

the PINECONE

The Magazine of Kirby Pines LifeCare Community • January 2022 | V. 40 | I.1

SUZANNE HUFNAGEL

*is walking on
through to 2022
at Kirby Pines*



Moving Forward In 2022

Happy New Year! As we say goodbye to another challenging year, it's important that we take some time to reflect on the progress we have made and to celebrate our successes. This immediate past year, Kirby Pines was selected for the 15th consecutive year as the Best Retirement Community in the tri-state market. We have each resident, employee and family to thank for this honor. In addition to this success, our campus continued to make progress on a number of enhancements.

Such as the new "dog park" with its specially designed water feature for your four-legged family members. In this new year, look forward to a contest to come up with a name for the dog park.

On a grander scale "Laurel Lane" was completed enough to welcome seven new residents in 2021. With the exception of a final walk through to ensure the smallest detail has been addressed, Laurel Lane is an example of what the future generation of Kirby Pines will live in. We've already begun transforming the hallways of other buildings to mimic its fresh new look.

Behind the scenes, new more energy efficient washers were installed in the laundry department and upgrades were made to our campus

at Kirby Pines

surveillance cameras. Additionally, a major upgrade was made to the audio equipment in the Performing Arts Center and to Kirby's in-house television station. Work began on upgrading the Wi-Fi on campus, which we can all look forward to be completed in 2022.

Equally impressive was the year end survey of the Gallery Manor that resulted in Kirby Pines earning an excellent rating for 2021. An accomplishment we should all be proud of, as it takes many departments to accomplish this feat.

Yes, 2021, was a big year for Kirby Pines; and as we begin the New Year, please take time to remember those residents and employees who made a difference to the community that are no longer with us.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

It Is Time to Take On the New Year at Kirby Pines!

Hard to believe it's the New Year again, but we made it through 2021. I hope the first thing on your to do list, was to hang your new Photo Club Calendar, which was a labor of love for all involved. If you did, here are some dates to jot down.

On the 7th, we continue our Art Wall series, with a reception. Perhaps this is the year you decide to take up painting or sewing? The 8th you may want to join the Memphis Symphony and wish Elvis a happy birthday. Birthday Night on the 11th brings back The Side Street Steppers, who may encourage some of our musicians to renew an old passion. The 13th is the first Resident Association Meeting of the year to see who our new representatives are. The 18th the Travelers are hosting their first Scavenger Hunt to sharpen those research skills. That evening practice your moves at the Winter Dance. The 25th the Lunch Bunch returns with a trip to The Silver Caboose to branch out and try something new.

Our front cover features Suzanne Hufnagel on the treadmill in The Oasis, which is another opportunity to take on the New Year. Getting up

and moving is so very important for all of us. Her husband, Mike also enjoys a good workout to stay healthy and fit.

Our back cover is a look back at events over the last year, to reflect on good times, but also to look forward to things ahead. We hope to encourage everyone to try something new in 2022. Happy New Year!



Mike Hufnagel in The Oasis

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Get to know Kirby Pines'

NEW RESIDENTS



Mollie Bird

You will certainly want to meet Mollie Bird, an interesting lady moving to Kirby from Jackson, Tennessee. Mollie and her late husband, Bill, were married for almost 50 years and had three children. She is now the proud grandmother of six.

Mollie went to Union University in Jackson and also went to Southern Methodist University in Texas before becoming a homemaker and mother.

A very active person, Mollie enjoys painting, knitting, playing the piano and gardening (especially gardenias). Before coming to Kirby Pines, Mollie was active in the D.A.R., her church choir and garden club.

As a lover of traveling, Mollie has had many wonderful trips. Among her favorites were river cruises on the Rhine and Danube rivers in Austria, stopping at ports along the way. Other destinations where she has traveled include Ireland, Scotland, Germany, Brazil and Portugal.

We want to give Mollie a warm Kirby welcome! She is friendly and outgoing and has many stories of her travels and childhood to share. She'll be a good fit for our community with her various talents. We are happy Mollie is one of our new friends and neighbor.



Don & Carolyn Henderson

Don and Carolyn Henderson are new residents at Kirby Pines after moving from their previous home in Florida. Married for 59 years, they have two children, five grandchildren and two great-grands. They must have lively family get togethers, especially holidays and family reunions.

Don had a career in the printing industry, working at Production Management for 60 or more years. Carolyn worked in the medical field as a clinic manager.

The Hendersons have varied interests. Don likes to follow the stock market and in sports he roots for the Georgia Bulldogs. Carolyn keeps up with the Florida Gators. She also enjoys reading, music and needle crafts. Together they like old movies.

At Kirby, they continue to walk and exercise in the Oasis to stay active. After getting acquainted with their new friends and neighbors here in their new home, they will find their fit in the many life enhancement activities. They will also enjoy the weekly movies in the theater.

Welcome to Kirby Pines, Don and Carolyn! Enjoy our beautiful campus and make new friends. We are elated you chose our retirement community for your new home!



Charles & Heather Kenny

Charles Kenny was born in Brooklyn, New York and Heather was born in Fitchburg, Massachusetts. They have been married for 53 years and have two children and five grandchildren. They moved from their former home in the Cordova area of Memphis.

Dr. Kenny graduated from Notre Dame University in 1963 and is a Psychologist. He founded and served as president of "The Right Brain People" for 53 years. After graduating from Clark University, Rhodes College and University of Memphis, Heather served as a research analyst 42 years with "The Right Brain People."

Their interests include sports (especially Notre Dame), stamp collecting, politics, reading, Bible classes and talking. They enjoy going to sporting events and Charles has served as president of Squires and is a member of the Notre Dame Club.

Their travels have included most of the major cities in the U.S.A. and travels to Europe included Ireland, Spain, Sweden and many others.

The Kennys are proud of the impact their company has had on the Pro-life movement.

You won't want to miss getting to know Charles and Heather. We are so glad they chose Kirby Pines for this chapter in their interesting lives.

because I said I would.

The Power of Promise

I read an article in an "Airplane Magazine" about a young man who started his own nonprofit to honor his father who died 2 years ago. At his funeral Alex Sheen Jr. wanted to share something to honor his father. His father always kept his word; his word was a promise. Alex remembered hearing "Because I said I would" quite often. He made small business cards with only those words on it and passed them out to everyone at the memorial service. The directions were to write on the card something you had intended to do but never accomplished. Then put it in your pocket/wallet and carry it until you had completed that task. It was so well received that people called him to get more cards for themselves or others.

When it hit the internet, Alex had to recruit volunteers to package and send out cards. This movement dedicated to "bettering humanity through the power of a promise" has changed people's lives from restoring family relationships to a public confession of a hit-and-run driver. Thousands of people have been inspired to follow through on a variety of things like promising to take their medicine, being on time to work, playing with their children or grandchildren, making a phone call to a distant friend, losing those last five pounds, and exercising regularly.

That last one really caught my attention. How many times have I heard "I'm going to start your exercise class next week." Or I need to make time to go to the Oasis and use that equipment." This year make a promise to yourself to exercise in some way three times each week. If it has been awhile since you really exercised, start slow. The NuStep machine in the Oasis is easy to get started on. For your first time back, go for 15 minutes on the 1-3 resistance level. Then each week add 5 minutes to your time and or increase your resistance level up one notch. As you feel more confident you may want some personal training on the upper body or leg strengthening equipment. (Don't try to guess how to use weight bearing equipment... Just ask)

With so many exercise classes in the pool or in the PAC offered as well as a good variety of exercise equipment in the Oasis, and miles of lovely halls and walking trails, you are sure to find a way to improve your strength, stamina, balance and endurance. We want to help you meet your goals "because you said you would."



**"This year
make a
promise to
yourself to
exercise
in some way
three times
each week".**



Advanced Water Aerobics
Monday & Wednesday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Resident Led Exercise in the PAC
Monday, Wednesday & Friday
9:30am | PAC/Live TV

Yoga Stretch
Monday & Wednesday
12:45 pm | PAC/Live TV

Men's Water Aerobics
Tuesday & Thursday
8:30 am - 9:15 am | Pool

**Arthritis Foundation
Water Aerobics**
Tuesday & Thursday
9:30 am - 10:15 am | Pool

**Arthritis Foundation
Sit/Stand Class**
Tuesday & Thursday
11:00 am - 11:45 am | PAC/Live TV

Resident Led Water Aerobics
Friday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool





As the cold weather arrives this winter, it may become more difficult for seniors to be mobile outdoors. Hazardous conditions such as snow and ice can increase the chance of falls for seniors who venture outside and lead to serious injury. Included here are some tips for preventing and avoiding slips and falls on ice during the winter season.

Prepare in Advance

One of the best ways to avoid injury from slipping on ice is by mitigating the threat of ice in the first place. When signs of harsh winter weather arise, Kirby Pines will salt your sidewalks and parking areas before it snows, to lessen the chance of you or a loved one injuring themselves from a fall. In addition, you should consider taking precautions such as placing a doormat at the front of your home to prevent puddles that can cause slips once inside your house, and park your car as close to your home as possible for the shortest walk. You should also make sure that any outdoor stairs or railings are in good condition and free from ice or debris. If you are unable to take these precautions, ask a neighbor, family member or friend if they can help out, or hire someone.

Dress Properly

Another tip to help avoid slips and falls on ice this winter is to wear proper footwear. Investing in waterproof or snow boots with good traction can help you or your loved one remain steady outdoors. If you have limited mobility, consider investing in shoes that are easy to get on and off, such as velcro or slip-on boots. In addition to footwear, making sure you have a warm winter coat and wear layers when you go outside is very important. However, make sure these layers give you the flexibility to move comfortably so that you are able to maneuver through the snow if need be.



Stay Active

While the winter weather tends to make people want to curl up indoors and avoid the cold, it is still important to remain active and healthy during the winter months. Walking through snow can be difficult, so doing indoor exercises to strengthen your leg and arm muscles helps to ensure you are able to maintain your mobility and maneuver comfortably outside during the winter months. Staying active throughout the winter can also bring long-term benefits to your overall health and well-being after the winter months are over.



Have a Plan

While no one ever wants to think about an emergency occurring, it is important to be proactive and have a plan in place. If you or a loved one does fall, do they have access to a phone or device to quickly call emergency services? If bad weather is coming, plan to get all of your holiday or grocery shopping completed beforehand so you do not have to go out in the treacherous weather. Finally, consider having designated check-in times with family members when the weather is harsh to make sure that your loved ones are safe and sound.

EXQUISITE CUISINE

Thursday, January 27, 2022



BONE-IN RIBEYE STEAK

Starting with a massive 14-ounce cut, we accompany this with Loaded Mashed Potatoes, Sauteed Spinach and finish with a Garlic Herb Butter



CAPRESE SALAD

Fresh sliced Tomatoes with smooth creamy Mozzarella Cheese, a hint of fresh Basil and finished with a drizzle of aged Balsamic Vinegar



LOBSTER BISQUE

The traditional classic. Velvet smooth Lobster Bisque finished with a dollop of seasoned Sour Cream and a Lobster Claw



NEW YORK STYLE CHEESECAKE

Thick, rich and creamy, the tradition continues with a Vanilla Bean flavor, crunchy Graham Cracker Crust, and finished with a fresh Strawberry Coulis.

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Resident Spotlight: ANDY & JEAN SAUNDERS

Salk vaccine. Jean praises her parents for their care and devotion and their efforts to maintain a normal life for the family. However, Jean says, “I think the isolation we experienced shaped my personality.”

While in high school, Jean continued her piano studies as well as learning to play the oboe, clarinet, saxophone, violin and viola. She also served as a student conductor and prepared the orchestra with “warm-ups.” She graduated as Salutatorian in 1964 and entered Harding College, graduating in 1968 with a BA in English. While at Harding, she was part of an elite singing group, the “Belles and Beaux.” In her freshman year, Jean had become aware of Andy Saunders when he performed in “Camelot.”

When Jean and Andy married, they made the decision to move to Memphis and they have remained here except for Andy’s military time. Andy enrolled in graduate school at Memphis State University (now U of M), majoring in Communications and graduating in 1969. Jean was secretary to the Chairman of the Psychology Department. During this time, they rented an inexpensive apartment in South Memphis. Little did they realize they were in a “flight path” of the airport.

Following graduation, Andy was drafted and inducted into the Army. Rather than to a missile battalion, he was sent to Heidelberg, Germany, to be in the 7th Army Soldiers Chorus. “This was a wonderful job. We sang for all the parties and celebrations in Germany,” says Andy. He also worked as a MEDCOM Examiner for six months. Their son, Jonathan, was born during this time. Jean and Jonathan returned to the states while Andy remained in Germany to complete his “stint” in the Army.



The Saunders in the 70's

Returning to Memphis, Andy was hired at Memphis University School, retiring after thirty-eight years in 2010. There, he had coached football, taught a variety of academic subjects and helped design and or direct numerous plays which were “his passion.”

Jean has had many varied jobs in her life, impressive in their association with scholarly efforts. She continues to work as Manager of Advancement Services at MUS. She also continues to collate for publication all the manuscripts of her uncle, Dr. Jack P. Lewis, who was a recognized scholar in Old Testament and Biblical Archeology. Jean has also held many responsible volunteer jobs at White Station Church of Christ and has made over 100 baby blankets for NICU during COVID.

Jean and Andy Saunders moved to Kirby Pines in 2019. Andy has fulfilled many roles as a resident, participating in all entertainment and worship venues. Two of Jean’s passions are playing Mahjongg and writing. The talents and accomplishment of both Saunders are truly an asset to the Kirby Pines family.

Written by Joan Dodson, Kirby Pines Resident

AN ARTISTIC BLEND

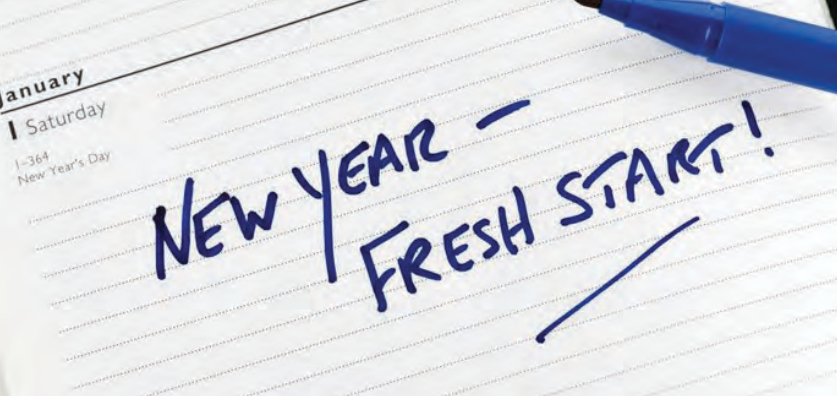
As a couple, Jean and Andy Saunders represent an array of artistic excellence. Andy has experiences in theatre and communication outlets while Jean’s forte is her mastery of the English language, creative writing skills and music. These talents are threaded throughout their lives as they have acquired the skills necessary for life.

Andrew Saunders was born in Dorena, Missouri, in 1945. He was the first born with two brothers and a sister to follow. To find better job opportunities, the family moved to Huntington Park, a suburb of Los Angeles where the family lived in a trailer for several years. According to Andy, the most exciting thing in his elementary school was dancing the Hokey-Pokey which the entire school did during recess.

When Andy was in the fourth grade, the family relocated to a suburb close to Disneyland only to return again to Huntington Park. Here, Andy entered high school and was involved in many activities including the football team. However, he focused mostly on participating in singing groups and theatre.

Following graduation from high school in 1963, Andy enrolled on an academic scholarship at Harding College, Searcy, Arkansas. He declared a major in Speech with minors in Chemistry and Biology, and he played football. After the first year, he dropped football to pursue his primary interests in music and theatre. It was in the chorus that Andy first noticed another member, Jean Lewis. They became a couple while on a chorus tour of the South. Andy was a year ahead of Jean in school, but following his graduation, the courtship continued as Andy was hired by Harding to be Technical Director of the theatre. In June of 1968, Jean and Andy were married following her graduation.

Linda Jean Lewis was born June 11, 1946, in Dallas, Texas. The family soon moved to Shreveport, Louisiana. This would be Jean’s family home until her marriage. She had one older sister who, at the age of nine, contracted polio in the epidemic of 1952 and was paralyzed from the neck down. This event changed the family dynamics forever. According to Jean, “We practiced ‘social distancing’ as no one wanted to be near us. My parents went daily to the hospital to visit my sister Ann. After many months, Ann was able to come home. However, it was necessary for her to remain in an iron lung until her death thirty years later. Our lives revolved around caring for her.” At age eight, Jean became a “polio pioneer” after being recruited to take the experimental



It's the New Year!

That means the opportunity for a fresh start is here. In 2022, set a goal that focuses on bettering your overall health, both physically and mentally. Here are a few New Year's resolutions for you to consider:

1. Exercise for 10 minutes every day

Staying physically active is key to healthy aging. That doesn't mean you have to spend all of your free time exercising, but you should certainly dedicate a portion of your day to fitness. If you're just getting started, Harvard Health Publications recommended committing 10 minutes of your day to exercise, with a gradual increase as it becomes a habit. Eventually, you should be able to dedicate the recommended amount of 150 minutes of aerobic activity per week.

2. Explore new volunteer opportunities

Volunteering is a great way to give back to the community, but it also benefits your own health. According to Helpguide, it provides a sense of accomplishment, increases self confidence and brings fulfillment to life. It also connects you with like-minded individuals, which is great for your mental well-being.

3. Revive an old friendship

It's not always easy remaining close to friends who don't live right down the street. But there are dozens of resources you can use to rekindle old friendships. Make a telephone call, send an email or reach out to one of your childhood buddies via Facebook or another

social media platform. Make it your goal to keep in touch and possibly schedule a get-together in the near future.

4. Spend more time with the grandkids

Most older adults can agree that there is nothing quite as special as spending time with the grandchildren. But you shouldn't only meet up for special occasions. Staying connected with your grandkids on a regular basis will strengthen the bond between you and keep the entire family closer together.

5. Make healthier dessert decisions

It's easy to reach for that sugary treat after dinner. But consuming those not-so-healthy choices every night may eventually lead to weight gain, high blood pressure and other chronic issues. Make 2022 your year to fall off the path that leads to unhealthy desserts and jump on one that drives you to make smarter choices. Fruits and dark chocolate make excellent natural alternatives if you need to satisfy a sweet craving.

6. Revisit an old pastime

When was the last time you spent time enjoying that favorite hobby of yours? At some point in the new year, consider breaking out the old needle and yarn, fishing rod, or bottle cap collection you used to be so passionate about.

7. Challenge your brain regularly

You know that physical activity is important, but giving your brain a "workout" is just as crucial. Challenging your brain regularly keeps your cognitive skills sharp and reduces your chance of experiencing memory loss. This year, make time to play games that'll force your mind to work in overdrive.

8. Be conscious about your overall health

Your body is always changing, so make it a priority to keep up with your health. Visit the doctor annually, if not more, to be proactive about your overall well-being. And take the advice and guidance he or she gives during your visit. Those tips will help you have a happy and healthy year.

Congratulations to our **EMPLOYEE of the Month**

Laundry Supervisor

LEOLA WATT



Describe Your Family: I have a very good, supportive family.

Describe yourself in five words: Funny, playful, loyal, dependable, consistent.

What do you do for fun: Read my Bible and watch TV.

Do you have any hobbies or interests: I love to read.

What is your favorite food: Chicken. **Favorite song:** God Favor Me by Hezekiah Walker.

What is your favorite thing about your job: Putting a smile on our resident's faces when I pick up and deliver their sheets.

What is something you are proud of: I have been an employee at Kirby Pines for 22 years.

What would you like people to know about you: I am a dedicated, consistent employee willing to help whenever needed.

A great employee is someone who dedicates themselves to their work wholeheartedly and that is the type of employee Leola is. She has stood with Kirby for over two decades and continues to go the extra mile for our residents. Despite the challenges of the last year or so, Leola has quietly and humbly gotten the job done all while working in the background. I appreciate her dedication not only to the EVS department but also to Kirby Pines.

- Jada Mullins, Director of Environmental Services

REFLECTIONS

By
Maxie Dunnam



THE NEXT TEN YEARS

The Book of Proverbs is a collection of wisdom and practical advice on how to get along in the world. It is packed with inspiration and guidance. But not all the proverbs are of equal value. For instance, how would you compare these two:

Proverbs 19: 13 "A quarrelsome wife is like a constant continued dripping of rain."

Proverbs 1:7: "The fear of the Lord is the beginning of knowledge."

I share that simply to interest you and invite you to begin and continue this new year living with Scripture. The Bible is more than a book, It is an invitation and an encounter with the Living God. It provides wisdom and practical direction for our daily living. What more powerful of such direction than Proverbs 3:5-6? Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.

When Dr. John E. Godbey, a beloved preacher and teacher, came to his eighty-third birthday, someone asked him, "Doctor, if you had the privilege of making such a choice, which ten years of your long life would you prefer to live over again?" Without a moment's hesitation the answer came back, "The next ten."

Well, isn't it true for all of us here at Kirby? None of us have more years left than we have already lived. However many years we have, they will be good ones leading us to the right end if we will live by this Proverb. Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths. (Proverbs 3:5-6)

I challenge you, before noon of each day of the first week of this new year, read this proverb slowly, maybe two or three times; make it a prayer. By the end of the week, you will have probably memorized it. Move into this new year following this wise guidance.

January Vesper Services | 6:30pm | Performing Arts Center

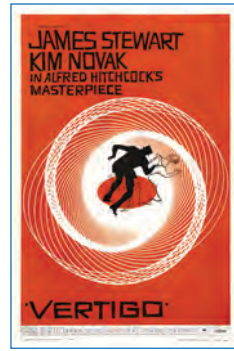
January 6
To Be
Announced

January 13
Rev Mike Lyle
Associate Pastor
Germantown Presbyterian

January 20
Leon Sanderson
Retired Pastor
Germantown Church of Christ

January 27
Dr John Enoch
Senior Pastor
Covenant Baptist Church

MEET ME AT



FLYWHEEL (2003)



Saturday, January 1 | 10:00 am & 2:00 pm

Cast: Rosetta Harris Armstrong, Lisa Arnold, Blake Bailey, Jansen Barnes

A dishonest car salesman must return swindled money, with surprising results.

OVERCOMER (2019)



Sunday, January 2 | 1:30 pm & 4:00 pm

Cast: Alex Kendrick, Aryn Wright Thompson, Shari Wiedmann, Cameron Arnett

High school basketball coach John Harrison reluctantly agrees to coach cross-country, a sport he doesn't even like. His outlook soon changes when he meets Hannah Scott, an unlikely runner who pushes herself to the limit. Inspired by the words and prayers of a new friend, John starts to train Hannah for the biggest race of her young life.

HOLIDAY INN (1942)



Saturday, January 1 | 6:00 pm

Sunday, January 2 | 6:30 pm

Cast: Fred Astaire, Marjorie Reynolds, Virginia Dale, Louise Beavers

At an inn which is open only on holidays, a crooner and a hooper vie for the affections of a beautiful up-and-coming performer.

MIGHTY ORPHANS (2021)



Saturday, January 8 | 10:00 am & 2:00 pm

Cast: Rooster McConaughey, Luke Wilson, Jake Austin Walker, Vinessa Shaw

During the Great Depression, Rusty Russell gives up a privileged position to coach football at an orphanage in Fort Worth, Texas; whipping his young players into shape, they soon become an inspiration to their city, state and an entire nation.

CHOCOLAT (2000)



Sunday, January 9 | 1:30 pm & 4:00 pm

Cast: Juliette Binoche, Johnny Depp, Lena Olin, Alfred Molina

When mysterious Vianne and her child arrive in a tranquil French town in the winter of 1959, no one could have imagined the impact that she and her spirited daughter would have on the community stubbornly rooted in tradition.

VERTIGO (1958)



Friday, January 7 | 1:30 pm

Saturday, January 8 | 6:00 pm

Sunday, January 9 | 6:30 pm

Cast: Kim Novak, James Stewart, Barbara Bel Geddes, Ellen Corby

An ex-police officer who suffers from an intense fear of heights is hired to prevent an old friend's wife from committing suicide, but all is not as it seems. Hitchcock's haunting, compelling masterpiece is uniquely revelatory about the director's own predilections and hang-ups and is widely considered to be one of his masterworks.

DEAR FRANKIE (2004)



Saturday, January 15 | 10:00 am & 2:00 pm

Cast: Gerard Butler, Emily Mortimer, Jack McElhone, Andrea Gibb

After having responded to her son's numerous letters in the guise of his father, a woman hires a stranger to pose as his dad when meeting him.

POMS (2019)

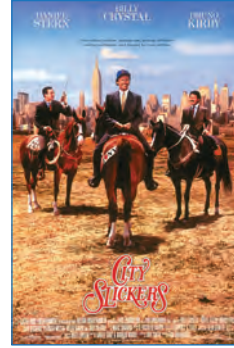


Sunday, January 16 | 1:30 pm & 4:00 pm

Cast: Diane Keaton, Rhea Perlman, Pam Grier, Jacki Weaver

Martha is an introverted woman who moves to a retirement community. Hoping to be left alone, she meets Sheryl, a fun-loving neighbor who insists that they become best pals. After coming out of her shell, Martha and her new friend decide to form a cheerleading squad with their fellow residents. As the two women hold auditions, they soon learn that it's never too late to follow your dreams, even when the odds are stacked against you.

THE MOVIES



THE SOUND OF MUSIC (1965)



Friday, January 14 | 1:30 pm
Saturday, January 15 | 6:00 pm
Sunday, January 16 | 6:30 pm

Cast: Julie Andrews, Christopher Plummer, Charmian Carr, Nicholas Hammond

A young novice is sent by her convent in 1930s Austria to become a governess to the seven children of a widowed naval officer.

THE ENGLISHMAN (1995)



Saturday, January 22 | 10:00 am & 2:00 pm
Cast: Hugh Grant, Tara Fitzgerald, Colm Meaney, Ian McNeice

During the days of World War I, a small Welsh town relies on its local mountain as a source of pride. When two English cartographers, Reginald Anson and George Garrad, arrive to measure the mountain, they discover the landmark is 16 feet short of achieving the official “mountain” classification. Disheartened that their mountain has been deemed a hill, the townsfolk devise a plan to make up those 16 feet.

UNDER THE TUSCAN SUN (2003)



Sunday, January 23 | 1:30 pm & 4:00 pm
Cast: Diane Lane, Lindsay Duncan, Raoul Bova, Pawel Szajda

When Frances Mayes learns her husband is cheating on her, her best friend, Patti, encourages Frances to take a tour of Italy. During the trip, the new divorcée impulsively decides to purchase a rural Tuscan villa and struggles to start her life anew amid colorful local characters, including the handsome Marcello.

MATILDA (1996)



Friday, January 21 | 1:30 pm
Saturday, January 22 | 6:00 pm
Sunday, January 23 | 6:30 pm
Cast: Mara Wilson, Danny DeVito,

Pam Ferris, Rhea Perlman

This film adaptation of a Roald Dahl work tells the story of Matilda Wormwood, a gifted girl forced to put up with a crude, distant father and mother. Worse, Agatha Trunchbull, the evil principal at Matilda’s school, is a terrifyingly strict bully. However, when Matilda realizes she has the power of telekinesis, she begins to defend her friends from Trunchbull’s wrath and fight back against her unkind parents.

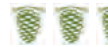
JERSEY GIRL (2004)



Saturday, January 29 | 10:00 am & 2:00 pm
Cast: Ben Affleck, Raquel Castro, Liv Tyler, Jennifer Lopez

A widower must look after his precocious daughter and rebuild his life and career after he’s sidelined by an unexpected tragedy and a personal blowup.

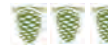
CITY SLICKERS (1991)



Sunday, January 30 | 1:30 pm & 4:00 pm
Cast: Billy Crystal, Daniel Stern, Jack Palance, Bruno Kirby

On the verge of turning 40, an unhappy Manhattan yuppie is roped into joining his two friends on a cattle drive in the southwest.

CASABLANCA (1942)



Friday, January 28 | 1:30 pm
Saturday, January 29 | 6:00 pm
Sunday, January 30 | 6:30 pm
Cast: Humphrey Bogart, Ingrid Bergman, Claud Rains, Paul Henreid

A cynical expatriate American cafe owner struggles to decide whether or not to help his former lover and her fugitive husband escape the Nazis in French Morocco.

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD

= GREAT = PERFECT

January 2022



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



- 8:00 am ● Men's Christian Fellowship (LCR) **1**
- 10:00 am ● Weekend Movie (Thtr)
- 1:30 pm ● Game Play (LCR)
- 2:00 pm ● Weekend Movie (Thtr)
- 2:30 pm ● Line Dancing (PAC)
- 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **2**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **3**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● First Monday Poetry Group (Chapel)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **4**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Ya Ya Sisterhood (Thtr)
 1:30 pm ● Bunko (SCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 5:30 pm ● Tech Time (Sunroom)
 6:30 pm ● Movie: Ya Ya Sisterhood (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **5**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (SCR)
 1:30 pm ● Movie: A League Of Their Own (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: A League Of Their Own (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **6**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **7**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 2:00 pm ● Art Wall Reception (PAC)
 6:00 pm ● Music with the Double Steps (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **8**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Chapel)
 6:15 pm ● MSO: Elvis Birthday Concert (Trans)

8:00 am ● Church of Christ Service (Chapel) **9**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **10**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **11**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Movie: Deja Vu (Thtr)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Birthday Night with Side Street Steppers (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **12**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Catholic Services (Chapel)
 10:30 pm ● KP Garden Gro'ers (Greenhouse)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (SCR)
 1:30 pm ● Movie: The Lost Husband (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: The Lost Husband (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **13**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:00 pm ● Resident Association Meeting (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 3:00 pm ● KP Photo Club (LCR)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **14**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with The Beverly Brothers (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **15**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **16**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **17**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Tech Time (Sunroom)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **18**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Travelers Scavenger Hunt (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:00 pm ● Tuesday Bridge Group (LCR)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Sabrina (Thtr)
 1:30 pm ● Bunko (SCR)
 1:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Winter Dance with The Jeremy Schrader Band (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **19**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Caregiver Support Group (SCR)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (SCR)
 1:30 pm ● Movie: Failure To Launch (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: Failure To Launch (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **20**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **21**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with Johnson & Johnson (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **22**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (Chapel)

8:00 am ● Church of Christ Service (Chapel) **23**
 10:00 am ● Worship Service (PAC) **30**
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **24**
 9:30 am ● Group Exercise (PAC) **31**
 9:30 am ● Alterations (A&C) - 24th Only
 10:00 am ● Hobby Pines Group (Hobby Shop)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **25**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● The Book Baggers (PAC)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 11:00 am ● Lunch Bunch: Silver Caboose (Trans)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Art of Racing in the Rain (Thtr)
 1:30 pm ● Bunko (SCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Art of Racing in the Rain (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **26**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Catholic Services (Chapel)
 11:00 am ● Arthritis Yoga Stretch (Live TV)
 12:30 pm ● Theatre Memphis: Joyce Cobb & Mark Twain (Trans)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:15 pm ● Beginner's Mahjong (SCR)
 1:30 pm ● Movie: Dirty Harry (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Group (LCR)
 6:30 pm ● Movie: Dirty Harry (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **27**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 10:00 am ● Bible Study with Dave Phillips (Chapel)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Mini Series: Yellowstone (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **28**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:30 pm ● Classic: Holiday Inn (Thtr)
 6:00 pm ● Music with Donna Wolf (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **29**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)

January 2022 EVENTS

Jan 1: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. Larry McKenzie is Program Leader. All men are welcome and encouraged to attend.

Jan 3: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.

Jan 3: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Jan 3: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Jan 3: Hobby Pines Group

Enjoy wood working? Join the Hobby Pines group. We meet every Monday at 10:00 am in the Hobby Shop.

Jan 3 & 17: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space. So come to the Arts & Crafts Room the first and third Monday at 10:00 am.

Jan 3: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sit-

ting in a chair or standing. Class is every Monday & Wednesday at 11:00 am in the PAC & live TV.

Jan 3: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Jan 3: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Jan 4: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Jan 4 & 18: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Large Card Room.

Jan 4: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Jan 4: Line Dancing

Line Dancing has returned! Line Dancing will be held every Tuesday and Thursday at 1:30 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Jan 4: Divine Secrets of the Ya Ya Sisterhood

After years of mother-daughter tension, Siddalee receives a scrapbook detailing the wild adventures of the "Ya-Yas", her mother's girlhood friends. Showing at 1:30 pm and 6:30 pm in the theatre.



Jan 4 & 17: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Jan 5: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Jan 5: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Jan 5: Needle Arts

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Jan 5: Beginners Mahjong

Interested in MahJongg? Come out to the small card room each Wednesday at 1:15 pm for lessons and play.

Jan 5: A League of Their Own

Two sisters join the first female professional baseball league and struggle to help it succeed amidst their own growing rivalry. Showing at 1:30 pm and 6:30 pm in the theatre.



Jan 5: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Jan 5: Bridge Group

Bridge will begin at 6:15 pm on Wednesday nights in the LCR. If you would like to join in please sign the downstairs book by noon on Wednesdays.

Jan 6: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the PAC and on live TV. All denominations invited.

Jan 6: Yellowstone

Yellowstone follows the Dutton family, led by John Dutton, who controls the largest contiguous ranch in the United States. Showtime will be Thursdays at 1:30 pm.

Jan 7: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Jan 7: Art Wall Reception

Come out to the PAC at 2:00 pm as our artist present on their paintings. We will have a wine and cheese reception to follow.

Jan 7 : Music with Double Steps

This Memphis-Based family fiddle band, led by Becky Roland, plays traditional tunes with fiddles, guitar, and harmonies. Becky's daughters round out the group to present a dynamic, engaging, fiddle-playing experience. Come join us in the Lobby at 6:00 pm.

Jan 8: MSO: Elvis Birthday Concert

The Memphis Symphony Orchestra presents their annual Elvis Pops Concert live at Graceland Soundstage. Terry Mike Jeffrey and his band join members of the Orchestra for a birthday salute featuring make tunes from Elvis' career. This is a birthday celebration not to be missed! Call the box office at 901-537-2500 for tickets. Sign up at the front desk in the group transportation binder. We will meet in the lobby at 6:15 pm and depart at 6:30 pm.



Jan 8 & 22: Trivia Group

The Kirby Pines Trivia Group meets from 6:15 pm until 7:15 pm in The Chapel on the second and fourth Saturday of each month. All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The THEME for January will be SCIENCE AND NATURE. However, trivia questions can be presented on any topic. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail.com

Jan 10 & 24: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Jan 11: Deja Vu

After a ferry is bombed in New Orleans, an A.T.F. agent joins a unique investigation using experimental surveillance technology to find the bomber, but soon finds himself becoming obsessed with one of the victims. Showtime is at 1:30 pm in the theatre.



Jan 11: Birthday Night with The Side Street Steppers

The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. Dubbed the Golden Age of Gramophone Recording, the two decades between 1920 and World War II saw the rise of jazz and the birth of the blues, the demise of ragtime and the emergence of hillbilly music that would become known through the world as country music. The Side Street Steppers present a pastiche of this transformation of the American musical landscape, performing on vintage and homemade instruments. Get ready for plenty of hip-shaking, foot stompin', caterwauling and croonin'. Come celebrate with us in the PAC at 6:30 pm.

Jan 12: Garden Gro'ers

Come out to our first meeting of the year! We are excited about several new seeds we will be planting this year. Come out, bring a friend, and we will see you January 12 at 10:30 am in the greenhouse!

Jan 12: The Lost Husband

Trying to put her life back together after her husband's death, Libby and her children move to her estranged aunt's goat farm in central Texas. Showing at 1:30 pm and 6:30 pm in the theatre.



Jan 13: Resident Association Meeting

Join us for the first resident's association meeting on 2022! Our new officers will be in place and we will have a guest speaker join us. Come out to the PAC at 2:00 pm or join us on live TV.

Jan 13: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

Jan 14 : Music with The Beverly Brothers

The Beverly Brothers perform harmony based songs ranging from classic country to classic rock and roll favorites. This 2 guitar duo always delivers a spirited, high energy show that invites and incites audience participation. Come join us in the lobby at 6:00 pm.

Jan 17: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR at 9:00 am.



Jan 18 : Traveler's Scavenger Hunt

The Travelers Group will initiate the FIRST ANNUAL Scavengers' Hunt in the "Big House" of Kirby Pines on January 18th, from 9:30 am to 11:30 am. We won't worry about inclement weather but will travel on foot to varying destinations to secure items from amenable residents. After the first of the new year, WATCH for more INFORMATION on delivered sign-up sheets (both those searching and our amenable residents) and the cut-off date to submit the sheet. Team Prizes will be given to the winners. We can't wait to have you join us for this fun event!

Jan 18: Sabrina

An ugly duckling having undergone a remarkable change, still harbors feelings for her crush: a carefree playboy, but not before his business-focused brother has something to say about it. Showing at 1:30 pm in the theatre.



Jan 18: Winter Dance with The Jeremy Schrader Band

Shake off the cold and heat up the dance floor at the Winter Dance featuring The Jeremy Schrader Band. Begins at 6:30 pm in the PAC.

Jan 19: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Jan 19: Failure To Launch

A thirty-something is still living with his parents until they hire an interventionist to help him graduate out of the house. That's when the fun begins. Showing in the Theatre at 1:30 pm and 6:30 pm.

Jan 21: Music with Johnson and Johnson

Together John Johnson and Jay Johnson bring Gospel Music to your community. John played with the Southern Joy Band for 18 years and has been writing songs all of his life. Jay has been in the entertainment industry for over 40 years and has played with major stars including Charlie Rich, Bill Haney, and the Bluff City Quartet. Come join us in the Lobby at 6:00 pm.

Jan 25: The Book Baggers

Tuesday, January 25, we will gather in the PAC at 9:30 am to hear about our first read for 2022, "The Only Woman in the Room" by Marie Benedict. Hedy Lamarr had extraordinary beauty which saved her life. What most people don't know is that she had a brilliant mind which changed our lives. This is a powerful novel based on the incredible true story of the glamour icon and scientist whose groundbreaking invention revolutionized modern communication. We will also be showing two movies in the theater this month which will feature and star Hedy Lamarr. Check out the movie schedule to see the times for those showings.

Jan 25: Lunch Bunch at The Silver Caboose

Lunch Bunch is back! Join us for the first outing of the year as we go to the Silver Caboose in Collierville. Visit the front desk to sign up in the group transportation book. There will also be a menu for your viewing in the book. We will meet in the lobby at 11:00 am and leave at 11:15 am. Don't forget your \$3 for the bus and money for lunch. See you there!



Jan 25: The Art of Racing in the Rain

Through his bond with his owner, aspiring Formula One race car driver Denny, golden retriever Enzo learns that the techniques needed on the racetrack can

also be used to successfully navigate the journey of life. Showing in the Theatre at 1:30 pm and 6:30 pm.



Jan 26: Theatre Memphis: Joyce Cobb & Mark Twain

This performance features Joyce Cobb & Mark Twain (played by Ron Jewell) bringing music and verse to life in Songs and Sounds of the Mississippi. Jewell, cast as 70-year-old Samuel Clemens (aka, Mark Twain), is joined by songstress Joyce Cobb and her amazing musical ensemble. Twain invites guests—the captive audience—into an intimate conversation filled with song, stories and anecdotes taken directly from his literary pages. He is joined by Cobb's melodies that feature iconic music from our Mississippi River region. To sign up, visit the front desk. Tickets are \$6 and can be paid at the front desk when you sign up in the transportation binder. Don't forget your \$3 for the bus which can be paid the day of. We will meet in the lobby at 12:30 pm.

Jan 26: Dirty Harry

When a madman calling himself "the Scorpio Killer" menaces the city, tough-as-nails San Francisco Police Inspector "Dirty" Harry Callahan is assigned to track down and ferret out the crazed psychopath. Showing at 1:30 pm and 6:30 pm in the theatre.



Jan 28: Music with Donna Wolf

Join us Friday evening for a wonderful evening of violin and fiddle music presented by the talented Donna Wolf. Come join us in the lobby at 6:00 pm.

SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.

Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

PUZZLE 1: EASY

2	4				5			
3				2	4	6		9
	9		3			5		
	6		5			9		
7		3				4		1
				7	8			
		8	2			7	4	5
		5	8		3	1	6	2
1								

PUZZLE 2: MEDIUM

1		5	9		6			
2	4		7					
				1	2	3		5
3	2				7			
7				5		6		
	8		4	6		7		3
	5		3		4		6	7
9	6					8		

PUZZLE 3: MEDIUM

5					4			6
			5	7				
2		7						
	9	5		2	1			3
		6	3		8		5	9
	7							4
6				3		8		
8			4	1				5
	5	4	8	6				

PUZZLE 4: HARD

1				6	8			9
	8	4	9					
	3			4	2			
			5				7	
7	9			3		4		
	5				4	9		
	4				3			
		6			7			4
		2		8	6		3	

Sudoku solutions on page 21

PICTURING LIFE AT KIRBY PINES



Susie Thompson grabs a tray of dessert at Lou Moore's Christmas party.



Ellie Bates and Peggy Gatlin at Lou Moore's Garden Home.



Lynn Haley and Ann Smith take time out for a quick photo.



JoAn Adair surrounds herself with friends, Alice Dieckhaus, Elsie Bloodworth, Karen Freeman and her son, Greg.



Bonnie Nowlin celebrates her first Kirby birthday with husband, Jerry, Sue Postlethwaite, Liz Collier and Faye Betts.



Ann Jennings enjoys her birthday celebration with husband, Charlie, Tracy & Betty Speake, Sarah McCallum, Brittye & Bill Francis and Melody Chipley.



Michael Escamilla and Jennie Fulmer accept a plaque from Cordell Walker of Alpha Omega for donations made during our Veteran's Day program.

PICTURING LIFE AT KIRBY PINES



Photo club members show off their fabulous 2022 Kirby Pines Photo Club Calendar, featuring pictures they took this year. All residents received a calendar as part of their Christmas gift.



The Line Dancers are joined by members of The Entertainers, all of whom participated in programs during the holiday season at Kirby Pines.



Joe and Shirley Brooks are joined in the Lobby by Santa and members of Carnival Memphis. Photo by resident, Genenne Wilson



Joan Dodson directs her singers as part of The Entertainer's Christmas Program, performing for a full house in the PAC.



We had a Holiday Sweater Contest this year, and as you can see, it was very well received! See all photos on our Facebook page! Our overall winner, was Diane Mullins in her elf sweater - fourth from the left - she's the one with the pointy ears.

PICTURING LIFE AT KIRBY PINES



Ann Davis and Jim Stafford enjoy themselves at the Kirby Pines Annual Christmas Party.



Ken and Carolin Thomason get their picture with Santa and new resident, Mollie Bird at the party.



Cindy and Fred Dabrowski are adorable in front of the Kirby Christmas Tree.



Genevieve Imbalzano tells Santa what she wants for Christmas this year.



Fran Gentry and Joan Weaver seem to be having a good time at the Christmas Party.



Pat Brand gets a photo with six of her seven great-grandchildren who were all excited to see Santa.



Nell Shears and Maxie Dunnam share a laugh during the annual Christmas party.



Lea Koonce is truly an angel at Kirby Pines. Photo by resident, Sydney Wagner.



Jimmy Latimer has the Christmas Spirit! Photo by resident, Sydney Wagner.

KIRBY PINES PHOTO CLUB



Christmas Puzzle Time
Photo by Arrena Cheek



Zoo Lights
Photo by Jackie Gunther



Christmas Entertainment
Photo by Mary Ann Thurmond



Ridgeway High School Band
Photo by Jane Longfield



Christmas with the Carters
Photo by Connie Carter



If I Fits, I Sits
Photo by Steve Martin



Growing Grandson
Photo by Marsha Greiner



Mazie's Birthday
Photo by Marilyn McCormick



Cactus Blooms
Photo by Sylvia Statham



A Very Kocman Christmas
Photo by Sydney Wagner



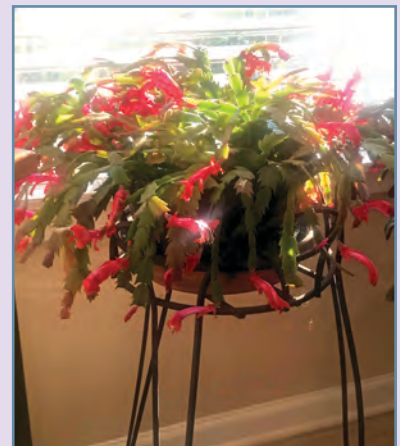
Convertible Kiss
Photo by Genenne Wilson



December Flower
Photo by Fred Dabrowski



Friday Night Entertainment
Photo by Jeannie Valentine



Christmas Cactus
Photo by Walter Overbey

Memorials, Honorariums & Gifts

In Memory Of

MAXINE TOLDI

Donation by the Resident Association
to the Employee Fund

Donation by Jean Saunders
to the Employee Fund

DON JOHNSON

Donation by Richard & Beverly Colditz
to the Employee Fund

WILL KING

Donation by Bill & Rhett Watkins
to the Employee Fund

In Honor Of

HAROLD PETTY

Donation by Pat Tinsley
to the Hobby Shop

Donation by Michael Hufnagel
to the Hobby Shop

In Honor Of

ROY THURMOND

Donation by Doug & Donna Paine
to the Hobby Shop

MARK MAXWELL

Donation by Berry & Betty Terry
to the Hobby Shop

Donation by Kristen Steiner
to the Hobby Shop

MARIAN GRAY

Donation by Bill & Rhett Watkins
to the Ballroom Dancers

Gifts To

THE LIBRARY

Donation by Anonymous

Kirby Pines has a new Rehab Provider



Functional Pathways

Therapy that exceeds expectations

Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643
or email: tomalley@kirbypines.com



Medicare.gov

Encourage friends and family to get the COVID-19 vaccine

If you've already gotten your COVID-19 vaccine – that's great! With 80% of people 65 and older fully vaccinated, older adults are leading the charge in getting their COVID-19 vaccination. Now it's time for your friends and loved ones to get their vaccine, if they haven't already. And with the Delta variant spreading across the country, this is more urgent than ever.

Everyone age 12 and older is eligible to get the COVID-19 vaccine at no cost. Remember, if you or a loved one are unvaccinated, you're at a higher risk of getting seriously ill from the virus.

COVID-19 vaccines are safe and effective, and they're the way to get back to the things we love with the people we love. Encourage your loved ones to join the millions of others who are getting the COVID-19 vaccine for themselves, their families, their communities and so much more.

Sincerely,
Kirby Pines and the
Medicare Team



USA Department of Health and Human Services

SUDOKU NUMBER GAME

PUZZLE 1: EASY

2	4	6	9	8	5	3	1	7
3	5	7	1	2	4	6	8	9
8	9	1	3	6	7	5	2	4
4	6	2	5	3	1	9	7	8
7	8	3	6	9	2	4	5	1
5	1	9	4	7	8	2	3	6
6	3	8	2	1	9	7	4	5
9	7	5	8	4	3	1	6	2
1	2	4	7	5	6	8	9	3

PUZZLE 2: MEDIUM

1	3	5	9	4	6	2	7	8
2	4	8	7	3	5	9	1	6
6	7	9	8	1	2	3	4	5
3	2	6	1	8	7	4	5	9
7	9	4	2	5	3	6	8	1
5	8	1	4	6	9	7	2	3
8	5	2	3	9	4	1	6	7
9	6	7	5	2	1	8	3	4
4	1	3	6	7	8	5	9	2

PUZZLE 3: MEDIUM

5	8	3	1	9	4	2	7	6
9	6	1	5	7	2	4	3	8
2	4	7	6	8	3	5	9	1
4	9	5	7	2	1	6	8	3
1	2	6	3	4	8	7	5	9
3	7	8	9	5	6	1	2	4
6	1	9	2	3	5	8	4	7
8	3	2	4	1	7	9	6	5
7	5	4	8	6	9	3	1	2

PUZZLE 4: HARD

1	2	7	3	6	8	5	4	9
6	8	4	9	1	5	7	2	3
5	3	9	7	4	2	6	8	1
4	6	1	5	2	9	3	7	8
7	9	8	6	3	1	4	5	2
2	5	3	8	7	4	9	1	6
8	4	5	1	9	3	2	6	7
3	1	6	2	5	7	8	9	4
9	7	2	4	8	6	1	3	5

ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

Personal Assistance from Kirby Pines

We're here when you need

Just a little HELP

Personal support and assistance tailored to meet each resident's needs

Grooming

Bathing

Dressing

Toileting

Feeding

Physical Ambulation

Companionship

Monitoring

Assurance

Hospital Sitter

Exercise/Walking

Shopping

Meal Preparation

Light Housekeeping

Laundry

Ironing

Bedding Change

Medication Reminders

Transportation

Organization

Escort to Community

Escort to Doctor's Offices

Contact our office at

901-369-7353

or

901-484-6730

for consultation or to sign up for services.

CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

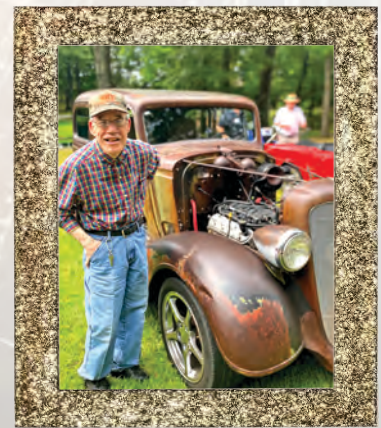
Ask About Our Monthly Specials!

Call for Appointment

369-7311



*“I hope that in this year to come,
you make mistakes.
Because if you are making mistakes,
then you are making new things,
trying new things, learning, living,
pushing yourself, changing yourself,
changing your world.
You’re doing things you’ve never
done before, and more importantly,
you’re doing something.”*



— Neil Gaiman

Kirby Pines
LifeCare Community

