (1965)



**Friday, October 14 | 1:30 pm**

**Saturday, October 15 | 6:30 pm**

**Sunday, October 16 | 6:30 pm**

**Cast:** *Sean Connery, Claudine Auger, Adolfo Celi, Desmond Llewelyn*

James Bond heads to the Bahamas to recover two nuclear warheads stolen by S.P.E.C.T.R.E. Agent Emilio Largo in an international extortion scheme.

## TRULY, MADLY, SWEETLY (2018)

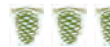


**Saturday, October 15 | 10:00 am & 1:30 pm**

**Cast:** *Nikki DeLoach, Dylan Neal, Alison Wandzura, Matt Hamilton*

Natalie, a cupcake food truck owner has always dreamed of owning her own bakery. Eric has always wanted his own business. When an inheritance throws these two opposites together, neither could have imagined what fate had in store for them.

## I CAN ONLY IMAGINE (2018)



**Sunday, October 16 | 1:30 pm & 4:00 pm**

**Cast:** *J. Michael Finley, Madeline Carroll, Dennis Quaid, Trace Adkins*

The inspiring and unknown true story behind MercyMe's beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness.



# THE MOVIES



## WINCHESTER '73 (1950)



**Friday, October 21 | 1:30 pm**

**Saturday, October 22 | 6:30 pm**

**Sunday, October 23 | 6:30 pm**

**Cast: James Stewart, Shelley Winters, Dany Duryea, Steen McNally**

In a marksmanship contest, Lin McAdam wins a prized Winchester rifle, which is immediately stolen by the runner-up, Dutch Henry Brown. This "story of a rifle" then follows McAdams' pursuit, and the rifle as it changes hands, until a final showdown and shoot-out on a rocky mountain precipice.

## MONA LISA SMILE (2003)



**Saturday, October 22 | 10:00 am & 1:30 pm**

**Cast: Julia Roberts, Kirsten Dunst, Julia Styles, Maggie Gyllenhaal**

Katherine Ann Watson has accepted a position teaching art history at the prestigious Wellesley College. Watson is a very modern woman, particularly for the 1950s, and has a passion not only for art but for her students. For the most part, the students all seem to be biding their time, waiting to find the right man to marry. The students are all very bright and Watson feels they are not reaching their potential. Although a strong bond is formed between teacher and student, Watson's views are incompatible with the dominant culture of the college.

## PUMPKIN PIE WARS (2016)



**Sunday, October 23 | 1:30 pm & 4:00 pm**

**Cast: Julie Gonzalo, Rico Aragon, Michele Scarabelli, Pete Graham**

Ten years ago, Faye and Lydia each opened their own bakeries in Emeryville, Ohio, after a personal and professional fall-out during a local Pumpkin Pie contest. Now their children - and co-workers - Casey and Sam, are set to carry on the rivalry as they go head-to-head in the same contest. There's only one problem for these two people who are supposed to hate each other: they start to fall in love.

## GIANT (1956)



**Friday, October 28 | 1:30 pm**

**Saturday, October 29 | 6:30 pm**

**Sunday, October 30 | 6:30 pm**

**Cast: Elizabeth Taylor, Rock Hudson, James Dean, Dennis Hopper**

Texan rancher Jordan "Bick" Benedict, Jr. visits a Maryland farm to buy a prize horse. While there he meets and falls in love with the owner's daughter Leslie, they are married immediately and return to his ranch. The story of their family and its rivalry with cowboy and (later oil tycoon) Jett Rink unfolds across two generations.

## OCTOBER SKY (1999)



**Saturday, October 29 | 1:30 pm & 4:00 pm**

**Cast: Jake Gyllenhaal, Chris Cooper, Laura Dern, Chris Owen**

In a 1950's mining town called Coalwood, Homer Hickam is a kid with only one future in sight, to work in the local coal mine like his father. However in October 1957, everything changes when the first artificial satellite, Sputnik goes into orbit. With that event, Homer becomes inspired to learn how to build rockets. With his friends and the local nerd, Homer sets to do just that by trial and a lot of error. Only one teacher in the high school understands their efforts and lets them know that they could become contenders in the national science fair. Now the gang must learn to perfect their craft and overcome the many problems facing them as they shoot for the stars.

## HOCUS POCUS 2 (2022)



**Sunday, October 30 | 1:30 pm & 4:00 pm**

**Cast: Bette Midler, Kathy Najimy, Sarah Jessica Parker, Doug Jones**

Three young women accidentally bring back the Sanderson Sisters to modern day Salem and must figure out how to stop the child-hungry witches from wreaking havoc on the world.

## KIRBY PINES MOVIE RATING SYSTEM



= AVERAGE



= GOOD



= GREAT



= PERFECT



<div>October</div> <div>2022</div>		<div>ABBREVIATIONS KEY</div> <div><div><div>Thtr - Theater</div><div>FDR - Formal Dining Room</div><div>PAC - Performing Arts Center</div><div>BR - Billiard Room</div><div>Trans - Transportation</div></div><div><div>HS - Hobby Shop</div><div>SCR - Small Card Room</div><div>A&amp;C - Arts &amp; Crafts Room</div><div>LCR - Large Card Room</div><div>WC - Wellness Clinic</div></div></div>			<div>8:00 am <div>Men’s Christian Fellowship (LCR)</div></div> <div>10:00 am <div>Weekend Movie (Thtr)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>1</div>							
<div>8:00 am <div>Church of Christ Service (Chapel)</div></div> <div>10:00 am <div>Worship Service (PAC)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>4:00 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>2</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Poetry Group (Chapel)</div></div> <div>10:00 am <div>Hobby Pines Group (Hobby Shop)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>6:30 pm <div>Bingo (PAC)</div></div>	<div>3</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:00 am <div>Dr. Mike Abutineh (WC)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC)</div></div> <div>1:15 pm <div>Tuesday Bridge Group (LCR)</div></div> <div>1:30 pm <div>Bunko (SCR)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Movie: Jobs (Thtr)</div></div> <div>5:30 pm <div>Tech Time (Sunroom)</div></div> <div>6:30 pm <div>Movie: Jobs (Thtr)</div></div>	<div>4</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Catholic Services (Chapel)</div></div> <div>10:00 am <div>Pinecone Painters (A&amp;C)</div></div> <div>10:45 am <div>Travelers: Botanic Gardens (Trans)</div></div> <div>1:00 pm <div>Needle Arts Group (Sunroom)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Movie: The Starling (Thtr)</div></div> <div>2:00 pm <div>Ballroom Dancing (PAC)</div></div> <div>6:15 pm <div>Wednesday Bridge Group (LCR)</div></div> <div>6:30 pm <div>Movie: The Starling (Thtr)</div></div>	<div>5</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>10:00 am <div>Kroger &amp; Banks (Trans)</div></div> <div>10:00 am <div>Bible Study with Dave Phillips (Chapel)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC/Live TV)</div></div> <div>1:00 pm <div>Dr. Mike Abutineh (WC)</div></div> <div>1:00 pm <div>WalMart, Costco &amp; Banks (Trans)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Mini Series: Bridgerton (Thtr)</div></div> <div>6:30 pm <div>Vespers (PAC)</div></div>	<div>6</div>	<div>8:30 am <div>Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>9:30 am <div>Water Aerobics (Pool)</div></div> <div>10:00 am <div>WalMart, Aldi &amp; Banks (Trans)</div></div> <div>10:00 am <div>Art with Helen (A&amp;C)</div></div> <div>10:30 am <div>Cornhole Club (Lake Latimer)</div></div> <div>11:00 am <div>Yoga Stretch (PAC/Live TV)</div></div> <div>1:00 pm <div>Superlo &amp; Bank (Trans)</div></div> <div>1:30 pm <div>Weekend Movie Classic (Thtr)</div></div> <div>6:00 pm <div>Music with Southbound (PAC)</div></div>	<div>7</div>	<div>8:00 am <div>Men’s Christian Fellowship (LCR)</div></div> <div>10:00 am <div>Weekend Movie (Thtr)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>6:15 pm <div>Saturday Night Trivia (LCR)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>8</div>
<div>8:00 am <div>Church of Christ Service (Chapel)</div></div> <div>10:00 am <div>Worship Service (PAC)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>4:00 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>9</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Alterations (A&amp;C)</div></div> <div>9:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Hobby Pines Group (Hobby Shop)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>6:30 pm <div>Bingo (PAC)</div></div>	<div>10</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:00 am <div>Dr. Mike Abutineh (WC)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Bunko (SCR)</div></div> <div>1:30 pm <div>Movie: He’s Just Not That Into You (Thtr)</div></div> <div>6:30 pm <div>Birthday Night with Oscar Sueing (PAC)</div></div>	<div>11</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Catholic Services (Chapel)</div></div> <div>10:00 am <div>Pinecone Painters (A&amp;C)</div></div> <div>10:30 pm <div>KP Garden Gro’ers (Greenhouse)</div></div> <div>1:00 pm <div>Needle Arts Group (Sunroom)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Intro to Mah Jongg (LCR)</div></div> <div>1:30 pm <div>Movie: Pretty Woman (Thtr)</div></div> <div>2:00 pm <div>Ballroom Dancing (PAC)</div></div> <div>6:15 pm <div>Wednesday Bridge Group (LCR)</div></div> <div>6:30 pm <div>Movie: Pretty Woman (Thtr)</div></div>	<div>12</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>10:00 am <div>Kroger &amp; Banks (Trans)</div></div> <div>10:00 am <div>Bible Study with Dave Phillips (Chapel)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC/Live TV)</div></div> <div>1:00 pm <div>Dr. Mike Abutineh (WC)</div></div> <div>1:00 pm <div>WalMart, Costco &amp; Banks (Trans)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Mini Series: Bridgerton (Thtr)</div></div> <div>6:15 pm <div>Orpheum: Pretty Woman (Trans)</div></div> <div>6:30 pm <div>Vespers (PAC)</div></div>	<div>13</div>	<div>8:30 am <div>Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>9:30 am <div>Water Aerobics (Pool)</div></div> <div>10:00 am <div>WalMart, Aldi &amp; Banks (Trans)</div></div> <div>10:00 am <div>Art with Helen (A&amp;C)</div></div> <div>11:00 am <div>Yoga Stretch (PAC/Live TV)</div></div> <div>1:00 pm <div>Superlo &amp; Bank (Trans)</div></div> <div>1:30 pm <div>Weekend Movie Classic (Thtr)</div></div> <div>6:00 pm <div>Music with Steve and Shannon Johnston (PAC)</div></div>	<div>14</div>	<div>8:00 am <div>Men’s Christian Fellowship (LCR)</div></div> <div>10:00 am <div>Weekend Movie (Thtr)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>15</div>
<div>8:00 am <div>Church of Christ Service (Chapel)</div></div> <div>10:00 am <div>Worship Service (PAC)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>4:00 pm <div>Weekend Movie (Thtr)</div></div> <div>4:00 pm <div>Music with Amaro Dubois (PAC)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>16</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:00 am <div>Jewelry Repair (SCR)</div></div> <div>9:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Hobby Pines Group (Hobby Shop)</div></div> <div>10:30 am <div>Tech Time (Sunroom)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>2:00 pm <div>Regions Investment Talk (PAC)</div></div> <div>6:30 pm <div>Bingo (PAC)</div></div>	<div>17</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:00 am <div>Dr. Mike Abutineh (WC)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC)</div></div> <div>1:15 pm <div>Tuesday Bridge Group (LCR)</div></div> <div>1:30 pm <div>Bunko (SCR)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Movie: A River Runs Through It (Thtr)</div></div> <div>6:30 pm <div>Think Pink Dance (PAC)</div></div>	<div>18</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Caregiver Support Group (SCR)</div></div> <div>10:00 am <div>Catholic Services (Chapel)</div></div> <div>10:00 am <div>Pinecone Painters (A&amp;C)</div></div> <div>1:00 pm <div>Needle Arts Group (Sunroom)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Movie: The Lucky One (Thtr)</div></div> <div>2:00 pm <div>Ballroom Dancing (PAC)</div></div> <div>6:15 pm <div>Wednesday Bridge Group (LCR)</div></div> <div>6:30 pm <div>Movie: The Lucky One (Thtr)</div></div>	<div>19</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>8:45 am <div>Travelers: Memphis Tour (Trans)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>10:00 am <div>Kroger &amp; Banks (Trans)</div></div> <div>10:00 am <div>Bible Study with Dave Phillips (Chapel)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC/Live TV)</div></div> <div>1:00 pm <div>Dr. Mike Abutineh (WC)</div></div> <div>1:00 pm <div>WalMart, Costco &amp; Banks (Trans)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Mini Series: Bridgerton (Thtr)</div></div> <div>3:00 pm <div>Photo Club (LCR)</div></div> <div>6:30 pm <div>Vespers (PAC)</div></div>	<div>20</div>	<div>8:30 am <div>Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>9:30 am <div>Water Aerobics (Pool)</div></div> <div>10:00 am <div>WalMart, Aldi &amp; Banks (Trans)</div></div> <div>10:00 am <div>Art with Helen (A&amp;C)</div></div> <div>11:00 am <div>Yoga Stretch (PAC/Live TV)</div></div> <div>1:00 pm <div>Superlo &amp; Bank (Trans)</div></div> <div>1:30 pm <div>Weekend Movie Classic (Thtr)</div></div> <div>6:00 pm <div>Music with Steve McGregory (PAC)</div></div>	<div>21</div>	<div>8:00 am <div>Men’s Christian Fellowship (LCR)</div></div> <div>10:00 am <div>Weekend Movie (Thtr)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>6:15 pm <div>Saturday Night Trivia (LCR)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>22</div>
<div>8:00 am <div>Church of Christ Service (Chapel)</div></div> <div>10:00 am <div>Worship Service (PAC)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>4:00 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>23</div> <div>30</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Alterations (A&amp;C)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Hobby Pines Group (Hobby Shop)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>3:00 pm <div>Halloween Costume Contest 31st Only (Lobby)</div></div> <div>6:30 pm <div>Bingo (PAC)</div></div>	<div>24</div> <div>31</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:00 am <div>Dr. Mike Abutineh (WC)</div></div> <div>9:30 am <div>The Book Baggers Book Signing (PAC)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC)</div></div> <div>1:30 pm <div>Bunko (SCR)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Movie: Roadhouse (Thtr)</div></div> <div>4:00 pm <div>Fall Festival (Grounds)</div></div> <div>6:30 pm <div>Movie: Roadhouse (Thtr)</div></div>	<div>25</div>	<div>8:30 am <div>Advanced Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>10:00 am <div>Catholic Services (Chapel)</div></div> <div>10:00 am <div>Pinecone Painters (A&amp;C)</div></div> <div>11:00 am <div>Travelers: Collage Dance (Trans)</div></div> <div>1:00 pm <div>Needle Arts Group (Sunroom)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Movie: A Painted House (Thtr)</div></div> <div>2:00 pm <div>Ballroom Dancing (PAC)</div></div> <div>6:15 pm <div>Wednesday Bridge Group (LCR)</div></div> <div>6:30 pm <div>Movie: A Painted House (Thtr)</div></div>	<div>26</div>	<div>8:30 am <div>Men’s Water Aerobics (Pool)</div></div> <div>9:30 am <div>Basic Water Aerobics (Pool)</div></div> <div>10:00 am <div>Rummage Sale (PAC)</div></div> <div>10:00 am <div>Kroger &amp; Banks (Trans)</div></div> <div>10:00 am <div>Bible Study with Dave Phillips (Chapel)</div></div> <div>11:00 am <div>Arthritis Sit/Stand Class (PAC/Live TV)</div></div> <div>1:00 pm <div>Dr. Mike Abutineh (WC)</div></div> <div>1:00 pm <div>WalMart, Costco &amp; Banks (Trans)</div></div> <div>1:30 pm <div>Line Dancing (PAC)</div></div> <div>1:30 pm <div>Mini Series: Bridgerton (Thtr)</div></div> <div>6:30 pm <div>Vespers (PAC)</div></div>	<div>27</div>	<div>8:30 am <div>Water Aerobics (Pool)</div></div> <div>9:30 am <div>Group Exercise (PAC)</div></div> <div>9:30 am <div>Water Aerobics (Pool)</div></div> <div>10:00 am <div>WalMart, Aldi &amp; Banks (Trans)</div></div> <div>10:00 am <div>Art with Helen (A&amp;C)</div></div> <div>11:00 am <div>Yoga Stretch (PAC/Live TV)</div></div> <div>1:00 pm <div>Superlo &amp; Bank (Trans)</div></div> <div>1:30 pm <div>Weekend Movie Classic (Thtr)</div></div> <div>6:00 pm <div>Music with Elmo &amp; Lester (PAC)</div></div>	<div>28</div>	<div>8:00 am <div>Men’s Christian Fellowship (LCR)</div></div> <div>10:00 am <div>Weekend Movie (Thtr)</div></div> <div>1:30 pm <div>Game Play (LCR)</div></div> <div>1:30 pm <div>Weekend Movie (Thtr)</div></div> <div>6:30 pm <div>Classic Movie (Thtr)</div></div>	<div>29</div>



# October 2022 EVENTS

## Oct 1: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

## Oct 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

## Oct 3: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.

## Oct 3: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Oct 3: Poetry Group

Come and join the poetry group. You'll be surprised at how much poetry you already know and love. All are invited to attend! We will meet in the Ante room at 10:00 am.

## Oct 3: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

## Oct 3: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

## Oct 4: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

## Oct 4: Sit and Stand Class

Come get moving! Join us every Tuesday and Thursday in the PAC for our Arthritis Sit and Stand Class. Can't make it to the PAC? Turn you TV to channel 2.1 and join us right from your living room!

## Oct 4: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

## Oct 4: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

## Oct 4: Line Dancing

Line Dancing will be held every Tuesday and Thursday at 1:30 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

## Oct 4: Jobs

Silicon Valley genius Steve Jobs changes the world but alienates the people around him as he rises from college dropout to the head of Apple. Show-times are at 1:30 pm and 6:30 pm.



## Oct 4 & 17: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

## Oct 5: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

## Oct 5: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

## Oct 5: Travelers: Botanic Gardens

Please join us for a new walk-through immersive art experience, Alice In Wonderland at the Memphis Botanic Garden, and lunch at Fratelli's Cafe! The exhibition includes larger-than-life Alice In Wonderland themed sculptures, including The Red Queen, Alice, The Chess Set, and The Cheshire Cat. To sign up by sure to bring \$15 by the Resident Programs office. We'll meet in the KP Lobby at 10:45 am.



## Oct 5: Needle Arts Group

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

## Oct 5: The Starling

A woman adjusting to life after a loss contends with a feisty bird that's taken over her garden- and a husband who struggling to find a way forward. Show-times are at 1:30 pm and 6:30 pm.

## Oct 5: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

## Oct 5: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library. Contact Jeanette Martin at (901)351-5230 for more information.



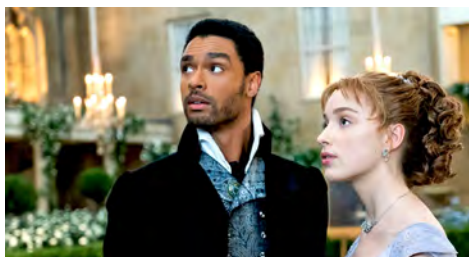


### **Oct 6: Bible Study with Dave Phillips**

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

### **Oct 6: Mini-Series: Bridgerton**

Inspired by Julia Quinn's bestselling novel, Bridgerton tells the tale of eight close-knit siblings as they look for love and happiness in London high society. Join us each week at 1:30 pm in the theatre as we join the Bridgerton family via the screen.



### **Oct 7: Art with Helen**

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

### **Oct 7: Cornhole Club**

Come out and join us for our newest trending game, cornhole. Whether your new to playing, or an expert, everyone is welcome. Join us at the lake at 10:30 am for a fun time.

### **Oct 7: Yoga Stretch**

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Friday at 11:00am in the PAC & live TV.

### **Oct 7: Music with Southbound**

Southbound is a bluegrass, country and folk band that includes veteran musicians Hank Sable on guitar, banjo and fiddle; Wayne Walker on upright Bass; and Bob Barnett on acoustic guitar. Southbound offers old time bluegrass standards, classic country music, folk tunes and American pop standards. Come enjoy a night of bluegrass and country in the PAC at 6:00 pm.

### **Oct 8 & 22: Trivia Group**

All residents are welcome to attend this noncompetitive activity, and are en-

couraged to participate, or just listen and enjoy. The THEME will be Sports and Leisure. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the chapel. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail.com.

### **Oct 10 & 24: Alterations**

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

### **Oct 11: He's Just Not That Into You**

The lives of Baltimore residents overlap while they navigate the complexities and pitfalls of modern relationships as both friends and lovers. Show times are at 1:30 pm.

### **Oct 11: Birthday Night with Oscar Sueing**

Join us as we celebrate the many birthdays at Kirby Pines with music from saxophonist and vocalist, Oscar Sueing. Music will begin in the PAC at 6:30 pm.

### **Oct 12: Garden Gro'ers**

Love gardening? Come join us at the monthly meeting. Please remember: pick your own tomatoes or call Charlie and he will pick them for you! We hope to see you and a friend in the Greenhouse at 10:30 am.

### **Oct 12: Intro to Mah Jongg**

Are you curious about the game of Mah Jongg? Many of your Kirby Friends have discovered this wonder game and love it. Come join us for an introductory session at 1:30 pm in the LCR and see if this is something you might be interested in.



### **Oct 12: Pretty Woman**

A man in a legal but hurtful business needs an escort for some social events, and hires a beautiful prostitute he meets... only to fall in love. Showtimes are at 1:30 pm and 6:30 pm.

### **Oct 13: Orpheum: Pretty Woman**

Come enjoy the musical based on the beloved romantic classic, Pretty Woman. Enjoy a fresh new retelling of a woman of the night who meets a lonely businessman and how what was meant to be a one-night event turned into a week long stay. For tickets, please contact the Orpheum box office. If in need of transportation you may sign up in the Resident Programs office for \$5 dollars. We will meet in the lobby at 6:15 pm.



### **Oct 14: Music with Steve & Shannon Johnston**

The Steve and Shannon Duo includes husband and wife team Steve and Shannon Johnston. The duo plays country, blues and good old rock and roll. Join us in the PAC at 6:00 pm for this upbeat and a fun performance. It's a great way to enjoy the oldies!

### **Oct 16: Music with Amaro Dubois**

Join Amaro Dubois in the PAC at 4:00 pm for an evening of music complete with a violin and guitar. This is a performance like none other; you do not want to miss it!

### **Oct 17: Jewelry Repair**

Have any jewelry in need of repair? Join us in the SCR on the 3rd Monday at 9:00 am.

### **Oct 17: Regions Investment Talk**

Our mission is to provide advice, guidance, and perspective financially for the community. We look to give updates regarding market and current opportunities that many are unaware and hidden in plain sight. Little and no risk options are available that provide liquidity, safety, and growth to help maximize your financial needs. Please join us as we look forward to meeting and sharing information with you 2:00 pm in the PAC.



### Oct 18: A River Runs Through It

Two brothers take different paths as they try to live up to their father's high moral- and fly fishing- standards in rural Montana in the early 1900s. Showtimes are at 1:30 pm.

### Oct 18: Think Pink Dance

Come out to our Think Pink Dance as we celebrate all the Breast Cancer Survivors and raise awareness for the cause. The photo booth opens at 6:00 pm and music with the Jim Mahannah Band kicks off at 6:30 pm.

### Oct 19: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

### Oct 19: The Lucky One

A Marine credits his good-luck charm- a photo of an unknown woman- for saving him. After coming home, he looks for the stranger who changed his life. Showtimes are at 1:30 pm and 6:30 pm.



### Oct 20: Travelers: Memphis History with Jimmy Ogle

Let's See MEMPHIS! Jimmy Ogle will join us on our Kirby Pines BUS as the speaker sharing knowledge about the changing landscape of Memphis during the past few years. We will see and learn about many historical sites as we travel. As the morning adventure ends, we'll be eating at The Cupboard. After lunch we'll continue our journey, arriving back to KP around 4:00 pm. To sign up, please bring \$10 to the Resident Programs office. We will meet in the KP Lobby at 8:45 am the day of the tour.

### Oct 20: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

### Oct 21: Music with Steve McGregory

Join us for music from our favorite pianist, Steve McGregory. He will be playing in the PAC at 6:00 pm.

### Oct 25: The Book Baggers

Fresh off the press, "Surprised by Imperfection: Essays and Stories on Wonder" will be our read for October. The author, Shari Brand Ray, will be joining our group Tuesday, October 25, at 9:30 am in the PAC to bring to us excerpts from her recently published book which is already being received with great excitement. Shari Ray has been a loved teacher for many years, is Chair of the English Department at St. Mary's Episcopal School in Memphis, and the daughter of our fellow resident, Pat Brand. Invite a friend to join you as we will be gathering to hear Shari talk about her writing, thoughts, and experiences as she has gone through life being "Surprised by Imperfection."

### Oct 25: Roadhouse

A bouncer with a mysterious past New York to bring order to a rowdy bar in Missouri, where he falls for a local doctor and gains a powerful enemy. Showtimes are at 1:30 pm and 6:30 pm.

### Oct 25: Fall Festival

Come one come all to our Annual Kirby Pines Fall Festival! Our friends at Bluff City Balloon will be offering free rides on their hot air balloons to all residents, and \$5 rides to all guests. We will also have live Blue Grass music from Grassfire along with dinner and snacks available for purchase from some of our favorite food trucks. Invite your friends and loved ones to enjoy the festivities. The fun begins at 4:00 pm.

### Oct 26: Travelers: Collage Dance Collective

The Collage Dance's professional company was founded in New York City in 2006 and moved to Memphis in 2007. It has presented eleven full-length seasons in Memphis plus national and international touring. In June 2022, Collage Dance Collective presented its original pieces, Firebird and Bluff City Blues, at the Kennedy Center. We'll be eating at the Hopdaddy Burger Bar or Chicken Salad Chick prior to going to the 1-hour

long performance. Reservations must be made by October 24th at the Activities Office by bringing \$15. Don't forget money for the lunch and we will see you in the lobby at 11:00 am.

### Oct 26: A Painted House

This coming-of-age story set in 1952 Arkansas focuses on ten-year-old Luke Chandler, who lives with his parents and grandparents on a cotton farm. In a catastrophic sequence of events brought on by the harsh conditions in which he lives, Luke witnesses murder, love, childbirth, a devastating flood and the break-up of two families. Showtimes are at 1:30 pm and 6:30 pm.



### Oct 27: Fall Rummage Sale

Ladies and Gentlemen it's that time again. Time to clean out your storage rooms, closets, and drawers and turn those items into monetary rewards. Or Fall Rummage Sale will be held in the PAC from 10:00 am to 1:00 pm. If you are interested in a table, please contact Resident Programs to reserve your spot @ 866-4414 or [programs@kirbypines.com](mailto:programs@kirbypines.com).

### Oct 28: Music with Elmo & Lester

Join us for the iconic Elmo and Lester, back and better than ever. The duo plays an eclectic variety of music from the past. This is a duo you will want to hear! Join us in the PAC at 6:30 pm.

### Oct 31: Halloween Costume Contest

Attention all you ghouls and goblins out there, come dressed in your best or spookiest for our Kirby Pines Costume Contest. Join us in the in the Lobby at 3:00 pm dressed and ready. All costumes, homemade, or store bought, single or couple, are welcomed. Don't forget your furry friends.



**SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.**

**Fill in the blanks so that each row, each column,  
and each of the nine 3x3 grids contain  
one instance of each of the numbers 1 through 9.**

## PUZZLE 1: EASY

7	3	4				6		
		1	2		4		7	
					3	5	1	
8	9			1			2	5
4	1			5	8			9
					9			6
	2			3	5	8		
1	8	7						
		3						

## PUZZLE 2: MEDIUM

9				8				
	2							3
		6		9	1	7	8	
	3			2		1		
8		4		1	6	2		
	6		8		9	5	4	
	9			6				5
		3		7		6		
		7	2			8		

## PUZZLE 3: MEDIUM

4		9			6	1		
		5						2
	6		5		1	9		
7		2	6			8		3
1	4	3				2		
			4	2				
	5	8		6	7			
			8		9	3	1	
9								6

## PUZZLE 4: HARD

4			3				2	
2	7			5				
	9				4	5		
	1			4		7	3	
3	8				1	2		
5			7			8		
	4		1		5	3		
	2	8	4	3			1	
				7				



# PICTURING LIFE AT KIRBY PINES



Paula Cwikiel takes a look at some clothing at Carousel of Shoppes.



Executive Assistant, Lorre Harris, and Marth Pugh laugh it up while shopping.



Jane Hodge tries on a necklace while at Carousel of Shoppes.



Sheryl Maxwell shows her Tiger spirit during Wear Your College Colors Day.



Berry Terry and George Courington dressed in their Crimson Tide.



Mark Maxwell overlooks the city at Bass Pro. Photo by Sheryl Maxwell



Elsie Bloodworth picks up a jar of dill pickle peanuts at Bass Pro.



Our Travelers Group headed downtown to visit the vast Bass Pro Shop, beautifully located on the Mighty Mississippi.



# PICTURING LIFE AT KIRBY PINES



University of Memphis ROTC Color Guard raise the flag.



Barbara Pender and Fran Gentry enjoy the Flag Raising Ceremony.



Carol Odom and Jane Longfield surround Bagpiper, George Malone, at our Flag Raising.



Janice Wall with Roy Thurmond and Chuck Neely at Lighting of the Lake.



Shirley Brooks and Liz Collier enjoy the reception for Lighting of the Lake.



Bettye and Tracy Speake are always good for a big smile during the reception.



Joyce Read and Hugh Wilson look amazing at the Anniversary Dance.



Anne Carter and her sister, Mary Alice Nichols, who was visiting from Jackson, TN.



Jim Gordon & Richard Cheek play the 10,000th game. Photo by Arrena Cheek.



# PICTURING LIFE AT KIRBY PINES



Don Winfield feeds the fish in Lake Latimer.  
Photo by Genenne Wilson.



Diane Mullins celebrates her birthday in style with Flo Seward, Jane Hodge, Barbara Pender, Phyllis Mitchell, Elsie Bloodworth, Edith Bengtson, Alice Wherry and Joyce Read.



Jan Thomson is all smiles at her birthday party with friends, Constance Oakes, Mary Blanche Scott, Alma Crone, Marsha Greiner, Gloria Holman and Joan Weaver.



Larry Weatherington and Genenne Wilson both celebrate their September Birthdays.



Jeanette Martin and Dennis Renick enjoy their birthdays with Steve & Linda Tittle, Jeanette's husband, Steve, and John & Sally Coleman.



Checking out the Kirby Pines Book Sale.  
Photo by Marsha Greiner.



# KIRBY PINES PHOTO CLUB

This Month we learned about **ABSTRACT PHOTOGRAPHY**.



Photo by  
Stuart Eyman



Photo by  
Phyllis Petersen

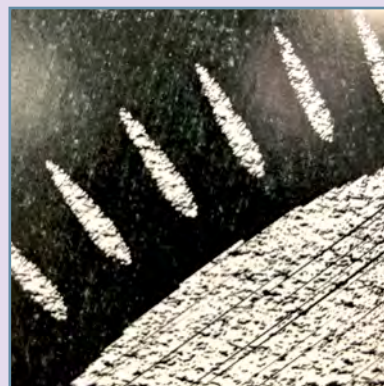


Photo by  
Dale Jones

See if You  
Can Figure Out  
What Has Been  
Photographed!

Join Us  
Thursday,  
October 20th  
at 3pm in the LCR!



Photo by  
Arrena Cheek

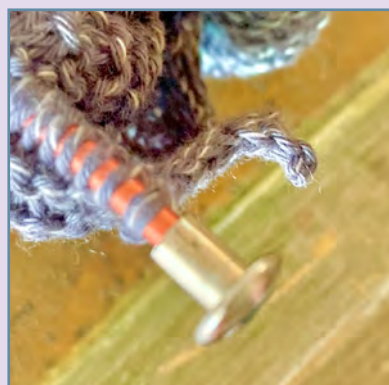


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Jane Longfield

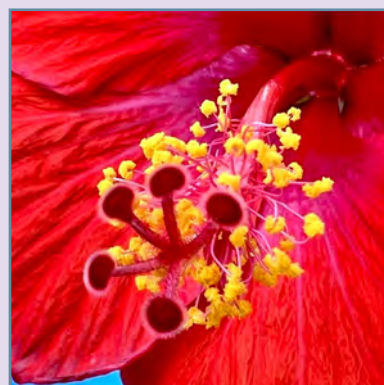


Photo by  
Sylvia Statham



Photo by  
Fran Gentry

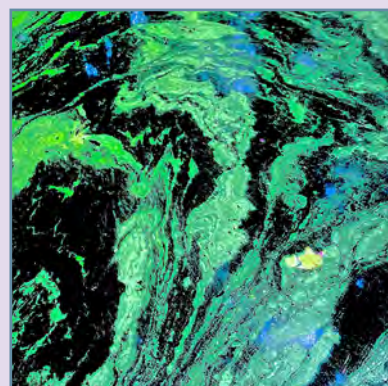


Photo by  
John Sosh



Photo by  
Sydney Wagner



Photo by  
Carolyn Thomason

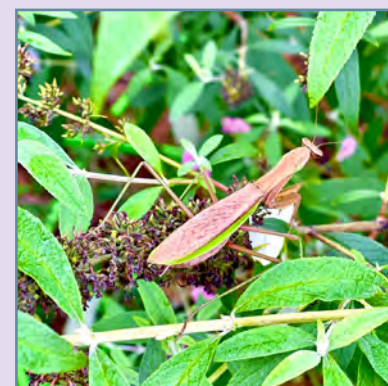


Photo by  
Michael Gilbert

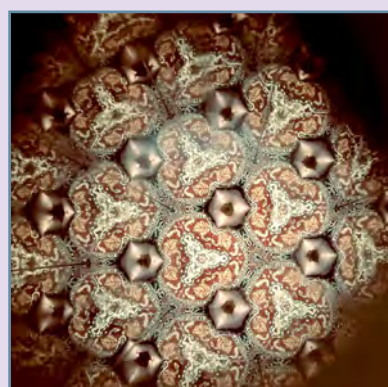


Photo by  
Sheryl Maxwell

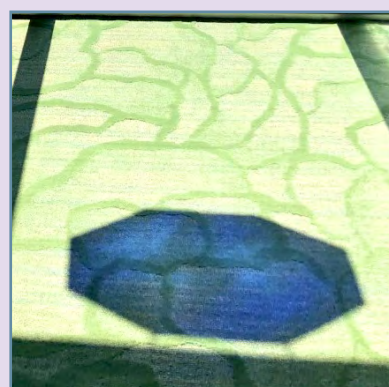


Photo by  
Mary Ann Thurmond



Photo by  
Hugh Wilson



Photo by  
Fred Dabrowski



# Memorials, Honorariums & Gifts

## In Memory Of

### **DOROTHY CLEVELAND**

Donation by KP Residents Association  
to the Library/Large Print Books

### **DR DON DUKE**

Donation by Joan Dodson  
to the Entertainers

### **JoANN DAVIS**

Donation by KP Residents Association  
to the Entertainers

Donation by Barbara Lipsey  
to the General Fund

Donation by Shirley Anderson  
to the Employee Fund

Donation by Sally & John Coleman  
to the Library

### **HUGH GREGORY**

Donation by Vernon & Corinne Gregory  
to the Hobby Shop

### **GLENN WALL**

Donation to the Book Baggers

Donation by Elsa Taylor

Donation by JoAnn Ginn

Donation by Marsha Greiner

Donation by Bob & Jane Longfield

Donation by Leona Teague

Donation by Mal & Jean Mauney

Donation by Brenda Wall Williams

## In Honor Of

### **MARK MAXWELL**

Donation by Jean & Mal Mauney  
to the Hobby Shop

Donation by Carousel Shoppers  
to the Hobby Shop

Donation by Dick Bevier  
to the Hobby Shop

Donation by Debra Goodnight  
to the Hobby Shop

Donation by Jim Dazey  
to the Hobby Shop

## In Honor Of

### **MIKE HUFNAGEL**

Donation by Sydney Wagner  
to the Hobby Shop

### **CURT WILSON**

Donation by Sydney Wagner  
to the Hobby Shop

### **ROY THURMOND**

Donation by Sydney Wagner  
to the Hobby Shop

### **BOB & BARBARA FOWLER**

Donation by Jaon Dodson  
to the Employee Fund

## Gifts To

### **THE HOBBY SHOP**

Donation by Patricia Walden

Donation by Lea Koonce



**CHECK OUT  
OUR CHANNEL  
FOR ALL OF  
OUR VIDEOS!**



Simply go to  
**youtube.com**  
and search  
**Kirby Pines!**

**TO SEE MORE  
PHOTOS  
AND HAPPENINGS  
CHECK OUT OUR  
FACEBOOK PAGE!**

Simply go to  
**facebook.com**  
and search  
**Kirby Pines!**





# SUDOKU NUMBER GAME

PUZZLE 1: EASY

7	3	4	5	8	1	6	9	2
9	5	1	2	6	4	3	7	8
2	6	8	7	9	3	5	1	4
8	9	6	3	1	7	4	2	5
4	1	2	6	5	8	7	3	9
3	7	5	4	2	9	1	8	6
6	2	9	1	3	5	8	4	7
1	8	7	9	4	6	2	5	3
5	4	3	8	7	2	9	6	1

PUZZLE 2: MEDIUM

9	7	5	3	8	2	4	1	6
1	2	8	6	4	7	9	5	3
3	4	6	5	9	1	7	8	2
7	3	9	4	2	5	1	6	8
8	5	4	7	1	6	2	3	9
2	6	1	8	3	9	5	4	7
4	9	2	1	6	8	3	7	5
5	8	3	9	7	4	6	2	1
6	1	7	2	5	3	8	9	4

PUZZLE 3: MEDIUM

4	3	9	2	7	6	1	5	8
8	1	5	9	3	4	6	7	2
2	6	7	5	8	1	9	3	4
7	9	2	6	1	5	8	4	3
1	4	3	7	9	8	2	6	5
5	8	6	4	2	3	7	9	1
3	5	8	1	6	7	4	2	9
6	2	4	8	5	9	3	1	7
9	7	1	3	4	2	5	8	6

PUZZLE 4: HARD

4	5	6	3	9	7	1	2	8
2	7	1	8	5	6	9	4	3
8	9	3	2	1	4	5	6	7
9	1	2	5	4	8	7	3	6
3	8	7	9	6	1	2	5	4
5	6	4	7	2	3	8	9	1
6	4	9	1	8	5	3	7	2
7	2	8	4	3	9	6	1	5
1	3	5	6	7	2	4	8	9

ANSWERS TO PUZZLE  
CHALLENGE ON PAGE 17

## Here Is Kirby Pines' Rehab Provider



Functional  
Pathways

*Therapy that exceeds expectations*

Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: [www.kirbypines.com](http://www.kirbypines.com)

### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: [tomalley@kirbypines.com](mailto:tomalley@kirbypines.com)

## CHRISTIE'S COIFFURES

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# MEET THE KIRBY PINES HOBBY GROUP

Front Row L-R Mark Maxwell, Dennis Renick, Steve Tittle and Jeannie Valentine

Back Row L-R: Curt Wilson, Jim Bampfield, Ray Tanner and Parker Nilsen

**They meet every Monday at 10:00 am in the Hobby Shop.**

See page 8 to learn more about this busy & talented group!

Kirby Pines  
LifeCare Community



3535 Kirby Parkway • Memphis, Tennessee 38115 • 901-369-7340 • [www.kirbypines.com](http://www.kirbypines.com)