

the PINECONE

The Magazine of Kirby Pines LifeCare Community • August 2021 | V. 39 | I.8

BARBARA LOGAN

*a ray of sunshine
here at Kirby Pines.*



Always something to Celebrate

The thirty-eighth anniversary of Kirby Pines is just a month away. Whether you have been a resident for five years or just five days, you are enjoying first hand the numerous improvements and upgrades to the community over the past years. These improvements and our consistency in delivering services to you, has resulted in Kirby Pines being voted the Best Retirement Community by the Memphis Commercial Appeal for 14 consecutive years. These are just a few reasons why we have earned this citywide recognition.

The Performing Arts Center is now nineteen years old and has hosted artists from our own Kirby Pines Ham-ateurs, to the acapella group from Yale University and the New Orleans Jazz Ensemble. The Bistro was opened just five years ago to offer residents and guests another dining venue, and is now being copied by other local retirement communities; and our in-house movie theater continues to be a very popular spot to meet for some of the latest movie releases. Equally popular is the Four Seasons Garden with numerous sitting areas and the newly rebuilt lake sitting area complete with shelter from the hot August sun. Of course, our grand

at Kirby Pines

lobby continues to be busy place for residents to gather near the fireplace, around the concert Steinway piano, in the bright and cheery sunroom, or at cozy niches by the grand staircase.

Regardless of how long you have been a resident, or have been contemplating a move to Kirby Pines, our thirty-eighth anniversary is possible because of the trust you and so many in the Memphis community have in us. On behalf of all employees, thank you for your cooperative spirits throughout the years, and may I suggest you make some time to relax in August, as our thirty-eighth celebrations are just a month away.



Michael Escamilla,
Executive Director,
Kirby Pines

ON THE PINECONE COVER

Enjoying the Summer at Kirby Pines

August is here, the sun is out and we have more going on every day. The Summer Olympics are in full swing, all of our groups and clubs are meeting again and we have a full calendar of events for all tastes.

August 6th, we have violinist, Basil Alter, and the 10th is birthday night with favorites, The Side Street Steppers. The 17th is our Caribbean Nights Party and on the 24th, author Susan Cushman joins the Book Baggers to discuss her latest novel. The 25th is our Annual Carousel of Shoppes, featuring vendors of all kinds, displaying their wares for you to browse and buy.

August also begins voting for Kirby Pines in the Commercial Appeal's Memphis Most competition - let's win Best Retirement Community for the 15th year straight! Voting is August 6 - 20. Information on voting to come.

Our front cover features Barbara Logan, whose positive energy and joy of life epitomizes the summer vibe, August brings. Our back cover is fun-loving couple, Marty and Janie Kocman.

Marty, builds and flies model planes and Janie collects miniatures, including a fully furnished scale model doll house. I doubt these two have ever met a stranger. Thank you to all three for taking the time to show us your smiles this month!



Residents, Janie & Marty Kocman with a custom model float plane

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welcome to
Kirby Pines



Jean & Raymond Harvell

Married for 67 years, Ray and Jean are now making their home at Kirby Pines. They moved from their previous home in the Cordova area of Memphis.

The Harvells have two children and are the doting grandparents to eight grandchildren and eleven great-grands. Family gatherings at the Harvells must be lively occasions.

As graduates of Treadwell High School in Memphis, Ray and Jean have several friends living here at Kirby Pines. Ray was self-employed in his own packaging business, Ray Harvell and Associates. Jean worked in the insurance business before becoming a mother and homemaker.

Having served in the Air Force Reserve for eight years, Ray is a veteran. He likes to play golf and Jean likes to bowl. To stay active they walk, they should find much enjoyment walking our beautiful campus.

Traveling has contributed to many memories for Ray and Jean. Their extensive travel destinations include Australia, England, and the Holy Land. They have also taken numerous cruises.

In 1983, Ray served as Potentate of the Al Chymia Shrine Temple in Memphis. Ray was drawn to the Shriners because of their hospital charities.

Welcome to Kirby Pines, your new home! Enjoy all of our amenities and even though you already have friends here, you'll be making many new ones due to your friendly and energetic personalities.

New Resident Bios written by resident, Peggy Reynolds Gatlin



Cindi Wingfield

Born in Merced, California, Cindi Wingfield comes to Kirby Pines from her previous residence in Olive Branch, Mississippi. Her life experiences between California and Mississippi contribute to an interesting story.

The daughter of a U.S. Air Force General, she has traveled and lived throughout the world. She describes herself as a "Third World Child" with a "World View."

Other than North America, some of the locations Cindi has traveled or lived include Africa, Asia, Europe, Israel, and Taiwan. She graduated from high school in Hong Kong.

Cindi earned her degree in nursing and became a registered nurse and office manager of various clinics for over 30 years. She had a lifetime of helping patients, mothering her five children and being a grandparent to five grandchildren. She considers her proudest accomplishment in life to be her heartfelt service and caring for others.

In retirement Cindi enjoys gardening, reading, acrylic painting and creating artistic projects with resin. When meeting Cindi, you will be drawn toward her outgoing personality. She describes herself as eccentric, colorful and a hippie.

We are happy to welcome Cindi to her new home at Kirby Pines. Get acquainted with Cindi and invite her to become a volunteer in the many opportunities we have at Kirby to serve each other. She will be an added plus to our active lifestyle.



Great Work(out) **BENEFITS**

Retired persons may leave their jobs, but they don't have to leave the things they loved about their work. One thing I love about working is having a routine to get out of the house for a job I love where I feel welcomed and encouraged. Our exercise programs can become a wonderful routine with benefits that improve strength, balance, and endurance. In our classes you are always learning a new skill and experiencing new challenges, some physically demanding and even some mental. It is an opportunity to put out your best effort (whatever that may be). When you finish, you get that feeling of satisfaction that you accomplished something that day. Several residents have picked up new skills learning to use free weights properly and developing routines on the Nu-Step machine and the other weight bearing resistance equipment. In our group classes, you will gain not only strength and improved balance, but also encouragement and a team spirit as you work out together. Put us on your schedule and come to work out with us. The benefits will profit your health and well-being.

Exercise is a key to a strong and healthy lifestyle boosting energy levels, lifting spirits, improving balance, enhancing immune system and aiding weight loss programs.



Advanced Water Aerobics

Monday & Wednesday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

Resident Led Exercise in the PAC

Monday, Wednesday & Friday
9:30am | PAC/Live TV

Yoga Stretch

Monday & Wednesday
12:45 pm | PAC/Live TV

Men's Water Aerobics

Tuesday & Thursday
8:30 am - 9:15 am | Pool

Arthritis Foundation Water Aerobics

Tuesday & Thursday
9:30 am - 10:15 am | Pool

Arthritis Foundation Sit/Stand Class

Tuesday & Thursday
11:00 am - 11:45 am | PAC/Live TV

Resident Led Water Aerobics

Friday
8:30 am - 9:30 | Pool
9:30 am - 10:30 am | Pool

It's time to join the Walk About Australia Part 2 Program

Participants may register in the Oasis or online with Mhand@kirbypines.com. The program will run from September 1 through October 31. Every week, we will track how many miles each participant walks, or completes on the Nu-Step, or treadmill. Get credit for 1 mile for each exercise class you participate in. Everyone's mileage will be kept up individually and as a group total to see how far we can walk; pointing out interesting landmarks along Australia's coastline which runs for 9395 miles. We have already traveled 3400 miles; that's over 8 million steps. We'll send postcards along the way and follow our progress on a map with helpful tips,



awards and surprises for everyone along the way. Weekly door prizes and a Grand Prize at the end will be awarded for the most miles. We are dedicating this walk in memory of Gene Wainscott who was one of our biggest supporters. Make plans to join our Walk About Australia Program this fall.





Are you over the age of 65 and have been diagnosed with diabetes or pre-diabetes? If yes, you should implement modifications to your diet daily to decrease its effect on your body. Even minor dietary changes can help in reducing your diabetes risk.

The first step in the prevention is to understand how today's food choices can impact your blood sugar and metabolism. Foods should not be classified as 'good' or 'bad,' but on the types and amount of food you are consuming. Sometimes we take in certain foods in excess, foods that should only be thought of as "sometimes" foods. "Sometimes" foods and beverages are highly processed, refined, and sugary. You should limit these types of foods and only consume them for occasional enjoyment. Eating foods such as vegetables and fruits, whole grains, and lean proteins with the occasional splurge of "sometimes" foods can help you understand how foods affect blood sugar levels.

The Facts

- Almost 1/3 of adults over the age of 65 in the U.S. have diabetes, with 50% of that 1/3 being undiagnosed.
- An additional 1/3 of adults have pre-diabetes.
- Aging adults are especially at risk for poor nutrition caused by bad eating habits, loss of appetite, and decreased access to healthy foods because of time, money, or limited mobility.
- The best way to manage diabetes is to self-manage.

Diabetes To Do List

- Start by having a conversation with your physician to learn everything you can about diabetes and preparing a diet that will control your blood sugar.
- Talk with your community Dietitian to review your current dietary choices and set-up a meal planning process.
- Plan every meal the day or two before.
- Ensure that your planned meal fits into your nutritional goals.
- Try not to make last-minute meal choices that do not include the goals you have set for yourself.
- Make one or two dietary modifications and set obtainable goals for yourself. An example might be to stop eating cookies or cake unless it's a special occasion.
- Review your goals regularly with your physician and community Dietitian and add new goals as you attain the ones you have set.
- Ensure you are taking care of your feet and skin:
- Inspect your feet every day. Look for cuts, blisters, calluses, red spots, swelling, or any other abnormal issues. Use a mirror to see the bottoms of your feet. If you have difficulty seeing all areas of your feet, ask for assistance from staff or family.
 1. Protect your feet by washing them every day. Use a mild soap with warm water and thoroughly dry. Use lotion instead of powder to keep the skin smooth and moisturized to prevent cracks or fissures. Avoid the use of lotions between toes; It can create a moist breeding ground for bacteria and lead to wounds that are difficult to heal.
 2. Prevent elevated blood sugars, which can lead to a loss of sensation to your feet, leading to uncared for wounds. Report any findings of abnormalities immediately to your health care provider.

Healthy Foods to Control Your Blood Sugar

Almonds	Apples	Avocados
Beans	Berries	Broccoli
Citrus Fruit	Dark Chocolate	Eggs
Fish and Shellfish	Kale	Lentils
Oat Bran	Peanut Butter	Yogurt





AUGUST *Exquisite* CUISINE

Thursday, August 26, 2021



SEARED SCALLOPS WITH SAFFRON RISOTTO

Three Sea Scallops, perfectly seared and served with a traditional Spanish side of creamy and colorful Saffron Risotto.

GAZPACHO

*A cool refreshing classic to serve in a warm and humid month! Fresh Tomatoes, Pepper and freshly picked and chopped Herbs.
Served with fresh Focaccia "Croutons", followed by a Lemon Sorbet palate cleanser.*

SURF AND TURF

*The classic, timeless entrée. Starting with a 6-ounce Filet, we add a Butter poached Lobster Tail.
Finished with Yukon Gold whipped Potatoes and roasted Asparagus.*

RASPBERRY MOUSSE

Light, airy, tart and refreshing, this Mousse is the perfect finish to a great meal!

CALL FOR RESERVATIONS | SPACE IS LIMITED | 901.369.7314



Resident Spotlight

Diane Mullins

ACTING UP AND STAYING BUSY

In “As You Like It”, Shakespeare declares that “the world is a stage”. His various “stages” of life could also be interpreted as occurring in ACT I, II, & III. While most of Diane Mullins’ life revolved around family and community, her entry into the acting world was unique, interesting and fascinating. It seems appropriate to view her life in those terms. She shares her story:

ACT I: Dorothy Diane DeWess entered the first stage of her life in Chicago, Illinois on September 3, 1932. Due to her father’s work, the family lived in several cities but eventually moved to Memphis where they remained. She had a happy childhood but always felt in the shadow of her older brother, David. “He was very popular while I was a wallflower”, says Diane. When she was six years old, she survived a freak accident after falling one and one-half stories down an elevator shaft. She fortunately was dressed in a rabbit fur coat, muff and tam, so that her fall was not fatal due to being wrapped in a “pillow of fur”. However, she did sustain a broken wrist and a concussion. Diane attended Memphis public schools and while attending Messick High School, met her future husband, Billy (Curly) Mullins. They married in 1951, a year following graduation.

ACT II: Diane’s husband Billy served in the Army during the Korean War. During this time, Diane worked in secretarial jobs. On Billy’s return from the Army, he began work in insurance, eventually starting his own business, A-Z Insurance Agency. Diane and Billy had three boys, Tim, Pat, and Mike (deceased). Diane became “Girl Friday” to her husband’s business. Billy was so successful that he was awarded thirty-five vacation trips. These included many U.S. cities and three trips to Hawaii and England. The Mullins were active in Colonial Baptist Church before transferring to Ridgeway Baptist.



Billy & Diane in Hawaii

The acting bug struck by accident. Although Diane had done some acting in high school, she never considered this as an option in her life. However, a friend encouraged her to try out for a part in a Christmas play at Germantown Community Theatre. She got the part and the “acting bug bit”, says Diane. From theatre, she saw an opportunity in the independent film industry and performed in many independent movies. These are movies usually only fifteen to twenty minutes in length, are entered into a film festival and, never seen by the public. She hired an agent and was able to make commercials for businesses and products, including: Accent Jewelry, Fed Ex, Kroger, Arkansas Lottery and one for Doritos which was entered in the Superbowl commercial contest. She has been an extra in all of the Memphis made movies, including: The Firm, The Client, Blueberry Nights, and Nothing But The Truth.

During this time, another form of acting was providing one of the most unique and fulfilling roles for Diane. She was hired to be a “standardized patient” for all of the Medical Units of University of Tennessee. In this role she was given a script to memorize and perform as a “sick” patient for the students to analyze and diagnose. A big part of the evaluation was determining the bedside manner and appropriate reactions of the students. One example was of a hysterical woman who had to cry for one and one-half minutes. Faculty watched on camera and Diane had the opportunity to evaluate as well. “What fun it was acting ‘sick’ for the students. I really felt like I was contributing in a worthwhile way”, says Diane.

In the late 70’s or early 80’s, Diane began singing with The Sweet Adelines, a barbershop harmony singing group for women. They performed in many venues including contests.



Acting for UT Students

ACT III: The singing with The Sweet Adelines continued for twenty-five years. The acting for U.T. students ended in 2016. However, acting continues. According to Diane, “I am really enjoying my acting career and there must not be too many ‘old white-haired ladies’ that are in the acting business. I get called often when an old gal is needed. I am ready to go and the ham in me loves it!” In fact, she has just finished a role in an independent film called “Dear Lady Joan”.

Sadly, in 2019, Billy passed away following a two-year illness. Diane made the decision to move to Kirby Pines in 2020. Her two sons, and all but two of her six grandchildren and nine great-grandchildren live nearby. “My family means everything to me and I’m so grateful that they are near me”, says Diane. Diane also likes going out to lunch or dinner with old friends, playing bridge, reading and just socializing with people. “Although I have only been at Kirby Pines a short time, I have made so many new friends and I am enjoying all the activities and programs offered. I feel very blessed and very much at home here”, says Diane.

Fortunately good health allows Diane to continue many activities. Her story reminds us that productivity, happiness and a satisfying life does not necessarily occur in one particular stage of life. The ability to have a satisfying last “scene” in our life depends on being willing to remain open to others and taking advantage of the opportunities that are available to be productive and serve others.

Written by Joan Dodson, Kirby Pines Resident



Resident Andy Saunders to Receive Theater Award

Andy Saunders has given much of his life to the local theater community and people are taking notice.

The performer, designer, director, and teacher has been part of the scene since coming to the then-Memphis State University as a graduate student in the 1960s. That half-century-plus of devotion will be recognized at the upcoming Memphis Ostrander Awards when he will be given the 2021 Eugart Yerian Award for Lifetime Achievement.

The Ostranders primarily recognize a year's worth of excellence in local theater productions and this year's winners will be announced on Sunday, August 29th, at the Halloran Centre. The exception to next month's big reveal is the lifetime achievement honor named for the director of the Memphis Little Theatre (now Theatre Memphis) from 1929 to 1961.

The announcement from the Ostranders organization said Saunders has been "an indispensable presence in the Memphis theater community. ... Onstage, Saunders is celebrated not only for his nuanced and charismatic acting style but also for his beautiful, operatic singing voice."

Saunders has directed shows around town and was at Memphis University School where he taught science, speech, religion, astronomy, photography, mechanical writing, and theater production. He also produced more than 135 shows at the school during his 38-year career before retiring in 2010.

Since his retirement, he's designed and built dozens of shows at Germantown Community Theatre. GCT executive director Brian Everson says Saunders is the "ultimate volunteer, professional, artist, and friend. GCT, in so many ways, would not be possible without Andy."

- Story courtesy of the Memphis Flyer

Andy and his wife, Jean, moved to Kirby Pines in March of 2019.

Congratulations to our **EMPLOYEE of the Month** CNA - Gallery Manor **CRYSTAL SHOEMAKER**



Describe Your Family: I am a mother of four, grandmother of 10 and great-grandmother of five.

Describe yourself in five words: Friendly, helpful, funny, compassionate, spiritual.

What is something you are proud of: To have worked at Kirby Pines for 14 years.

Do you have a pet: A cat, Pantaliamon (Pan).

What are your hobbies or interests: Reading, listening to gospel music, gardening, and collecting angels.

What is your favorite thing about your job: The gratitude of our residents, telling me they love me and bringing smiles to their faces.

What is your favorite food: Catfish. **What is your favorite song:** Broken But I'm Healed by Byron Cage.

What would you like people to know about you: That I pray for us all each and every day and I try to help anyone I can.

Crystal Shoemaker always goes above and beyond to make sure things flow smoothly on the unit. She is a team player and is very observant of the residents and immediately notifies the charge nurse if any change is noticed. She is flexible and willing to go to any area she is needed. Crystal is happy to take on a special project to enhance the quality of care she gives her residents. We are so glad to have her as part of our team.

- Rhonda Nelson, Director of Nursing

CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain



Olympian, Derek Redmond being helped across the finish line by his father, Jim

FINISH THE RACE

Derek's time. He desperately wanted to win...not just the gold medal but any medal he could get.

In the semifinal 400-meter race, if Derek was among the top four runners to finish, it would qualify him for the Olympic final. He broke from the pack to seize the lead. Surely he would make the final race. Down the backstretch only 175 yards from the finish line Derek's hamstring snapped. He could no longer run but began hopping on one leg, slowly and painfully. He then fell to the ground. As tears streamed from his eyes he said to himself, "I'm out of the Olympics—again." A medical team reached Derek with a stretcher but he replied, "There's no way I'm getting on that stretcher. I'm going to finish my race."

In a stadium filled with 65,000, from Section 131, Row 22, Seat 25, Derek's father, Jim, who always attended the sports events with him, was crying, "Oh, no." He began to run down the stadium steps, jumping over the guard rail and pushing aside security guards who were trying to stop him. Jim and his son had agreed, that no matter what happened, Derek must finish the race.

Derek had stood up and was again hobbling forward. Jim reached him, put his arm around his son, placed Derek's arm around his shoulders as Derek said, "Get me to lane five, Dad, I want to finish the race."

The stadium crowd, and millions

watching worldwide by television, stood to its feet in thunderous applause as everyone watched a father and his son struggle toward the finish line. The race was already over, but with loving support and challenging commitment the two pushed ahead. Just a short distance from the finish line, the father released Derek to cross on his own.

Derek didn't win...or did he? Such deep love and focus are seldom seen.

What can be learned from the Derek and Jim Redmond saga?

So often our goals seem shattered! Our obstacles are too great! Our pain is insurmountable and our focus blurred! Who cares if we finish the race?

That's when the Father, who is always with us in every circumstance of life, steps in. He places his strong arms around us and gives us His shoulders to lean on. He walks with us through the pain and tears. He gives us the support and strength to continue and He enables us to finish the race.

We cannot continue to lay down in our failure! We cannot let others carry us off the track! We cannot just run the race; we must finish it!

What a love story. Let's strive to be like Paul as expressed in II Timothy 4:7, "I have fought the good fight; I have finished the race; I have kept the faith."

Till next time,
Don Johnson, KP Chaplain

July 23 - August 8 the 2021 Summer Olympics will be held in Tokyo, Japan, with over 11,200 athletes worldwide expected to participate. As in any sports endeavor the focus will be on those who win.

Let's think back to the 1992 Olympic Summer Games in Barcelona, Spain, and consider an athlete who didn't win but will be remembered in one of the greatest sports stories of all time.

Derek Redmond, a British runner, had shattered his country's 400-meter record when only 19. In the 1988 Olympic Games in Seoul, Korea, Derek suffered an Achilles tendon injury just 10 minutes before the 400-meter race and went through numerous surgeries the next year. Now, in Barcelona, it was

August Vesper Services • 6:30pm • Performing Arts Center

August 5th

Amy Speake
Missionary to
Costa Rica

August 12th

Pastor Chris Neiswonger
Graceview Presbyterian
Church - Southaven

August 19th

Rev Matt Miller
Woodland Hills
Presbyterian Church

August 26th

Allen Wagner
Lay Teacher
Church of Christ

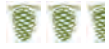
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THE SECRET DARE TO DREAM



Saturday, August 7

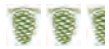
at 10:00 am and 2:00 pm

(2020) Cast: Katie Holmes,

Josh Lucas, Sarah Hoffmeister

Miranda Wells is a hardworking young widow who's struggling to raise three children on her own. A powerful storm soon brings a devastating challenge and a mysterious man, Bray Johnson, into her life. In just a few short days, Bray's presence reignites the family's spirit -- but he carries a secret that could change everything.

PAPER PLANES



Sunday, August 8

at 1:30 pm and 4:00 pm

(2014) Cast: Ed Oxenbould,

Sam Worthington, Deborah Mailman

After he wins his school's paper plane making contest, 11-year-old Dylan and his father bond as Dylan prepares for the World Paper Plane Championships in Tokyo.

DRIVING MISS DAISY



Friday, August 6 at 1:30 pm,

Saturday, August 7 at 6:00 pm

& Sunday, August 8 at 6:30 pm

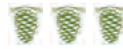
(1989) Cast: Morgan Freeman,

Jessica Tandy, Dan Aykroyd

Daisy Werthan, an elderly Jewish widow living in Atlanta, is determined to maintain her independence. However, when she crashes her car, her son, Boolie, arranges for her to have a chauffeur, an African-American driver named Hoke Colburn. Daisy and Hoke's re-

lationship gets off to a rocky start, but they gradually form a close friendship over the years, one that transcends racial prejudices and social conventions.

LAND



Saturday, August 14

at 10:00 am and 2:00 pm

(2021) Cast: Robin Wright,

Demian Bichir, Kim Dickens

Land is the poignant story of one woman's search for meaning in the vast and harsh American wilderness. Edee, in the aftermath of an unfathomable event, finds herself unable to stay connected to the world she once knew and in the face of that uncertainty, retreats to the magnificent, but unforgiving, wilds of the Rockies. After a local hunter brings her back from the brink of death, she must find a way to live again.

NO RESERVATIONS



Sunday, August 15

at 1:30 pm and 4:00 pm

(2007) Cast: Catherine Zeta-Jones,

Aaron Eckhart, Abigail Breslin

Master chef Kate Armstrong runs her life and her kitchen with intimidating intensity. However, a recipe for disaster may be in the works when she becomes the guardian of her young niece while crossing forks with the brash sous-chef who just joined her staff. Though romance blooms in the face of rivalry, Kate needs to look outside the kitchen to find true happiness.

TERMS OF ENDEARMENT



Friday, August 13 at 1:30 pm,

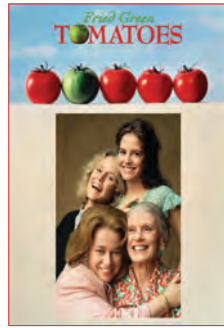
**Saturday, August 14 at 6:00 pm
& Sunday, August 15 at 6:30 pm**

(1983) Cast: Debra Winger, Shirley MacLaine, Jack Nicholson
Widow Aurora Greenway and her daughter, Emma, have a strong bond, but Emma marries teacher Flap Horton against her mother's wishes. When the marriage grows sour due to Flap's cheating, Emma eventually splits from him, returning to her mother, who is involved with a former astronaut. Soon, Emma learns that she has terminal cancer. In the hospital, supported by Aurora, she tries to make peace with Flap and her children.

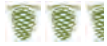


T H E

M O V I E S



PARENTAL GUIDANCE



Saturday, August 21
at 10:00 am and 2:00 pm
(2012) Cast: Billy Crystal,
Bette Midler, Marisa Tomei

Minor-league baseball announcer Artie Decker and his wife, Diane, get to see their only child, Alice, very seldom. To their surprise, Alice and her husband ask them to watch their children so they can embark on a trip for work. It promises to be a fun time for all, until the three young ones turn out to be quite a handful for this old-fashioned couple. Artie and Diane may need to bend the rules to make everyone happy in the end.

MY BIG FAT GREEK WEDDING



Sunday, August 22
at 1:30 pm and 4:00 pm
(2002) Cast: Nia Vardalos,
John Corbett, Lainie Kazan

Everyone in the Portokalos family worries about Toula. Still unmarried at 30 years old, she works at Dancing Zorba's, the Greek restaurant owned by her parents, Gus and Maria. After taking a job at her aunt's travel agency, she falls in love with Ian Miller, a teacher who is tall, handsome and definitely not Greek. Toula isn't sure which will be more upsetting to her father, that Ian is a foreigner or that he's a vegetarian.

FRIED GREEN TOMATOES



Friday, August 20 at 1:30 pm,
Saturday, August 21 at 6:00 pm
& Sunday, August 22 at 6:30 pm
(1991) Cast: Jessica Tandy,

Kathy Bates, Mary-Louise Parker

On one of trapped housewife Evelyn Couch's Wednesday nursing home visits, she encounters Ninny Threadgoode, a colorful old woman who brightens Evelyn's outlook by sharing tales from her past. As Ninny recounts the exploits of her free-spirited sister-in-law Iddie, owner of a small Alabama café in the 1920s, and the bond Iddie shared with her friend Ruth, Evelyn gains the confidence to change her own life for the better.

CHEF



Saturday, August 27
at 10:00 am and 2:00 pm
(2014) Cast: Dustin Hoffman,
Jon Favreau, Sofia Vergara

After a controlling owner pushes him too far, chef Carl Casper quits his position at a prestigious Los Angeles restaurant. As he tries to figure out what his next step should be, he finds himself in Miami. Carl joins forces with his ex-wife, best friend and son to launch a food-truck business, and the venture provides a chance to reignite his passion for cooking -- as well as his zest for life and love.

THE FATHER



Sunday, August 28
at 1:30 pm and 4:00 pm
(2020) Cast: Anthony Hopkins,
Olivia Colman, Mark Gatiss

Anthony is 80, mischievous, living defiantly alone and rejecting the carers that his daughter, Anne, encouragingly introduces. Yet help is also becoming a necessity for Anne; she can't make daily visits anymore and Anthony's grip on reality is unravelling. As we expe-

rience the ebb and flow of his memory, how much of his own identity and past can Anthony cling to? How does Anne cope as she grieves the loss of her father, while he still lives and breathes before her? THE FATHER warmly embraces real life, through loving reflection upon the vibrant human condition; heart-breaking and uncompromisingly poignant – a movie that nestles in the truth of our own lives.

BLUE HAWAII



Friday, August 26 at 1:30 pm,
Saturday, August 27 at 6:00 pm
& Sunday, August 28 at 6:30 pm
(1961) Cast: Elvis Presley,

Joan Blackman, Angela Lansbury
 After being discharged from the U.S. Army, cool guy Chadwick Gates returns home to Hawaii. Following several years of strict military life, Gates wants nothing more than to hang loose and surf all day. His family pressures him to work for the family pineapple business. Much to the chagrin of his snobby mother, Gates lands a job as a tour guide at the same company where his girlfriend, Maile, also works.

KIRBY PINES MOVIE RATING SYSTEM

- = AVERAGE
- = GOOD
- = EXCELLENT
- = OUTSTANDING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

8:00 am ● Church of Christ Service (Chapel) **1**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **2**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Bible Study: Book of Ecclesiastes (LCR)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● First Monday Poetry Group (Chapel)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **3**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Farmer's Market (Lobby)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: People Like Us (Thtr)
 1:30 pm ● Bunko (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 5:30 pm ● Tech Time (Sunroom)
 6:00 pm ● Music with Violinist Amaro Dubois & Pianist Tingting Yao (Lobby)
 6:30 pm ● Movie: People Like Us (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **4**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:30 pm ● Game Play (LCR)
 1:30 pm ● Movie: Quigley Down Under (Thtr)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Club (LCR)
 6:30 pm ● Movie: Quigley Down Under (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **5**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Downton Abbey (Thtr)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **6**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with Violinist Basil Alter (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **7**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **8**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **9**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Bible Study: Book of Ecclesiastes (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **10**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 9:30 am ● Travelers Presentation (PAC/Live TV)
 10:00 am ● Farmer's Market (Lobby)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Red Joan (Thtr)
 1:30 pm ● Bunko (LCR)
 1:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Birthday Night with Side Street Steppers (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **11**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:30 pm ● KP Garden Gro'ers (Greenhouse)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:30 pm ● Movie: Max (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Club (LCR)
 6:30 pm ● Movie: Max (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **12**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Downton Abbey (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **13**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with Hank and Nora (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **14**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 3:00 pm ● Hands Held High: Puppet Show (PAC)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (LCR)

8:00 am ● Church of Christ Service (Chapel) **15**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **16**
 9:00 am ● Smith Jewelers (SCR)
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Bible Study: Book of Ecclesiastes (LCR)
 10:00 am ● Focus on Color (A&C)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Tech Time (Sunroom)
 10:30 am ● Billiard Group (BR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **17**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Farmer's Market (Lobby)
 1:30 pm ● Movie: Shoot To Kill (Thtr)
 1:30 pm ● Bunko (LCR)
 6:30 pm ● Caribbean Nights with The Jim Mahannah Band (PAC)

8:30 am ● Advanced Water Aerobics (Pool) **18**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Catholic Services (Chapel)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Caregiver Support Group (SCR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:30 pm ● Movie: The Patriot (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Ballroom Dancing (PAC)
 6:15 pm ● Bridge Club (LCR)
 6:30 pm ● Movie: The Patriot (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **19**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Downton Abbey (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 3:00 pm ● Kirby Pines Photo Club (LCR)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **20**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Weekend Movie Classic (Thtr)
 2:00 pm ● Art Wall Opening (PAC)
 6:00 pm ● Music with Elmo and Lester (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **21**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)

8:00 am ● Church of Christ Service (Chapel) **22**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **23**
 9:30 am ● Group Exercise (PAC)
 9:30 am ● Alterations (A&C)
 10:00 am ● Bible Study: Book of Ecclesiastes (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **24**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● The Book Baggers (PAC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Farmer's Market (Lobby)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Flicka: Country Pride (Thtr)
 1:30 pm ● Bunko (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Flicka: Country Pride (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **25**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Pinecone Painters (A&C)
 10:00 am ● Carousel of Shoppes (PAC)
 10:00 am ● Catholic Services (Chapel)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:00 pm ● Needle Arts Group (Sunroom)
 1:30 pm ● Movie: The Last of the Dogmen (Thtr)
 1:30 pm ● Game Play (LCR)
 6:15 pm ● Bridge Club (LCR)
 6:30 pm ● Movie: The Last of the Dogmen (Thtr)

8:30 am ● Men's Water Aerobics (Pool) **26**
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Kroger & Banks (Trans)
 11:00 am ● Arthritis Sit/Stand Class (PAC/Live TV)
 1:00 pm ● WalMart, Costco & Banks (Trans)
 1:00 pm ● Dr. Mike Abutineh (WC)
 1:30 pm ● Downton Abbey (Thtr)
 1:30 pm ● Beginners Line Dancing (PAC)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Vespers (PAC)

9:30 am ● Group Exercise (PAC) **27**
 10:00 am ● Art with Helen (A&C)
 10:00 am ● WalMart, Aldi & Banks (Trans)
 1:00 pm ● Superlo & Bank (Trans)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Weekend Movie Classic (Thtr)
 6:00 pm ● Music with Harmonic Revival (Lobby)

8:00 am ● Men's Christian Fellowship (LCR) **28**
 10:00 am ● Weekend Movie (Thtr)
 1:30 pm ● Game Play (LCR)
 2:00 pm ● Weekend Movie (Thtr)
 2:30 pm ● Line Dancing (PAC)
 6:00 pm ● Classic Movie (Thtr)
 6:15 pm ● Saturday Night Trivia (LCR)

8:00 am ● Church of Christ Service (Chapel) **29**
 10:00 am ● Worship Service (PAC)
 1:30 pm ● Weekend Movie (Thtr)
 4:00 pm ● Weekend Movie (Thtr)
 6:30 pm ● Classic Movie (Thtr)

8:30 am ● Advanced Water Aerobics (Pool) **30**
 9:30 am ● Group Exercise (PAC)
 10:00 am ● Bible Study: Book of Ecclesiastes (LCR)
 10:00 am ● Hobby Pines Group (Hobby Shop)
 10:30 am ● Billiard Group (BR)
 12:45 pm ● Arthritis Yoga Stretch (Live TV)
 1:15 pm ● Mahjong (SCR)
 1:30 pm ● Game Play (LCR)
 6:30 pm ● Bingo (PAC)

8:30 am ● Men's Water Aerobics (Pool) **31**
 9:00 am ● Dr. Mike Abutineh (WC)
 9:30 am ● Basic Water Aerobics (Pool)
 10:00 am ● Farmer's Market (Lobby)
 11:00 am ● Arthritis Sit/Stand Class (PAC)
 1:30 pm ● Beginners Line Dancing (PAC)
 1:30 pm ● Movie: Saving Shiloh (Thtr)
 1:30 pm ● Bunko (LCR)
 2:30 pm ● Advanced Line Dancing (PAC)
 6:30 pm ● Movie: Saving Shiloh (Thtr)

August
2021



ABBREVIATIONS KEY

- Thtr - Theater
- FDR - Formal Dining Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- HS - Hobby Shop
- SCR - Small Card Room
- A&C - Arts & Crafts Room
- LCR - Large Card Room
- WC - Wellness Clinic

August 2021 EVENTS

Aug 2: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 & 9:30 spots are limited sign up in the Oasis... And Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.



Aug 2: Jewelry Repair

Have any jewelry in need of repair? Join us in the SCR on Mondays at 9:00 am.

Aug 2: Group Exercise

Join us for Group Exercise every Monday, Wednesday & Friday. We will be in the PAC at 9:30 am.

Aug 2: Bible Study: Book of Ecclesiastes

Come and explore the meaning of life under the sun and its relationship to eternity and God. We will meet the five Mondays in August in the LCR from 10:00 am – noon. On August 2 we will meet one another, purchase the study book and supplies (\$15.00) and have a time of orientation.

Aug 2: Poetry Group

All poetry lovers! We will continue to meet the first Monday of the month in the Chapel. Please bring something to read and discuss. We will be practicing social distancing. Join us in the Chapel @ 10:00 am.

Aug 2: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down,

and a colored-in page takes up almost no space. So come to the Arts & Crafts Room the first and third Monday at 10:00 am.

Aug 2: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Monday & Wednesday at 12:45 pm in the PAC & live TV.

Aug 2: Mahjong

Join in and play Mahjong every Monday at 1:00 pm in the LCR... Beginners Mahjong is every Friday at 1:15 pm in the SCR.

Aug 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the LCR every Monday, Wednesday and Saturday at 1:30 pm.

Aug 2: Bingo

Bingo is back! Come join us in the PAC every Monday night at 6:00 pm. Cards are \$1 to play, limit 2 cards per person.

Aug 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Aug 3: Farmer's Market

The Farmer's Market is back! Come out to the Lobby every Tuesday from 10:00 am to 1:00 pm to get your some fresh produce or some wonderful canned items.



Aug 3: Line Dancing

Line Dancing is returning! Line Dancing will be held every Tuesday and Thursday at 1:30 pm in the PAC. Come join for some fun exercise and a great way to make new friends. Everyone is welcome.

Aug 3: People Like Us

While settling his recently deceased father's estate, a salesman discovers he has a sister whom he never knew about, leading both siblings to re-examine their perceptions about family and life choices. Showing in the theatre at 1:30 pm and 6:30 pm.



Aug 3: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the LCR for the great game of BUNKO.

Aug 3 & 16: Tech Time

We're Back! Bring your phones, tablets, laptop whatever issue you have they will be glad to help. Margie will be coming the 1st Tuesday of the month at 5:30 pm and Cathy will be coming every 3rd Monday at 10:30 am in the Sunroom.



Aug 3: Music with Amaro Dubois and Tingting Yao

Amaro Dubois is a Brazilian violist who has approached his unique playing in many aspects in the classical music industry. He has been invited to many master classes for renowned artist and collaborated with composers from Brazil to North America. He will be joined by pianist Tingting Yao, staff pianist at the University of Memphis. She has played from England all the way to China, where she worked as a piano teacher in Lang Lang's first piano school. Together, the Duo's mission is to prioritize music compositions by underrepresented composers. Join them in the lobby at 6:00pm for a great night.

Aug 4: Pinecone Painters

Enjoy art? Like doing acrylic, water-color, oil, or fabric? Come join the Pinecone Painters. They will meet each Wednesday at 10:00 am in the Arts and Crafts room.

Aug 4: Needle Arts Group

Have a passion for needle arts? Come join the group in the Sunroom on Wednesdays at 1:00 pm.

Aug 4: Quigley Down Under

Sharpshooter Matt Quigley is hired from Wyoming by an Australian rancher paying a very high price. But when Quigley arrives Down Under, all is not as it seems. Showing in the theatre at 1:30 pm and 6:30 pm.



Aug 4: Ballroom Dancing

Join the gang for ballroom dancing lessons with Ken Black. Lessons will take place every Wednesday at 2:00 pm in the PAC.

Aug 4: Bridge Club

Bridge will begin at 6:15 pm on Wednesday nights. If you would like to join in please sign the downstairs book by noon on Wednesdays.

Aug 5: Downton Abbey

A chronicle of the lives of the British aristocratic Crawley family and their servants in the early twentieth century. Showtime will be Thursdays at 1:30 pm.

Aug 6: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Aug 6: Music with Basil Alter

Basil is a violinist that has recently graduated from Manhattan School of Music in New York City with a Bachelor's de-

gree in Violin. In August he will return to New York to pursue a Master's Degree. He will be accompanied by a pianist, performing works by Heifetz, Vitali, Dvorak, and other favorites. Come out to the lobby at 6:00 pm to hear this great duo.

Aug 7: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning in the Large Card Room at 8:00 am. There is a rotating list of resident speakers who give a devotion at each meeting. Come enjoy coffee and fellowship with us each week. Larry McKenzie is Program Leader. All men are welcome and encouraged to attend.

Aug 9 & 23: Alterations

Come to the Arts and Crafts room the 2nd and 4th Monday at 9:30 am for all your alteration needs.

Aug 10: Travelers: The Great Barrier Reef

Steve and Jeanette Martin will be presenting information about their visit to The Great Barrier Reef, one of the Wonders of the World. The Reef is located off the Northeast coast of Australia. Visitors take a boat ride to a "permanent" floating station at the Reef. Then one dons a wetsuit because it is chilly when snorkeling the Reef. The water was a little rough the day we were there; however, the colors were spectacular. Both the coral and fish are just unbelievably vibrant. One of the special things you will meet is named "Wally." Join the group at 9:30 am in the PAC or watch live TV on Channel 10 for this informative presentation.



Aug 10: Red Joan

The story of Joan Stanley, who was exposed as the K.G.B.'s longest-serving British spy. Showing in the Theatre @ 1:30 pm.

Aug 10: Birthday Night with The Side Street Steppers

The Side Street Steppers are a page from America's past, playing rare and popular music from the 1920s and 30s. The Side Street Steppers performing on vintage and homemade instruments. Get ready for plenty of hip-shaking, foot stompin', caterwauling and croonin'. We will celebrate at 6:30 pm in the PAC.

Aug 11: Garden Gro'ers

We are still working on our tomatoes, ensure you are checking them every 2-3 days. We are also preparing for more varieties of bush plants next year. Your input is needed! This month, we will have our annual watermelon party on August 11th at 10:30 am and the gazebo. Come join us and bring a friend.

Aug 11: Max

A military dog that helped American Marines in Afghanistan returns to the United States and is adopted by his handler's family after suffering a traumatic experience. Showing in the Theatre @ 1:30 pm and 6:30 pm.



Aug 12: KP Photo Club

The Photo Club is back and stronger than ever! Come join us at 3:00 pm in the Large Card Room.

Aug 13 : Music with Hank and Nora

Hank and Nora sing and play guitar, performing classic country, vintage standards, and Memphis music. They enjoy performing gospel numbers, 1940s Frank Sinatra and Texas swing, classic country such as Hank Williams and Patsy Cline, Beatles, songs of the 1960s, and Memphis music including Elvis and Johnny Cash. Join us in the lobby at 6:00 pm.

Aug 14: Hands Held High: Puppet Show

Join us for this delightful performance brought to you by the youth of Germantown Baptist Church at 3:00 pm in the PAC.

Aug 14 & 28: Saturday Trivia

The Kirby Pines Trivia Group meets at 6:15 pm in The Chapel on the second and fourth Saturday of each month. All residents are welcome to attend this noncompetitive activity, and are encouraged to participate, or just listen and enjoy. Usually, but not always, there will be a theme for each of the meetings. Trivia questions can be presented on any topic.



Aug 17: Shoot To Kill

An F.B.I. Agent teams up with a tracker to pursue a murderer after he vanishes into the mountains and infiltrates a hiking group. Showing in the theatre at 1:30 pm.

Aug 17 : Carribbean Nights Dance with Jim Mahannah

Put on your grass skirts, Hawaiian shirts and hula on over to the PAC for the Annual Kirby Luau: Caribbean Nights. We will dance the night away in the PAC with hula lessons starting at 6:00 pm and music tuning up at 6:30 pm.

Aug 18: Caregiver Support Group

Are you caring for a loved one? Our support group meets the 3rd Wednesday of every month in the Small Card Room at 10:00 am. We find support as well as comforting suggestions for unique problems. Caregiving is very difficult. Come be a part of our group.

Aug 18: The Patriot

Peaceful farmer Benjamin Martin is driven to lead the Colonial Militia during the American Revolution when a sadistic British officer murders his son. Showing in the Theatre @ 1:30 pm and 6:30 pm.

Aug 20: Art Wall Opening

Come meet and greet the artists. Hear them tell their stories of what inspired them and the medium they chose, acrylic watercolor oil or fabric. Be sure to see the existing art show before it comes down. The Art Gallery is on the 3rd floor. Come and enjoy at 2:00 pm in the PAC.

Aug 20: Music with Elmo and Lester

Elmo and Lester are Elmo Lee Thomas, (Gtr., Harmonica, Vocals) and Bruce Lester (Electric, Acoustic, Slide Gtr., Vocals). Elmo sings and adds depth with his acoustic accompaniment and harmonica prowess! Lester sings and will wow you with his tasteful finger picking skills and adds diversity with his skillful slide guitar technique! Join us in the lobby at 6:00 pm.

Aug 24: The Book Baggers

Susan Cushman has a new novel released last month. Susan will be joining our group August 24 to lead visit with us about "John and Mary Margaret." Come join in the fun as we hear directly from the author as she tells about the creation of her fictional characters who went to college at Ole Miss and now live in Memphis. We all will recognize the places they visit and the streets they walk. Hopefully we will be able to relate to their lives and the times. Remember to invite a new resident to join us in this activity and be a part of one of Susan's first book club meetings since the release of "John and Mary Margaret." The Book Baggers meet the 4th Tuesday of every month in the PAC at 9:30 am.

Aug 24: Flicka: Country Pride

Flicka and Toby help out a struggling stable owner and her teenage daughter. Showing in the theatre at 1:30 pm and 6:30 pm.



Aug 25: Carousel of Shoppes

Enjoy a day of shopping and fun at our sixth annual Kirby Carousel of Shoppes. A variety of vendors here with an array of merchandise to choose from in the PAC. There will be door prizes and light refreshments for all to enjoy from 10:00 am – 2:00 pm in the Ante Room. What a great way to spend time with your friends and start your holiday shopping.

Aug 25: The Last of the Dogmen

A Montana bounty hunter and an anthropologist discover a tribe of Native Americans living in a settlement isolated from the rest of the world. Showing in the Theatre at 1:30 pm and 6:30 pm.



Aug 27: Music with Harmonic Revival

Harmonic Revival is a 4 piece acoustic band that plays an eclectic variety of music. Bluegrass, country classics, gospel, old school rock songs, as well as some current selections. Members are Tim Alexander: Bass, guitar, banjo, and vocals; Becky Darnell: guitar, mandolin, vocals; Mike Muick: vocals; and Roosevelt Brooks: bass, guitar, vocals, and some percussion. Join them in the Lobby at 6:00 pm.

Aug 31 : Probate Matters with Brent Taylor

Come out to the PAC at 11:00 am for a seminar from Brent Taylor, a licensed Funeral Director with over 30 year experience. He will present on planning for the future. There will be refreshments, door prizes, and handouts. Please RSVP to the front desk by Wednesday, August 25 if you plan to attend.

Aug 31: Saving Shiloh

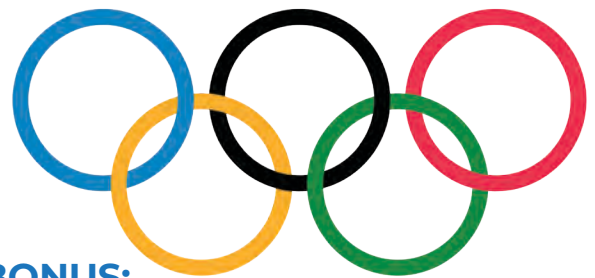
Marty Preston and Judd Travers must join together to clear the latter's name after he is accused of killing a man he once fought in a bar. Showing in the theatre at 1:30 pm and 6:30 pm.



SUMMER OLYMPICS Find the Words Hidden in the grid of letters.

- ARCHERY
- ATHLETICS
- BADMINTON
- BASEBALL
- BASKETBALL
- BEACH VOLLEYBALL
- BOXING
- CANOEING
- CYCLING
- DIVING
- EQUESTRIANISM
- FENCING
- FOOTBALL
- GYMNASTICS
- HANDBALL
- HOCKEY
- JUDO

- MODERN PENTATHLON
- RHYTHMIC GYMNASTICS
- ROWING
- SHOOTING
- SOFTBALL
- SWIMMING
- SYNCHRONIZED SWIMMING
- TABLE TENNIS
- TAEKWONDO
- TENNIS
- TRAMPOLINING
- TRIATHLON
- VOLLEYBALL
- WATER POLO
- WEIGHTLIFTING
- WRESTLING
- YACHTING



BONUS:

Find and circle all of the words that are hidden in the grid. The remaining letters spell a secret message.

Puzzle Solutions page 23





KIRBY PINES SnapShots



Sydney Wagner is parade ready!
Photo by resident, Mary Ann Thurmond



The Kirby Pines Line Dancers are always dressed just right for the 4th of July



Janet, Gerald and Coco Reeves are ready to march



The 4th of July Parade is in full swing with Mark Maxwell and Marilyn Wray



Sharon Overman is quite patriotic
Photo by resident, Genenne Wilson



Betty and Berry Terry join in the red, white and blue festivities



Elsie Bloodworth and Carolin Thomason spend some leisure time painting.
Photo by resident, Sydney Wagner



Mike Hufnagel keeping healthy by working out in The Oasis
Photo by resident, Marsha Greiner



Ken Thomason looks for the perfect melon at the Farmer's Market
Photo by resident, Genenne Wilson



KIRBY PINES SnapShots



Jim Stafford celebrates his birthday with his son and daughter-in-law and friend, Ann Davis



Dr. Richard Colditz and Jan Jaeger celebrate their July birthdays with their spouses, Beverly and Mike by their sides



Catherine Prewett gets a special visit from Ronald Coleman, who is the brother of resident, Billy Coleman



Jim Stanley enjoys his birthday with his wife, Jeannie Valentine and his daughter, Catherine Slaven, from Charlotte, North Carolina



Members of the Billiard Group, Peter Jones, Richard Cheek, Roy Thurmond & Jim Stanley Photo by resident, Mary Ann Thurmond



The Needle Arts Group is back and sure looks like they are having a great time, join them Wednesdays in the Sunroom

KIRBY PINES SnapShots



Genenne Wilson aka Elvira
at The Entertainer's Show
Photo by resident, Arrena Cheek



John Davis, Flo Seward and
Richard Cheek take a bow
Photo by resident, Mary Ann Thurmond



Entertainer's Director, Joan Dodson
and Art Director, Jerry Dunnam
Photo by resident, Mary Ann Thurmond



Bobby Thompson describes his
painting at the Art Wall Show



Peggy Wilson displays one of
her beautiful quilts



Joan Weaver and Dorothy Hartzog work
hard in the Arts & Crafts Room.
Photo by resident, Marsha Greiner



Bob and Nell Shears show off their
moves at the Summer Dance



Jeanette and Steve Martin are
adorable on the dance floor



Sara Callaway and Tom Hickey cut a rug
with The Jim Mahannah Band

KIRBY PINES PHOTO CLUB



Beaver Creek Campground
Photo by Connie Carter



Transition of Color
Photo by Arrena Cheek



Safari Park with Our Grandson
Photo by Mary Ann Thurmond



Ocean Isle Beach
Photo by Fred Dabrowski



Our Puzzling Ladies
Photo by Sydney Wagner



A Heart-y Tomato
Photo by Marsh Greiner



Heber Springs
Photo by Jackie Gunther



Russell McGoff On the NuStep
Photo by Dale Jones



Mahjong, Anyone?
Photo by Sheryl Maxwell



Artsy Lake Latimer
Photo by John Sosh



Bee On A Sunflower
Photo by Sylvia Statham



Farmer's Market
Photo by Genenne Wilson



Watching Fireworks
Photo by Jane Longfield



Checking Out the Competition
Photo by Fran Gentry

Memorials, Honorariums & Gifts

In Memory Of

GEORGIA HARKINS

Donation by Katherine Hughes
to the Employee Fund

Donation by Jean & Mal Mauney
to the Library Fund

Donation by Marsha Greiner
to the Employee Fund

Donation by Caprice, Natalie and
First Horizon Bank Trust
to the Employee Fund

Donation by Barbara Lipsey
to the Employee Fund

DEDE SCOTT

Donation by the Resident Association
to the Poetry Group

Donation by Barbara Lipsey
to the Employee Fund

Donation by Betty & Berry Terry
to the Employee Fund

Donation by Gerald & Janet Reeves
to the Employee Fund

Donation by Sydney Wagner
to the Book Baggers

Donation by James Stafford
to the Employee Fund

Donation by Barbara Logan
to the Employee Fund

MIRIAM OLREE

Donation by Carol Odom
to the General Fund

In Memory Of

DON SOUTH

Donation by the Resident Association
to the Employee Fund

Donation by Barbara Logan
to the Employee Fund

Donation by Sydney Wagner
to the Book Baggers

In Honor Of

MARK MAXWELL

Donation by Randall Hartzog
to the Hobby Shop

Donation by Margaret Maxwell
to the Hobby Shop

Donation by Bob & Jane Longfield
to the Hobby Shop

CHARLES PARROTT

Donation by Pat Cavender
to the Hobby Shop

ROY THURMOND

Donation by Lucy Inkster
to the General Fund

Gifts To

EMPLOYEE FUND

Donation by Joanie Morgan



Kirby Pines
has a new
Rehab Provider



Functional Pathways is a therapist-owned organization with 25 years of experience serving senior living communities.

We understand the value of sustained focus on our patients, clients, people, and the everchanging healthcare environment.

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

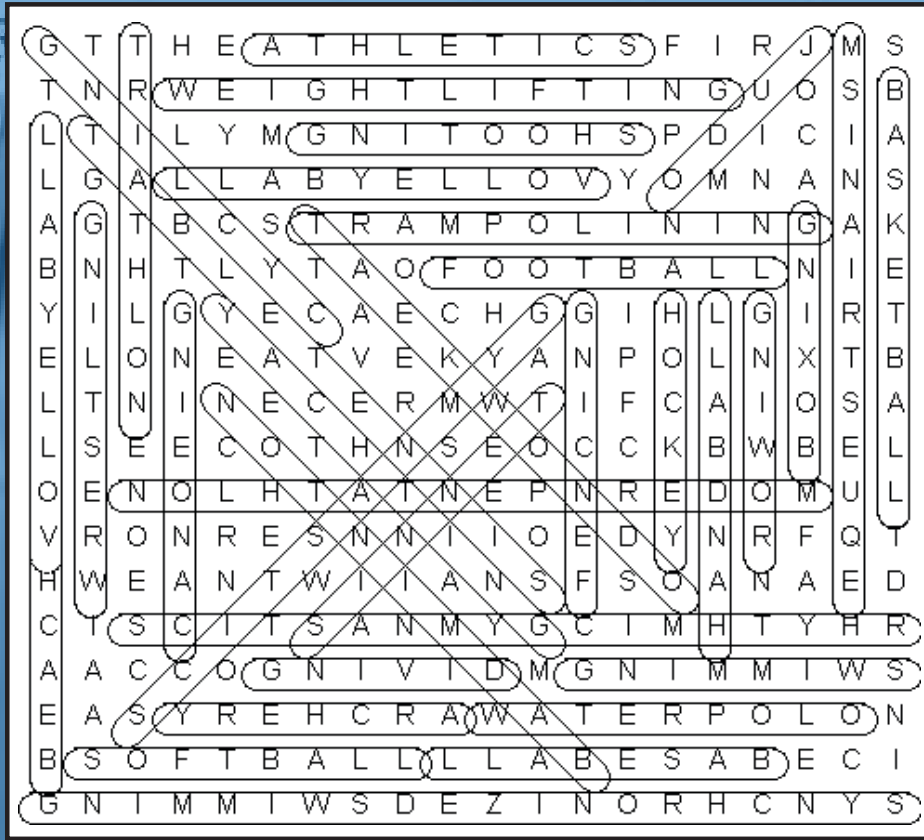
DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

GIANT WORD SEARCH



ANSWERS TO PUZZLE CHALLENGE ON PAGE 17

BONUS - The hidden message is:
THE FIRST OLYMPIC GYMNAST TO ACHIEVE A
PERFECT SCORE OF TEN WAS NADIA COMANECI



Personal Assistance from Kirby Pines

We're here when you need

**Just
a little
HELP**

Personal support and assistance
tailored to meet each resident's needs

Grooming

Bathing

Dressing

Toileting

Feeding

Physical Ambulation

Companionship

Monitoring

Assurance

Hospital Sitter

Exercise/Walking

Shopping

Meal Preparation

Light Housekeeping

Laundry

Ironing

Bedding Change

Medication Reminders

Transportation

Organization

Escort to Community

Escort to Doctor's Offices

Contact our office at

901-369-7353

or

901-484-6730

for consultation or
to sign up for services.

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Separate Barber Shop

Call for Appointment

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Kirby Pines

LifeCare Community

**Janie & Marty
Kocman**
*on campus enjoying
one of their hobbies*



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