

the PINECONE

The Magazine of Kirby Pines LifeCare Community • December 2021 | V. 39 | I.12

RAYMOND HARVELL

*is getting tangled
up in the Christmas
Spirit at Kirby Pines!*

Healthy Holiday Tips | Successful Sleep | Put Your Thinking Cap On | Resident Spotlight: Jane Hodge

Happy Christmas To All

"Twas the night before Christmas and all through the house, not a creature was stirring, not even a Mouse..."

The sentence above is familiar to us as the opening of one of America's most beloved Christmas stories, "A Visit from St. Nicholas" attributed to Clement C. Moore. It is the tale of what happened to one family on Christmas Eve that has been embraced by individuals around the world. In fact, for many, the story is told and retold throughout the Christmas season. The story paints a vivid picture of peace and happiness within a household that is pleasantly disrupted by a visit from jolly old St. Nicholas. So well written is this poem, that we can visualize the snow outside, the gifts under the tree, and most importantly the ending blessing.

Much like the household in this Christmas story, Kirby Pines is filled with warmth and love for one another. Employees, much like Santa's elves, go about their duties quietly so that you can enjoy their gifts of house-keeping, transportation, nursing, yard work, building maintenance and food. Residents snuggle into their beds with the comfort of

at Kirby Pines

knowing their safety and well-being are first in the minds and hearts of our employees.

Although the story of "A Visit from St. Nicholas" is a holiday tradition, let us not forget this holiday celebrates the birth of Christ. His life and teachings are the basis for the values incorporated into our mission statement.

To all of you I wish a blessed holiday season, and remind you "... I heard him exclaim, ere he drove out of sight, Happy Christmas to all, and to all a good night"



Michael
Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

It's the Most Wonderful Time of the Year at Kirby Pines

It's December at Kirby Pines and the holiday season is in full swing. The temperatures are getting cooler, but the Christmas entertainment is heating up.

We begin on the 1st with a trip to Theatre Memphis to see A Christmas Carol. Al Mahan puts on a Christmas show on the 3rd. You can check out a Memphis tradition on the 8th heading out to Starry Nights. Go to Bellevue Baptist Church on the 11th for their Singing Christmas Tree. The 14th features a Razzle Dazzle Country Christmas, followed by our Estates Annual Christmas Party. It is Christmas Sweater Day on the 15th with Carolers in the Lobby. Flutist, Marty Kocman will perform holiday favorites on the 21st. Everything wraps up on the 24th with A Kirby Christmas program.

To keep in the spirit of the season, our front cover features Raymond Harvell on his patio performing the familiar yearly task of untangling the Christmas lights to display. Our back cover reflects on seasons past. Residents turned over photos to share their memories with us all. The top row is Sam & Ellie Bates, Josie Johnson and Edith Bengtson. The middle row

is Janice Collier, Flo Seward and Mark & Sheryl Maxwell. The bottom row is Lou Moore and Arrena & Richard Cheek. Many other photos were submitted, and will be posted on Facebook as Christmas draws near. We thank everyone who helped make this issue possible and can't wait for all the festivities in store. Have a safe, healthy and very Merry Christmas!



Raymond, Jean & Precious Harvell

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is managed by:



Retirement Companies of America

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Get to know Kirby Pines'

NEW RESIDENTS



Shirley & Joe Brooks

Joe and Shirley Brooks recently moved to Kirby Pines from their previous home in Germantown. Married for 64 years, they are the proud parents of three children and grandparents to six grandchildren and one great-grand.

Joe retired from a longtime career in the oil business as the owner of Brooks Oil Company. Shirley enjoyed her career as a full-time homemaker for Joe and their three children.

A veteran of two years in the U.S. Navy, Joe earned the rank of Airman 1st Class. He served in the supply department.

Throughout their marriage, Joe and Shirley have enjoyed their many road trips to 48 of the states. They have traveled to all of the states except Alaska. Also, their many destinations have included the islands of Hawaii and ten European countries.

The Brooks have chosen a perfect time to make their move to Kirby Pines. Their favorite holiday is Christmas and they will enjoy all of the beautiful decorations and festivities we have here at Kirby for our residents.

You will certainly want to meet this friendly and outgoing couple. You may find them walking our beautiful campus. Give them a warm Kirby Pines welcome and let them know how happy we are to have them as our new neighbors.

New Resident Bios written by resident, Peggy Reynolds Gatlin



Bonnie & Jerry Nowlin

Married for 65 years, Jerry and Bonnie Nowlin join Kirby Pines from their previous home in Germantown. They are blessed with two children, four grandchildren and six great grands.

After going to Freed Hardeman for college, the Nowlins began their long careers. Jerry was in insurance for 59 years. He was an agent for 19 years with National Trust and 2 ½ years with American National Insurance Company. Then he was owner of a State Farm Agency for 38 years. Bonnie was an administrative secretary at Harding Academy for 30 years.

Jerry and Bonnie have traveled extensively. Their destinations include most of the states (7 trips to Hawaii), England, France, The Isle of Capri and many more.

Jerry was active in the Civitan Club, serving 2 years as President and he also served as President of the association for insurance agents and managers. Jerry and Bonnie were very involved as boosters for Harding Academy. Bonnie was awarded the "Jewel Sisson Award" and was named "Employee of the Year" in 1999.

The Nowlins have been collectors over the years, he collected "Emmett Kelly Clowns" and Bonnie collects "Dickens Villages."

You will want to meet Jerry and Bonnie. They have many stories to share from their active lives. Give them a warm Kirby Pines welcome and let them know how glad we are to have them as our new neighbors.



8 Tips for a Healthy Holiday Season

While the holidays are a time of gatherings with family and friends, they can also be a source of stress, as exercise schedules might be disrupted for shopping excursions and rich holiday meals make it difficult to adhere to a particular diet. Staying healthy can be a challenge during this time of year, especially for seniors.

To stay healthy during the holidays, reduce stress and avoid the holiday blues, keep the following tips in mind:

1. Make healthy choices: From rich meals to tempting and tasty homemade snacks, the holidays are a time for many to indulge in food — or overindulge. Try to plan meals with other events in mind. For example, if a big dinner is planned for New Year's Eve, consider a lighter lunch of salad or soup.

2. Stay hydrated: Drinking water is one way you can stay healthy during the holidays. To make it easier to stay hydrated, have water easily accessible at home and keep bottled water in a purse or bag when running errands.

3. Follow dietary restrictions: Some seniors must follow special diets, such as one that is low in sodium. It can be difficult to adhere to a diet during busy, stressful times, especially if there aren't any healthy options available. "When people get stressed, they tend to overeat and don't stick to their diets." To make it easier to follow dietary guidelines, keep healthy options like fresh-cut vegetables and fruit on hand.

4. Keep exercising: Stick to an exercise schedule, bundle up and invite your family for a walk around the grounds at Kirby Pines. If it's too cold or icy outside, enjoy the decorated halls inside. Visit the Oasis or enjoy the warm pool.

5. Decrease gifts: The holidays can be a financial challenge due to purchasing gifts for many family members. To reduce stress from paying for gifts and shopping, consider having a family grab bag, where everyone contributes one gift.

6. Rest after traveling: For some, the holidays are a time to travel long distances to visit family and friends. Whether you travel by car, rail or plane, make time to rest before jumping into visiting or shopping.

7. Take a break: Between parties and shopping, the holidays often involve busy days and late nights. If you are planning an all-day outing, carve some time for a nap or a way to relax for a bit, even if it is just to sip tea in a cafe. Little kids, seniors and everyone in between will appreciate it.

8. Stay involved: Be a part of the holidays. For many, that may include helping out with holiday preparations. "Reduce your stress by allowing others to hold the holiday event at their home instead of yours, but stay involved by cooking a favorite dish or maybe help decorate the home."

With a few preventative measures and a willingness to change some traditions, seniors can stay healthy and follow their diets, while also having fun with their family members this holiday season.



Advanced Water Aerobics

Monday & Wednesday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Resident Led Exercise in the PAC

Monday, Wednesday & Friday
9:30am | PAC/Live TV

Yoga Stretch

Monday & Wednesday
12:45 pm | PAC/Live TV

Men's Water Aerobics

Tuesday & Thursday
8:30 am - 9:15 am | Pool

Arthritis Foundation Water Aerobics

Tuesday & Thursday
9:30 am - 10:15 am | Pool

Arthritis Foundation Sit/Stand Class

Tuesday & Thursday
11:00 am - 11:45 am | PAC/Live TV

Resident Led Water Aerobics

Friday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool



Keys To **SUCCESSFUL SLEEP**



Sleep is an essential function and it's how our mind and body recharge each day. It's vital for our health, immune system, and mental function. Without adequate and restful sleep, the brain and body cannot function properly. The average adult requires somewhere between seven and nine hours, however some may function better with slightly more or slightly less sleep.

Our internal "clock" regulates the sleep cycle, which controls when you feel tired, as well as when you feel refreshed and alert. This internal clock runs on a 24-hour cycle, commonly known as the circadian rhythm. During this cycle, your body temperature also has a pattern. The temperature pattern tends to peak around late afternoon and hit the lowest point (or when your body is the coolest) around 5 a.m.

There are a lot of things that can impact a good night's sleep, such as stress, screen time, coffee intake, and evening light exposure. One controllable factor that may often be overlooked is temperature. The benefits of sleeping in cooler temps are due to your body's core temperature. A cooling body temperature induces sleep, and keeping your body cool through the night has been shown to support better sleep patterns.

Some things you can do to control your sleep temperature settings:

1. Check the thermostat. According to the National Sleep Foundation, sleep experts recommend keeping the room at 65 degrees. However, not everyone is the same. And, if

you are currently sleeping in much warmer temperatures, it is not recommended to make a huge drop suddenly. Slowly decrease the bedroom temperature and see if it has a positive impact on your sleep.

2. Assess your bedding. Consider the type of sheets and blankets you have on the bed. Typically, cotton, bamboo, and linen are the best for keeping you cool.

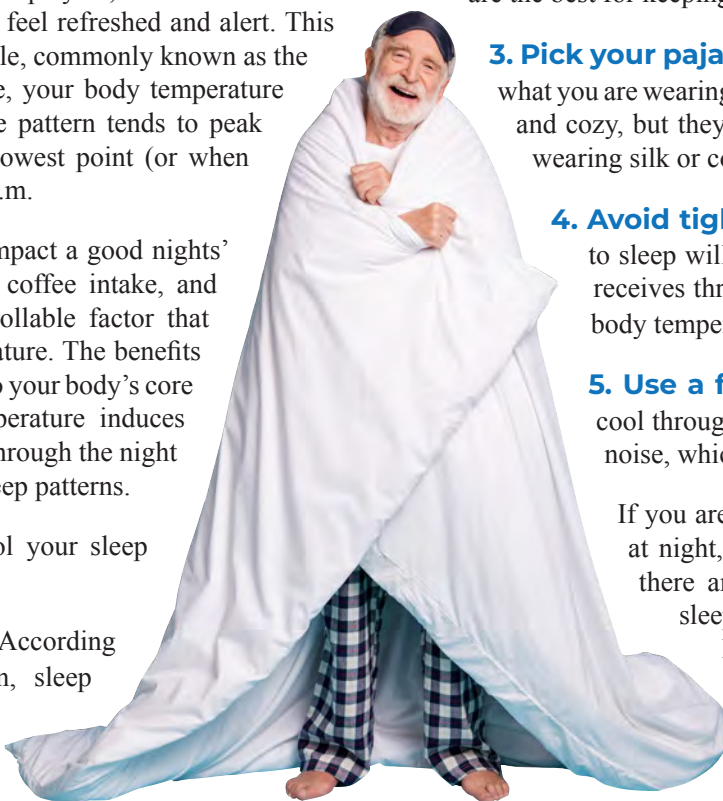
3. Pick your pajamas. Before climbing into bed, think about what you are wearing. Flannel pajamas may be super comfortable and cozy, but they are often too warm for sleeping. Consider wearing silk or cotton.

4. Avoid tight clothing. Wearing tight-fitting clothes to sleep will decrease the amount of airflow your body receives throughout the night, which can increase your body temperature.

5. Use a fan. Fans are a great way to not only keep cool through the night, but they can also provide white noise, which is another great sleep aide.

If you are struggling with getting enough restful rest at night, consider checking the temperature! While there are many different factors that can impact sleep, temperature is a relatively easy one to fix. Happy sleeping!

*Brittany Austin, National Director
of Health and Wellness, Functional
Pathways*





MERRY CHRISTMAS FROM KIRBY PINES

Please join us for a Holiday Meal

CHRISTMAS EVE
FRIDAY,
DECEMBER 24
4:00 PM - 6:00 PM

CHRISTMAS DAY
SATURDAY,
DECEMBER 25
11:30 AM - 2:30 PM

FOR RESERVATIONS, PLEASE CALL 901-369-7314



Resident Spotlight: JANE HODGE

brick mason and designed a beautiful herringbone pattern for the fireplace in one of their homes. She and Lee became the parents of three daughters and today there are nine grandchildren and eleven greats! Sadly, Lee passed away with dementia in 1998.

While the children were small, Jane was a stay-at-home mom and served as PTA President of their school. Even so, Jane had twenty five years with Firestone, ten in Memphis and fifteen in a Chicago suburb. While there, she became Transportation Manager for a ten state area.

In 2003, following her retirement, Jane moved back to Collierville to be close to her family. She became a member of a grief group sponsored by First Evangelical Church which is also involved with the Orange Mound District Youth Foundation. She remains an active member of Ridgeway Baptist Church and their Golden Agers Group.

Jane says she “fell in love” with Kirby Pines after attending one of the Marketing luncheons. The continual care concept as well as the promise to take care of her in the event of financial problems, sold her. She moved to Kirby Pines in 2020. Jane says this about Kirby Pines: “I love it here. The grounds’ staff keep everything looking lovely. Plus, I feel very safe here and I especially enjoy my balcony. I never have to worry about cooking dinner or fixing anything in my apartment. The thing that I enjoy most is playing games with my friends.”

Although she has had a busy life, Jane has managed to travel extensively, visiting all seven continents and forty-seven countries, some twice. Several of these trips have been made since moving to Kirby Pines.

According to Jane, “Christmases now are a contrast to the ones of my earlier life. Actually, I have three Christmases. The first is my immediate family celebration on the night of December 23rd. We have dinner and open gifts. With three daughters, and their families, we have a large group, although not everyone is able to come every year because we are so scattered. The second Christmas is called ‘The Sisters’ Christmas Birthday’. With five sisters, we celebrate our birthdays in this manner: we go out to dinner, return and open gifts to each other. The third and final Christmas celebration is when the entire clan comes together on Christmas Day for a ‘pot-luck’ dinner. There are usually more desserts than regular food, but we always have the traditional turkey and ham. After the delicious meal, we play a game called ‘Dirty Santa’. Everyone brings a gift worth \$20. The gift you pick may be taken away from you by someone else. All in good fun!”

Jane wishes to thank all the people at Kirby Pines who have made her feel welcomed. She along with this writer wishes you a VERY MERRY CHRISTMAS!

Written by Joan Dodson, Kirby Pines Resident

THE CHRISTMAS SPIRIT

The Christmases Jane Smith Hodge experienced as a child will most likely seem familiar to many. Jane was born in Munford, Tennessee, a small rural community, in 1939. Her father was a farmer; her mother, a stay-at-home mom. Mid-way her second grade, Jane’s family moved to Charleston, Mississippi where her father again farmed until he found employment as a machinist in a local factory. Jane was the oldest of four other girls in the family; two brothers serving as “bookends”. With so many children, Christmas was always a great occasion. This is how Jane describes her early Christmases:

“We did not grow up with the elaborate Christmases that children have today and with six kids in the family, we ‘made do’ with what we had. Like in the story books, we went to the woods and cut down a tree that would fit on a table. Then, we would string popcorn and holly berries to decorate the tree. The star on top of the tree was made by Mother and covered in foil. Then, we covered the tree with icicles we purchased. While we were gone to find the tree, Mother stayed home to help Santa with the gifts. These were placed under the tree after we decorated it to wait until Christmas morning. If we were lucky and it snowed near Christmas, Mother always made ‘snow ice cream’ in a huge dishpan. Those memories are the favorites of my childhood.”

The family remained in Charleston and thrived there. Jane says, “It was a wonderful place to raise a family, with good schools, churches and plenty to do.” The only “bad” thing Jane remembers happening was the time her brother accidentally chopped off the end of her finger while she was helping him at the “choppin” block. They had no car but a neighbor transported her to the doctor and the finger was successfully reattached. While in high school, Jane was on the basketball team which won the Delta Valley Championship. She also received awards including “Class Favorite”.

Following graduation from high school in 1957, Jane worked a year to save money for college. She then enrolled in a one year secretarial course at Northwest Junior College. Because no jobs were available in Charleston, Jane moved to Memphis. She briefly worked for the American Red Cross but was soon employed by Bridgestone/Firestone. Shortly after coming to Memphis, Jane was introduced to Lee Hodge by a friend. They fell in love and were married in 1961. Lee was a



Jane at age 11

Kirby Pines Poetry Group's LIMERICK CONTEST WINNERS

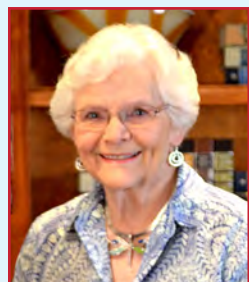
What is a Limerick? It is a humorous, frequently bawdy, verse of three long and two short lines rhyming aabba, popularized by Edward Lear.



A Fish Known As June

by Jean Saunders

There once was a fish known as June
Who sang all her songs out of tune.
It seemed very odd
That this musical cod
Could make even shrimp want to swoon.



A Lizard Named Lizzy

by Mary Ann Thurmond

There one was a lizard named Lizzie
Who always ran in a tizzy.
She circled so fast
That her head came in last
And her nickname was Lizzy the Dizzy.



The Mockingbird

by Dale Jones

Last night I saw a mockingbird
On a light pole looking absurd.
He sang so loud
Cuz he was proud
The latest egg was the third.

**The Poetry
Group meets
the first Monday
of each month at
10:00 am in the Chapel.**



Congratulations to our **EMPLOYEE of the Month**

Life Enhancement Coordinator

PATRICIA IRBY-VENZANT



Describe Your Family: Very Loving and always telling me how kind-hearted I am.

Describe yourself in five words: Caring, humble, mindful, knowledgeable and understanding.

What do you do for fun: Being with family having game and paint night.

Do you have a pet: A German Shepherd named Zeus.

What is your favorite food: Crab Legs. **Favorite song:** Leave the Door Open by Bruno Mars.

What is your favorite thing about your job: Having a relationship with my residents and knowing they trust in me.

What is something you are proud of: God's blessing with the gift to reach people that are lacking love.

What would you like people to know about you: I have faith in God to guide me to be happy and to care and be mindful of others.

Pat treats our residents as if they are her own family. She is always finding new ways to keep them engaged. She pays attention as well. If she notices any change in their behavior or in the physical well-being, she notifies a manager right away. Pat is also a team player and will assist in any area needed with a smile on her face.

- Anna Bradford, Healthcare Administrator

REFLECTIONS

By
Maxie Dunnam

At least for a season, every issue of The Pinecone, will remind us of our beloved chaplain, Don Johnson. Every month, in the Chaplain's Corner, He spoke to our community... sometimes a challenge to work on developing our "spiritual life;" sometimes calling us to work on our relationships; always inspiring us to be more than we are.

I am humbled and challenged by the invitation to "fill in the empty magazine space" left by Don's death. I use those words, "fill in the magazine space," deliberately. In no way would I presume to take Don's place. I will do my best to use the space to inspire and challenge us.



Reverend Don Johnson

PUT YOUR THINKING CAP ON



I'm calling this column REFLECTIONS. To reflect is to ponder, to meditate and contemplate. Reflecting is thinking about something carefully. Because this is what I'll be doing in in these REFLECTIONS, there may be a banner accompanying the article calling you to PUT ON YOUR THINKING CAP. The term "thinking cap" denotes an imaginary cap to be worn in order to facilitate thinking. My high school teacher who influenced me most would often say that when we were beginning to explore a new subject.

So put on your thinking cap. Let's think about The shared life of the people of God.

In Truman Capote's *Other Voices, Other Rooms*, the hero is about to walk along a heavy but rotting beam over a brooding, murky creek. Starting over, stepping gingerly... he felt he would never reach the other side: always he would be balanced here, suspended between land and in the dark and alone. Then feeling the board shake as Idabel started across, he remembered that he had someone to be together with. And he could go on.

Isn't this our experience? It certainly has been mine. I shiver at the thought of having to go it alone. I get chills when I consider where I might be if, at the right time, I had not felt the board shake because someone was walking with me!

Life in community, particularly the Christian walk is a shared journey. Whether Christian or not, living in a community such as ours at Kirby Pines, we do not walk alone; others walk with us. Paul provided some guidance for our journey together. I urge you to read Gal. 6:1-6.

Paul is talking about interrelatedness and interdependence. This principle is laced throughout Paul's epistles. If one member suffers all suffer together; if one member is honored, all rejoice together (1 Cor. 12:26 R.S.V.). We who are strong ought to bear the failings of the weak (Rom. 15:1 R.S.V.). The new life into which we have been born through Christ is a shared life. Because we belong to Christ, we belong to each other. In community, we are bound to each other, to Christ, and to God. Our life is a shared life.



December Vesper Services | 6:30pm | Performing Arts Center

December 2

Pastor Dennis Higgins
Calvary
Baptist Church

December 9

Rev Chas Williams
Grace Church-Anglican
Olive Branch, MS

December 16

Kristi Owens
Director UMC Golden
Cross Senior Ministries

December 23

Lessons & Carols
Residents of
Kirby Pines

December 30

Allen Wagner
Lay Leader
Church of Christ

MEET ME AT



FLY AWAY HOME (1996)



Saturday, December 4 | 10:00 am & 2:00 pm

Cast: Anna Paquin, Jeff Daniels, Dana Delany, Terry Kinney

After Amy loses her mother in a car accident, she must uproot her life and move to Canada to live with her father, Thomas, an oddball inventor with whom she has no relationship. She initially struggles to find her place in her new home, but things change when she stumbles upon a collection of abandoned goose eggs. When the eggs hatch, Amy and her dad work together teaching the motherless birds to fly south for the winter, and their relationship blooms.

THE GREATEST SHOWMAN (2017)



Sunday, December 5 | 1:30 pm & 4:00 pm

Cast: Hugh Jackman, Zac Efron, Michelle Williams, Zendaya

Growing up in the early 1800s, P.T. Barnum displays a natural talent for publicity and promotion, selling lottery tickets by age 12. After trying his hands at various jobs, P.T. turns to show business to indulge his limitless imagination, rising from nothing to create the Barnum & Bailey circus. Featuring catchy musical numbers, exotic performers and daring acrobatic feats, Barnum's mesmerizing spectacle soon takes the world by storm to become the greatest show on Earth.

IT HAPPENED ON 5TH AVENUE (1947)



Friday, December 3 | 1:30 pm

Saturday, December 4 | 6:00 pm

Sunday, December 5 | 6:30 pm

Cast: Victor Moore, Charlie Ruggles, Ann Harding, Gale Storm

While rich businessman Mike O'Connor resides in Virginia, his luxury townhouse in New York City appears vacant. However, in reality, drifter Aloysius "Mac" McKeever has been staying there. Mac invites Jim, an unemployed veteran who has just been evicted from a building owned by O'Connor, to stay at the house without revealing he's squatting. When O'Connor's daughter, Trudy, shows up as well, she falls for Jim and tries to help him.

THE PROPOSAL (2009)



Saturday, December 11 | 10:00 am & 2:00 pm

Cast: Sandra Bullock, Ryan Reynolds, Betty White, Mary Steenburgen

Faced with deportation to her native Canada, high-powered book editor Margaret Tate says she's engaged to marry Andrew Paxton, her hapless assistant. Andrew agrees to the charade, but imposes a few conditions of his own, including flying to Alaska to meet his eccentric family. With a suspicious immigration official always lurking nearby, Margaret and Andrew must stick to their wedding plan despite numerous mishaps.

WHILE YOU WERE SLEEPING (1995)



Sunday, December 12 | 1:30 pm & 4:00 pm

Cast: Sandra Bullock, Bill Pullman, Peter Gallagher, Glynis Jones

Lonely transit worker Lucy Eleanor Moderatz pulls her long-time crush, Peter, from the path of an oncoming train. At the hospital, doctors report that he's in a coma, and a misplaced comment from Lucy causes Peter's family to assume that she is his fiancée. When Lucy doesn't correct them, they take her into their home and confidence. Things get even more complicated when she finds herself falling for Peter's sheepish brother, Jack.

CHRISTMAS IN CONNECTICUT (1945)



Friday, December 10 | 1:30 pm

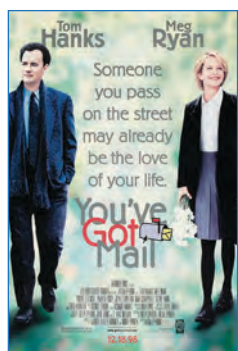
Saturday, December 11 | 6:00 pm

Sunday, December 12 | 6:30 pm

Cast: Barbara Stanwyck, Dennis Morgan, S.Z. Sakall, Sydney Greenstreet

While recovering in a hospital, war hero Jefferson Jones grows familiar with the "Diary of a Housewife" column written by Elizabeth Lane. Jeff's nurse arranges with Elizabeth's publisher, Alexander Yardley, for Jeff to spend the holiday at Elizabeth's bucolic Connecticut farm with her husband and child. But the column is a sham, so Yardley hastens to arrange a publicity ploy by setting up single, nondomestic Elizabeth on a country farm.

THE MOVIES



YOU'VE GOT MAIL (1998)



Saturday, December 18 | 10:00 am & 2:00 pm

Cast: Meg Ryan, Tom Hanks, Greg Kinnear, Parker Posey

Struggling boutique bookseller Kathleen Kelly hates Joe Fox, the owner of a corporate Foxbooks chain store that just moved in across the street. When they meet online, however, they begin an intense and anonymous Internet romance, oblivious of each other's true identity. Eventually Joe learns that the enchanting woman he's involved with is actually his business rival. He must now struggle to reconcile his real-life dislike for her with the cyber love he's come to feel.

CHRISTMAS WITH THE KRANKS (2004)



Sunday, December 19 | 1:30 pm & 4:00 pm

Cast: Jamie Lee Curtis, Tim Allen, Dan Aykroyd, M. Emmet Walsh

Finally alone for the holidays, Luther and Nora Krank plan to eschew the Christmas traditions and take a cruise in the Caribbean instead. This doesn't sit well with their Christmas-obsessed neighbors Vic Frohmeyer and Walt Scheel, who are determined to win the annual "best decorated street" competition, and the Kranks soon find themselves social outcasts because of their lack of Christmas spirit.

A CHRISTMAS CAROL (1984)



Friday, December 17 | 1:30 pm

Saturday, December 18 | 6:00 pm

Sunday, December 19 | 6:30 pm

Cast: George C. Scott, David Warner, Edward Woodward, Roger Rees

The unscrupulous businessman Scrooge doesn't think much of Christian charity; but then the ghost of his deceased business partner appears to him, trying to get him to change his mind; Scrooge should learn to open his heart.

THE CHRISTMAS CARD (2006)



Saturday, December 25 | 10:00 am & 2:00 pm

Cast: Alice Evans, Ed Asner, John Newton, Lois Nettleton

A soldier serving in Afghanistan is deeply touched by an anonymous Christmas card sent by a woman in California. Upon completion of his tour of duty, he returns to the United States on a romantic mission to find the woman who wrote the card.

SERENDIPITY (2001)



Sunday, December 26 | 1:30 pm & 4:00 pm

Cast: John Cusack, Kate Beckinsale, Jeremy Piven, John Corbett

On a magical night when they are in their 20s, Jonathan meets Sara. He finds it love at first sight, but Sara believes in destiny. After 10 years the two -- with 3,000 miles between them -- must decide if fate wants them to be together again. When love feels like magic, it is called destiny; when destiny has a sense of humor, it is serendipity.

WHITE CHRISTMAS (1954)



Friday, December 24 | 1:30 pm

Saturday, December 25 | 6:00 pm

Sunday, December 26 | 6:30 pm

Cast: Bing Crosby, Rosemary Clooney, Danny Kaye, Vera-Ellen

Singers Bob Wallace and Phil Davis join sister act Betty and Judy Haynes to perform a Christmas show in rural Vermont. There, they run into Gen. Waverly, the boys' commander in World War II, who, they learn, is having financial difficulties; his quaint country inn is failing. So what's the foursome to do but plan a yuletide miracle: a fun-filled musical extravaganza that's sure to put Waverly and his business in the black!

KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE = GOOD

= GREAT = PERFECT

<div>December</div> <div>2021</div>	<div>ABBREVIATIONS KEY</div> <div><div><div>● Thtr - Theater</div><div>● FDR - Formal Dining Room</div><div>● PAC - Performing Arts Center</div><div>● BR - Billiard Room</div><div>● Trans - Transportation</div></div><div><div>● HS - Hobby Shop</div><div>● SCR - Small Card Room</div><div>● A&C - Arts & Crafts Room</div><div>● LCR - Large Card Room</div><div>● WC - Wellness Clinic</div></div></div>		<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>12:30 pm ● <i>Theatre Memphis: Christmas Carol (Trans)</i></div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Movie: Hidden Places (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:00 pm ● Rockefeller Center Christmas Tree (Thtr)</div> <div>6:15 pm ● Bridge Group (LCR)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:30 pm ● The Crown (Thtr)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Christmas Show with Al Mahan (Lobby)</i></div>	<div>8:00 am ● Men's Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Weekend Movie (Thtr)</div> <div>2:30 pm ● Line Dancing (PAC)</div> <div>6:00 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Focus on Color (A&C)</div> <div>10:00 am ● First Monday Poetry Group (Chapel)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:00 pm ● Tuesday Bridge Group (LCR)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Quigley Down Under (Thtr)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>5:30 pm ● Tech Time (Sunroom)</div> <div>6:30 pm ● <i>Birthday Night with Breeze Cayolle (PAC)</i></div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:30 pm ● KP Garden Gro'ers (Greenhouse)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Movie: Bridges of Madison County (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:00 pm ● <i>Starry Nights (Trans)</i></div> <div>6:15 pm ● Bridge Group (LCR)</div> <div>6:30 pm ● Movie: Bridges of Madison County (Thtr)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:30 pm ● The Crown (Thtr)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>3:00 pm ● KP Photo Club (LCR)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Just Friends (Lobby)</i></div>	<div>8:00 am ● Men's Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>12:45 pm ● <i>Bellevue Singing Christmas Tree (Trans)</i></div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Weekend Movie (Thtr)</div> <div>2:30 pm ● Line Dancing (PAC)</div> <div>6:00 pm ● Classic Movie (Thtr)</div> <div>6:15 pm ● Saturday Night Trivia (LCR)</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Alterations (A&C)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:30 pm ● Movie: Donovan's Reef (Thtr)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>2:00 pm ● <i>Razzle Dazzle Country Christmas (PAC)</i></div> <div>4:00 pm ● <i>Estates Christmas Party (Lobby)</i></div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:00 am ● Caregiver Support Group (SCR)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Movie: Christmas At Graceland (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>3:00 pm ● <i>Christmas Sweater Day (Lobby)</i></div> <div>6:00 pm ● <i>Christmas Carolers (Lobby)</i></div> <div>6:15 pm ● Bridge Group (LCR)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:30 pm ● The Crown (Thtr)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:00 pm ● <i>Music with Hank and Stan (Lobby)</i></div>	<div>8:00 am ● Men's Christian Fellowship (LCR)</div> <div>10:00 am ● Weekend Movie (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Weekend Movie (Thtr)</div> <div>2:30 pm ● Line Dancing (PAC)</div> <div>2:30 pm ● <i>Hands Held High Puppet Show (PAC)</i></div> <div>6:00 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● <i>Music with Amaro Dubois (Lobby)</i></div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:00 am ● Smith Jewelers (SCR)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Focus on Color (A&C)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>10:30 am ● Tech Time (Sunroom)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>9:30 am ● The Book Baggers (PAC)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:00 pm ● Tuesday Bridge Group (LCR)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Poms (Thtr)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>1:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● <i>A Flutist Christmas (PAC)</i></div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Movie: The Man Who Invented Christmas (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>2:30 pm ● <i>Music with Violinist Basil Alter (Lobby)</i></div> <div>6:15 pm ● Bridge Group (LCR)</div> <div>6:30 pm ● Movie: The Man Who Invented Christmas (Thtr)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:30 pm ● The Crown (Thtr)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Vespers (PAC)</div>	<div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Weekend Movie Classic (Thtr)</div> <div>6:30 pm ● <i>A Kirby Christmas (PAC)</i></div>	<div>10:00 am ● Weekend Movie (Thtr)</div> <div>2:00 pm ● Weekend Movie (Thtr)</div> <div>6:00 pm ● Classic Movie (Thtr)</div>
<div>8:00 am ● Church of Christ Service (Chapel)</div> <div>10:00 am ● Worship Service (PAC)</div> <div>1:30 pm ● Weekend Movie (Thtr)</div> <div>4:00 pm ● Weekend Movie (Thtr)</div> <div>6:30 pm ● Classic Movie (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>9:30 am ● Alterations (A&C)</div> <div>10:00 am ● Hobby Pines Group (Hobby Shop)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>6:30 pm ● Bingo (PAC)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:00 am ● Dr. Mike Abutineh (WC)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>1:30 pm ● Movie: Monte Walsh (Thtr)</div> <div>1:30 pm ● Bunko (SCR)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:30 pm ● Movie: Monte Walsh (Thtr)</div>	<div>8:30 am ● Advanced Water Aerobics (Pool)</div> <div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Pinecone Painters (A&C)</div> <div>10:00 am ● Catholic Services (Chapel)</div> <div>12:45 pm ● Arthritis Yoga Stretch (Live TV)</div> <div>1:00 pm ● Needle Arts Group (Sunroom)</div> <div>1:30 pm ● Movie: New Year's Eve (Thtr)</div> <div>1:30 pm ● Game Play (LCR)</div> <div>2:00 pm ● Ballroom Dancing (PAC)</div> <div>6:15 pm ● Bridge Group (LCR)</div> <div>6:30 pm ● Movie: New Year's Eve (Thtr)</div>	<div>8:30 am ● Men's Water Aerobics (Pool)</div> <div>9:30 am ● Basic Water Aerobics (Pool)</div> <div>10:00 am ● Kroger & Banks (Trans)</div> <div>10:00 am ● Bible Study with Dave Phillips (Chapel)</div> <div>11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)</div> <div>1:00 pm ● WalMart, Costco & Banks (Trans)</div> <div>1:00 pm ● Dr. Mike Abutineh (WC)</div> <div>1:30 pm ● The Crown (Thtr)</div> <div>1:30 pm ● Beginners Line Dancing (PAC)</div> <div>2:30 pm ● Advanced Line Dancing (PAC)</div> <div>6:15 pm ● <i>Orpheum: Hamilton (Trans)</i></div> <div>6:30 pm ● Vespers (PAC)</div>	<div>9:30 am ● Group Exercise (PAC)</div> <div>10:00 am ● Art with Helen (A&C)</div> <div>10:00 am ● WalMart, Aldi & Banks (Trans)</div> <div>11:30 am ● Mahjong (SCR)</div> <div>1:00 pm ● Superlo & Bank (Trans)</div> <div>1:30 pm ● Classic: Holiday Inn (Thtr)</div> <div>6:30 pm ● <i>New Year's Eve Gala (PAC)</i></div>	<div></div>

Merry

Christmas!

December 2021 EVENTS

Dec 1: Get Fit with Oasis **Coordinator Mary Hand**

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.

Dec 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Dec 1: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

Dec 1: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.



Dec 1: A Christmas Carol

Creative Aging presents Theatre Memphis' rendition of the Charles Dickens' classic, A Christmas Carol. Miserly Ebenezer Scrooge is approached by the ghostly vision of his former business partner, Jacob Marley, who warns him of an upcoming spiritual journey. To sign up, visit the Kirby Pines front desk. Tickets are \$5 and can be purchased through activities. We will meet in the lobby at 12:30 pm and depart at 12:45 pm.

Dec 1: Yoga Stretch

Yoga is known to have a wide range of

benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 12:45 pm in the PAC & live TV.

Dec 1: Needle Arts

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Dec 1: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Dec 1: Hidden Places

A drama about a young widow who finds a guardian angel in the form of a hobo who comes to her rural community looking for work. Showing at 1:30 pm in the theatre.



Dec 1: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

Dec 1: Rockefeller Center Christmas Tree Lighting

Join your friends in the movie theatre to watch the lighting of the world famous Rockefeller Center Christmas Tree at 6:00 pm.

Dec 1: Bridge Group

Bridge will begin at 6:15 pm on Wednesday nights in the LCR. If you would like to join in please sign the downstairs book by noon on Wednesdays.

Dec 2: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the PAC and on live TV. All denominations invited.

Dec 2: Line Dancing

Line Dancing has returned! Line Dancing will be held every Tuesday and Thursday at 1:30 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Dec 2: The Crown

This historical drama centers on Queen Elizabeth II and the daunting challenges she faces after ascending to the throne at the age of 25 amid a declining British Empire and a political landscape in turmoil. Showtime will be Thursdays at 1:30 pm.



Dec 3: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Dec 3: Mahjong

Join in and play Mahjong every Monday and Friday at 11:30 pm in the SCR.

Dec 3: Christmas Show with Al Mahan

With his unique presentation filled with humor, impersonations, parodies and sing-alongs, Al's concerts prove to be a most enjoyable time filled with laughter, singing, nostalgia and inspiration. Join us for this special Christmas performance at 6:00 pm in the Lobby.

Dec 4: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. Larry McKenzie is Program Leader. All men are welcome and encouraged to attend.

Dec 6: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Dec 6 & 20: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space. So come to the Arts & Crafts Room the first and third Monday at 10:00 am.

Dec 6: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Dec 7: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Dec 7 & 21: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Large Card Room.

Dec 7: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

Dec 7: Quigley Down Under

Sharpshooter Matt Quigley is hired from Wyoming by an Australian rancher paying a very high price. But when Quigley arrives Down Under, all is not as it seems. Showtime is at 1:30 pm in the theatre.



Dec 7 & 20: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

Dec 7: Birthday Night with Breeze Cayolle

Brian "Breeze" Cayolle's music is soulful, strong and deeply rooted in the R&B, jazz, and rock and roll traditions of his native New Orleans. Breeze is joined by acclaimed jazz keyboard artist Alvie Givhan. Together, they bring

the energy of New Orleans live jazz into your senior community. We will celebrate at 6:30 pm in the PAC.

Dec 8: Garden Gro'ers

We want everyone to know that the Garden Gro'ers wish everyone a very Merry Christmas and remember the reason for the season! Be sure to come out to our next meeting on December 8th at 10:30 am in the Greenhouse. Bring a new resident with you who could be a garden grower.

Dec 8: Bridges of Madison County

Photographer Robert Kincaid wanders into the life of housewife Francesca Johnson for four days in the 1960s. Showing at 1:30 pm and 6:30 pm in the theatre.



Dec 8: Starry Nights

Hop on the bus and join us for a drive through Shelby Farms' Starry Nights. The only cost to you is the bus ride. Be sure to sign up at the Kirby Pines front desk. We will meet in the lobby at 6:00 pm and depart at 6:15 pm.

Dec 9: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

Dec 10 : Ridgeway High School Band

Come join us at 10:00 am in the lobby for music with Ridgeway High School Band. You don't want to miss this special Christmas performance.

Dec 10 : Music with Just Friends

Just Friends Band members Larry Tyler, Kelley Walker and Wes Walker will delight audiences with skilled renditions of pop, jazz standards, rock, country, and gospel. Larry Tyler is skilled on both guitar and keyboard and provides vocals. Wes Walker plays the saxophone, flute, and clarinet. Kelley Walker has performed for over 30 years with various bands as a singer. Join us in the lobby at 6:00 pm.

Dec 11: Bellevue's Singing Christmas Tree

After two long years, Bellevue's annual Christmas presentation filled with music, drama, and holiday hope and joy returns with all-new themes and experiences! To sign up, visit the Kirby Pines front desk. Tickets are \$20 and can be purchased through activities. We will meet in the lobby at 12:45 pm and depart at 1:00 pm.



Dec 11: Trivia Group

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for December will be entertainment including movies, television, music, and theater. Join us at 6:15 pm in the chapel. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail.com.

Dec 13 & 27: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Dec 14: Donovan's Reef

In an ideal society on a picturesque South Sea island, people of several races and backgrounds live together in harmony. John Wayne is a WWII hero, who worked hard to own a shipping company and finds his true love. Showing at 1:30 pm in the theatre.

Dec 14: Razzle Dazzle Country Christmas

Come join us as the Steppin' Out Tap Dancers join our very own Kirby Pines Line Dancers for a wonderful performance to kick off our Christmas party. Join us in the PAC at 2:00 pm for this great performance.

Dec 14 : Etates Christmas Party

Join everyone in the Lobby and the dining room for one of our biggest parties of the year. Festivities are from 4:00 pm to 6:00 pm. Dress in your holiday best

and be ready for an evening of Christmas cheer and piano music with Steve McGregory. Don't forget to get your picture taken with Santa!

Dec 15: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Dec 15: Christmas at Graceland

A Chicago-based business executive travels to Memphis to secure one of the city's oldest family-owned banks. While in Memphis, Laurel reunites with an old flame Clay. Showing in the Theatre at 1:30 pm.



Dec 15 : Christmas Sweater Day

Time to pull out your best Christmas sweater! We will be sporting our Christmas sweaters all day, but be sure to join us in the lobby at 3:00 pm for a fun photo shoot and prize for the best Christmas sweater! Can't wait to see everyone all decked out!

Dec 15 : Christmas Carolers

Come out to the lobby to ring in some merry-and-bright Christmas cheer with the Opera Memphis Holiday Carolers! The show begins at 6:00 pm.

Dec 17: Music with Hank & Stan

Hank has been a member of the Joyce Cobb band for 15 years. Hank also performs with Nora Tucker. Stan has worked with music industry notables Quincy Jones, Jackson Brown and Kirk Whalum. Join us in the lobby at 6:00 pm.

Dec 18: Hands Held High Puppet Show

Join us for this delightful performance brought to you by the youth of Germantown Baptist Church at 2:30 pm in the PAC.

Dec 19: Music with Amaro Dubois

Amaro Dubois is a Brazilian violist who has approached his unique playing in many aspects in the classical music industry. He will be joined by pianist Tingting Yao, staff pianist at the University of Memphis. Together, the Duo's mission is to prioritize music compositions by underrepresented composers. Join them in the lobby at 6:00 pm for a great Christmas performance.

Dec 20: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR at 9:00 am.

Dec 21: The Book Baggers Christmas Party

We will enjoy warm scones, hot cider, and our book give-away on Tuesday, December 21 at 9:30 am in the PAC. We will have music by pianist Janie Smith. We may even be brave enough to join our voices together for a few Christmas carols as well as frivolous holiday songs. Come prepared for a round of "The Twelve Days of Christmas" as well as selecting a copy of one of your favorite books from 2021 reads!

Dec 21: Poms

POMS is a comedy about a group of women who form a cheer leading squad at their retirement community, proving that you're never too old to 'bring it!' Showing in the Theatre at 1:30 pm.



Dec 21 : A Flutist Christmas

Join us for an evening of holiday spirit, a performance by flutist Marty Kocman accompanied by pianist Janie Smith. This performance will be held in the PAC at 6:30 pm.

Dec 22: The Man Who Invented Christmas

The journey that led to Charles Dickens' creation of "A Christmas Carol," a timeless tale that would redefine Christmas. Showing at 1:30 pm and 6:30 pm in the theatre.

Dec 22: Music with Violinist Basil Alter

Our friend Basil Alter will be here accompanied by a pianist to present us with a beautiful program at 2:30 pm in the Lobby. Don't miss this talented you man!.

Dec 24 : A Kirby Christmas

Enjoy Christmas Eve at Kirby Pines with scenes of old and new Christmas stories as written and directed by our own resident, Jan Thomson. Helping to create realistic scenes will be the Entertainers Singers, Kirby Pines Line Dancers, Pinecone and Graceland Painters as well as several Kirby Pines Residents. Do not miss this wonderful program at 6:30 pm in the PAC!

Dec 28: Monte Walsh

Wyoming, 1892: Monte's been cowboy for ranchers all his life but he's no longer young and big business is taking over the ranches. Showing at 1:30 pm and 6:30 pm in the theatre.

Dec 29: New Year's Eve

The lives of several couples and singles in New York City intertwine over the course of New Year's Eve. Showing at 1:30 pm and 6:30 pm in the theatre.

Dec 30: Orpheum: Hamilton

HAMILTON is the story of America then, told by America now. Featuring a score that blends hip-hop, jazz, R&B and Broadway—a musical that has had a profound impact on culture, politics, and education. For tickets, please call the Orpheum box office at 901-525-3000. To sign up, visit the Kirby Pines front desk. We will meet in the lobby at 6:00 pm and depart at 6:15 pm.



Dec 31 : New Year's Eve Gala with the Jim Mahannah Band

Join us and the Jim Mahannah Band from 6:30 pm until 8:30 pm in the PAC for one of our favorite parties of the year! Enjoy great music and dancing while nibbling on Hors d'oeuvres and enjoying the company of our new and old friends.

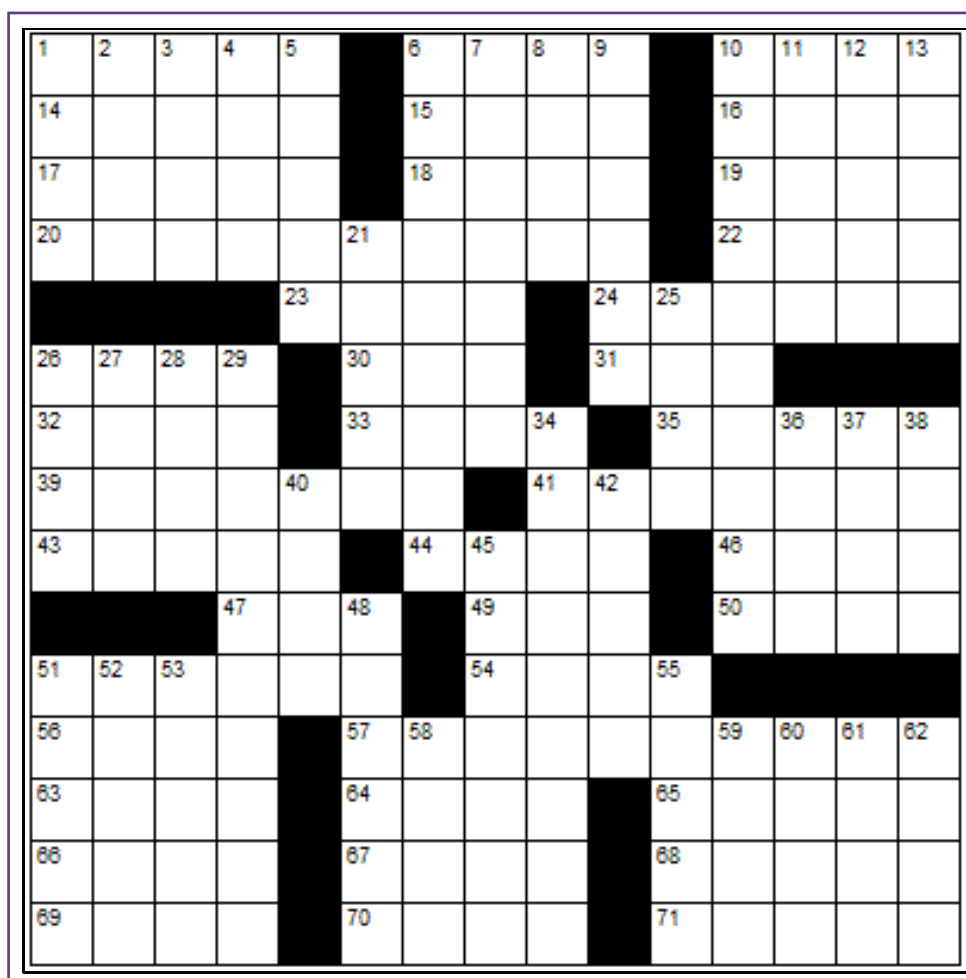
PUZZLE CHALLENGE | Giant Crossword

ACROSS

1. Backward-looking
6. Prod
10. Imps
14. Willow
15. The thin fibrous bark
16. Iridescent gem
17. Disk of unleavened bread
18. Curious
19. French for "Head"
20. Enough
22. Algonquian Indian
23. Fizzy drink
24. Amazed
26. Sandwich shop
30. Hotel
31. Discontinuity
32. So be it
33. Permits
35. Propose
39. Talk about
41. Description of past events
43. Fragrant oil
44. Hissy fit
46. Paper holder
47. Prefix meaning "Modern"
49. Half of a pair
50. A flexible pipe
51. A four-wheel covered carriage
54. An indefinite period
56. Wings
57. Sin
63. Fishing poles
64. Lubricate
65. Not urban
66. Fashionable
67. L L L L
68. African virus
69. Rabbit
70. T T T T
71. Cantankerous

DOWN

1. Seating sections
2. Brother of Jacob
3. Minor quarrel
4. Coral barrier
5. German iris
6. Solemnity
7. Ceremony
8. Atop
9. Shabby
10. Motley assortment
11. A drama set to music
12. Douses
13. Mixture of rain and snow
21. Spirals
25. Openings
26. Early 20th-century art movement
27. Send forth
28. In order to prevent
29. Cause to glow
34. Luster
36. Alone
37. Colored part of an eye
38. Sort
40. Carbamide
42. List components
45. Famous
48. Wall plug
51. A tough, durable wood
52. Hello or goodbye
53. Point of greatest despair
55. Heron (see photo for hint)



58. Govern
59. Yokel
60. God of love
61. Sodium chloride
62. Kill
66. Water, to Jacques



Puzzle Solutions - page 23

PICTURING LIFE AT KIRBY PINES



Marty Kocman performs on his flute during the Entertainers show.



Leon Sanderson, Richard Cheek, Chuck Hanson and Jim Howard. Photo by resident, Arrena Cheek



Genenne Wilson and Mazie show off their tricks.



The Travelers visited Historic Elmwood Park for their outing this month.
Photo by resident, Genenne Wilson



Carolyn Postlethwaite with her grandsons.
Photo by resident, Sydney Wagner



Willard Powell is surrounded by family for his birthday.



Heather Kenny celebrates her first birthday at Kirby Pines with her husband, Charles.



Marsha Greiner is all smiles as she volunteers in the Blossom Shop.

PICTURING LIFE AT KIRBY PINES

Kirby Pines Memphis Most Party Celebrating 15 Years!



Barbara Hanrahan and Doris Boyd represent the Rhythm Band.
Photo by resident, Sydney Wagner



Flo Seward proudly poses while celebrating our Memphis Most win.



Nell Shears and Marian Gray at the Ballroom Dancing table.



Janice Wall, Janet Reeves and Joan Weaver at the Memphis Most celebration. Photo by resident Arrena Cheek.



Carolyn Thomason and Jeannie Valentine show off some of our resident artwork.



Beverly Colditz and Sylvia Statham knitting. Photo by resident, Sydney Wagner



Marilyn Wray and Ken Lewis don their hats as part of the Ham-ateur Group table.



Diane Mullins enjoys her refreshing root beer float.

PICTURING LIFE AT KIRBY PINES



Kirby residents with Executive Director Cordell Walker of Alpha Omega, get a photo with some of the items donated by Kirby Pines.



The Olive Branch Middle School Band and Color Guard play a patriotic salute to our veterans.



Life Enhancement Director Allison Nolan, Oasis Coordinator Mary Hand, Michael Burchett of Transportation and residents Dennis Renick and Genenne Wilson at the Walk To End Alzheimer's.



Jan Thomson is happy to display her Biblical doll collection in the showcase on the 2nd floor.



Alma Crone attends The Lion King at The Orpheum Theater. Photo by resident, Genenne Wilson



Lee Brown, Jean Saunders, Mary Ann Thurmond, Janice Wall and JoAnn Ginn play Mahjong. Photo by resident, Sydney Wagner

KIRBY PINES PHOTO CLUB



Fall Perspective
Photo by Connie Carter



Birthday Friends
Photo by Carolin Thomason



Turning Leaves
Photo by Arrena Cheek



Mexican Train
Photo by Marsha Greiner



Autumn Sunset
Photo by Steve Martin



Costa Maya Selfie
Photo by Fred Dabrowski



Gobble Gobble
Photo by Jane Longfield



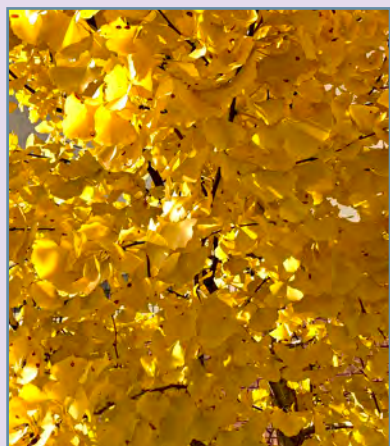
Johnson & Johnson
Photo by Jeannie Valentine



David Peers Out
Photo by Betty Moore



Baby Turtle
Photo by Marilyn McCormick



Ginkgo Leaves
Photo by Sylvia Statham



Playing Possum
Photo by Dale Jones



The Colors of Fall
Photo by John Sosh



Off The Beaten Path
Photo by Genenne Wilson

Memorials, Honorariums & Gifts

In Memory Of

MARY COLEMAN

Donation by the Resident Association
to the Garden Club

FAYE SMITH

Donation by George Courington
to the Employee Fund Fund

CHARLES GENTRY

Donation by the Resident Association
to the Line Dancers

CINDI WINGFIELD

Donation by the Resident Association
to the Garden Club

REV DON JOHNSON

Donation by George Courington
to the Employee Fund

Donation by Mike & Jan Jaeger
to the Garden Club

Donation by Alice Wooten
to the Library

Donation by Rhett & Bill Watkins
to the General Fund

In Honor Of

DENNIS RENICK

Donation by Marsha Greiner
to the Garden Club

In Honor Of

ROY THURMOND

Donation by Janice Wall
to the Hobby Shop

CURT WILSON

Donation by Jonathan Williams
to the Hobby Shop

HAROLD PETTY

Donation by Patti Owen
to the Hobby Shop

ROY THURMOND

Donation by
Leon & Marilyn Sanderson
to the Hobby Shop

ALICE PETTY

Donation by Rosalind Edwards
to the Library

DAN MOFFETT

Donation by Rosalind Edwards
to the Garden Club

CARRIAGE HILLS BAPTIST

Donation by Hugh Gregory
to the Hobby Shop

Gifts To

THE HOBBY SHOP

Donation by Pat Tinsley



Medicare.gov

Kirby Pines has a new Rehab Provider



Functional
Pathways

Therapy that exceeds expectations

Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

Encourage friends and family to get the COVID-19 vaccine

If you've already gotten your COVID-19 vaccine – that's great! With 80% of people 65 and older fully vaccinated, older adults are leading the charge in getting their COVID-19 vaccination. Now it's time for your friends and loved ones to get their vaccine, if they haven't already. And with the Delta variant spreading across the country, this is more urgent than ever.

Everyone age 12 and older is eligible to get the COVID-19 vaccine at no cost. Remember, if you or a loved one are unvaccinated, you're at a higher risk of getting seriously ill from the virus.

COVID-19 vaccines are safe and effective, and they're the way to get back to the things we love with the people we love. Encourage your loved ones to join the millions of others who are getting the COVID-19 vaccine for themselves, their families, their communities and so much more.

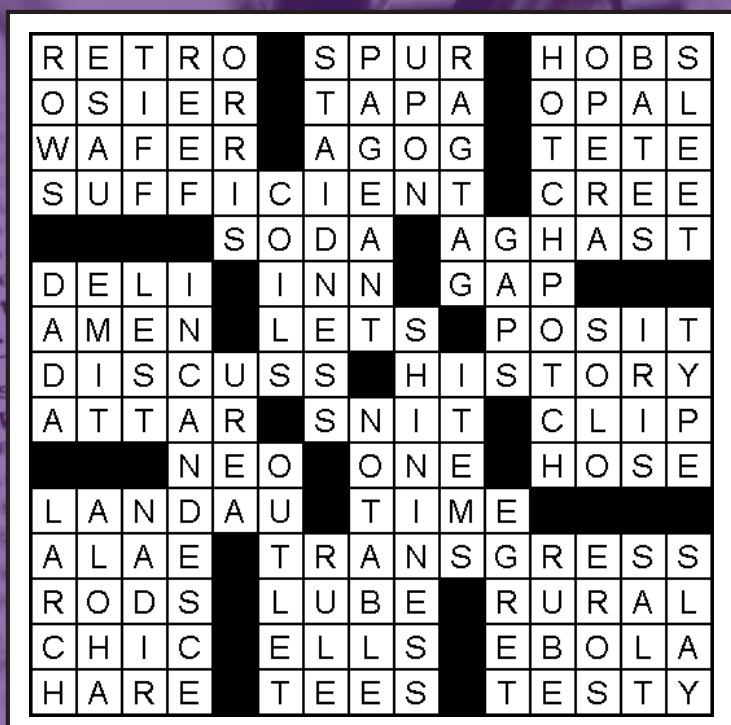
Sincerely,

Kirby Pines and the Medicare Team



USA Department of
Health and Human.

GIANT CROSSWORD



**ANSWERS TO PUZZLE
CHALLENGE ON PAGE 17**

CHECK OUT OUR CHANNEL!



Simply go to
youtube.com
and search
Kirby Pines!

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369-7311



Personal Assistance from Kirby Pines

We're here when you need

**Just
a little
HELP**

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Bathing

Dressing

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Feeding

Physical Ambulation

Companionship

Monitoring

Assurance

Hospital Sitter

Exercise/Walking

Shopping

Meal Preparation

Light Housekeeping

Laundry

Ironing

Bedding Change

Medication Reminders

Transportation

Organization

Escort to Community

Escort to Doctor's Offices

Contact our office at

901-369-7353

or

901-484-6730

**for consultation or
to sign up for services.**



Merry Christmas

As we reflect on
Christmases Past,
we are grateful for the
Present and look
forward to the Future.

See page 2 for resident names.

Kirby Pines
LifeCare Community

