

# the PINECONE

The Magazine of Kirby Pines LifeCare Community • October 2021 | V. 39 | I.10

## **DONNA GRIFFIN AND BUTTONS**

*are excited about  
Kirby Pines' new Dog Park!  
They give it Two Paws Up!*

# So Much To Do This Fall

After celebrating our anniversary in grand style last month, we are anxiously awaiting to hear if we were selected for our 15th consecutive year as the winner of the Memphis Most Award for the Best Retirement Community by readers of the Commercial Appeal. Until then, let's get ready for the annual Fall Festival Hot Air Balloon rides here on our beautiful manicured sixty acres. This spectacular event is just one reason why Kirby Pines has been selected as the best retirement community year after year.

We will start the month off with several photo shoots to capture each resident for an updated pictorial directory. Make your appointments early for your October 4th, 5th or 6th portrait sitting. Another fun event scheduled for October is the return of the Resident Rummage Sale. Tables are available for this fun event in the PAC by notifying Allison or Liz in the Life Enhancement office.

Then shortly after the middle of the month, an announcement and tour of the newly renovated Laurel Lane building will be held. I think you will all be pleased with the new colors, finishes and appliances selected for this latest renovated edition to our campus.

If great food is more to your liking, be certain

## at Kirby Pines

to sign up early for this month's Night of Exquisite Cuisine. Always a popular feast, residents and guests fill the Iris and Tradition dining rooms to full capacity as they enjoy a spectacular meal prepared by Mark Simpson and his team of chefs.

October 28th is National Make a Difference Day, and we all have the ability to do something small that makes a difference in someone else's life. You can volunteer here at Kirby Pines to assist someone in one of the four healthcare areas; or in the Blossom Shop; Library; by assisting the Marketing Team welcoming new residents; or simply by thanking the staff who help make Kirby Pines the Best Retirement Community in our tristate area!



Michael Escamilla,  
Executive Director,  
Kirby Pines

## ON THE PINECONE COVER

### October Is Full of Fun and Surprises at Kirby Pines!

October is here and though the leaves have barely started to change, the weather has been spectacular. It won't be long, however, before our beautiful 60 acre campus is painted with yellows, oranges, reds and greens.

There are loads of extra activities planned this month beginning with the Kirby Pines Rummage Sale on the 7th. October is Alzheimer's Awareness Month, so we will be raising money thru our bake sale on the 13th and our walk around the lake on the 20th. The Travelers are back out on the town the 19th as they head to the Edge Motor Museum and that same evening get your cowboy hats and boots out to dance with Big Barton Country Western Band. On the 26th we are having our Annual Fall Festival with Hot Air Balloon rides, food trucks and music. Wrapping up the month, The Entertainers hit the stage on the 29th with a musical performance.

Our October cover features Donna Griffin and her dog, Buttons, to introduce our new dog park (see page 8). Many of our resi-

dents have pets, some you know, others you may not, but we strongly feel they are an important part of our Kirby Pines family. Our back cover shows off some other Kirby pups with their people. Thank you all for coming out that morning, it was definitely entertaining.



We Love Our Fuzzy Residents

Kirby Pines Retirement LifeCare  
is managed by:



Retirement Companies of America

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Get to know Kirby Pines'

# NEW RESIDENTS



**Betty Richarde**

Betty Richarde comes to Kirby Pines from her previous home in Pascagoula, Mississippi. Married to the late Henry Richarde for 54 years, she is the proud mother of two children and the grandmother to four grandchildren.

A graduate of the University of Southern Mississippi with a Bachelor of Science degree, Betty taught for 33 years in the Pascagoula City Schools. She was awarded the "Teacher of the Year" honor during her teaching career.

Betty and her late husband's love of traveling took them to many memorable destinations including stops in Europe, Asia, Alaska, and Hawaii.

An active person, before Covid 19, Betty volunteered in various hospitals. She also enjoys playing bridge, luncheons and other groups.

Betty's friends describe her as a very loyal, honest, and dependable person.

We are so glad Betty chose Kirby Pines for this chapter of her life. She will be a welcome addition to our list of volunteers with her commitment to helping others. Get acquainted with Betty soon and invite her to enjoy the many enhancement opportunities we have here at our beautiful Kirby Pines.

*New Resident Bios written by resident, Peggy Reynolds Gatlin*



**Leon & Marilyn Sanderson**

Leon and Marilyn Sanderson recently made the move to Kirby Pines from their previous home in Collierville, Tennessee. They may look familiar to you since they have been involved in programs and other activities for some time here at Kirby.

Married for 38 years; they have three children, nine grandchildren and three great grands.

Both of the Sandersons are graduates of Harding University. Leon received his B.A. in 1954 and served as a minister for 64 years. Marilyn earned a B.A. in Elementary Education in 1966 and had a career as a teacher and administrator at Harding Academy of Memphis for 43 years.

To stay active Leon and Marilyn ride bikes and walk. They also enjoy music, reading and travel. They have traveled to all of the fifty states and the six continents. They especially enjoyed their 25th anniversary trip to Switzerland.

As a member of the Civitan, Leon served as President for three years. Harding University honored Leon and Marilyn as "Alumnus of the Year."

If you haven't already met these new residents, hopefully, you will soon. A lifelong learner, Leon is an encourager. Marilyn is interested in others and never meets a stranger. They are a good fit for Kirby Pines Retirement Community and we are elated they chose our beautiful home for their retirement.

# Can exercise prevent memory loss and improve cognitive function?



Possibly. Exercise has many known benefits for both physical and mental health, including reducing the risk of cardiovascular disease and diabetes, strengthening the bones and muscles, and reducing stress.

It also appears that regular physical activity benefits the brain. Studies show that people who are physically active are less likely to experience a decline in their mental function and have a lowered risk of developing Alzheimer's disease. Physical activity is one of the known modifiable risk factors for dementia. Plus, regular exercise helps combat other Alzheimer's disease risk factors, such as depression and obesity.

## Exercising several times a week for 30 to 60 minutes may:

- Keep thinking, reasoning and learning skills sharp for healthy individuals
- Improve memory, reasoning, judgment and thinking skills (cognitive function) for people with mild Alzheimer's disease or mild cognitive impairment
- Delay the start of Alzheimer's for people at risk of developing the disease or slow the progress of the disease
- Increase the size of the part of the brain that's associated with memory formation (hippocampus)

Physical activity seems to help your brain not only by keeping the blood flowing but also by increasing chemicals that protect the brain. Physical activity also tends to counter some of the natural reduction in brain connections that occurs with aging.

More research is needed to know how — and how much — adding physical activity may improve memory or slow the progression of cognitive decline. Nonetheless, regular exercise is important to stay physically and mentally fit. And for older adults, even leisurely physical activity offers health benefits.



### Advanced Water Aerobics

Monday & Wednesday  
8:30 am - 9:30 | Pool  
9:30 am - 10:30 am | Pool

### Resident Led Exercise in the PAC

Monday, Wednesday & Friday  
9:30am | PAC/Live TV

### Yoga Stretch

Monday & Wednesday  
12:45 pm | PAC/Live TV

### Men's Water Aerobics

Tuesday & Thursday  
8:30 am - 9:15 am | Pool

### Arthritis Foundation Water Aerobics

Tuesday & Thursday  
9:30 am - 10:15 am | Pool

### Arthritis Foundation Sit/Stand Class

Tuesday & Thursday  
11:00 am - 11:45 am | PAC/Live TV

### Resident Led Water Aerobics

Friday  
8:30 am - 9:30 | Pool  
9:30 am - 10:30 am | Pool

## October is Alzheimer Awareness Month.

We are so blessed to have an amazing memory care facility like **Job's Way**. We want to show our support to the Alzheimer's Association through financial donations so they may continue their mission to educate and research to end Alzheimer's and dementia while enhancing care for those living with the disease.

A **Bake Sale** will be on **Wednesday, October 13 from 9:30 to 2:00 in the lobby**. We need your help to bake goods, or help with the sales, and/or purchase items. All donations will go towards the Alzheimer's Association. Check with Mary Hand for more details.

Join the team and **purchase the Kirby Pines "Peace Love Cure" T-shirt for \$5**. Be sure to **wear it on Wednesday, October 20** to show your support. We will gather in the Lobby for registration and refreshments to get our **Walk to end Alzheimer's** on the way. Information about Alzheimer's will be available as we take a fun stroll around Kirby Pines. Dogs on leash are welcome to join us. Help us raise awareness and financial support for our local Alzheimer's Association.

Join the **city-wide Walk to end Alzheimer's on November 13 at Memphis Botanical Gardens**. Sign up with Mary Hand in the Oasis to get our team registered with our local Alzheimer's Association and with transportation... bus leaves at 8:15.



# Fall Prevention: A BALANCING ACT



The number of falls continue to rise in the aging population and some of these falls have serious consequences. Each year, millions of older adults experience a fall. And, according to the CDC, more than one out of every four older adults fall each year, but less than half tell their doctor about it. Skilled Nursing Facilities, Assisted, and Independent Living Communities all struggle to balance safety and the independence of their residents. Seniors value maintaining their freedom of movement around their communities and are frequently adverse to many safety measures that might be put into place to prevent a fall.

## How can you build safety into your life while still maintaining your independence?

**Incorporate Exercise into your Daily Routine:** Try adding just twenty minutes of progressive strengthening and balance activity into your daily routine. Kirby Pines offers several classes and equipment to stay active. Consider adding a balance and strength class at least two to three times per week to help prevent falls.

**Mind Medications:** There are many medications that can impact a person's risk for a fall. Make sure you are aware of what medications you may be taking and how it could impact your balance. For example, sleeping pills and sedatives can cause dizziness, while hypertension medications can cause postural hypotension.



**Modify Environment:** Look at ways to make the environment you live in as safe as possible. Eliminate area rugs, reduce clutter, ensure clear paths to restroom, use grab bars, and ensure your furniture will not topple over if used to hold on to.

**Use Proper Lighting:** Falls commonly occur in the middle of the night when someone gets up to use the restroom and falls because it is dark, and they cannot see properly. An easy solution is to illuminate the path to the restroom. This can be done with nightlights, toilet lights, or even motion sensor lights.

**Select Footwear:** Proper footwear is essential in fall prevention. Shoes with a back on them, like tennis shoes, and shoes or socks with tread are recommended. Avoid shoes that you slip into, like clogs or slides, and make sure you shoe fits properly.

**Use Recommended Walker or Cane:** Assistive devices can be great aids for balance and fall prevention, but it is important that the device is fitted for you, as well as educating yourself on proper form and technique.

**Try Our Yoga Class:** Yoga can help prevent the onset of osteoporosis, which causes bones to become brittle or weak. It reduces stress and enhances balance, flexibility, mobility and strength. It may also help you get a good nights sleep along with alleviating aches and pains.

Functional Pathways' Wellness Program and Skilled Therapy services has trained professionals and programs designed for helping Senior Living Communities reduce falls while maintaining seniors' highest level of independence.



# EXQUISITE CUISINE

Thursday, October 28, 2021



## OKTOBERFEST SCHNITZEL

Our take on the German classic dish! Here we will use a Tomahawk Veal Chop, paired with Spaetzel and Red Cabbage for a burst of flavor in every bite!



## BRATWURST with POTATO PANCAKES

Juicy Sausages with light and fluffy Potato Pancakes to get the meal started.



## WILTED ENDIVE SALAD

The blend of Seasonings, Greens and warm Bacon dressing makes this Endive salad an interesting addition to our menu.



## BLACK FOREST CAKE

Chocolate, Cherry and Vanilla, the perfect way to finish a meal!

**CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314**



## Resident Spotlight: CURT & PEGGY WILSON

Curt, “The calf was a little nervous. I think it was her first ride in a Volkswagen!” Needless to say, the car needed heavy-duty cleaning before being driven again. Curt graduated high school in 1964 while living in Bossier City, Louisiana.

Following high school, Curt attended Southwestern (Rhodes) College one year, then transferred to Louisiana Polytechnic Institute, graduating with a B.A. in Psychology in 1968. Curt then served in the U.S. Army until 1971. Entering as a private, he attended Officer Candidate School, ending his career as a First Lieutenant. During his service, Curt served as an Infantry Platoon Leader and as Battalion S-2 with the 101st Airborne Division in Vietnam. Following his military service, Curt enrolled in Memphis State University and received a M.Ed (Counseling major) in 1975.

In 1970, Curt married Patti Fulmer. They moved to Memphis in 1972 and enjoyed thirty-six years together until her death in 2006. Curt spent twenty-six years employed with Shelby County Government, serving as Administrator of Pretrial Services, Deputy Director of the Division of Correction, and, the Administrator of the Probate Court Clerk’s Office. Curt also volunteered with Habitat for Humanity for more than twenty years where he supervised other volunteers.

After Curt and Peggy married, it was necessary to combine their living situation, so they decided to renovate Curt’s house as it already had a woodworking shop and was much larger. Curt took on the job of remodeling. According to Peggy, “Curt and his crew did a beautiful job! I think the combining of our households prepared us for moving to Kirby Pines!”

After retirement in 2008, Peggy’s niece convinced her to try quilting. Neither had any experience and soon realized they needed to take a quilting course. “It was the best thing we ever did, especially since my niece said she did not even know how to read a ruler!” Peggy admits, “Quilting has turned into my passion and I spend many enjoyable hours making quilts.”



The Wilsons in 2008

Curt and Peggy chose to move to Kirby Pines because they have no children and knew they needed a plan for their future healthcare. “We realize that we moved in earlier than most residents, but I don’t understand why people wait so late to move here. Living at Kirby Pines is such an easy lifestyle. The residents here are so warm and welcoming and the staff does everything they can to make our lives easier. There are so many activities from which to choose.” Peggy has learned to play Mahjong, and bridge and is currently Secretary of the Advisory Committee. Curt’s hobbies include woodworking, gardening and tinkering with cars. He loves to tell everyone that Peggy’s sewing machine cost more than his (1977) Corvette!

Curt and Peggy are active members of Shady Grove Presbyterian Church. They walk regularly and you might see this delightful couple enjoying the beautiful grounds of Kirby Pines.

*Written by Joan Dodson, Kirby Pines Resident*

### TALENTED AND CREATIVE

Peggy and Curt Wilson’s home is filled with objects of their creative talents. Some of the beautiful furniture was made by Curt; the wall hangings and table runner are a sample of Peggy’s quilting art. How did these two meet and decide to build a life together?

Peggy Jo Dick was born in Kettering, Ohio, on June 18, 1950. Peggy, who has an older brother, says they were blessed to be raised in a stable home by loving parents, and that, “Growing up in a small town had many advantages. I have many wonderful childhood memories of exploring woods with friends, and sledding in the winter months”.

Graduating from high school in 1968, Peggy married and moved to Beckley, West Virginia. Eventually, she enrolled in Concord College in Athens, West Virginia and made the fifty-mile commute to graduate in 1981 with a B.S. in Business, Accounting major. She completed requirements for a CPA Certificate in 1985 while working for a CPA firm. She soon moved to Atlanta where most of her career was spent in financial reporting for HMO management companies.

After a divorce in 2000, Peggy moved to Memphis to be near her brother and his family. She continued her work with HMO’s (Omnicare). Active in the church choir, Peggy was encouraged to join the Rhodes Master Singers, a community chorus sponsored by Rhodes College. “This was a great musical and social experience”, says Peggy. “We toured Italy in 2007 and my favorite concert was in a cathedral. We surrounded the pews and sang to the people who were sitting there and praying. I’ll never forget that experience!”

In December of 2007, Peggy met Curt Wilson on a blind date arranged by a mutual friend. They fell in love and married on September 27th, 2008, recently celebrating their thirteenth anniversary.

John Curtis Wilson (Curt) was born August 3, 1946 in Greenville, Mississippi. For the first three years of his life, his family, including an older sister, lived in Richmond, Virginia while his father attended seminary school. “You might say I have been a life-long Presbyterian”, says Curt. Primarily, Curt and his family lived in Mississippi and Louisiana where his father had pastorates. This allowed Curt to be close to his extended family, especially his grandmother who owned a farm near Leland, MS. There, one summer, Curt and his cousin bought and trained horses, and, an uncle offered them a calf to start a cattle business. They arrived to pick up the calf in Curt’s Volkswagen. According to

# KIRBY PINES IS OPENING IT'S OWN DOG PARK



Open 7 days a week, pups can play leash-free with other dogs their size. The dog park is perfectly located on campus with an easy access sidewalk just off Pine Circle. The fencing is vinyl coated for safety and includes separate play areas for small and large dogs. It is also equipped with bench seating, pet waste stations and water spigots for drinking and/or washing a muddy paw when needed. Officially opens this month!



Congratulations to our **EMPLOYEE of the Month**

# ALAN HILL



**Medical  
Sous Chef**

**Describe yourself in five words:** Get it done or else.

**What is something you are proud of:** Being a veteran.

**What are your hobbies or interests:** Collecting fish for my aquarium.

**What is your favorite thing about your job:** Preparing the food.

**What do you do for fun:** Watch football.

**What is your favorite food:** Pizza. **What is your favorite song:** Forever Mine by The O'Jays.

**Describe Your Family:** Six kids and a wife who has gone to live with the Lord.

**What would you like people to know about you:** I'm a proud American.

Mr. Alan does not know the word "No". He has repeatedly changed his schedule to cover for others and goes above and beyond on a daily basis to ensure our residents have what they need. When covering in The Bistro, a resident asked for chicken salad, Alan made it special, and now makes it once a week, knowing that resident will be in to order it. Mr. Hill shows that a positive attitude and willingness to help can go a long way and we appreciate everything he does.

- Mark Simpson, Director of Culinary Services



# CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain



## LOST HORIZON

In 1933 James Hilton wrote his intriguing novel, "Lost Horizon." It was a remarkable story about Shangri-la, a legendary place of a mystical lamasery in the Hulan Mountains of Tibet.

In the novel a British diplomat, Hugh Conway, escaping his post in a dangerous part of India, was a passenger on a plane that was hijacked and crashed in the mountains. At the crash a Chinese man named Chang led Conway and three other passengers on a mysterious path through the snow covered mountains to an unbelievable lush and green valley called Shangri-la. Surprised, but delighted, Hugh Conway and his fellow travelers comfortably settled in this remarkable place. In almost every way it was a perfect environment, a Paradise beyond description.

However, a shocking reality was soon discovered. All those in Shangri-la lived long beyond normal age. They aged extremely slowly. It was hard to tell how long the people had been around because they looked so young. There was one strange circumstance to this longevity of life in Shangri-la. If anyone chose to leave this paradise, their real age quickly overwhelmed them and they died soon after their departure.

A French friar, Perrault, who had supposedly come to the place in 1719 and became the head Lama, was now (in 1930) looking for a successor. Conway was the chosen one and was given charge of Shangri-la as its new lama.

One of Conway's associates, Charles Mallinson, felt this paradise was more a curse than a blessing. He wanted to leave and pushed Hugh to guide him out through the secret mountain passage. Hugh, joined by one of the beautiful, young looking women, Lo-Tsen, agreed to lead Mallinson out.

Conway was stricken with amnesia and was hospitalized in China. When his memory returned, he told his story to a writer, Rutherford, who gave his manuscript to a narrator and the unbelievable story was told. The writer saw Conway leaving China and believed he was going in search of that special mountain trail that would take him back to Shangri-la.

In 1937 Frank Capra made a movie of Hilton's "Lost Horizon" starring Ronald Coleman, Jane Wyatt and Edward Everett Horton. It was filmed, not in the mountains of Tibet, but in Sherwood Forest and Palm Springs, California.

Hilton captured something that many look for. There is a belief and longing for a "Paradise." Somewhere there must be a place better than the present one of trouble and turmoil. We never stop looking for a solution that will reverse aging and all its attendant issues. Beyond the cold and rugged path there must be a warm, lush valley where all is perfect.

John 14:1-3 is a biblical description of our coming Paradise. From the mouth of Christ come the words, "Let not your heart be troubled; you believe in God, believe also in Me. In my Father's house are many mansions, if it were not so, I would have told you. And I go and prepare a place for you. And if I go and prepare a place for you, I will come again and receive you unto Myself, that where I am, there you may be also."

John speaks of this in Revelation 21, "Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people, and God Himself will be with them and be their God. And God will wipe away every tear from their eyes, there shall be no more death, nor sorrow, nor crying, and there shall be no more pain, for the former things have passed away."

Paradise was lost through original sin in Eden's Garden. Paradise was regained in Gethsemane's Garden 20 Centuries ago as the Lord made His choice of "not my will but Thine be done," walked up Golgotha's Hill to be crucified, rose again in validation of His Great Love so we could find our "Lost Horizon." To many this is the "Lost Horizon." But it can be found. Change can come. We can take the step today. It can happen now!

Till next time, Don Johnson, Kirby Pines Chaplain

## October Vesper Services | 6:30pm | Performing Arts Center

October 7th

Celebrate  
Grace

October 14th

Brother David Love  
Ridgeway  
Baptist Church

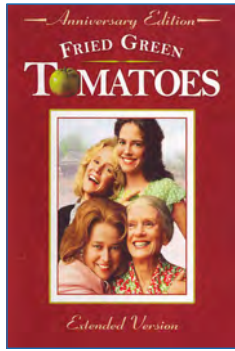
October 21st

Brother Bobby Eubanks  
Redeemer  
Evangelical Church

October 28th

Rev Les Helton  
Collierville  
First Baptist Church

# MEET ME AT



## CONFESSIONS OF A SHOPAHOLIC (2009)

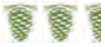


**Saturday, October 2 | 10:00 am & 2:00 pm**

*Cast: Isla Fisher, Hugh Dancy, Krysten Ritter, Joan Cusack*

A college grad lands a job as a financial journalist in New York City to support where she nurtures her shopping addiction and falls for a wealthy entrepreneur.

## BIG MIRACLE (2012)



**Sunday, October 3 | 10:00 am & 2:00 pm**

*Cast: Drew Barrymore, John Krasinski, Ted Danson, Kristen Bell*

In small-town Alaska, a news reporter recruits his ex-girlfriend - a Greenpeace volunteer - on a campaign to save a family of gray whales trapped by rapidly forming ice in the Arctic Circle.

## FRIED GREEN TOMATOES (1991)



**Friday, October 1 | 1:30 pm**

**Saturday, October 2 | 6:00 pm**

**Sunday, October 3 | 6:30 pm**

*Cast: Mary Stuart Masterson, Kathy Bates, Mary-Louise Parker, Jessica Tandy*

On one of trapped housewife Evelyn Couch's Wednesday nursing home visits, she encounters Ninny Threadgoode, a colorful old woman who brightens Evelyn's outlook by sharing tales from her past. As Ninny recounts the exploits of her free-spirited sister-in-law Idgie, owner of a small Alabama café in the 1920s, and the bond Idgie shared with her friend Ruth, Evelyn gains the confidence to change her own life for the better.

## AN UNFINISHED LIFE (2005)



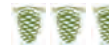
**Saturday, October 9 | 10:00 am & 2:00 pm**

*Cast: Robert Redford, Jennifer Lopez, Morgan Freeman, Josh Lucas*

Desperate to provide care for her daughter, down-on-her-luck Jean moves in with her father in-law from whom she is es-

tranged. Through time, they learn to forgive each other and heal old wounds.

## LOVE IS ALL YOU NEED (2012)



**Sunday, October 10 | 10:00 am & 2:00 pm**

*Cast: Trine Dyrholm, Pierce Brosnan, Molly Blixt Egelind, Sebastian Jessen*

Hairdresser Ida finds her husband cheating on her. Later, she flies to Italy to attend her daughter's wedding where she falls in love with the groom's father.

## THE COWBOYS (1972)



**Friday, October 8 | 1:30 pm**

**Saturday, October 9 | 6:00 pm**

**Sunday, October 10 | 6:30 pm**

*Cast: John Wayne, Robert Carradine, A Martinez, Bruce Dern*

Rancher Wil Andersen is forced to hire inexperienced boys as cowhands in order to get his herd to market on time but the rough drive is full of dangers and a gang of cattle rustlers is trailing them.

## THE PRAYER BOX (2018)

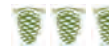


**Saturday, October 16 | 10:00 am & 2:00 pm**

*Cast: Grant Davidson, Denise Richards, Reginald VelJohnson, Carey Scott*

With his sister suffering from a serious illness, a young boy takes it upon himself to get God's attention in hopes that God will heal his sister.

## LETTERS TO JULIET (2010)



**Sunday, October 17 | 10:00 am & 2:00 pm**

*Cast: Amanda Seyfried, Gael Garcia Bernal, Vanessa Redgrave, Christopher Egan*

While visiting Verona, Italy, a young woman named Sophie visits a wall where the heartbroken leave notes to Shakespeare's tragic heroine, Juliet Capulet. It is there she meets the "Secretaries of Juliet".

# THE MOVIES



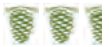
## FIDDLER ON THE ROOF (1971)



**Friday, October 15 | 1:30 pm**  
**Saturday, October 16 | 6:00 pm**  
**Sunday, October 17 | 6:30 pm**  
*Cast: Topol, Norma Crane, Leonard Fry, Molly Picon*

In pre-revolutionary Russia, a Jewish peasant contends with marrying off three of his daughters while growing anti-Semitic sentiment threatens his village.

## DOUBLE JEOPARDY (1999)



**Saturday, October 23 | 10:00 am & 2:00 pm**  
*Cast: Ashley Judd, Tommy Lee Jones, Bruce Greenwood, Annabeth Gish*

A woman framed for her husband's murder suspects he is still alive; as she has already been tried for the crime, she can't be re-prosecuted if she finds and kills him.

## HOCUS POCUS (1993)



**Sunday, October 24 | 10:00 am & 2:00 pm**  
*Cast: Bette Midler, Sarah Jessica Parker, Kathy Najimy, Thora Burch*

A curious youngster moves to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th century.

## THE UNINVITED (1944)

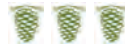


**Friday, October 22 | 1:30 pm**  
**Saturday, October 23 | 6:00 pm**  
**Sunday, October 24 | 6:30 pm**  
*Cast: Ray Milland, Ruth Hussey, Donald Crisp, Cornelia Otis Skinner*

While vacationing on the English coast, composer Rick Fitzgerald and his sister Pamela (Ruth Hussey) find an abandoned 18th-century house and decide to buy it. The owner, Commander Beech, associates it with the tragic death of his daughter and is willing to part with it despite his granddaughter Stella's objection. The Fitzgeralds move in and soon find

themselves, with the help of Stella, battling it out with two very prickly ghosts.

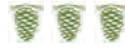
## HACHI: A DOG'S TALE (2009)



**Saturday, October 30 | 10:00 am & 2:00 pm**  
*Cast: Richard Gere, Joan Allen, Cary-Hiroyuki Tagawa, Sarah Roemer*

Young Ronnie reveals to his classmates that his personal hero is a dog named Hachi. Ribbed by his fellow pupils, Ronnie goes on to tell the remarkable story of his grandfather's friendship with the dog.

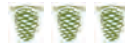
## CRUELLA (2021)



**Sunday, October 31 | 10:00 am & 2:00 pm**  
*Cast: Emma Stone, Emma Thompson, Joel Fry, Paul Walter Hauser*

Estella is a young and clever grifter who's determined to make a name for herself in the fashion world. She soon meets a pair of thieves who appreciate her appetite for mischief, and together they build a life for themselves on the streets of London. However, when Estella befriends fashion legend Baroness von Hellman, she embraces her wicked side to become the raucous and revenge-bent Cruella.

## ARSENIC AND OLD LACE (1943)



**Friday, October 29 | 1:30 pm**  
**Saturday, October 30 | 6:00 pm**  
**Sunday, October 31 | 6:30 pm**  
*Cast: Cary Grant, Priscilla Lane, Raymond Massey, Jack Carson*

A writer of books on the futility of marriage risks his reputation when he decides to get married. Things get even more complicated when he learns on his wedding day that his beloved maiden aunts are habitual murderers.

### KIRBY PINES MOVIE RATING SYSTEM

= AVERAGE    = GOOD  
 = GREAT    = PERFECT

# October 2021



## ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic



8:00 am ● Church of Christ Service (Chapel) **3**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **4**  
 9:00 am ● Smith Jewelers (SCR)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Focus on Color (A&C)  
 10:00 am ● First Monday Poetry Group (Chapel)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Billiard Group (BR)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:15 pm ● Mahjong (SCR)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **5**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 11:00 am ● Arthritis Sit/Stand Class (PAC)  
 1:00 pm ● Tuesday Bridge Group (LCR)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 1:30 pm ● Movie: Brian's Song (Thtr)  
 1:30 pm ● Bunko (SCR)  
 2:30 pm ● Advanced Line Dancing (PAC)  
 5:30 pm ● Tech Time (Sunroom)  
 6:30 pm ● Movie: Brian's Song (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **6**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:30 pm ● Loss of Spouse Workshop (Chapel)  
 1:30 pm ● Movie: The Spectacular Now (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Bridge Group (LCR)  
 6:30 pm ● Movie: The Spectacular Now (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **7**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Rummage Sale (PAC)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:30 pm ● The Crown (Thtr)  
 6:30 pm ● Vespers (PAC)  
 7:30 pm ● Orpheum: Come From Away (Trans)

9:30 am ● Group Exercise (PAC) **1**  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:15 pm ● Beginners Mahjong (SCR)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 2:00 am ● Art Wall Reception (PAC)  
 6:00 pm ● Music with The Double D Band (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **2**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Weekend Movie (Thtr)  
 2:30 pm ● Line Dancing (PAC)  
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **10**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **11**  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Alterations (A&C)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Billiard Group (BR)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:15 pm ● Mahjong (SCR)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **12**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 11:00 am ● Arthritis Sit/Stand Class (PAC)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 1:30 pm ● Movie: Faith Under Fire (Thtr)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Advanced Line Dancing (PAC)  
 6:30 pm ● Birthday Night with The Geeslin Brothers (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **13**  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Alzheimers Bake Sale (Lobby)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Pinecone Painters (A&C)  
 10:30 pm ● KP Garden Gro'ers (Greenhouse)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:30 pm ● Loss of Spouse Workshop (Chapel)  
 1:30 pm ● Movie: The Queen (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Bridge Group (LCR)  
 6:30 pm ● Movie: The Queen (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **14**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:30 pm ● The Crown (Thtr)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 2:30 pm ● Advanced Line Dancing (PAC)  
 3:00 pm ● KP Photo Club (LCR)  
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **15**  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:15 pm ● Beginners Mahjong (SCR)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:00 pm ● Music with Steve McGregory (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **16**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Weekend Movie (Thtr)  
 2:30 pm ● Line Dancing (PAC)  
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **17**  
 10:00 am ● Worship Service (PAC)  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **18**  
 9:00 am ● Smith Jewelers (SCR)  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Focus on Color (A&C)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Tech Time (Sunroom)  
 10:30 am ● Billiard Group (BR)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:15 pm ● Mahjong (SCR)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **19**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 9:30 am ● Travelers: Edge Motor Museum (Trans)  
 11:00 am ● Arthritis Sit/Stand Class (PAC)  
 1:00 pm ● Tuesday Bridge Group (LCR)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 1:30 pm ● Movie: Marksman (Thtr)  
 1:30 pm ● Bunko (SCR)  
 1:30 pm ● Advanced Line Dancing (PAC)  
 6:30 pm ● Country Western Dance with The Big Barton Country Band (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **20**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Pinecone Painters (A&C)  
 10:00 am ● Caregiver Support Group (SCR)  
 10:00 am ● Catholic Services (Chapel)  
 10:00 am ● Alzheimer's Walk (Lobby)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:30 pm ● Movie: Sleeping with the Enemy (Thtr)  
 1:30 pm ● Game Play (LCR)  
 1:30 pm ● Loss of Spouse Workshop (Chapel)  
 2:00 pm ● Ballroom Dancing (PAC)  
 6:15 pm ● Bridge Group (LCR)  
 6:30 pm ● Movie: Sleeping with the Enemy (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **21**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:30 pm ● The Crown (Thtr)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 2:30 pm ● Advanced Line Dancing (PAC)  
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **22**  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:15 pm ● Beginners Mahjong (SCR)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:00 pm ● Music with Just Friends (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **23**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Weekend Movie (Thtr)  
 2:30 pm ● Line Dancing (PAC)  
 6:00 pm ● Classic Movie (Thtr)  
 6:15 pm ● Saturday Night Trivia (LCR)

8:00 am ● Church of Christ Service (Chapel) **24**  
 10:00 am ● Worship Service (PAC) **31**  
 1:30 pm ● Weekend Movie (Thtr)  
 4:00 pm ● Weekend Movie (Thtr)  
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **25**  
 9:30 am ● Group Exercise (PAC)  
 9:30 am ● Alterations (A&C)  
 10:00 am ● Hobby Pines Group (Hobby Shop)  
 10:30 am ● Billiard Group (BR)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:15 pm ● Mahjong (SCR)  
 1:30 pm ● Game Play (LCR)  
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **26**  
 9:00 am ● Dr. Mike Abutineh (WC)  
 9:30 am ● The Book Baggers (PAC)  
 9:30 am ● Basic Water Aerobics (Pool)  
 11:00 am ● Arthritis Sit/Stand Class (PAC)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 1:30 pm ● Movie: The Gauntlet (Thtr)  
 1:30 pm ● Bunko (SCR)  
 2:30 pm ● Advanced Line Dancing (PAC)  
 4:00 pm ● Fall Festival (Grounds)  
 6:30 pm ● Movie: The Gauntlet (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **27**  
 9:30 am ● Group Exercise (PAC)  
 10:00 am ● Pinecone Painters (A&C)  
 10:00 am ● Catholic Services (Chapel)  
 12:45 pm ● Arthritis Yoga Stretch (Live TV)  
 1:00 pm ● Needle Arts Group (Sunroom)  
 1:30 pm ● Movie: Play Misty For Me (Thtr)  
 1:30 pm ● Loss of Spouse Workshop (Chapel)  
 1:30 pm ● Game Play (LCR)  
 6:15 pm ● Bridge Group (LCR)  
 6:30 pm ● Movie: Play Misty For Me (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **28**  
 9:30 am ● Basic Water Aerobics (Pool)  
 10:00 am ● Kroger & Banks (Trans)  
 10:00 am ● Bible Study with Dave Phillips (Chapel)  
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)  
 1:00 pm ● WalMart, Costco & Banks (Trans)  
 1:00 pm ● Dr. Mike Abutineh (WC)  
 1:30 pm ● The Crown (Thtr)  
 1:30 pm ● Beginners Line Dancing (PAC)  
 2:30 pm ● Advanced Line Dancing (PAC)  
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **29**  
 10:00 am ● Art with Helen (A&C)  
 10:00 am ● WalMart, Aldi & Banks (Trans)  
 1:00 pm ● Superlo & Bank (Trans)  
 1:15 pm ● Beginners Mahjong (SCR)  
 1:30 pm ● Weekend Movie Classic (Thtr)  
 6:30 pm ● The Entertainers Show (PAC)

8:00 am ● Men's Christian Fellowship (LCR) **30**  
 10:00 am ● Weekend Movie (Thtr)  
 1:30 pm ● Game Play (LCR)  
 2:00 pm ● Weekend Movie (Thtr)  
 2:30 pm ● Line Dancing (PAC)  
 6:00 pm ● Classic Movie (Thtr)  
 6:15 pm ● Saturday Night Trivia (LCR)

# October 2021 EVENTS

## Oct 1: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

## Oct 1: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

## Oct 1: Mahjong

Join in and play Mahjong every Monday at 1:00 pm in the LCR... Beginners Mahjong is every Friday at 1:15 pm in the SCR.

## Oct 1: Art Wall Reception

Come enjoy some refreshments and enjoy viewing this month's art wall exhibition in the PAC at 2:00 pm.



## Oct 1: Music with The Double D Band

The Double D Band plays a wide range of songs and genres, but especially music from the 50s. Playing guitars and mandolins, they've appeared on MTV, BBC, and have been a part of the music scene in London and New York, having lived and performed in both. Join us in the Lobby at 6:00 pm for this wonderful performance.

## Oct 2: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning at 8:00 am. Come enjoy coffee and fellowship with us each week. Larry McKenzie is Program Leader. All men are welcome and encouraged to attend.

## Oct 4: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30

& 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.

## Oct 4 & 18: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR at 9:00 am.

## Oct 4: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

## Oct 4: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored-in page takes up almost no space. So come to the Arts & Crafts Room the first and third Monday at 10:00 am.

## Oct 4: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 12:45 pm in the PAC & live TV.

## Oct 4: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

## Oct 4: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

## Oct 5: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

## Oct 5: Afternoon Bridge

Bridge will begin at 1:00 pm on Tuesday afternoons. If you would like to join come out to the Large Card Room.

## Oct 5: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the SCR for the great game of BUNKO.

## Oct 5: Brian's Song

Based on the real-life relationship between teammates Brian Piccolo and Gale Sayers and the bond established when Piccolo discovers that he is dying. Showing at 1:30 pm and 6:30 pm in the theatre.



## Oct 5 & 18: Tech Time

Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.

## Oct 5: Line Dancing

Line Dancing has returned! Line Dancing will be held every Tuesday and Thursday at 1:30 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

## Oct 6: Catholic Services

The Church of the Holy Spirit will be holding Catholic services in the chapel every Wednesday at 10:00 am. The second Wednesday of each month is mass and communion and the Rosary will be offered all other weeks.

## Oct 6: Pinecone Painters

Enjoy art? Like doing acrylic, watercolor, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

## Oct 6: Needle Arts

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

### Oct 6: The Spectacular Now

A hard-partying high school senior's philosophy on life changes when he meets the not-so-typical "nice girl." Showing at 1:30 pm and 6:30 pm in the theatre.



### Oct 6: Loss of Spouse Workshop

Rev. Dr. Jacky Gatliff, staff member of Christ Church Memphis, has been involved in grief work for over 20 years and even authored material on the subject. Dr. Gatliff will be hosting a 6 week Loss of Spouse Workshop at Kirby Pines on Wednesday's at 1:30 pm in the chapel. For more information or to register (spots are limited) contact Dr. Jacky Gatliff at (901) 261-2106.

### Oct 6: Ballroom Dancing

Our mission is to share our love of ballroom dance with you. Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation, and it's FUN! Join us every Wednesday at 2:00 pm in the PAC for a group class and ask us about private lessons.

### Oct 6: Bridge Group

Bridge will begin at 6:15 pm on Wednesday nights in the LCR. If you would like to join in please sign the downstairs book by noon on Wednesdays.

### Oct 7: Rummage Sale

Ladies and Gents, it's time to clean out your storage rooms, closets and drawers and turn some of those items into monetary rewards. The Fall Rummage Sale will be held in the PAC from 10:00 am to 1:00 pm. Call Activities to reserve your spot @ 866-4414.

### Oct 7: Bible Study with Dave Phillips

Join Germantown Church of Christ's Dave Phillips as he leads a group Bible Study every Thursday at 10:00 am in the PAC and on live TV. All denominations invited.

### Oct 7: The Crown

This historical drama centers on Queen Elizabeth II and the daunting challenges she faces after ascending to the throne at the age of 25 amid a declining British Empire and a political landscape in turmoil. Showtime will be Thursdays at 1:30 pm.

### Oct 7: Orpheum: Come From Away

This New York Times Critics' Pick takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships. For tickets, please call the Orpheum box office at 901-525-3000. To sign up, visit the Kirby Pines front desk. Bus leaves at 6:15 pm.



### Oct 8: Music with Wyndie Oh

Wyndie Oh and her accomplished accompanist bring you soulful sounds from the heart. Wyndie sings Smooth Jazz, Old School R&B, Country, Gospel and Neo Soul. Join us in the lobby at 6:00 pm for this wonderful performance.

### Oct 9 & 23: Saturday Trivia

All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. The theme for October will be entertainment including movies, television, music, and theater. However, trivia questions can be presented on any topic. Join us at 6:15 pm in the chapel. For further information please contact Peter Jones at 901-767-0289 or pdjones1940@gmail.com.

### Oct 11 & 25: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

### Oct 12: Faith Under Fire

Fireman Tom Hatcher is at the end of his rope. He saves lives but couldn't save

his wife from cancer. Now his daughter faces the same battle. From an unlikely friend, Tom is challenged to face grief and embrace faith in his darkest hours. Showing at 1:30 pm in the theatre.

### Oct 12: Birthday Night with The Geeslin Brothers

Join us for birthday night for this gospel music and inspirational group. They will take the stage at 6:30 pm in the PAC. We will take a love offering at the end of the night as a thank you.

### Oct 13: Alzheimer's Bake Sale

Join us in the lobby for our Annual Bake Sale benefiting the Alzheimer's Foundation of America. Come on down and purchase your favorite dessert or two or three and tell all of your friends to join in as we continue to aid in the research for a cure of this insidious disease. We will open at 9:30 am and close at 1:30 pm.

### Oct 13: Garden Gro'ers

Fall gardening is now underway. The turnip, mustard, kale, and collards are ready. Onions sets will be planted too. Remember, share a tomato and make a friend. Be sure to come out to our next meeting at 10:30 am in the Greenhouse.

### Oct 13: The Queen

After the death of Princess Diana, Queen Elizabeth II struggles with her reaction to a sequence of events nobody could have predicted. Showing in the Theatre at 1:30 pm and 6:30 pm.



### Oct 14: KP Photo Club

If you'd like to learn about using your phone to take and share pics, join us at 3:00 pm in the Large Card Room.

### Oct 15 : Music with Steve McGregory

Steve McGregory is a solo singer and pianist. His performance ranges from Jerry Lee Lewis-style on the piano to old-fashioned country, gospel and rock-and-roll. Join us in the lobby at 6:00 pm for this crowd pleaser.

### Oct 19: Travelers: Edge Motor Museum & Sunrise Memphis

Join us at Edge Motor Museum to explore the story of American speed following the rise, plateau, and fall of the American sports car. The exhibit contains more than a dozen iconic automobiles from post-war to the 1970s. Admission will be between \$5 and \$7 per person. Before we return to Kirby, we will eat brunch at the Sunrise Memphis. For more information and to sign up see the Kirby Pines Travel Club binder located at the front desk. The cutoff date to sign up is October 18th at noon. We will depart Kirby at 9:30 am the day of the trip.



### Oct 19: Marksman

A rancher on the Arizona border becomes the unlikely defender of a young Mexican boy desperately fleeing the cartel assassins who've pursued him into the U.S. Showing at 1:30 pm in the theatre.

### Oct 19 : Country Western Dance with Big Barton

Big Barton is a Memphis band that plays classic country and western music from the 1930s-60s, including songs from artists such as Hank Williams, Patsy Cline, Ernest Tubb, and Johnny Cash that will bring you back to the golden era of Nashville's WSM radio. Join us in the PAC at 6:30 pm as we dance the night away.

### Oct 20 : Alzheimer's Walk

Meet us in the Lobby at 10:00 am to register for the walk to support the Alzheimer's Association. We start at 10:30am and will be walking outside the grounds around the lake. All are welcome to attend and encouraged to give generously; many lives here at Kirby are affected by this disease.

### Oct 20: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of

every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

### Oct 20: Sleeping with the Enemy

A young woman fakes her own death in an attempt to escape her nightmarish marriage, but discovers it is impossible to elude her controlling husband. Showing at 1:30 pm and 6:30 pm in the theatre.

### Oct 22 : Music with Just Friends

Larry Tyler, Kelley Walker and Wes Walker will delight audiences with skilled renditions of pop, jazz standards, rock, country, and gospel. Larry Tyler is skilled on both guitar and keyboard and provides vocals. Wes Walker plays the saxophone, flute, and clarinet and Kelley Walker has performed around the Memphis area for over 30 years with various bands, singing. Join us in the lobby at 6:00 pm.

### Oct 26: The Book Baggers

This month, we will discuss Kristin Hannah's newest book, "The Four Winds." This is a powerful story of events during the depression years and how the dust bowl and poverty affected and changed forever the lives of so many families. Pat Brand will be coordinating the meeting by sharing the memories of four residents of Kirby Pines who lived through those years and have many memories they are willing to share. Join us in the PAC at 9:30 am.

### Oct 26: The Gauntlet

A hard but mediocre cop is assigned to escort a prostitute into custody from Las Vegas to Phoenix, so that she can testify in a mob trial. But a lot of people are literally betting that they won't make it into town alive. Showing at 1:30 pm and 6:30 pm in the theatre.



### Oct 26: Fall Festival

Come one, come all, and have a blast at our Annual Fall Festival. Bluff City Balloons will be here offering free balloon rides to residents and \$5 rides for guests. We will also have live Blue Grass music with Grassfire as well as several food trucks on site. Invite your friends to come to the festivities. Don't miss the fun beginning at 4:00 pm.



### Oct 27: Play Misty For Me

The life of a disc jockey is turned upside down after a romantic encounter with an obsessed fan. Showing at 1:30 pm and 6:30 pm in the theatre.

### Oct 29: The Entertainer's Show

The Entertainers invite you to the fall show. We will have many talented performances and tons of fun in store for you. Join us in the PAC at 6:30 pm for this wonderful performance.



**Bless a Child with a Shoebox Gift!**

## SAMARITIAN'S PURSE

We are now accepting donations for Samaritans' Purse.

You may purchase a shoebox for a donation of \$25.00.

Please make your check payable to Samaritans' Purse and designate it to "Operation Christmas Child".

**Checks should be turned in to Berry Terry, Betty Terry or Cheryl Johnson no later than November 14, 2021.**

**Our goal this year is \$8,500.00.**

**SUDOKU IS EASY TO PLAY AND THE RULES ARE SIMPLE.**

**Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.**

## PUZZLE 1: EASY

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 4 | 9 |   |   | 1 | 3 |   | 2 |
|   | 2 |   | 6 |   |   | 4 |   |   |
| 6 |   | 3 | 9 |   | 4 | 1 | 7 |   |
| 2 |   |   |   | 8 |   |   |   | 3 |
|   |   |   | 1 |   |   |   | 9 |   |
|   |   | 4 |   | 6 |   |   |   |   |
|   | 3 |   | 2 |   | 8 |   |   |   |
|   |   |   |   | 3 |   | 8 | 1 |   |
|   | 7 | 8 | 5 | 9 |   | 2 |   |   |

## PUZZLE 2: MEDIUM

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 6 |   |   | 7 | 3 | 8 |   |   |
|   | 3 | 7 | 4 |   | 8 |   | 1 |   |
|   |   | 4 |   |   |   | 7 |   |   |
|   | 1 |   |   | 4 |   |   | 6 |   |
| 2 |   | 3 |   | 6 | 9 |   |   | 5 |
|   |   |   |   |   |   |   |   |   |
| 1 |   |   | 5 |   |   |   | 2 |   |
|   | 5 |   | 9 | 2 | 6 | 4 |   |   |
|   | 4 |   |   | 3 |   |   |   |   |

## PUZZLE 3: MEDIUM

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 |   |   | 5 | 8 |   |   |   | 4 |
| 3 | 8 |   |   | 9 | 6 |   |   | 1 |
| 9 |   |   |   |   |   |   |   | 3 |
|   | 5 | 3 |   |   | 2 |   |   |   |
| 6 |   |   | 7 |   |   |   |   | 5 |
|   | 1 |   | 9 |   | 4 | 3 | 6 |   |
| 5 |   |   | 4 | 7 |   |   |   |   |
|   |   | 9 |   | 1 |   | 4 |   | 2 |
| 8 |   |   |   |   |   | 1 |   |   |

## PUZZLE 4: HARD

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 |   |   | 6 | 8 |   | 9 | 1 |   |
|   | 8 |   |   |   |   |   |   |   |
|   |   |   | 2 | 9 |   |   |   | 6 |
|   | 2 |   |   |   |   |   | 4 | 3 |
| 8 |   |   |   |   | 1 | 5 |   | 2 |
|   |   |   |   | 7 |   |   |   |   |
| 7 | 9 | 4 | 5 |   |   | 3 |   |   |
|   |   | 3 |   |   |   | 4 | 2 |   |
|   |   |   | 1 | 4 |   |   | 9 |   |



# PICTURING LIFE AT KIRBY PINES

## Annual Flag Raising Ceremony and Lighting of the Lake



University of Memphis ROTC Color Guard raise our flag.



Dr. Richard Cheek speaks during our Flag Raising Ceremony.



Diane Talarico, Carol Odom and Bob Shears after the bagpipers played their last note.



Geneva and Joe Jackson wear the colors of our flag quite well.



Flo Seward and Diane Mullins get ready for Lighting of the Lake.



Resident Beverly Hassell was chosen to sing at the days ceremony.



Pat Cavender lights her lantern, representing the year 2000 when she first moved to Kirby Pines.



Doris Boyd looks pretty as she waits her turn to light her lantern.



Peter Jones is very handsome as he represents this year's theme color - crimson - as one of our resident escorts.

# PICTURING LIFE AT KIRBY PINES

## Birthday Night and Travelers Outing



Betty Phillips looks fabulous as she celebrates another birthday at Kirby Pines.



Carolyn Thomason celebrates her birthday with husband, Ken, and friends Maxie and Jerry Dunnam, Elsie Bloodworth and Jack Williams.



Donna Paine celebrates with her husband Doug for his Birthday.



Diane Mullins has quite a party with Kirby friends Jane Hodge, Flo Seward, Elinor Valentini, Thomas Hickey, Shirley Anderson, Edith Bengtson, Alice Wherry and Phyllis Mitchell.



Ellie Bates is surrounded by friends Marian Gray, Mary Jane Young, Ann Smith, Patricia King and Lou Moore.



The Travelers take a trip to the Dixon Gardens. Photo by resident, Genenne Wilson.

# PICTURING LIFE AT KIRBY PINES

## Fall Dance and The Ham-ateur Program



Kirby residents take to the dance floor at our Fall Dance featuring the Jim Mahannah Band.



New residents, Jean and Raymond Harvell, cut a rug at the fall dance.  
Photo by resident, Jeannie Valentine.



Marian Gray and our Ballroom Dance Instructor, Kenneth Black.  
Photo by resident, Jeannie Valentine.



Cindy Dabrowski and Sydney Wagner helping Fred Dabrowski with his Photo Club assignment - Laughter.



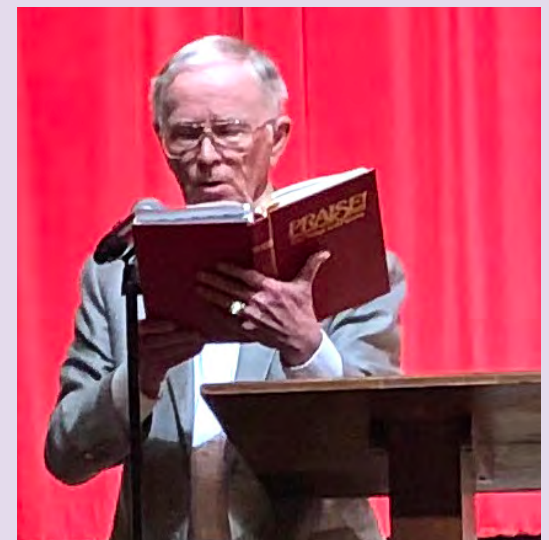
Janie Smith and Edie Bengtson are the piano performers at the show.  
Photo by resident, Sydney Wagner



Shirley Anderson and Jody Sosh are always entertaining a crowd.



Jeanette and Steve Martin show off their acting skills in a Dragnet skit.



Jim Turner takes the mic at the Ham-ateur Program. Photo by resident, Sydney Wagner.

# KIRBY PINES PHOTO CLUB



**Big River Crossing**  
Photo by Fred Dabrowski



**Sunset Clouds**  
Photo by Sylvia Statham



**Grandpa Giggles**  
Photo by Connie Carter



**Elephant Ears**  
Photo by Arrena Cheek



**The Jim Mahannah Band**  
Photo by Jeannie Valentine



**Ham-ateurs Rehearse**  
Photo by Sheryl Maxwell



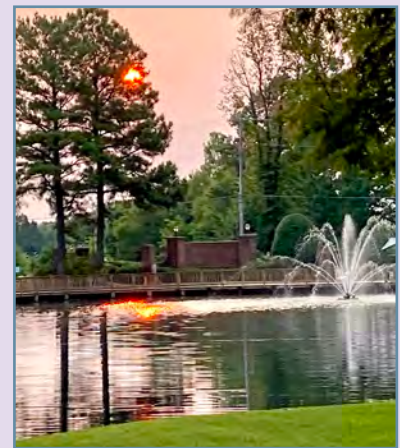
**Hummingbird Haven**  
Photo by Peggy Gatlin



**Alien Fungi**  
Photo by Dale Jones



**Elnora's Eyelashes**  
Photo by Betty Moore



**Kirby Sunrise**  
Photo by John Sosh



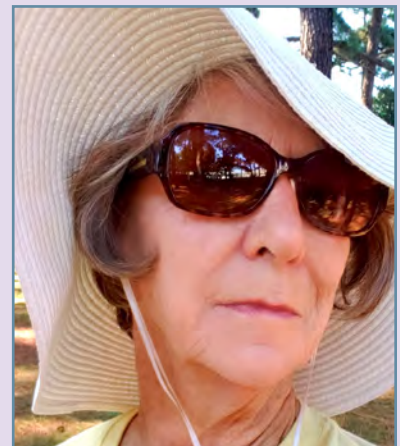
**Hidden Soul**  
Photo by Sydney Wagner



**Bridge Stroll**  
Photo by Steve Martin



**Grandma's Roses**  
Photo by Walter Overbey



**How Do You Like My Hat?**  
Photo by Genenne Wilson

# Memorials, Honorariums & Gifts

## In Memory Of

### JOSEPH COOPER

Donation by the Resident Association  
to the General Fund

### KATHY ATKINS

Donation by the Resident Association  
to the General Fund

### CAROLYN HEAD

Donation by Constance Oakes  
to the Library

## In Honor Of

### MARK MAXWELL

Donation by Irene Baker  
to the Hobby Shop

Donation by Curt Wilson  
to the Hobby Shop

Donation by Lyle Hendrix  
to the Hobby Shop

Donation by Kent Blake  
to the Hobby Shop

### MARK MAXWELL, JIM GORDON & MIKE HUFNAGEL

Donation by Barbara Logan  
to the Hobby Shop

## In Honor Of

### JIM & CONNIE COLE

Donation by Hugh Gregory  
to the Hobby Shop

### HAROLD PETTY

Donation by Lana Prescott  
to the Hobby Shop

Donation by Curt Wilson  
to the Hobby Shop

### ROY THURMOND & CURT WILSON

Donation by  
Leon & Marilyn Sanderson  
to the Hobby Shop

## Gifts To

### THE HOBBY SHOP

Donation by Martha Walker

Donation by Patti Owen

Donation by Linda Gidley

Donation by Purchasers  
at Carousel of Shoppes

## Kirby Pines has a new Rehab Provider



# Functional Pathways

Therapy that exceeds expectations

Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

## THE KIRBY PINES FOUNDATION



### A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

### DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: [www.kirbypines.com](http://www.kirbypines.com)

### FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643  
or email: [tomalley@kirbypines.com](mailto:tomalley@kirbypines.com)



Medicare.gov

## Encourage friends and family to get the COVID-19 vaccine

If you've already gotten your COVID-19 vaccine – that's great! With 80% of people 65 and older fully vaccinated, older adults are leading the charge in getting their COVID-19 vaccination. Now it's time for your friends and loved ones to get their vaccine, if they haven't already. And with the Delta variant spreading across the country, this is more urgent than ever.

Everyone age 12 and older is eligible to get the COVID-19 vaccine at no cost. Remember, if you or a loved one are unvaccinated, you're at a higher risk of getting seriously ill from the virus.

COVID-19 vaccines are safe and effective, and they're the way to get back to the things we love with the people we love. Encourage your loved ones to join the millions of others who are getting the COVID-19 vaccine for themselves, their families, their communities and so much more.

Sincerely,  
Kirby Pines and the Medicare Team



USA Department of  
Health and Human.

# SUDOKU NUMBER GAME

**PUZZLE 1: EASY**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 4 | 9 | 8 | 5 | 1 | 3 | 6 | 2 |
| 5 | 2 | 1 | 6 | 7 | 3 | 4 | 8 | 9 |
| 6 | 8 | 3 | 9 | 2 | 4 | 1 | 7 | 5 |
| 2 | 1 | 5 | 7 | 8 | 9 | 6 | 4 | 3 |
| 3 | 6 | 7 | 1 | 4 | 2 | 5 | 9 | 8 |
| 8 | 9 | 4 | 3 | 6 | 5 | 7 | 2 | 1 |
| 4 | 3 | 6 | 2 | 1 | 8 | 9 | 5 | 7 |
| 9 | 5 | 2 | 4 | 3 | 7 | 8 | 1 | 6 |
| 1 | 7 | 8 | 5 | 9 | 6 | 2 | 3 | 4 |

**PUZZLE 2: MEDIUM**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 6 | 1 | 2 | 7 | 3 | 8 | 9 | 4 |
| 9 | 3 | 7 | 4 | 5 | 8 | 6 | 1 | 2 |
| 8 | 2 | 4 | 6 | 9 | 1 | 7 | 5 | 3 |
| 7 | 1 | 5 | 3 | 4 | 2 | 9 | 6 | 8 |
| 2 | 8 | 3 | 7 | 6 | 9 | 1 | 4 | 5 |
| 4 | 9 | 6 | 8 | 1 | 5 | 2 | 3 | 7 |
| 1 | 7 | 9 | 5 | 8 | 4 | 3 | 2 | 6 |
| 3 | 5 | 8 | 9 | 2 | 6 | 4 | 7 | 1 |
| 6 | 4 | 2 | 1 | 3 | 7 | 5 | 8 | 9 |

**PUZZLE 3: MEDIUM**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 7 | 2 | 5 | 8 | 3 | 6 | 9 | 4 |
| 3 | 8 | 4 | 2 | 9 | 6 | 5 | 7 | 1 |
| 9 | 6 | 5 | 1 | 4 | 7 | 8 | 2 | 3 |
| 4 | 5 | 3 | 8 | 6 | 2 | 7 | 1 | 9 |
| 6 | 9 | 8 | 7 | 3 | 1 | 2 | 4 | 5 |
| 2 | 1 | 7 | 9 | 5 | 4 | 3 | 6 | 8 |
| 5 | 2 | 1 | 4 | 7 | 8 | 9 | 3 | 6 |
| 7 | 3 | 9 | 6 | 1 | 5 | 4 | 8 | 2 |
| 8 | 4 | 6 | 3 | 2 | 9 | 1 | 5 | 7 |

**PUZZLE 4: HARD**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 2 | 6 | 8 | 3 | 9 | 1 | 4 |
| 6 | 8 | 9 | 4 | 1 | 5 | 2 | 3 | 7 |
| 3 | 4 | 1 | 2 | 9 | 7 | 8 | 5 | 6 |
| 9 | 2 | 7 | 8 | 5 | 6 | 1 | 4 | 3 |
| 8 | 3 | 6 | 9 | 4 | 1 | 5 | 7 | 2 |
| 4 | 1 | 5 | 3 | 7 | 2 | 6 | 8 | 9 |
| 7 | 9 | 4 | 5 | 2 | 8 | 3 | 6 | 1 |
| 1 | 5 | 3 | 7 | 6 | 9 | 4 | 2 | 8 |
| 2 | 6 | 8 | 1 | 3 | 4 | 7 | 9 | 5 |

ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

Personal Assistance from Kirby Pines

We're here when you need

**Just a little HELP**

Personal support and assistance tailored to meet each resident's needs

*Grooming*

*Bathing*

*Dressing*

*Toileting*

*Feeding*

*Physical Ambulation*

*Companionship*

*Monitoring*

*Assurance*

*Hospital Sitter*

*Exercise/Walking*

*Shopping*

*Meal Preparation*

*Light Housekeeping*

*Laundry*

*Ironing*

*Bedding Change*

*Medication Reminders*

*Transportation*

*Organization*

*Escort to Community*

*Escort to Doctor's Offices*

Contact our office at

**901-369-7353**

or

**901-484-6730**

for consultation or to sign up for services.

## CHRISTIE'S COIFFURES

Manicures | Pedicures | Facials

Women's Haircuts

Shampoo & Sets

Perms & Coloring

Separate Barber Shop

Call for Appointment

**369-7311**

Ask About Our Monthly Specials!



**MAX FAULKNER**  
with Dorsey & Gary



**PRECIOUS HARVELL**  
with Jean



**MAZIE WILSON**  
with Genenne



**LIZZIE OVERMAN**  
with Sharon



**LADYBUG WATKINS**  
with Rhett & Bill



**GABBY MORGAN**  
with Rel



**COCO REEVES**  
with Gerald & Janet



**GEORGE CHIPLEY**  
with John



**VELLA VALENTINE**  
with Jim & Jeannie



**JAKE SCHROEDER**  
with Donn

# Kirby Pines

LifeCare Community

## Kirby Pines is going to the DOGS!

Read about our new Dog Park on page 8.

