

the PINECONE

The Magazine of Kirby Pines LifeCare Community • March 2022 | V. 40 | I.3

HUGH WILSON

*looks forward
to celebrating
Let's Laugh Day
at Kirby Pines!*



Shape Up Your Workout | Music As Medicine | But Have Not Love | Resident Spotlight: Barbara Hanrahan

Spring Is Finally Here

Spring is finally here! At least it will be here officially on March 20, 2022. It will be a true joy to have warmer weather, a nice breeze on a bright sunny day, and to see the budding of trees on our beautiful Kirby Pines campus. In fact, the beauty of our campus will make the additional six weeks of winter Punxsutawney Phil predicted seem worth it. The sight of daffodils, irises, and azaleas in bloom will be a treat for all of us to enjoy. In fact, one of the first nice warm days of spring will be the perfect time to take a stroll outside along the many walkways as new blades of green grass come up.

Speaking of green and purple, the first day of March is Fat Tuesday, so get ready for a fun filled day. Followed by another fun filled day on the 17th as we celebrate St. Patrick's Day with good Irish food in the dining room, and the "wearing of the green" by residents and staff.

Maybe one of us will even be lucky enough to find the elusive "pot of gold", that one of the little people has hidden at the end of the rainbow after one of the spring rainfalls.

Spring is also a good time to clear out your closets of stuff no longer used or needed, and to give those items to a local charity. Kirby has

at Kirby Pines

been collecting unwanted eye glasses for several years now, and these always go to use as they are repurposed and given to individuals in need. If you have any eye glasses you want to donate, there is a donation box for them in the mail room.

When doing your spring-cleaning, don't forget to check your storage bins for those items packed away and forgotten. After all, Easter will be here the third week in April and you will need that extra space in your closet for your entry into our annual Easter Hat Contest.

Spring is definitely here! So get your green clothes out of the closet and get ready for a joyful month of springtime festivities at Kirby Pines.



Michael
Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

March Is Fun-Filled and Fabulous at Kirby Pines!

In like a lion and out like a lamb is how March is usually described. It basically means March starts with a strong winter and ends in a gentle spring. With our weather changing daily, it is hard to say, but we do know at Kirby Pines, March starts out busy and does not quit.

March 1st is being celebrated Mardi Gras style with beads and NOLA cuisine. The 6th brings a special musical duo with Basil Alter and Elham Fanous performing together. The 8th has favorites Side Street Steppers at Birthday Night. We have a Resident Association Meeting on the 10th and the incomparable Joyce Cobb plays on the 11th. We celebrate St. Patrick's Day on the 15th and the Travelers have two outings this month - the 16th and 30th. Lunch Bunch heads to Mortimer's on the 22nd and The Entertainer's welcome spring on the 25th.

If that's not enough, our front cover features Hugh Wilson ready to celebrate National Let's Laugh Day on March 19th (see page 8). Look for information to come on ways to celebrate.

Our back cover shows just how great our fun-loving residents are when asked to help

out with this magazine. We weren't sure what to expect when we had folks come out and have their photos taken, but we were definitely not disappointed. As soon as the props hit the table, the laughs came naturally. We truly are blessed with having the greatest people at Kirby Pines. Thank you everyone and we look forward to more laughs throughout the month!



Photo Shoot Fun at Kirby Pines!

Kirby Pines Retirement LifeCare
is managed by:



Retirement Companies of America

BOARD OF DIRECTORS

Dr. James Latimer, Chairman
Mr. Rudy Herzke, President
Mr. Berry Terry, Secretary/Treasurer
Mr. Larry Braughton Mr. Jim Ethridge
Ms. Linda Harrington Ms. Mary Ann Hodges
Mr. Rusty Linkous Mr. Boyd Rhodes, Jr.

RCA STAFF

Charlie Trammell
President, RCA

Michéle Vincent
Executive Vice President, RCA

Tim Cox
Senior Vice President of Finance, RCA

Laura Cornwell
Vice President of Finance, RCA

Stephanie Barrow
Director of Sales & Marketing

KIRBY PINES STAFF

Michael Escamilla
Executive Director, Kirby Pines

Annette Marlar
Director of Medical Services

Mike Abutineh, M.D.
Medical Director

Anna Bradford
Nursing Home/Assisted Living Administrator

Trudy Schenkenberger
Director of Human Resources

Linda Huston
Director of Accounting

Jada Mullins
Director of Environmental Services

Chuck Neeley
Director of Maintenance

Allison Nolan
Resident Programs Director

Mike Rayder
Director of Grounds & Landscaping

Mark Simpson
Director of Culinary Services

Calvin Sims
Director of Security

This magazine is produced by RCA
6465 N. Quail Hollow Rd., Suite 400
Memphis, TN 38120, 901-794-2598

Electronic version of *The Pinecone*
is available at www.kirbypines.com



Get to know Kirby Pines'

NEW RESIDENTS



Anne Phillipy

Anne Phillipy recently moved to Kirby Pines from her home in east Memphis. She is enjoying the beautiful view from the balcony of her 4th floor apartment in the newly renovated Laurel Lane wing.

Anne and her late husband, Edwin, have two daughters and Anne is the proud grandmother to five grandchildren.

A graduate of Rhodes College, Anne taught English for several years before becoming a homemaker and mother.

Reading and doing puzzles keep Anne busy but, her favorite pastime is visiting with friends and reminiscing about the “good ole” days at Central High School in Memphis.

Traveling to Spain, England and Italy were enjoyable destinations for Anne. Her favorite trip was touring Ireland with the entire family. The family continue to enjoy outings at their place on Pickwick Lake.

You will want to seek Anne out and give her a warm welcome. She is thankful she chose Kirby Pines for her new home and we need to get her involved in our many enhancement opportunities. We are happy to have this friendly and kind lady as a new neighbor.

New Resident Bios written by resident, Peggy Reynolds Gatlin



Linda Thompson

We want to welcome Linda Forrester Thompson to Kirby Pines. Linda moved from her former home in Cordova, Tennessee.

Linda was married to her late husband, Jerry Wayne, for 60 years. He was a minister and missionary. They had two children. Now, Linda is the proud grandmother to her five grandchildren.

Linda went to Freed Hardeman College and was awarded a business certificate with a major in accounting. She worked for Treadwell and Harry Insurance Company and the Internal Revenue Service.

Her outside interests consist of adoption searching in genealogy and sewing. The Bible is Linda's favorite book and she is involved in 5 Bible classes. Working on the computer and participating in social media round out a rather busy lady.

Traveling to Oklahoma, Chicago, New York, and Jamaica over the years made many good memories for Linda to share.

At Freed Hardeman, Linda was inducted into the Alpha Chi National Honor Society and at Newbern High School she was a 4-H All-Star.

Linda is looking forward to meeting new friends at Kirby Pines. Watch for her in the lobby or dining room and give her a warm Kirby welcome. She has many adventures to share and is a good fit for our community.



Chuck & Elise Williams

Married for 54 years, Charles and Elise with “Little Orphan Annie,” their beloved dog have moved to Kirby Pines from their previous home in Germantown, Tennessee. They are the proud parents of three children and are blessed with six grandchildren.

They both went to the University of Memphis. Charles graduated in 1967 with a B.B.A. degree. He became national sales manager for C.R.Bard Inc., and sold alternative care products. After attending the University of Memphis, Elise worked as a reservationist for United Airlines. She later was the hospitality minister for the Barth House (Episcopal Student Center) at the University of Memphis.

Charles is a U.S. Navy veteran, having served in the Navy reserve at Millington, Tennessee.

The Williams enjoy their family by boating and fishing with them at Pickwick Lake. Charles is also a golfer and he is a collector of putters and duck decoys.

Elise was selected “Mother of the Year” for the West Tennessee Pony Club. She collects crosses and she and Charles enjoy taking Annie to Kirby's new dog park.

Make it a point to find Chuck and Elise and invite them to join in the many fun opportunities here at Kirby Pines. They are an energetic couple with much to offer to our community.



SHAPE UP YOUR WORKOUT

Studies show that physical activity can reduce pain and improve function, mood, and quality of life for adults with arthritis. Physical activity is also important for the management of other chronic conditions that are common among adults with arthritis, such as diabetes, heart disease, and obesity.

Structured physical activity programs are proven to reduce symptoms and teach participants how to safely increase their physical activity to manage arthritis and other chronic conditions. Here are ten steps to help you get started and keep your exercise program going:

Find an activity you enjoy. You'll be more likely to stick with it.

Treat workouts like commitments. Block out time on your calendar to let people know you're unavailable.

Think like an active person. An active person thinks of ways to be active.

Make everyday activities count.

Pushing a grocery cart, strolling at the mall, walking the dog and doing housework all have benefits.

Find a workout partner. Another person or group can make activities more enjoyable and help hold you accountable.

Find excuses to walk. Take a walk to your neighbor's instead of calling.

Aim for 4,000 steps. Walking eases pain, and a recent study found that 4,000 steps a day is enough to boost longevity.

Stand up. It eases stiffness, reduces disease risk and can prolong your life.

Join a group activity. There are several chances at Kirby Pines, like yoga stretch, sit-n-stand exercise, water aerobics or line dancing.

Be mindful of pain. Some muscle aches after exercise is normal, but if pain lasts beyond two hours, do less or modify the activity.

Take advantage of the many opportunities here at Kirby Pines to stay active and physically fit. Discover miles of walking trails outside and inside. Visit the Oasis to use the equipment or to join a water aerobics class. Find your exercise class in the PAC or at home on the channel 2.1. Consult with your doctor if you need physical therapy to get started. And in a few weeks, reward yourself with a new pair of walking shoes or water bottle for sticking with your program.



Advanced Water Aerobics

Monday & Wednesday

8:30 am - 9:30 | Pool

9:30 am - 10:30 am | Pool

Resident Led Exercise in the PAC

Monday, Wednesday & Friday

9:30am | PAC/Live TV

Yoga Stretch

Monday & Wednesday

11:00 am | PAC/Live TV

Men's Water Aerobics

Tuesday & Thursday

8:30 am - 9:15 am | Pool

Arthritis Foundation

Water Aerobics

Tuesday & Thursday

9:30 am - 10:15 am | Pool

Arthritis Foundation

Sit/Stand Class

Tuesday & Thursday

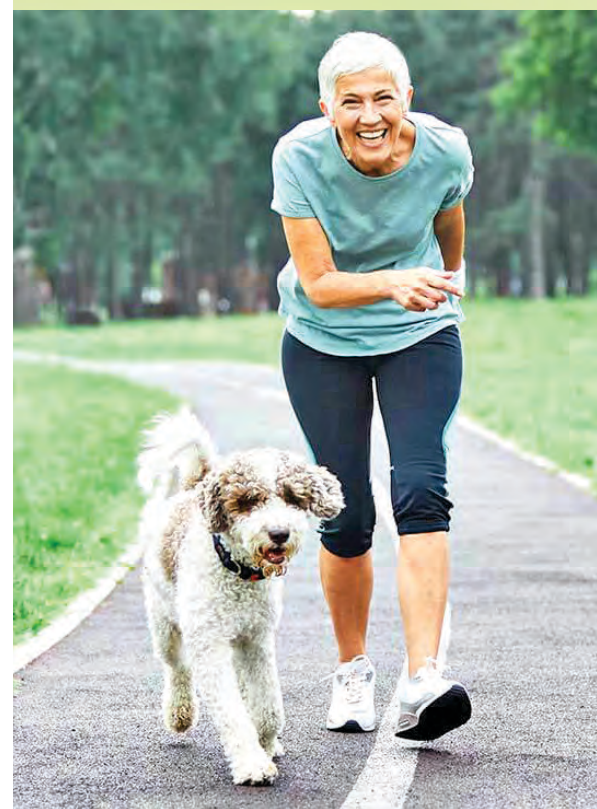
11:00 am - 11:45 am | PAC/Live TV

Resident Led Water Aerobics

Friday

8:30 am - 9:30 | Pool

9:30 am - 10:30 am | Pool





**“The world’s
most famous and
popular language
is music.”**

Music is medicine. Music has been shown to boost the immune system, reduce stress, build self-confidence, improve learning, enhance physical exercise, reduce blood pressure, decrease heart rate, reduce anxiety, bring back memories, and manage moods, just to name a few of its benefits. Music has also been shown to help improve sleep quality, especially in older adults.

So, why are there all these positive benefits? Dopamine is released when the brain hears comfortable music (think classical, not heavy metal). The body feels at ease and can begin to relax. We can then connect with positive memories, and we feel more peaceful and engaged with the world.

I think it’s safe to say that most of us enjoy listening to music, and it’s common to listen to our favorite tunes as we drive, clean the house, or go for a walk. As we just learned, listening to music can have a much bigger impact than just helping to pass the time.

Here are a few different ways to reap just a few of the benefits of music:

Listen to New Music. We tend to listen to the same music, or at least the same genre of music, that we did in our teens and 20s. New music challenges the brain in a way that old music doesn’t. It might not feel pleasurable at first, but unfamiliarity forces the brain to struggle to understand the new sound. Try listening to a different type of music than what you are used to or try listening to music your kids or grandkids enjoy.



Turn on Ambient Noise for Creativity. If you have an important project you are working on or need to boost creativity, try listening to ambient noise (like white noise) instead. This can help to boost creativity. It sounds counterintuitive, but according to a Journal of Consumer Research study, a moderate noise volume makes processing more difficult, which in turn will promote abstract processing, which leads to higher creativity. When we struggle to process our thoughts, we turn to more creative ways to make sense of the world.

Give Classical Music a Try. Classical music can improve visual attention. Studies have shown that those who listened to classical music showed better signs of visual attention than those who listened to white noise or silence.

Move with the Music. Music helps us move. Throw on your favorite tunes the next time you exercise. It can help distract you, drown out any thoughts of fatigue or boredom, and even encourage you to speed up or go a little bit longer.



Music clearly has a positive effect on both the brain and the body. You may find the addition of music can have a positive impact on your pain management, motivation, and mental clarity. Our therapy team at Kirby Pines can bring music into your rehabilitation experience. The next time you are sitting or working in silence, turn on your favorite radio station, ask Alexa to “play your favorite song” or pick a playlist from Spotify. There is an endless supply of musical options at your fingertips – take advantage and enjoy! For more information on the benefits of music or to learn more about music therapy and how it can benefit you, please contact the Functional Pathways Therapy Team.

*Where words fail,
music speaks.*



Brittany Austin, National Director of Health and Wellness
Functional Pathways

EXQUISITE CUISINE

Thursday, March 24, 2022



DRY AGED NEW YORK STRIP STEAK

Taking the classic cut of meat to another level. 60 days of dry aging to bring out the flavor and loosen the fat. Accompanied with herb roasted Fingerling Mashed Potatoes, candied Brussels Sprouts and a Bone Marrow Compound Butter.



FRENCH ONION SOUP

The classic soup to start the meal. Caramelized Onion, crunchy Baguette and melty Cheese.



GRILLED CAESAR SALAD

Lightly oiled & grilled to bring out the sweetness, then chopped and finished with Aged Parmesan, traditional Caesar Dressing and house made Croutons.



LEMON & FIG TART

We pair two distinct and strong flavors to finish the night. Fresh, tart Lemon Curd with rich and full Figs finished with a Port Wine reduction.

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: BARBARA HANRAHAN

Navy. Kathleen, the daughter, remains close by. There are presently three grandsons and eight great-grandchildren in the family.

Bill was employed by the Schlitz Brewery Company in the Quality Control Division and subsequently was transferred often to manage a problem. The couple's first move was to Kansas City, Missouri where Barbara worked in a neighborhood drug store until they adopted son Kevin in 1963. Barbara then became a stay-at-home mom and continued when she and Bill adopted daughter Kathleen following their transfer to Tampa, Florida. After four years in Tampa, Bill was promoted and the family relocated to Winston-Salem, North Carolina. They remained there for seven years and during that time, Barbara was Assistant to the Director of the Montessori School for five of those years. Bill was transferred to Syracuse, New York where according to Barbara, "We endured four harsh winters." When the plant where Bill worked was sold, he transferred and moved the family to Longview, Texas.

Then in 1982, the Hanrahan family made a final move to Memphis, Tennessee. Barbara was first employed by Goldsmith's Department Store in the Children and Baby section. Following Goldsmith's, she worked several years for Garibaldi Jewelry Store and then for Middleton Jewelry where she remained for twenty years until the store closed in 2021. Additionally, Barbara volunteered for the St. Jude-Fed Ex Golf Tournament for twenty-six years. She also volunteers at church and continues her membership at St. Bridgid Catholic Church. Barbara and Bill enjoyed many trips abroad, visiting Hawaii, Germany, Switzerland, The British Isles and the Netherlands.



Barbara at Age 6

In 2012, Bill passed away after experiencing several health problems. Barbara remained in their home for seven years before deciding to make a change. "I wanted to be in a place where I did not have to worry about my future or being cared for. I chose Kirby Pines primarily because of LifeCare."

Barbara says, "I love living at Kirby Pines because there is so much to do. I already knew several residents because of my golf and jewelry involvement. I love making new friends!" Barbara keeps busy by going to water aerobics five days a week, plays cards three afternoons a week, staffs the Blossom Shop on Saturday mornings and sings with the Entertainers Chorus. She attends mass daily, brings communion to a shut-in and is always volunteering to serve others.

Barbara wishes you a "Happy St. Patrick's Day" and to share with you her favorite Irish Blessing:
May God grant you always a sunbeam to warm you,
A moonbeam to charm you, a sheltering Angel so nothing can harm you. Laughter to cheer you, Faithful friends near you. And, whenever you pray, Heaven to hear you.

Written by Joan Dodson, Kirby Pines Resident

AN IRISH BLESSING

We were truly blessed when Barbara Hanrahan made the decision to make Kirby Pines her forever home in June of 2019. Barbara represents a strong Irish heritage and a devout Catholic faith. Born into an Irish family, she married an Irishman and gave her two children Irish names. Since moving to Kirby Pines, Barbara has become involved in many aspects of the life here and is a "go-to" person when something is needed. She involves herself with people and is quick to volunteer with such things as assisting someone with their meals in the dining room or delivering a meal to a shut-in. Her personal life has had several sad occasions, yet, she maintains a positive attitude and a happy disposition.

Barbara Jane Cummings was born on October 28, 1938 in Milwaukee, Wisconsin. She was the oldest of nine children, five brothers and three sisters to follow. Her mother was a stay-at-home mom and her father worked three jobs to support the family. Her grandfather started a honey-roasted peanut business in Milwaukee which remains in business today. When asked what her family life was like with so many siblings, she responded, "It was pandemonium most of the time and we ate a lot of soup and stews!" Christmas time was very special. Barbara recalls, "On Christmas Eve Day, Dad would buy a marked down tree; then we would decorate it. After dinner, Dad got us in the car and drove around the city to enjoy all the lights and decorations. Mom stayed home to let Santa in the door as we had no chimney. Poor Mom had to get all the presents ready for us!"

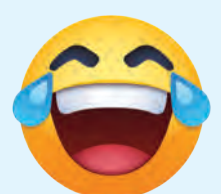
Barbara attended Catholic school in Milwaukee, grades one through twelve, graduating in 1956. College was not an option, so she looked for employment to support herself. She worked in the bookkeeping department of a dental company until her marriage to Bill Hanrahan on Nov. 8, 1958. She had met Bill in 1957 when she joined a church group organized for young, unmarried Catholics. Their first date included a visit to the hospital to greet Barbara's new baby sister and later to a bowling alley for a game with Bill's family. Bill and Barbara would later adopt two children, Kevin and Kathleen. Sadly and unexpectedly, Kevin died in 1984 while serving in the



Wedding Day Nov 1958



Let's Laugh Day is March 19th



Calling all gigglers, cacklers, chortlers, and belly laughers, this is the day you've been waiting for. National Let's Laugh Day is a 24-hour joke-fest on March 19 where we celebrate the uniting force of laughter. Let's Laugh Day is a chance to have a chuckle with the ones you love (rubber chicken not required).

HISTORY OF NATIONAL LET'S LAUGH DAY

Every year, on National Let's Laugh Day, we are reminded to keep things light and pep things up with a little humor. If you have been in the doldrums for a while now, or haven't been feeling too good, then you need to laugh the worries away and take it easy. Laughter is, after all, the best medicine, and it is just what the doctor prescribed for March 19!

Jokes have long been the best way to provide comic relief. The world's oldest joke can be traced back to 1900 B.C. Laughter can also be contagious. This is why laugh tracks were added to television shows to cue when the audience is supposed to laugh and to indicate when a comedic scene happens. The first American television show to use a laugh track was in 1950, in "The Hank McCune Show."

Where frowns cause wrinkles, laughing creates adorable crinkles that are good for the muscles. 'Laughter yoga' is now quite a popular activity, in which muscles of the face, abdomen, and lungs are engaged using laughter as the core exercise. Laughter also releases endorphins and lowers the stress hormone, cortisol, in the body.

According to the Mayo Clinic, "Laughter can: Stimulate many organs. Laughter enhances your intake of oxygen-rich air, stimulates your heart, lungs and muscles, and increases the endorphins that are

released by your brain."

TOP 5 LAUGH TYPES

31% Giggle **20%** Chuckle **19%** Belly Laugh **7%** Cry Laugh **6%** Guffaw

95% of Americans say laughter is a stress reliever.

96% of Americans like to make others laugh.

77% think they are funny.

39% say they make fun of themselves to make others laugh.

60% of Americans say they are funnier than their significant other. **68%** of men & **54%** of women, think they are funnier.

WHO MAKES PEOPLE LAUGH THE MOST

Dad **5%**, Mom **7%**, Siblings **8%**, Their Kids **15%**, Significant Others **26%**, Friends **38%**.

86% of people laugh even when no one's around!

79% of people like their own laugh, but if given the choice, they would prefer to have these kinds of laughs: An Infectious Laugh **45%**, a Sweet Laugh **33%**, a Goofy Laugh **14%**, a Belly Laugh **5%** and an Annoying Laugh **3%**.

Congratulations to our **EMPLOYEE of the Month**

Transportation Driver

DONALD GREAR



Describe Your Family: Wife Sheri, kids Ben & Betsy, grandchildren Sophie, Huxley, Harrison & Miles.

Describe yourself in five words: Loving, funny, inquisitive, passionate, dependable.

What do you do for fun: Follow my grandchildren, listen to music, watch documentaries, workout.

Do you have any hobbies or interests: Researching my genealogy and writing.

What is your favorite food: Tacos. **Favorite song:** Rhapsody In Blue by George Gershwin.

What is your favorite thing about your job: Talking to the residents. I never knew my grandparents, so they are the next best thing.

What is something you are proud of: Helping raise exceptional children who are loving, helpful and good friends to their friends.

What would you like people to know about you: During my 35 years producing television programs and custom videos, I have traveled to every state except North Dakota and Alaska.

Donald has been taking on the added duties and responsibilities of Transportation Supervisor since the position has been vacant. He is very friendly and always has a good attitude. Don has been making the schedules, assisting with the delivery of packages to residents and taking care of the transportation needs for residents and employees. We are proud to have him.

- Michael Escamilla, Executive Director

REFLECTIONS

By
Maxie Dunnam



BUT HAVE NOT LOVE

Paul's "Hymn of Love" (First Corinthians 13) is one of the best-known sections of Scripture. In all my years of ministry there have been few weddings in which I have not referred to this great love reflection. When thoughts and reflections are being connected with love, none can do better than to read and spend some time with this "Hymn of Love".

"*But have not love*" is an attention getting phrase that occurs three times in the first three verses of the hymn. "If I speak in the tongues of men and angels -- *but have not love*."

"If I have prophetic powers, and understand all mysteries and knowledge, and if I have all faith so as to remove mountains -- *but have not love*."

"If I give away all I have, and if I deliver my body to be burned -- *but have not love*." Paul closes his last "but have not love" with the dogmatic word, "*I gain nothing*." He makes his point clearly; nothing is of any use if love is missing. Bereft of love, we become less than we are as humans.

After my sermon, in a conference where I was preaching, people were in a line greeting me. I saw a woman "hanging back." I knew she wanted a bit more time than the usual greeting and thank you. I was so moved by her affirmation and self-introduction that I spontaneously hugged her. You would have thought I had given a glass of water to a person

dying of thirst, or a \$1,000 to a penniless beggar. Her face was aglow. "Thank you," she exclaimed, and added, "Nobody hugs me anymore."

She told me more: the loss of her husband 10 years before, her children scattered and she was now living alone. She doesn't get any hugs.

If we know we are loved -- and hugging helps us to know -- we can bear anything. But if we have not love, we become less than human.

It is easy to grow careless of the ones we are supposed to love. We become thoughtless of the little things that keep love alive. So we don't hug as much as we should. We don't speak kind and loving words to our spouses. We take each other for granted, and to take another for granted is to make them less than human.

Words and actions can wound us, but so can no words and no action. Indifference, disregard, neglect -- these are the painful bullets that penetrate our hearts and bring emotional death. These deaths are silent. We don't see them because we are not looking -- we're not listening. The ears and eyes of our hearts are closed to those around us -- sometimes even to those we love.

Of all that we must be intentional about, love is paramount.

March Vesper Services | 6:30pm | Performing Arts Center

March 3

Rev Dennis Neenan
St. Luke's
United Methodist

March 10

Rabbi Jeremy Simons
Temple
Israel

March 17

Jimmy Latimer
Presentation Honoring
Reverend Don Johnson

March 24

Philip Slate
Kirby Pines Resident
Church of Christ

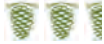
March 31

Rev Chas Williams
Grace Church
Olive Branch

MEET ME AT



THE WEDDING PLANNER (2001)



Saturday, March 5 | 10:00 am & 2:00 pm

Cast: *Jennifer Lopez, Matthew McConaughey, Justin Chambers, Bridgette Wilson*

While celebrating her newest and most lucrative account -- the wedding of Internet tycoon Fran Donnelly -- Mary is rescued from a near-fatal collision with a runaway dumpster by handsome pediatrician Steve Edison. After spending the most enchanting evening of their lives together, Mary thinks she's finally found a reason to believe in love. What she doesn't know is that cupid and her career are about to collide head-on.

FREEDOM WRITERS (2007)



Sunday, March 6 | 1:30 pm & 4:00 pm

Cast: *Hilary Swank, Patrick Dempsey, Imelda Staunton, Scott Glenn*

A dedicated teacher (Hilary Swank) in a racially divided Los Angeles school has a class of at-risk teenagers deemed incapable of learning. Instead of giving up, she inspires her students to take an interest in their education and planning their future. She assigns reading material that relates to their lives and encourages them all to keep journals.

GIGI (1958)



Friday, March 4 | 1:30 pm

Saturday, March 5 | 6:00 pm

Sunday, March 6 | 6:30 pm

Cast: *Louis Jourdan, Leslie Caron, Maurice Chevalier, Hermione Gingold*

Gaston is a restless Parisian playboy who moves from one mistress to another, while also spending time with Gigi, a precocious younger friend learning the ways of high society. The platonic relationship between Gaston and Gigi changes, however, when she matures, but the possibility of something lasting seems unlikely since he won't commit to one woman. Gigi refuses to be anyone's mistress, however, and Gaston must choose between her and his carefree lifestyle.

KING RICHARD (2021)

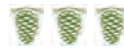


Saturday, March 12 | 10:00 am & 2:00 pm

Cast: *Will Smith, Serena Williams, Venus Williams, Jon Bernthal*

Armed with a clear vision and a brazen, 78-page plan, Richard Williams is determined to write his two daughters, Venus and Serena, into history. Training on tennis courts in Compton, Calif., Richard shapes the girls' unyielding commitment and keen intuition. Together, the Williams family defies seemingly insurmountable odds and the prevailing expectations laid before them.

P.S. I LOVE YOU (2007)



Sunday, March 13 | 1:30 pm & 4:00 pm

Cast: *Gerard Butler, Hilary Swank, Jeffrey Dean Morgan, Lisa Kudrow*

When Gerry, the husband of Holly Kennedy, dies from an illness, she loses the love of her life. Knowing how hard Holly will take his death, Gerry plans ahead. Beginning on her 30th birthday, she receives the first in a series of letters written by him, designed to ease her grief and encourage her to move forward to a new life.

THE QUIET MAN (1952)



Friday, March 11 | 1:30 pm

Saturday, March 12 | 6:00 pm

Sunday, March 13 | 6:30 pm

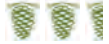
Cast: *John Wayne, Maureen O'Hara, Barry Fitzgerald, Ward Bond*

After accidentally killing an opponent in the ring, boxer Sean Thornton (John Wayne) leaves America and returns to his native Ireland, hoping buy his family's homestead and live in peace. In doing so, he runs afoul of Will Danaher (Victor McLaglen), who long coveted the property. Spitefully, Will objects when his fiery sister, Mary Kate (Maureen O'Hara), begins a romance with Sean, and refuses to hand over her dowry. Mary Kate refuses to consummate the marriage until Sean retrieves the money.

THE MOVIES



YELLOW ROSE (2019)



Saturday, March 19 | 10:00 am & 2:00 pm

Cast: *Eva Noblezada, Princess Punzalan, Sylvia Ramos, Dale Watson*

A Filipina teen from a small Texas town fights to pursue her dreams as a country music performer while having to decide between staying with her family or leaving the only home she has known.

THE QUEEN (2006)



Sunday, March 20 | 1:30 pm & 4:00 pm

Cast: *Helen Mirren, Michael Sheen, James Cromwell, Alex Jennings*

In the wake of a national tragedy, the prime minister and royal family find themselves quietly at odds. The initial reluctance of Buckingham Palace to mourn Diana is seen by the public as a sign of cool emotional distance, but Tony Blair, perceiving a potential public-relations disaster in the making, takes it upon himself to persuade Queen Elizabeth to pay tribute to the dead princess.

BRIGADOON (1954)



Friday, March 18 | 1:30 pm

Saturday, March 19 | 6:00 pm

Sunday, March 20 | 6:30 pm

Cast: *Gene Kelly, Cyd Charisse, Van Johnson, Virginia Bosler*

Tommy Albright and Jeff Douglas, two American pals on a Scottish hunting trip, get lost in the woods and come upon the magical village of Brigadoon. Rising out of the Scottish mist only once every 100 years, and only for one day, Brigadoon is an enchanted place where life is simpler and easier, untouched by the worries of the modern world. When Tommy falls for beautiful villager Fiona Campbell, he must decide whether to stay or to return to his life.



BLENDED (2014)

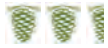


Saturday, March 26 | 10:00 am & 2:00 pm

Cast: *Adam Sandler, Drew Barrymore, Bella Thorne, Terry Crews*

Recently divorced mom Lauren and widowed dad Jim let their friends push them into a blind date, which goes disastrously wrong. Unsurprisingly, neither wants to see the other ever again. However, fate intervenes when both Jim and Lauren, unbeknown to each other, purchase one-half of the same vacation package at a South African resort; they and their children are forced to share the same suite and participate in a slew of family activities together.

BECAUSE OF WINN DIXIE (2005)



Sunday, March 27 | 1:30 pm & 4:00 pm

Cast: *Anna Sophia Robb, Jeff Daniels, Cicely Tyson, Eva Marie Saint*

Abandoned by her mother years ago, Opal, a 10-year-old girl, moves with her preacher father to a small town in Florida. Lonely and missing her old friends, Opal is ecstatic to find companionship with a rambunctious little dog she names Winn-Dixie, after the store where she found the pup. With Winn-Dixie's help, Opal befriends several colorful townsfolk and even begins mending her relationship with her father.

THE BOOK OF ESTHER (2013)



Friday, March 25 | 1:30 pm

Saturday, March 26 | 6:00 pm

Sunday, March 27 | 6:30 pm

Cast: *Jen Lilley, Joel Smallbone, Hadeel Sittu, Thaa Penghlis*

Mordecai uses his niece, Esther, to win the affection of King Xerxes and plans to unmask Haman's treachery to save the Jewish people from a horrible plot.

KIRBY PINES MOVIE RATING SYSTEM



= AVERAGE



= GOOD



= GREAT



= PERFECT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>March 2022</div>		<div>8:30 am Men’s Water Aerobics (Pool) 1 9:00 am Dr. Mike Abutineh (WC) 9:30 am Basic Water Aerobics (Pool) 11:00 am Arthritis Sit/Stand Class (PAC) 1:00 pm Tuesday Bridge Group (Ante) 1:30 pm Bunko (SCR) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Movie: Kindergarten Cop (Thtr) 2:30 pm Advanced Line Dancing (PAC) 5:30 pm Tech Time (Sunroom) 6:30 pm Movie: Kindergarten Cop (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 2 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 11:00 am Arthritis Yoga Stretch (Live TV) 1:00 pm Needle Arts Group (Sunroom) 1:15 pm Beginner’s Mahjong (LCR) 1:30 pm Game Play (LCR) 1:30 pm Movie: A Walk To Remember (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:15 pm Bridge Group (LCR) 6:30 pm Movie: A Walk To Remember (Thtr)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 3 9:30 am Basic Water Aerobics (Pool) 10:00 am Kroger & Banks (Trans) 10:00 am Bible Study with Dave Phillips (PAC) 11:00 am Arthritis Sit/Stand Class (PAC/Live TV) 1:00 pm Dr. Mike Abutineh (WC) 1:00 pm WalMart, Costco & Banks (Trans) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Mini Series: Yellowstone (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Vespers (PAC)</div>	<div>8:30 am Water Aerobics (Pool) 4 9:30 am Group Exercise (PAC) 9:30 am Water Aerobics (Pool) 10:00 am WalMart, Aldi & Banks (Trans) 10:00 am Art with Helen (A&C) 1:00 pm Superlo & Bank (Trans) 1:30 pm Weekend Movie Classic (Thtr) 6:00 pm Music with Al Mahan (Lobby)</div>	<div>8:00 am Men’s Christian Fellowship (LCR) 5 10:00 am Weekend Movie (Thtr) 1:30 pm Game Play (LCR) 2:00 pm Weekend Movie (Thtr) 6:00 pm Classic Movie (Thtr)</div>
<div>8:00 am Church of Christ Service (Chapel) 6 10:00 am Worship Service (PAC) 1:30 pm Weekend Movie (Thtr) 4:00 pm Weekend Movie (Thtr) 6:00 pm Basil Alter & Elham Fanous (PAC) 6:30 pm Classic Movie (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 7 9:30 am Group Exercise (PAC) 10:00 am First Monday Poetry Group (Chapel) 10:00 am Hobby Pines Group (Hobby Shop) 11:00 am Arthritis Yoga Stretch (Live TV) 1:30 pm Game Play (LCR) 6:30 pm Bingo (PAC)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 8 9:00 am Dr. Mike Abutineh (WC) 9:30 am Basic Water Aerobics (Pool) 11:00 am Arthritis Sit/Stand Class (PAC) 1:30 pm Bunko (SCR) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Movie: Along Came A Spider (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Birthday Night with Side Street Steppers (PAC)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 9 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 10:30 pm KP Garden Gro’ers (Greenhouse) 11:00 am Arthritis Yoga Stretch (Live TV) 1:00 pm Needle Arts Group (Sunroom) 1:15 pm Beginner’s Mahjong (LCR) 1:30 pm Game Play (LCR) 1:30 pm Movie: The Best Of Me (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:15 pm Bridge Group (LCR) 6:30 pm Movie: The Best Of Me (Thtr)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 10 9:30 am Basic Water Aerobics (Pool) 10:00 am Kroger & Banks (Trans) 10:00 am Bible Study with Dave Phillips (PAC) 11:00 am Arthritis Sit/Stand Class (PAC/Live TV) 1:00 pm Dr. Mike Abutineh (WC) 1:00 pm WalMart, Costco & Banks (Trans) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Mini Series: Yellowstone (Thtr) 2:00 pm Resident Association Meeting (PAC) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Vespers (PAC)</div>	<div>8:30 am Water Aerobics (Pool) 11 9:30 am Group Exercise (PAC) 9:30 am Water Aerobics (Pool) 10:00 am WalMart, Aldi & Banks (Trans) 10:00 am Art with Helen (A&C) 1:00 pm Superlo & Bank (Trans) 1:30 pm Weekend Movie Classic (Thtr) 6:00 pm Music with Joyce Cobb (Lobby)</div>	<div>8:00 am Men’s Christian Fellowship (LCR) 12 10:00 am Weekend Movie (Thtr) 1:30 pm Game Play (LCR) 2:00 pm Weekend Movie (Thtr) 6:00 pm Classic Movie (Thtr) 6:15 pm Saturday Night Trivia (LCR)</div>
<div>8:00 am Church of Christ Service (Chapel) 13 10:00 am Worship Service (PAC) 1:30 pm Weekend Movie (Thtr) 4:00 pm Weekend Movie (Thtr) 6:30 pm Classic Movie (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 14 9:30 am Alterations (A&C) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 11:00 am Arthritis Yoga Stretch (Live TV) 1:30 pm Game Play (LCR) 6:30 pm Bingo (PAC)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 15 9:00 am Dr. Mike Abutineh (WC) 9:30 am Basic Water Aerobics (Pool) 11:00 am Arthritis Sit/Stand Class (PAC) 1:00 pm Tuesday Bridge Group (Ante) 1:30 pm Bunko (SCR) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Movie: The Firm (Thtr) 1:30 pm Advanced Line Dancing (PAC) 6:30 pm St. Patrick’s Dance with The Jeremy Schrader Band (PAC)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 16 9:30 am Group Exercise (PAC) 10:00 am Caregiver Support Group (SCR) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 10:30 am Travelers: Opera Memphis (Trans) 11:00 am Arthritis Yoga Stretch (Live TV) 1:00 pm Needle Arts Group (Sunroom) 1:15 pm Beginner’s Mahjong (LCR) 1:30 pm Game Play (LCR) 1:30 pm Movie: One Night With The King (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:15 pm Bridge Group (LCR) 6:30 pm Movie: One Night With The King (Thtr)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 17 9:30 am Basic Water Aerobics (Pool) 10:00 am Kroger & Banks (Trans) 10:00 am Bible Study with Dave Phillips (PAC) 11:00 am Arthritis Sit/Stand Class (PAC/Live TV) 1:00 pm Dr. Mike Abutineh (WC) 1:00 pm WalMart, Costco & Banks (Trans) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Mini Series: Yellowstone (Thtr) 2:30 pm Advanced Line Dancing (PAC) 3:00 pm Photo Club (LCR) 6:30 pm Vespers (PAC)</div>	<div>8:30 am Water Aerobics (Pool) 18 9:30 am Group Exercise (PAC) 9:30 am Water Aerobics (Pool) 10:00 am WalMart, Aldi & Banks (Trans) 10:00 am Art with Helen (A&C) 1:00 pm Superlo & Bank (Trans) 1:30 pm Weekend Movie Classic (Thtr) 6:00 pm Music with Amaro Dubois (Lobby)</div>	<div>8:00 am Men’s Christian Fellowship (LCR) 19 10:00 am Weekend Movie (Thtr) 1:30 pm Game Play (LCR) 2:00 pm Weekend Movie (Thtr) 6:00 pm Classic Movie (Thtr)</div>
<div>8:00 am Church of Christ Service (Chapel) 20 10:00 am Worship Service (PAC) 1:30 pm Weekend Movie (Thtr) 4:00 pm Weekend Movie (Thtr) 6:30 pm Classic Movie (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 21 9:00 am Jewelry Repair (SCR) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 10:30 am Tech Time (Sunroom) 11:00 am Arthritis Yoga Stretch (Live TV) 1:30 pm Game Play (LCR) 6:30 pm Bingo (PAC)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 22 9:00 am Dr. Mike Abutineh (WC) 9:30 am The Book Baggers (PAC) 9:30 am Basic Water Aerobics (Pool) 11:00 am Arthritis Sit/Stand Class (PAC) 11:00 am Lunch Bunch: Mortimer’s (Trans) 1:30 pm Bunko (SCR) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Movie: The Last Song (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Movie: The Last Song (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 23 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 11:00 am Arthritis Yoga Stretch (Live TV) 1:00 pm Needle Arts Group (Sunroom) 1:15 pm Beginner’s Mahjong (LCR) 1:30 pm Game Play (LCR) 1:30 pm Movie: The Magnificent Seven (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:15 pm Bridge Group (LCR) 6:30 pm Movie: The Magnificent Seven (Thtr)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 24 9:30 am Basic Water Aerobics (Pool) 10:00 am Kroger & Banks (Trans) 10:00 am Bible Study with Dave Phillips (PAC) 11:00 am Arthritis Sit/Stand Class (PAC/Live TV) 1:00 pm Dr. Mike Abutineh (WC) 1:00 pm WalMart, Costco & Banks (Trans) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Mini Series: Yellowstone (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Vespers (PAC)</div>	<div>8:30 am Water Aerobics (Pool) 25 9:30 am Group Exercise (PAC) 9:30 am Water Aerobics (Pool) 10:00 am WalMart, Aldi & Banks (Trans) 10:00 am Art with Helen (A&C) 10:00 am Ham-ateur Reharsal (PAC) 1:00 pm Superlo & Bank (Trans) 1:30 pm Weekend Movie Classic (Thtr) 6:30 pm The Entertainers: Spring Is Here (PAC)</div>	<div>8:00 am Men’s Christian Fellowship (LCR) 26 10:00 am Weekend Movie (Thtr) 1:30 pm Game Play (LCR) 2:00 pm Weekend Movie (Thtr) 6:00 pm Classic Movie (Thtr) 6:15 pm Saturday Night Trivia (LCR)</div>
<div>8:00 am Church of Christ Service (Chapel) 27 10:00 am Worship Service (PAC) 1:30 pm Weekend Movie (Thtr) 4:00 pm Weekend Movie (Thtr) 6:30 pm Classic Movie (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 28 9:30 am Alterations (A&C) 9:30 am Advanced Water Aerobics (Pool) 9:30 am Group Exercise (PAC) 10:00 am Hobby Pines Group (Hobby Shop) 11:00 am Arthritis Yoga Stretch (Live TV) 1:30 pm Game Play (LCR) 6:30 pm Bingo (PAC)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 29 9:00 am Dr. Mike Abutineh (WC) 9:30 am Basic Water Aerobics (Pool) 11:00 am Arthritis Sit/Stand Class (PAC) 1:30 pm Bunko (SCR) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Movie: Operation Dumbo Drop (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Movie: Operation Dumbo Drop (Thtr)</div>	<div>8:30 am Advanced Water Aerobics (Pool) 30 9:30 am Group Exercise (PAC) 10:00 am Catholic Services (Chapel) 10:00 am Pinecone Painters (A&C) 10:30 am Travelers: Calvary Episcopal (Trans) 11:00 am Arthritis Yoga Stretch (Live TV) 1:00 pm Needle Arts Group (Sunroom) 1:15 pm Beginner’s Mahjong (LCR) 1:30 pm Game Play (LCR) 1:30 pm Movie: The Longest Ride (Thtr) 2:00 pm Ballroom Dancing (PAC) 6:15 pm Bridge Group (LCR) 6:30 pm Movie: The Longest Ride (Thtr)</div>	<div>8:30 am Men’s Water Aerobics (Pool) 31 9:30 am Basic Water Aerobics (Pool) 10:00 am Kroger & Banks (Trans) 10:00 am Bible Study with Dave Phillips (PAC) 11:00 am Arthritis Sit/Stand Class (PAC/Live TV) 1:00 pm Dr. Mike Abutineh (WC) 1:00 pm WalMart, Costco & Banks (Trans) 1:30 pm Beginners Line Dancing (PAC) 1:30 pm Mini Series: Yellowstone (Thtr) 2:30 pm Advanced Line Dancing (PAC) 6:30 pm Vespers (PAC)</div>	<div>ABBREVIATIONS KEY</div> <div><div><div>Thtr - Theater</div><div>FDR - Formal Dining Room</div><div>PAC - Performing Arts Center</div><div>BR - Billiard Room</div><div>Trans - Transportation</div></div><div><div>HS - Hobby Shop</div><div>SCR - Small Card Room</div><div>A&C - Arts & Crafts Room</div><div>LCR - Large Card Room</div><div>WC - Wellness Clinic</div></div></div>	

March 2022 EVENTS

Mar 1: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.

Mar 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Mar 1: Mardi Gras

Join us in the dining room for a special Mardi Gras themed meal! Meals will be served at the normal lunch and dinner times. Come out and wear your green, gold, and purple!



Mar 1 & 15: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Mar 1: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Mar 1: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Beginner's class is at 1:30 pm and advanced is at 2:15 pm. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Mar 1: Kindergarten Cop

In this action-comedy, unusual circumstances find big, brawny cop John Kimble posing as a kindergarten teacher in order to apprehend major drug lord Cullen Crisp, as well as his ruthless accomplice and mother, Eleanor. While pretending to be a kid-friendly instructor, Kimble falls for pretty fellow teacher Joyce Palmieri. as he battles both unruly children and dangerous bad guys. Showing at 1:30 pm and 6:30 pm in the theatre.

Mar 1 & 21: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Mar 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Mar 2: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Mar 2: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Mar 2: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 11:00 am in the PAC & live TV.

Mar 2: Needle Arts

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Mar 2: Beginners Mahjong

Interested in MahJong? Come out to the large card room each Wednesday at 1:15

pm for lessons and play.

Mar 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Mar 2: A Walk To Remember

Set in North Carolina, "A Walk to Remember" follows the rite of passage of a jaded, aimless high school senior who falls in love with a guileless young woman he and his friends once scorned. The two develop a powerful and inspirational relationship in which they discover truths that take most people a lifetime to learn. Showing at 1:30 pm and 6:30 pm in the theatre.



Mar 2: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Mar 2: Bridge Group

Bridge will begin at 6:15 pm on Wednesday nights in the LCR. If you would like to join in please sign the downstairs book by noon on Wednesdays.

Mar 3: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the PAC and on live TV. All denominations invited.

Mar 3: Yellowstone

Yellowstone follows the Dutton family, led by John Dutton, who controls the largest contiguous ranch in the United States. Showtime will be Thursdays at 1:30 pm.

Mar 4: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Mar 4 : Music with Al Mahan

Al Mahan is a pastor, singer/songwriter, and performer from Smithville, TN. His concerts are filled with humor, parodies, impersonations, and much laughter, as he takes us on a heart-warming nostalgic stroll down memory lane. These concerts are filled with the songs of yesteryear. The performance will start in the lobby at 6:00 pm.

Mar 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Mar 6: Basil Alter & Elham Fanous

We are excited to have both Basil Alter, a violinist hailed as a "teenage virtuoso" by the Commercial Appeal, and Elham Fanous, the leading Afghan pianist of his generation, with us. This musical duo came together during their first year at Manhattan School of Music and even won the Manhattan School of Music's Fuchs Memorial Chamber Music Competition in 2020. The duo is excited to make their debut in Memphis, presenting a program of Bach, Beethoven, and Mozart duos. Come out to the PAC at 6:00 pm to hear this wonderful program.

Mar 7: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Mar 7: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Mar 7: Bingo

Bingo is back! Come join us in the PAC

every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Mar 8: Along Came A Spider

When a senator's daughter under Secret Service protection is kidnapped from a private school, detective Alex Cross investigates the case even though he's recovering from the loss of his partner. Showtime is at 1:30 pm in the theatre.



Mar 8: Birthday Night with Side Street Steppers

The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. The two decades between 1920 and World War II saw the rise of jazz and the birth of the blues, the demise of ragtime and the emergence of hillbilly music that would become known through the world as country music. They perform on vintage and homemade instruments. Get ready for plenty of hip-shaking, foot stompin', caterwauling and croonin'. Come celebrate with us in the PAC at 6:30 pm.

Mar 9: Garden Gro'ers

Come out for our March meeting as we begin to plant our tomatoes. If you have not requested your tomato-site or a plot for flowers, now is the time to do so! We can't wait to see you at 10:30 am in the Greenhouse!

Mar 9: The Best Of Me

A pair of former high school sweethearts reunite after many years when they return to visit their small hometown. Showing at 1:30 pm and 6:30 pm in the theatre.



Mar 10: Resident Association

Come out to our second Resident's Association of the year! We will have a great time with a guest speaker and a chance to hear updates. Come out to the PAC at 2:00 pm or tune in on Live TV.

Mar 11 : Music with Joyce Cobb

As a singer, teacher, and actor, Joyce has done it all: Signed a deal at Stax Records; cut a Top 40 hit; opened shows for The Temptations and Muddy Waters; toured Europe; performed with the Memphis Symphony Orchestra; and starred in local productions of Ain't Misbehavin' and the Center For Southern Folklore's Beale Street Saturday Night (which she co-created). Enjoy a night of her beautiful singing in the lobby at 6:00 pm.

Mar 12 & 26: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for March will be SPORTS & LEISURE. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the chapel. For further information please contact Peter Jones, 767-0289 or pdjones1940@gmail.com.

Mar 14 & 28: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Mar 15: The Firm

A young lawyer joins a small but prestigious law firm only to find out that most of their clients are on the wrong side of the law. The company is helping to launder mob money, get clients off charges and even murder partners who threaten to blow their cover. But when the FBI come calling to gather evidence on the lawyer's colleagues, he is caught between a rock and a hard place, juggling his life and his liberty. Showing at 1:30 pm in the theatre.



Mar 15: St Patrick's Dance w/ The Jeremy Schrader Band

Join us as we celebrate St. Patrick's Day. Come listen and dance the night away to the great sounds of the Jeremy Schrader Band. Music will start at 6:30 pm in the PAC. Don't be late!

Mar 16: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Mar 16: Travelers: Opera Goes Broadway

The Travelers' Group will enjoy the Creative Aging Senior Arts Series. FIRST, group members will arrive at the Poplar Ave restaurants, Chicken Salad Chick and Hopdoddy Burger Bar for lunch. Then we will travel to Theatre Memphis to enjoy Opera Goes to Broadway review. Opera Memphis brings classical arias and Broadway showtunes by presenting a fabulous lineup of musical gems from every era of American Musical Theatre. Sign-up early in the Resident Programs Office and be sure to bring \$5 for the theatre production and \$3 for the bus transportation. The cut-off date is Monday, March 13th, 12:00 noon so tickets can be purchased. There are only 27 seats on our bus!

Mar 16: One Night with the King

In Biblical times, a girl disguises her Jewish origins when the Persian king comes looking for a new bride among his subjects. Showing in the Theatre at 1:30 pm and 6:30 pm.

Mar 17: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

Mar 18: Music with Amaro Dubois

Praised for having a powerful and yet so welcoming warm sound, Brazilian violist Amaro Dubois has become known for his work expanding and popularizing lesser-known repertoire for the viola

through collaborative projects in Brazil and North America. Recently, Amaro has also collaborated with orchestras such as the Paducah and Pensacola Symphony Orchestras as well as the Iris Orchestra. Come enjoy this wonderful performer in the Lobby at 6:00 pm.

Mar 21: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR at 9:00 am.

Mar 22: The Book Baggers

Lisa Patton will be joining us via zoom to discuss her book, "Whistlin' Dixie in a Nor'easter". Lisa writes of leaving her beloved Memphis, Tennessee to follow her husband's dream of becoming the proprietor of a quaint Vermont inn. In this moving and comedic debut, Lisa Patton paints a hilarious portrait of life in Vermont as seen through the eyes of a southern belle. A charming fish-out-of-water tale of one woman who learns to stand up for herself in sandals and snow boots against the odds. Join us in the PAC at 9:30 am.

Mar 22: Lunch Bunch at Mortimer's

Join us as we visit another great restaurant, Mortimer's Restaurant. Visit the Resident Programs office with your transportation fee to sign up. There will also be a menu for your viewing if requested. We will meet in the lobby at 11:00 am and leave at 11:15 am. See you there!

Mar 22: The Last Song

A rebellious girl is sent to a Southern beach town for the summer to stay with her father. Through their mutual love of music, the estranged duo learn to reconnect. Showing in the Theatre at 1:30 pm and 6:30 pm.



Mar 23: The Magnificent Seven

Seven gunmen from a variety of backgrounds are brought together by a

vengeful young widow to protect her town from the private army of a destructive industrialist. Showing at 1:30 pm and 6:30 pm in the theatre.

Mar 25: The Entertainers: Spring Is Here

Celebrate the arrival of Spring with members of the Entertainers Chorus and special guests as they perform solos, duets, and instrumentals. There are a few surprises planned. Come out to the PAC at 6:30 pm. You don't want to miss this!

Mar 29: Operation Dumbo Drop

To keep the loyalty of a village during the Vietnam war, a U.S. Army officer and his unit struggle to deliver it a live elephant. Showing in the Theatre at 1:30 pm and 6:30 pm.



Mar 30: Travelers: Lenten Series, Calvary Episcopal

Join your neighbors who will be eating at the Waffle Shop at Calvary Episcopal Church on Wednesday, March 30th - Departure time 10:15 am. After eating your choice of several luncheon items (see menu following the sign-up page) we will listen in the setting of the beautiful Calvary Episcopal Church Sanctuary at 12:00 noon, to Dr. Ellen Davis, a participant in the Lenten Preaching Series. Sign-up at the Resident Programs Office and contribute \$3 for the cost of the transportation. Cut-off date is Tuesday, March 29th at 12 noon.

Mar 30: The Longest Ride

Former bull-riding champion Luke and college student Sophia are in love, but conflicting paths and ideals threaten to tear them apart. As the couple ponder their romantic future, they find inspiration in Ira, an elderly man whose decades-long romance with his beloved wife withstood the test of time. Showing at 1:30 pm and 6:30 pm in the theatre.

PUZZLE CHALLENGE | Giant Crossword

ACROSS

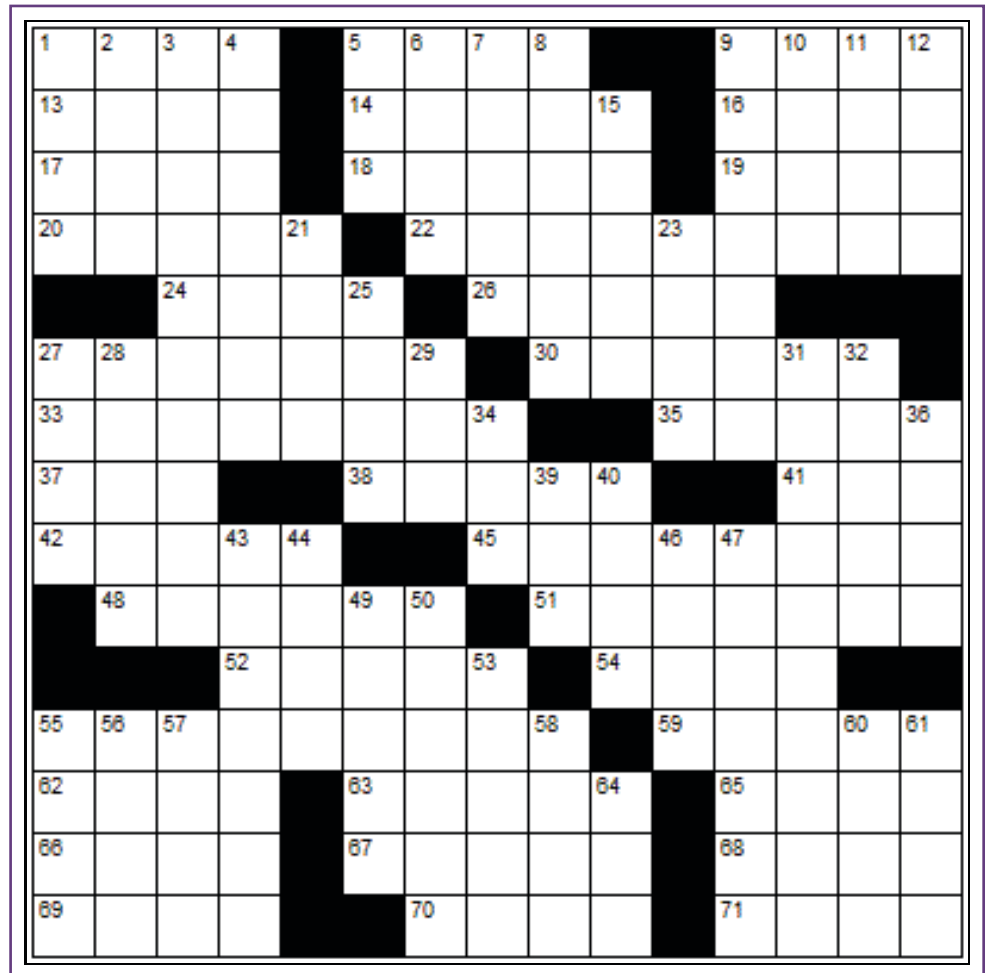
1. Church alcove
5. Grumble
9. A crumbling earthy deposit
13. Press
14. All excited
16. Maguey
17. Exuviate
18. Lowest point
19. Half-moon tide
20. Vortex
22. Characterized by remissions
24. Group of two
26. Happen again
27. Capable of being molded
30. Highly seasoned fatty sausage
33. Groundnut
35. Quickly
37. Consumer Price Index
38. Ancient unit of dry measure
41. Cover
42. A sailing vessel with two masts
45. Conceding
48. Words to a song
51. Retaliation
52. To untwist
54. Little dent
55. Stated falsely
59. List components
62. Operatic solo
63. Specks
65. Region
66. Decorate with gold leaf
67. Jimmies
68. Nipple
69. Small island
70. Existence
71. Sea Eagle

DOWN

1. Purposes
2. Ship's front
3. Unity
4. Confide
5. Tin
6. Remote
7. Equestrian
8. Anagram of "Simper"
9. Seductive looking woman
10. Away from the wind

11. A soft sheepskin leather
12. Past tense of Leap
15. Genus of heath
21. Strip of wood
23. A city in western Russia
25. Eat
27. Kiss lightly
28. Continuation of the coat collar
29. Mug
31. Slacker
32. Cake frosting
34. Your (archaic)
36. Border
39. Carriage
40. Pay attention to
43. Campaign
44. Clue
46. 57 in Roman numerals
47. Having toothlike projections
49. A carpenter's device (see photo for hint)
50. Lampoon

53. Abominable snowmen
55. Wise men
56. Colored part of an eye
57. Window ledge
58. D D D D
60. Average
61. Satisfy



Puzzle Solutions - page 23

PICTURING LIFE AT KIRBY PINES



Bill Ramia celebrates his February birthday with his wife, Gay.



Gerald Reeves is excited about his birthday chocolate!



Bill Sayle is all smiles at his birthday dinner with his wife, Ellen.



Charlie Jennings celebrates his first birthday at Kirby Pines with wife, Anne and friends, Wilma & Jack Ridner.



Phyllis Mitchell celebrates her birthday with her son, Chris, and friends Edith Bengtson, Flo Seward, Jane Hodge, Alice Wherry, Elsie Bloodworth and Diane Mullins.



The Kirby Pines Travel Group had a great turn out as they headed to the Sultana Disaster Museum. The museum tells the story of the explosion and sinking of the steamboat Sultana 10 miles north of Memphis in 1865.

PICTURING LIFE AT KIRBY PINES



Sheryl and Mark Maxwell join the party in the PAC for Super Bowl Sunday at Kirby Pines.



Mark and Jeannie Seay sit back and watch the big game in the Performing Arts Center.



Ves and Pat Tinsley get a quick photo with Carolin and Ken Thomason.



Janet Turner, Jane Longfield and Mary Blanche Scott at the Super Bowl Bash.



Jeannie Valentine and Diane Mullins enjoying the party.



Bobby Thompson proudly shows off his painting at the Art Wall Reception.



Doris Boyd takes a turn at discussing her art work at the Art Wall Reception.



Nell Shears grabs some refreshments while admiring our resident's talents.

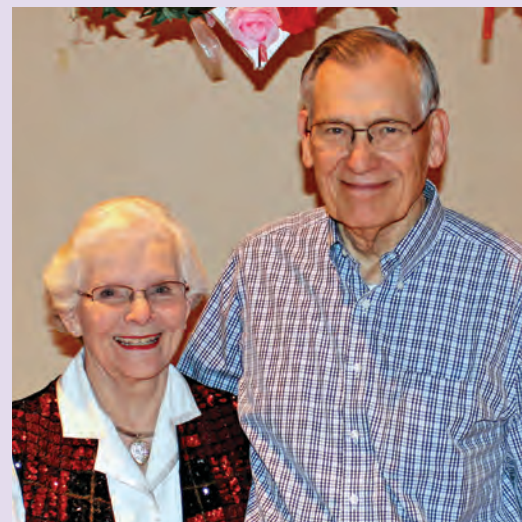
PICTURING LIFE AT KIRBY PINES



Richard and Arrena Cheek take to the dance floor at our Valentine's Party.



New residents, Joe and Carol Ballard enjoy the Valentine's Dance.



Mary Ann Thurmond knows she has the perfect Valentine in husband, Roy.



Helen Gaines cuts a rug with Ballroom Instructor, Richard Bishop.



Dale and Peter Jones take a spin on the dance floor, too!



Sandra and Walter Overbey take a Valentine photo.



Members of our Needle Arts Group Phyllis Peterson, Jeannie Valentine, Jane Longfield, Banky Wilson & Dale Jones.



Martha Walker gets talked in to having her photo taken.



Fred Dabrowski is the mad baker for Valentine's Day. Photo by resident, Cindy Dabrowski.

KIRBY PINES PHOTO CLUB

We discussed Photo Composition: Simplicity, Contrast, Rule of Thirds, Patterns & Lines and Framing



Jerry and Maxie
Photo by Arrena Cheek



Sunset In The Delta
Photo by Hugh Wilson



Lobby Perspective
Photo by Fred Dabrowski



Crossing Lines
Photo by Mary Ann Thurmond



Pop of Spring
Photo by Steve Martin



Porté Cochere Corner
Photo by Sheryl Maxwell



Tree Moss
Photo by Connie Carter



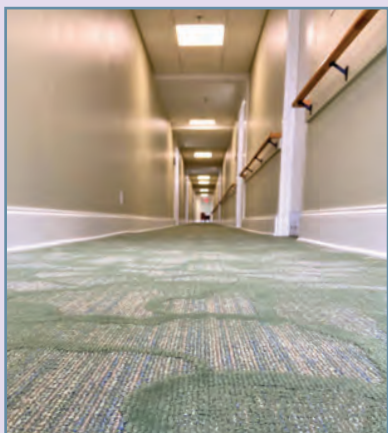
Valentine Framing
Photo by Peggy Gatlin



Floral Contrast
Photo by Jackie Gunther



Frosty Limb
Photo by Sylvia Statham



From The Ground Up
Photo by Betty Moore



Baby Tree Bison
Photo by Dale Jones



Emerging Colors
Photo by Fran Gentry



Cascading Orchid
Photo by Jane Longfield

Memorials, Honorariums & Gifts

In Memory Of

BILL WATKINS

Donation by George Courington
to the Employee Fund

Donation by Tracy & Bettye Speake
to the Garden Gro'ers

Donation by Bobby & Susie Thompson
to the Garden Gro'ers

HAROLD PETTY

All Donations to the Hobby Shop
Donation by the Resident Association

Donation by Del & Jo Mercer
Donation by Harry & Kathy Smith
Donation by Sydney Wagner

Donation by Jerry & Gloria Buckaloo
Donation by Ken & Carolin Thomason

Donation by Joan Gilliland
Donation by Ann Peyton
Donation by Donna Griffin

Donation by Mike & Jan Jaeger
Donation by Sharon Fieldor
Donation by Merry LeShane
Donation by Gail Waldrop

Donation by Joe & Shirley Brooks
Donation by Kay Daniel
Donation by Sylvia Statham

Donation by Rosalind Edwards
Donation by Marilyn Wray
Donation by Shirley Anderson

Donation by Martha Walker
Donation by Genenne Wilson
Donation by Diane Talarico
Donation by Cheryl Johnson
Donation by Barbara Logan

POLLY GOWAN

Donation by Barbara Lipsey
to the Employee Fund

RAY TANNER

Donation by John & Sally Coleman
to the Hobby Shop

ROSEMARY SHOAF

Donation by the Resident Association
to the Library/Large Print

In Memory Of

JAMES DANLEY

Donation by the Resident Association
to the Garden Club/Hobby Shop

In Honor Of

MARK MAXWELL

Donation by Roy & Mary Ann Thurmond
to the Hobby Shop

Donation by Mal & Jean Mauney
to the Hobby Shop

JANICE WALL

Donation by Neil Lloyd
to the Book Baggers

MARILYN MCCORMICK

Donation by Jerry & Gloria Buckaloo
to the Book Baggers

CHARLIE PARROTT

Donation by Mike Jaeger
to the Garden Gro'ers

CURT WILSON & ROY THURMOND

Donation by Leon & Marilyn Sanderson
to the Hobby Shop

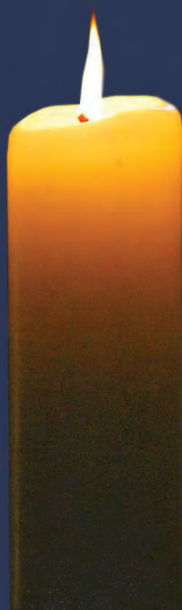
SALLY COOK

Donation by Gerald & Janet Reeves
to the Book Baggers

Gifts To

THE HOBBY SHOP

Donation by Margaret Maxwell



We're here when you need

**Just
a little
HELP**

Personal support and assistance
tailored to meet each resident's needs

Grooming

Bathing

Dressing

Toileting

Feeding

Physical Ambulation

Companionship

Monitoring

Assurance

Hospital Sitter

Exercise/Walking

Shopping

Meal Preparation

Light Housekeeping

Laundry

Ironing

Bedding Change

Medication Reminders

Transportation

Organization

Escort to Community

Escort to Doctor's Offices

Contact our office at

901-369-7353

or

901-484-6730

for consultation or
to sign up for services.

GIANT CROSSWORD





Kirby Pines

**Every Day is Full of Laughs at Kirby Pines.
Celebrate Let's Laugh Day on March 19th!**

See page 23 for resident names

