

the PINECONE

The Magazine of Kirby Pines LifeCare Community • February 2022 | V. 40 | I.2

**KEITH & JUDY
WEATHERS**
*are IN LOVE with their
new garden home &
new life at Kirby Pines!*



Doing What's Best for Everyone

Once again, the month we so fondly associate with love, because of Valentine's Day, is upon us. Do you remember how your first love seemed to transform you into a better human being? Or how much time and creativity you put into making a Valentine's Day card for someone special? This February has a more unique side to it than most, because this is also the Asian year of the Black Water Tiger. Beginning February 1st, the year of the Black Water Tiger ushers in a year of transformation, rapid changes, and adventure. Everyone is fired up, generosity is at an all-time high, and social progress feels possible again. We can expect rapid changes and sudden disruptions.

In China, the Tiger is honored as a symbol of strength and valued because it is family-oriented. Though extremely driven, the Tiger's goal is always to do what is best for everyone. Traits of the Black Water Tiger are: agility and eloquence. Water is an extremely powerful natural force – because it can go around any obstacle in its path and not lose its essential nature.

The Chinese calendar dates back to the Qin Dynasty over 2000 years ago. If you were born in 1926, 1938, 1950 or 1962 you were born during the Year of the Tiger. Famous

at Kirby Pines

people born during the Tigers years include Queen Elizabeth II, Stevie Wonder, Martin Short, Leonardo DiCaprio and Lady Gaga. This year is significant because it offers all of us the opportunities to transform or develop our creativity, and social consciousness, as well as say goodbye to petty differences. I guess when you stop and think about it, Valentine's Day allows us to do some of the same.

So this Valentine's Day, embrace not only your true love, but also your neighbors here at Kirby Pines. Let go of any differences or misunderstandings you may have towards someone, and wish everyone a Happy Valentine's Day.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Celebrating Love & Valentine's Day at Kirby Pines!

February is a month packed with fun, exciting things happening. The 1st marks the start of the Chinese New Year, the Winter Olympics kick off on the 3rd and the Super Bowl is Sunday the 13th. College basketball is in full swing and the NBA Grizzlies are playing great, with our own Ja Morant starting in the All Star Game on the 20th.

On February 15th, the Travelers head to the Sultana Disaster Museum followed by our Valentine's Dance that evening where the new Kirby King and Queen will be crowned. We have our Art Wall Reception on the 18th, Lunch Bunch is back on the 22nd and also returning on the 25th is the Ham-ateurs with *The Long Awaited Wedding and Reception*.

Our February cover features Keith and Judy Weathers who came to Kirby Pines all the way from Salem, Oregon. They are a delightful couple who have been married 55 years and are simply the picture of love. Our back cover finds Sharon Overman showing her love. She knows that living at Kirby Pines there is an entire community of love and friendship.

We want to thank everyone who participated in helping us with this month's issue. The Pinecone would be nothing without our amazing residents and employees. You always show up and go out of your way to make every month special.

Happy Valentine's Day! We love each and every one of you. When you're at Kirby Pines, you're always with family.



Keith & Judy Weathers at home

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Get to know Kirby Pines' NEW RESIDENTS



Joe & Carol Ballard



Sally Brown



Bill & Brittye Francis

The Ballards come to Kirby Pines from their previous residence in Collierville, Tennessee. They have been married for 22 years, both of them were widowed after long marriages and they have a blended family of 4 children, 7 grandchildren and 2 great-grands.

After graduating from art school, Joe embarked on a long career in advertising. He served as Senior Art Director at Archer Malmö Advertising Agency. Carol had a 40 year career as Executive Assistant to Frank Norfleet, a prominent Memphis entrepreneur.

Like many of our Kirby residents, Joe is a U.S. Army veteran. He served as a Sergeant in Korea.

This couple's hobbies and interests fit in with our Kirby lifestyle. Joe enjoys art, cooking (he is the family cook), and computing. Carol likes cake decorating, Christian studies and reading.

Joe and Carol enjoy making memories traveling. One of their favorite memories is Oberammergau, Germany. This destination is famous for its "Passion Play" which is performed every 10 years. Carol went in 1990 and they went together in 2000.

If you haven't met Joe and Carol already, do so soon! We are elated they have chosen Kirby Pines for this chapter of their life!

Sally Brown is a new resident at Kirby Pines, coming from Cordova, Tennessee. She and her late husband were married for 54 years and are the proud parents of 4 children and grandparents to 7 grandchildren.

Sally was born in Minneapolis, Minnesota. She received her B.S. Degree from The University of Minnesota in 1956. Sally had a 38 year career as a Real Estate Broker with Crye-Leike Realtors.

Knitting and reading are favorite past times for Sally. Her favorite authors are Nora Roberts and Nicholas Sparks. Concerning sports, Sally pulls for the Memphis Tigers and the San Francisco Forty-Niners.

Sally had traveled throughout the U.S.A., visiting all 50 states. Her favorite trip was to Ireland, she has also been to England and Scotland.

We are so happy Sally decided to make Kirby Pines her new home. She will fit right in to the many activities available. If you see her, greet her with open arms and make her feel right at home!

Bill and Brittye made their move to Kirby Pines from their former home in the Cordova part of Memphis. Married for 65 years, they had one son, Peter, who is deceased and they are the proud grandparents to his 2 children Elizabeth and John.

The Franciszes graduated from Austin Peay State University. Bill received his B.S. degree in 1956. He had a career with Hartford Insurance Company and retired after 30 years as an underwriter. Brittye received her degree in 1955 and was a teacher for 33 years.

A veteran, Bill was in the U.S. Army and served in Korea during the Korean conflict.

Bill has a love for gardening, he had an annual garden plot at Shelby Farms for 25 years. Brittye likes to spend time with the grandchildren, do crossword puzzles and read.

When asked what they did to stay active, the answer was "very little." At one time they stayed very active traveling. They visited 47 of the 50 states. Their foreign destinations include England, Italy, Spain, France, Greece, Mexico, and Canada.

Welcome Bill and Brittye to our community. It's their time to make new friends and become familiar with all that Kirby Pines has to offer.

Are you or a family member ready to enjoy retirement living?

Call a Kirby Pines LifeCare Advisor at 901.369.7340 and join our family today!

New Resident Bios written by resident, Peggy Reynolds Gatlin



Taking Good Care Of Your Heart

Valentines and Hearts are everywhere this season. February is the American Heart Month reminding us to keep our heart healthy by diet, rest, and exercise. Remember your heart is a muscle and exercising makes it stronger and healthier. Research shows that people who do not exercise have a greater risk of heart disease than active people. Like all exercise programs, check with your physician before beginning any new regimen. So, "What exercise works best for my heart?" Here are a few basic pointers:

Include **Aerobic or Cardio Exercise** like walking, swimming, or biking. You should move fast enough to raise your heart rate and breathe a little harder, but not so fast that you cannot catch your breath or be able to carry a conversation. Three to five times a week for 150 minutes per week of moderate exercise is recommended by the CDC. Ten or fifteen minute sessions work just as well as 30 to 60 minutes. Our water aerobics and the Sit and Stand Exercise classes will get your heart rate up without wearing you out. Also the Nustep, treadmill and recumbent bike can raise your heart rate and monitor your heart rate, too.

Stretching is also important. Be sure to stretch after warming up for a few minutes and after each exercise session to keep your body more flexible. Stretch gently (no pain) and hold your stretch for at least 30 seconds. We offer Yoga Stretch classes to provide full body stretching as well as water aerobics and sit and stand classes that finish with stretching.



"Stretch gently and hold your stretch for at least 30 seconds".

Strength Training uses weights and resistance with stretch bands. The Oasis has weight resistance equipment for upper and lower body work. Do strength exercises 2 or 3 times a week resting a day between sessions. Resistance levels can be increased on the Nustep and the bike.

It is never too late to begin an exercise habit. Start gradually 10 – 15 minutes at a time and increase slowly... If you experience pain or pressure in your chest or trouble breathing, stop immediately and get medical assistance. A little soreness in the beginning is normal, but if pain lasts more than 2 hours after exercise, it may mean you have overdone it. After a few weeks, you can increase your workouts for longer sessions and add more resistance gradually. Exercise is a key to a healthier heart. Check out the schedule of exercise classes or make an afternoon appointment with Mary Hand if you want to learn more about the equipment in the Oasis. Remember an active life leads to a healthy heart.



Advanced Water Aerobics
Monday & Wednesday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Resident Led Exercise in the PAC
Monday, Wednesday & Friday
9:30am | PAC/Live TV

Yoga Stretch
Monday & Wednesday
12:45 pm | PAC/Live TV

Men's Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am | Pool

Arthritis Foundation Water Aerobics
Tuesday & Thursday
9:30 am - 10:15 am | Pool

Arthritis Foundation Sit/Stand Class
Tuesday & Thursday
11:00 am - 11:45 am | PAC/Live TV

Resident Led Water Aerobics
Friday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool





February is, of course, Valentine’s Day! With that, comes chocolate, roses, candy, and all sorts of other heart-themed treats! It seems only fitting that February is also American Heart Month; a time when we can focus on heart healthy lifestyle choices and practices. I think we are all familiar with some of the things we can do to promote heart health – eating a well-balanced diet rich in fruits, vegetables, and whole grains, exercising, and maintaining a healthy weight – but did you know that thankfulness has also been shown to help your heart stay healthy?



The connection between our mind and bodies has been the topic of conversation for quite some time, and many forms of exercise, such as Yoga and Meditation, center around that connection. However, there is also a strong connection between the mind and the heart, and this connection has been the subject of recent studies, showing that a healthy heart may lower the risk of dementia and memory loss. Heart disease and dementia share several risk factors, so protecting the heart can also help protect the brain. Thankfulness and positive reactions can help foster heart health. Furthermore, if we can train our brains to turn negative thought processes around and focus on positive ones, we can have a greater positive impact on our heart and mental health.

So, we know thankfulness and gratitude are good for us, but how can we cultivate those positive thoughts? Just like many things, gratitude is a learned behavior, so we can train ourselves to be thankful!

Here are a few ways to start incorporating thankfulness into your lives:

Make it a Habit

They say it takes 30 days to turn something into a habit. Say “thank you” whenever possible. From the minute you wake up in the morning until you climb back into bed at night, say “thanks” whenever possible. Take notice of all the opportunities to show your gratitude.

Keep a Journal

Create a “Thankfulness Journal” to keep track of all the things you are thankful for. Keeping a written note not only serves as a great reminder to be positive, but it helps reinforce that positivity! And you can choose to keep your journal in an actual journal, or on your smartphone so you can always keep it with you.



Be Present

It is very easy to get lost in “what’s next” and worry about what’s happening next. Instead, try and focus on the present. Enjoy the “now” and be thankful for the little things. Whether you’re enjoying a delicious meal, spending time with loved ones, or enjoying a lovely conversation, focus on being completely present in the moment and appreciate each experience.

Try incorporating thankfulness into your lifestyle and help support that healthy mind, body, heart connection!

By: Brittany Austin, National Director of Health and Wellness, Functional Pathways

EXQUISITE CUISINE

Thursday, February 24, 2022



SURF AND TURF

The classic duo!
A 6 oz Filet and a
freshwater Lobster Tail
combined with
twice baked Potatoes
and roasted Asparagus



TOMATO BISQUE

Velvety smooth Tomato Bisque
with miniature
Grilled Cheese Croutons
made from
Brioche and aged Cheddar



OYSTERS ROCKEFELLER

Fresh Oysters
shucked, seasoned,
and topped with
Bread Crumbs and Spinach,
roasted to perfection



COURTING SWANS

To end the meal we have
two Cream filled
"Swans" in a "Lake"
of Raspberry
and Chocolate sauces

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight: JIM GORDON

A REAL GEM OF A GUY

Yes, Jim Gordon is a gem in so many ways. He is a good neighbor who bakes cookies, a man who loves his family, and a good friend to many. The fact that he is also a jeweler makes the term seem appropriate, especially for the month of February. Jim had several other jobs earlier in his life; however, he now spends two to three days a week as a consultant and seller of jewelry, concentrating on diamonds. He and his partner's "store" is not advertised but business thrives on word of mouth recommendations.

James Aubrey Gordon is a native Memphian, born July 28, 1937. According to Jim, "We lived nearby and I was raised in the Union Avenue Baptist Church. I have one sister, four years older than I. We played outside with other neighborhood kids until we heard my father's whistle. Then, we knew dinner was ready and it was time to come in for the night." Jim's father owned a jewelry store which influenced him in later life.

When Jim was four years old, the family moved to the Springdale area of Memphis which remained as his family home until age twenty-five. He attended Springdale Elementary, Snowden Junior, and Central High School, graduating in 1955. As a youngster, Jim became involved with the Boy Scouts and developed an interest in hunting and fishing. When asked about dating, Jim says he really didn't date much as he was very shy. However, he wanted to play softball on a championship team, so Jim became a member of Springdale Methodist Church which sponsored such a team. It was at that church that Jim met the "love of his life," Marilyn Campbell. Jim was a senior in high school and Marilyn was only a freshman but he knew that she was The One. "I never dated anyone else after I met her," says Jim.

Following graduation from high school, Jim enrolled in Vanderbilt University. "It took me five and one-half years to get a degree in Economics as I really didn't know what I wanted to do with my life at that time." During two of the summers Jim was in college, he had some of the most exciting experiences of his life by becoming a Smokejumper for the US Forest Service. Based in Montana, after a thirty day orientation, Jim often parachuted



Smokejumper Jim

from a plane with other Smokejumpers into a wilderness that had no access by any means other than by foot. After the fires were out, the Smokejumpers had to walk back. They carried with them a two day supply of rations and a sleeping bag for survival. With compasses and maps, the returning Smokejumpers could find their way to a highway where they would "thumb" their way back to base. "You had better return with your parachute!" exclaims Jim. The pay for this service was \$3.50 per hour but they were paid for the walk back as well. "I made enough money to pay my tuition at Vanderbilt."

Following graduation from Vanderbilt in 1961, Jim joined the Air Force Reserve and was activated in 1962 due to the Cuban Crisis. Fortunately, he was stationed at the Memphis Airport, assigned to Personnel Equipment. Jim had earlier asked Marilyn the "big question" and always the romantic, had placed her ring in a box of chocolates. She accepted and a wedding was planned for November. Although on active duty, Jim was granted a three day leave to get married. He and Marilyn would become parents to two "wonderful" daughters, Leigh and Nancy and now, four grandchildren have been added to the family.



Jim with his daughters

Jim's first job was with a finance company that repossessed cars. After five years, he left for a sales position with IBM, retiring after twenty-five years. In 1991, Jim was hired to be Operations Director for the FedEx-St. Jude Golf Tournament. The tournament had been moved to a new golf course and it was Jim's job to get the course ready. It took five years to complete the task, and he retired in 2004. Following this, Jim began his jewelry business.

Jim loved to travel but Marilyn did not like to fly. Because of their Scottish heritage, they did make a trip to England and Scotland. While there, they talked with many natives, including a Catholic priest. When the priest heard that Marilyn was a Campbell, he exclaimed, "Faith and Begorrah, your families have been fighting for over 100 years!" Marilyn had graduated from Memphis State University with a degree in Education and a Masters in Library Science, becoming Librarian for Vollentine, then, St. Mary's Episcopal School. The Gordons eventually placed their church membership with Christ United Methodist Church. Sadly, Marilyn succumbed to Alzheimer's disease in 2012. "We had fifty wonderful years together," says Jim. He had provided care of her for most of the last five years of her life.

After Marilyn's death, Jim lived alone for seven years before moving to Kirby Pines in 2019. "I finally realized that fellowship is important. I investigated all options and chose Kirby Pines because of Lifecare and the beautiful campus. Golf is my passion and I play twice a week, weather permitting. Now, I have sharpened my billiard skills by playing with four 'pool sharks' here at Kirby. This activity makes for great discussions and gamesmanship," says Jim. Don't you wonder what those discussions are about?

Written by Joan Dodson, Kirby Pines Resident



Valentine Trivia!

Question: Valentine’s Day is celebrated on February 14, which coincides with which ancient Roman festival?

Answer: Lupercalia, a fertility festival. The festival was celebrated in honor of Faunus, the Roman god of agriculture, and Romulus and Remus, the founders of Rome. your cognitive skills sharp and reduces your chance of experiencing memory loss. This year, make time to play games that’ll force your mind to work in overdrive.

Question: Cupid is the Roman counterpart to which Greek god?

Answer: Eros, the god of love

Question: February 14 is celebrated as National Chocolate Day in which country?

Answer: Ghana

Question: Cupid is believed to carry arrows that have tips made of which two materials?

Answer: Gold and lead. According to legend, if Cupid strikes someone with a gold arrow, they are filled with desire and love for their partner. If Cupid strikes them with a lead arrow, they fall out of love.

Question: In what year did Hallmark start selling Valentine’s Day cards?

Answer: 1913. The company began producing its own Valentine’s Day cards in 1916.

Question: Red roses are often given as a sign of love and romance on Valentine’s Day. Which Greek goddess is associated with red roses?

Answer: Aphrodite. If red roses aren’t your thing, don’t worry. There are plenty of other rose colors that symbolize things like friendship and joy.

Question: According to medieval Europeans, February 14 marked the beginning of mating season for which animals?

Answer: Birds. That’s why it’s common to see birds on Valentine’s Day cards as symbols of the holiday.

Question: Which company created sweetheart candies?

Answer: The New England Confectionery Company (Necco). Fun fact: Some of the most popular messages on those hearts, like “Be Mine” and “Kiss Me,” were first introduced back in 1902.

Question: Who is credited with publishing the first commercial Valentine in the United States?

Answer: Esther Howland. She started selling Valentines in her hometown of Worcester, Massachusetts, and was nicknamed “The Mother of the American Valentine.” She used colorful paper and lace to create her Valentine’s Day cards.

Question: Who is the man often credited with creating the first Valentine’s Day box of chocolates?

Answer: Richard Cadbury

Congratulations to our **EMPLOYEE of the Month**

CNA Gallery Manor

COLESHA CROSS



Describe Your Family: Loving and supportive.

Describe yourself in five words: Caring, friendly, reliable, loving and understanding.

What do you do for fun: Enjoy family, watch movies, play games.

Do you have a pet: A Pomeranian named Pee-Wee.

What is your favorite food: Spaghetti. **Favorite song:** Better Days by Le’Andria Johnson.

What is your favorite thing about your job: Knowing that I provide and care for residents and put a smile on their faces.

What is something you are proud of: Thankful and blessed at the person I’ve become and that I am able to help others.

What would you like people to know about you: I am a hardworking, responsible person and I put my trust in the Lord.

Friendly, caring, team player, a support to new employees, always going the extra mile these are just a few words that describe Colesha Cross and why she deserves to be Employee of the Month. As a long-time employee at Kirby Pines, and as a mentor to new employees, Colesha assists in training orientees based on a team-approach, and always doing what’s best for the resident, other employees, and guests within the facility. No task is too large or small for Colesha to handle. She seeks out the appropriate support to get the job done and completes each function in an excellent manner. We are extremely proud of Colesha and all that she does for Kirby Pines and our residents.

- Rhonda Nelson, Director of Nursing

REFLECTIONS

By
Maxie Dunnam

WHAT IS OUR BUSINESS?

“It isn't any of our business, is it, Lord?” A little girl with a tender conscience asked this question in her evening prayer. She had seen a poor needy man on the street that day. “Oh, Mama,” she had said, “let's help him.” The mother had answered, “Come along, dear. It isn't any of our business.”

That night, when the little girl had said, “Now I lay me down to sleep,” she added, “Oh God, bless that poor man on the corner.” And then remembering her mother's words that day, she added, “But really, it isn't any of our business, is it, Lord?”

Unknowingly the little girl expressed a tragic fact. Many of us grow up conditioned by the feeling that the world and the people about us are none of our business. How untrue! Recall Dickens' Christmas Carol and be haunted by those words of Jacob Marley's Ghost. “Business! Mankind was my business. The common welfare was my business. Charity, mercy, forbearance and benevolence were all my business. The dealings of my trade were but a drop in the water in the comprehensive ocean of my business!”

Everyman is our business. What happens to the person next door, down the street, across town, yes, even beyond the ocean is our business. We too easily forget one of the clearest words of Jesus, “Inasmuch as you did it unto the least of these you did it unto me.”

At our age, living in a community like Kirby Pines, it is easy to seclude ourselves, to shut off from others. We even think “**other peoples' lives are none of my business.**” The fact is **others are our business**, and our setting gives us opportunity **to take care of business** by genuinely caring for one another.



Because we are “retired,” or at an age that has moved us from a former “active” life, does not relieve us the responsibility of caring. To be sure, there are needs in our community and we can focus our caring locally. But our attention must be broader. I suggest we listen to the news to keep us sensitive to the needs of the world, thus our praying can be focused. And most of us can contribute financially as well as pray. I am convinced that praying and contributing financially to causes that are serving the world is a means of grace that enables us to be more purposefully **Kingdom People**.



February Vesper Services | 6:30pm | Performing Arts Center

February 3

Eric Brand
Lay Teacher
Advent Presbyterian Church

February 10

Jonathan Matthews
and Friends
Hymns & Gospel Songs

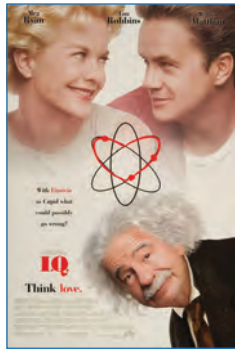
February 17

Rev Dr Deborah Suddarth
Collierville
United Methodist Church

February 24

Pastor John Allen
Gracepoint
Baptist Church

MEET ME AT



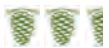
THE TERMINAL (2004)



Saturday, February 5 | 10:00 am & 2:00 pm
Cast: Tom Hanks, Catherine Zeta-Jones, Stanley Tucci, Zoe Saldana

When Viktor Navorski, an Eastern European tourist, arrives at JFK in New York, war breaks out in his country and he finds himself caught up in international politics. Because of the war, the Department of Homeland Security won't let him enter or exit the United States. He's trapped at JFK -- indefinitely. While living at the airport, Viktor falls for a flight attendant. She may have feelings for him too. But what good is love if Viktor can't leave the terminal?

IQ (1994)



Sunday, February 6 | 1:30 pm & 4:00 pm
Cast: Meg Ryan, Tim Robbins, Walter Matthau, Tony Shalhoub

Catherine Boyd is a highly intelligent doctoral student at Princeton University and is engaged to stuffy Professor James Moreland. Ed Walters, a mechanic and all-around regular guy, falls for Catherine and searches for a way to impress her. Believing that the key to Catherine's heart is his IQ, Ed passes himself off as a physicist with the help of Catherine's uncle, who just happens to be Albert Einstein.

OH, GOD! (1977)



Friday, February 4 | 1:30 pm
Saturday, February 5 | 6:00 pm
Sunday, February 6 | 6:30 pm
Cast: George Burns, John Denver, Carl Reiner, Teri Garr

Jerry Landers, an assistant manager in a supermarket, receives a visit from God, who appears in the form of an old man. Reluctant at first, Jerry agrees to spread the word about his visits from the almighty creator of heaven and earth. However, Jerry's wife, Bobbie, is skeptical, and theologians think Jerry's God is a fake. As Jerry continues to receive visits from God, religious authorities take action and demand that he prove his story.

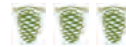
THE LOVE PUNCH (2013)



Saturday, February 12 | 10:00 am & 2:00 pm
Cast: Emma Thompson, Pierce Brosnan, Timothy Spall, Celia Imrie

Divorcees enlist the aid of a married couple to get their stolen retirement money back from a corrupt French businessman.

THE COURIER (2020)



Sunday, February 13 | 1:30 pm & 4:00 pm
Cast: Benedict Cumberbatch, Rachel Brosnahan, Jessie Buckley, Merab Ninidze

The true story of a British businessman unwittingly recruited into one of the greatest international conflicts in history. Forming an unlikely partnership with a Soviet officer hoping to prevent a nuclear confrontation, the two men work together to provide the crucial intelligence used to defuse the Cuban Missile Crisis.

THE CIDER HOUSE RULES (1999)



Friday, February 11 | 1:30 pm
Saturday, February 12 | 6:00 pm
Sunday, February 13 | 6:30 pm
Cast: Tobey Maguire, Michael Caine, Charlize Theron, John Irving

A young man is taught medicine by the doctor at the orphanage where he was brought up. However, when he clashes with his mentor over the issue of abortion, he leaves the home and finds work on a cider farm. There he falls in love with another man's girlfriend but starts to re-evaluate his principles when one of the farm workers becomes pregnant by her own father.



THE MOVIES



FINDING YOU (2021)



Saturday, February 19 | 10:00 am & 2:00 pm
Cast: Rose Reid, Jedidiah Goodacre, Katherine McNamara, Vanessa Redgrave

Violinist Finley Sinclair travels to an Irish coastal village to begin her semester studying abroad. At the bed-and-breakfast run by her host family, she encounters Beckett Rush, a handsome actor who's filming another installment of his medieval movie franchise. As romance sparks between the unlikely pair, Beckett ignites a journey of discovery for Finley -- transforming her heart, her music and her outlook on life.

A GOOD YEAR (2006)



Sunday, February 20 | 1:30 pm & 4:00 pm
Cast: Russell Crowe, Marion Cotillard, Abbie Cornish, Freddie Highmore

Failed London banker Max Skinner inherits his uncle's vineyard in Provence, where he spent many childhood holidays. Upon his arrival, he meets a woman from California who tells Max she is his long-lost cousin and that the property is hers.

A NEW KIND OF LOVE (1963)



Friday, February 18 | 1:30 pm
Saturday, February 19 | 6:00 pm
Sunday, February 20 | 6:30 pm
Cast: Paul Newman, Joanne Woodward, Thelma Ritter, Maurice Chevalier

After a disastrous first meeting, a French reporter falls in love with a Manhattan fashion buyer who's undergone a glamorous makeover.

HIDALGO (2004)



Saturday, February 26 | 10:00 am & 2:00 pm
Cast: Viggo Mortensen, Omar Sharif, Zuleikha Robinsonova, Louise Lombard

Rugged cowboy Frank Hopkins is an expert horseman who performs in Buffalo Bill's Wild West Show. When affluent

Sheik Riyadh, piqued by tales of Hopkins' talent, challenges Hopkins to prove himself in a treacherous long-distance horse race called the Ocean of Fire, Hopkins is forced to oblige. In the Middle East with his American mustang, he must race against thoroughbred horses ridden by the best riders in the world with his reputation -- and his life -- at stake.

JULIE & JULIA (2009)



Sunday, February 27 | 1:30 pm & 4:00 pm
Cast: Meryl Streep, Amy Adams, Stanley Tucci, Chris Messina

Frustrated with a soul-killing job, New Yorker Julie Powell embarks on a daring project: she vows to prepare all 524 recipes in Julia Childs' landmark cookbook, "Mastering the Art of French Cooking." Intertwined with Julie's story is the true tale of how Julia Child herself conquered French cuisine with passion, fearlessness, and plenty of butter.

OUT OF AFRICA (1985)



Friday, February 25 | 1:30 pm
Saturday, February 26 | 6:00 pm
Sunday, February 27 | 6:30 pm
Cast: Meryls Streep, Robert Redford, Klaus Maria Brandauer, Michael Kitchen

Initially set on being a dairy farmer, the aristocratic Karen Blixen travels to Africa to join her husband, Bror, who instead spends their money on a coffee plantation. After discovering Bror is unfaithful, Karen develops feelings for hunter Denys, but realizes he prefers a simplistic lifestyle compared to her upper class background. The two continue on until a series of events force Karen to choose between her love and personal growth.



KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE

= GOOD

= GREAT

= PERFECT

February 2022



1
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Tuesday Bridge Group (Ante)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Nights In Rodanthe (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 5:30 pm ● Tech Time (Sunroom)
 6:30 pm ● Movie: Nights In Rodanthe (Thtr)

2
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:00 pm ● Ham-ateur Meeting (Chapel)
 1:15 pm ● Beginner's Mahjong (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: That Old Feeling (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: That Old Feeling (Thtr)

3
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:15 pm ● Orpheum: Hadestown (Trans)
 6:30 pm ● Vespers (PAC)

4
 8:30 am ● Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with Wyndie Oh (Lobby)

5
 8:00 am ● Men's Christian Fellowship (LCR)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Classic Movie (Thtr)

6
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

7
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● First Monday Poetry Group (Chapel)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:00 am ● Focus on Color (A&C)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: You Again (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Birthday Night with Breeze Cayolle (PAC)

9
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:30 pm ● KP Garden Gro'ers (Greenhouse)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Ham-ateur Rehearsal (Chapel)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: In The Line Of Fire (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: In The Line Of Fire (Thtr)

10
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 3:00 pm ● KP Photo Club (LCR)
 6:30 pm ● Vespers (PAC)

11
 8:30 am ● Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with The Double D Band (Lobby)

12
 8:00 am ● Men's Christian Fellowship (LCR)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Chapel)

13
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 5:00 pm ● Super Bowl Bash (PAC)
 6:30 pm ● Classic Movie (Thtr)

14
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

15
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Travelers: Sultana Disaster Museum (Trans)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Tuesday Bridge Group (Ante)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Paris Can Wait (Thtr)
 1:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Valentine's Dance with The Jim Mahannah Band (PAC)

16
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Caregiver Support Group (SCR)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Ham-ateur Rehearsal (Chapel)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: An Unfinished Life (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: An Unfinished Life (Thtr)

17
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

18
 8:30 am ● Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 2:00 pm ● Art Wall Reception (PAC)
 6:00 pm ● Music with Johnson & Johnson (Lobby)

19
 8:00 am ● Men's Christian Fellowship (LCR)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Classic Movie (Thtr)

20
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

21
 8:30 am ● Advanced Water Aerobics (Pool)
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Tech Time (Sunroom)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

22
 8:30 am ● Men's Water Aerobics (Pool)
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● The Book Baggers (PAC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 11:00 am ● Lunch Bunch: Sweetpea's Table (Trans)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Lean On Me (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Lean On Me (Thtr)

23
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Ham-ateur Rehearsal (Chapel)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (LCR)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: First Wives Club (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: First Wives Club (Thtr)

24
 8:30 am ● Men's Water Aerobics (Pool)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

25
 8:30 am ● Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Water Aerobics (Pool)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 10:00 am ● Art with Helen (A&C)
 1:00 pm ● Ham-ateur Rehearsal (PAC)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Ham-ateurs: The Long Awaited Wedding (PAC)

26
 8:00 am ● Men's Christian Fellowship (LCR)
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Chapel)

27
 8:00 am ● Church of Christ Service (Chapel)
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

28
 8:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Alterations (A&C)
 9:30 am ● Advanced Water Aerobics (Pool)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



February 2022 EVENTS

Feb 1: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.

Feb 1: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Feb 1 & 15: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Ante Room.

Feb 1: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Feb 1: Line Dancing

Line Dancing will be held every Tuesday and Thursday in the PAC. Beginner's class is at 1:30 pm and advanced is at 2:15 pm. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Feb 1: Nights In Rodanthe

A woman who is unhappy in her life to run her friends inn for a weekend in Rodanthe, North Carolina. There, she meets a doctor who is going through his own life crisis. Over the weekend a romance blossoms between the two as a storm closes in. Showing at 1:30 pm and 6:30 pm in the theatre.



Feb 1 & 21: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.



Feb 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Feb 2: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Feb 2: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Feb 2: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 11:00 am in the PAC & live TV.

Feb 2: Needle Arts

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Feb 2: Ham-ateur Meeting

It's time to prep for the Long Awaited Wedding. We will have a committee meeting in the chapel on February 2 at 1:00 pm. Beginning February 9 we will meet in the PAC for rehearsal weekly at 1:00 pm.

Feb 2: Beginners Mahjong

Interested in MahJong? Come out to the large card room each Wednesday at 1:15 pm for lessons and play.

Feb 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Feb 2: That Old Feeling

A bride's divorced parents find their old feelings for each other during the wedding reception and over the course of the next few days upsetting the newlywed's honeymoon. Showing at 1:30 pm and 6:30 pm in the theatre.



Feb 2: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Feb 2: Bridge Group

Bridge will begin at 6:15 pm on Wednesday nights in the LCR. If you would like to join in please sign the downstairs book by noon on Wednesdays.

Feb 3: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the PAC and on live TV. All denominations invited.

Feb 3: Yellowstone

Yellowstone follows the Dutton family, led by John Dutton, who controls the largest contiguous ranch in the United States. Showtime will be Thursdays at 1:30 pm.

Feb 3: Orpheum: Hadestown

Join us and come and see Hadestown, a musical retelling of the Greek myth of Orpheus and Eurydice. Hadestown intertwines two mythic tales—that of young dreamers Orpheus and Eurydice, and that of King Hades and his wife Persephone—as it invites you on a hell-raising journey to the underworld and back. Music, lyrics and book by Anaïs Mitchell. For tickets, please call the Orpheum box office at 901-525-3000. To sign up, visit the activities office and be sure to bring your transportation fee. We will meet in the lobby at 6:00 pm and depart at 6:15 pm.



Feb 4: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Feb 4 : Music with Wyndie Oh

Bringing you soulful sounds from the heart... Wyndie Oh and her accomplished accompanist bring you soulful sounds from the heart. Wyndie sings Smooth Jazz, Old School R&B, Country, Gospel and Neo Soul. Come experience this talented singer in the lobby at 6:00 pm.

Feb 5: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. There is a rotating list of resident speakers who give a devotion at each meeting. All men are welcome and encouraged to attend.

Feb 7: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Feb 7: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Feb 7 & 21: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space. So come to the Arts & Crafts Room the first and third Monday at 10:00 am.

Feb 7: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Feb 8: You Again

A story of how sometimes we can get older but maybe never grow out of who we used to be. When Marni discovers that her brother is marrying her nemesis from high school she sets out to stop it all costs. The situation is complicated more when it's revealed their mothers were also bitter rivals in school. Showtime is at 1:30 pm in the theatre.

Feb 8: Birthday Night with Breeze Cayolle

Brian "Breeze" Cayolle's music is soulful, strong and deeply rooted in the R&B, jazz, and rock and roll traditions of his native New Orleans. Breeze's recording credits include numerous albums with many different jazz, blues, Cajun, and gospel recording artists including Gatemouth Brown and the late great bluesman Junior Wells. Breeze is joined by acclaimed jaza keyboard artist Alvie Givhan. Together, they bring the energy of New Orleans live jazz to you. Come celebrate with us at 6:30 pm in the PAC.

Feb 9: Garden Gro'ers

The Garden Season begins! Come out to our February meeting to hear updates about the irrigation system as well as our seeds for the year. We hope to see you and a friend at our next meeting on February 9 at 10:30 am in the greenhouse!

Feb 9: In The Line Of Fire

A veteran Secret Service Agent is haunted by his failure to save President John F. Kennedy while serving protection detail in Dallas, Texas. Thirty years later,

a man calling himself "Booth" taunts him and threatens the life of the current President, forcing the agent to come back to protection detail to confront the ghosts from his past. Showing at 1:30 pm and 6:30 pm in the theatre.

Feb 10: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

Feb 11 : Music with The Double D Band

The Double D band is a duet who play a wide range of songs and genres, but especially music from the 50s and 60s. They mainly specialize with guitars and mandolins and have been a part of both the London and New York music scene. Come enjoy these fan favorites in the Lobby at 6:00 pm.

Feb 12 & 26: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for February will be SPACE EXPLORATION AND ASTRONOMY. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the chapel. For further information please contact Peter Jones, 767-0289 or pdjones1940@gmail.com.

Feb 13: Superbowl Bash

Join us in the PAC for football, food and fun as we watch the Cincinnati Bengals square off against the Los Angeles Rams. Party starts at 5:00 pm with kickoff at 5:30 pm. A hotdog buffet with all the fixings will be served at halftime. Put on your game face and join the gang.



Feb 14 & 28: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Feb 15 : Traveler: Sultana Disaster Museum

The Sultana Disaster Museum tells the story of the explosion and sinking of the steamboat Sultana 10 miles north of Memphis on April 27, 1865, where over 1,800 of the Sultana's 2,300 passengers were killed. Most of the passengers were paroled Union soldiers.

We will eat at The Cupboard, with Homestyle Cooking (menu follows sign-up sheet) to enjoy a luncheon together. Bring your transportation fee and sign up at in the activities office to attend this function. Mask protocol will be followed on the trip. Cost: \$3.00 for transportation and a suggested donation at the Museum of \$5.00. Lunch cost varies from \$6 - \$20. We will board the Kirby Pines bus at 9:45 am for this informative museum visit.



Feb 15: Paris Can Wait

At a crossroad in her life, Anne unexpectedly finds herself taking a trip from Cannes to Paris with the business partner of her inattentive husband. What was meant to be a seven hour drive turns into a carefree two day adventure with sights, food and wine, humor, wisdom and romance, giving Anne a new lust for life. Showing at 1:30 pm in the theatre.

Feb 15: Valentine's Dance with The Jim Mahannah Band

Join us as we celebrate Valentine's Day. Come listen and dance the night away to the great sounds of the Jim Mahannah Band. We will be crowning our King and Queen of Kirby before the music starts at 6:30 pm in the PAC. Don't be late!

Feb 16: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well

as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Feb 16: An Unfinished Life

Desperate to provide care for her daughter, down-on-her-luck Jean moves in with her father-in-law from whom she is estranged. Through time, they learn to forgive each other and heal old wounds. Showing in the Theatre at 1:30 pm and 6:30 pm.

Feb 18: Art Wall Reception

Come out to the PAC at 2:00 pm as our artist present on their paintings. We will have a wine and cheese reception to follow.

Feb 18: Music with Johnson and Johnson

Together John Johnson and Jay Johnson bring Gospel Music to your community. John played with the Southern Joy Band for 18 years and has been writing songs all of his life. Jay has been in the entertainment industry for over 40 years and has played with major stars including Charlie Rich, Bill Haney, and the Bluff City Quartet. Come join us in the Lobby at 6:00 pm.

Feb 21: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR at 9:00 am.

Feb 22: The Book Baggers

"In the Sanctuary of Outcasts" by Neil White will be our shared reading experience for February. Neil White wanted only the best for those he loved and was willing to go to any lengths to provide it—which is how he ended up in a federal prison in rural Louisiana, serving eighteen months for bank fraud. But it was no ordinary prison. The beautiful, isolated colony in Carville, Louisiana, was also home to the last people in the continental United States disfigured by leprosy—a small circle of outcasts who had forged a tenacious, clandestine community, a fortress to repel the cruelty of the outside world. In this place rich with history, amid an unlikely mix of leprosy patients, nonstops, and criminals, White's strange and compelling new life journey began. An extraordinary memoir at once funny, poignant, and uplifting, "In the Sanctuary of Out-

casts" reminds us all what matters most. Join us in the PAC at 9:30 am.

Feb 22: Lunch Bunch at Sweetpea's Table

Lunch Bunch is back! Join us as we visit another great restaurant, Sweetpea's Table. Visit the activities office with your transportation fee to sign up. There will also be a menu for your viewing if requested. We will meet in the lobby at 11:00 am and leave at 11:15 am. See you there!

Feb 22: Lean On Me

This biographical drama film follows the story of Joe Clark as he's assigned principal to his old place of work. The idyllic school he once knew is now the lowest performing in the state with gangs and drug abuse run rampant. Using unorthodox methods, Clark tries to turn the school around while facing challenges from both within and outside the classroom. Showing in the Theatre at 1:30 pm and 6:30 pm.

Feb 23: The First Wive's Club

Three women reunite after thirty years apart after one of their friends takes her own life. They reflect on what has happened since the last time they were together and find out each have been hurt by the men in their lives. Now the three women make a pact to get revenge on their exes for the mistreatment they faced. Showing at 1:30 pm and 6:30 pm in the theatre.



Feb 25: Ham-ateurs: The Long Awaited Wedding

I hear the wedding bells a ringing. Come out and join us as your fellow residents present, The Long Awaited Wedding and Reception. This will be a program like no other, in true Kirby style. The program will be held in the PAC beginning at 6:30 pm.



VALENTINE'S DAY Find the Words Hidden in the grid of letters.

- | | | |
|------------|------------|--------------|
| ADMIRER | DATE | LIKE |
| ADORE | DEAR | LOVEBIRDS |
| AFFECTION | DEVOTION | LOVERS |
| ATTRACTION | FANCY | PARTNER |
| BEAU | FEBRUARY | PROPOSAL |
| BELOVED | FLAME | RELATIONSHIP |
| BOYFRIEND | FLOWERS | RESTAURANT |
| CANDLES | FONDNESS | ROMANCE |
| CANDY | FOREVER | ROSES |
| CHOCOLATES | FRIENDSHIP | SENTIMENT |
| COUPLE | GIFT | SUITOR |
| CRUSH | GIRLFRIEND | SWEETHEART |
| CUPID | HEARTS | |
| DARLING | JEWELRY | |



Puzzle Solutions page 23

PICTURING LIFE AT KIRBY PINES



Sally and John Coleman at the Kirby Pines New Year's Bash.



Pat Brand and Jane Longfield ring in the New Year.



Leon and Marilyn Sanderson are all smiles in 2022.



Jim Smith and Genenne Wilson cutting a rug during the Kirby Pines New Year's Bash.



Jeanette and Steve Martin are adorable as they dance to the New Year.



JoAnn Ginn loves it when her family drops by for a visit - looks like a happy bunch!
Photo by resident, Mary Ann Thurmond



Betty Bates takes charge of the microphone as she discusses her painting making Jerry Dunnam crack right up!
Photo by resident, Sydney Wagner

PICTURING LIFE AT KIRBY PINES



Martha Gardiner celebrates her birthday with her sister, Linda Mitchell, at Kirby Pines.
Photo by resident, Sydney Wagner



Meryl Stewart joins Jeannie Seay in wishing her husband, Mark, a very happy birthday.
Photo by resident, Carolin Thomason



Jeannie Valentine is all smiles while enjoying her birthday dinner.
Photo by resident, Arrena Cheek



Lou Moore celebrates her birthday in the Magnolia Room.
Photo by resident, Connie Carter



Mal Mauney is joined by his wife, Jean, in celebration of his 90th birthday.
Photo by resident, Jackie Gunther



The Kirby Pines Travel Group tried a little something different this month as they hosted a Scavenger Hunt through Kirby Pines. Looks like it was a pretty popular event! Photo by resident, Genenne Wilson

PICTURING LIFE AT KIRBY PINES



Jeannie Valentine and Sydney Wagner pair up as they make their way through the halls during the Scavenger Hunt.



Scavenger winners, Paula Hanson and Phyllis Mitchell are presented with their prize by Traveler President, Sheryl Maxwell.
Photo by resident, Genenne Wilson



Elsie Bloodworth, Mollie Bird and Mary Blanche Scott enjoy each others company at the Winter Dance.



Jerry Dunnam appears to be having a good time dancing with her husband, Maxie.



Tom Hickey and Diane Mullins strike a pose at the Winter Dance.



Joyce Read shares a dance with Markel Briones.



Caroline Thomas looking glamorous at the Winter Dance.

KIRBY PINES PHOTO CLUB



Winter Wonderland Photo by Sheryl Maxwell



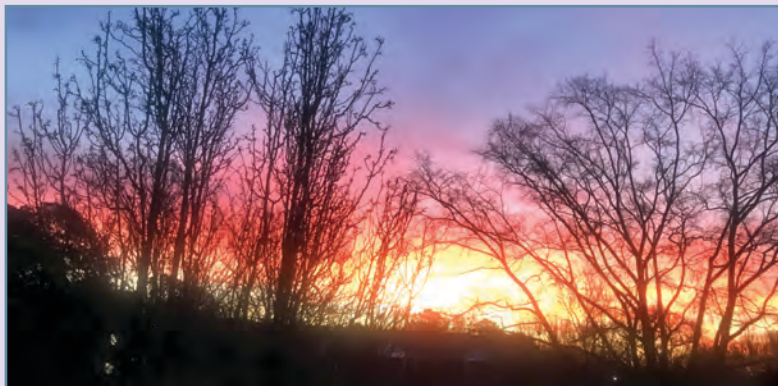
Spectacular Sunset Photo by Walter Overbey



Birthday Fun Photo by Sydney Wagner



Bird's Ice Skating Rink Photo by Sylvia Statham



Sunrise at Kirby Photo by Arrena Cheek



Peaceful Beauty Photo by Connie Carter



The Harvells
Photo by Jackie Gunther



Berry Snowy
Photo by Mary Ann Thurmond



Dancing In Action
Photo by Genene Wilson

Memorials, Honorariums & Gifts

In Memory Of

BILL WATKINS

Donation by the Resident Association
to the Library/Large Print Books

Donation by Mike & Jan Jaeger
to the Garden Gro'ers

Donation by Sylvia Statham
to the Employee Fund

Donation by Ann Lawrence Smith
to the Employee Fund

Donation by Richard & Beverly Colditz
to the Garden Gro'ers

In Honor Of

DAN MOFFETT

Donation by Jenine Riddle
to the Garden Gro'ers

MARK MAXWELL

Donation by Jane Longfield
to the Hobby Shop

Gifts To

THE HOBBY SHOP

Donation by Hugh Wilson

Kirby Pines has a new Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

CHECK OUT OUR CHANNEL!



Simply go to
youtube.com
and search
Kirby Pines!



Encourage friends and family to get the COVID-19 vaccine

If you've already gotten your COVID-19 vaccine – that's great! With 80% of people 65 and older fully vaccinated, older adults are leading the charge in getting their COVID-19 vaccination. Now it's time for your friends and loved ones to get their vaccine, if they haven't already. And with the Delta variant spreading across the country, this is more urgent than ever.

Everyone age 12 and older is eligible to get the COVID-19 vaccine at no cost. Remember, if you or a loved one are unvaccinated, you're at a higher risk of getting seriously ill from the virus.

COVID-19 vaccines are safe and effective, and they're the way to get back to the things we love with the people we love. Encourage your loved ones to join the millions of others who are getting the COVID-19 vaccine for themselves, their families, their communities and so much more.

Sincerely,
Kirby Pines and the
Medicare Team



USA Department of
Health and Human.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

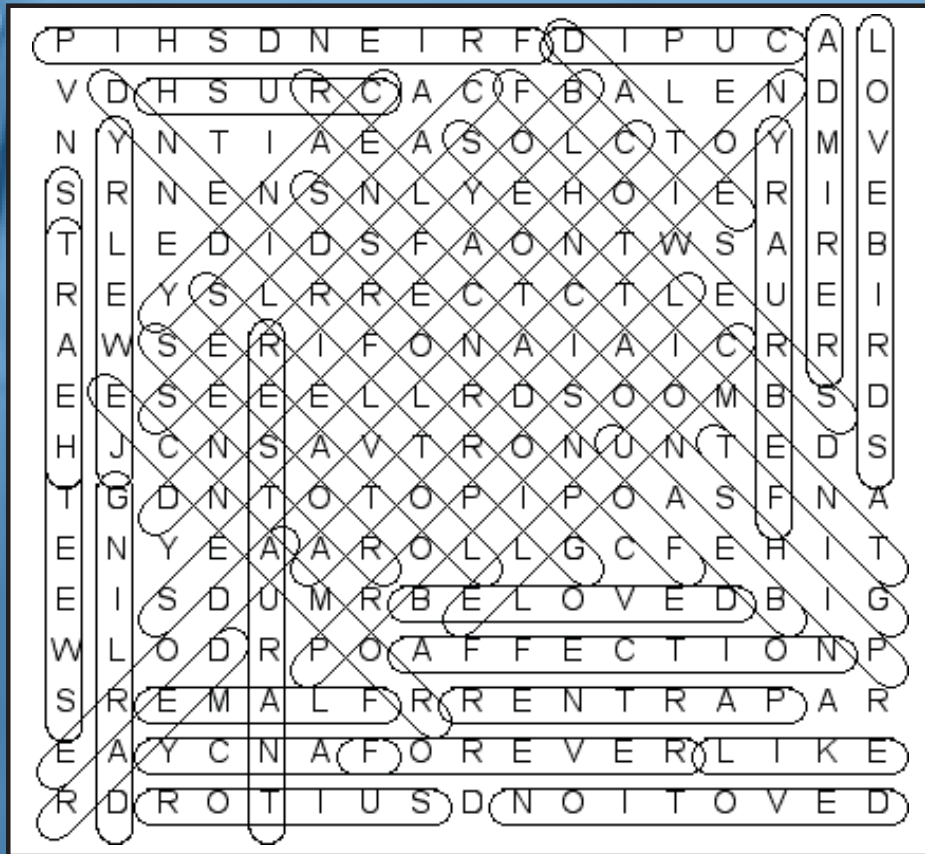
DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643
or email: tomalley@kirbypines.com

L I Z J O Y T
GIANT WORD SEARCH
 R I S T M A S



**ANSWERS TO PUZZLE
 CHALLENGE ON PAGE 17**

S T I V E E N



Personal Assistance from Kirby Pines

We're here when you need

Just a little HELP

Personal support and assistance tailored to meet each resident's needs

- Grooming*
- Bathing*
- Dressing*
- Toileting*
- Feeding*
- Physical Ambulation*
- Companionship*
- Monitoring*
- Assurance*
- Hospital Sitter*
- Exercise/Walking*
- Shopping*
- Meal Preparation*
- Light Housekeeping*
- Laundry*
- Ironing*
- Bedding Change*
- Medication Reminders*
- Transportation*
- Organization*
- Escort to Community*
- Escort to Doctor's Offices*

Contact our office at

901-369-7353

or

901-484-6730

for consultation or to sign up for services.

CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Ask About Our Monthly Specials!

Call for Appointment

369-7311



HAPPY
Valentine's day
from our family to yours.



Kirby  Pines
LifeCare Community

Sharon Overman is surrounded by love every day at Kirby Pines.

