# the PINECONE

The Magazine of Kirby Pines LifeCare Community • August 2022 | V. 40 | I.8

# JIM GORDON & RICHARD CHEEK

HIRBY PINA

8

PILLIARDS GROUP

2020

ESTD

Founding members of the Kirby Pines Billiards Group. They're now cueing up to play their 10,000th game.

It's Time to Energize | Brain Power | Now Pay Attention | Resident Spotlight: Berry & Betty Terry

# **Celebrating New Things**

The thirty-ninth anniversary of Kirby Pines is just a month away. Whether you have been a resident for thirty-nine months or just thirty-nine days, you are enjoying first hand the numerous improvements and upgrades the community has made over the past years. These improvements and our consistency as a leader in the senior living industry, has resulted in Kirby Pines being voted the Best Retirement Community by the readers of The Memphis Commercial Appeal for fifteen consecutive years.

Here are just a few reasons why we have earned this citywide recognition year after year: The Performing Arts Center over the years has hosted artists from our own Resident Groups, the New Orleans Jazz Ensemble, Memphis Opera and the Memphis Symphony Orchestra. The Dog Park is now opened, allowing our four legged Kirby family a place to run free and enjoy the shade provided by the majestic pine trees that border the park; cornhole boards are now permanently in place and tournaments have become one more enjoyable sport that many play on campus; dozens of koi fish have been introduced into the lake and several residents enjoy feeding them along the banks or from the bridge; the walking path in Kirby's natural preserve was recently redone for those who enjoy daily walks with nature; the Art Wall has become so popular that we had to expand



the gallery area; and we are steadily moving forward with the renovations of hallways in each building. Of course, the grand lobby continues to be busy place for residents to gather near the fireplace, around the concert Steinway piano, in the bright and cheering sunroom, or at cozy niches by the grand staircase.

Regardless of how long you have been a resident, or have been contemplating a move to Kirby Pines, our thirty-ninth anniversary is possible because of the trust you and so many in the Memphis community have in us. On behalf of all employees, thank you for your cooperative spirits throughout the years, and may I suggest you make some time to relax in August, as our thirty-ninth celebrations are just a month away.



Michael Escamilla, *Executive Director, Kirby Pines* 

## **ON THE PINECONE COVER** Beating the Summer Heat at Kirby Pines

August is here and so are the high temps! It has been brutal this summer, but thankfully there is much to do in the air conditioning at Kirby Pines.

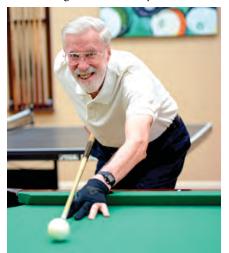
We have plenty of entertainment to choose from with new movies, musical acts and a special Hamateur Program on the 26th. There is a Sock Hop Dance on the 16th, a Summer Concert with The Yellow Bandanas on the 23rd and our Annual Carousel of Shoppes is on the 31st, allowing the vendors to come to you!

If you feel adventurous and want to get out, make sure you vote on the 4th if you haven't already. The Travelers are hitting an Escape Room on the 11th, and To Kill a Mockingbird is showing at the Orpheum on the 18th.

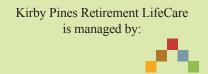
With so much to do, we certainly can't forget all the wonderful clubs, classes and groups we have right on campus. See your calendar for details.

Our front cover features Jim Gordon and Richard Cheek of our Billiards Group. They play every day at 1:00 pm in the billiard room. (see page 8) Our back cover highlights our Bridge Club, which has quite a following. Contact Jeanette Martin at 901-351-5230 if interested in joining this fun, and competitive club.

Bottom line is, Kirby Pines has something to offer everyone.



Peter Jones prepared to break



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*Electronic version of The Pinecone is available at www.kirbypines.com* 

# Get to know Kirby Pines' NEW RESIDENTS



**Michael Gilbert** 

Michael Gilbert was born in Brooklyn, New York and moved to Kirby Pines from his previous home in Hendersonville, North Carolina. He has four children and seven grandchildren of which he is very proud.

Michael graduated from Northwestern University with a BA Degree. He received his MAT from Emory University and his Ed D from The University of Georgia. He was a professor at Central Michigan University for 15 years.

As an educator, he is proud of his research and the publishing of his writings on interpersonal communication. He was selected to the International Listening Association Hall of Fame and also named one of the top 25 Michigan professors.

The list of destinations Michael has traveled to include Scotland (his favorite), Japan, Austria, Hungary, Portugal, and 45 of the 50 United States.

Golf and photography are Michael's favorite pastimes while continuing his active lifestyle. If you happen to see Michael out taking pictures or on his way to a round of golf be sure you welcome him to Kirby with open arms. He is a "never meet a stranger " type of guy and you will surely have a new friend.



**Eric & Ruth Wigg** 

Eric and Ruth Wigg have moved to Kirby Pines from The Villages in Florida. Born in Ontario, Canada and married for almost 62 years, they have four children, ten grandchildren and one greatgrand.

After earning his PhD in chemistry, Eric had a career as a research chemist. Ruth received her teaching degree and was an elementary school teacher.

This good natured, happy couple enjoy traveling. They have had many adventures to destinations including Europe, the United Kingdom, Australia, India, Dubai, China, South Africa and others. Their most exiting adventure was driving across Iran and Afghanistan.

Eric enjoys billiards, hockey and baseball. Ruth stays busy working with power point designing and making original greeting cards. They are also involved in world missions with their church.

The Wiggs are a very active couple so you may run into them around our beautiful campus. We are delighted they chose Kirby Pines for this chapter of their life, give them a warm welcome and make the feel right at home!

New Resident Bios written by resident, Peggy Reynolds Gatlin

#### Don't Let Summer Heat Get You Down...

IT'S TIME TO ENERGIZE!

Are you tired of feeling tired? Does your fatigue rule your daily activities? Do you want to be more active? Years ago the philosophy of growing old was to retire, rest, and take it easy. Today's way of life for retired folks is stay busy, enjoy your hobbies, and keep moving. Most Kirby Pines residents' appointment books stay booked up. I would much rather hear someone say, "Sorry I won't make exercise class today: I have too much to do." Rather than I'm too tired to do anything." Here are some great tips to boost your energy level and restore that happy, vibrant feeling.

When we try to relieve stress, we often turn to "comfort" foods and a plan to get away from it all. **Some of our choices which actually steal away our energy are:** 

**1.** Television often over stimulates our minds like choosing a channel, raises our stress and emotion levels and watching hours at a time makes us feel sluggish and stiff.

**2.** Highly caffeinated beverages may give us a sudden burst of energy, but that soon wears away leaving us in a down mood and it may interfere with a good night's sleep which causes even more fatigue.

**3.** Fatty and fried foods and sugary snacks also give us that quick energy but can cause a sudden drop in blood sugar bringing on that sinking feeling.

#### Try some of these helpful ideas the next time you feel a little drained.

**1.** Check your posture. Slumping makes your muscles work harder than sitting up right.

**2.** Make time for quiet time. Prayer and meditation relaxes your body, slows breathing, lowers blood pressure, and relieves worry.

**3.** Drink a glass of cold water. Dehydration is a major cause of fatigue. Try to get in 8 glasses daily. Water also improves digestion, helps control obesity, and helps kidney function.

**4.** Be positive with yourself. Speak to yourself with encouragement, not criticism. "It's a new day!" "Take 'quit' out of your vocabulary".

5. Wear red. A brightly colored scarf or shirt can improve your mood and alertness.

6. Listen to good music. Irish folk music with fiddles and accordions invigorates me.

**7.** Laugh out Loud (LOL). A good chuckle, giggle, or side-busting guffaw reduces stress, lowers blood pressure, and raises endorphins, our body's natural painkiller. Read the comics,watch an Andy Griffith rerun, or connect with someone who shares your sense of humor.

8. Get enough sleep.

**9.** Pop a peppermint in your mouth. The scent of peppermint can decrease fatigue by up to 25 percent.

**10.** Exercise and Stretch every day, several times each day

Step away from the TV and fatty, sugary foods and step up your energy level with some of the many opportunities Kirby Pines has to offer. Join a card group or play bingo. Sign up for a Bible study. Join some of the exercise classes which are available Monday through Friday to help with stretching, cardio, exercise and strengthening. And remember, the Oasis exercise room never closes.



#### Monday/Wednesday/Friday

Advanced Water Aerobics Resident Led 8:30 am - 9:30 | Pool 9:30 am - 10:30 am | Pool

> Exercise in the PAC Resident Led 9:30am | PAC/Live TV

Yoga Stretch with Kim Roberts Friday Only 11:00 am | PAC/Live TV

#### Tuesday/Thursday

Men's Water Aerobics Resident Led 8:30 am - 9:15 am | Pool

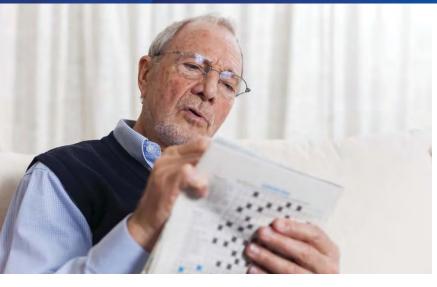
Arthritis Water Aerobics with Kim Roberts 9:30 am - 10:15 am | Pool

Arthritis Sit/Stand Class with Kim Roberts 11:00 am - 11:45 am | PAC/Live TV





# The Effectiveness of Multidimensional Programs BRAIN POWER



**Food for thought:** when is the last time you did something that truly challenged your brain? Perhaps the Sunday crossword puzzle, a game of chess, or learned a new skill, like how to speak a new language? In today's world, it's easy to get wrapped up in the minutiae of everyday life, sucked into the world of television and social media, and forget about the things that are mentally, physically, and emotionally stimulating.

Did you know that some of our body systems start to age as early as 30 years old? As part of the normal aging process, we tend to experience slower processing speed, increased difficulty with multitasking, occasional forgetfulness, and decreased memory of things that are newly learned. While some cognitive decline is normal, severe decline is not. Just like exercise and strength training can help stave off decline in muscle mass, there are things you can do to maintain a healthy brain and ward off cognitive decline. Your brain is like any other muscle, and it must be challenged regularly. A recent study through The Mather Institute showed that having a multifaceted approach to cognitive training can have more of a positive impact than just the cognitive training itself. Participating in events that are cognitively stimulating has many benefits, but it's even more effective when it's partnered with stress management (emotional wellness), good sleep habits (Physical wellness), social engagement (social wellness), and brain health education (cognitive wellness).

Kirby Pines has many activities and events that can be cognitively stimulating, such as Game Play, Poetry Group, Bridge, Line Dancing and Book Baggers to name a few. In addition to these activities, consider adding elements of emotional, physical, social, and cognitive wellness, to truly provide the best "nutrient-rich soil" for a healthy mind to grow and thrive.

Here are some ways incorporate some of the other elements of wellness into your brain health approach:

**Stress Management:** Being able to manage stress in healthy ways helps to create balance in life. Learning skills to manage one's stress can be found through peer counseling, participating in relaxing activities, such as Water Aerobics or Worship Service, or connecting with nature.

**Healthy Sleep Habits:** Remember the article a few months back about successful sleep? Sleep is restorative, and lack of sleep interferes with memory and learning. Your brain moves slower without sleep, and therefore you're more forgetful and your attention declines.



**Social Engagement:** Being involved with others is strongly linked to better brain function, so stay connected! Participate in a group event, like Group Exercise, a Travelers outing, or any other social event offered by Kirby Pines, or just connect with a friend for lunch. Whatever you choose, staying socially engaged is good for your mental and emotional health.



**Brain Health Education:** Knowing ABOUT brain health is an important part OF brain health! Learning about the best foods to eat, the best things to do to stay cognitively intact, and what to look for in terms of decline are all important. There are many wonderful resources out there, like The National Institute on Aging, The Center for Disease Control, and even the Functional Pathways Therapy Team!

For more information on how Functional Pathway's Therapy Team can help you with your cognitive goals, please contact us! Remember: When all dimensions of our life are balanced, we thrive!

Brittany Austin, National Director of Health and Wellness, Functional Pathways

# **EXQUISITE CUISINE**

# Thursday, August 25, 2022



# RIBEYE STEAK

A well seasoned, perfectly grilled Ribeye Steak. Finished with Yukon Gold whipped Potatoes and roasted Asparagus



### SCALLOPS WITH SAFFRON RISOTTO

Three Sea Scallops, perfectly seared and served with a traditional Spanish side of creamy and colorful Saffron Risotto.



### CHILLED GAZPACHO

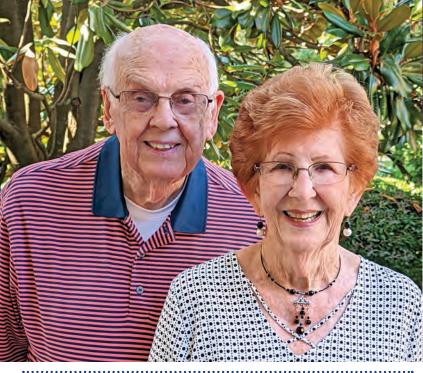
A cool refreshing classic to serve in a warm and humid month! Fresh Tomatoes, Pepper and freshly picked and chopped Herbs. Served with fresh Focaccia Croutons.



### RASPBERRY MOUSSE

Light, airy, tart and refreshing. This Mousse is the perfect finish to a great meal!

### CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



# HAPPY TOGETHER FOREVER

Betty and Berry Terry will celebrate seventy years of marriage on August 2, 2022. According to the U.S. Census Bureau, the average age for a marriage in America is twenty years. One expert has identified the components for longevity as love + maturity + mutual respect. This is the story of Betty and Berry's life together.

Mary Elizabeth (Betty) Wilson was born in Keiser, Arkansas. Betty and her younger sister had a wonderful childhood. Betty took piano lessons, was active in the Rainbow Girls, Girl Scouts and church. Her mother was a teacher and was very pro-educational. She sent Betty to live with her grandmother in Conway, Arkansas to attend a private school for kindergarten and first grade. When Betty was in fourth grade, the family moved to Conway. Betty's mother became the teacher of sixth grade and a young man by the name of Berry Terry was a student in her class.

Berry Edsell Terry was born in Mt. Vernon, Arkansas, and the last child in a family of ten children. His parents were farmers and in their forties when he was born. Berry always worked to help support himself; however, sports and church activities occupied much of his young life.

Although attending the same high school, a relationship with Betty did not happen until Berry was in the eleventh year of school. He first noticed Betty as she walked down the hallway at school. Berry says that he was attracted to her because of her beautiful auburn hair. Their first date was at the First Baptist Church in Conway, Arkansas. On their second date, Betty asked Berry for his sports jacket. According to Berry, "I was very proud of that jacket. However, I knew it meant we were going steady and I did not want anyone else to have her." When asked what Betty liked about Berry, she said, "Berry was smart, had good morals, and a strong work ethic. I knew he was the type of person I wanted to marry."

When Betty's mother knew things were getting serious, she discouraged their dating. She had plans for Betty's life! However, Betty and Berry also had a plan. Betty enrolled in summer classes to finish high school early. Following his graduation, Berry attended college for one year, then enlisted in the Air Force so that he could support them. After his first paycheck, Betty joined him in Biloxi, Mississippi where he was stationed. Without her parent's knowledge, Betty planned the elopement and did not tell her family of her marriage for three days! Berry's family was aware of the plan and insisted that they be married by a minister. Looking through the phone book, they found one who performed the ceremony in his study.

## **Resident Spotlight:** BERRY & BETTY TERRY

Finding suitable and affordable housing was a problem and the couple moved frequently in a short period of time. Betty worked briefly as a salesperson but was soon employed as a secretary in the famous Edgewater Hotel in Biloxi. "It was a wonderful job which afforded me with many opportunities", says Betty. Their first child, Laura, was born the following year. Scott, a son, would join the family three years later.

Berry remained in the Air Force for twenty years, retiring in 1972 as a Master Sergeant. He served two overseas tours, Japan and England. He was awarded the Air Force Commendation Medal on three occasions. Betty and their children joined Berry for the three years spent in England.

Berry was transferred to Memphis, Tennessee where he served five years at the University of Memphis in the Air Force ROTC Department. Following his retirement, he served an additional five years with the Junior ROTC Detachment at a high school in Decatur, Alabama.

Berry was ordained as a Baptist Minister in 1999. He was privileged to perform the marriage ceremony for all five of his grandchildren! He has served in ministerial and administrative positions in churches in Alabama as well as five years as Church Administrator at First Assembly of God Church in Memphis. Both Betty and Berry have been involved in many mission fields including Belize and Kentucky. "We are involved 100% in these ministries. Fundraising, as well as continual support, is our mission," states Betty.

Betty and Berry have enjoyed extensive travel by train and cruises. The trip through the Panama Canal and a twentyday visit to Israel and Jordan are among their most memorable.



The Terrys moved to Kirby Pines in

Laura, Berry, Betty & Scott Terry

August 2014. Berry has served as Director and Secretary/Treasurer of the Psalms Board since 1994. He serves in the same position for The Farms at Bailey Station. Berry is also currently in charge of the Sunday morning worship service at Kirby Pines.

Betty discovered her love for cooking at an early age. In 2011, she won first place in the Fund Craft Recipe Contest and her recipe is published in their cookbook. The recipe for key lime coconut cake is now being served by the Chef at Kirby Pines! Besides cooking, Betty also enjoys reading and the Book Baggers Club at Kirby.

The things Betty and Berry enjoy most about Kirby Pines are the friendly people, the outstanding staff of employees, and the beautiful campus. What an asset to Kirby Pines is this couple. As they celebrate their seventy years together, let us join their family, which now includes fifteen great-grandchildren, in wishing them many more healthy and happy years together.

# THE KIRBY PINES BILLIARDS GROUP



Jim Stanley, Jim Gordon, Richard Cheek, Roy Thurmond and Peter Jones

Billiards is a favorite pastime for people of all ages. The game is played casually and socially, and can be enjoyed by people who are just learning and those who have played their whole lives.

At Kirby Pines, we have a group of men who play every day from 1:00 pm to 3:00 pm in the Billiard Room. As a matter of fact, the guys will be celebrating their 10,000th game in early September. To celebrate, we will be hosting a Billiards Tournament, details to come.

Why is Billiards a great pastime?

A lot of people love playing billiards, as it is a great way to improve your own skill, or simply pass the time with friends. However, there's more to playing billiards than you might think, and we don't just mean technique.

Playing billiards actually has some health benefits. While you may not have thought about that aspect of the game before, you could be doing your body and mind a favor the next time you pick up a cue.

There is a lot of walking involved in a game of pool. A two-hour

session of billiards can include about 100 trips around the table, which adds up to almost three-quarters of a mile. That exercise is great, and often goes unnoticed by the person gaining the benefits!

Concentration is required to play the game, from determining shot angles to focusing on the ball. This type of mental stimulation is beneficial for people who have memory problems.

Participation contributes to flexibility. The bending and stretching required during play requires a moderate amount of flexibility. More difficult shots may require the player to balance, and continued play can promote stability and help prevent falls.



The benefits of the social aspect of

billiards cannot be minimized. Numerous studies point to the positive effects relationships and social interaction provide for seniors.

Billiards is a game many have played for years – often since childhood. Therefore, it taps into positive memories and creates moments of joy during every game. So chalk up your cue and come join in the fun!



### Congratulations to our **EMPLOYEE of the Month** Environmental Services **CORNELIUS** CHAMBERS

Describe Your Family: Happy Family.
Describe yourself in five words: Happy.
What do you do for fun: I like to go bowling.
What are your hobbies or interests: I enjoy cooking.
What is your favorite thing about your job: Helping take care of residents.
What is your favorite food: Chicken.
What is something you are proud of: God blessing me with health and strength.
What would you like people to know about you: I want God to keep blessing me each and every day.

Cornelius has dedicated 25 of service years to the residents, staff and guests of Kirby Pines. She can always be counted on to show up get the job done. Cornelius is kind to the residents and her coworkers. Congratulations Cornelius on a job well done.



# REFLECTIONS By Maxie Dunnam

# NOW PAY ATTENTION

# Pay attention.

A person's **actions** show you what their **words won't**.

As a child, a term I heard often from a teacher or my Momma was, "Now pay attention." That's a term we need to hear and pay attention to throughout life.

OK? Now pay attention to these words from the French spiritual writer, Simone Weil. "Those who are happy have no need for anything in the world but people capable of giving them their attention. The capacity to give one's attention to a sufferer is a very rare and difficult thing; it is almost a miracle; it is a miracle."

Time and attention go together. But the truth is we can give people our time without giving them our attention. In his gospel, Mark tells a story which instructs us here.

A man with leprosy came to Him and begged Him on his knees, "If You are willing, You can make me clean."

Jesus was indignant. He reached out His hand and touched the man. "I am willing," He said. "Be clean!" 42 Immediately the leprosy left him and he was cleansed. (Mark 1:40-42)

No wonder Mark put this in the first part of his gospel! The leper said to Jesus, "If you are willing, you can make me clean" Packed into one beautiful sentence is almost everything Jesus was, and what he was about. "Jesus was filled with pity for him, and stretched out His hand and placed it on the leper, saying, 'Of course I want to – be clean!" (Mark 1:41, Phillips) That tells it all.

Jesus listened to the leper. Is there anything that enhances our feelings of worth more than being listened to? When you listen to me, you say to me, "I value you. You are important. I will hear what you have to say."

Jesus looked at him. He gave the leper His attention.

Jesus not only listened and looked; He touched the leper. To be generous with our attention, we cannot remain aloof; we must deliberately reach out, touch, and become involved.

When I give attention by looking, listening, and touching; the Spirit comes alive in relationship. When I listen and look with mind and heart, revelation comes; the gap between the other person and myself is bridged. A sensitivity comes that is not my own. I feel the pain, frustration, and anguish of the other. Beyond myself and my own resources, I become an instrument of miracle-working love. Healing, comfort, reconciliation, strength, and guidance come to others when we generously give them our attention by looking, listening, and touching.

Pay attention to people that care. Who are always there. Who want better for you. **They're your people.** 

### August Vesper Services | 6:30pm | Performing Arts Center

August 4

**Rev Larry Ray** Christ Community Church

#### August 11

**Kevin Presley** Minister of Music & Worship Emmanuel United Methodist

#### August 18

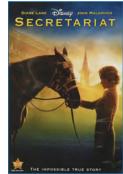
**Rev Barry Henson** Rossville United Methodist Church

#### August 25

Minister Lucas Suddreth Director of Admissions Harding School of Theology









# FROM RUSSIA WITH LOVE (1964)

#### Friday, August 5 | 1:30 pm Saturday, August 6 | 6:00 pm Sunday, August 7 | 6:30 pm Cast: Sean Connery, Daniela Bianchi,

#### Robert Shaw, Lotte Lenya

Agent 007 is back in the second installment of the James Bond series, this time battling a secret crime organization known as SPECTRE. Russians Rosa Klebb and Kronsteen are out to snatch a decoding device known as the Lektor, using the ravishing Tatiana to lure Bond into helping them. Bond willingly travels to meet Tatiana in Istanbul, where he must rely on his wits to escape with his life in a series of deadly encounters with the enemy.

#### **SECRETARIAT** (2010)

#### Saturday, August 6 | 10:00 am & 2:00 pm Cast: Diane Lane, Margo Martindale, John Malkovich, Scott Glenn

Despite her lack of experience, housewife and mother Penny Chenery agrees to take over management of the family Thoroughbred farm after her father becomes ill. Successfully navigating her way through the male-dominated world of horse racing, Chenery, together with veteran trainer Lucien Laurin, fosters a gifted colt that ultimately crosses the finish line into history as the Triple Crown winner in 1973.

#### **THE FATHER** (2020)

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#### Sunday, August 7 | 1:30 pm & 4:00 pm Cast: Anthony Hopkins, Olivia Colman, Imogen Poots, Rufus Sewell

A man refuses all assistance from his daughter as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind and even the fabric of his reality.

# **THE HARVEY GIRLS** (1946)

#### Friday, August 12 | 1:30 pm Saturday, August 13 | 6:00 pm







#### Sunday, August 14 | 6:30 pm Cast: Judy Garland, Angela Landsbury, Ray Bolger, John Hodiak

When Susan Bradley responded to an ad in New Mexico for a mail-order bride, she had no idea that her would-be husband was a broken-down cowhand. Instead of returning back home, she takes a job at the local Harvey House restaurant. But the new establishment faces tough resistance from the local saloon owner and the town's streetwise showgirl, Em. As Susan works with the Harvey girls to win over the townsfolk, she also searches for a new love.

#### **TOP GUN** (1986)



#### Saturday, August 13 | 10:00 am & 2:00 pm Cast: Tom Cruise, Val Kilmer, Kelly McGillis, Anthony Edwards

The Top Gun Naval Fighter Weapons School is where the best of the best train to refine their elite flying skills. When hotshot fighter pilot Maverick is sent to the school, his reckless attitude and cocky demeanor put him at odds with the other pilots, especially the cool and collected Iceman. But Maverick isn't only competing to be the top fighter pilot, he's also fight-

ing for the attention of his beautiful flight instructor, Charlotte

#### **LET HIM GO** (2020)



Blackwood.

#### Sunday, August 14 | 1:30 pm & 4:00 pm Cast: Doiane Lane, Kevin Costner, Lesley Manville, Jeffrey Donovan

Following the loss of their son, a retired sheriff and his wife leave their Montana ranch to rescue their young grandson from the clutches of a dangerous family living off the grid in the Dakotas.



# THE MOVIES













#### Cast: Burt Lancaster, Kirk Douglas, Ava Gardner, Fredric March

U.S. President Jordan Lyman hopes to bring an end to the Cold War by signing a nuclear disarmament treaty with the Soviets, much to the displeasure of the hawkish General James Scott, Chairman of the Joint Chiefs of Staff. When Scott's aide, Martin "Jiggs" Casey stumbles on shattering evidence that the General is plotting a coup to overthrow Lyman in seven days, "Jiggs" alerts the President, setting off a dangerous race to thwart the takeover.

# MISS PETTIGREW LIVES FOR A DAY (2008)

#### Saturday, August 27 | 1:30 pm & 4:00 pm Cast: Frances McDormand, Lee Pace, Ciaran Hinds, Shirley Henderson

It's 1939 and governess Guinevere Pettigrew finds herself out of work and on the bread line. Middle-aged and running out of options, Miss Pettigrew takes an uncharacteristic gamble when, after being refused work at an employment agency, she pinches the details of a juicy assignment and pursues the job herself.

# **TWO MULES FOR SISTER SARA** (1970)

#### Sunday, August 28 | 1:30 pm & 4:00 pm Cast: Clint Eastwood, Shirley MacLaine, Manuel Fabregas, Alberto Morin

When gunslinger Hogan discovers a group of men attempting to rape a young nun, Sara, he shoots them dead and rescues the woman. The two escape to a nearby camp of Mexican revolutionaries, who have hired Hogan to help fight the invading French army. En route, Sara turns out to be surprisingly crude for a nun, drinking, smoking and using curse words. When she also proves to be handy with a gun, Hogan begins wondering if she is telling him the whole truth.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD = GREAT = PERFECT

# THE SHELL SEEKERS (1989)

#### Friday, August 19 | 1:30 pm Saturday, August 20 | 6:00 pm Sunday, August 21 | 6:30 pm Cast: Angela Landsbury, Patricia Hodge, Sam Wangmaker, Denis Quilley

Sam Wanamaker, Denis Quilley

Penelope Keeling is a withdrawn English matron from an artistic family. After suffering what seems to be a heart attack, Penelope reevaluates her past choices and decides to reconnect with her children, including Noel and Olivia. Looking back on her life, Penelope reflects on moments of both happiness and regret, focusing in particular on her ill-fated romance with one-time love Richard.

#### **WISH MAN** (2019)



#### Saturday, August 20 | 10:00 am & 2:00 pm Cast: Andrew Steel, Kirby Bliss Blanton, Robert Pine, Jason Gerhardt

Arizona motorcycle cop Frank Shankwitz meets a terminally ill boy named Michael and is inspired to change his life, leading to the creation of the Make-A-Wish foundation.

#### HELL OR HIGH WATER (2016)



#### Sunday, August 21 | 1:30 pm & 4:00 pm Cast: Chris Pine, Jeff Bridges,

#### Ben Foster, Katy Mixon

Toby is a divorced father who's trying to make a better life for his son. His brother Tanner is an ex-convict with a short temper and a loose trigger finger. Together, they plan a series of heists against the bank that's about to foreclose on their family ranch. Standing in their way is Marcus, a Texas Ranger who's only weeks away from retirement. As the siblings plot their final robbery, they must also prepare for a showdown with a crafty lawman who's not ready to ride off into the sunset.

# **SEVEN DAYS IN MAY** (1964)

Friday, August 26 | 1:30 pm Saturday, August 27 | 6:00 pm Sunday, August 28 | 6:30 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 2022	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 9:30 am • Advanced Water Aerobics (Pool) 10:00 am • First Monday Poetry Group (Chapel) 10:00 am • Hobby Pines Group (Hobby Shop) 1:30 pm • Game Play (LCR) 6:30 pm • Bingo (PAC)	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC)</li> <li>1:15 pm • Tuesday Bridge Group (LCR)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Movie: Like Father (Thtr)</li> <li>2:30 pm • Tech Time (Sunroom)</li> <li>6:30 pm • Movie: Like Father (Thtr)</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Peach World Market (Lobby)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:00 pm • Hamateurs Meeting (Chapel)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: The Talented Mr. Ripley (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:15 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: The Talented Mr. Ripley (Thtr)</li> </ul>	<ul> <li>9:00 am • Voting (Trans)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> </ul>	<ul> <li>9:30 am • Group Exercise (PAC)</li> <li>9:30 am • Water Aerobics (Pool)</li> <li>10:00 am • WalMart, Aldi &amp; Banks (Trans)</li> </ul>	<ul> <li>8:00 am • Men's Christian Fellowship (LCR)</li> <li>10:00 am • Weekend Movie (Thtr)</li> <li>1:30 pm • Game Play (LCR)</li> <li>2:00 pm • Lake Vocal Studio Summer Performance (PAC)</li> <li>2:00 pm • Weekend Movie (Thtr)</li> <li>6:00 pm • Classic Movie (Thtr)</li> </ul>
8:00 am • Church of Christ Service (Chapel) <b>7</b> 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Alterations (A&amp;C)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:30 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Movie: The Interpreter (Thtr)</li> <li>1:30 pm • Advanced Line Dancing (PAC)</li> <li>6:30 pm • Birthday Night with Steve McGregory (PAC)</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 10</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Peach World Market (Lobby)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>10:30 pm • KP Garden Gro'ers (Greenhouse)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: 2 Hearts (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:15 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: 2 Hearts (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC/Live TV)</li> <li>12:45 pm • <i>Travelers: Escape Room (Trans)</i></li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Advanced Line Dancing (PAC)</li> <li>6:30 pm • Vespers (PAC)</li> </ul>	$\square$	<ul> <li>8:00 am • Men's Christian Fellowship (LCR) 13</li> <li>10:00 am • Weekend Movie (Thtr)</li> <li>1:30 pm • Game Play (LCR)</li> <li>2:00 pm • Weekend Movie (Thtr)</li> <li>6:00 pm • Classic Movie (Thtr)</li> <li>6:15 pm • Saturday Night Trivia (LCR)</li> </ul>
8:00 am • Church of Christ Service (Chapel) <b>14</b> 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 15</li> <li>9:00 am • Jewelry Repair (SCR)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>10:30 am • Tech Time (Sunroom)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:30 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC)</li> <li>1:15 pm • Tuesday Bridge Group (LCR)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Movie: The Highwaymen (Thtr)</li> <li>6:30 pm • Sock Hop Dance (PAC)</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Peach World Market (Lobby)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Caregiver Support Group (SCR)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Te Ata (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:15 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Te Ata (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC/Live TV)</li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Advanced Line Dancing (PAC)</li> <li>3:00 pm • Photo Club (LCR)</li> <li>6:15 pm • Orpheum: To Kill A Mockingbird (Trans)</li> <li>6:30 pm • Vespers (PAC)</li> </ul>	<ul> <li>9:30 am • Group Exercise (PAC)</li> <li>9:30 am • Water Aerobics (Pool)</li> <li>10:00 am • WalMart, Aldi &amp; Banks (Trans)</li> <li>10:00 am • Art with Helen (A&amp;C)</li> <li>11:00 am • Yoga Stretch (PAC/Live TV)</li> <li>1:00 pm • Superlo &amp; Bank (Trans)</li> <li>1:30 pm • Weekend Movie Classic (Thtr)</li> <li>6:00 pm • Music with Johnson &amp; Johnson (PAC)</li> </ul>	8:00 am • Men's Christian Fellowship (LCR) 20 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 2:00 pm • Weekend Movie (Thtr) 6:00 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) <b>21</b> 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 22</li> <li>9:30 am • Alterations (A&amp;C)</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:30 pm • Bingo (PAC)</li> </ul>	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • The Book Baggers (PAC) 9:30 am • Basic Water Aerobics (Pool) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:30 pm • Bunko (SCR) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Movie: Catch Me If You Can (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Movie: Catch Me If You Can (Thtr) 6:30 pm • Summer Concert with The Yellow Bandanas (PAC)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Peach World Market (Lobby)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Leave No Trace (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:15 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Leave No Trace (Thtr)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>10:00 am • Kroger &amp; Banks (Trans)</li> <li>10:00 am • Bible Study with Dave Phillips (Chapel)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC/Live TV)</li> <li>1:00 pm • Dr. Mike Abutineh (WC)</li> <li>1:00 pm • WalMart, Costco &amp; Banks (Trans)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Mini Series: Winds of War (Thtr)</li> <li>2:30 pm • Vespers (PAC)</li> </ul>	9:30 am • Group Exercise (PAC) 9:30 am • Water Aerobics (Pool) 10:00 am • WalMart, Aldi & Banks (Trans)	8:00 am • Men's Christian Fellowship (LCR) 27 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 2:00 pm • Weekend Movie (Thtr) 6:00 pm • Classic Movie (Thtr) 6:15 pm • Saturday Night Trivia (LCR)
8:00 am • Church of Christ Service (Chapel) <b>28</b> 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 29</li> <li>9:30 am • Advanced Water Aerobics (Pool)</li> <li>9:30 am • Group Exercise (PAC)</li> <li>10:00 am • Hobby Pines Group (Hobby Shop)</li> <li>1:30 pm • Game Play (LCR)</li> <li>6:30 pm • Bingo (PAC)</li> </ul>	<ul> <li>8:30 am • Men's Water Aerobics (Pool)</li> <li>9:00 am • Dr. Mike Abutineh (WC)</li> <li>9:30 am • Basic Water Aerobics (Pool)</li> <li>11:00 am • Arthritis Sit/Stand Class (PAC)</li> <li>1:30 pm • Bunko (SCR)</li> <li>1:30 pm • Beginners Line Dancing (PAC)</li> <li>1:30 pm • Movie: Seven Years In Tibet (Thtr)</li> <li>2:30 pm • Advanced Line Dancing (PAC)</li> <li>6:30 pm • Movie: Seven Years In Tibet (Thtr)</li> </ul>	<ul> <li>8:30 am • Advanced Water Aerobics (Pool) 31</li> <li>10:00 am • Carousel of Shoppes (PAC)</li> <li>10:00 am • Peach World Market (Lobby)</li> <li>10:00 am • Catholic Services (Chapel)</li> <li>10:00 am • Pinecone Painters (A&amp;C)</li> <li>1:00 pm • Needle Arts Group (Sunroom)</li> <li>1:30 pm • Game Play (LCR)</li> <li>1:30 pm • Movie: Tea with Mussolini (Thtr)</li> <li>2:00 pm • Ballroom Dancing (PAC)</li> <li>6:15 pm • Wednesday Bridge Group (LCR)</li> <li>6:30 pm • Movie: Tea with Mussolini (Thtr)</li> </ul>		ABBREVIATIONS A • Thtr - Theater • FDR - Formal Dining Room • PAC - Performing Arts Center • BR - Billiard Room • Trans - Transportation	<ul> <li>HS - Hobby Shop</li> <li>SCR - Small Card Room</li> </ul>

# August 2022 EVENTS

#### Aug 1: Water Aerobics

We have a Water Aerobics class for everyone! Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30. Spots are limited so be sure to sign up in the Oasis. Basic and Beginning Water Aerobics classes are held on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics is held on Tuesdays & Thursdays at 8:30 am.



#### Aug 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

#### Aug 1: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

#### Aug 1: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

#### Aug 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

#### Aug 1: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

# **Aug 2:** Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

#### Aug 2: Sit and Stand Class

Come get moving! Join us every Tuesday and Thursday in the PAC for our Arthritis Sit and Stand Class. Can't make it to the PAC? Turn you TV to channel 2.1 and join us right from your living room!

#### Aug 2 & 16: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

#### Aug 2: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

#### Aug 2: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Beginner's class is at 1:30 pm and advanced is at 2:15 pm. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

#### Aug 2: Like Father

After she is left at the altar, a workaholic advertising executive end up on her Caribbean honeymoon with her estranged father. Showtimes are at 1:30 pm and 6:30 pm.



**Aug 2 & 15: Tech Time** Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

#### Aug 3: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

#### Aug 3: Peach World

Peach World is back! Come out to the lobby between 10:00 am and 2:00 pm to stock on some fresh fruits and vegetables from our very own Farmer's Market!



#### Aug 3: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

#### Aug 3: Needle Arts Group

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

#### Aug 3: Hamateur Meeting

Enjoy acting? Come out to the chapel for the Hamateur's organizational meeting. New members are welcomed and encouraged to attend. 1:00 pm in the Chapel.

#### Aug 3: The Talented Mr. Ripley

Con artist Tom Ripley charms his way into the lavish lifestyle of a charismatic heir- and takes drastic measures to keep his lies from catching up to him. Showtimes are at 1:30 pm and 6:30 pm.

#### Aug 3: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

#### Aug 3: Bridge Group

The Bridge Group meets every Wednesday at 6:15 pm and is open to all residents. Bring a partner and come join us. There is a sign-up binder outside of the Library. Contact Jeanette Martin at (901)351-5230 for more information.

#### Aug 4: Voting

If you haven't voted yet, come jump on the Kirby bus. Remember, you must be registered to vote with your Kirby address for this trip. Transportation will leave at 9:00 am. Call Resident Programs to reserve your seat.

# Aug 4: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the chapel. All denominations invited.

#### Aug 4: Winds of War

Join us for our current mini series, Winds of War. This is a globe-shattering story of turbulent times and America's sudden entry into World War II, as seen through the eyes of one American naval family. Showtime is at 1:30 pm.



#### Aug 5: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

#### Aug 5: Cornhole

Come out and join us for our newest trending game, cornhole. Whether you're new to playing, or an expert, everyone is welcome. Join us in the LCR this month at 10:30 am for a fun time.

#### Aug 5: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 11:00 am in the PAC & live TV.

#### **Aug 5:** Music with Kenneth Jackson

An accomplished composer, trumpeter, guitarist, and pianist, Kenneth began his professional career at age 14 and now tours nationally. Come and enjoy a performance by a tremendous performer at 6:00 pm.

## **Aug 6:** Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

#### **Aug 6:** Lake Vocal Studio Summer Performance

Lake Vocal Studio is a growing private voice studio here in Memphis TN. Getting its' start in the Fall of 2013, students of this private studio are groomed in music theory, vocal technique, vocal health, and performance. Lake Vocal Studio has had 18 recitals to date, where students are allowed to display what they have learned for family and friends. They will be here to perform for us at 2:00 pm in the PAC. Be sure to come out!

#### Aug 8 & 22: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

#### Aug 9: The Interpreter

An interpreter for the United Nations finds herself in danger after she overhears and assassination plot and turns to a skeptical federal agent for help. Showtime is at 1:30 pm.



# **Aug 9:** Birthday Night with Steve McGregory

Steve McGregory is a solo singer and pianist. His performance ranges from Jerry Lee Lewis-style on the piano to old-fashioned country, gospel and rockand-roll. Be sure to come out to the PAC at 6:30 pm.

#### Aug 10: Garden Gro'ers

Come out to the Garden Groers annual watermelon party! We will meet at the Gazebo at 10:30 am.

#### Aug 10: 2 Hearts

In parallel love stories, the lives of college student Chris and wealthy businessman Jorge intersect in a profound twist of fate. Showtimes are at 1:30 pm and 6:30 pm.

#### Aug 11: Travelers: Escape Room

Escape with us! An Escape Room is a new way to have fun with friends where we will be "locked" in a room that has a central theme and is chocked full of hidden items. You and your teammates will work together finding clues and solving riddles to make your way out of the room before the one-hour time limit. After the adventure, we will cool off with a treat at Quintessential Sweets. Sign up by bringing \$23 (transportation and ticket) to the Resident Programs office by August 10th at noon. We will meet in the lobby at 12:45 pm the day of the trip.



#### Aug 12: Music with Double D

The Double D Band plays a wide range of songs and genres, but especially music from the 50s. Come out to the PAC at 6:00 pm to hear this duo.

#### Aug 13 & 27: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME will be Astronomy. However, trivia questions can be presented on any topic. Join us at 6:15pm in the chapel. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail. com.

#### Aug 15: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR on the 3rd Monday at 9:00 am.

#### Aug 16: The Highwaymen

Two steely former Texas Ranger are tasked with tracking and killing infamous criminals Bonnie and Clyde in this crime drama based on real events. Showtime is at 1:30pm.



#### Aug 16: Sock Hop Dance

Come out to our August dance, a classic Sock Hop. Wear your poodle skirts and other 50's attire as we dance the night away. The photo booth opens at 6:00 pm and music kicks off at 6:30 pm.

#### **Aug 17:** Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very diffucult. Come be a part of our group.

#### Aug 17: Te Ata

A Chickasaw Native woman navigates cultural barriers to pursue a stage career that culminates in a performance at the White House. Based on a true story. Showtimes are at 1:30 pm and 6:30 pm.

#### **Aug 18:** Orpheum: To Kill A Mockingbird

With direction by Tony Award<sup>®</sup> winner Bartlett Sher, TO KILL A MOCKING-BIRD — "the greatest novel of all time" (Chicago Tribune) — has quickly become "one of the greatest plays in history" (NPR). For tickets, please contact the Orpheum box office. If in need of transportation you may sign up in the Resident Programs office for \$5 dollars. We will meet in the lobby at 6:15 pm.

# **Aug 19:** Music with Johnson and Johnson

Together John Johnson and Jay Johnson bring Gospel Music to your community. Join us at 6pm to hear this wonderful duo. Join them in the PAC at 6:00 pm.

#### Aug 18: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

#### Aug 23: The Book Baggers

Come join us 9:30 am in the PAC to hear more about Eddie Jaku and his book, "The Happiest Man on Earth". Eddie Jaku always considered himself a German first, a Jew second. He was proud of his country. But all of that changed in November 1938, when he was beaten, arrested and taken to a concentration camp. Published as Eddie turns 100, this is a powerful, heartbreaking and ultimately hopeful memoir of how happiness can be found even in the darkest of times.

#### Aug 23: Catch Me If You Can

Frank W. Abagnale Jr. is a cunning con man; he's also a deft forger, and his work attracts the attention of an FBI agent who makes it his mission to put Frank behind bars. But Frank not only eludes capture, he revels in the pursuit. Showtime is at 1:30 pm.



## Aug 23: Summer Concert with the Yellow Bandanas

Join us for a special summer concert. The Yellow Bandanas are a group of three men who work in various aspects of senior living. They play eclectic music from the past. Join us in the PAC at 6:30 pm.

#### Aug 24: Leave No Trace

A father and daughter living in constant isolation find their lives- and bondshaken when authorities move them back into society. Showtimes are at 1:30 pm and 6:30 pm.

### **Aug 26:** Hamateurs: The Good Old Days of Entertainment

Come join us in the PAC at 6:30 pm for a special Hamateurs performance. We will have acts from various entertainment series from the past. You don't want to miss this!

#### Aug 30: Seven Years In Tibet

During World War II, and escaped POW makes his way to Tibet, where he meets the Dalai Lama, whose friendship ultimately transforms his outlook on life. Showtimes are at 1:30 pm and 6:30 pm.



Aug 31: Carousel of Shoppes

Come and enjoy a day of shopping and fun at our seventh annual Kirby Pines Carousel of Shoppes. We will have a variety of vendors come with a wide variety of merchandise for you to peruse and choose from. Doors will open at 10:00 am in the PAC. We will also be having refreshments and door prizes.

#### Aug 31: Tea with Mussolini

In 1930s fascist Italy, adolescent Luca is sent to live with Mary and her cultured friends who keep a watchful eye over him. But the women's cultivated lives take a dramatic turn when Allied forces declare war on Mussolini. Showtimes are at 1:30 pm and 6:30 pm.



S Т A S 0 H R PUZZLE CHA Giant Word Search



**ELVIS** Find the Words, Names, Songs & Movies hidden in the grid of letters.

AARON **ALL SHOOK UP BLUE HAWAII BURNING LOVE CLAMBAKE COLONEL PARKER** DONT BE CRUEL DRAFTED **GI BLUES GIRL HAPPY GLADYS GOOD LUCK CHARM** GOSPEL GRACELAND **GYRATING** 

HEARTBREAK HOTEL ROUSTABOUT **HOUND DOG** IN THE GHETTO **JAILHOUSE ROCK KENTUCKY RAIN KING CREOLE LISA MARIE** LITTLE SISTER LOVE ME TENDER **MEMPHIS ONE NIGHT PRISCILLA RCA RETURN TO SENDER** ROCKABILLY

BONUS: Find and circle all of the words that are hidden in the grid. The remaining letters spell a line from an Elvis song.

**SHES NOT YOU STUCK ON YOU** SUN RECORDS SURRENDER SUSPICIOUS MINDS **THE KING TOO MUCH TUPELO US ARMY** VERNON **VIVA LAS VEGAS** 







L



**Puzzle Solutions page 23** 

# **PICTURING LIFE AT KIRBY PINES**



Leon & Marilyn Sanderson sing a duet. Photo by Sydney Wagner.



Marilyn Wray ready to perform. Photo by Arrena Cheek.



Barbara Phillips won silver in a seniors state cornhole tournament in Franklin, TN. Photo by Sydney Wagner.



Betty Phillips joins Alma Crone for a patriotic lunch.



Richard and Arrena Cheek are decked out for the 4th of July.



Bill and Ellen Sayle celebrate the 4th of July, which happens to be her birthday!



Helen Gaines and her new friend, Sam, wave the old red, white and blue.



Wynanne Dierssen, Janet Turner and Joyce Read always looking beautiful!



Ken Lewis holds up a sign someone made for him to celebrate his 100th birthday. Photo by Mary Ann Thurmond.

# **PICTURING LIFE AT KIRBY PINES**



Judge Mary Wagner gets a photo with Genenne Wilson, at the Kirby Pines Political Forum.



Our Political Forum allows candidates to come speak, meet and greet their constiuents at Kirby Pines.



David Stowell chats with candidate, Chris Lareau, who is running for Criminal Court Judge.



Soheila Kail, running for Circuit Court Clerk, poses with Betty Harrison.



Geneva Jackson and County Clerk, Wanda Halbert, show off their smiles.



Roylyn Parks celebrates her first birthday as a new resident of Kirby Pines.



Ruth Thurmond, celebrates her 96th surrounded by friends, Lou Moore, Janice Schlotfeldt, Marian Gray, Ann Smith and Connie Carter.



Jerry Dunnam spends her birthday alongside her favorite guy, husband, Maxie.

# **PICTURING LIFE AT KIRBY PINES**



Ruth Ann Weatherington is about to see what National Hot Dog Month is all about!



Sally Coleman goes for the chili cheese dog - looks like it could be messy!



Jeannie Hutchinson and Marilyn McCormick enjoying Hueys with the Travelers before the movies.



Phyllis and Walt Bodner at the Malco Paradiso Theater.



Elsie Bloodworth and her beautiful hummingbird painting.



Jeannie Valentine shows off her painting before the Art Wall Reception.



Patriotic Shirleys! Shirley Anderson and Shirley Brooks.



Alice Walton looks ready to hit the dance floor at our Patriot Ball.



Marian Gray and Hugh Wilson have fun in our photo booth.

# **KIRBY PINES PHOTO CLUB**



Maumee River in Ohio Photo by Fred Dabrowski



King Lake in Florida Photo by Connie Carter

This Month we studied Reflection in Photography Come Join the Fun Thursday, August 18th at 3:00 pm in the Large Card Room



Shelter from the Sun Photo by Michael Gilbert



Rippled Lake Latimer Photo by Hugh Wilson



Trees on Glass thru Glass Photo by Phyllis Petersen



Mirror Image Photo by Dale Jones



Cabinet Views Photo by Jane Longfield



Early Morning Bridge Photo by Steve Martin



Golden Summer Hues Photo by Sydney Wagner



Reflective Shapes & Patterns Photo by Sylvia Statham



Sunny Afternoon Bridge Photo by Jeannie Valentine



Sky or Water? Photo by John Sosh



New York Buildings Photo by Mary Ann Thurmond

# Memorials, Honorariums & Gifts

#### In Memory Of

SANDRA TRAMMELL

Donation by Kay Daniel to the Garden Gro'ers

SUSAN TODD Donation by KP Residents Association to the Library/Large Print Books

NANCY DANLEY Donation by KP Residents Association to the General Fund

WARREN GRANT Donation by KP Residents Association to the Library/Large Print Books

GARY FAULKNER Donation by KP Residents Association to the Garden Gro'ers

#### In Honor Of

MARK MAXWELL Donation by Maxie & Jerry Dunnam to the Hobby Shop

> Donation by Jeanette Martin to the Hobby Shop

JEANNIE VALENTINE Donation by Maxie & Jerry Dunnam to the Hobby Shop In Honor Of

RAY TANNER Donation by Alice Petty to the Hobby Shop

Donation by Gloria Buckaloo to the Hobby Shop

**CURT WILSON** Donation by Flo Seward *to the Hobby Shop* 

**KEN LEWIS** Donation by Sally & John Coleman to the Employee Fund

ALICE PETTY Donation by Gloria Buckaloo to the Employee Fund

MARY ANN THURMOND Donation by Gloria Buckaloo to the Employee Fund

#### **Gifts To**

**THE HOBBY SHOP** Donation by Lea Koonce

**EMPLOYEE FUND** Donation by Sally Cook

# 2022 LIGHTING OF THE LAKE



THEME: GREETINGS

#### COLOR: DAISY YELLOW

"Peace be with you. Your friends here send you their greetings. Please give my personal greetings to each of our friends there." - 3 John 1:15

SATURDAY, SEPTEMBER 10, 2022 | 5:00 PM

# CHECK OUT OUR CHANNEL FOR ALL OF OUR VIDEOS!



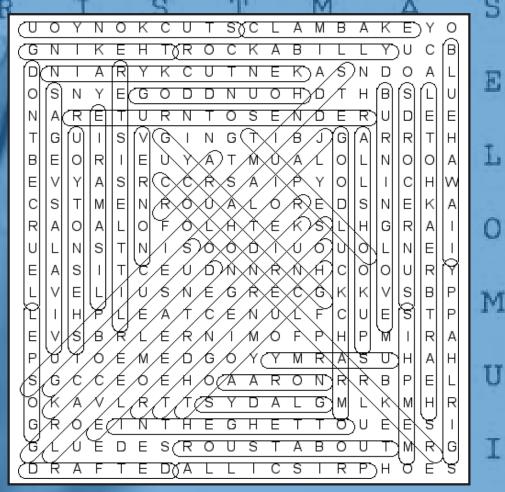
Simply go to youtube.com and search Kirby Pines!

TO SEE MORE PHOTOS AND HAPPENINGS CHECK OUT OUR FACEBOOK PAGE!

> Simply go to facebook.com and search Kirby Pines!



#### L L **GIANT WORD SEARCH**



ANSWERS TO PUZZLE CHALLENGE ON PAGE 17 **BONUS** - The hidden song line is: YOU CAN DO ANYTHING BUT LAY OFF OF MY BLUE SUEDE SHOES N

# CHRISTIE'S COIFFURES

Ask About Our Monthly Specials!

Manicures | Pedicures | Facials Women's Haircuts Shampoo & Sets Perms & Coloring Separate Barber Shop

Call for Appointment

# **Here Is Kirby Pines' Rehab Provider**

Functional Pathways Therapy that exceeds expectations

Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## The Kirby Pines FOUNDATION



#### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

#### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

#### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

#### WHO WE ARE:

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**KIRBY PINES** 

**Bridge Club** 

We are a group of residents who enjoy a little friendly competion while engaging in conversation and having a good time. We play every Wednesday at 6:15 pm and every 1st and 3rd Tuesday for Duplicate Bridge at 1:15 pm in the Large Card Room.

#### WHAT IS BRIDGE?:

Bridge is a game played with a 52 card deck by four people divided into two teams. It involves strategy, deduction, concentration and visualization.

#### **BENEFITS OF PLAYING BRIDGE:**

Meaningful social interaction, Strengthening communication and teamwork skills, Maintaining mental sharpness and Boosting immunity to ward off illness



